This fact sheet describes the complex relationship between forests and climate change based on current research. We explain ways that trees can mitigate some of the risks associated with climate change. We detail the impacts that forests are having on the changing climate and discuss specific ways that trees can be used to reduce or counter carbon emissions directly and indirectly.

Trees and Climate Change

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What is Climate Change?

Over the last 650,000 years, the earth has experienced seven cycles of glacial advance and retreat. The earth’s climate fluctuates naturally; however, we are in a very real and significant warming trend that is human caused and temperatures are increasing faster than previously observed warming cycles.

Greenhouse gases

Scientific consensus indicates that significant increases in greenhouse gas emissions by humans are causing climate change. Greenhouse gases include nitrous oxide, water vapor, methane, and carbon dioxide. They become trapped in the earth’s atmosphere and retain heat, which sometimes is called the “greenhouse effect.” Although greenhouse gases can be produced naturally, human activity cause emissions of...
large amounts of greenhouse gases, especially carbon dioxide. The main sources of carbon dioxide produced by humans include the burning of coal and oil in power plants, gasoline emissions from automobiles, and the conversion of forests for agriculture or other development. Greenhouse gas emissions are now increasing at such a rate that a warming climate is almost certain, and depending on whether humans alter their behavior or not, this warming climate will likely have severe consequences for us and for the future of our planet.

The use of fossil fuels to generate electricity is the largest source of atmospheric carbon dioxide emissions in the U.S. The EPA estimates that fossil fuel combustion accounted for approximately 30% of total U.S. greenhouse gas emissions and 37% of the total U.S. carbon dioxide emissions in 2014. Consumer demand for and consumption of electricity is also growing. Energy-related carbon dioxide emissions increased by 50 million metric tons (MMmt) from 5,355 MMmt to 5,406 MMmt in 2014 (U.S. Energy Information Administration, 2015). In 2014, the electricity sector was the largest source of greenhouse gas emissions in the United States and greenhouse gas emissions increased by 7% since 1990 (U.S. Energy Information Administration, 2015).

Changing Climate

Climate change is already altering weather patterns. The World Meteorological Organization found that the years 2011-2015 were the warmest 5-year period on record. According to NOAA, 2016 was the second warmest year on record for the continental United States, with every state warmer on average and with precipitation above average for the year. Rising temperatures come with big consequences, including longer growing seasons, later first-frost dates, changes in precipitation patterns including more precipitation falling as rain and less as snow, increasing frequency and severity of droughts and heat waves, and an increase in the frequency, duration, and intensity of hurricanes. Hardest hit, perhaps, are impoverished countries in the equatorial zone.

Water scarcity is already a major problem for many countries in the subtropics. Exacerbating these impacts are climate predictions that expect even more severe droughts are likely to occur in these
regions. Countries located along the equator are often dependent on agriculture, fisheries and forestry for livelihood. In addition to having a lack of sufficient water available, these regions are predicted to become significantly hotter, not only making such areas potentially uninhabitable, but threatening the ecosystem services that many of these people rely on to live. Sea levels have risen more than 6 inches in the last century, and are predicted to rise another 1-4 feet by 2100. Climate scientists estimate that the current warming patterns may lead to an ice-free arctic by 2050 (Notz & Stroev, 2016).

**Combating Climate Change with Trees**

In the past two decades carbon dioxide levels have risen to unprecedented levels in the atmosphere, and they continue to rise. There are two ways people can change this trend: 1) reabsorbing carbon dioxide from the atmosphere, or 2) reducing carbon dioxide (and other greenhouse gas) emissions. Trees can help us do both.

**Trees for carbon absorption and long-term carbon storage**

Planting and retaining urban and rural trees and forests is an easy way to absorb carbon dioxide from the atmosphere because trees incorporate carbon dioxide through the process of photosynthesis. Some of the absorbed carbon dioxide is used for energy and re-released to the atmosphere, but most of it is transferred to the stem and other parts of the plant where it is stored, mostly as wood. The tree then becomes a carbon ‘pool’ or ‘sink’ which stores carbon for as long as the tree has a physical form. For example, if a tree is harvested and used to construct a building, the stored carbon remains ‘locked up’ in the structure. All plants store carbon as they undergo photosynthesis, but trees, shrubs, and woody vines live longer, and therefore store the carbon longer. Annuals such as corn, tomatoes, and some grasses also serve as carbon sinks, but only for a year, at which point they release their carbon as they die and decay or when they are burned in a fire. Some of their stored carbon lingers on in the soil, but most goes back into the atmosphere quickly.

