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# THE UTAH STATESMAN

Monday, March 21, 2016  
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## News | Out of Darkness

Hundreds of students and Utah community members walked to support suicide and mental health awareness.

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## STUDENT LIFE | Snow Sculpture

USU Artists get creative in the snow at Beaver Mountain's Snoopy Carnival.

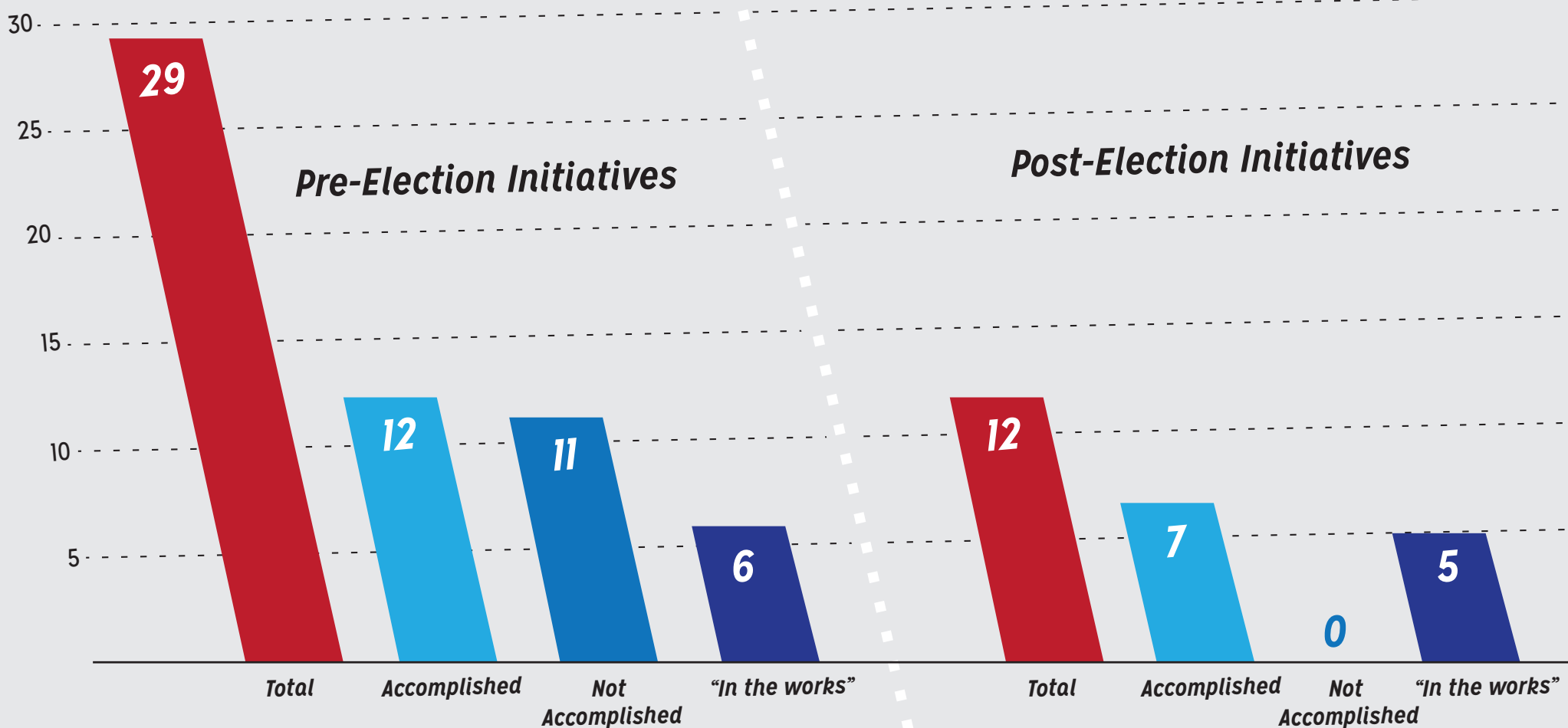
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## SPORTS | USU wins at home

Aggies create a last second turnover for a narrow win in the home opener.

see PAGE 8

# REALITY CHECK: USUSA executive officers fail in order to succeed



GRAPHIC BY Alayna Learning

By Alyssa Roberts  
 STAFF WRITER

Editor's note: This is the first part to a two-part series on USUSA officer initiatives this year.

Student body officers are the first to admit they don't always accomplish the same goals that got them elected, but that might not be a bad thing.

Of the 41 total initiatives, both pre-election and post-election, undertaken by the Utah State University Student Association's executive council this year, 19 could be classified as accomplished. This left 11 goals unaccomplished and 11 "in the works" — goals officers are currently working on or plan to pass on to their successors.

In fact, all of the goals officers failed to achieve this year were a result of what USUSA

Student Body President Trevor Sean Olsen said could be described as "short-sightedness" — things that may have sounded good as part of a campaign platform but didn't always translate well into reality. With the exception of Leah Calder and Sawyer Hemsley — Service VP and Student Events VP, respectively — every officer admitted to campaigning on at least one goal that fit into this category.

"I think that's just the reality," said Student

Advocate VP Ashley Waddoups. "Once you get in you're like, 'Oh, shoot, that's actually not a good idea.'"

Waddoups, who was able to accomplish all but one of her campaign goals, said she didn't realize until after taking office that her hope to "connect USU students to the Capitol" just "wasn't that feasible."

see "Initiatives" PAGE 7

# Voting and students: All should participate in Tuesday caucuses, campus leaders say

By Jillian McCarthy  
 STAFF WRITER

Cache Valley caucuses will be held Tuesday night from 7 to 9 p.m. for the Republicans and from 6 to 8 p.m. for the Democrats. These caucuses will give students the chance to register for either party and then vote for the presidential primaries.

America Andrade, the precinct chair for Logan 12th Precinct, will be in charge of a number of students in her assigned precinct that come to caucus night. She said that she hopes more students will come and participate in the voting as opposed to caucuses in the past where only a handful of students have shown.

"Students are not as involved in politics as I would like them to be," Andrade said. "I think the number one reason not a lot of students show up is because they just don't know that

Utah is voting when it is voting. They also don't know what a precinct is."

Peter Gilbert, the USU College Republicans president, said that learning how caucuses and lobbying works in college will set the foundation for students for the rest of their lives. Getting involved now will help them in the future when it comes to being involved in politics.

Finding the location and time for a caucus is simple with the website, vote.utah.gov. This allows people to find their specific precinct just by typing in their address. Andrade said she likes to educate people on when and where voting is as much as possible so she can clear up some confusion and get more people to vote.

"Another reason students and people tend to not vote is because they think their voice will

see "Voting" PAGE 7



PHOTO BY Carolyn Cole/Los Angeles Times/TNS  
 Hillary Clinton and Bernie Sanders face off in a debate moderated by Univision and the Washington Post at Miami-Dade College Kendall Campus on Wednesday, March 9, 2016, in Miami.



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## SUNDAY, MARCH 13

• USU Police contacted several persons skateboarding on the patio area of the strength and conditioning center. The individuals were informed that they would need to vacate the area.

## MONDAY, MARCH 14

• USU Police responded to a report of a female who suffered a seizure in the Animal Science building. Logan Fire Paramedics responded and evaluated the female. The female was released to a friend.

## TEUSDAY, MARCH 15

• USU Police assisted Logan City

Police in searching for a juvenile who had run away from school due to being upset over a spelling bee. The juvenile returned to the school before he was located by lawenforcement. USU Police cleared when assistance was no longer needed.

• USU Police responded to the Mountain ViewTower in three minutes for a fire alarm. The alarm was set off by a resident spraying air freshener in the room. The alarm was reset.

• USU LOAM needed to move a bike rack for the grand opening of Huntsman Hall but there was still a bike locked to the rack. They ended

up moving the rack with the bike attached.

• USU Police responded to an animal problem in the area of Morgan Hall and the LDS Church on 1000 N 1200 E. There was a dog running at large and the complainants were concerned that it could get hit by a vehicle. Police and complainants attempted to corner and catch the dog, but the dog ran away and was not seen again in the area or the surrounding areas.

