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## Contribution of a Novel Obligatory Heterofermentative Nonstarter Lactobacillus Species to Late Gassy Defect in Cheddar Cheese

Fatih Ortakci Utah State University

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#### CONTRIBUTION OF A NOVEL OBLIGATORY HETEROFERMENTATIVE

### NONSTARTER *LACTOBACILLUS* SPECIES TO LATE GASSY DEFECT IN

#### CHEDDAR CHEESE

by

Fatih Ortakci

A dissertation submitted in partial fulfillment of the requirements for the degree

of

#### DOCTOR OF PHILOSOPHY

in

Nutrition and Food Sciences

\_ \_

\_ \_

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> > 2015

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#### **ABSTRACT**

<span id="page-3-0"></span>Contribution of a Novel Obligatory Heterofermentative Nonstarter *Lactobacillus* Species

to Late Gassy Defect in Cheddar Cheese

by

Fatih Ortakci, Doctor of Philosophy

Utah State University 2015

Major Professor: Dr. Donald J. McMahon Department: Nutrition, Dietetics, and Food Sciences

This study sought to determine whether a recently isolated slow-growing nonstarter lactic acid bacterium, *Lactobacillus wasatchii* sp. nov., could be implicated in late gassy defect in Cheddar cheese. I demonstrated that *Lb. wasatchii* grows readily in the laboratory under cheese-like stress conditions of 5% salt and pH 5.2, and has the potential to survive pasteurization. *Lactobacillus wasatchii* can co-utilize ribose and galactose to maximize its growth. Due to being an obligatory heterofermentative, *Lb. wasatchii* produces  $CO<sub>2</sub>$  whenever it ferments a hexose such as galactose.

A second investigation extended these findings by examining the growth and gas forming characteristics of *Lb. wasatchii* in Cheddar cheese. The optimum growth of *Lb. wasatchii* and highest levels of gas production were observed in cheese supplemented with ribose plus galactose, and stored at 12°C rather than 6°C. *Lactobacillus wasatchii* also grew readily and produced gas in Cheddar cheese even without added ribose and

galactose, which corresponds with the ability of *Lb. wasatchii* to grow on starter cell lysate. A challenge still remains of how to easily enumerate *Lb. wasatchii* in cheese with a higher background population of other nonstarter lactic acid bacteria.

The third set of experiments explored the consequences on growth and gas production of *Lb. wasatchii* in Cheddar cheese made with *Streptococcus thermophilus*. Using *St. thermophilus* in cheesemaking results in galactose accumulation, which *Lb. wasatchii* then can utilize for growth, causing release of  $CO<sub>2</sub>$  with the end result of having blown Cheddar cheese. Results showed *Lb. wasatchii* or similar nonstarter lactic acid bacteria are likely to be particularly problematic in cheesemaking involving starter or adventitious *St. thermophilus*.

From these observations, it was concluded that *Lb. wasatchii* is a contributor to late gassy defect in Cheddar cheese and may be widely present as part of the nonstarter lactic bacteria population but has been undetected up until now. The late gassy defect is more pronounced at temperatures used for accelerated ripening of cheese and when there are substantial residual levels of galactose in the cheese. Thus, researchers and cheese manufacturers now must consider slow-growing obligatory heterofermentative nonstarter lactic acid bacteria when dealing with late gassy defect in cheese.

(199 pages)

#### **PUBLIC ABSTRACT**

<span id="page-5-0"></span>Contribution of a Novel Obligatory Heterofermentative Nonstarter *Lactobacillus* Species to Late Gassy Defect in Cheddar Cheese

#### Fatih Ortakci

Cheddar cheese is usually aged for 3 to 24 months at temperatures ranging from 5 to 13°C. Ripening at elevated temperatures hastens the process, reducing manufacturing costs and enabling manufacturers to bring the product to market more quickly. However, cheeses ripened at elevated temperatures sometimes exhibit late gassy defect that may cause a textural defect, commonly referred to as slit defect. This results in crumbling and losses during cutting of as much as 50%, making slit defect a major economic issue in the cheese industry. Moreover, loose or blown cheese packages are unsuitable for sale in the supermarkets due to the consumer rejection.

Recently, a previously unnamed lactic acid bacterium was isolated from an aged blown USU Cheddar cheese. The bacterium is named *Lactobacillus wasatchii* sp. nov., after the Wasatch mountain range in Northern Utah. The current research demonstrates that *Lb. wasatchii*, whose presence was unsuspected before, is a likely cause of late gassy defect in Cheddar cheese. Three experiments were conducted to explore this problem.

The first experiment showed that *Lb. wasatchii* grows well on sugars available in cheese (ribose, galactose) under conditions that mimic cheese ripening, namely a high salt and low pH environment. It also survives high temperature short time pasteurization  $(72^{\circ}$ C for 15 sec), which further implicates it in the late gassy defect in cheese.

A second experiment was conducted in which Cheddar cheese was manufactured with or without added *Lb. wasatchii* to cheese milk. Cheeses with added *Lb. wasatchii* had significantly higher gas formation compared to control cheeses, and the defect was greater at the elevated ripening temperature.

Finally, since cheesemakers often use a blend of starter cultures containing *Streptococcus thermophilus* to shorten the time required to make cheese, a third experiment was conducted to show that a gas-forming bacterium such as *Lb. wasatchii* can also produce gas in cheese made using *St. thermophilus* by utilizing accumulated galactose. Compared to control Cheddar cheese (no added *Lb. wasatchii*), cheese containing added *Lb. wasatchii* ripened at 12°C exhibited major textural defects and produced prodigious amounts of gas when *St. thermophilus* was included in the starter culture.

This research advances our understanding of late gassy defect in Cheddar cheese, implicating *Lb. wasatchii* as a likely contributor to late gas formation. Cheese manufacturers now must consider slow-growing, obligatory heterofermentative nonstarter lactic acid bacteria as a potential source of late gassy defect in Cheddar cheese.

### **DEDICATION**

<span id="page-7-0"></span>To my wife, who patiently stood by me through all of this, and to my children; there is no boundary and limit to what you can achieve.

#### **ACKNOWLEDGMENTS**

<span id="page-8-0"></span>I would like to express my deepest gratitude to my major advisor, Dr. Donald McMahon, for his expert guidance, caring, and patience throughout all of this. Without his support, I would never have made it through this experience. I would also like to thank my co-advisor, Dr. Jeff Broadbent, who allowed me to use his lab without any limitation and supported me with his brilliant ideas. It has been a great pleasure to receive direction from one of the best researchers in the field of lactic acid bacteria. To my dissertation committee members Drs. Craig Oberg, Conly Hansen, and David Britt for their support at every step of my program, I extend sincere thanks as well.

I want to thank my parents for teaching me the value of education and their continuous motivation and belief in me. Finally, I would like to thank my wife for her patience during whole my graduate school education. Without her support, this dissertation could never have been completed.

The research presented in this dissertation was funded by Western Dairy Center at Utah State University.

#### Fatih Ortakci

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## **LIST OF ABBREVIATIONS**



#### **CHAPTER 1**

#### **GENERAL INTRODUCTION**

<span id="page-15-1"></span><span id="page-15-0"></span>In many cheese varieties, gas production  $(CO<sub>2</sub>)$  by microorganisms may be desirable (e.g., eye production in Swiss and Dutch-type cheeses). In other types of cheeses such as Cheddar cheese any effects of gas formation such as holes, splits and cracks are undesirable. Unwanted gas production in cheese can fall into two categories: early blowing and late blowing. Early blowing, or gas production immediately after (or during) cheese manufacture is caused by bacteria such as coliforms that are present in milk either because of inadequate sanitation or use of unpasteurized milk (or otherwise heat-treated milk that kills such microorganisms). Late blowing refers to gas production that occurs later (2 months or more) during the aging process depending on storage temperature and other factors.

Coliforms are known to be major contributors to early gas production in raw milk cheeses. In aged Cheddar cheese, coliforms may be a cause of early gas production, particularly when there is a failure of the starter culture, such as by bacteriophage infection (Kleter et al., 1984; Mullan, 2000). High levels of coliforms can lead to defects in cheese during aging, which include early gas production, which leads to structural defects and negative impacts on cheese sensory quality. *Enterobacter aerogenes, Escherichia coli*, *Klebsiella aerogenes* has been shown to be problematic with respect to early gas production in cheese and found in raw milk (Alichanidis, 2007). Coliforms are acid sensitive and sensitivity is further increased with increased salt concentration and decreased water activity (Lawrence et al., 2004; Alichanidis, 2007).

The involvement of *Clostridium tyrobutyricum* in late gas production in brined cheeses such as Gouda has been well established (van den Berg et al., 2004). However, *Clostridium* would not be expected to cause problems in cheddar cheese of satisfactory salt, acid and moisture content (Hirsch and Grinsted, 1952; Kleter et al., 1984). Wild strains of urease-producing *Streptococcus thermophilus*-like bacteria can also produce gas in Cheddar cheese as they can grow in the regeneration section of pasteurizers such that relatively high levels may occasionally occur in pasteurized milk (Tinson et al., 1982; Mullan, 2000).

The focus of this research is on the late gas formation that occurs in Cheddar cheese on proper chemical composition (i.e., pH below 5.4 and salt-in-moisture content above 4.0%) as described by Lawrence et al. (2004) and Kleter et al. (1984) made from pasteurized milk, using properly sanitized equipment. Late gas formation in Cheddar cheese has been a recurring problem for over 100 years (Van Slyke and Hart, 1903). Occurrence of the defect tends to be sporadic and recurrent and has probably been experienced at most cheese making plants (Mullan, 2000). Late gas production has also been experienced in aged Cheddar cheese made in the Aggie Creamery at Utah State University. A new lactobacilli species was recently isolated from such cheese (unpublished data) that is suspected to be a cause for such gassy defect in ripening Cheddar cheese.

#### <span id="page-16-0"></span>**Cheddar Cheese Manufacture**

Cheddar cheese is a semi-hard cheese variety with a smooth body, close texture and clean nutty flavor (Varnam and Sutherland, 1994). It is the second most popular

cheese in the United States, behind mozzarella, with an average annual consumption of 9.43 lb per capita (Anonymous, 2014a). The United States produced ~3.2 billion lb in 2013 (Anonymous, 2014b). Cheddar cheese production for the month of April 2014 was 282 million lb (Anonymous, 2014c). The average Cheddar cheese price received for the month of April was \$2.24 per pound (Anonymous, 2014d). This relates to over seven billion dollars in sales of Cheddar cheese annually.

After the manufacture of Cheddar cheese, ripening is vital to change the rubbery, mildly tasty mass of fresh pressed curd into a homogenous mass with distinct flavor, aroma and body. For Cheddar cheese, aging for 3 to 12 month is common, during which operational costs and interest on capital cheese storage represent a significant portion of total cost (El Abboudi et al., 1991).

Any defects presented during ripening result in major economic losses for the cheese manufacturer. One such defect called "gassy" defect can be seen as openness of cheese texture or "blown wrappers" without texture change in cheeses aged longer than 3 months (Laleye et al., 1987). Gassy defect may create slits, cracks or voids in the cheese sometime during ripening but is not evident until the cheese is graded unless the cheese pack is loose. Even though this textural defect may not create a specific sensory defect, it may result in the inability of the producer to cut the blocks with uniformity and impacts the shredability of the cheese. If the defect is severe, the block will crumble upon cutting which can increase cutting losses from 10% (non-defective) up to 50% (Donnely et al., 2014). The time and money spent on the aging process is lost, therefore the cheese may

be sold at a lower price or used for processed cheese (Martley and Crow, 1996; Golnazarian, 2001).

#### <span id="page-18-0"></span>*Lactobacillus wasatchii*

The organism isolated from Utah State University Cheddar cheese is tentatively called *Lactobacillus wasatchii* isolate WDC04. *Lactobacillus wasatchii* is a slowgrowing organism and does not grow under conditions typically used for isolating and enumerating nonstarter lactic acid bacteria (**NSLAB**). Therefore, this organism and other obligatory heterofermentative (**OHF**) lactobacilli could have been overlooked because NSLAB enumeration and identification has been restricted to those lactic acid bacteria species that readily grow on MRS or Rogosa (sugar source is glucose) within 2 d at 30 or 37°C. Moreover, even with extended incubation times some lactobacilli species cannot form colonies in Rogosa agar (Anonymous, 2014e).

In studies on gassy defect in Cheddar cheese when coliforms and *Clostridium*  were not detected, gassiness has been attributed to OHF lactobacilli species; *Lactobacillus brevis* and *Lactobacillus fermentum*, or described as a slow growing unusual bacterium (Elliott et al., 1981). However, organisms similar to the newly isolated oligotrophic species *Lb. wasatchii* would not grow under the time, temperature and media conditions used by previous researchers studying gassy defect in cheese.

The current research is focused on understanding the growth and gas-forming characteristics of *Lb. wasatchii* which is an OHF lactic acid bacterium meaning that when it utilizes hexoses for energy it produces equimolar amounts of  $CO<sub>2</sub>$ , lactate, acetate/ ethanol through pentose phosphate pathway (Axelsson, 2004). The inability for this

organism to be detected (or enumerated) using standard methods used in the past, suggests that *Lb. wasatchii* or similar OHF lactic acid bacteria may be a widespread cause of late gas formation in Cheddar cheese.

Because past efforts for trying to identify the cause of late gas formation in Cheddar cheese have overlooked slow-growing OHF lactic acid bacteria, such as *Lb. wasatchii*, researchers have always had an incomplete understanding of microbiota of cheese and an incomplete list of potential causes of late blowing. This research will provide a major step forward in solving unwanted gas production in Cheddar (and similar) cheese. It will provide tools for identifying, enumerating and understanding OHF lactobacilli in cheese that have previously been overlooked, and whose presence was unsuspected. This will provide new insights for the cheese industry to solve problems of unwanted gas production in cheese. This would reduce the amount of cheese downgraded because it is unsuitable for slicing, and reduce the occurrence of puffy packs of shredded cheese that would be unsuitable for sale.

#### <span id="page-19-0"></span>**Hypothesis and Objectives**

We hypothesized that growth of a slow-growing obligatory heterofermentative nonstarter lactic acid bacterium such as *Lactobacillus wasatchii* in Cheddar cheese is a principal cause of late gas formation.

