

2001

Is There An Organization That Can Help My Youth Develop Leadership?

Becky Mitchell

Follow this and additional works at: http://digitalcommons.usu.edu/extension_histall

 Part of the [Other Education Commons](#)

Warning: The information in this series may be obsolete. It is presented here for historical purposes only. For the most up to date information please visit [The Utah State University Cooperative Extension Office](#)

Recommended Citation

Mitchell, Becky, "Is There An Organization That Can Help My Youth Develop Leadership?" (2001). *All Archived Publications*. Paper 242.

http://digitalcommons.usu.edu/extension_histall/242

This Article is brought to you for free and open access by the Archived USU Extension Publications at DigitalCommons@USU. It has been accepted for inclusion in All Archived Publications by an authorized administrator of DigitalCommons@USU. For more information, please contact dylan.burns@usu.edu.





A weekly question/answer column

Is There An Organization That Can Help My Youth Develop Leadership?

Becky Mitchell answers:*

Helping your youth learn skills that will enable them to become productive, contributing members of society is a concern of parents, teachers and law enforcement officials everywhere. 4-H, a national organization with offices in each county, teaches youth life skills through hands-on experience. Through its many programs, it provides a well-rounded experience for youth development. One 4-H program focuses on leadership skills.

According to 4-H leadership project material, youth should begin accepting responsibility and taking on leadership roles at an early age. Leadership is learned, not inherited.

Leadership life skills can be broken down into seven areas.

- Understanding and developing a positive attitude about who you are and what you want to be.
- Communicating effectively by two-way sharing of information through writing, listening, speaking and body language.
- Getting along with others by meeting and accepting people and appreciating their differences.
- Learning by asking questions, finding correct information and listening to others.
- Making decisions by looking at a problem and finding possible solutions, choosing the best solution and then taking action on it.
- Managing by choosing and using the resources you have (time, money, people or things) to accomplish something.
- Working with groups by learning how they can work together and by helping them accomplish their goals.

4-H offers a leadership skills program in four age-appropriate levels from ages 9-18. The focus is to help youth take charge of their own lives, set positive goals and make healthy life choices that are not influenced by negative peer pressure.

* Becky Mitchell is Utah State University Extension 4-H Specialist