In the U.S. forests cover approximately 33% of the land (Smith et al. 2009). The Forest Carbon Accounting Framework (FCAF) was created in 2015 by the USDA to quantify the amount of carbon in U.S. forests and to measure the effects of land use changes such as conversion of forest to agriculture, expanding development, disturbances such as fire,
and changing patterns of forest growth on this carbon pool. For example, this framework considers the effects of forest age on carbon pools because bigger, older trees are significant carbon sinks, yet they absorb carbon dioxide slower than smaller, younger trees which grow faster, thereby taking carbon from the atmosphere at a faster rate than older trees. From 1990 to 2015, 204.9 teragrams (Tg) of carbon have been stored every year in U.S. forests. One Tg is equal to 1,000,000 metric tons. The total U.S. forest carbon stock is 90,000 Tg. This means that it would take 67 years for cumulative U.S. fossil fuel emissions to equal the carbon stored in U.S. forests (Woodall, et al. 2015). At the current rate, U.S. forests offset about 15% of
domestic carbon dioxide created by fossil fuel combustion each year (Woodall, et al. 2015).

Forests covered 31% of the world’s land area in 2010, with the most forest-rich countries being Russia, Brazil, Canada, U.S., and China. From 1990-2007, global forests sequestered approximately 1.1 billion tons of carbon per year. This was equivalent to 14% of global emissions over that same time period (Pan et al. 2011). Conserving these valuable resources makes sense from a carbon standpoint, as well as for many other reasons. It may even be possible to grow more forests to offset the impacts of climate change. Additional efforts could be targeted toward increasing reforestation efforts (planting forests in areas that were formerly forested) or promoting afforestation (planting forests where they didn’t previously exist).

"Ecologist and carbon cycle expert at Woods Hole Research Center, Dr. Richard A. Houghton estimates that aggressive rural forest management could offset half of the current carbon emissions on earth over the next decade."

Ecologist and carbon cycle expert Dr. Richard Houghton, from the Woods Hole Research Center, estimates that aggressive rural forest management, including tree planting, could offset half of the current carbon emissions on earth over the next decade. Houghton suggests a few management tactics:

1) Halt tropical deforestation – tropical rainforest destruction is the second largest source of carbon dioxide emissions, behind burning fossil fuels

2) Decrease the clearing of forests for development

3) Allow cleared areas to regrow, especially with woody shrubs and trees

4) Use the latest forestry research to plant trees strategically in areas where they are likely to flourish, with minimal inputs while maximizing their carbon storage potential. Growing trees that are native to an area increases the likelihood that they will succeed and create the strongest possible carbon sink

5) Planting and retaining trees in urban areas; the values of urban trees are financial, ecological, and they even can improve people’s physical and mental health

Houghton’s emphasis on the absorption of carbon by tropical forests as a fix for climate change might work, but for it to work there will need to be equal effort expended to both aggressively manage these forests AND reduce carbon emissions. Houghton estimates that there is a 75% likelihood of avoiding warming the earth’s temperatures by 2°C by doing the following: 1) removing 5 Pg (petagrams) of carbon per year from the atmosphere over the next 10 years through forest management, 2) holding fossil fuel emissions constant for the same 10-year period, and 3) reducing net emissions to 20% of 2014 emission levels by 2050 and eventually to zero by 2100. These estimates are based on forest management tactics that would create sinks of carbon in tropical forests.

Urban trees in the U.S. store a total of 708 million tons of carbon, or 12.6% of annual U.S. carbon
emissions, and this has an environmental benefit worth $1.5 billion a year to our economy (Nowak et al. 2013). However, urban trees only capture 28.2 million tons of carbon per year, and this is only 0.05% of our total annual carbon emissions.

**Trees to reduce energy demand**

The usefulness of urban trees in combating climate change is not so much in absorbing carbon dioxide as it is in using them to reduce our carbon footprint. More than half the world’s population lives in cities, so by strategically choosing and placing urban trees, we can have big impacts on energy consumption, thereby reducing the carbon footprint of cities and urban centers. The following simple suggestions all involve reducing energy consumption using trees. By establishing 100 million mature trees around residences in the U.S., we could save $2 billion a year in energy costs, along with reducing the associated carbon dioxide emissions (Akbari et al. 1988, 1992, Donovan & Butry, 2009).