Efforts to explore this hypothesis focused on the following objectives:

Objective 1. Determine the growth characteristics of *Lb. wasatchii* as a function of temperature, sugars, salt, pH, and presence of starter cell lysate.

- Objective 2. Manufacture cheese with added *Lb. wasatchii* and determine the effect on gas production when the cheese is made using *Lactococcus lactis* subsp. *lactis*/*cremoris* starter culture and influence of added galactose and ribose.
- Objective 3. Manufacture cheese with added *Lb. wasatchii* and determine the effect on gas production when the cheese is made using *Streptococcus thermophilus* starter culture.

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#### **CHAPTER 2**

#### **LITERATURE REVIEW**

#### <span id="page-23-1"></span><span id="page-23-0"></span>**History of Late Gas Formation in Cheddar Cheese**

Until 1903, perhaps it wasn't explicit whether the gases are evolving from a ripening Cheddar cheese is a biological charecteristic of the cheese. Van Slyke and Hart (1903) placed cheese in an enclosed system in order to control and collect evolved gas. They treated the first cheese with chloroform to inhibit microbial growth and the second cheese was not treated with chloroform. They reported that there were very little  $CO<sub>2</sub>$ evolved from chloroformed cheese during the first three weeks of ripening and then gas evolution ceased, however, control cheese evolved  $CO<sub>2</sub>$  continuously. They concluded that the factor responsible for gas formation and textural defects was of a biological character of the cheese.

In 1939, gas problem and therefore slit openness had also been experienced in New Zealand Cheddar cheese. Sherwood (1939) is the first researcher who attributed the slit openness defect to the presence of gas producing lactobacilli and described the problem as "most troublesome defect in Cheddar cheese." He had been established that defective cheeses evolve more  $CO<sub>2</sub>$  than non-defective cheese, defective cheese contained larger OHF lactobacilli than non-defective cheese and finally inoculation of gas forming lactobacilli to the cheese milk leads to the development of slit openness. He claimed the species to be responsible for the condition is mostly *Lb. brevis* and, to a lesser degree, *Lactobacillus plantarum*.

Dorn and Dahlberg (1942) reported that gas production by ripening Cheddar cheese was more uniform and minimized when cheese was made from pasteurized rather than raw milk. Gas liberated by partially ripened cheese consisted of 90 to 95%  $CO<sub>2</sub>$  and 5 to 10% hydrogen. Tittsler et al. (1947) inoculated milk with *Lb. brevis* and reported the development of objectionable flavors due to the rapid growth of organism in the cheese but they did not mention about the textural defects caused by *Lb. brevis*. Similar results were also reported by Dacre (1953) that *Lb. brevis* added to cheese milk caused an objectionable "yeasty" flavor in the final cheese.

In 1981, an asporogenous slow growing organism was isolated in large numbers  $(10<sup>8</sup>)$  from a "blown" Cheddar cheese by Canadian researchers. Elliott et al.  $(1981)$ attributed the gas production in Cheddar cheese (usually from 9 to 12 mo of age) to this unusual bacterium which has similarities with *Lb. wasatchii* such as it was a slowgrowing, anaerobic, gram positive, catalase negative, heat resistant against pasteurization but nonspore forming, tolerates 6.5% NaCI, does not produce gas in Durham tubes in 5 d in common broths at 32°C and does not produce gas from citrate. It grows but forms small pinpoint translucent colonies on Rogosa and MRS agars. The researchers inoculated cheese milk with the suspect organism and the resulting cheese exhibited gassiness after 6 mo at 10°C and uninoculated control cheese did not. However, they were not able to monitor the growth of the organism due to not having tools to enumerate it from Cheddar cheese during ripening in the presence of starter and NLAB. Although researchers invited microbiologists to facilitate future identification of this unusual type of late gassing in Cheddar in order that the full extent of the problem be known and so

that a solution might be found, there is no follow up in the literature perhaps due to the difficulty to develop a method for such a slow growing organism.

Laleye et al. (1987) reported that in swollen and fissured Cheddar cheese, lactobacilli were very numerous and included a significant portion of heterofermentative types which may be responsible for gassy defect in these cheeses. However, they were not able to enumerate the OHF lactobacilli from cheese rather gave the total lactic acid bacteria counts on MRS, MRS (pH 5.5), Rogosa, and APT mediums. As a future work, researchers suggested that a more detailed characterization of the lactobacillus species in non-defective versus gassy Cheddar cheese may assist in development of effective methods for control of the cheese ripening process.

Laleye et al. (1990) reported that *Lb. brevis* and *Lb. fermentum* contributed largely to the production of copious quantities of  $CO<sub>2</sub>$  and hence to the openness of the cheese with a one exception of one strain of *Lb. brevis* at 7**°**C. They attempted to solve the open texture problem by employing the strains of facultative heterofermentative lactobacilli as adjunct cultures. Researchers concluded that the addition of certain strains of facultative heterofermentative lactic acid bacteria to cheese milk reduced the frequency of gas production and hence openness encountered during ripening when this problem was caused by inoculated or adventitious OHF lactobacilli.

Finally, in 2001, Golnazarian attributed the slit defect in Cheddar cheese to lactobacilli species. She employed several strains of *Lb. paracasei*, *Lb. plantarum* and *Lb. curvatus* (all facultative heterofermentative LAB isolated from defective cheese) in cheese making and investigated the influence of those cultures on slit defect. From

defective cheese samples 55% of the isolates were identified as *Lb. curvatus*, 43% were *Lb. paracasei* and 2% were *Lb. plantarum*. From non-defective cheeses, the majority of the isolates were identified as *Lb. paracasei* (63%) and the remaining 37% were *Lb. curvatus* (although this was only based on API 50 CHL identification system and not genomic analysis).

In 2005, another OHF lactobacilli species, *Lb. danicus*, was isolated from Danish cheese after 5 d of incubation at 30 **°**C in MRS agar by Danish researchers Adamberg et al. (2005). Similar to the *Lb. wasatchii*, it rapidly ferments ribose preferantially over glucose at 24 **°**C, and *Lb. danicus* had a shorter lag-phase when grown on ribose than when grown on N-acetyl glucosamine . The researchers also reported that *Lb. danicus* fermented only Ribose at 30 **°**C in CRM (Bioscreen) although, in API-50CH tests performed at the same temperature, glucose, lactose, galactose, and NAG are also fermented. It was suggested that the temperature 24  $\degree$ C is more favorable for the growth of *Lb*. *danicus* that is similar to our findings in *Lb. wasatchii* strain. However, the growth characteristics and gas formation of *Lb. danicus* strain in cheese has not been studied therefore the presence of that strain in a cheese cannot be correlated with gassy defect even though it is an OHF lactobacilli.

It is worth to mentioning here that some facultative hetereformentative (eg., *Lactobacillus casei*, *Lactococcus lactis subsp lactis biovar diacetylactis*) and obligative heterofermentative starter or adjunct LAB (*Leucocostoc dextranicus* and *Leuconostoc*   $citrovorum$ ) can produce  $CO<sub>2</sub>$  from citrate and have been implicated in the blowing of film-wrapped cheese or open textures (Overcast and Albrecht 1952; Robertson, 1957;

<span id="page-27-0"></span>Fryer et al., 1970) which is not the concern for the present study as they are deliberately added cultures.

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#### **CHAPTER 3**

# <span id="page-29-0"></span>**GROWTH AND GAS PRODUCTION OF A NOVEL OBLIGATORY HETEROFERMENTATIVE CHEDDAR CHEESE NONSTARTER LACTOBACILLI SPECIES ON RIBOSE AND GALACTOSE**

#### **ABSTRACT**

<span id="page-29-1"></span>An obligatory heterofermentative lactic acid bacterium, *Lactobacillus wasatchii* sp. nov., isolated from gassy Cheddar cheese was studied for growth, gas formation, salt tolerance and survival against pasteurization treatments at 63°C and 72°C. Initially, *Lb. wasatchii* was thought to only use ribose as a sugar source and we were interested in whether it could utilize galactose. Experiments to determine rate and extent of growth and gas production in carbohydrate restricted (CR) de Man, Rogosa, and Sharpe (MRS) medium under anaerobic conditions with various combinations of ribose and galactose at 12, 23, and 37°C were conducted with 23°C being the more optimum growth temperature of *Lb. wasatchii*. When grown on ribose (0.1%, 0.5%, and 1%), maximum specific growth rates ( $\mu_{\text{max}}$ ) within each temperature were similar. When galactose was the only sugar,  $\mu_{\text{max}}$  was 2 to 4 times lower than with ribose. At all temperatures, highest final cell densities (OD640) of *Lb. wasatchii* were achieved in CR-MRS plus 1% ribose, 0.5% ribose and 0.5% galactose, or 1% ribose combined with 1% galactose. Similar  $\mu_{\text{max}}$ values and final cell densities were achieved when 50% of ribose in CR-MRS was substituted with galactose. Such enhanced utilization of galactose in the presence of ribose to support bacterial growth has not previously been reported. It appears that *Lb. wasatchii* co-metabolizes ribose and galactose, utilizing ribose for energy and galactose

for other functions such as cell wall biosynthesis. Co-utilization of both sugars could be an adaptation mechanism of *Lb. wasatchii* to the cheese environment to efficiently ferment available sugars for maximizing metabolism and growth. As expected, gas formation by the heterofermenter was observed only when galactose was present in the media. Growth experiments with MRS plus 1.5% ribose at pH 5.2 or 6.5, with 0, 1, 2, 3, 4, or 5% NaCl revealed that *Lb. wasatchii* is able to grow under salt and pH conditions typical of Cheddar cheese (4 to 5% salt-in-moisture, ~pH 5.2). Finally, we found *Lb. wasatchii* cannot survive LTLT pasteurization but survives HTST lab pasteurization with 4.5 log reduction occurred. The ability of *Lb. wasatchii* to survive HTST pasteurization and grow under cheese ripening conditions implies that the presence of this nonstarter lactic acid bacteria can be a serious contributor to gas formation and textural defects in Cheddar cheese.

#### **INTRODUCTION**

<span id="page-30-0"></span>Lactic acid bacteria (**LAB**) present in ripening cheese include deliberately added starter LAB and a variety of adventitious LAB referred to as nonstarter LAB (**NSLAB**). The NSLAB gain access to cheese through the milk or processing environment (Naylor and Sharpe, 1958; Peterson and Marshall, 1990; Martley and Crow, 1993; Somers et al., 2000).

The predominant NSLAB in Cheddar cheese are facultative heterofermentative (**FHF**) lactobacilli and, less frequently pediococci or obligatory heterofermentative (**OHF)** lactobacilli (Jordan and Cogan, 1993; Crow et al., 2001; Banks and Williams, 2004). Presence of OHF lactobacilli are a particular concern because these microbes may

promote the development of undesirable flavor and body defects including gas formation in Cheddar cheese (Dacre, 1953; Laleye et al., 1987; Khalid and Marth, 1990). Unwanted gas formation in Cheddar cheese is a recurrent and widespread problem in dairy industry that has probably affected most cheese plants (Mullan, 2000). Our group recently isolated a new *Lactobacillus* species from a "gassy" Cheddar cheese after incubation on de Man, Rogosa, and Sharpe (**MRS**) agar for 35 d at 6 °C. This bacterium was designated as *Lactobacillus wasatchii* sp. nov. (unpublished data).

*Lactobacillus wasatchii* is an OHF species and therefore uses the pentose phosphate pathway (**PP**) to generate energy from pentose and hexose sugars. Its preferred sugar is ribose, though hexoses such as galactose are also potential energy source in cheese. More importantly, hexose sugars can be fermented by OHF to lactate, acetate/ethanol plus CO<sub>2</sub>, making *Lb. wasatchii* a potential contributor to gassy defect in Cheddar cheese.

This study explored growth characteristics of *Lb. wasatchii* with respect to ribose and galactose utilization, gas formation, tolerance to the salt and pH values found in Cheddar cheese, and its ability to survive pasteurization treatments. To our knowledge, this is the first report on growth and gas formation of a slow growing OHF lactobacilli species isolated as a NSLAB from a "gassy" Cheddar cheese.

#### **MATERIALS AND METHODS**

#### <span id="page-32-0"></span>**Materials**

Lactobacilli MRS broth, proteose peptone, polypeptone, beef extract, yeast extract, GasPak™ EZ, and agar were purchased from Becton Dickinson Inc. (Sparks, MD); ribose was donated by Bioenergy Life Science Inc. (Ham Lake, MN), UHT milk was from Gossner Foods Inc. (Logan, UT), Tween-80 and bromcresol purple were from Sigma-Aldrich Inc. (St. Louis, MO), dipotassium phosphate was from Fisher Scientific Inc. (Fair Lawn, NJ), sodium acetate trihydrate and diammonium citrate were from MallincKrodt Baker Inc. (Paris, KY), galactose, and triamonium citrate were from Alfa Aesar Inc. (Ward Hill, MA), magnesium sulfate was from Alfa Aesar Inc. (Heysham, England).

A carbohydrate-restricted version of MRS (**CR-MRS**) was prepared by the omission of glucose from the MRS broth formula. To 2 L of deionized water was added 20.0 g proteose peptone No. 3, 20.0 g beef extract, 10.0 g yeast extract, 2.0 g Tween-80, 4.0 g ammonium citrate, 10.0 g sodium acetate, 0.2 g magnesium sulfate, 0.1 g manganese sulfate, and 4.0 g dipotassium phosphate. The CR-MRS was supplemented with different levels of ribose and galactose to study growth properties of *Lb. wasatchii*.

#### **Bacterium and Growth**

Stock cultures of *Lb. wasatchii* were maintained at -80°C in MRS broth supplemented with 1.5% Ribose (**MRS+R**) and 10% glycerol. Working cultures was prepared by two successive transfers into 10 ml of MRS+R broth, with anaerobic incubation using GasPak™ EZ at 23°C for 40 h after each transfer. Growth of *Lb.* 

*wasatchii* was evaluated by inoculation of the working culture into 10 ml CR-MRS broth acidified to pH 5.20 with HCl and supplemented with 0.5 % galactose or ribose, 1.0% galactose, ribose, or a 0.50:0.50 combination) or 2.0% sugar (1% ribose plus 1% galactose). Optical density of the cell suspensions were followed at 640 nm after inoculation and every 12 h thereafter at 12, 23, or 37°C and during anaerobic incubation in jars containing GasPak™ EZ. Maximum specific growth rate (**max**) was calculated as the slope of the steepest linear portion of the growth rate curves. Broth samples containing Durham tubes were similarly prepared, inoculated, and incubated to test for gas production. Working cultures were prepared in duplicate for conducting growth curves and gas formation experiments.