• USU Police contacted several persons skateboarding on the patio area of the strength and conditioning center. The individuals were informed

that they would need to vacate the area.

## WEDNESDAY, MARCH 16

• Officers responded to the Business Building on an ice sculpture that had fallen over. USU personnel were contacted to clean up the remaining water on the floor. No other damage was reported.

• Police responded to Old Main on a report that there was a man that had what looked like a samurai sword with him when he entered the building. Police searched each floor in this building but were unable to find this person.

# Diversity and leadership: New cabinet works to unify diversity opportunities and students on campus

By Jillian McCarthy  
STAFF WRITER

A new Diversity Cabinet was organized by Luis Armenta, the Utah State University Student Association (USUSA) Organizations and Campus Diversity vice president, at the beginning of this semester.

The cabinet is student-run directly under Armenta, and the purpose of it is to enhance the diversity on campus through initiatives, services, events and the like. There are 23 individuals on the cabinet, made up of presidents, or representatives, from each of the diversity clubs as well as the USUSA graduate senator, the USUSA student advocate, one student-at-large representative and one representative from the powerhouse groups on campus like RHA, Greek and USU Ambassadors.

“To understand the reason why the cabinet was formed you have to understand that there's two major groups of diversity on campus,” Armenta said. “We have the Access and Diversity Center and also the office of Global Engagement, each with their own clubs. Both organizations are amazing and do much for this campus, but they hardly ever do anything together even though it could be very beneficial.”

There are eight diversity groups from the Access and Diversity Center and then there are

seven diversity groups from the office of Global Engagement. Armenta said that sometimes different diversity groups will put on the same event but on different days and different times simply because they were unaware of each other's activities.

“The main benefit I have seen with the cabinet already is that since all the groups meet together now, they all share what is going on in their groups and all the leaders can come together to help each other out for different activities,” said Oscar Zamudio, the USUSA diversity director. “Luis and I were not able to go to every group's meetings before, and so now it is so much easier to just have all the leaders come to us for these meetings. The cabinet makes our jobs so much easier and more effective. Everyone now knows what is going on at all times and it gets rid of all the communication barriers.”

Because of the cabinet, these separate groups can come together and plan out different events and activities including the International Banquet, which was held Friday in the Taggart Student Center Ballroom. The next event will be the annual Global Picnic, which will be held during the Monday of A-Week in April.

“These events help promote awareness about diversity, and allow the student body to become more involved because a lot of the



FILE PHOTO  
Luis Armenta, the Access and Diversity VP.

times the students will come to their own diverse group's events but we don't receive the rest of the student body and we would really like to,” said Michael Scott Peters, the student-at-large representative on the cabinet.

Peters said that he was interested in becoming involved with the cabinet because he wanted to reach out to the students with diverse backgrounds and make them feel included so that they can have a better college experience.

“As the student-at-large representative, I go to the meetings and offer an opinion, because these presidents all represent their groups and then I represent the rest of the student body,” Peters said. “I believe that college can be rough for someone coming from a different country, which is why I have such an appreciation for Luis and this cabinet.”

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# A WALK TO REMEMBER: STUDENTS AND UTAH COMMUNITY MEMBERS WALK FOR SUICIDE AWARENESS

By Mandy Morgan Ditto  
NEWS EDITOR

A few hundred people participated in the Out of Darkness walk on campus Saturday afternoon to raise awareness of suicide and mental health.

The Utah State University Student Association put on the walk to kick off a mental health awareness week at USU, and to bring people from the community and state together, to raise awareness of suicide and mental health. The walk was also sponsored by the American Foundation for Suicide Prevention, which helps with campus walks for awareness across the nation.

“The goal of this week at Utah State is for us to break down the stigma surrounding mental health,” said USUSA President Trevor Olsen, in the opening ceremony of the walk. “One, so that people who don't deal with mental illness in their own lives can feel more empathetic for those who do, and two, to help those who are dealing with mental illnesses get the help that they need so that they can get to a better place in their lives.”

Stand Up to Stigma is the theme of the week, with Out of Darkness being the theme for the walk.

Rachael Fresh, the newly elected Student Alumni Association VP for USUSA, spoke to this theme at the opening ceremony of the

walk, by sharing her own experience of losing a friend to suicide, as well as another boy she knew, while in high school.

“Darkness is going to two funerals for two 16-year-old boys, within the same week. We are taught that there is a recipe for happiness. But you know what? I think that those who teach us that are wrong, absolutely wrong. You can have everything go right in your life, and there will be moments where you struggle,” Fresh said. “You don't know who is struggling and the fact is that everyone is struggling with something: depression, anxiety, fear can reach every human on this Earth, because no one is immune to it... Light is acknowledging the people who can be affected each year, every month, every week, every day.”

Knowing and understanding the signs of a person who may be affected by mental illness can be just what people need to know and be aware of to help those around them, and themselves, Fresh said, which was part of the theme of awareness for the event.

“These experiences taught me to talk about it more, to not be afraid because look at all of us here today, look at all of us standing here, we've all been affected,” Fresh said. “Some of us might be affected in the future again. So I believe vulnerability is a huge part of the change that can be created.”

The Dahl family, which has six boys — three



PHOTO BY Mandy Morgan Ditto  
A group walks across campus in support of Mental Health Week, “Stand Up to Stigma,” and to raise awareness of suicide.

of whom graduated from, and one who is currently attending USU — performed a song in memory of their brother who died by suicide in November of 2014. He would have turned 18 on the day of the event.

“We want to wish our little brother a happy birthday,” said one of the brothers before the song.

Before the walk, there was a bead ceremony to share about the meaning of wearing the different colored beads provided to walk

participants. Green beads were worn by those who personally struggled with mental illness; blue was for supporters of the cause; white represented the loss of a child to suicide; gold beads stood for the loss of a parent; orange beads for the loss of a sibling; purple was to represent the loss of a friend or relative; teal was for those who have survived and beaten their mental illness; red was for the loss of a spouse or partner; silver for first responder or

see “Darkness Walk” PAGE 9

# Who is Merrick Garland, Obama's pick for the Supreme Court?

By Michael Doyle  
MCCLATCHY WASHINGTON BUREAU

WASHINGTON — Save for his age, Judge Merrick Garland seems to fit the mold for a contemporary Supreme Court nominee.

Garland, who is married to a fellow Harvard College graduate and is the father of two daughters who attended Yale, mirrors a high court on which every justice attended an Ivy League university either as an undergraduate or for law school.

The outdoors-loving, 63-year-old Illinois native has been a lifelong high achiever, epitomized early on by his selection as a National Merit Scholar when he was in high school in Skokie. Like four of the high court's current justices, he's a Harvard Law School graduate. Like three of them, he once clerked at the court. He's Jewish, as are three of the court's four Democratic nominees; the remainder of the court is Roman Catholic.

And, like all of his potential future colleagues, Garland lacks any direct experience with elected office, though that could have turned out otherwise.

"I come from the land of Lincoln ... and so my first desire was, maybe I thought I'd like to be a politician like Abraham Lincoln," Garland told a law school panel two years ago.

Garland has even known the friction from political tug-of-war, something he'll feel again as President Barack Obama's nominee to fill the vacancy left by the death of Justice Antonin Scalia. Senate Republicans made Garland wait 18 months before confirming him to his current job.

But Garland is a distinct choice, in several ways. As chief judge of the U.S. Court of Appeals for the District of Columbia Circuit, on which he has served since 1997, Garland would bring to the Supreme Court a remarkably long record on the bench.

"He has more judicial experience than any nominee since Oliver Wendell Holmes," said White House Counsel W. Neil Eggleston.

Holmes was 61 when appointed in 1902; he went on to serve for more than 29 years.

Garland is also older than any of the current justices were when they were nominated; six of them were in their 40s or 50s when tapped for the court. While Garland has been considered for past Supreme Court openings, his



PHOTO BY Ron Sachs/CNP/Sipa USA/TNS  
President Barack Obama introduces Judge Merrick Garland, chief justice for the U.S. Court of Appeals for the District of Columbia Circuit, as his nominee for the Supreme Court in the Rose Garden of the White House on Wednesday, March 16, 2016.

selection now bends the general rule that presidents favor younger nominees who can shape the law for decades to come.

