

# Tooele County 4-H Leader's Guide



*“To Make the Best Better”*



**UtahStateUniversity**  
TOOELE COUNTY EXTENSION



# Introduction to 4-H

## Understanding 4-H

4-H is an integral part of the mission of all Land-Grant Universities across the United States. It is the youth education program developed for youth to learn practical skills for life. Utah State University Extension seeks to serve and educate our youth throughout the state through the 4-H program.

## Mission Statement of 4-H

“Assist youth in acquiring knowledge, building character, and developing life skills in a fun learning environment that will enable them to become self-directing, productive members of society.”

## 4-H Facts

- 1902 is considered the founding year of 4-H. Albert Belmont Graham, the USDA Federal Extension Director, began by teaching a group of youth in a “Corn Club” in Springfield, Ohio.
- 4-H is a part of the Cooperative Extension Service, which was created in 1914, with the passage of the Smith-Lever Act establishing a partnership between American agricultural colleges and the U.S. Department of Agriculture.
- Cooperative Extension offices are found in almost all of the more than 3,000 counties throughout the nation, and 4-H is a part of all the offices.
- Approximately 7 million young people across America are members of the 4-H program, making it the nation’s largest out of school youth organization.

## 4-H Emblem

As a registered leader you can use the 4-H Emblem in your club and its activities. There are a few guidelines regarding the 4-H name and Emblem that you should understand.

The 4-H Name & Emblem is a highly valued mark within our country’s history. It was granted a special status; it is in a category similar to the Presidential Seal and the Olympic Emblem. As a result of this federal protection, the stewardship for the 4-H Name & Emblem were not given to the U.S. Patent Office, but were given to a member of the Cabinet, the Secretary of Agriculture. The “18 USC 707” is the statement in the United States Code that outlines the protection of the 4-H Name & Emblem. These are acceptable uses of the logo and can be downloaded at the following website.

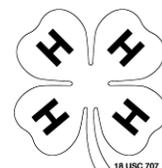
[http://www.national4-headquarters.gov/emblem/4h\\_emblems.htm](http://www.national4-headquarters.gov/emblem/4h_emblems.htm)



Preferred



Accepted



Accepted

**It is NOT acceptable to place any word or graphic over the 4-H Logo.**

# New Leader Orientation

## How to Become a Successful Volunteer Leader

You already have a desire to make a difference in the lives of young people, and you have your own areas of knowledge and expertise, which will benefit others. The next step is to put this to use and watch youth learn and grow.

- I. The first step in becoming a volunteer club leader is to complete the volunteer application with the Tooele County Extension Office at 151 N Main. The most popular types of clubs run by volunteers in 4-H are the Charter Club or a Family 4-H Club. The Charter Club is a club with at least five members from three or more families. The Family Club has less than five members **or** membership is less than three families. Both are recognized clubs, but **only** Charter Clubs are allowed to do fundraisers. Both types of clubs must hold meetings/activities at least six times per year and have youth in leadership roles. If you have any additional questions about the structure of 4-H Clubs, contact the extension office at (435) 277-2400.
- II. As a second step we would strongly encourage all members to complete an online volunteer training session to help you understand the purpose 4-H and how to be an effective volunteer leader. (All 4-H leaders that complete the online training will receive a \$10 credit towards materials or other expenses from the 4-H office.) The information for the training can be found at the following website:  
  
<http://utah4h.org/htm/volunteers/get-involved/new-volunteer-training>
- III. The third step in creating a club and being an effective leader is to develop goals. This handout includes *general guidelines* for developing clubs and helping youth. As the leader you will need to address individual needs of the members. Each youth should work for 6 hours per year towards a project goal. (This can include work and instruction time) Clubs should hold meetings at 6 times per year as previously stated. Youth also should have **leadership roles** in the club. It is important to remember that the 4-H exists for the youth; leaders are there to provide direction.
- IV. The fourth step is to select curriculum for your club. You have a great deal of freedom in this regard; 4-H exists as a structure to help you reach your members. There are hundreds of projects, contests, and activities for 4-H. The Tooele County Extension office has hundreds of publications to help you teach the subject. In addition to your knowledge we have material in our office to help you develop ideas, lessons, and projects for your youth.

## Types of Clubs & Activities in 4-H

The following are the most common types of categories for clubs in 4-H in Tooele County, but youth are **not** limited to these areas. We have publications in our office relating to these areas to help you with your club.

- Animal Care (all types including livestock and pet care)
- Citizenship and Civic Education

- Cooking
- Communication & Expressive Arts
- Consumer and Family Science
- Environmental Education and Earth Science
- Healthy Lifestyles
- Plants & Gardens
- Science & Technology

There are also several organizations, contests, and events sponsored by Tooele County and Utah State 4-H. We would encourage your club members to participate in as many activities as possible. **Some of the events** are listed below (**Some activities are age specific and have additional costs**. For additional information regarding dates, rules, and costs, please see newsletters, our Web site, or contact the Extension office.)

