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5-1-2009

Easy Hot Pad

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Recommended Citation

Olsen, Ronda; Proctor, Debra; and Haws, Susan, "Easy Hot Pad" (2009). All Current Publications. Paper 29. $http://digital commons.usu.edu/extension_curall/29$

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Sewing and Textiles



extension.usu.edu

FL/ST/Construction/2009/106pr

Project Skill: Straight stitching, curved stitching and 5/8" seams Life Skills: Learning to learn, decision making

Level: 1

Easy Hot Pad

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Supplies needed:

8 ½" Insul-BrightTM batting

8 ½" cotton batting

9" fabric

Matching thread

1 small plastic ring

Sewing machine

Basic sewing supplies

(see Fact Sheet FL/ST/construction 2007/101)



Diagram Key:







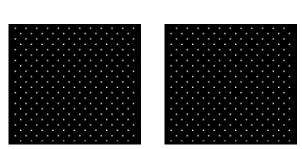


Batting Insul-Bright Right side Wrong side

Cutting instructions:





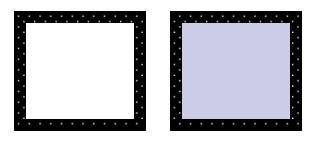


Step #1

 \sim Cut 1 - 8 1/2" Square of Insul-Bright TM batting

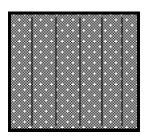
➤ Cut 1 - 8 1/2" Square of cotton batting

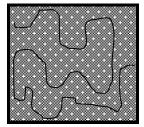
Hot pad construction:



Step #1

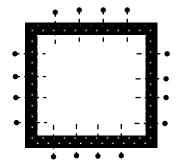
>< Place Cotton batting square on wrong side of the fabric square. Place Insul-Bright TM on wrong side of the other fabric square.





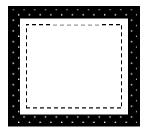
Step #2

Machine quilt both of the squares. One square with a straight stitching and the other with a curved free hand design keeping the fabric and batting flat.



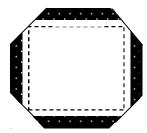
Step #3

➤ Pin quilted squares right sides together



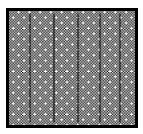
Step #4

Stitch a 5/8" seam starting 2 inch from the edge. Backstitch at the beginning and sew to 5/8 "from the edge of the fabric. Lower the needle in the down position and pivot the hot pad. Continue sewing a 5/8" seam around the hot pad pivoting at each corner. Leave a 4" opening and backstitch.



Step #5

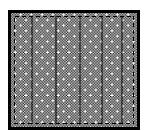
Clip corners of the hot pad to the stitching line but not through it. Press flat to set the seam.





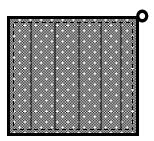
Turn the square to the right side making sure the corners and sides are pulled completely out.

Press



Step #7

➤ Tuck seam allowance in and pin closed. Topstitch using the edge of the presser foot as a guide. Pivot at each corner and over lap 4 to 5 stitches.



Step #8

➤ Hand stitch small plastic ring in on corner of hot pad.

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