To test NaCl tolerance of *Lb. wasatchii* at pH 5.2 or 6.5, *Lb. wasatchii* working cultures were prepared in triplicate and inoculated into MRS+R broth containing 0, 1, 2, 3, 4, or 5% (wt/wt) NaCl. Growth at 23°C under anaerobic conditions was followed by spectrophotometrical  $(OD_{600})$  measurements every 8 h until the stationary phase was reached.

#### **Thermotolerance**

The ability of *Lb. wasatchii* to withstand pasteurization treatment was assayed by heating 9.9 ml of UHT milk to 63°C and 72°C in sterile polypropylene tubes. Once the desired temperature was reached, each tube was inoculated with 0.1 ml of *Lb. wasatchii* working culture (prepared in triplicate) containing  $\sim 6 \times 10^8$  cfu/ml of and the samples held at 63<sup>o</sup>C and 72<sup>o</sup>C for 30 min or 15 s, respectively, then placed in a 31<sup>o</sup>C water bath (the set temperature commonly used for making Cheddar cheese) for 2 h. These

treatments were designed to mimic the high temperature short time (**HTST**) continuous pasteurization used in large-scale cheese operations and the low temperature long time (**LTLT**) batch pasteurization often used by small-scale artisan cheese makers. Samples were then plated on MRS+R agar in duplicate and incubated at 23<sup>o</sup>C anaerobically for 5 d.

#### **Statistical Analysis**

Statistical analysis of the effect of different temperature, sugar, pH, and NaCl treatments on µmax and final cell density of *Lb. wasatchii* were performed using PROC GLM in SAS (version 9.1, SAS Institute, Cary, NC) and differences between means determined using REGWQ multiple range test and Tukey Least Squares Means.

#### **RESULTS**

#### <span id="page-34-0"></span>**Growth**

**Ribose***.* Growth curves for *Lb. wasatchii* at 23, 37, and 12 °C in CR-MRS with ribose at pH 5.20 are represented in Figures 3.1A, 3.2A, and 3.3A, respectively. Within each temperature, significantly higher  $\mu_{\text{max}}$  values were observed when *Lb. wasatchii* was grown on CR-MRS plus ribose  $(P<0.05)$  compared to galactose as the sole sugar (Table 3.1). In the presence of 1% ribose,  $\mu_{\text{max}}$  of *Lb. wasatchii* was  $23^{\circ}\text{C} > 37^{\circ}\text{C} = 12^{\circ}\text{C}$ . When grown in the presence of 1.0% ribose at 12 an 23°C, exponential growth continued until final OD<sub>640</sub> levels of ~1.3 to 1.4 were reached (Table 3.2), with lower OD<sub>640</sub> achieved at lower sugar levels, indicating available sugars was a limiting factor on extent of growth. Less cell growth occurred at  $37^{\circ}$ C with OD<sub>640</sub> only reaching 0.75. Assuming that

exponential growth ends when the sugars are depleted, the lower final cell density at  $37^{\circ}$ C may be indicative that more of the energy obtained via fermentation is being used to maintain cell viability because of energy-intensive stress responses at the higher temperature.

**Galactose***.* When galactose was the only sugar, growth of *Lb. wasatchii* was slow (Figures 3.1B, 3.2B and 3.3B) with similar  $\mu_{\text{max}}$  of less than 0.01 at all temperatures (Table 3.1). Final cell densities were lower  $(P < 0.05)$  than when *Lb. wasatchii* was grown with ribose except when grown with the lowest sugar level  $(0.1\%)$  at 12 and 37 $^{\circ}$ C (Table 3.2). Slower utilization of galactose by *Lb. wasatchii* in the absence of ribose was expected, as we had previously seen that galactose did not provide a positive response on the API 50 CHL test even when held for longer than 48 h. With slower growth occurring with galactose as the only sugar, stationary phase in CR-MRS plus 0.5% galactose was only reached after 156 h at 23°C compared to 24 h in CR-MRS plus 0.5% ribose. At 37°C, the extent of bacterial growth remained low (final  $OD_{640} \le 0.22$ ) even when galactose level was increased to 1% (Table 3.2).

**Combined Ribose and Galactose.** When a 1:1 blend of galactose and ribose was used,  $\mu_{\text{max}}$  rate was not significantly different than for ribose alone (P<0.05), with only a slight difference observed when grown at 23°C (Figures 3.1, 3.2, and 3.3 and Table 3.1). In general, final cell densities were similar when total sugar content was the same (Table 3.2). This indicates that galactose utilization by *Lb. wasatchii* is slower when there is no ribose present but provides almost the same rate of growth as ribose when both sugars are present.
## **Salt Tolerance**

The growth characteristics of *Lb. wasatchii* grown in MRS+R with 0 to 5% NaCl at pH 6.5 and 5.2 are shown in Figures 3.4A and 3.4B, respectively. After 48 h, an  $OD_{600}$ of 2.0 was reached in all media except for 5% salt at pH 5.2 which had an OD<sub>600</sub> of 1.75 and only reached OD<sub>600</sub> of 2.0 after 60 h. At pH 6.5, there was a slight decrease in  $\mu_{\text{max}}$ when grown with 4% NaCl although this was not observed with 5% NaCl (Table 3.3). At pH 5.2, there was also significantly lower  $\mu_{\text{max}}$  at both 4 and 5% NaCl (P<0.05). Final cell densities were the same (OD<sub>600</sub> = 2.0) except at 5% NaCl with had final OD<sub>600</sub> of 1.96 (P<0.05). A combination of salt and lower pH causes a decrease in µmax, but *Lb. wasatchii* can grow in the same environment that occurs during Cheddar cheese ripening (~pH 5.2, 4 to 5% salt-in-moisture). Such salt tolerance is expected for NSLAB isolated from Cheddar cheese, Jordan and Cogan (1993) observed growth of NSLAB such as *Lactobacillus casei*, *Lb. plantarum* and *Lb. curvatus* in 6% and some up to 8% (wt/wt) NaCl. Typically, at least 6% salt is needed to slow growth of NSLAB (Lane et al., 1997) and even then NSLAB populations in Cheddar cheese still reached about the same numbers at all salt levels (2.8 to 6.1%, salt-in-moisture) after 6 mo of storage. It is interesting to note that strains of *Lactobacillus danicus*, the NSLAB that is phylogenetically closest to *Lb. wasatchii*, was susceptible to salt and had negligible growth at 4% NaCl and none detected with 6.5% NaCl (Kask et al., 2003).

# **Gas Formation**

Gas formation by *Lb. wasatchii* was only observed when galactose was present in the media. No gas formation was observed at 23°C when the sole sugar source was ribose or when the total sugar concentration, both ribose and galactose, was below 0.5%. At 12°C, no gas formation was observed at sugar contents of <1.0%. This may be because of the higher solubility of  $CO_2$  at lower temperatures (CRC, 2009). At 37 $\degree$ C, gas formation was only detected in CR-MRS containing 1% ribose plus 1% galactose.

#### **Thermotolerance**

Subjecting *Lb. wasatchii* to HTST heat treatment (72°C for 15 s) resulted in~ 4.5 log reduction, from 6 x  $10^6$  cfu/ml to  $9.2x10^1$  cfu/ml surviving after cooling to  $31^{\circ}$ C. In contrast, no detectable colonies of *Lb. wasatchii* (i.e.,  $\langle 10^1 \text{ cftu/ml}}$ ) were found after the LTLT treatment ( $63^{\circ}$ C for 30 min). Survival of lactobacilli after milk pasteurization has been previously reported and underscores the potential for lactobacilli in milk to be a source of NSLAB in cheese made from pasteurized milk (Turner et al., 1986; Golnazarian, 2001; Beresford et al., 2001). The finding that *Lb. wasatchii* can withstand HTST indicates the bacterium could gain access to cheese directly or produce biofilms in the cheese processing environment that provide a regular source of contamination.

#### **DISCUSSION**

#### **Metabolic Capability**

*Lactobacillus wasatchii* sp. nov. (unpublished data) is an OHF lactobacilli closely related to *Lb. suebicus* (isolated from apple and pear mashes), *Lb. vaccinostercus* (isolated from cow dung), *Lb. hokkaidonensis* (isolated from timothy grass silage), *Lb. oligofermentans* (isolated from poultry) and *Lb. danicus* (isolated from cheese). None of these species is regularly isolated from cheese, which could be due to the fact that

NSLAB isolation methods do not incorporate the long time, low temperature conditions used to isolate *Lb. wasatchii* and *Lb. danicus* (Kask et al., 2003; Oberg et al., 2011; Broadbent et al., 2013). Because its closest phylogenetic relatives are associated with plant materials and cow dung, we speculate that the origin of *Lb. wasatchii* was a dairy farm.

*Lactobacillus wasatchii* is an OHF lactobacilli possessing genes encoding phosphoketolase but lacking the genes encoding fructose-1,6-diphosphate aldolase. Thus, *Lb. wasatchii* ferments pentose and hexose sugars through the PP. Utilization of hexoses via OHF lactobacilli results in  $CO<sub>2</sub>$ , lactate, and acetate/ethanol production, whereas pentose metabolism does not yield CO<sup>2</sup> (Axelsson, 2004). An OHF lifestyle corresponds with the finding that gas formation was only observed when *Lb. wasatchii* was grown in CR-MRS plus galactose or CR-MRS plus ribose and galactose.

As opposed to common cheese NSLAB that are FHF lactobacilli, *Lb. wasatchii* preferentially utilizes ribose over glucose and other sugars (unpublished data). Slow utilization of hexoses and active fermentation of pentoses was also reported for the OHF *Lb. vaccinostercus* KOZAKI and OKADA sp. nov. strains that were isolated from cow dung using a medium containing xylose as the sole carbon source (Okada et al., 1978). Another phylogenetic relative of *Lb. wasatchii*, *Lb. oligofermentans* sp. nov., also utilized glucose very weakly (Koort et al., 2005).

## **Ribose Fermentation**

The heterolactic fermentation of ribose results in a slightly different end product pattern compared to galactose fermentation. No  $CO<sub>2</sub>$  is formed, and since no dehydrogenation steps are necessary to reach the intermediate xylulose-5-phosphate, the reduction of acetylphosphate to ethanol to regenerate NAD<sup>+</sup> becomes redundant. Instead, acetylphosphate can be converted by acetate kinase in a substrate-level phosphorylation step to acetate and ATP. Fermentation of ribose thus leads to production of equimolar amounts of lactic acid and acetic acid and net 2 mol ATP/mol ribose consumed (Axelsson, 2004).

Two amino sugars that are precursors to the peptidoglycan are Nacetylglucosamine and N-acetylmuramic acid. Both amino sugars are made from fructose-6-phosphate (**F6P**) that acts as the backbone molecule for cell wall synthesis (White, 2007). *Lactobacillus wasatchii* possesses a gene encoding transketolase that condenses two pentoses with F6P being one of the metabolic outputs with the remaining carbons eventually being converted into gylceraldehyde-6-phosphate. Based on this information, we speculate that when *Lb. wasatchii* is grown in CR-MRS plus ribose, ribose is utilized for both cell wall synthesis and ATP generation to support cell division as shown in Figure 3.5 (Pathway directions  $\{1\}$ ,  $\{2\}$  and  $\{3\}$ ).

At higher concentrations of ribose, generally, the µmax of *Lb. wasatchii* is the same as at lower concentrations. Thus, PP is operating as fast as possible in generating energy when *Lb. wasatchii* was grown in CR-MRS plus either ribose concentrations. It is interesting the similar  $\mu_{\text{max}}$  values are achieved when a ribose-galactose mixture is used

even at the low level of 0.05 % ribose plus 0.05% galactose (Table 3.1). The only notable change that is seen with increasing sugar concentration is that the time over which exponential growth occurs is lengthened and a higher final cell density is attained.

## **Galactose Fermentation**

*Lactobacillus wasatchii* grows very slowly when galactose is the sole carbohydrate source of energy ( $\mu_{\text{max}}$  = 0.005, 0.009, and 0.008 on 1% galactose at 12, 23, and 37°C, respectively). At 37°C, *Lb. wasatchii* showed only limited growth with a final OD<sub>640</sub> of  $\sim$ 0.2 reached when galactose was the sole sugar (0.1% vs. 1%). It is interesting, that *Lb. wasatchii* reached significantly higher final cell densities when grown on  $\geq 0.5\%$ galactose at 12 and  $23^{\circ}$ C versus  $37^{\circ}$ C (P<0.05). Significantly lower final cell density at 37°C may be due to more of the ATP produced by fermentation being utilized to sustain cell viability because of energy-intensive stress responses at the higher temperature. Similar results were found by Adamberg et al. (2005) who reported slower growth of *Lb. danicus* with glucose or galactose at 30°C compared to 24°C. However, ribose utilization rates by *Lb. danicus* were the same at both temperatures. In comparison, utilization of hexose sugars by *Lb. casei*/*paracasei* was higher at 30°C compared to 24°C while ribose utilization did not change (Adamberg et al., 2005).

Analysis of the *Lb. wasatchii* genome suggests galactose enters the cell via a permease and then fermented into the Leloir pathway and converted to glucose-6 phosphate (**G6P**) as shown in Figure 3.5. The G6P then be utilized using PP via dehydrogenation to 6-phosphogluconate, followed by decarboxylation to ribulose-5phosphate ( $R5P$ ) and  $CO_2$  (pathway direction  $\{4\}$ ,  $\{5\}$ ,  $\{1\}$ ,  $\{2\}$ ). Both of these steps require reduction of NAD<sup>+</sup> to NADH.

The R5P can then be further metabolized in the PP to lactate and acetate/ethanol with potential of generating up to net 2 ATP. However, the need to re-oxidize NADH may direct the pathway from acetylphosphate towards ethanol production rather than acetate. Thus, galactose utilization through Leloir and PP would supply 1 mol each of lactic acid, ethanol, and CO<sub>2</sub>, and net 1 mol ATP/mol of galactose (Axelsson, 2004).

