

1 **Title:** Growth inhibitory properties of lactose fatty acid esters

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15

16 **Abstract**

17 Sugar esters are biodegradable, nonionic surfactants which have microbial inhibitory properties.

18 The influence of the fatty acid chain length on the microbial inhibitory properties of lactose

19 esters was investigated in this study. Specifically, lactose monoctanoate (LMO), lactose

20 monodecanoate (LMD), lactose monolaurate (LML) and lactose monomyristate (LMM) were

21 synthesized and dissolved in both dimethyl sulfoxide (DMSO) and ethanol. Minimum inhibitory

22 concentrations (MIC) and minimum bactericidal concentrations (MBC) were determined in

23 growth media. LML was the most effective ester, exhibiting MIC values of <0.05 to <5 mg/ml

24 for each Gram-positive bacteria tested (*Bacillus cereus*, *Mycobacterium KMS*, *Streptococcus suis*,

25 *Listeria monocytogenes*, *Enterococcus faecalis*, and *Streptococcus mutans*) and MBC values of
26 <3.0 to <5 mg/ml for *B. cereus*, *M. KMS*, *S. suis*, and *L. monocytogenes*. LMD showed MIC and
27 MBC values of <1 to <5 mg/ml for *B. cereus*, *M. KMS*, *S. suis*, *L. monocytogenes*, and *E.*
28 *faecalis*, with greater inhibition when dissolved in ethanol. LMM showed MIC and MBC values
29 of <1 to <5 mg/ml for *B. cereus*, *M. KMS*, and *S. suis*. LMO was the least effective showing a
30 MBC value of <5 mg/ml for only *B. cereus*, though MIC values for *S. suis* and *L. monocytogenes*
31 were observed when dissolved in DMSO. *B. cereus* and *S. suis* were the most susceptible to the
32 lactose esters tested, while *S. mutans* and *E. faecalis* were the most resilient and no esters were
33 effective on *Escherichia coli* O157:H7. This research showed that lactose esters esterified with
34 decanoic and lauric acids exhibited greater microbial inhibitory properties than lactose esters of
35 octanoate and myristate against Gram-positive bacteria.

36

37 Key words: Lactose fatty acid esters, microbial inhibition, *Listeria monocytogenes*, Lactose
38 monolaurate

39 Abbreviations: dimethyl sulfoxide (DMSO), ethanol (ETOH), MIC (minimum inhibitory
40 concentration), MBC (minimum bactericidal concentration), LMO (lactose monoctanoate),
41 LMD (lactose monodecanoate), LML (lactose monolaurate), LMM (lactose monomyristate)

42

43 **1. Introduction**

44 Sugar esters are nonionic surfactants used in a variety of applications in the food,
45 pharmaceutical, and personal care industries. The microbial inhibitory activity of sugar esters
46 has been studied. Although it has been shown that sugar esters inhibit bacterial growth, there is a
47 lack of consensus as to which bacteria are most susceptible. While some studies have shown

48 inhibitory effects of Gram-negative bacteria (Ferrer et al., 2005; Habulin et al., 2008; Zhang et
49 al., 2014; Smith et al., 2008), others have shown inhibition of only Gram-positive bacteria
50 (Wagh *et al.* 2012; Piao *et al.* 2006). Studies have shown that esters containing laurate were
51 inhibitory against both Gram-positive and Gram-negative bacteria (Smith et al., 2008; Nobmann
52 et al., 2009; Zhang et al., 2014). A study on the microbial inhibitory activity of lactose
53 monolaurate showed low minimum inhibitory concentrations (MIC) and minimum bactericidal
54 concentrations (MBC) for *Listeria monocytogenes* and *Mycobacterium* sp. strain KMS, and no
55 inhibitory activity against Gram-negative bacteria (Wagh et al., 2012).

56 The nature and number of fatty acid chains esterified to sugars can be variable, yielding a
57 broad range of hydrophilic-lipophilic balances and microbial inhibitory activities (Szuts et al.
58 2012). Previous research showed that fatty acid derivatives such as monolaurin are highly
59 inhibitory and more inhibitory than lauric acid (Smith et al., 2008; Nobmann et al., 2009).
60 Others have reported that sugar monoesters of decanoic, myristic and palmitic acids were
61 microbial inhibitory (Piao et al., 2006; Habulin et al., 2008; Zhang et al., 2014). There was one
62 study investigating the microbial inhibition of sugar octanoate esters which showed no inhibitory
63 effects (Zhang et al., 2014).