- County & State Fairs and Contests
- County 4-H Camp
- Super Saturday
- Teen Council
- 4-H State Adventure Camp
- Junior Youth Conference
- County Robotics Camp
- Mock Legislature
- County Livestock Shows

## Club Structure

A 4-H Club is an organized group of youth with a planned program that is conducted throughout the year or the majority of the year. Clubs are led by volunteer leaders and may focus on one or more project areas. Members participate in a variety of learning experiences during their meeting, as well as during their individual project work.

4-H Clubs can have as few or as many members as the leader(s) feels can be effectively included in the group. Six to 10 members per adult is an optimum number, however, it depends on the project area(s) of your club. It also depends on how many co-leaders or assistant leaders will be working together. Clubs are most successful when the kids involved are close together in age. Clubs should also have a leadership structure to give the youth a chance to serve in the organization. Meetings should consist of instruction from the leader and project work for the kids. Ideally each club meeting should open by reciting the Pledge of Allegiance and the 4-H Pledge. As an adult leader it is important that you provide instruction and support to the kids, but you should let them lead the meetings.

- Charter Clubs – Charter Clubs usually include a larger number of members of various ages who work on a variety of projects. They may all work together on citizenship and service projects, then select different individual project areas. Such a club usually has an organizational leader and several project and activity leaders.
- Project Club – Members may come from a broader geographic area. Parental and volunteer involvement is important. Members concentrate on one project area through the club, but most also enroll in other projects under the supervision of a

- parent or volunteer. Project clubs may or may not have club officers, but leaders are encouraged to provide this leadership opportunity.
- Family Club – Members of a family may participate under the direction of parents/family members as volunteer leaders. They may be involved in one or more projects and in community service activities.
  - Individual Membership – Although a major benefit of 4-H is working with others, there may be instances where it is not practical for club membership. In such cases, a member may participate in 4-H under the guidance of a parent or other adult as an individual member, without group affiliation.

### Age Divisions (As of January 1<sup>st</sup> of the Current Year.)

Cloverbud Members: 2<sup>nd</sup> Grade & under  
Junior Members: 3<sup>rd</sup>-5<sup>th</sup> Grades  
Intermediate Members: 6<sup>th</sup>-8<sup>th</sup> Grades  
Senior Members: 9<sup>th</sup>-12<sup>th</sup> Grades

Many events and organizations are age specific so it is important to know what age division your club members are a part of in 4-H.

### Insurance

**Liability** – Registered 4-H leaders automatically have liability insurance coverage through Utah State University, when working with a 4-H group or 4-H activity, **provided they are officially enrolled in the 4-H program.**

**Medical** – In Tooele County **all** youth are covered with a \$1,000 supplemental insurance policy in any 4-H activity, whether it be club, county, state, etc. (This covers up to \$1,000 of medical costs in the event of an injury at an event.) The \$3 registration fee enrolls the youth in the plan, and the adult leaders also have the option of purchasing the policy. Once a member has paid the premium in one club in the county, it is not necessary to pay an additional premium if he/she is a member of additional clubs. Premiums are due at the time of enrollment, and each club leader needs to submit the names of club members and any adult volunteers at the time of registration.

**For insurance purposes and your own protection we would strongly encourage all parents or other adults that work with the youth in 4-H projects to register as a Volunteer Leader. This can be done even if the 4-H Club already has another leader. There will be no additional cost to you.**

### Fund Raising and Bank Accounts

4-H **Charter Clubs** and affiliated 4-H organizations are included in a group ruling of the Internal Revenue Code as 501 (c) (3), tax exempt. Charter Clubs conducting fundraising and/or earning interest on a club bank account should have their own IRS nine-digit Employer Identification Number (EIN), also known as a Taxpayer ID number. Clubs should NOT be using an individual's personal Social Security Number or a state tax ID number. See the Extension Office for additional information.

## Camps and Activities

*The following are some of the common activities that 4-H sponsors each year at the State and County level. Most activities and camps are age specific and have additional costs. See the Extension Office or visit the Web site at <http://www.utah4-h.org/htm/events-registration> for more details. If you have any specific requests for an educational county workshop, please call Stephen Sagers at (435) 277-2401*

