Listed below are suggested vegetable planting dates for an average year along the Wasatch Front. Of course, each season has its own unique weather conditions. The “Average Planting Date” is for the initial planting. With crops such as broccoli, radish, carrot, sweet corn, and Swiss chard, several plantings can be made a few weeks apart and later than the average planting date.

The average date of the last spring frost will vary with location and elevation. Listed below are the 30-year average last frost dates for various cities.

**City** | **Average Last Frost***
---|---
Bountiful - Val Verda | April 17
Farmington | May 5
Midvale | May 13
Ogden | May 3
Provo - Airport | May 21
Provo – BYU | May 1
Salt Lake City – Airport | April 26
Salt Lake City – U of U | May 1
Salt Lake County – Cottonwood Weir | April 30
Tooele | May 7
Tremonton | May 3

*For more information on freeze dates and Utah’s climate, go to http://climate.usu.edu

**Group A: Hardy**
(Plant as soon as the soil dries out in the spring.)

**Average Planting Date: March 1 – April 15**

- Artichoke
- Cabbage
- Radish
- Asparagus
- Kohlrabi
- Rhubarb
- Broccoli
- Onions
- Spinach
- Brussels Sprouts
- Peas
- Turnip

**Group B: Semi-Hardy**
(Plant a week or two after “A” group or about two weeks before average last spring frost.)

**Average Planting Date: March 20 – May 1**

- Beet
- Lettuce
- Potato
- Carrot
- Parsley
- Salsify
- Cauliflower
- Parsnip
- Swiss Chard
- Endive

**Group C: Tender**
(Plant on the average date of the last spring frost—about when first apples reach full bloom.)

**Average Planting Date: May 5 – June 1**

- Celery
- Snap Bean
- Cucumber
- Spinach
- Dry Bean
- Summer Squash
- New Zealand
- Sweet Corn

**Group D: Very Tender**
(Plant when the soil is warm, about two weeks after “C” group.)

**Average Planting Date: May 20 – June 10**

- Cantaloupe
- Pumpkin
- Eggplant
- Tomato
- Lima Bean
- Watermelon
- Pepper
- Winter Squash
Group E: Special Plants for Fall Harvest

<table>
<thead>
<tr>
<th>Plant</th>
<th>Average Planting Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beets</td>
<td>July 1 – August 1</td>
</tr>
<tr>
<td>Cabbage</td>
<td>May 1 – July 15</td>
</tr>
<tr>
<td>Kale</td>
<td>July 1 – August 15</td>
</tr>
<tr>
<td>Lettuce</td>
<td>June 1 – August 1</td>
</tr>
<tr>
<td>Onion</td>
<td>August 1 – August 10</td>
</tr>
<tr>
<td>Rutabaga</td>
<td>June 15 – July 1</td>
</tr>
<tr>
<td>Spinach</td>
<td>July 1 – August 15</td>
</tr>
<tr>
<td>Turnip</td>
<td>July 1 – August 1</td>
</tr>
</tbody>
</table>

References


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