64 Of the carbohydrate fatty acid esters previously investigated, sucrose esters have been the
65 most thoroughly studied (Nobmann et al., 2009). Other oligosaccharide esters of laurate,
66 including maltose, fructose and galactose have been synthesized and have generally been shown
67 to be very effective microbial inhibitory agents (Nobeman et al., 2009; Watanabe et al., 2000;
68 Devulapalle et al., 2004; Habulin et al., 2008), whereas hexose laurate did not suppress microbial
69 growth significantly (Watanabe et al., 2000).

70 While many studies examine the microbial inhibition of sugar esters in terms of MIC
71 values, few studies have determined the MBC values of sugar esters. In this study we
72 synthesized novel lactose esters including lactose monoctanoate (LMO), lactose
73 monodecanoate (LMD) and lactose monomyristate (LMM). The microbial inhibitory properties
74 of these esters (MIC and MBC) in microbial growth media, and the previously synthesized ester,
75 lactose monolaurate (LML) (Wagh et al., 2012) were determined against Gram-positive (*Bacillus*
76 *cereus*, *Mycobacterium KMS*, *Streptococcus suis*, *Listeria monocytogenes*, *Enterococcus faecalis*
77 and *Streptococcus mutans*) bacteria and the Gram-negative bacteria, *Escherichia coli* O157:H7.
78 Furthermore, we also determined the MIC and MBC values of the esters dissolved in two
79 solvents, DMSO and ethanol. This allowed us to ascertain the role of the solvents in the
80 microbial inhibitory activity.

81

82 **2. Materials and Methods**

83 *2.1 Bacterial strains*

84 Bacterial strains used are listed in Table 1. *E. faecalis* V538 and *L. monocytogenes*
85 EGDe were received from Dr. Andy Benson of the University of Nebraska, Lincoln. Different
86 clinical isolates of *Listeria* (FSL J1-177, FSL N3-013, FSL R2-499 and FSL N1-227) were
87 obtained from Dr. Martin Wiedmann, director of the international Life Sciences Institute North
88 American Database at Cornell University. *S. suis* 89/1591 was received from Dr. Richard
89 Higgins of University of Montreal, Qubec, Canada. *M. KMS* was isolated by Utah State
90 University from treatment soils in Champion International Superfund Site, Libby, Montana. *B.*
91 *cereus* ATCC 13061, *S. mutans* ATCC 25175 and *E. coli* O157:H7 EDL 931 stains were
92 obtained from ATCC (Manassas, VA).

93

94 *2.1 Materials and equipment*

95 Materials and equipment included a high-performance liquid chromatography (HPLC)
96 (Beckman System Gold 125 Solvent Module, Ontario, Canada) equipped with Luna 5 μ m C18
97 100Å (250 mm x 4.6 mm, Phenomenex, Torrance, CA, USA) and an evaporative light scattering
98 detector (Agilent Technologies, Santa Clara, CA USA), incubator shaker, spectrophotometer
99 (Beckman, USA), 48 microtitre well plates (Becton Dickinson, NJ, USA), brain-heart infusion
100 (BHI) media, Lauria-Bertani (LB) media, granulated agar (BD, New Jersey, USA), lactose
101 (Proliant, Iowa, USA), vinyl laurate, vinyl myristate, vinyl decanoate, vinyl octanoate (TCI,
102 Portland OR, USA), lipase TM2 (immobilized from *Thermomyces lanuginose*), Tween 80,
103 Whatman glass microfiber filters, molecular sieves (3A), 2-methyl-2-butanol (2M2B) (dried
104 using 10% 3A molecular sieves), dimethyl sulfoxide (DMSO) (Sigma Aldrich, MO, USA),
105 ethanol, and acetonitrile (HPLC grade, Thermo Fisher, PA, USA).