As a white man, moreover, Garland's selection surprises those who thought Obama would explicitly rally certain constituencies with an ethnic minority or female candidate. Instead, Garland's selection puts Republicans in a different kind of bind, as seven still-sitting GOP senators previously voted for him.

"His intelligence and his scholarship cannot be questioned," Republican Sen. Orrin Hatch

said during Senate debate on March 19, 1997, adding that "his legal experience is equally impressive."

During the time he was growing up in Illinois, Garland's mother was a community volunteer and his father ran a small business out of their home. He earned a scholarship to Harvard, from which he graduated summa cum laude.

"He put himself through Harvard Law School by working as a tutor, by stocking shoes in a shoe store and, in what is always a

painful moment for any young man, by selling his comic book collection," Obama said Wednesday.

A former Justice Department official, Garland oversaw the prosecution of "Unabomber" Ted Kaczynski and Oklahoma City bombing cases in the 1990s, saying Wednesday that the latter work showed him "the devastation that can happen when someone abandons the justice system."

"He was always there to remind us to do what was right and just," said attorney Beth Wilkinson, who prosecuted the Oklahoma City bombers. "It wasn't just words for him. He always figured out how to vigorously prosecute the case, honor the victims and give each defendant a fair trial."

Appointed by President Bill Clinton and eventually confirmed by the Senate on a 76-23 vote, Garland has amassed what in some ways is a centrist record, sympathetic to law-and-order causes.

"Garland is a moderate, careful jurist with a broad, bipartisan array of admirers," said Deborah Pearlstein, a professor at the Benjamin N. Cardozo School of Law at Yeshiva University in New York. "He's unassailably qualified, and at the same time a strategically clever choice."

In recent months, for instance, he has written opinions upholding a Federal Election Commission complaint against former Idaho Republican Sen. Larry Craig. He has on multiple occasions rejected habeas corpus petitions from Guantanamo Bay detainees, and he joined a unanimous three-judge panel that rejected a Freedom of Information Act request for the Osama bin Laden death photos.

In a similarly deferential vein, Garland in January 2014 joined another unanimous three-judge panel in upholding genital searches of Guantanamo Bay detainees prior to their meetings with defense attorneys.

Conservatives adamantly opposed to any Obama nominee seize on a 2007 vote Garland cast to have the entire D.C. Circuit reconsider a three-judge panel's decision striking down Washington's strict handgun ban. Though Garland's losing vote was not on the merits, and the full circuit didn't hear the case, gun rights advocates say he tipped his hand as being insufficiently supportive of the Second Amendment.

## Adolescents should be screened for depression too, says federal panel

By Melissa Healy  
LOS ANGELES TIMES

Amid evidence that fewer than half of depressed adolescents get treatment for their emotional distress, a federal task force has recommended that physicians routinely screen children between 12 and 18 for depression and have systems in place either to diagnose, treat and monitor those who screen positive or to refer them to specialists who can.

The new recommendations, issued Monday by the U.S. Preventive Services Task Force, bring depression screening for adolescents into line with recently issued depression-screening recommendations that apply to adults.

Collectively, the new guidelines mean that virtually all Americans older than 12 will be checked periodically for persistent signs of sadness or irritability, changes in sleep, energy and appetite, or feelings of guilt or worthlessness. Where depression appears present in a patient, physicians who care for him or her should be ready to recommend treatment.

In the case of older children who screen positive for depression, treatment is a more complicated matter than for most adults. For patients younger than 18, the Food and Drug

Administration has approved as safe and effective just two antidepressant medications in the selective serotonin reuptake inhibitor, or SSRI, family: fluoxetine and escitalopram (marketed respectively as Prozac and Lexapro).

And the drug-safety agency has recommended especially close monitoring of patients under 24 taking an SSRI antidepressant because they are at increased risk of suicide and suicidal thoughts.

In teens and tweens, the panel found that both medication alone and psychotherapy alone were, at best, modestly effective in treating depression. When both modes of treatment were used together, however, depressed teens' mood and functioning were much more likely to improve.

Major depressive disorder is thought to affect about 8 percent of adolescents each year, and only between 36 percent and 44 percent report they have gotten treatment. Symptoms most typically appear around 14 to 15 years of age and are seen in girls nearly twice as commonly as in boys. Those who contend with early depressive episodes are more likely to suffer recurrences later in life.

And depression can be life-threatening.

Between their 13th and 18th birthdays, just short of 20 percent of adolescents suffering from depression will attempt suicide. But depression is also a major contributor to poor school performance, deteriorating relationships and substance abuse in teens.

While depression is seen in children younger than 12, the federal panel said it had too little evidence to recommend depression screening for such children.

Columbia University psychiatrist Dr. Mark Olfson hailed the new recommendations, saying that well-care visits "provide an ideal opportunity to screen adolescents for depression." But he said that screening remains "infrequent" in primary care settings and is often overlooked even when physicians ask their young patients about depressive symptoms.

"The new recommendations have the potential to spur improved detection and appropriate triage of depressed adolescents," Olfson said.

The federal panel's new recommendation departs from its last look at the practice, drafted in 2009. The panel's earlier guidance proposed that physicians who were ready with treatment options, referrals and monitoring

systems for depressed patients should go ahead and screen adolescents for depression.

Where that earlier recommendation essentially made such screening optional, the new recommendation asserts that physicians treating adolescents should already have such systems in place. It is widely seen as a reflection of depression care's move into the mainstream of modern medical practice — a shift that should reduce stigma long attached to a common psychological affliction.

Rooting out depression in adolescents is not very different from doing so in adults: Several standard inventories exist that reliably detect depression symptoms, and physicians could administer them in person or on a questionnaire.

But the federal panel noted that in adolescents, irritability often replaces or coexists with sadness as a marker for depression. For adolescents in particular, several circumstances make depression more likely, including an individual's questioning his or her sexual or gender orientation, a recent breakup, family turmoil or violence, or poor academic performance.

# A student's guide to "Mental Health is No Joke" 2016

USU PRESENTS

USUSA  
Utah State University  
STUDENT ASSOCIATION

# MENTAL HEALTH IS NO JOKE

# STAND UP TO STIGMA

3.19-26.16

By Whitney Howard  
STAFF WRITER

The second annual "Mental Health is No Joke" week at Utah State University has "quadrupled in size," said Ty Aller, the graduate studies senator for the Utah State University Student Association.

Aller, who co-founded the event last year, is excited to see "Mental Health is No Joke" take on its own life.

"It's actually been very fun because everyone from the academic senate, to the executive council, to the entire university has gotten on board," Aller said. "Now you feel a community start to get behind it, rather than just a single person."

Among other individuals and organizations, Trevor Sean Olsen, the president of the USUSA, has "put all of his resources behind it and made it his baby, too," Aller said.

"For me, when I started working on things this summer and trying to get some direction for the year, I realized there was a problem around mental health with the amount of suicides and attempted suicides on campus," Olsen said.

Events kicked off on Saturday, March 19

with the Out of Darkness walk. Last year's event included a guest speaker, workshops and a benefit concert. These traditions will continue this year alongside new events.

The Hope Wall will be open throughout the week. Students can take pictures with Polaroid cameras, write the name of a person who has helped them in their lives and hang it on the wall. The Hope Wall is a joint effort between Olsen and Thomas Rogers, the Athletics and Campus Recreation Vice President.

"The Hope Wall is something that's going to be visually engaging for people to participate in, to see that everybody has been through something and that we all have a chance to make a difference in somebody's life," Olsen said.

Rogers is excited to not only "brand the HURD's image in a positive light," but also to help Aggies outside of the arena.

"That's what we're about. We just want to enhance the Aggie experience, and that's what the HURD is," Rogers said.

Light the Night has a similar theme, Aller said. Participants can write the name of an individual who struggles with mental health — or a personal message if they themselves are struggling — and send it afloat into the night sky.

Throughout the week, there are multiple workshops. These include yoga and mindfulness sessions, suicide prevention training, anxiety and sensitivity training, and a fair that features multiple mental and physical health resources on campus.

There is also a benefit concert, which requires a standard composition notebook for entry. At-risk patients use composition notebooks to complete their therapy exercises, Aller said.