### County Activities

- County 4-H Camp – Every year Tooele County Extension sponsors a County Family Camp. General activities and workshops for 4-H youth are at the Camp, and it is a great way for kids to meet other 4-Hers in the County. The camp is a day camp on alternating years and a 3 day 2 night campout on the others.
- Achievement Night – An annual awards banquet held in the fall that recognizes the accomplishments of youth and leaders that are involved in the 4-H program. Awards are given for special accomplishments and also honor those who have been involved for multiple years.
- Food Camp – Food Camp is a chance for kids to learn about preparing ingredients to make snacks and meals. Included in the camp is material about nutrition and dietary guidelines.
- Technology Camp – Come learn about Science Engineering and Technology (SET) at this technology camp. Kids learn about robotics, computer components, and GPS units in this hands-on workshop taught at the Extension Office.
- Sew Camp – Attend this workshop and learn about sewing and creating your own wardrobe. The camp has a beginner and advanced levels, and it includes tips about modeling for fashion shows.
- 4-H Garden Club – The Tooele City 4-H Garden Club is a program designed to help kids interested in learning about growing plants. The club is open to anyone that wants to join and each individual is given their own plot to plant. The club is run through 4-H and Tooele City Parks and Recreation. Interested individuals can sign up in May by contacting Terra Sherwood at 843-2142.
- CRAZE day camps - Tooele City and 4-H also sponsor summer CRAZE day camps. These camps offer a variety of activities and trips for kids with many different interests. More information and registration forms can be found by contacting Terra Sherwood at 843-2142, or online at the Tooele City Web site: [www.tooelecity.org/citydepartments/youthservices.asp](http://www.tooelecity.org/citydepartments/youthservices.asp)
- Other Workshops and Camps – There are many other workshops and camps that are offered throughout the year with 4-H Office. It does vary each year depending on the wants and needs of Tooele County 4-H, but they are advertised in the monthly newsletter.

## State Activities

- 4-H Adventure Camp – A fun-filled adventure targeted for 7th and 8th grade youth to help them discover the future of 4-H in their lives, as they develop teamwork and leadership skills. Older teens serve as group leaders.
- Aggie Adventures – USU and 4-H are proud to expand the Discovery Summer Science Camps to include awesome year round Aggie Adventures for Kids. These adventures allow kids to discover and explore Utah State University.
- ATV Boot Camp is an adventurous 3-4 day camp for the whole family. The Military themed events include: ATV certification, ATV safety workshops, trail rides, geocaching & GPS ballistic missile launch, and much more. Youth grades 3-12 (8 years and up) participate in Special Operations Officer program which includes trial rides and ATV certification. Youth grades K-2 participate in Junior Officer program which includes military crafts, obstacle courses, and relays.
- Junior Youth Conference – On the Snow College campus in Ephraim, 4-H presents its camp for 5th and 6th grade aged youth. Junior Youth Conference is held the last week in June every year. The lessons learned and the friends made here last a lifetime.
- Leadermete – Leadermete is a yearly event held for adult and youth volunteers and 4-H partakers to connect, discover, share ideas, and energize their own portions of 4-H.
- Mock Legislature – 4-Hers actually take over the leadership of the House of Representatives in our State capitol in Salt Lake City and go through the Legislative Process from presenting a bill, to committee work, to passing the bill.
- Teen Leadership Training – Once a year for 3 days, youth from around the state gather to work on their leadership skills. Participants take part in different activities that not only strengthen their leadership skills, but are also fun and challenging.

# County and State Fairs

*4-H sponsors several contests and takes part in County and State Fairs that are designed to give youth an opportunity to show what they have learned in their clubs through competition.*

**County Fair** – The Tooele County Fair is a chance for people to show projects that they have completed in 4-H. It is usually held at the end of July and beginning of August, and members **need to be registered for 4-H by July 15<sup>th</sup>** in order to be eligible to submit entries.

The following are designations for project categories in the fair. (Scorecards for each area can be found at <http://utah4h.org/html/events/utah-state-fair> or in the Extension Office.)

- Citizenship & Civic Education
- Communications & Expressive Arts
- Consumer & Family Sciences
- Environmental Education & Earth Science
- Healthy Lifestyle Education
- Personal Development & Leadership
- Plants & Animals
- Science & Technology

The following page is the general rules and guidelines for the Tooele County Fair. Rules generally are consistent from year to year, but are **subject to change**. Each year the Fair Board submits a Fair Book with official rules.

**State Fair** – The State Fair has always been a big part of 4-H. Winning projects from county fairs are exhibited at the State Fair for all to see. In order for a 4-H project to be entered into the State Fair, it must be selected as a top entry in the County Fair. The State Fair is usually held around the beginning of September at the Utah State Fairgrounds in Salt Lake City, Utah.