There are two possible explanations for the much slower growth of *Lb. wasatchii* on galactose compared to ribose: (1) there is a rate limiting step in the pathways leading to conversion of galactose into R5P, or (2) the need to re-oxidize NADH requires conversion of acetylphospate into ethanol rather than acetate so that only 1 mole of ATP per mole of galactose is produced as reported by Axelsson (2004).

#### **Co-metabolism of Galactose with Ribose**

There have been a few instances in which growth of lactobacilli is increased in the presence of two sugars compared to either of the sugars alone. Gobetti et al. (1995) reported that a fructose negative strain of *Lactobacillus sanfrancisco* (another OHF species) grows faster when it co-ferments fructose in the presence of maltose; maltose is consumed for energy and fructose serves as an external electron acceptor for re-oxidation of NADH. This does not seem to be the case for *Lb. wasatchii* as neither galactose nor ribose is known to function as an external electron acceptor.

In general, FHF lactobacilli such as *Lb. plantarum* can utilize both pentoses and hexoses although Westby (1989) and Westby et al. (1993) reported a strain of *Lb.* 

*plantarum* (NCIMB 8026) that was unable to utilize ribose in the absence of glucose. They offered two hypotheses to explain this observation: (1) *Lb. plantarum* NCIMB 8026 lacks the pathways to produce F6P from pentose sugars through transketolase or via fructose-1,6-bisphosphatase thus being unable to make  $C_6$  units from  $C_5$  sugars and needing an external source of  $C_6$  units for biosynthesis of peptidoglycan and other cell building blocks; or (2) that phosphoenolpyruvate (**PEP**) production during pentose metabolism (compared to hexose fermentation via glycolysis) in *Lb. plantarum* NCIMB 8026 was insufficient to support the PEP-dependent uptake of ribose. According to Neidhardt et al. (1990) only one PEP molecule is produced per ribose molecule metabolized (versus two PEP molecules per glucose) leaving no PEP molecules for the other cellular functions such as peptidoglycan synthesis.

With *Lb. wasatchii,* transketolase is available to covert pentoses into F6P, thus producing the needed C<sup>6</sup> building blocks for peptidoglycan. Also, for *Lb. wasatchii* the uniqueness is improved utilization of a hexose in the presence of a pentose rather than the other way around. So, neither of these hypotheses explain the mechanism of galactose and ribose co-utilization by *Lb. wasatchii* (which appears highly adapted to ferment ribose). Ribose metabolism in *Lb. wasatchii* is more profitable than galactose (or other hexose) fermentation in terms of energy production. Fred et al. (1921) reported that certain groups of pentose-fermenting LAB commonly found in silage, sauerkraut, and related substances, showed high acid production from pentose sugars while, hexose sugars yielded low acid but high ethanol production. Once again, this observation is probably a reflection of the substrate energetics; with 2 ATP per pentose but only 1 ATP

from hexoses due to the need to re-oxidize NADH to NAD<sup>+</sup> using the ethanol branch of PP.

To explain growth attributes of *Lb. wasatchii* during co-utilization of ribose and galactose, it is necessary to consider the potential fates of each sugar with regard to energy yield and cellular building blocks. Since the similar  $\mu_{\text{max}}$ , and final cell densities were observed when *Lb. wasatchii* is grown in the presence of ribose plus galactose or ribose alone, the rate of energy production and cell wall synthesis is likely the same. Given that *Lb. wasatchii* has the gene for G6P isomerase; it can convert G6P to F6P and utilizes galactose as a ready source of hexose for peptidoglycan synthesis (Figure 3.5, pathway direction  $\{4\}$ ,  $\{6\}$ ).

In a parallel manner, final cell densities of *Lb. wasatchii* is identical for cells grown in ribose or with 50% of the ribose replaced with galactose (except for 0.5% ribose vs. 0.25% ribose plus 0.25% galactose at  $23^{\circ}$ C). This further suggests that only ribose is being used for energy production and that an insignificant amount of ribose is being diverted for peptidoglycan synthesis by transketolase conversion of pentoses to F6P (Figure 3.5, pathway direction  $\{1\}$ ,  $\{2\}$ ). This hypothesis is supported by findings in *Bifidobacterium breve* where Degnan and McFarlane (1991) found cells grown in the presence of <sup>14</sup>C arabinose (a pentose) and glucose (a hexose) did not incorporate carbon from arabinose into cellular macromolecules.

We propose that when an OHF LAB such as *Lb. wasatchii* has both ribose and hexoses available for growth, that the ribose is primarily utilized for ATP production via the lower portion of the PP (Figure 3.5, pathway direction  $\{1\}$ ,  $\{2\}$ ), while the hexose is

utilized for synthesis of peptidoglycans and other cellular macromolecules (Figure 3.5, pathway direction  $\{4\}, \{6\}$ ). This has the advantage of maximizing ATP production as the need to re-oxidize NADH is minimized when only ribose is fermented. The extent of ribose that is diverted from the PP for peptidoglycan synthesis would depend on the relative amounts of hexoses present. A consequence of such simultaneous co-metabolism is that acetate would be expected as the end product rather than ethanol from acetylphosphate. When ribose is depleted, then galactose would need to be fermented down the PP to provide energy to the cell. This corresponds with our observations that gas production occurred towards the end of exponential growth or early stationary phase (after 48 h at  $23^{\circ}$ C).

Our results clearly demonstrate that *Lb. wasatchii* can co-utilize ribose and galactose which are two potential substrates for NSLAB (Tinson et al., 1982; Thomas, 1987; Rapposch et al., 1999; Michel and Martley, 2001) in Cheddar cheese. We also have shown that *Lb. wasatchii* is quite tolerant to salt and pH conditions that usually exist in ripening Cheddar cheese. The ability to readily consume mixed putative cheese sugars, grow at cheese ripening temperatures as well as survival against harsh environment of cheese, support our hypothesis that *Lb. wasatchii* contributes late gas blowing and textural defects in Cheddar cheese. To better understand the adaptation of *Lb. wasatchii* to cheese microenvironment, it would be desirable to study whether other sugars in milk and cheese (e.g., lactose, N-acetylgalactosamine, N-acetyl neuraminic acid, mannose, fucose, N-acetylglucosamine) can also be co-utilized by *Lb. wasatchii* in the presence of ribose. When describing carbohydrate utilization abilities of bacteria, such co-utilization

should also be considered as our initial testing of *Lb. wasatchii* led us to believe that it was not capable of utilizing galactose.

# **CONCLUSIONS**

A new obligatory heterofermentative nonstarter lactic acid bacterium, *Lactobacillus wasatchii* sp. nov. (isolated from a blown Cheddar cheese) was shown to require ribose for rapid growth unlike other cheese NSLAB that grow well on glucose. Due to its OHF nature, *Lb. wasatchii* utilizes six and five carbon sugars through the pentose phosphate pathway. Fermentation of hexoses such as galactose will produce CO2, so OHF have been implicated in late blowing of Cheddar cheese. We speculate that when ribose and galactose are both available, *Lb. wasatchii* uses ribose to produce energy and galactose for peptidoglycan synthesis and growth. This capability is well suited to cheese ripening and we have shown that *Lb. wasatchii* can grow under cheese-like stress conditions of low pH (5.2), and at least up to 5% salt content. It also has the potential to survive the HTST pasteurization used in large scale dairy processing, which may explain how it gains entry to the milk processing environment.

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	<b>µ</b> max		
Sugar <sup>1</sup>	$12^{\circ}$ C	$23^{\circ}$ C	$37^{\circ}$ C
		--(OD <sub>640</sub> /h) --	
0.1R	0.0085 <sup>hij</sup>	0.0235 <sup>cd</sup>	$0.019^{de}$
0.5R	$0.0145$ efghi	$0.0365^{\rm a}$	$0.0195^{de}$
1R	$0.0155$ efgh	$0.0355^{ab}$	$0.0215^{de}$
0.1G	$0.003^{j}$	$0.0095$ <sup>ghij</sup>	$0.008^{i}$
0.5G	$0.006^{j}$	$0.0095^{ghij}$	$0.0075^{ij}$
1 <sub>G</sub>	$0.005^{j}$	0.009 <sup>ghij</sup>	$0.008^{i}$
$0.05R + 0.05G$	$0.010$ <sup>fghij</sup>	$0.021$ <sup>de</sup>	$0.0185^{de}$
$0.25R + 0.25G$	$0.016$ efg	$0.0285^{bc}$	$0.021^e$
$0.5R + 0.5G$	$0.018^{de}$	$0.0385^{a}$	$0.0205^{\text{de}}$
$1R+1G$	$0.017$ <sup>def</sup>	$0.0375^{\rm a}$	$0.0195^{de}$

Table 3.1. Maximum specific growth rate ( $\mu_{max}$ ) of *Lactobacillus wasatchii* cells grown at 12, 23, or 37°C on ribose, galactose, or ribose plus galactose.

**<sup>1</sup>**Percent concentration (wt/vol) of ribose (R), galactose (G) or combination of ribose and galactose (R+G) in carbohydrate restricted MRS.

<sup>a-j</sup>Means values with the same letter are not significantly different from each other ( $\alpha$  = 0.05).

Sugar <sup>1</sup>	$12^{\circ}$ C	$23^{\circ}$ C	$37^{\circ}$ C
0.1R	0.3 <sup>j</sup>	$0.35^{j}$	$0.225^{\rm kl}$
0.5R	$0.795$ <sup>de</sup>	0.8 <sup>de</sup>	$0.705$ <sup>fg</sup>
1R	$1.44^a$	1.37 <sup>b</sup>	0.75 <sup>ef</sup>
0.1G	$0.298^{j}$	0.214 <sup>1</sup>	0.205 <sup>1</sup>
0.5G	0.68 <sup>gh</sup>	$0.69$ <sup>fgh</sup>	0.215 <sup>1</sup>
1 <sub>G</sub>	$0.58^{i}$	$0.755$ <sup>ef</sup>	0.195 <sup>1</sup>
$0.05R + 0.05G$	$0.335^{j}$	$0.335^{j}$	$0.300^{j}$
$0.25R + 0.25G$	$0.83^d$	$0.83^{d}$	0.62 <sup>hi</sup>
$0.5R + 0.5G$	$1.36^{b}$	1.285c	$0.835^{d}$
$1R+1G$	$1.42^{ab}$	1.4 <sup>ab</sup>	$0.72$ <sup>fg</sup>

**Table 3.2.** Final cell densities<sup>1</sup> (OD640) reached when *Lactobacillus wasatchii* cells were grown at 12, 23, or 37°C in ribose, galactose, or ribose plus galactose.

<sup>1</sup>Final OD<sub>640</sub> measured at 204 h for growth at 12°C and 72 h for growth at 23 and 37°C. <sup>2</sup>Percent concentration (wt/vol) of ribose (R), galactose (G) or combination of ribose and galactose (R+G) in carbohydrate restricted MRS.

<sup>a-l</sup>Means values with the same letter are not significantly different from each other  $(\alpha=0.05)$ .

		$\mu_{\text{max}}$
NaCl <sup>1</sup>	pH 5.2	pH 6.5
		$- (OD_{600}/h) -$
0%	0.05 <sup>cde</sup>	$0.061$ <sup>abcd</sup>
1%	$0.064$ <sup>abc</sup>	$0.076^{\rm a}$
2%	$0.058$ bcde	$0.056$ bcde
3%	$0.057$ bcde	$0.068^{\rm ab}$
4%	$0.044^e$	$0.048$ <sup>de</sup>
5%	$0.044^e$	$0.053$ bcde

Table 3.3. Maximum specific growth rate ( $\mu_{\text{max}}$ ) of *Lactobacillus wasatchii* cells grown at 23°C on MRS plus 1.5% ribose containing 0 to 5% NaCl at pH 5.2 or 6.5

<sup>1</sup>Percent concentration (wt/wt) of NaCl (0 to 5%) in MRS supplemented with 1.5% ribose.

a-eMeans values with the same letter are not significantly different from each other  $(\alpha=0.05)$ .



**Figure 3.1.** Growth of *Lactobacillus wasatchii* (OD640) at 23°C in carbohydrate restricted MRS adjusted to pH 5.2 and supplemented with ribose (panel A), galactose (panel B), or a mixture of ribose and galactose (panel C). Numbers for each symbol represent the percent concentration (wt/vol) of sugar added to the medium. Error bars =  $SE$  (n=2).



**Figure 3.1.** Continued.



**Figure 3.2.** Growth of *Lactobacillus wasatchii* (OD<sub>640</sub>) at 37°C in carbohydrate restricted MRS adjusted to pH 5.2 and supplemented with ribose (panel A), galactose (panel B), or a mixture of ribose and galactose (panel C). Numbers for each symbol represent the percent concentration (wt/vol) of sugar added to the medium. Error bars =  $SE$  (n=2).



**Figure 3.2.** Continued.



**Figure 3.3.** Growth of *Lactobacillus wasatchii* (OD<sub>640</sub>) at 12°C in carbohydrate restricted MRS adjusted to pH 5.2 and supplemented with ribose (panel A), galactose (panel B), or a mixture of ribose and galactose (panel C). Numbers for each symbol represent the percent concentration (wt/vol) of sugar added to the medium. Error bars =  $SE$  (n=2).



**Figure 3.3.** Continued.



**Figure 3.4.** Growth of *Lactobacillus wasatchii* (OD<sub>600</sub>) in regular MRS broth supplemented with 1.5% ribose (wt/vol) plus 0 to 5% NaCl and adjusted to pH 6.5 (panel A) or pH 5.2 (panel B). Error bars =  $SE$  (n=3).