"Mental Health is No Joke" features multiple guest speakers. The keynote speakers are representatives of To Write Love On Her Arms, a non-profit organization that works to present hope and find help for those struggling with depression, addiction, suicide and self-injury, according to the official website.

Other guests include Salif Mahamane, a doctoral student of psychology at USU, who will share his research and personal experiences with attention deficit hyperactivity disorder, or ADHD. Mahamane will mediate a student panel, who will talk about their own experiences with mental health.

"What we're really trying to do is just facilitate conversations around mental health, so people can feel like they can come out of the woodwork and actually talk about it and

not feel like they need to hide," Aller said.

All events have an underlying theme this year: "Stand Up to Stigma." Olsen said there are two key reasons for the theme. First, people who have never experienced mental health issues in their lives can better understand those who do. Second, people who struggle with mental health will know how to find resources and a community of people who have gone through similar experiences.

Madison Maners, the public relations and marketing director for the USUSA, adds that Utah State has a tradition of caring for each other as an "Aggie family." Olsen and the USUSA are not only working at USU but also within the Utah Student Association to decrease mental health stigma throughout the state.

"It's so incredibly rewarding and emotional to work with people who have a vision and are willing to put in the time, energy and hours to make that vision a reality," Maners said. "We hope that students can get on board with our cause and with our mission, and we'll be able to see long-term benefits as a result of these incredible individuals."

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# Captain Aggie home renovated

By Ashley Stilson  
STAFF WRITER

Anyone who has attended a Utah State University athletics game has probably seen an older man with a rounded, odd hat sitting in the Aggie student section.

Andy Pederson, an Aggie alumni and enthusiast, has attended USU sporting events for years. Most know him as Captain Aggie, a title Pederson holds dear.

What many people don't know is that Pederson lives in a small, unassuming brick home in Smithfield, Utah that needed a bit of fixing up.

"At first we were just painting," said Habitat for Humanity Executive Director Todd Cottle. "But the deeper we dug, we thought, 'The molding doesn't look right, the light fixtures could be better.'"

The quiet neighborhood surrounding Pederson's home turned into a bustling work space as neighbors came together to volunteer.

"This is nice to be able to do some nice things and brighten their day," said Ginger Williams, a neighbor who lives across the street from the Pedersons.

Armed with brushes and rakes, the volunteers divided up assignments, from covering the floors in case of paint dripping to raking last year's leaves from the front and back yards.

"When they get home, it's going to be a



PHOTO BY Mark Bell  
Habitat for Humanity at Captain Aggie's house March 19, 2016.

whole different place for them. That's why I like to serve; it just gives everyone a good feeling," said Tina Hulse, a neighbor. "You get a better appreciation for those fixer upper shows. You see the stars of the show, but what you don't see are the people who are actually doing the work."

The project began when Pederson asked for help painting his kitchen. Geri Titus, a neighbor who has known the Pedersons for over 30 years, also knew that his wife, Judy, wanted the kitchen renovated.

Pederson, who was diagnosed with Parkinson's disease, simply couldn't do the renovations for her.

"My dad's been wanting to get some nice stuff done for my mom," said Amber Mikelsen, Pederson's daughter.

That was when someone contacted Habitat for Humanity.

"We were contacted by someone in the neighborhood that he needed some help, so we were asked to come in and provide some support and organize and bring this together,"

Cottle said. "I mean, look at the people around. It's overwhelming. This is a really small space, lots to do, and the number of people that have showed up is awesome and outstanding. More than I could've imagined."

The project was supposed to happen on a weekend in February, but then it was moved to a weekend when the Pedersons would be out of town. Forever Aggie fans, they were in Boise, Idaho cheering at an Aggie gymnastics event while their home was being painted.

see "Captain Aggie" PAGE 10

# Literally moving mountains: USU sculpture students build at Beaver

By Whitney Howard  
WRITER

This year's Snoopy Carnival on Saturday, March 19, was sold out. Children skied on courses built by USU sculpture students. The final course included tunnels, a bridge and mountain peaks made entirely of snow and ice.

Ryoichi Suzuki, assistant professor of sculpture at Utah State University, attended the Snoopy Carnival at Beaver Mountain last year. It wasn't long before his creative gears began to turn.

"Basically, I saw what they'd been doing for the Snoopy Carnival. They built this fun course for those little kids, beginning skiers. I thought, 'Wow. Maybe we can do a little better job creating those fun courses in a more sculptural way,'" Suzuki said.

Suzuki decided to incorporate the idea into his sculpture projects class. The students in this class create sculptures for public view. Compared to previous projects, the ski course on Beaver Mountain was a "slightly larger scale," Suzuki said.

Jessyka Barton, an art major with a sculpture emphasis, decided on her emphasis because of Suzuki's class. Barton was torn between sculpture and painting. When she first committed to painting, she felt that her artwork was "too flat."

"When I started participating in this class, and we went up on the mountain and started doing stuff with the snow, it was just so exciting for me," Barton said. "I also talked to professor Suzuki, and I realized that I had been complaining about all of my other classes and that this is where my true passion lies."

Scott Price, a sophomore in art education, also enjoys sculpture because it allows him to create something tangible. He looked forward to practicing sculpture in a unique way.

"I thought it was something that would be kind of challenging, something I've never done before," Price said. "It's not building a snowman. It's building something on a larger scale, working with things we're familiar with but working in a way we're not used to working with them in."

Students began the project by creating a maquette, a 3-D small-scale mold to guide the



Kurt Kowel shovels snow out of the tunnel at Beaver Mountain Ski Resort on March 18, 2016. Young kids will ski through Professor Suzuki and his class's sculpture at the Snoopy Carnival on Saturday.

real-life sculpture. The end goal was to create something "functional, but aesthetically pleasing," Price said. Price enjoyed this aspect of production because he liked brainstorming with his classmates.

***It's not building a snowman. It's building something on a larger scale, working with things we're familiar with but working in a way we're not used to working with them in.***

— Scott Price, art education sophomore

"It's kind of fun to work with the other students and try to see the different ideas, putting something together that is bigger than all of us individually," Price said.

But the planning stage was longer than it should have been, Price said. The sculptors underestimated how much work the project would take. The course required long hours and extra days to be completed on time.

Suzuki estimated that they used "hundreds of tons of snow" to build the course, but he admits the exact amount is hard to quantify.

Beaver Mountain provided snow-pushing machines to help sculptors move the snow around. Snow changes because of weather and climate, which made working with it unpredictable.

"Beforehand, we knew that the snow changes from day to day because of the sun, the weather, whatever. And then when we're there, it's either that the sun has melted it, or overnight it freezes into ice. Or it snowed and it's all powder and it won't pack together and it just falls apart," Barton said.

Price agreed. Part of the challenge was adapting to whatever nature threw at them.

"We ended up having to use pickaxes to be able to chip away at some of the ice, literally move mountains, so to speak," Price said.

Due to time constraints, some ideas had to be scrapped. There was originally going to be a dragon's head, where kids could slide into the mouth on sleds. However, while the dragon's head didn't make it into the final course, it somehow lived on.

"The funny thing is, before we ended up getting the last part done, a lot of what it looked like — at least the comments we got from other skiers — is that it looked like scales. It didn't look like mountain peaks. So we still have a dragon in there," Price said.

Some sculptors were eager to have the project completed and leave long days of manual labor behind. However, for Price, the end of the project is bittersweet.

"I'm excited to see the finished project. I'm excited to see it done. It's kind of sad to see it already be done, also," Price said.

