Project Based Learning (PBL):
- Guides learning through project goals for which students tackle complex questions or tasks by positing and implementing possible solutions (Jonas, Rasmussen, & Moffitt, 1997).
- Provides a framework for students and faculty to align interests while helping students develop proficiency in human development research.
- Offers students a "first-hand feel" of particular work scenarios and requires students to take an active role in the development of the project.
- Used frequently other fields, PBL experiences in the training of developmental researchers is rarely detailed in the extant literature.

Research Questions:
- Does mentoring have a place in the HD PBL research process?
- What are the challenges of participating in a PBL research project?
- What are the benefits of participating in a PBL research project?