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You will need:

4-ply worsted weight yarn (3 oz. for largest size, 2 oz. for other sizes)
Knitting needles size 8 or size needed for gauge
Gauge 9 sts = 2”
Sizes: Medium to large-women’s sizes 7 & over
Small-women’s 5 and 6
Children’s 4 to 6 years

The number of stitches and measurements are given for the largest size with the two smaller sizes following in parentheses.

Cast on 42 (36, 30) sts.
Work in garter stitch (knit every row) until piece measures 4 1/2" (3 1/2", 2 3/4") long.
Bind off 6 (6, 4) sts at beginning of the next two rows. (This makes the cuff)

Work in ribbing of K1, P1, until ribbed part measures 4 1/2" (3 1/2", 2 3/4"). (Toe)

Cut yarn, leaving about 18”. Thread yarn into tapestry needle and run needle and yarn through the loops on the knitting needle. Pull up tightly and fasten securely, then fold and sew up edges of ribbed section. Sew up heel end. Trim with a pompom.