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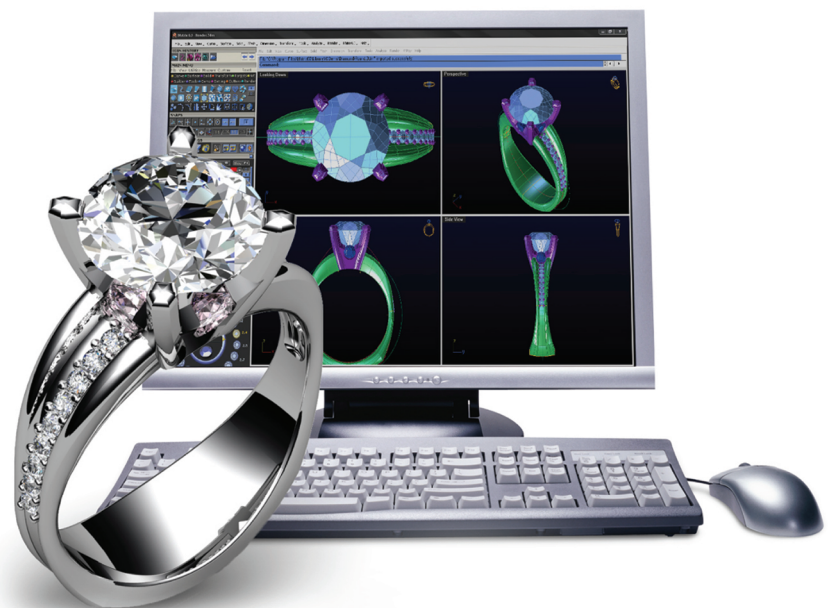
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# MENTAL HEALTH IS NO JOKE

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Quad

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Slam Poet ft. Neil Hilborn

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*\*Hope Wall open all day, Monday-Friday on the TSC Patio.*

## "Voting" FROM PAGE 1

not be heard and their vote doesn't matter," Andrade said. "But these voices will be heard because at the end of the day each vote counts and the next president will know exactly how many people voted for them. If the majority of people believe their vote won't count then it is not going to, and there will be a huge clump of people that could have made a difference but chose not to because they thought they would not be heard."

At a precinct you also have the opportunity to nominate and vote for county and state delegates. County delegates get to vote in all county elections and then state delegates get to go to the state convention and vote for governor, U.S. senator and U.S. congressmen. Students can become involved by voting for these delegates or even running for these delegate positions.

"I think students should become involved in

politics and voting because it is everyone's civic duty," Andrade said. "There are a ton of other countries that do not allow women and even certain income families to vote. In the United States, the amount of freedom we have to go vote and have a say in who will run our country is amazing, and it is something that we fought for. Our Founding Fathers would be turning in their graves if they knew we were not taking advantage of this right that we have."

It is also important for students to be involved in local and state voting as well. When there are problems such as parking and roads, more student representation in meetings and politics could help alleviate these issues so that the valley will be left in better shape for future USU generations.

"I would like to say that these presidential elections are so glamorized they become the focus, and I think that is wrong," Gilbert said. "State and local races need to be our focus.

## "Initiatives" FROM PAGE 1

"I just realized there was some give-and-take on what I wanted to accomplish," Waddoups said.

For her, that "give-and-take" became a series of social activism initiatives beginning with the "Heroes, Not Victims" sexual assault discussion panel held last November — a campaign she hopes to continue as president next year.

Olsen, whose campaign for president consisted almost entirely of initiatives he admits were not accomplished, said he was concerned about accountability for not "following up" on a lot of the ideas he proposed during elections, but that, "a lot of the stuff I just passed on so I could focus on other stuff."

"Other stuff," it turns out, was, in large part, a campaign to increase USU students' awareness of and opportunities to get help with mental health issues.

Olsen said after hearing statistics about suicides and attempted suicides, as well as the amount of students who visit USU's Counseling and Psychological Services (CAPS) office — which currently has a three-to-four week wait — he realized he should focus his

attention on mental health.

"When I heard all of this stuff I felt like this was the change that I needed to make," Olsen said. "I knew that's what I wanted my legacy to be."

Olsen partnered with Graduate Studies Senator Ty Aller to promote and improve Aller's "Mental Health is No Joke" campaign, which will take place this week. He also worked with the university's Vice President for Student Affairs, James Morales, in researching ways to improve the CAPS center. His mental health initiative was also taken on state-wide by the Utah Student Association and is being incorporated into that organization's legislation.

Olsen wasn't the only officer who campaigned on unrealistic promises. Athletics and Campus Recreation VP Thomas Rogers and Organization and Campus Diversity VP Luis Armenta both failed to accomplish almost all of the initiatives they used as campaign fodder. And, like Olsen, their accomplishments in office prove that failure to achieve a campaign goal doesn't always translate to lack of success in office.

"I think every officer has amazing goals and every officer does accomplish as many goals as they can," said Rogers, "but I realized coming into the position there were things I didn't



PHOTO BY Pedro Portal/El Nuevo Herald/TNS  
Republican presidential candidates Donald Trump, left, and Sen. Ted Cruz during the GOP presidential primary debate at the University of Miami's Bank United Center in Coral Gables, Fla., on Thursday, March 10, 2016.

These are our neighbors who are leading our community and you can talk to them personally. Every vote matters in these elections and they are vital for the direction of our state and community. It is my firm belief that what happens inside City Hall will affect you more than what happens in the White House."

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—jillian.mccarthy@aggiemail.usu.edu

think I needed to focus on as much that I learned should be the focus of this year."

In lieu of his original goals, Rogers spent much of his time in office working with the Hurd Committee to implement the new Hurd Rewards program and to increase student involvement in athletic events through social media and marketing.

"A lot of the stuff, you come in and you're just like, 'Oh, why don't we have that?' And then you never thought of that to campaign," Rogers said.

Armenta faced a similar dilemma when, upon taking office, he realized the infrastructure necessary to accomplish his original goals wasn't in place.

"When I came into office, I realized there were big, pressing matters at hand that needed to go in front," Armenta said. "So a lot of those goals, I realized, were kind of on the back-burner."

Armenta hopes the steps he took to set up better infrastructure for clubs and diverse groups on campus will help him accomplish his original goals during a second term in office this upcoming school year. These steps included forming a Diversity Cabinet to unite the Access and Diversity Center and the Office of Global Engagement, as well as creating three new club director positions to help

promote on-campus organizations next year.

"It's a beast, but I love it, and that's why I'm back in office, because I love it and I want to see the fruits of my labors actually come forward," Armenta said.

Though he plans on accomplishing his original campaign goals during his second term, Armenta speculated that those goals weren't necessarily what got him elected in the first place.

"That's my beef with these kinds of politics — when I ran for office, it was all about who's the coolest and they're going to get elected," said Armenta, "but once you're in the position you realize how much you make an impact."

Executive VP Thomas Buttars agreed that campaign goals aren't always the most important factor in an election.

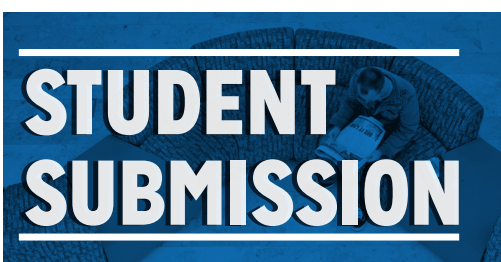
"I'd say a majority of students kind of forget who they voted for and why," said Buttars, "but there is the rare exception of students who do remember what you said and will remind you if you're not doing those things."

More in-depth analysis of individuals can be found at [usustatesman.com](http://usustatesman.com)

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Brenna Kelly contributed to this story.



Students wanting to submit their work can email [lormialor@gmail.com](mailto:lormialor@gmail.com)

### Patchwork People By Serena Johnson

The fumes from the onion she was cutting were so strong—her eyes stung, and tears sprung in the corners.

It'd been a while since she cried (since something really caused her to cry). Her friend told her it was healthy to cry a lot, and she replied that she used to cry all the time, over the smallest things. Now, it was so hard. That got her to thinking; what would it be like, if she were to travel back in time and meet herself, three years younger? She thought that maybe she wouldn't like herself. She'd changed a lot since then, and she wasn't sure if it was for the better. Either way, she was

different, so different from then.

How did it come to be like that? Did she do this, or did someone shape her that way?

"Patchwork people," she thought aloud as she chopped.

"What?" Her friend was focused on the slowly cooking chicken, bathing happily in a teriyaki marinade.

"Never mind," she said.

"No, what?" He was looking at her now. "Patchwork people?"

She knew he didn't like it when he felt he missed something. "I was just thinking. We're all patchwork people, everyone."

"What does that mean?" He prodded the chicken with a fork, his eyebrow raised.