106

107 *2.2 Lactose ester synthesis and purification*

108 Enzymatic synthesis of LML was performed according to Walsh et al., (2009). Synthesis
109 of LMO was conducted using lactose, vinyl octanoate, molecular sieves and immobilized lipase
110 enzyme TM2. For a 60 mL reaction in 2M2B, 3 g of lactose, 6 g of dried molecular sieves, 1.7
111 mL of vinyl octanoate (lactose to fatty acid ratio of 1: 2.1) and 1.8 g TM2 were combined. The
112 reactions were assembled in a 100 mL glass bottle and incubated at 60°C and 90 rpm for 2 days.
113 The amount of LMO synthesized was determined using HPLC with the evaporative light
114 scattering detector set at 60°C with a nitrogen gas pressure of 3.55 bar. There was a gradient
115 from 10% acetonitrile-water (40:60, v/v) to 100% acetonitrile-water (95:5, v/v) as the mobile

116 phase. Synthesis of LMM and LMD was done as described above for LMO using the same
117 molar ratios of lactose to fatty acid (vinyl myristate or vinyl decanoate).

118 For ester purification, the 2M2B reaction was filtered through a Whatman glass
119 microfiber filter then dried in a hood for 24 h. The dry solids were suspended in 60 % ethanol,
120 40% water (60 °C) and placed in a separatory funnel. The lower aqueous layer was drained into a
121 beaker and dried in a hood for 24 h. After completely drying, the product powder was suspended
122 in acetone, and then centrifuged for 15 min at room temperature at 2,000 x g and the supernatant
123 analyzed via HPLC for the presence of di- tri- or higher saccharides. The acetone extraction was
124 repeated until only the monoester was present in the pellet.

125

126 *2.3 Microbial inhibitory studies*

127 Stock solutions of LMO (60 mg/ml) and LMD (25 mg/ml) were prepared in 30%
128 ethanol:water. Stock solutions of LML (60 mg/ml) were prepared in 50% ethanol:water and
129 100% DMSO. Stock solutions of LMO and LMD (60 mg/ml) were prepared in 100% DMSO.
130 LMM was not soluble in 60% ethanol:water hence a stock (60 mg/ml) was prepared in 100%
131 DMSO. Controls were 30% ethanol:water, 50% ethanol:water and 100% DMSO. Ester stock
132 solutions were diluted into growth media to give final ethanol concentrations ranging from 0.5 to
133 10% and final DMSO concentrations ranging from 2 to 8%. All seven stocks of esters and
134 controls were tested on the bacteria listed in Table 1.

135 Analysis of microbial inhibitory activities of LMO was performed by making a 5 strain
136 cocktail of *L. monocytogenes* including C1-056, J1-177, N1-277, N3-013, and R2-499. The
137 individual 5 stocks were stored at -80°C, and each individual freezer stock (20 µl) was added to
138 15 ml of BHI media. The *Listeria* strains were grown at 37 °C and 200 rpm for 24 h. Aliquots (2

139 ml) from each strain were combined in a test tube to develop the 5-strain stock cocktail.
140 Aliquots, 315 μ l, of the stock cocktail were grown in BHI media (12 ml), and incubated with
141 shaking at 37 °C for 4 h. Aliquots of the 5-strain stock cocktail were kept at -80°C.

142 Stock solutions of the other bacteria were maintained at -80 °C before use. Aliquots of
143 bacterial stock solutions (300 μ l) were grown in 15 ml media at 37 °C, 200 rpm for 24 h.
144 Aliquots of the overnight growths (300 μ l) were added to 12 ml media and grown again at 37 °C,
145 200 rpm for 4 h before use. The growing cultures were monitored by optical density
146 measurements at 660 nm (OD_{600}) and diluted with fresh media to reach an OD_{600} of 0.2 which
147 was approximately 1×10^8 cfu/ml. An aliquot of the culture, 100 μ l, was mixed with 10 ml fresh
148 media containing 0.1% Tween 80. The ester stock ester solutions were added to each well for
149 final concentrations of 0.05, 0.1, 0.5, 1, 3, and/or 5 mg/ml and each well contained a total of 0.5
150 ml. Controls contained the same concentration of ethanol or DMSO as the treatments. Each
151 treatment and control was performed in triplicate and replicated three times. A paired T- test was
152 used to compare the treatments with the controls at each concentration to determine if the
153 treatments were significantly different from the controls. All controls and treatments were plated
154 on appropriate agar and incubated at 37°C for 24 hrs to obtain plate counts. The MIC of each
155 compound was determined as the lowest concentration which showed a significant difference in
156 the number of cells in treatments as compared to those in controls as determined by plate counts.
157 Similarly, the MBC of each compound for each organism was reported as the minimum
158 concentration of ester at which there was no cell growth as determined by plate counts.