# GENERAL RULES OF TOOELE COUNTY FAIR

## THE FOLLOWING RULES AND REGULATIONS SHALL APPLY TO ALL SECTIONS:

1. Should general rules and special 4-H rules conflict, the latter will govern.
2. **TO EXHIBIT AT THE STATE FAIR, 4-H MEMBERS MUST HAVE** been 8 years of age and in the third grade through 12<sup>th</sup> grade and not have exceeded their 19<sup>th</sup> birthday by January 1 of the exhibit year.
3. Clover Buds, those who are 5 to 8 years of age and in Kindergarten through 2<sup>nd</sup> grade as of January 1 of the exhibit year, may enter their projects at the County Fair. They will receive a Special Clover Bud ribbon.
4. To exhibit at the County Fair as a 4-H member, you must have been enrolled as a 4-H member for the current year by July 15<sup>th</sup>.
5. 4-H members must be enrolled by July 15<sup>th</sup> in the project area in which they would like to enter exhibits.
6. 4-H Members may register (their exhibits) on-line beginning July 1<sup>st</sup> through July 25<sup>th</sup>. Go to [www.utah4-h.org](http://www.utah4-h.org), click on Events, then click on County Fair. You then enter the requested information to register.
7. 4-H members will be allowed to enter more than one class, but no more than two individual exhibits per lot within the class. If the class does not have lots listed, they are considered to only have one lot.
8. Projects completed at summer camp or day camps may be entered as “Exhibit Only” and will receive a Green (Participation) ribbon.
9. Information requested on the entry sheet is as follows: class number, first and last names of the exhibitor, phone number, grade just completed in school, and a complete description of the exhibit as insurance against its loss.
10. Premiums shall be paid as follows: Purple \$5, High Blue \$3, Blue \$2, Red \$1, Green Participation 50¢ and Special Clover Bud \$1.

Every year Tooele County publishes a Fair Book which is released around the end of June or beginning of July. It contains all of the rules, guidelines and other information about the Tooele County Fair.

# County and State 4-H Contests

**County Contests** – Each June Tooele County sponsors 4-H Contests where youth can demonstrate their talents and show what they have learned in a demonstration or a contest format. Participants can earn awards, some cash prizes (depending on the contest), and achievement money that can be used for discounts to other 4-H activities and supplies from the office. We sponsor the same contests and demonstrations that youth can participate in at the State 4-H Contest.

The events that youth can compete in at County and State Contests are:

**4-H Public Speaking** – Contestants give a 6-8 minute original speech specifically related to their 4-H experience.

**Chef Extraordinaire** – An individual or team of two prepare and serve a meal for four guests and a judge within a 3 hour time limit. Possible categories include: Beans/Legumes, Beef, Dairy Foods, Dutch Oven, Fish/Seafood, Five-A-Day, Lamb, Pork, Poultry, and Whole Grains.

**Congress Interviews** – Participants prepare their 4-H Portfolio and submit it to the State 4-H Office by June 1<sup>st</sup>. The portfolios are then judged and the top individuals will be invited for an interview at State 4-H Contests.

**Consumer Bowl** – Participants work as a team to answer various from all sections of family consumer sciences – foods & nutrition, clothing & textiles, financial management, consumer decision making, and child care.

**Consumer Decision Making** – Contestants judge four classes of consumer products and participate in one Group Think Activity. During both, they will be making consumer purchasing decisions by deciding which item in each class is best for the given situation.

**Consumer & Family Sciences / Healthy Lifestyles Demo** – Give a demonstration or illustrated talk dealing with some phase of home economics, family & consumer sciences, or healthy lifestyles. Presentations should not exceed 20 minutes.

**Dairy Foods Preparation** – Prepare a dish in which one or more dairy products is the main ingredient. Youth 14 years and older also need to present a 15 minute demonstration on the nutritional value, cooking principles, proper storage, along with the preparation of the dish. (Note – This Contest is no longer available at the state level.)

**Fashion Consumer Strategies** – Select and model an outfit for a set of judges, sharing decisions made in the selection of the outfit.

**Fashion Revue** – Contestants are judged on clothing construction, modeling, fit, confidence, poise, and how well they respond in an interview during the modeling portion.

**Favorite Foods Contest** – This contest combines the Dairy Foods, Ethnic Foods and Egg Preparation contest. Youth give a demonstration about how to make their favorite dish.

**Geo-Spatial Contest** – Individuals participate in four GPS activities: Area Calculation and Mapping, Waypoint Marking and Navigation, Distance Calculation, and knowledge-based interviews.

**Healthy Cuisine Contest** – An individual or team of two prepare and serve a healthy, complete meal in 45 minutes with an additional 15 minutes for clean up.

**Horse Bowl** – Participants work as a team to answer various horse science oriented questions.

**Horse Demonstrations** – Demonstrations or skills or methods learned in any area in the 4-H Horse Project.

**Horse Judging** – Participants evaluate horses. Individual scores will be added to comprise a team score.

**Horse Public Speaking** – Participants prepare a 7 - 10 minute, original talk on any appropriate topic related to the horse industry.

**Impromptu Public Speaking** – Contestants will give a 3 - 5 minute speech on a randomly selected topic.

**Livestock Bowl** – Participants work as a team to answer various livestock oriented questions.

**Livestock Judging** – Participants evaluate livestock: beef (market and breeding), sheep and swine. Individual scores will be added to comprise a team score.