"It's like, we all have these little pieces of cloth that we carry, and each person has an individual color, texture, pattern, you know," she said, sweeping the chopped onions aside absent-mindedly. As she spoke, her eyes unfocused, and a little frown appeared on her face. "Every time you get close to someone, you sew a little patch of it onto them, and they do the same to you. Every time they have an idea from someone else that sticks into your

head, you sew their patch onto you. Every time you adopt someone else's habit, you sew on their patch. Soon, if you get close to enough people in your life, you'll look like a patchwork person."

He nodded, digesting this new information. The teriyaki marinade began to bubble angrily, and he quickly lowered the heat. "So that's why, when someone you get close to leaves, they take their patch back with them, and that's why you feel a bit empty, or it feels like they took a piece of you with them."

She focused again as he spoke, studying his face. "Hmmm."

Later, after they had finished cooking, and were eating their triumph with small smiles, she reached over to grab at the bag of peaches. As she did so, the receipt fell out of the bag and fluttered to the floor. Her friend leaned down and plucked it up, but didn't return it. Instead, he tucked it carefully into his wallet. Looking over, she saw that he had many more receipts and tickets and scraps of paper tucked there, their edges bent and crumpled over the sides of the leather.

"What are those?" She asked, pausing in

her slicing.

He smiled, as if he were embarrassed. "It's just a thing I do," he said.

"Why?" She thought that maybe she shouldn't ask, as if it would make her sound too nosy, but he simply shrugged.

"My girlfriend used to have this journal, and on one of the pages it told her to collect proof, you know, of living. So she collected every ticket and stub and receipt she got. And so I would collect them too, and give them to her. And afterwards, I just kept doing it. Now they're in my wallet." He picked at the corners of the stubs as he talked. She wondered what kind of a girl his old girlfriend was.

She went over to her purse and dug out a few more receipts, smoothing them apart and handing them to him.

"Thank you," he said, sliding them over the top layer. It struck her how tenderly he did it.

"We're all patchwork people," she said, watching him, seeing how tender he was.

—Serena Johnson is a junior studying in the psychology major. She enjoys writing in her free time and consuming large amounts of tea. Her dream job is to become a pirate and loot and/or pillage nearby towns.

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S

SPORTS

# HOT STREAK: USU lacrosse team wins third straight game



PHOTO BY Mark Bell  
Taylor Brundage makes a run in USU's 14-13 win over the College of Idaho on Sunday.

By Ben Fordham  
WRITER

Utah State defeated College of Idaho 14-13 in the program's home opener for their third consecutive win of the season.

Mike Adams scored the game-winning goal with just over three minutes left in the game.

The Coyotes had possession with 58 seconds left in the game but the Aggie defense forced a turnover to capture the win.

"It was definitely a big win for us," Adams said, "Stringing together three wins in a row is a huge boost. We have a young team and winning the first home game means a lot to all of us."

Adams scored two goals and added two

assists. Marshall McGill was successful on 21 of 25 total face-offs. Dakota Bird and Gary Christianson each led the team with three scored goals.

Goalie Kort Johnson had 11 saves with a .458 save percentage.

The Aggies are now 3-4. Four of the seven remaining regular season games will be played at home. USU's next game against a divisional

opponent will be played at home against the University of Colorado on April 1.

The Aggies' next game will be played at home on Saturday at noon against Metropolitan State University of Denver.

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# It's the most wonderful time of the year



Thomas Sorenson

"Fourth and short"  
—Thomas Sorenson is a junior majoring in journalism and only skipped a couple of classes on Thursday and Friday to watch the first round. He maintains that the NBA is vastly superior to college basketball, but respects the right of everyone who thinks college basketball is better to be wrong. Still, he loves the spectacle of the tournament and will forever cheer for Dunk City.

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I generally try to be rational and level-headed when I react to sports — my Steph Curry tweets excepting — but at the risk of sounding extremely reactionary, I'm just going to say it: the first round of the NCAA tournament are the two most exciting days of the sports year.

Okay, maybe that isn't that dramatic of a statement. I bet a lot of you even nodded as you read that sentence. But think about that claim. The first two days of the tournament include a number of significant mismatches — more than half of this year's first round games were decided by double-digits and seven of them were decided by 20 points or more — and the games are sometimes horribly ugly (a moment of silence for anyone that watched the Wisconsin-Pittsburgh game on Friday).

What I'm claiming is that the first round of this amateur, turnover-laden, blowout-filled tournament is more exciting than the Super Bowl, the NBA Finals, the World Series, college football bowl season, the UEFA Champions League, the Olympics or the World Cup (which had more than a billion people watch the final in 2014).

The NCAA tournament loses some of its excitement as it progresses, whereas events like the World Cup, the Champions League or



PHOTO BY Kirthmon F. Dozier/Detroit Free Press/TNS  
Michigan State's Matt McQuaid, top, goes for the ball against Middle Tennessee State's Giddy Potts during first-half action in the first round of the NCAA Tournament on Friday, March 18, 2016, at Scottrade Center in St. Louis. Middle Tennessee State advanced, 90-81.

the Olympics gain excitement the longer they go. And the quality of the product in the NBA Finals is lightyears beyond what the tournament provides. Taken as a whole, many of those other sporting events are better spectacles.

But the first two days of March Madness are absolute magic and nothing else can top it.

No other sporting event on the planet can compete with the sheer number of games — 32 of them in a roughly 24-hour period and as many as four of them on at once for the majority of each day. It's very rare that all of the games on at any given time are duds, so as long as you can find TruTV, you're virtually guaranteed to find at least one exciting game on.

People of all ages love the tournament, but

it's especially attractive to the Millennial generation: constant channel-flipping, nonstop-action and a maelstrom of social media use, which creates the feeling of community and togetherness that researchers say our generation craves.

The advent of bracket pools has only added to the enjoyment of the tournament, especially the first round. It creates a rooting interest where none existed before and provides immediate bragging rights for anyone that gets lucky and picks a couple of the first-round upsets (don't pretend like you knew Michigan State was going to lose to the Blue Raiders).

The true beauty of the first round, however, are those upsets. I know they're coming every year, yet I still lose my mind every time a double-digit seed advances to the next round.

I'll admit, I'm a sucker for the underdog victories (Middle Tennessee State!!!!) and I get so emotionally invested in these schools I don't have any rational reason to root for. I was as elated with Arkansas Little-Rock's double-overtime win as any Trojan fan and as crushed with Florida Gulf Coast's defeat as any resident of Dunk City.

But there's always another team to win my heart (did I mention Middle Tennessee?) and that's why the tournament is so exciting.

Now that the tournament has progressed to the Sweet Sixteen, most of those double-digit seeds have been knocked out, there are fewer games and the action is less-constant.

I'm already counting down the days to the first round of the tournament next year.

# Softball dominates three game home opener

By Kenna Cook  
WRITER

On Saturday, the Utah State softball team started off its home opener with a doubleheader against the Northern Colorado Bears.

The Aggies suffered a close loss in game one with a score of 9-8, but soon redeemed themselves with a 16-7 sweep in the second game that ended with a two-run walk off home run by senior Noelle Johnson.

Although the Aggies had eleven hits on the board for game one, including two home runs — hit by junior infielder Victoria Saucedo and sophomore catcher Brina Buttacavoli — their bats were no match for Northern Colorado's defense.

"As far as hitting goes, we're starting to improve a lot," Saucedo said. "As long as we keep it consistent, which it looks like we are, we'll be steady."

Johnson, with the loss of game one, walked off of the mound after the seventh inning with eight strikeouts and fourteen first pitch strikes, leaving the extra inning to freshman Katie Schroeder.

"We've got too many errors," said coach Steve Johnson. "Our pitchers aren't going to strike out 15 a game so we've just got to make sure we're making plays behind them."

Utah State softball came back for game two ready to win. Gloves were in the air and on the ground with arms ready to throw as the defense stepped up its game.

The USU offense stepped up to the plate as well, with senior catcher Kirstyn Namba starting off the game with a home run and Noelle Johnson ending it with the two-run walk off.

Junior April Brown ended the game with eight strike outs and the win under her belt.



PHOTO COURTESY OF USU Athletics  
Sarah Chow slides into second base during USU's 14-4 victory over Northern Colorado on Sunday.