#### **CHAPTER 4**

# **LATE BLOWING OF CHEDDAR CHEESE INDUCED BY ACCELERATED RIPENING AND RIBOSE AND GALACTOSE SUPPLEMENTATION IN PRESENCE OF A NOVEL OBLIGATORY HETEROFERMENTATIVE NONSTARTER LACTOBACILLI SPECIES**

# **ABSTRACT**

*Lactobacillus wasatchii* sp. nov. has been studied for growth and gas formation in a control Cheddar cheese and in cheese supplemented with 0.5% ribose, 0.5% galactose, or 0.25% ribose plus 0.25% galactose using regular and accelerated cheese ripening temperatures of 6 and 12°C. Cheese milk along with starter lactococci was inoculated with *Lb. wasatchii* at a level of  $10^4$  cfu/ml whereas a control vat was inoculated with starter lactococci only. Starter numbers in both cheeses decreased from  $10^7$  to  $\sim$   $10^3$  cfu/g at 23 wk of ripening at both temperatures, except the control cheese at 6°C which had one log higher final cell counts. Unlike starter bacteria, nonstarter lactic acid bacteria started at <10<sup>2</sup> cfu/g in the cheese and reached 10<sup>6</sup> to 10<sup>7</sup> cfu/g with higher numbers observed at 12<sup>o</sup>C. *Lactobacillus wasatchii* grew to  $\geq 10^8$  cfu/g in cheese supplemented with ribose (alone or with galactose) at elevated temperature which was ~1-log higher compared to the control and galactose-supplemented cheeses. In all cheeses with adjunct *Lb. wasatchii*, highest growth and gas formation was observed at 12°C although most gas production occurred at  $\geq 16$  wk. Adding both ribose and galactose provided substantially higher growth and gas formation because of the ability of *Lb. wasatchii* to co-utilize both

sugars; producing gas from galactose as a result of the obligatory heterofermentative nature of the bacterium. Even without sugar supplementation, gas was observed in the presence of adjunct *Lb. wasatchii* after 16 wk. We have observed that *Lb. wasatchii* can grow to high cell densities when grown in carbohydrate-restricted broth containing lactococcal cell lysate. During cheese ripening, lysis of starter bacteria would provide sufficient substrate (such as ribose) to allow growth of *Lb. wasatchii* during cheese ripening and the presence of any hexoses in cheese would allow *Lb. wasatchii* to produce gas. We conclude that *Lb. wasatchii* is a previously undetected contributor to late gas formation in Cheddar cheese and the defect is more pronounced when elevated ripening temperatures are used.

#### **INTRODUCTION**

Cheese ripening at elevated temperatures is technically the simplest method to accelerate maturation and the lower refrigeration costs may provide overall savings to the producer (Wilkinson, 1993; Folkertsma et al., 1996). However, late gas formation ("gassy defect") in Cheddar cheese has been a recurring problem for over 100 years and this defect is one of the main concerns during accelerated ripening (Van Slyke and Hart, 1903; Mullan, 2000). Manifest as openness of cheese texture or "blown wrappers" without texture change in cheeses aged longer than 3 mo (Laleye et al., 1987). Gassy defect tends to be sporadic and recurrent and has probably been experienced at most cheese making plants (Mullan, 2000). The slits, cracks or voids caused by gassy defect in cheese are not evident until the cheese is graded unless the cheese pack is loose. Even though this textural defect may not create a specific sensory defect, it may result in the

inability of the producer to cut the blocks with uniformity and impacts the slicing ability of the cheese. If the defect is severe, the block will crumble upon cutting which can increase cutting losses from 10% (non-defective) up to 50% (Elliott et al., 1981; Donnely et al., 2014). The time and money spent on the aging process is lost, therefore the cheese may be sold at a lower price or used for processed cheese (Martley and Crow, 1996; Golnazarian, 2001).

Gassy defect in cheese can result from poor sanitaton (observed as early gas formation) and germinatin of *Clostridium* spores (late blowing) (Fox et al., 1990; McSweeney and Fox, 2004). In properly manufactured Cheddar cheese with pH below 5.4 and salt-in-moisture content above 4.0% (Lawrence et al., 2004) gassines has been attributed to obligative heterofermentative (**OHF**) nonstarter lactobacilli species such as *Lactobacillus brevis* and *Lactobacillus fermentum* (Sherwood, 1939; Laleye et al., 1987; Laleye et al., 1990). However, Elliott et al. (1981) linked gassy defect in Cheddar cheese to a slow growing unusual bacterium.

Our group isolated a novel slow-growing OHF species, *Lactobacillus wasatchii* spp. nov. from a "gassy" Cheddar cheese manufactured at Utah State University (see Chapter 3). We reported that *Lb. wasatchii* produces gas from the hexose and can coutilize ribose and galactose (unpublished data) which are potential substrates for nonstarter lactic acid bacteria (**NSLAB**) in Cheddar cheese (Tinson et al., 1982; Thomas, 1987; Rapposch et al., 1999; Michel and Martley, 2001). We also showed *Lb. wasatchii* is able to grow under salt and pH conditions typical of Cheddar cheese (4 to 5% salt-inmoisture, ~pH 5.2), and that there is potential for some survival of *Lb. wasatchii* during HTST lab pasteurization (see Chapter 3).

The ability to readily consume mixed putative cheese sugars, grow at cheese ripening temperatures as well as survival against harsh environment of cheese, led us to hypothesize that *Lb. wasatchii* contributes late gas blowing and textural defects in Cheddar cheese (see Chapter 3). Thus, the aim of present work was to confirm the gas formation in Cheddar cheese made from milk inoculated with *Lb. wasatchii*. The curd was also supplemented with ribose and galactose to promote growth of *Lb. wasatchii*, and the cheese was stored at  $6^{\circ}$ C or accelerated ripened at  $12^{\circ}$ C. We monitored the microbiota of the cheese for *Lb. wasatchii*, starter lactococci and nonstarter lactic acid bacteria as well as gas formation throughout 23 wk of ripening.

### **MATERIALS AND METHODS**

#### **Bacteria and Growth**

Working cultures of *Lb. wasatchii* were prepared from frozen stocks stored at −80°C by sequential transfer twice into de Man Rogosa, and Sharpe (**MRS**) (Becton Dickinson Inc., Sparks, MD) broth containing 1.5% ribose (**R**) (donated by Bioenergy Life Science Inc., Ham Lake, MN), in which the cultures were incubated anaerobically using GasPak<sup>TM</sup> EZ at  $23^{\circ}$ C for 40 h. Cells for the cheese making experiments were propagated in 400 ml MRS+R for 40 h at 23 °C. Cells were harvested by centrifugation at 7,000 rpm for 10 min at 4°C and washed twice (7,000 rpm for 10 min at 4°C) with sterile 0.1% (wt/vol) peptone water. Concentration of cell suspensions was determined by anaerobic spread plate counts in MRS+R agar after 5 d at  $23^{\circ}$ C. The cell suspensions

were subsequently used in cheese making experiments after proper dilutions were made to reach desired numbers in cheese milk.

Frozen pellets of *Lactococcus lactis subsp. lactis/cremoris* (DVS850) suspended in peptone water ( $OD_{600} \sim 0.9$ ) was inoculated into 750 ml of M17 broth (Becton Dickinson Inc., Sparks, MD) supplemented with 1% lactose (Sigma-Aldrich Inc., St. Louis, MO) (**M17-L**) and incubated at 30°C for 24 h under aerobic conditions. The cells were then harvested by centrifugation (8,000 rpm; 10 min; 4<sup>o</sup>C), washed twice in 50 ml phosphate buffer and suspended in 10 ml phosphate buffer and a 0.1 ml aliquot was plated on M17-L agar to enumerate starter numbers (Branen and Keenan, 1969; Thomas, 1987; Rapposch et al., 1999). The cell suspensions were stored at -80°C until used in cell free extract experiments.

#### **Cheese Making**

Fresh bovine milk was obtained from the George B. Caine Dairy Research and Teaching Center (Wellsville, UT) and transported to the Gary Haight Richardson Dairy Products Laboratory at Utah State University (Logan). The milk was standardized to a protein-to-fat ratio of 0.84, pasteurized at 73°C for 15 s, and 273 kg was transferred into each of two open stainless steel vat (which had previously been cleaned then heat sanitized for 30 min). Both batches of milk were warmed to  $31^{\circ}$ C and 0.2 g/kg of frozen pellets containing *Lactococcus lactis ssp. lactis/cremoris* starter culture (DVS850; Chr. Hansen Inc., Milwaukee, WI) were added. To one of the vats, 10<sup>4</sup> cfu/ml *Lb. wasatchii* was also added and the milk allowed to ripen for 20 min in both vats. Then, 0.12 mL/kg of a 32% (wt/wt) CaCl<sub>2</sub> solution (Nelson-Jameson Inc., Marshfield, WI), 0.13 ml/kg of

anatto and 0.16 mL/kg of double-strength (~650 international milk clotting units/mL) chymosin rennet (Maxiren; DSM Food Specialties USA Inc., Eagleville, PA) were added, and the milk allowed to set undisturbed for 30 min. After cutting and healing, the curd/whey mixtures were stirred for 10 min, heated to  $39^{\circ}$ C over 35 min, and then stirred for another 10 min. The curd was stirred until a curd pH of 6.3 was reached with partial whey drainage. The remaining whey was then drained and curd was allowed to mat together, cut into slabs, and cheddared for approximately 160 min until the curd pH reached 5.4. Curd was milled, then salted  $(30 \text{ g/kg of } \text{curl})$  in 3 applications with 5 min between each application. Salted curd from each vat was separated into four 7-kg portions in open plastic containers. One portion served as a control with no sugar added, while to the other portions was added on a wt/wt basis: 0.5% ribose, 0.5% galactose (Alfa Aesar Inc., Ward Hill, MA) or 0.25% ribose plus 0.25% galactose. The curd was mixed for 5 min then placed into plastic hoops and pressed overnight (140 kPa,  $\sim$ 18 h,  $\sim$ 20 $\degree$ C). The cheese was recovered from the hoops and each block cut into 10 pieces of  $\sim 600 \text{ g}$ each, and the pieces were vacuum packaged seperately. Five pieces were stored at 6°C and five at 12°C. Cheese making trials were conducted in triplicate.

## **Microbial Enumerations**

At 0, 8, 16, and 23 wk, cheese samples (11 g) were collected from the interior of each cheese and homogenized in 99 ml of sterilized 2% sodium citrate (warmed to 45°C) using a Stomacher 400 Circulatory laboratory blender (Seward Laboratory Systems Inc., Bohemia, NY) set for 3 min at 230 rpm (Broadbent et al., 2013). Serial dilutions were prepared in 0.1% sterile peptone water, then lactococcal starter was enumerated on M17L agar after aerobic incubation at 30°C for 24 h. The method of Oberg et al. (2011) was used for enumerating NSLAB on MRS agar supplemented with 2 μg/ml vancomycin (**V**) incubated anaerobically at 37°C for 48 h. Such relatively fast-growing NSLAB counts were designated as **NSLAB37** and *Lb. wasatchii* does not grow quickly enough to be enumerated at 48 h. Like many NSLAB, *Lactobacillus wasatchii* is resistant to vancomycin but does not form colonies on MRS-V within 48 h (data not shown).

The mean log numbers from three reps were plotted against storage time and a trend line fitted to each set of data based on the highest R square obtained. The time (in weeks) when the NSLAB numbers equaled and then surpassed starter numbers were considered the crossover time (Oberg et al., 2011). All plate counts were performed with spread plate method in duplicate.

**Enumeration of** *Lb. wasatchii*. Nonstarter lactic acid bacteria were also enumerated on MRS-V agar supplemented with 1.5% ribose (**MRS-R-V**) after 48 h of anaerobic incubations at 23°C and these counts were designated as **NSLAB23**. After obtaining counts for NSLAB23 after 48 h incubation at 23°C on MRS-R-V media and marking all the colonies  $(-1.5 \text{ mm diameter})$ , the plates were incubated anaerobically at 23°C for an additional 72 h. By this time, *Lb. wasatchii* forms noticeable colonies (~1 mm diameter), which enables differential enumeration of this organism from other NSLAB23 colonies.

# **Cell Free Extract and Growth**

The cell suspensions containing  $\sim 10^{10}$  cfu/ml of starter lactococci were divided into 0.5 ml aliquots placed into 2 ml sized screw-cab tubes that contained 0.5 g of 100

µm diameter glass beads (BioSpec Products, Bartlesville, OK). Cells were disrupted in a Mini-Beadbeater (Biospec Products) at a speed setting of homogenize, in 12 bursts of 30 s, with 2 min intermittent cooling periods in ice bath. After centrifugation  $(4^{\circ}C, 15 \text{ min},$ 15,000 rpm), the supernatant was collected and protein concentration determined with a Modified Lowry Protein assay kit (Pierce, ThermoScientific) using bovine serum albumin (BSA) (2 mg/mlstock solution; Pierce) as the standard. To determine the efficacy of lysis, 0.1 ml of the lysate was plated on M17-L agar and incubated at  $30^{\circ}$ C for 24 h. The remaining supernatant was filter sterilized (0.2 µm pore size membranes) and 1 ml of the filtrate was mixed with 0.2 ml of 5X carbohydrate free MRS (Anonymous, 2015). The lysate-carbohydrate free MRS solution was inoculated with 20 µl of *Lb. wasatchii* (sub-cultured twice in MRS+R) and incubated at 23°C for 10 d under anaerobic conditions. Growth of *Lb. wasatchii* was monitored by OD<sub>600</sub> measurements taken at 0 and 10 d. A control was prepared with adding 1 ml of sterile ultrapure water instead of lysate. Growth studies on starter lysate were performed in triplicate.

#### **Cheese Gas Measurements**

Gas production during storage of cheese was measured by the extent of loosening of the plastic bag around the cheese. After pressing, similar sized  $(\sim 600 \text{ g})$  blocks of cheese were inserted into plastic bags (QME355 3.5 mil; Vilutis and Co. Inc., Frankfurt, IL) and the bag vacuum-sealed ~5 cm distance from the cheese block. Ten blocks for packaged for each treatment with five stored at each temperature (6 and 12°C). The vacuum packaged cheese was then visually examined and on the side of the pack that was just sealed, a line was drawn along the pack at the position where it was tightly pulled

against the cheese. After 8, 16 and 23 wk, the cheese packs were examined for gas production and loosening of the package. If the pack was no longer tightly held against the cheese, the pack was pulled away from the cheese block (on the same side which was initially marked) as much as possible. A line was then drawn on the bag at the point at which the 2 layers of the bag were still held together by any residual vacuum inside the bag. The distance between that line and the d 0 line was then measured and used as an expression of relative gas formation. The more gas that was produced the further the plastic bag could be pulled away from the cheese block. When sufficient gas production had occurred inside the cheese pack so that there was no longer any residual vacuum (compared to atmospheric pressure) the cheese pack could be pulled the full 5 cm from the cheese to the seal. The distance the pack could be pulled was calculated in relation to this maximum distance and expressed as relative gas production. All available packs were tested for relative gas production prior to opening the packs and sampling the cheese for microbial analysis. So that for each treatment, 4 packs were tested after 8 wk, 3 after 16 wk, and 2 after 23 wk.