159

160 **3. Results**

161 *3.1 Minimum inhibitory concentrations (MIC) of lactose esters*

162 In our earlier work, we showed that the novel lactose ester, LML (in 50% ethanol:water)
163 was antimicrobial towards *L. monocytogenes* and *M. KMS*, but had no activity against Gram-
164 negative bacteria (Wagh et al., 2012). In this study, additional lactose esters, LMO, LMD, and
165 LMM were synthesized, and along with LML, were dissolved in both ethanol and DMSO, and
166 tested for microbial inhibitory activity against Gram-positive bacteria and *E. coli O157:H7*. The
167 control samples contained the same concentration of solvent as the treatments.

168 The MIC values of the lactose esters against various Gram-positive bacteria are listed in
169 Table 2. LML was found to be the most effective microbial inhibitory ester since it showed MIC
170 values (<0.05 to <5 mg/ml) for each Gram-positive bacteria tested in each solvent. On average,
171 there were lower MIC values with LML/ETOH for *M. KMS*, *L. monocytogenes* and *E. faecalis*.
172 The MIC for LML/DMSO with *E. faecalis* was 5 mg/ml, which was the highest MIC value for
173 LML among the bacteria tested.

174 The MIC values of LMD/DMSO ranged from <1 to <3 mg/ml for *B. cereus*, *M. KMS* and
175 *S. suis*. The MIC for LMD/DMSO for *L. monocytogenes*, *E. faecalis* and *S. mutans* was above 5
176 mg/ml. The MIC values for LMD/ETOH ranged from <3 to <5 mg/ml with no MIC values for *S.*
177 *mutans*. Ethanol itself was inhibitory, specifically with *M. KMS* which showed no cells in the
178 control or treatment with 5 mg/ml LMD/ETOH (corresponding to 10% ethanol), therefore, no
179 MIC could be determined. LMD/ETOH inhibited the growth of *L. monocytogenes* and *E.*
180 *faecalis* while LMD/DMSO showed no inhibitory effects on these bacteria.

181 LMM in DMSO showed inhibitory activity against *B. cereus*, *M. KMS* and *S. suis* with
182 MIC values between <1 mg/ml and <5 mg/ml. However, the MIC values for LMM with *L.*
183 *monocytogenes*, *E. faecalis* and *S. mutans* were >5 mg/ml.

184 LMO/ETOH showed no inhibitory effect at concentrations up to 5 mg/ml but
185 LMO/DMSO was inhibitory to *B. cereus*, *S. suis* and *L. monocytogenes*. *S. suis* and *L.*
186 *monocytogenes* were more sensitive with MIC values <3 mg/ml than *B. cereus* with an MIC
187 value <5 mg/ml. No ester dissolved in either DMSO or ethanol showed microbial inhibitory
188 activity against the Gram-negative bacteria tested (*E. coli* O157:H7).

189

190 3.2 Minimum bactericidal concentrations (MBC) of lactose esters

191 The MBC of the lactose esters are reported in Table 3 as well as the log reductions in the
192 treatments as compared to the controls. No esters showed bactericidal activity against *S. mutans*.
193 Out of the 4 compounds tested, LML was the only lactose ester to exert a bactericidal effect
194 against *B. cereus*, *M. KMS*, *S. suis* and *L. monocytogenes* in both solvents used. The MBC values
195 of LML/DMSO were <1 mg/ml for *B. cereus*, *M. KMS*, and *S. suis*. MBC concentrations of
196 LML were lower in DMSO compared to ethanol for *B. cereus* and *S. suis*.

197 In tests against the Gram-positive bacteria, LMD/ETOH showed broad antimicrobial
198 activity against *B. cereus*, *S. suis* and *L. monocytogenes* and *E. faecalis* with MBC values
199 between <3 mg/ml and <5 mg/ml. However, LMD/DMSO was not shown to be bactericidal to *L.*
200 *monocytogenes* or *E. faecalis* at concentrations up to 5 mg/ml. Furthermore, bactericidal activity
201 of ethanol was shown against *M. KMS*, with no cells growing in the control or treatment at 10%
202 ethanol as stated earlier for the MIC values. LMM/DMSO was effective against *B. cereus*, *M.*
203 *KMS* and *S. suis* with MBC values between <3 and <5 mg/ml.