The Aggies took on the Bears once more on Sunday for game three of the series, blowing them away and finishing the game in the fifth inning with a 14-4 victory.

Northern Colorado had eight hits by the end of the game while USU had 17. The Bears circled through three pitchers while the Aggies circled the bases. Noelle Johnson hit back-to-back dingers over the fence, both with RBIs adding to the team's 14 for the day.

"Right now our offense is really rolling," Steve Johnson said. "It's a big step for us."

The players struggled with their bats and getting their swings just right in preseason,

but have now dominated offensively. At this point in the season, USU is above .500 for the first time in 20 years.

The Aggies are getting ready for conference play as they start off the Mountain West games on March 24th against New Mexico.

"It starts with having fun. As long as we have fun on and off the field we'll carry momentum," Saucedo said. "We know what we're capable of, our pitchers are doing a great job, as well as the whole team with hitting, and we're having fun. As long as we keep a smile on our face we'll do pretty well." Steve Johnson said that the three-game

series was important for the team before they begin conference play.

"I think when you hit as well as we did for all three games here, we've just got to have that confidence," Steve Johnson said. "We've just got to continue that momentum. We have to attack just like we did. We're starting to put a lot more pressure on teams than we have in the past and that's what we've got to keep doing as conference play rolls in."

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**PETERPAN**  
SEAFOODS, INC.

### "Darkness Walk" FROM PAGE 2

military members who have been lost to suicide.

Ty Aller, who is the Graduate Studies Senator for USUSA, helped organize the event, and was the official representative at the bead ceremony for the blue beads of support.

"I had this little speech written, but I don't want to use it, because, as I look out and see everyone here, I think that we are all supporters," Aller said. "That's the beautiful thing we're trying to create here."

Many students showed support at the walk, all for different and personal reasons.

"I'm a member of President's Cabinet, and we're focusing a lot on all of the events that are happening this week because part of Trevor's initiative is mental health. So, I just wanted to support for President's Cabinet and for all those who deal with mental illness," said Abby Lathem, a sophomore studying elementary education and special education.

Others came with very personal reasons to join in the walk, and show support.

"I kind of have more personal reasons for why I'm walking; I actually have a brother who's been in the hospital this week from attempting to take his life and that's a reason I'm walking," said Kalie Gilmour, a sophomore studying early

childhood education and special education. "Plus, I've struggled with mental illness my whole life, so I want to show support for those who are either struggling with a mental illness, depression or know someone who is. The warning signs are huge, and people kind of just turn a blind eye, but just being aware. It's a real thing."

Both Lathem and Gilmour were also there to show support for their sorority, Kappa Delta, and those girls in it who struggle with mental illness and other things.

USUSA wanted successful support to come from the event and stated on their website: "Join the effort to raise awareness and funds that allow AFSP to invest in new research, create educational programs, advocate for public policy, and support survivors of suicide loss. Your support of USUSA's mental health initiatives will provide opportunities for students and community members to access resources that can save their lives."

All information about events for the "Mental Health is No Joke" mental health awareness week can be found at: [ususa.usu.edu/mentalhealth2016](http://ususa.usu.edu/mentalhealth2016).

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OPINION

# It's okay if you're struggling with mental health



**Whitney Howard**  
 "How's the word?"  
 - Whitney Howard is an English major and, because of her personal experiences with mental health, a psychology minor. Tina Belcher is her spirit animal.  
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 @omgwhitshutup

Trigger warning: This article has references to depression, anxiety and suicide.

In my high school English class, the short story we read ended with a man jumping in front of a train. One of my classmates raised her hand.

"I don't like that ending," she said. "I just don't understand how someone could be that selfish, how things could possibly be so bad that you want to kill yourself."

Little did she know that I was suicidal myself. One night during the same year, I tried overdosing on pain pills.

I came out of class that day feeling hurt, angry, guilty and resentful. At that time in my life, those feelings were never in short supply.

After some reflection, I came to a conclusion: She couldn't know. That feeling of darkness and desperation is difficult to explain to someone who hasn't gone through it.

I wracked my brain, trying to find a way to describe depression and anxiety to someone who has never experienced it. For anxiety, you know that feeling where you worry something bad is going to happen? You can't focus on anything because you're too preoccupied and

your mind is going 100 mph. Anxiety is that, all the time.

As for depression, one common misconception is that it's a constant sadness. It's more of an emptiness, an absence of feeling. Depression numbs you and strips you of happiness, hope and enjoyment. Think of the Dementors from "Harry Potter."

I personally have struggled with mental health for almost half of my life. There has been a lot shooting up at 3 a.m. because my anxiety wakes me up in the middle of the night. There have been a lot of mornings where even getting out of bed was an accomplishment.

Throughout my life, I've felt guilt about my mental illnesses. I've wanted to be "like everyone else." It took a long time to stop shaming myself for these mental health struggles, which I didn't ever ask for and only

have a certain degree of control over. I also realized, through years of observation, that more people have been affected by mental health than those who haven't. This includes not only the people struggling themselves, but those with loved ones who struggle too.

There isn't a finish line that I will cross one day and think, 'I have completely beaten this. I will never have to worry about this again.' For me, a lot of my healing has come from learning to live and enjoy life in spite of these struggles. Some days are harder than others. However, thanks to therapy and finding people who support me in life, it's easier than it has ever been.

If you are currently going through this, there is no shame in how you're feeling or what you're going through. You are deserving of compassion and love, even from yourself.

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SHENEMAN THORPE CONTENT AGENCY



MICHIGAN GOVERNOR RICK SNYDER OFFERS THE ONLY POSSIBLE EXPLANATION FOR HIS CONDUCT IN FLINT.

### "Captain Aggie" FROM PAGE 4

"Hopefully we can get it all done before they come home," Hulse laughed.

Pederson is known to spend much of his time supporting USU athletics. When he is not out supporting Aggies, he can often be found at his computer, tweeting and messaging everything Aggies.

"He loves being Captain Aggie," said Williams, a volunteer.

Along with painting, volunteers refurbished kitchen chairs, installed a microwave, raked leaves, replaced light fixtures and painted and textured the kitchen walls. Valspar donated the paint to Habitat for Humanity, Cottle said. The microwave and light fixtures were donations from the Habitat for Humanity Restore.

"When we're able to take some of these things we take for granted and help somebody else, it's really gratifying," Cottle said. "The gratification comes from the project. I leave knowing we've done something nice and it will look good for a long time."

"I like doing service. I like being around a lot of people," said Cacia Hunt, a volunteer. "I think it's fun to take something old and make it new."



PHOTO BY Kyle Todecheene  
 Scott Archibald, Captain Aggie's neighbor, helps paint the ceiling at Captain Aggie's house.

-ashley.ruth.stilson@gmail.com

**Millard County Housing Authority**  
 NOW ACCEPTING APPLICATIONS  
 for both **Delta Sands Apartments** in Delta and  
**Mt. Catherine Manor** in Fillmore

Applications can be picked up by front doors  
 Requirements are: Low-Income, 62 years of age, or Disabled

Rent is based upon 30% of your adjusted income.

# B

## BACKBURNER

### Medium

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## HOROSCOPES

### LIPSTICK MYSTIC: LOVE FORECAST MONDAY, MARCH 28 - SUNDAY, APRIL 3

By Jennifer Shepherd  
THE LIPSTICK MYSTIC

#### ARIES: MARCH 21 - APRIL 19

You'll have a lot of positive energy as Mars boosts your firepower. It's a good time to push through any obstacles that have been holding you back and to overcome your hidden fears. Include your partner in those big plans.

#### TAURUS: APRIL 20 - MAY 20

Don't let money problems spoil your relationship. If you and your spouse have been arguing about cash flow, come up with a way to improve your situation. Or if you're dating someone who isn't pulling his or her weight, Jupiter says have a gentle talk about it.

#### GEMINI: MAY 21 - JUNE 21

With the moon opposite your sign, think before you speak. You'll be tempted to lash out at someone, and it could turn out to be the worst possible time for a tantrum. Pay attention to your partner's silent signals; maybe he or she needs a hug instead of a rant.