#### **Chemical Analysis**

Proximate composition of the cheeses was determined after approximately 3 d. Moisture content was measured by weight loss using  $\sim$ 3.7 g of grated cheese in a microwave moisture analyzer (Model SMART System 5; CEM Corporation, Matthews, NC) using program CHEESELF. Fat content was measured by a modified Babcock method (Richardson, 1985). Salt was measured by homogenizing grated cheese with distilled water for 4 min at 260 rpm in a Stomacher. The slurry was filtered through a

Whatman #1 filter paper, and the filtrate was analyzed for sodium chloride using a chloride analyzer (Model 926, Corning, Medfield, MA). Salt-in-moisture (**S/M**) content was calculated as  $salt/(moisture + salt)$  and expressed as percentage.

## **Sugar and Organic Acid Analysis**

Cheese samples from each treatment were analyzed by an HPLC for lactose, galactose, lactic acid, acetic acid, citric acid, propionic acid, pyruvic acid, formic acid, and orotic acid at time 0 and after 16 wk of ripening as described by Phadungath (2011). For the sample preparation, about 5g cheese were manually homogenized for 90 s with 10-mL of 0.013N sulfuric acid (at 65°C) using a high shear Omni mixer-homogenizer (model 17105, Omni International, Waterbury, CT). The extract was centrifuged at (Jouan CR4-12 Centrifuges, Jouan, Inc., Winchester, VA) at 7,000 x *g* for 10 min. The samples were held at  $4^{\circ}$ C for 20 min to solidify the fat layer, which was removed with a spatula, and the supernatant was filtered through filter paper (Whatman #4; Whatman International Ltd., Maidstone, England). A 0.5 mL aliquot of filtered supernatant was poured into a 0.5-mL Microcon® (Millipore Corporation, Bedford, MA) centrifugal filter device with a molecular weight cut-off of 3,000 Da and micro-centrifuged (Jouan A14 Microcentrifuges, Jouan, Inc., Winchester, VA) at 14,000 x *g* for 20 min to remove soluble peptides. The filtrate collected from the micro-centrifuge was directly injected into the HPLC system.

The HPLC system (Beckman Coulter Inc., Fullerton, CA) was equipped with a photodiode array detector set at 210 nm, and data processing software (System Gold® HPLC, 32 KaratTM Software, Beckman Coulter Inc., Fullerton, CA). The system was

externally equipped with an intelligent refractive index detector (JASCO Model RI-2031, Jasco, Inc., Easton, MD), and a column heater (Alltech® Model 6301, Alltech Associates Inc., Deerfield, IL). The column used 172 for separation of the analytes was a Rezex ROA-organic acid H+ column (300x7mm, 8 $\mu$ m, Phenomenex) held at 65 $\degree$ C, with a cation H+ microguard cartridge (Bio-Rad Laboratories, Hercules, CA). The analysis was performed isocratically at 0.6 mL/ min flow rate using 0.013 N sulfuric acid (Fisher Scientific, Fair Lawn, NJ) as the mobile phase. Quantification of analytes was based on the external standard method described by Upreti et al. (2006a).

## **Experimental Design**

The experiment was conducted as a randomized block with split-split-split plot design. Statistical analysis of the effect of added sugar, storage time, temperature and *Lb. wasatchii* addition was performed using PROC GLIMMIX in SAS (version 9.1; SAS Institute Inc., Cary, NC) and differences between means determined using Tukey least squares means. Significance was declared at P<0.05.

#### **RESULTS AND DISCUSSION**

#### **Initial Cheese Composition**

Addition of *Lb. wasatchii* to cheese milk or sugar supplementation of curd did not significantly impact  $(P>0.05)$  the initial composition of cheese. Therefore, moisture, salt, S/M, pH, fat, lactose and citrate values across those two treatments were pooled (Table 4.1). The average S/M levels of the cheeses in the current study were higher compared to levels in typical retail Cheddar cheese (4.3%) in the USA (Agarwal et al., 2011).
Internationally, however, S/M was in the range for good quality aged cheese (4 to 6% S/M) as described by Lawrence et al. (1993). The pH was at high end of expected range (5.0 to 5.4) (Lawrence et al., 2004) which perhaps relates to higher S/M and slower activity of the starter culture. Higher pH  $(i.e., >5.35)$  in Cheddar cheese typically occurs with salt concentrations are greater than  $\sim 2.0\%$  with S/M of 5.7% or higher (Turner and Thomas, 1980; Thomas and Pearce, 1982; Lane et al., 1997). The high retention of salt in our experiment may have occurred because of the longer time allowed after salting and before pressing while the sugars were being added. In previous experiments, the same make procedure had produced cheeses with 1.4% to 1.8% salt (Oberg et al., 2011; Broadbent et al., 2013: McMahon et al., 2014).

Lactose content was the same in all cheeses while galactose content varied based upon sugar supplementation to the curd (Table 4.2, Table 4.3). Storage time was the only factor that had an impact on lactose content with a decrease  $(P<0.05)$  to 0.36 at 16 wk. Since the S/M levels in the cheeses were relatively high, the continuing presence of lactose during storage was not unexpected. Turner and Thomas (1980) found that in Cheddar cheese manufactured with *Lactococcus lactis*/*cremoris* stored at 12°C with S/M values near 6%, the rate of lactose utilization declined to near zero by 16 d leaving high levels of residual lactose. Persistence of lactose in Cheddar cheese during storage was also shown by Fox et al. (1998) who reported continued presence of lactose after 36 wk of ripening.

Initial galactose content was significantly different  $(P<0.05)$  based on sugar supplementation. Cheeses made with 0.5% galactose or 0.25% ribose plus 0.25%

galactose added to the curd contained 0.24% and 0.13% galactose, respectively, compared to <0.03% in the control cheese (Table 4.3). Losses of galactose in expelled whey during pressing probably occurred (as with salt) and there may have been some utilization of galactose by starter lactococci during overnight pressing of the salted curd at room temperature. Further reductions  $(P < 0.05)$  in galactose occurred during storage. Galactose was completely consumed during the first 16 wk of storage in the control or ribose-supplemented cheeses and had decreased to 0.08% in which galactose had been added (alone or with ribose).

# **Starter lactococci and NSLAB during ripening**

Supplementation of curd with ribose or galactose had no significant impact on numbers of starter lactococci or NSLAB in any of the cheeses (Figure 4.1, Table 4.5) nor were significant interactions with ripening temperature or time (P>0.05). Inoculation of *Lb. wasatchii* to cheese milk was only significant as an interaction with ripening time, and as a three-way interaction with time and temperature. Therefore, pooled means across all sugar treatments for lactococci and sugar plus *Lb. wasatchii* inoculation for NSLAB counts were evaluated against ripening temperature and time. Not surprisingly, ripening temperature and time and their interactions significantly affected both starter lactococci and NSLAB numbers (Peterson and Marshall, 1990; Wilkinson et al., 1994; Fox et al., 1998). It was interesting to note that starter lactococci numbers decreased when high numbers of *Lb. wasatchii* were initially present and the rate and extent of decrease was dependent on ripening temperature (Figure 4.1).

The best fit of the data was most often obtained using power or log trend lines, especially during the first few weeks of aging when the greatest growth of the NSLAB and greatest decrease in starter culture counts occurred. The crossover time when NSLAB numbers became greater than lactococci numbers occurred in all cheeses during the first 8 wk of ripening at either temperature. Based on the fitted trend lines, it appears that crossover time is achieved after around 4 and 8 wk of ripening at 12 and  $6^{\circ}C$ , respectively (Figure 4.1). This is sooner that McMahon et al. (2014) previously reported NSLAB crossover occurred only after 4 mo of ripening from the cheese made with the same starter culture. This could be due to the differences in S/M contents as McMahon et al. (2014) reported around 4.7% S/M, whereas the S/M levels in the present study were 5.5%.

*Lactococcus lactis* starter cultures, along with many other LAB, are sensitive to the salt concentration in cheese. Upreti et al. (2006b) reported that S/M concentration in cheese above 4.5% results in a more rapid decrease in starter lactococci during initial ripening. Conversely, starter bacteria numbers can remain at a higher concentration in the aging cheese if the S/M is low (<4.5%) (Lane et al., 1997). Higher S/M levels impaired the fermentation of lactose to lactic acid by starter bacteria that also contributes stabilizing the cheese pH (Olson and Johnson, 1990) and the salt concentration can continue to affect the growth of bacteria during cheese storage. Although the typical S/M concentration in Cheddar cheese (4.0 to 5.5%) is not sufficient to prevent all microbial growth, in combination with a low pH and refrigerated ripening temperature, it prevents growth of pathogens and influences LAB populations (McMahon et al., 2014). A high

salt concentration also decreases lactose metabolism by starter lactococci, leaving more residual lactose available to be used by NSLAB during ripening (Turner and Thomas, 1980). Thus, salt concentration affects the population dynamics of NSLAB by determining how quickly NSLAB will grow in the ripening cheese as well as the final number of NSLAB.

The total reduction in the numbers of starter lactococci during ripening at 12 or 6°C over 23 wk were similar and around 4.5 and 4 log, respectively. As stated above, there was a significant impact of added *Lb. wasatchii* x time as well as *Lb. wasatchii* x time x temperature interaction on the numbers of starter lactococci in cheese  $(P<0.05)$ (Table 4.5). After 8 wk of ripening at 12°C, starter lactococci numbers were significantly lower in cheese containing added *Lb. wasatchii* compared to control cheese (cheese milk not inoculated with *Lb. wasatchii*) (P<0.05) (Figure 4.1). At 6°C, however, starter lactococci counts were the same (P $> 0.05$ ) in both cheese although the trend line also showed a faster decrease in cheese with added *Lb. wasatchii*. As ripening progressed, starter lactococci numbers were similar in control and *Lb. wasatchii* treated cheese at 12°C whereas at 6°C counts were significantly higher in the control cheese (Figure 4.1). Higher reductions in the numbers of starter lactococci in cheese in the presence of added *Lb. wasatchii* corresponds with our observations in cheese making that slower acid development (longer cheese-making time) occurred even though the same amount of starter used in ripening when the milk was inoculated with *Lb. wasatchii* compared to the control vat. However, the basis for faster reduction in starter lactococci counts in cheese

ripening is unknown since no antimicrobial compound encoding genes were found in the genome of *Lb. wasatchii*.

Along with the faster decrease in lactococcal counts, NSLAB counts (both  $NSLAB23$  and  $NSLAB37$ ) increased more rapidly  $(P<0.05)$  and reached higher levels  $(P<0.05)$  in cheese ripened at 12<sup>o</sup>C (Figure 4.1). There was no significant impact of sugar supplementation or *Lb. wasatchii* inoculation on the numbers of NSLAB23 or NSLAB37 in cheese (P>0.05). NSLAB numbers increased in cheese from an initial nondetected level (<10<sup>2</sup> cfu/g) to  $\geq$ 10<sup>7</sup> and 10<sup>5</sup>-10<sup>6</sup> cfu/g during 16 wk ripening at 12 and 6°C, respectively. The highest growth occurred within the first 8 wk of ripening at both 6 and 12°C. Within each temperature, NSLAB numbers were the same between 8 and 16 wk of ripening (P $>0.05$ ) and significantly lower counts achieved at 6°C (P $< 0.05$ ). The increase in NSLAB counts in cheeses as ripening temperature increased from 6 to 12**°** C is in agreement with previous observations for full fat Cheddar cheese (Cromie et al., 1987; Jordan and Cogan, 1993; Lane et al., 1997; Fenelon et al., 1999). After 23 wk, however, NSLAB numbers were the same and significantly lower ( $P<0.05$ ) compared to 8 and 16 wk in cheese ripened at either temperature (Figure 4.1).

Interestingly, there were statistically significant differences (P<0.05) observed in the numbers of NSLAB23 and NSLAB37 with higher numbers obtained at  $23^{\circ}C$  (P<0.05) incubation on MRS-R-V (Figure 4.1). This could be due to the differences in sugar and temperature conditions used during incubations as 1.5% ribose was extra in MRS-R-V plates incubated at 23°C. Moreover, an incubation temperature of 23°C compared to 37°C could be more favorable for the growth of NSLAB in Cheddar cheese.

We observed some variations in NSLAB counts that in one replicate, NSLAB23 and NSLAB37 numbers were  $\leq 10^2$  cfu/g up to 16 wk of ripening at 6°C compared to the other replicates in which NSLAB counts reached  $10^4$  to  $10^6$  cfu/g in 8 wk. However, NSLAB numbers in all replicates reached to  $10^4$  to  $10^7$  cfu/g after 23 wk of ripening. Such differences in cheese biota (especially in indigenous NSLAB populations) within an individual cheese manufacturing facility have been reported previously (Broadbent et al., 2003; Oberg et al., 2011). These can arise from differences in cleaning and sanitation of cheese vats as well as differences in cheesemaking history of the vats (i.e., what cheeses had been made, and what cultures had previously been used in the vats) and could be due to the differences of salt tolerance between NSLAB strains exist in cheese during ripening.

## **Organic Acids**

Lactic, acetic, citric, propionic, pyruvic, formic, and orotic acids were detected in all cheese samples after 16 wk of ripening (Table 4.4). No significant differences caused by adding ribose and galactose into cheese curd were observed, thus pooled means for organic acids are shown in Table 4.4. The overall concentration of organic acids in all cheeses increased (except for citric acid) significantly during storage (P<0.05). Ripening temperature had a significant impact on lactic and propionic acids with higher concentrations obtained at elevated temperature  $(P<0.05)$ . Initial lactic acid levels were ~1% which is lower than previously reported by McSweeney and Fox (2004) and McMahon et al. (2014) who found 1.4 to 1.5% lactic acid after the pressing of Cheddar cheese. Lower lactic acid levels in the present study likely relates to higher S/M levels

causing slower activity of the starter lactococci, and resulting in higher pH of the cheese (5.38) at pressing.