**Meal Preparation** – An individual or team of two prepare and serve a meal for four guests and a judge within a 3-hour time limit.

**Other Demonstrations** – Demonstration dealing with some phase of 4-H, such as personal development, food & nutrition, community development, plant & animals, or self determined projects.

**Quilting Demo** – Contestants will construct a quilt and demonstrate a skill or method used in the construction of the quilt. Contestants will be judged on quilt construction and the demonstration.

**Robotics** – A team consisting of 2 people test their robot programming skills by designing and programming Lego Mindstorm Robotics Kits to complete different challenges.

**Shooting Sports** – Each participant may compete in three shooting activities, an outdoor skills test, and complete a written test. The three shooting activities include: archery, rifle, and shotgun.

**Talent** – Participants in the State 4-H Talent Show performance in the categories of dance, piano, variety, vocal, and instrumental. Each performance should not exceed 5 minutes.

**Video Production** – Contestants develop a music video using their choice of music and video production techniques including, but not limited to, video footage, still photography, computer animations, or a combination of techniques.

**WHEP** – Teams compete to determine which wildlife management practices they would use in certain environments, identify wildlife species, and write a wildlife management plan.

**World of Work** – Contestants submit a résumé and job application and then interview with human resource professionals.

This information was taken from the Utah State 4-H Web site and additional rules and details can be found at this Web site.

<http://utah4h.org/htm/events/statecontests>



# Portfolios

A portfolio is an organized collection of a person's progress, achievements, contributions, and efforts that demonstrate accomplishments over time. They teach 4-H youth to keep records, and are also used in 4-H scholarship applications. The following instructions are intended to add clarification and detail to what constitutes a complete portfolio the directions already given on each of the green portfolio section dividers.

You may enter a portfolio to be judged for state competition. When submitting a portfolio for state competition, focus on your entire 4-H experience, but organize the work into categories. Each portfolio is to be submitted in a **1 1/2-inch binder** Due in the State 4-H Office on February 15<sup>th</sup> for State Competition.

Some general guidelines about portfolios include:

- Enter only one overall portfolio to be judged for state competition. The maximum binder size for the Utah 4-H Portfolio is **1½ -inches**. The binder should be white with a clear plastic front.
- 4-H Portfolios begin with year 1 in grade 3. Cloverbud years are not to be included in number of years. Any Cloverbud activities / records should not be included when moving into standard 4-H programming.
- Use of official forms or letterhead for every section including photographs and story pages. The Cover page (with the name and county) should be inserted into the clear binder cover. You can find these in the Extension Office or at the Utah 4-H website.
- Green dividers, section pages, photos, and the *Utah 4-H Member Certificate of Achievement* may be placed in plastic sheet protectors as long as both sides of the page can be seen.
- Update project work, activities, events, and awards for all areas in which you are currently involved prior to the submission date. Please use an easy to read font in size 10-12 to make portfolios easier to read and judge.
- Complete all of the eight sections according to the instructions given on the green sheets in the order asked. Be sure that you understand the instructions and follow them.
- Portfolios are meant to be cumulative experiences from all 4-H projects, activities, and experiences. Additionally there are sections about non 4-H activities so keeping records and photos are important. Early years may be written neatly in pencil; followed by pen, then word processor – thus showing growth and development.

This information was taken from Portfolio section of the Utah 4-H Web site. Additional information regarding portfolios can be found at:

<http://www.utah4-h.org/htm/general-forms/portfolios>



UTAH 4-H —

**STATE 4-H PORTFOLIO  
JUDGING SHEET**

4-H Member: \_\_\_\_\_ Grade Level: \_\_\_\_\_ Judge initials: \_\_\_\_\_

<b>Sections</b>	<b>Points Possible</b>	<b>Points Earned</b>
<b>Overall – 5 points</b> <ul style="list-style-type: none"> <li>· Secured in white binder with a title sheet on cover (do not exceed 1½ " width)</li> <li>· Use of official Utah 4-H Portfolio Forms and green divider pages</li> <li>· Correct organization/order</li> <li>· Overall appearance of the 4-H Portfolio is neat and clean</li> <li>· Use of correct punctuation, spelling, grammar, etc.</li> <li>· Entry Form is filled out completely with all signatures</li> </ul>	5	
<b>Section 1 – Project Report form – 20 points</b> <ul style="list-style-type: none"> <li>· Size &amp; Scope – shows the depth or variety of projects involved</li> <li>· Knowledge and Skills Learned – explains what has been learned in projects</li> </ul>	20	
<b>Section 2 – 4-H Experiences and Activities – 15 points</b> <ul style="list-style-type: none"> <li>· Variety of 4-H related experiences and activities involved in</li> </ul>	15	
<b>Section 3 – 4-H Entries, Awards and Recognition – 5 points</b> <ul style="list-style-type: none"> <li>· Record all the awards and recognition received through 4-H involvement</li> </ul>	5	
<b>Section 4 – 4-H Leadership – 15 points</b> <ul style="list-style-type: none"> <li>· List the type of leadership given such as volunteer, elected, appointed, promotional</li> <li>· Provides enough detail to give a clear picture of what the responsibilities and duties are of the leadership role</li> <li>· Only list leadership roles related to your 4-H involvement</li> </ul>	15	
<b>Section 5 – 4-H Community Service – 15 points</b> <ul style="list-style-type: none"> <li>· Provides details to give a clear picture of what was accomplished and your involvement</li> <li>· Service may be related to project or based on community needs</li> <li>· Only list community service related to your 4-H involvement</li> </ul>	15	
<b>Section 6 – Non-4-H Experiences – 5 points</b> <ul style="list-style-type: none"> <li>· List the most significant non-4-H experiences such as leadership, community service, awards and recognition, and any other experiences/activities other than 4-H</li> </ul>	5	
<b>Section 7 – My 4-H Story – 15 points</b> <ul style="list-style-type: none"> <li>· Summarized 4-H project work for the current year</li> <li>· Highlights leadership and community service</li> <li>· Gives significant details to show growth and how 4-H has influenced their life</li> <li>· Submitted a new story each year; each year story is 1 page front to back</li> </ul>	15	
<b>Section 8 – 4-H Photographs &amp; Certificate of Achievement – 5 points</b> <ul style="list-style-type: none"> <li>· Use 1 page front and back, have mounted neatly and in page protectors to prevent loss</li> <li>· Pictures should show categories, projects, service, leadership, experiences, activities, and recognition to show 4-H involvement for current year.</li> <li>· Detailed captions with dates are included with photos</li> <li>· Include Certificate of Achievement after photo section</li> </ul>	5	
<b>Total</b>	100	

**Judges Comments and Suggestions:**

# Achievement Scorecard and Other Awards

Each year Tooele County 4-H offers incentives for 4-Hers who help participate in events and volunteer at 4-H activities. The program is called the Tooele County 4-H Achievement Scorecard and money (4-H Bucks) towards 4-H events are given to all those that earn enough points. The program keeps a point system and each age group must accumulate a minimum number to receive a Gold (\$50 4-H Bucks), Silver (\$25 4-H Bucks), or Bronze Award (\$10 4-H Bucks.) In order to receive a Gold Award an individual must participate in a County Contest and keep a 4-H Portfolio. To be eligible for the Silver Award 4-Hers have the option of participating in a County Contest or keeping a 4-H Portfolio.

Awards at County Contests are also given by the office if there is no sponsor awarding a prize. (Certain contests have business sponsors that award cash, savings bonds, or prizes. See the Extension Office for details.) An individual can earn up to \$30 in 4-H Bucks per contest when they participate in it. (The monetary award depends on the quality of the performance or demonstration.)

It is worthwhile and a good experience for 4-H members to participate in County Contests and as a leader, you can encourage or even require your 4-H Club members to participate in contests and events.

The following page is the 2008 achievement scorecard. A printable copy of the scorecard is found at <http://extension.usu.edu/tooele/hm/4-h>. All members who earn an award will be recognized at achievement nights, the annual awards banquet in the fall.

## 2008 Tooele County 4-H Achievement Scorecard

Name: \_\_\_\_\_

### Gold Award (\$50)

County 4-H Portfolio (required)  
and a County Contest (required)

### Silver Award (\$25)

County 4-H Portfolio or a  
County Contest (one or the  
other required)

### Bronze Award (\$10)

Senior (9-12th grade)                    20+ pts  
Intermediate (6-8th grade)            15+ pts  
Junior (3-5th grade)                    12+ pts

15-19 pts                                    10-14 pts  
11-14 pts                                    6-10 pts  
8-11 pts                                      4-7 pts