#### CANCER: JUNE 22 - JULY 22

Venus is putting you in a romantic mood. You'll want to tell your honey how much you love him or her. If you're single, you'll be tempted to make a sentimental confession to someone you've been admiring for a while.

#### LEO: JULY 23 - AUG. 22

Even though you're a Fire sign with a big personality, you have times when you can be very reserved. This is one of those times. The moon is making you question your current path in life and in love. Try not to doubt yourself too much.

#### VIRGO: AUG. 23 - SEPT. 22

With Venus opposite your sign, you're focused more on your education and career than your love life. It's important to make sure that you have some control over aspects of your life that don't involve love and romance. Keep working at it.

#### LIBRA: SEPT. 23 - OCT. 23

You're all over the place while the sun kicks up some melodrama. One minute you're in love, the next minute, you're ready to move to a remote mountain cabin all by yourself. Things will settle down pretty soon.

#### SCORPIO: OCT. 24 - NOV. 2

It's time to get real. Maybe you've been madly in love with someone, but this person is abusive or nasty. Or perhaps you've been trying too hard to maintain a romance as well as a busy work life. A practical moon advises you to be honest with yourself.

#### SAGITTARIUS: NOV. 22 - DEC. 21

Things are finally starting to move forward for you. You'll make progress on both the personal and career fronts, thanks to Mars. That cute guy or girl will agree to go out on a date with you. That job offer you were waiting for will come through.

#### CAPRICORN: DEC. 22 - JAN. 19

You'll have to deal with someone who is much more aggressive than you are. Maybe your romantic partner is the strong-willed one, and he or she is making demands. Or perhaps a boss is being pushier than usual. The moon says stay calm.

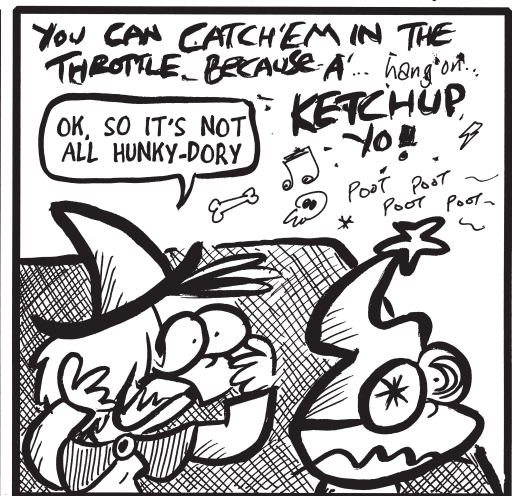
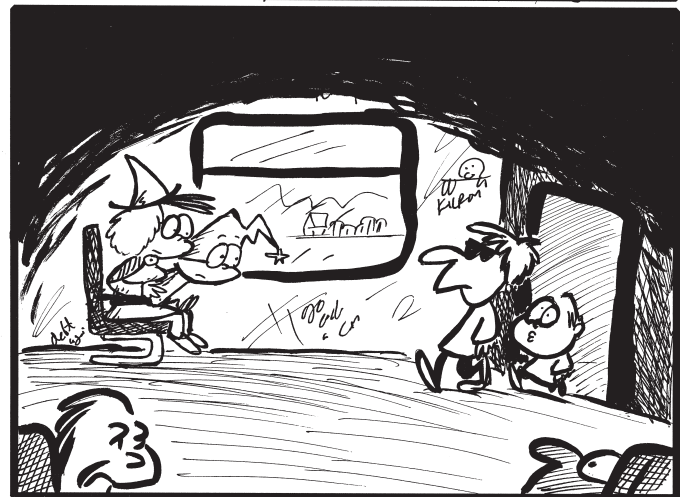
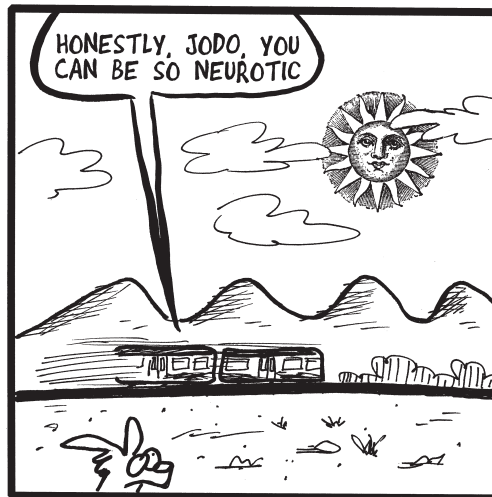
#### AQUARIUS: JAN. 20 - FEB. 18

You could be attracted to someone from your past. Maybe you came across his or her Facebook page and are feeling sentimental about the old days. Mercury warns against stirring up trouble if things had gone badly in that earlier relationship.

#### PISCES: FEB. 19 - MARCH 20

With Jupiter still opposite your sign for a while, you're taking inventory of your life and figuring out what needs to change. Keep exploring. In the meantime, try talking things over with a close friend, sweetheart or counselor.

### HASLAM COMIC by



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cbrubaker@gmail.com www.witchkoko.com



## CALENDAR | MARCH 21 - MARCH 26

ADD YOUR EVENT AT [USUSTATESMAN.COM/EVENTS](http://USUSTATESMAN.COM/EVENTS)**MONDAY MARCH 21**

**Wellness Fair for Mental Health Awareness Week**  
Taggart Student Center Patio

Free, 11:00 a.m.

**Art Classes at CacheArts**

The Bullen Center

\$60-\$100. Children: \$60 (includes materials) Adults: \$100 (two hour class), 12:00 p.m.

**Movie Monday-The Good Dinosaur**

North Logan City Library

Free, 6:30 p.m.

**Guest Speaker: TWLOHA for Mental Health**

**Awareness Week**

Taggart Student Center International Lounge

Free, 7:00 p.m.

**TUESDAY MARCH 22**

**Republican Presidential Voting**

Mt. Logan Middle School

Auditorium

Free, 7:00 p.m.

**Mental Health Panel for Mental Health Awareness Week**

USU Taggart Student Center

Ballroom

Free, 7:00 p.m.

**Getting the Most Out of Your Sleep**

Taggart Student Center Room 310

Free, 4:00 p.m.

**WEDNESDAY MARCH 23**

**Balancing Act: School, Life, Work, Family, etc.**

Taggart Student Center 315A

Free, 9:30 p.m.

**Yoga & Mindfulness Sessions for Mental Health Awareness Week**

USU Taggart Student Center, 2nd floor lounges

Free, 11:30 p.m.

**Cache DUP Museum**

Cache DUP Museum

Free, 3:00 p.m.

**Benefit Concert for Mental Health Awareness Week**

USU Taggart Student Center, 2nd floor lounges

Free, 7:00 p.m.

**THURSDAY MARCH 24**

**iPad Class**

North Logan City Library

Free, 2:00 p.m.

**The Never Ending Story**

The Bullen Center

\$0-\$6. \$6 at the door (children 0-2 free), 7:00 p.m.

**Naomi Tutu**

USU Taggart Student Center

Ballroom

Free, 7:00 p.m.

**Cache Community Wind Symphony**

Mt. Logan Middle School

Auditorium

Free, 7:00 p.m.

**Light the Night**

USU Quad

Free, 8:00 p.m.

**FRIDAY MARCH 25**

**St. Matthew Passion**

Eccles Theatre

\$13-\$22. Call 752-0026 or visit [www.americanfestivalchorus.org](http://www.americanfestivalchorus.org), 7:00 p.m.

**The Never Ending Story**

The Bullen Center

\$0-\$6. \$6 at the door (children 0-2 free), 7:00 p.m.

**Slam Poet event for Mental Health Awareness Week**

USU Taggart Student Center

Ballroom

Free, 7:00 p.m.

**SATURDAY MARCH 26**

**5 K Egg Run**

Virgil Gibbons Heritage Park

\$10, 9:00 a.m.

**Awesome Live Auction**

Cache County Fairgrounds

Free, 10:00 a.m.

**The Never Ending Story**

The Bullen Center

\$0-\$6. \$6 at the door (children 0-2 free), 2:00 p.m.

**Poetry and A Beverage**

USU Taggart Student Center, 2nd floor lounges

Free, 7:00 p.m.

**OPINION GET IT DAILY AT USUSTATESMAN.COM**