Propionic acid levels also significantly increased from 0.08% to 0.21% or 0.42% after 16 wk of storage at 6 or 12 $^{\circ}$ C, respectively. The increase at 6 $^{\circ}$ C storage was similar with the findings of McMahon et al. (2014) who reported a 3-fold increase after 3 mo storage of Cheddar cheese. The 2-fold higher propionic acid levels achieved at 12°C compared to 6°C after 16 wk relates to higher numbers of NSLAB in cheese ripened at 12°C (Figure 4.1) since NSLAB activity has been reported to increase propionic acid concentration in cheese during storage (St-Gelais et al., 1991; Bouzas et al., 1993). At least one common NSLAB in Utah State University Cheddar cheeses, *Lactobacillus curvatus* (Broadbent et al., 2013), appears to have the metabolic capability to produce propionic acid (J. R. Broadbent and C. J. Oberg, unpublished data).

Acetic acid levels were significantly impacted by time and by the temperature x time interaction with higher levels obtained at elevated temperature (Table 4.2, Table 4.4). No significant increase was observed at  $6^{\circ}$ C (P $> 0.05$ ), whereas a 7-fold increase at  $12^{\circ}$ C noticed after 16 wk of ripening (P<0.05). Lues and Bekker (2002) reported that acetic acid concentration in Cheddar cheese initially decreased rapidly and then increased after 3 wk of storage. Upreti et al. (2006a) also reported a decrease in acetic acid content during the first few months of storage from an initial concentration of 0.15 to 0.06 g/kg. McMahon et al. (2014) reported some increase in acetic acid concentration over the ripening period, but also a decrease in acetic acid concentration from 6 to 9 mo.

Surprisingly, adding ribose to cheese curd did not have a significant impact on acetic acid levels in any of the cheeses although fermentation of pentose by Group II and Group III LAB yields equimolar amounts of lactic acid and acetic acid and net 2 mol ATP/mol ribose consumed (Axelsson, 2004). No differences in acetate in control versus ribose supplemented cheeses could be due to the lysis of starter lactococci which releases ribose into the cheese microenvironment (Thomas, 1987).

Citric acid levels were significantly affected by time, *Lb. wasatchii* x time, and sugar x time interactions  $(P<0.05)$ . There were significant but minor decreases occurred during storage, as citrate levels dropped from 0.132 to 0.08%. Although citric acid levels were significantly impacted by *Lb. wasatchii* over time, no citrate permease or citrate lyase encoding gene(s) were found in the genome. Formic, uric, and orotic acids were also significantly increased by ripening time  $(P<0.05)$ .

### **Cheese with added** *Lb. wasatchii*

As stated above, inoculating milk with *Lb. wasatchii* prior to cheesemaking had a significant effect on starter lactococci. However, NSLAB counts were not significantly affected by added *Lb. wasatchii* (Table 4.5). *Lactobacillus wasatchii* numbers increased over 3-log during ripening, and the extent of growth was influenced by ripening temperature and sugar supplementation of curd. Faster growth occurred at elevated temperature as expected from previous work (see Chapter 3) (Figure 4.2). Most growth of *Lb. wasatchii* occurred during the first 8 wk of ripening with higher counts  $(P < 0.05)$ achieved at 12°C and when ribose (alone or with galactose) was added to the cheese curd. The final numbers reached after 23 wk ripening in cheese containing ribose or ribose plus

galactose were the same (P>0.05) and highest between all sugar treatments. Adding galactose on its own to the cheese curd did not  $(P > 0.05)$  increase growth of *Lb*. *wasatchii* compared to the cheese with no added sugars (Figure 4.2). Similar growth on cheese with ribose and ribose plus galactose is in accordance with the previous work that *Lb. wasatchii* reached similar final cell densities on MRS plus 0.5% ribose versus MRS plus 0.25% ribose + 0.25% galactose (see Chapter 3). Thus, *Lb. wasatchii* can benefit from this co-utilization by maximizing its cell densities in the stressful environment of Cheddar cheese (4-6% S/M, pH<5.4) where minimal nutrients exist.

In the control cheese with no *Lb. wasatchii* deliberately inoculated into the cheese milk, there were still indigenous *Lb. wasatchii* detected in some replicates at a level of  $10^5$  to  $10^7$  cfu/g after 16 to 23 wk, especially when the cheese was stored at 12°C. *Lactobacillus wasatchii* levels were not able to determined in the control cheese prior to this time as the threshold for detection of *Lb. wasatchii* required *Lb. wasatchii* numbers to be within about 1.5 log of the fast growing NSLAB that are enumerated using the same plate. At population levels below this threshold the plates contain too many fast growing NSLAB to distinguish and count any new colonies that may appear after the initial 2 d incubation. We speculate that because *Lb. wasatchii* grows slower than predominant NSLABs in Cheddar cheese, it takes 4 to 6 mo to achieve similar levels (i.e, with 1.5 log). Since *Lb. wasatchii* was isolated from cheese made in our pilot plant, it is likely a part of resident microbiota in the plant, and contaminates the cheese as opportunity provides.

In the cheeses that were made from milk inoculated with *Lb. wasatchii*, we were able to count *Lb. wasatchii* throughout the 23 wk ripening because the initial levels of *Lb. wasatchii* was  $\sim$ 10<sup>5</sup> cfu/g and therefore above the threshold compared to other NSLAB. Even though slower compared to other predominant NSLAB, *Lb. wasatchii* grew to above  $10^6$  and  $10^7$  after 8 wk at 6 and  $12^{\circ}$ C, respectively. Thus, the numbers of *Lb*. *wasatchii* was either the similar or higher than the fast growing NSLAB throughout ripening at either temperature.

# **Relative Gas**

All treatments (sugar treatment, addition of *Lb. wasatchii*, storage temperature and time) significantly affected the relative gas formation in cheese (Table 4.6). The interaction terms involving time, temperature and *Lb. wasatchii* addition were also significant. Interactions involving sugar addition were not significant except there was a tendency (P=0.0727) for the sugar x *Lb. wasatchii* interaction to influence gas production (Table 4.6). When pooled over time and temperature, relative gas production based on sugar and *Lb. wasatchii* addition was significantly higher when 0.25% ribose plus 0.25% galactose was added compared to adding galactose or ribose alone, or the no-sugar added control. The highest gas formation with *Lb. wasatchii* in cheese supplemented with ribose plus galactose sugars (P<0.05) correlates with the faster growth of *Lb. wasatchii* in the same cheese (Figure 4.2). Lower gas formation in cheese supplemented with ribose only  $(P<0.05)$  was expected as  $CO<sub>2</sub>$  is not formed from pentose sugars (Axelsson, 2014).

Gas formation was significantly higher (P<0.05) in cheese containing added *Lb*. *wasatchii* compared to un-inoculated control cheese at both temperatures (Figure 4.3). No

gas formation was observed at 6°C in un-inoculated control cheese. Laleye et al. (1990) found that inoculation of cheese milk with OHF species such as *Lb. brevis* or *Lb. fermentum* resulted in open texture in cheese after 2 mo of ripening whereas no openness was observed in a control cheese although gas formation can occur without any openness being observed (Laleye et al., 1987).

Gas formation during storage at 12°C was significantly higher than at 6°C (P<0.05). This was expected as elevated ripening temperatures can increase the occurrence of openness in cheese (Elliott et al., 1981; Laleye et al., 1987). At both 6 and 12°C, there was growth of *Lb. wasatchii* with levels being about 0.5 log higher at 12°C. This increased growth at the higher storage temperature could account for the higher measurements of relative gas formation, but solubility of  $CO<sub>2</sub>$  may also be a factor. At  $6^{\circ}$ C, there is higher solubility of CO<sub>2</sub> compared to 12<sup> $\circ$ </sup>C (CRC, 2009) and even with the same level of gas production there would be more  $CO<sub>2</sub>$  present in the gaseous state at 12°C (evident as looser packs) and more probability of openness as well as slits and crack formation in the cheese. This was confirmed when a *Lb. wasatchii* treated cheese that had been stored at 6°C and was observed to have a tight pack was moved to room temperature  $(\sim 22^{\circ}$ C) and after a while the package became loose (data not shown).

The possibility that slow growing bacteria may contribute late blowing in Cheddar cheese has been previously suggested (Elliott et al., 1981). In that study, the bacterium was not identified (except for being a slow growing, salt tolerant, nonsporeforming, heat tolerant, Gram positive, rod), but its addition to cheese milk at  $10<sup>1</sup>$  and 10<sup>4</sup> cfu/ml yielded gas formation during storage at 10°C but not at 4.5°C.

Even though the most rapid growth of *Lb. wasatchii* occurs during the first 8 wk of ripening, observations of later blowing usually occur after this time. This may be a consequence of needing to have most of the available pentose consumed before any extensive production of  $CO<sub>2</sub>$  occurs, or it may be related to solubility of  $CO<sub>2</sub>$  in cheese and the need for the cheese water phase to become saturated in  $CO<sub>2</sub>$  before any loosening of the pack is observed.

Fermentation of citrate also results in  $CO<sub>2</sub>$  production by NSLAB which could contribute to gas formation in cheese (Overcast and Albrecht, 1952). However, relatively low amounts of gas would be expected since only 0.13% of citrate was detected in cheese after press in the present study. In a parallel manner, Hoglung et al. (1972) reported that utilization of citrate was not essential for the development of openness indicating other sources of  $CO<sub>2</sub>$  were involved.

## **Growth of** *Lb. wasatchii* **on Starter Cell Lysate**

After bead beating of  $\sim 10^{10}$  cfu/ml of starter lactococci, the numbers in the supernatant of the cell lysates were less than  $5 \times 10^4$  cfu/ml. This indicates the efficacy of lysing to be ~99.999%, which yielded around ~4000  $\mu$ g/ml protein in the supernatant. When *Lb. wasatchii* was grown in carbohydrate free MRS containing supernatant of lysed starter lactococci, final cell densities reached up to  $2.49 \text{ (OD}_{600})$  from an initial cell density of  $\sim 0.157$  (OD<sub>600</sub>) after 10 d of incubations. On the other hand, final cell densities only reached to  $\sim 0.06$  from 0.001 (OD<sub>600</sub>) when grown in control treatment where lysate was replaced with water (Figure 4.4).

Although growth of *Lb. wasatchii* in cell lysate was slower compared to MRS plus 1% ribose (see Chapter 3), final cell densities reached were considerably higher in the lysate. This likely explains the 2-log increase in *Lb. wasatchii* counts in cheese without added sugar over 23 wk at both 6 and  $12^{\circ}$ C since starter counts dropped from  $10^7$ to  $\sim$ 10<sup>4</sup> cfu/ml within the first 8 wk of ripening (Figure 4.1, Figure 4.2). Along with *Lb*. *wasatchii,* other fast growing NSLAB increased concomitantly with this drop in starter lactococci counts (Figure 4.1, Figure 4.2) possibly by utilizing the sugars released from the starter cells on autolysis (Fox et al., 1998). It has been suggested that both ribose and n-acetyl amino sugars release from starter cells on autolysis (Thomas, 1987). Lysates of starter lactic acid bacteria cells considered source of nutrients for NSLAB and of the different sugars present in the starter cell lysates, ribose is the most readily released sugar from starter lactococci (Thomas, 1987; Rapposch et al., 1999). Thomas (1987) found that *Lb. brevis,* OHF species, reached the highest cell densities on lactococcal cell lysate among the different NSLAB tested Thomas (1987). Rapposch et al. (1999) found that *Lb.*  paracasei reached to 10<sup>7</sup> from an initial level of 10<sup>2</sup> cfu/ml in the lysate of *Lactobacillus helveticus*. Thus, the breakdown products of starter cells can clearly supply the carbon sources needed for growth of *Lb. wasatchii* and other NSLAB. However, there would also be nutrients available from MFGM material that supports the growth of NSLAB in cheese (Moe et al., 2013).

### **CONCLUSIONS**

This study explored the consequences of inoculation of cheese milk with a novel slow-growing OHF *Lb. wasatchii* sp. nov. on late gas formation in Cheddar cheese. We

recently reported that *Lb. wasatchii* utilizes galactose very slowly in the absence of ribose, and that fermentation of galactose (or other hexose) as an energy source is necessary for CO<sup>2</sup> production (see Chapter 3). We confirmed in the present study that *Lb. wasatchii* is a contributor to late gas blowing in Cheddar cheese. Likelihood of gas formation increased at accelerated ripening temperature and when ribose and galactose was added to cheese curd. *Lactobacillus wasatchii* grew best in the presence of added ribose or ribose plus galactose. Co-utilization of galactose with ribose by *Lb. wasatchii* appeared to increase the occurrence of late gas formation in cheese. However, *Lb. wasatchii* also grew  $\sim$ 2-log in cheese when the curd was not supplemented with ribose. Since *Lb. wasatchii* is able to grow in the cell free extracts of starter lactococci, increased numbers of *Lb. wasatchii* could be attributed to substrates released by starter lactococci on autolysis during ripening. To reduce the occurrence of the gas problem by *Lb. wasatchii* or similar slow-growing OHF species, it would be desirable to study whether adjunct facultative heterofermentative lactic acid bacteria could be utilized in cheese making.

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	<b>Moisture</b>	Salt	$S/M^2$	pH	Fat	<b>Lactose</b>	<b>Citrate</b>
<b>Mean</b>	37.03	2.14	5.47	5.38	32	0.419	0.132
<b>SE</b>	0.159	0.025	0.069	0.03	0.12	0.0236	0.0089

**Table 4.1**. Pooled means and SE for initial composition of cheese,  $(n=24)$ .

<sup>1</sup>All values except pH represent percentage.  ${}^{2}$ Salt-in-moisture.