Date	Activity/ Contest/ Event	Pts
10/28-30/07	Teen Leadership Training	
11/5/07	County 4-H Achievement Dinner	
11/16-17/07	State Jr. Turkey Show, 2 pts	
11/20/07	County Jr. Turkey Show, 2 pts	
3/29	Super Saturday	
4/22	Mock Legislature	
5/31	4-H "Practice" Horse Show, 1 pt/horse	
6/2	State 4-H Portfolio Entry, 2 pts	
6/10	County Contests, 2pts / Contest	
6/9-11	Adventure Camp (7th & 8th grades)	
6/12	County Broiler Show	
6/14	County 4-H Horse Show, 2 pts/horse	
6/17	Tooele County 4-H Camp	
6/23-25	Junior Youth Conference (5th & 6th grades)	
6/28	County 4-H Horse Show, 2 pts/horse	
7/14-16	State Contests, 2pts / Contest	
7/26	County Fair 4-H Horse Show, 2 pts/horse	
7/21-8/2	Demonstration/Contest at Co. Fair, 2 pts	
7/28-8/2	Tooele Co. Fair, 1pt/entry, 10 max	
7/31-8/2	Tooele Co. Jr. Livestock Show, 2 pts/animal	
8/2	County Fair Fashion Show	
8/12-13	State 4-H English Horse Show, 2 pts	
9/4-14	State Fair Entry 1pt/entry, 10 max	
9/11-14	State Fair Jr. Livestock Show, 2 pts/animal	
9/4-14	Attendance at the Utah State Fair	
9/18	State 4-H 2-Handed Horse Show, 2 pts	
9/19-20	State 4-H Individual Horse Show, 2 pts	
10/15	County Portfolio Contest, 3 pts	
all year	Other Day Camps (1pt each) list: sew, food, CRAZE, etc.	
all year	YFP Family Nights Out, (1 pt each) list dates:	

Service and Leadership	Pts
Club Service Project, Limit 2, 1 pt each	
County Service Project, (sponsored by Co. office) Limit 2, 1 pt each	
4-H Super Saturday Teen Helper, 1 pt	
Bake n Take, 1 pt (must report to County)	
Thank You Letters to Donors, 2 pt total	
4-H Club Project Leader (Teen), 2 points	
Club Leadership (Pres., V.P., Sec.), 2 pts	
Club Leadership (all other offices), 1 pt	
County 4-H Camp Teen Leader, 2 pts	
Teen Council (9th -12th grades), 1 pt	
Teen Leader at JYC, 2 pts	
National Conference Interview, 1 pt	
State Ambassador Project, 3 pts	
District or State Ambassador, 5 points	
National Contest or Conference, 2 pts each	

### Total Points Earned

**Instructions:** Indicate each activity you've been involved in by giving the points earned. Each activity/event is worth 1 point unless otherwise indicated. In addition to points earned, all 4Hers must complete a portfolio and a county contest to be eligible for Gold and one or the other to be eligible for Silver. Youth must be official 4-H age (8 and in 3rd grade as of January 1 of current year to be eligible for this program). Achievement awards create an account kept by the 4-H Office and must be used for 4-H related activities. Use it or lose it. 4-Hers who have graduated from high school will receive a cash award for their final year.

By signing below we recognize that all the above information is true and correct.

4-Her's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Leader's Signature \_\_\_\_\_

## Scholarships

Utah 4-H offers a variety of scholarships to 4-H members to help offset the cost of attending college. Each year the amount and number of scholarships depends on the availability of funds and the status of the applicant pool.

The following Scholarships are available through the Utah State 4-H Office. If you have any questions, please contact the [Utah State 4-H Office](http://www.utah4-h.org) at (435) 797-4444 or visit the Web site at <http://www.utah4-h.org/htm/scholarships>.

Additionally Tooele County Extension Office has \$1,000 in scholarship money that can be awarded for college each year. Applications can be found at the Tooele 4-H Office.

***NOTE:** The Utah State 4-H Office and Tooele County Extension reserve the right not to award, and to alter any of the said scholarships based on fund availability and status of the applicant pool.*

<b>Amy Kearsley Merit Scholarship</b>	\$2,200 (\$1,100 per semester) scholarship for tuition, student fees, etc., for 1 year (2 semesters) at Utah State University <b>in Logan</b> .
<b>4-H Achievement Scholarship</b>	Scholarships for one full year (2 semesters) tuition (does NOT include fees) at Utah State University <b>in Logan</b> . [Must take enough credit hours to be considered a full time student.]
<b>Fern Kelley Scholarship</b>	\$500 (\$250 per semester) scholarship to be used toward the cost of tuition at Utah State University <b>in Logan</b> .
<b>Western AgCredit Scholarship</b>	\$500 (\$250 per semester) scholarship to be used toward the cost of tuition at Utah State University <b>in Logan</b> .
<b>Von H. and Elaine Y. Jarrett Scholarship</b>	\$400 (\$200 per semester) scholarship to be used toward the cost of tuition at Utah State University <b>in Logan</b> .
<b>Gardner-Ellis Scholarship</b>	\$250 scholarship to be used toward the cost of tuition at Utah State University <b>in Logan</b> .
<b>Utah State 4-H Horse Council Scholarship</b>	\$1000 to \$3000 (based on available funding and number of applicants) scholarships for tuition, student fees, etc. at any accredited school.
<b>Daniels Fund Scholarship</b>	This scholarship seeks students who are “diamonds in the rough,” or students who show great promise and financial need.