204 LMO/ETOH showed no bactericidal effects up to concentrations of 5 mg/ml whereas
205 LMO/DMSO was only shown to have bactericidal activity against *B. cereus* at <5 mg/ml.
206 DMSO was itself inhibitory towards *S. suis* with no growth in the treatment of controls with

207 LMO/DMSO containing 8% DMSO, therefore no MBC could be determined. *S. mutans* and *E.*
208 *faecalis* were observed to be the most resilient among the bacteria tested and *B. cereus* was the
209 most susceptible. Only LMD/ETOH was observed to be bactericidal against *E. faecalis*.

210

211 **4. Discussion**

212 Carbohydrate fatty acid derivatives are biodegradable, nontoxic and non-skin irritant
213 surfactants with microbial inhibitory activity (Szuts et al., 2012). The microbial inhibitory
214 properties of these derivatives are increasingly of interest and many of these compounds have
215 been shown to inhibit Gram-positive rather than Gram-negative bacteria (Piao et al., 2006; Wagh
216 et al., 2012). This study evaluated both microbial inhibitory and bactericidal properties of lactose
217 esters. LML was shown to be the most effective lactose ester in preventing microbial growth,
218 yielding the lowest MIC values in the range of <0.05 mg/ml to <5 mg/ml (0.095 mM to <9.53
219 mM) against each Gram-positive bacteria tested. Moreover *B. cereus* and *S. suis* appeared to be
220 the most susceptible with MIC values obtained for each ester tested, and the lowest MIC value
221 was obtained with LML/ETOH and *M. KMS* (<0.05 mg/ml or <0.095 mM). With regards to
222 previous studies of bacterial inhibition with lactose esters, LML/ETOH showed inhibitory
223 activity against *L. monocytogenes* at concentrations of 0.1 mg/ml (0.19 mM) (Wagh et al., 2012).
224 Similar microbial inhibitory effects of LML were observed in another study in which
225 LML/ETOH inhibited the growth of *L. monocytogenes* in milk, low fat yogurt and cheese at <5
226 mg/ml (Chen et al. 2013).

227 It is known that the identity of the sugar group attached to the ester plays a role in
228 modulating the antimicrobial activity [3, 7]. The antimicrobial effect of sugar esters has
229 traditionally be measured and reported as MIC values, with no MBC values given. Smith et al.,

230 (2008) and Nobmann et al., (2009) reported MIC values in the range of 0.04 mM to 0.31 mM for
231 lauric methyl D-glucopyranoside and lauric ester of methyl α -D-mannopyranoside with *S. aureus*
232 and *Listeria* strains. Watanabe et al. (2000) also showed inactivation of *S. mutans* by both
233 galactose laurate and fructose laurate, with MIC values of 0.05 mg/ml and 0.2 mg/ml
234 respectively, whereas hexose laurate did not suppress microbial growth. In a similar study,
235 inhibitory effects of the sugar esters 6'-O-lauroylmaltose, 6'-O-lauroylsucrose, and 6''-O-
236 lauroylmaltotriose were observed against *Streptococcus sobrinus*, with MIC values of 0.1 mg/ml
237 (Devulapalle et al., 2004). Therefore, laurate sugar esters have previously been shown to be
238 microbial inhibitory against Gram-positive bacteria.

239 The importance of the fatty acid was investigated in this study using octanoic, decanoic,
240 lauric, and myristic acids esterified to lactose. LMM and LMD were effective in controlling the
241 growth of *B. cereus*, *M. KMS* and *S. suis*. Previous research showed that erythritol and xylitol
242 monomyristoyl suppressed *Bacillus* growth with MIC values between 6.3 μ g/ml and 12.5 μ g/ml
243 (Piao et al., 2006), which are lower than reported here. As for short chain esters, Zhang et al.,
244 (2014) reported that sucrose and glucose octanoate had no inhibitory effect against *S. aureus* and
245 *E.coli* H7:O157. In contrast, we showed LMO/DMSO to have microbial inhibitory activity
246 against *B. cereus*, *S. suis* and *L. monocytogenes* with MIC values ranging from 3 mg/ml to 5
247 mg/ml respectively.