**Plant trees for shade**

Thoughtful tree placement can reduce cooling costs by 30% in the summer, and heating bills by 20-50% in the winter. The east and west sides of buildings receive the most solar radiation in the summer. In the winter, southern walls receive the most solar gain. To maximize the warming capacity of the sun in winter, plant trees at least 2.5 times their mature height to the southeast, south, and southwest of your home to avoid winter shading. For summer shading, plant trees with mature heights of at least 25 feet. Experts suggest planting these 10-20 feet east and west of your home. Trees cool buildings by casting shade with their canopies, and they also cool the air through transpiration of water vapor from their leaves. Shade on the west side of your home is especially important in the afternoon and evening (between 3 and 7 p.m.) as it will have the largest impact on cooling efficiency. Air conditioners also run more efficiently when kept in the shade. When possible, plant trees in areas where you can shade your air conditioner, while allowing for air movement.

**What is a carbon footprint?**

A person’s carbon footprint is the total amount of greenhouse gases produced to support their activities. For example, every time you use electricity produced through the burning of fossil fuels, drive a car, or dispose of organic waste, you emit greenhouse gases. You can calculate your carbon footprint with the calculator on the EPA’s website: https://www3.epa.gov/carbon-footprint-calculator/.

**Landscaping for Shade**

- **Shading** is the most cost-effective way to reduce solar heat gain in your home and cut air conditioning costs.
- To effectively shade your home, you need to know the size, shape and location of the shadow that your shading device casts.

**FACT:** In tree-shaded neighborhoods, the summer daytime air temperature can be up to 6 degrees cooler than in treeless areas.

**#DidYouKnow:** A well-planned landscape can reduce an unshaded home’s air conditioning costs by 15-50 percent.

Image Credit: The Department of Energy
Plant trees to control wind

Tree and shrub windbreaks can reduce your energy demands for heating and cooling by up to 30% by reducing infiltration of cold winds in the winter and hot winds in the summer. Evergreen trees and shrubs are good choices for windbreaks because they block the wind year-round. Plant trees and shrubs with canopies that extend to the ground, and plant upwind in the direction that the most troublesome winds come from. Often this wind direction will change from the winter to the summer.

Plant trees to control snow

Tree and shrub windbreaks can also control snow deposition, reducing the energy required to plow roads, parking lots, and driveways. Watch where the snow drifts and blows this winter and next spring, then plant a line of evergreen trees or shrubs upwind from that - this is sometimes called a living snow fence. Orient your living snow fence at right-angles to prevailing winter winds for the greatest success at blocking blowing and drifting snow. Be careful about windbreak placement in snowy areas however, as snow drifts will actually be deeper right next to the windbreak (within 2 to 4 times the height of the windbreak down wind).

How will climate change impact trees?

Climate change is predicted to lengthen growing seasons, which at first may appear positive for forests, but the story is complex. For example, warmer temperatures during the winter may harm or kill evergreens by causing them to lose water from their leaves while the soil is frozen. Warmer weather also increases the number of pest and pathogens that can affect trees in both urban and forest settings. Increased variability of temperature and precipitation extremes may make it difficult for some trees to survive due to abnormalities in biological phenomena, i.e., insect survival. Rising temperatures also cause an increase in summer transpiration, which stresses trees.

Forests and the Worldwide Effort to Combat Climate Change

An important result of the 2015 Paris climate talks, that included more than 150 world leaders, was the emphasis on the importance of preserving forests. The role of forests in combating climate change was formally recognized and many agreed that leaving forests intact or encouraging reforestation is one of the most practical and affordable methods to combat climate change. The new climate agreement set goals to reduce emissions from deforestation and degradation of global forests. As previously outlined, forests are carbon sinks, therefore promoting healthy forests will lead to the absorption of carbon dioxide and will help to alleviate impacts from carbon emissions.

Reducing energy consumption and increasing urban and rural forests are two key actionable items going forward. Planting trees and preserving existing forests will not eliminate excess carbon emissions, but these actions can play a role in helping reduce greenhouse gas emissions and mitigating negative effects of climate change.

Resources


Nowak, D.J., Greenfield, E.J., Hoehn, R.E., Lapoint, E., 2013. Carbon storage and
sequestration by trees in urban and community areas of the United States. *Environmental Pollution, 178*, 229-236.