# Livestock, Turkey, and Broiler Shows

The purpose of the Tooele County Livestock Show, State Turkey Show, and County Broiler Show, is to promote, teach, and encourage 4-H and FFA members to learn about the feeding, production, and improvement of livestock and poultry. In order for individuals to work with animals and participate in the shows they cannot be of Cloverbud age.

The Tooele County Livestock Show takes place during the County Fair. 4-H or FFA members may enter as contestants to show and auction market steers, lambs, or swine into the show. Each individual can show up to two animals at the show. The participants must feed and care for the animal before the show. Those wishing to take part in the show needs to must prepare several months in advance since all steers must be tagged by an Extension Agent or FFA Advisor at least 100 days before the show. Lambs and Swine need to be tagged at least 60 days before the show. Tooele County publishes a Livestock Show Book each year explaining all of the rules and requirements. Contact the Extension Office for the book and additional details.

The 4-H and FFA programs also sponsor a State Turkey Show that occurs in November of each year. Unlike the livestock show, all turkey poultts must be ordered in May from the Extension Office. (The livestock can be bought from outside vendors.) The poultts are delivered to the office in July and distributed amongst the participants. Each participant can enter his top two birds into the show. Tooele County also sponsors a Turkey Show that occurs shortly after the Utah State Turkey Show for other birds that were not entered into the state show.

Additionally, Tooele County 4-H sponsors a broiler show in June. As with the turkey poultts, each bird must be purchased from the Extension Office in March and will be delivered in May. The County 4-H holds a Broiler show in June after the birds have fully grown.

All small animals, such as rabbits, pigeons, and chickens can be entered into the County and State Fairs where they will be judged and awarded cash prizes according the place that they receive.

For additional questions or comments about raising animals for fairs, shows, and contests please contact Stephen Sagers at the Tooele County Extension Office at 277-2401.





## 4-H Horse Program

The Tooele County 4-H Horse Program is designed for those youth with interest in horses and horse events. This program is designed to provide experiences to help them develop leadership, citizenship, self esteem, social skills and to become contributing members of society, as well becoming better horse men and women.

The 4-H Horse Program is for youth in grades 3-12, but not younger than 8 years old. The Horse Program is one of only a few 4-H Programs that does not include Cloverbud enrollment (younger than third grade) in order to provide for the safety and best interests of the participants. Enthusiastic 4-H Volunteers with expertise and interests in horses and working with youth help deliver and manage the program and its objectives.

The 4-H Horse Program includes programs for both those youth who own/have access to horses and those who do not, but still want to learn about the science of equine care and management. Activities can include everything from educational and fun club meetings to trail rides, and from horse shows to service projects. Club members hold club offices, give public speeches and demonstrations, do service projects and spend time with their favorite friends, both human and equine.

The Utah 4-H Horse Program is governed by the Utah 4-H Horse Council at the State level which coordinates non-horse programs and contests in: Public Speaking, Demonstrations, Horse Bowl and Horse Judging and horse riding events and horse shows for English, Western, Two Handed, Working Ranch Horse programs and more.

The Utah State 4-H Program sponsors a Working Ranch Horse Program that was developed to provide an opportunity for youth in more isolated rural ranch areas to focus on horsemanship skills and interests in a ranch environment. Horses in these areas are often more adaptive to ranch skills rather than show ring competition, and many youth are interested in ranch work and recognition for horsemanship and skills developed through ranch work. There are several Working Ranch Horse Gatherings throughout the year for 4-H members.

Tooele County 4-H has a Horse Council, which sponsors three horse shows in the summer months. In order to compete in the shows a 4-Her must have access to a horse and be enrolled in a Horse Club that takes part in the Council. The best riders will qualify for the State Horse Show that takes place later in the year. For additional information regarding the Horse Council and shows, contact Stephen Sagers at 435-277-2401 or see the Web site where this information is explained in greater detail at:

<http://utah4horse.org>.

# 4-H Pledge



*I pledge,*

*my head to clearer thinking,*

*my heart to greater loyalty,*

*my hands to larger service, and*

*my health to better living, for*

*my club, my community,*

*my country and, my world.*

Utah State University is committed to providing an environment free from harassment and other forms of illegal discrimination based on race, color, religion, sex, national origin, age (40 and older), disability, and veteran's status. USU's policy also prohibits discrimination on the basis of sexual orientation in employment and academic related practices and decisions.

Utah State University employees and students cannot, because of race, color, religion, sex, national origin, age, disability, or veteran's status, refuse to hire; discharge; promote; demote; terminate; discriminate in compensation; or discriminate regarding terms, privileges, or conditions of employment, against any person otherwise qualified. Employees and students also cannot discriminate in the classroom, residence halls, or in on/off campus, USU-sponsored events and activities.

This publication is issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Noelle E. Cockett, Vice President for Extension and Agriculture, Utah State University.