248 Zhang et al., (2014) reported that sucrose and glucose monodecanoate showed inhibitory
249 effects against *S. aureus* at 4 mg/ml and 3 mg/ml, respectively. In a similar study, Smith et al.,
250 (2008) and Nobman et al., (2009) reported that a glucose fatty acid ether containing decanoic
251 acid showed the greatest activity against *S. aureus* and *Listeria* at concentrations of 0.04 mM but
252 was effective against *E. coli* at 20 mM. In this study, we showed that LMD had MIC values for

253 all bacteria tested except *S. mutans*, although the MIC values were solvent dependent for *M.*
254 *KMS*, *L. monocytogenes* and *E. faecalis*.

255 Our previous research (Wagh et al., 2012) showed that LML was not inhibitory to the
256 Gram-negative bacteria, *E. coli* O157:H7, *Salmonella enterica* or *Klebsiella pneumonia* and this
257 study showed that the other esters (LMO, LMD and LMM) were not inhibitory to *E. coli*
258 O157:H7 (data not shown). On the other hand, there are a limited number of studies showing
259 microbial inhibitory properties of sugar esters against Gram-negative bacteria. Ferrer et al.,
260 (2005) and Habulin et al., (2008) both reported limited inhibition of *E. coli* by sucrose
261 monolaurate with MIC values of 4 mg/ml and 6.25 mg/ml respectively. Zhang et al., 2014)
262 showed that methyl α -D-glucopyranoside monolaurate was effective in inhibiting the growth of
263 both *S. aureus* and *E. coli* O157:H7 at a concentration of 0.188 mg/ml.

264 Compared to the amount of literature on the microbial inhibitory properties of sugar
265 esters, there is very little information about the effects of the solvent used. Previous studies on
266 microbial inhibitory activities of sugar esters involved dissolving sugar esters into an ethanol
267 solution (Smith et al., 2008; Nobmann et al., 2009; Wagh et al., 2012; Chen et al., 2013) or
268 DMSO (Ferrier et al., 2005) before diluting into growth media. Others have added esters directly
269 into growth media (Devulapalle et al., 2004; Piao et al., 2006). All of the esters used in the
270 current study were soluble in a 50% ethanol solution except LMM; therefore, we only tested
271 LMM in DMSO. Previous studies with LML showed that final ethanol concentrations greater
272 than 7.5% were microbial inhibitory towards *L. monocytogenes* (Chen et al., 2013). In this study
273 we found that 10% ethanol was antimicrobial to *M. KMS* and 8% DMSO was
274 antimicrobial/inhibitory to *S. suis*. The effect of the solvent on the cell growth can be observed
275 by the log reductions in Table 3, specifically for *S. suis* with LMM/DMSO and LMO/DMSO.

276 In general, the MIC values of the LML/ETOH treatments were lower than the
277 LML/DMSO treatments suggesting compounding stress of both LML and ethanol lead to growth
278 inhibition as suggested by Chen et al., (2013). Similar results are seen with LMD/ETOH, where
279 MIC values were obtained for *L. monocytogenes* and *E. faecalis*, but not with LMD/DMSO.
280 Conversely, the MBC values of LML/DMSO were lower or equal to the LML/ETOH values.
281 Therefore, the effect of ethanol on the MBC values is not understood.

282

283 **5. Conclusions**

284 The results suggest that the chain length of the fatty acid ester significantly influences the
285 microbial inhibitory and bactericidal activity of lactose esters towards Gram-positive bacteria.
286 Lactose esters containing decanoate and laurate were more microbial inhibitory than esters
287 containing octanoate and myristate. No esters inhibited the growth of the Gram-negative
288 bacteria *E. coli O157:H7*. The solvent used to dissolve the esters influenced the microbial
289 inhibitory activity for some bacteria. Ethanol (>7.5%) and DMSO (<8%) inhibited the growth of
290 *L. monocytogenes* and *S. suis* respectively. Additional research on the microbial inhibitory
291 activity of these esters in food systems without the need to prior dissolve in either ethanol or
292 DMSO is needed.

293

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297

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345 Table 1. Microorganisms and growth media used in this study

Microorganism	ATCC no./serovar	Gram reaction ^a	Growth medium
<i>Bacillus cereus</i>	13061	+	BHI
<i>Mycobacterium</i> sp. strain KMS	NA	+	LB
<i>Streptococcus suis</i>	89/1591	+	BHI
<i>Listeria monocytogenes</i>	EGDe	+	BHI
<i>Listeria monocytogenes</i>	FSL J1-177	+	BHI
<i>Listeria monocytogenes</i>	FSL N3-013	+	BHI
<i>Listeria monocytogenes</i>	FSL R2-499	+	BHI
<i>Listeria monocytogenes</i>	FSL N1-227	+	BHI
<i>Enterococcus faecalis</i>	V538	+	BHI
<i>Streptococcus mutans</i>	FSL R2-499	+	BHI
<i>Escherichia coli</i> O157:H7	EDL 931	-	LB

346 ^a +, positive; -, negative

347 NA = not available

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355 Table 2. Minimum inhibitory concentrations of lactose esters as both mg/ml and mM

356 concentrations. Esters were tested at concentrations up to 5 mg/ml.

	LMO DMSO	LMD DMSO	LMD ETOH	LML DMSO	LML ETOH	LMM DMSO
<i>B. cereus</i>	<5 mg/ml <10.7 mM	<3 mg/ml <6.0 mM	<3 mg/ml <6.0 mM	<1 mg/ml <1.9 mM	<1 mg/ml <1.9 mM	<1 mg/ml <1.8 mM
<i>M. KMS</i>	No	<1 mg/ml <2.0 mM	X ¹	<1 mg/ml <1.9 mM	<0.05 mg/ml ² <0.095 mM	<5 mg/ml <9.0 mM
<i>S. suis</i>	<3 mg/ml <6.4 mM	<3 mg/ml <6.0 mM	<5 mg/ml <10.1 mM	<1 mg/ml <1.9 mM	<1 mg/ml <1.9 mM	<3 mg/ml <5.4 mM
<i>L. monocytogenes</i>	<3 mg/ml <6.4 mM	No	<3 mg/ml <6.0 mM	<3 mg/ml <5.7 mM	<0.1 mg/ml ² <0.19 mM	No
<i>E. faecalis</i>	No	No	<5 mg/ml <10.1 mM	<5 mg/ml <9.5 mM	<1 mg/ml <1.9 mM	No
<i>S. mutans</i>	No	No	No	<1 mg/ml <1.9 mM	<3 mg/ml <5.7 mM	No

357 X¹ = no growth in treatment or control at 5 mg/ml358 ²Data obtained from Wagh et al., 2012.

359 No = No growth inhibition

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365 Table 3. Minimum bactericidal concentration of lactose esters as both mg/ml and mM
 366 concentrations. Esters were tested at concentrations up to 5 mg/ml. The log reductions of the
 367 treatment samples compared to the controls are given as log values.

	LMO DMSO	LMD DMSO	LMD ETOH	LML DMSO	LML ETOH	LMM DMSO
<i>B. cereus</i>	<5 mg/ml <10.7 mM 7 log	<3 mg/ml <6.0 mM 9 log	<5 mg/ml <10.1 mM 7 log	<1 mg/ml <1.9 mM 7 log	<5 mg/ml >9.5 mM 8 log	<3 mg/ml <5.4 mM 8 log
<i>M. KMS</i>	No	<1 mg/ml <2.0 mM 8 log	X ¹	<1 mg/ml <1.9 mM 7 log	<1 mg/ml ² <1.9 mM 4 log	<5 mg/ml <9.0 mM 8 log
<i>S. suis</i>	X ¹	<3 mg/ml <6.0 mM 7 log	<5 mg/ml <10.1 5 log	<1 mg/ml <1.9 mM 7 log	<5 mg/ml <9.5 mM 8 log	<5 mg/ml <9.0 mM 2 log
<i>L. monocytogenes</i>	No	No	<3 mg/ml <6.0 mM 6 log	<5 mg/ml <9.5 mM 8 log	<5 mg/ml ² <1.9 mM 5 log	No
<i>E. faecalis</i>	No	No	<5 mg/ml <10.1 mM 4 log	No	No	No
<i>S. mutans</i>	No	No	No	No	No	No

368 X¹ = no growth in treatment or control at 5 mg/ml

369 ²Data obtained from Wagh et al., 2012.

370 No = No MBC value