		<b>Sugar and Organic Acids</b>								
<b>Source of Variation</b>	<b>Galactose</b>	<b>Lactose</b>	Lactic	<b>Acetic</b>	<b>Pyruvic</b>	<b>Propionic</b>	<b>Citric</b>	<b>Formic</b>	<b>Uric</b>	<b>Orotic</b>
<b>LBW</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>
Sugar	$**$	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>
LBW x Sugar	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>
Temperature	<b>NS</b>	<b>NS</b>	$**$	<b>NS</b>	<b>NS</b>	$**$	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>
LBW x Temperature	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	$\ast$	<b>NS</b>	<b>NS</b>
Sugar x Temperature	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>
Time	$**$	$\ast$	$**$	$**$	<b>NS</b>	$**$	$**$	$**$	$**$	$**$
LBW x Time	<b>NS</b>	<b>NS</b>	$\ast$	<b>NS</b>	$**$	<b>NS</b>	$\ast$	<b>NS</b>	<b>NS</b>	<b>NS</b>
Sugar x Time	$**$	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	$\ast$	<b>NS</b>	<b>NS</b>	<b>NS</b>
Temperature x Time	NS	<b>NS</b>	$\ast$	$\ast$	<b>NS</b>	$**$	NS	<b>NS</b>	<b>NS</b>	<b>NS</b>

**Table 4.2.** The effect of adding ribose or galactose, ripening temperature (6, 12°C), and time (0, 16 wk), and inoculated *Lactobacillus wasatchii* (LBW) on the sugar and organic acid content of Cheddar cheese.

\**P*<0.05

\*\**P*<0.01

NS: Not significant, *P*>0.05.

**Table 4.3.** Pooled means of galactose concentrations (%) at 0 and 16 wk in cheese supplemented with no sugar (Control), 0.5% ribose (0.5R), 0.5% galactose (0.5G) or 0.25% ribose plus 0.25% galactose (0.25R+0.25G). Bars= SE (n=12).

			------Control------ --------0.5R------- -------0.5G------- -0.25R+0.25G--				
		0 wk 16 wk 0 wk 16 wk 0 wk 16 wk 16 wk					
Mean	$0.023cd$ $0.048cd$ $0.061bc$ $0.003d$ $0.238a$ $0.076bc$ $0.125b$ $0.078bc$						
<b>SE</b>	0.0221	$0.0246$ $0.0185$ $0.0199$ $0.0221$ $0.0205$ $0.0277$ $0.0204$					
	$\mathcal{A}$ and $\mathcal{A}$ are all the contract of						

a-d<sub>Means</sub> with the same superscript letters were not significantly different from one another.  $\alpha=0.05$ .

**Table 4.4.** Pooled means for sugar and organic acids for Cheddar cheese at 16 wk of ripening.

			<b>Lactic</b>	Acetic	<b>Propionic</b>					
	Lactose	- 6°C -	$12^{\circ}$ C				6°C 12°C 6°C 12°C Citric Pyruvic Formic Uric Orotic			
Mean							$0.3642$ $1.127^b$ $1.4163^a$ $0.0082^b$ $0.022^a$ $0.214^b$ $0.423^a$ $0.0819$ $0.0137$ $0.02$		0.0019 0.0011	
SЕ				$0.02248$ $0.0746$ $0.0745$ $0.0036$ $0.0035$ $0.0241$ $0.024$ $0.0087$ $0.0025$				0.003	0.0002	-0.0001

a-dMeans with the same superscript letters were not significantly different from one another.  $α=0.05$ .

Table 4.5. The effect of adding ribose or galactose, ripening temperature (6 or 12<sup>o</sup>C), and time (0, 8, 16, 23 wk) on the numbers of starter lactococci, nonstarter lactic acid bacteria enumerated at 23˚C (NSLAB23) or 37˚C (NSLAB37), and added *Lactobacillus wasatchii* (LBW) in Cheddar cheese ripening.

		<b>Bacterial Counts</b>							
<b>Source of Variation</b>	<b>Starter</b>	NSLAB <sub>23</sub>	<b>NSLAB37</b>	<b>LBW</b>					
<b>LBW</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>	$\mathbf{r}^2$					
Sugar	<b>NS</b>	<b>NS</b>	<b>NS</b>	$**$					
LBW x Sugar	<b>NS</b>	<b>NS</b>	<b>NS</b>	$\overline{\phantom{0}}$					
Temperature	**	$***$	**	$**$					
LBW x Temperature	<b>NS</b>	<b>NS</b>	<b>NS</b>						
Sugar x Temperature	<b>NS</b>	<b>NS</b>	<b>NS</b>	<b>NS</b>					
Time	$**$	$***$	**	$**$					
LBW x Time	$\ast$	<b>NS</b>	<b>NS</b>	$\overline{\phantom{a}}$					
Sugar x Time	<b>NS</b>	<b>NS</b>	<b>NS</b>	$**$					
Temperature x Time	**	$***$	**	**					
LBW x Temperature x Time	$\ast$	<b>NS</b>	<b>NS</b>	<b>NS</b>					

\*\*P<0.01

NS: Not significant, P>0.05

<sup>1</sup>Cheese curd added with; no sugar, 0.5% ribose, 0.5% galactose, or 0.25% ribose plus 0.25% galactose.

<sup>2</sup> Cheese made without added *Lb. wasatchii* is not included in the statistical analysis.

<b>Source of Variation</b>	<b>Relative Gas</b>
<b>LBW</b>	$\ast$
Sugar <sup>1</sup>	$\ast$
LBW x Sugar	***
Temperature	$**$
LBW x Temperature	$**$
Sugar x Temperature	<b>NS</b>
Time	$**$
LBW x Time	$**$
Sugar x Time	<b>NS</b>
Temperature x Time	$**$
LBW x Temperature x Time	$\ast$
$*P<0.05$	
** $P<0.01$	
*** $0.1 > P > 0.05$	
NS: Not significant, P>0.05	

Table 4.6. The effect of adding ribose or galactose, ripening temperature (6 or 12°C), and time (0, 8, 16, 23 wk) on relative gas formation in Cheddar cheese.

<sup>1</sup>Cheese curd added with; no sugar, 0.5% ribose, 0.5% galactose, or 0.25% ribose plus 0.25% galactose.



Figure 4.1. Changes in pooled mean numbers of nonstarter lactic acid bacteria enumerated at 23°C (NSLAB23) or at 37°C (NSLAB37), starter lactococci in cheese with (LBW+) and without added *Lactobacillus wasatchii* (LBW-), at 12°C (A) and  $6^{\circ}$ C (B). Bars = SE (n=12) for starter lactococci and n=24 for NSLAB23 and NSLAB37.



**Figure 4.2.** Changes in the mean numbers of *Lactobacillus wasatchii* as a function of time, and ripening temperatures of 12°C (A) or 6°C (B) in Cheddar cheese in which the curds were added with; no sugar (Control), 0.5% ribose (0.5R), 0.5% galactose (0.5G), 0.25% ribose plus 0.25% galactose  $(0.25R+0.25G)$ , bars = SE (n=3).



**Figure 4.3.** Pooled means of relative gas formation in *Lactobacillus wasatchii* inoculated cheese (w/LBW) or un-inoculated control cheese (w/o/LBW) during 23 wk storage at 6°C or 12°C. Bars=SE (n=12). a-dMeans with the same superscript letters were not significantly different from one another. α=0.05.



Figure 4.4. Growth of *Lactobacillus wasatchii* as measured by OD<sub>600</sub> in carbohydrate free MRS containing starter cell lysate (■) or sterile water as control ( $\Box$ ) during anaerobic incubation at 23°C at 0 and 10 d. Bars= SE (n=3).

## **CHAPTER 5**

# **GROWTH AND GAS FORMATION BY A NOVEL OBLIGATORY HETEROFERMENTATIVE NONSTARTER LACTIC ACID BACTERIUM IN CHEESE MADE USING A** *STREPTOCOCCUS THERMOPHILUS* **STARTER**

## **ABSTRACT**

A novel slow-growing, obligatory heterofermentative, nonstarter lactic acid bacterium, *Lactobacillus wasatchii* sp. nov, was studied for growth and gas production in Cheddar cheese made using a *Streptococcus thermophilus* starter. Cheesemaking trials were conducted using starter *St. thermophilus* alone or in combination with *Lb. wasatchii* deliberately added to cheese milk at a level of  $\sim 10^4$  cfu/ml. Then, cheeses were ripened at 6 or 12°C. At day 1, starter streptococcal numbers were similar in both cheeses  $(\sim 10^9$ cfu/g) and nonstarter lactic acid bacteria (NSLAB) counts were below detectable levels  $\left(\langle 10^2 \text{ cfu/g}\right)$ . As expected, *Lactobacillus wasatchii* counts were 3 x 10<sup>5</sup> cfu/g in cheeses inoculated with this bacterium. Starter streptococci decreased over time at both ripening temperatures but fell more rapidly at 12°C, especially in cheese with *Lb. wasatchii*. Populations of NSLAB and *Lb. wasatchii* reached 5 x  $10^7$  and 2 x  $10^8$  cfu/g, respectively after 16 wk of ripening at 12°C, and their emergence was coincided with reduction in galactose concentration in the cheese from 0.6% to 0.1%. Levels of galactose at 6°C had similar decrease after 16 wk storage. Gas formation and textural defects were only observed in cheese with added *Lb. wasatchii* ripened at 12°C. Using *St. thermophilus* as starter resulted in galactose accumulation that, *Lb. wasatchii* can utilize, producing CO<sub>2</sub>

which contributes to late gas blowing in Cheddar cheese, especially when the cheese is ripened at elevated temperature.

# **INTRODUCTION**

The manufacture of Cheddar cheese is characterized by the use of mesophilic *Lactococcus lactis/cremoris* starter strains and use of moderate cook temperatures (~39**°**C) (Michel and Martley, 2001). However, the "short-method" for Cheddar manufacture (Bley et al., 1985) requires very rapid acid production rates which are obtained by including *Streptococcus thermophilus* with the regular mesophilic *Lc. lactis* subsp. *cremoris* starter culture and a slight increase in cook temperature (42-43**°**C) (Michel and Martley, 2001). Two advantages to using the short method include reduced manufacturing costs, and lower risk of bacteriophage infection (Cogan, 2011).

Unfortunately, this type of manufacturing process has also been linked to accumulation in the cheese of up to 33 mmol of galactose/kg (0.6% (wt/wt)) as well as carbon dioxide which is likely a result of nonstarter lactic acid bacteria (**NSLAB**) and leads development of slits, and fractures in the cheese (Tinson et al., 1982a; Michel and Martley, 2001). Galactose accumulates because the only the glucose moiety of lactose is utilized by *St. thermophilus* and galactose is excreted back into the milk/cheese as part of a Lac S-mediated antiport system for lactose uptake (Tinson et al., 1982b; Hutkins and Morris, 1987; Hutkins and Ponne, 1991; De Vos and Vaughan, 1994; Mora et al., 2002; Vaillancourt et al., 2004). Heterofermentative NSLAB can utilize this residual galactose; produce carbon dioxide, leading to gassy defect in Cheddar cheese (Radford and Hull,

1982; Tinson et al., 1982a), which is a major economic concern for the cheese industry (Golnazarian, 2001).

We recently reported that *Lb. wasatchii* is able to utilize galactose and produce gas in broth at the pH levels found in Cheddar cheese (see Chapter 3) and that when this NSLAB is present in high numbers in Cheddar cheese it promotes gas production (see Chapter 3). It was our hypothesis that growth of *Lb. wasatchii* would be promoted in Cheddar cheese if *St. thermophilus* was included as part of the starter culture. To test this hypothesis, cheese was made using *St. thermophilus* and microbial populations (starter culture, NSLAB, and *Lb. wasatchii*) as well as gas formation in cheese was monitored throughout ripening at 6 or 12°C. This is the first report in the literature on the effect of an obligatory heterofermentative (**OHF**) NSLAB species on late gas formation when the Cheddar cheese is made using a *St. thermophilus*.

### **MATERIALS AND METHODS**

# **Bacterium and Growth**

Working cultures of *Lb. wasatchii* were prepared from frozen stocks stored at −80°C by sequential transfer twice into de Man, Rogosa and Sharpe (**MRS**) (Becton Dickinson Inc., Sparks, MD) broth containing 1.5% ribose (**R**) (donated by Bioenergy Life Science Inc., Ham Lake, MN), in which the cultures were incubated anaerobically using GasPak™ EZ at 23°C for 40 h. Cells for the cheese making experiments were propagated in 400 ml MRS+R for 40 h at 23°C. Cells were harvested by centrifugation at 7,000 rpm for 10 min at 4°C and washed twice (7,000 rpm for 10 min at 4°C) with sterile 0.1% (wt/vol) peptone water. Concentration of cell suspensions was determined by

anaerobic spread plate counts in MRS+R agar after 5 d at 23°C. The cell suspensions were subsequently used in cheese making experiments after proper dilutions were made to reach desired numbers in cheese milk.

# **Cheese Making**

Fresh bovine milk was obtained from the George B. Caine Dairy Research and Teaching Center (Wellsville, UT) and transported to the Gary Haight Richardson Dairy Products Laboratory at Utah State University (Logan). The milk was standardized to a protein-to-fat ratio of 0.84, pasteurized at 73°C for 15 s, and 136 kg into each of 6 open stainless steel vats (each vat had previously been cleaned then heat sanitized for 30 min). All batches of milk were warmed to  $31^{\circ}$ C and 0.25 g/kg of frozen pellets containing *Streptococcus thermophilus* M6 starter culture (Chr. Hansen Inc., Milwaukee, WI) were added. To 3 of the vats,  $\sim 10^4$  cfu/ml *Lb. wasatchii* (working culture) was also added and the milk allowed to ripen for 10 min in all vats. Then, 0.12 mL/kg of a 32% (wt/wt) CaCl<sup>2</sup> solution (Nelson-Jameson Inc., Marshfield, WI), 0.13 ml/kg of anatto and 0.16 mL/kg of double-strength (~650 international milk clotting units/mL) chymosin rennet (Maxiren; DSM Food Specialties USA Inc., Eagleville, PA) were added, and the milk allowed to set undisturbed for 20 min. After cutting and healing, the curd/whey mixtures were stirred for 10 min, heated to 39°C over 35 min, and then stirred for another 10 min. The curd was stirred until a curd pH of 6.3 was reached with partial whey drainage. The remaining whey was then drained and curd was allowed to mat together, cut into slabs, and cheddared until the curd pH reached 5.25. Curd was milled, salted (30 g/kg of curd) in 3 applications with 5 min between each application. Salted curd from each vat was

separated into two 7-kg portions, placed into open plastic containers. Curd was placed into plastic hoops and pressed overnight (140 kPa,  $\sim$ 18 h,  $\sim$ 20 $\degree$ C). The cheese was then dehooped, and each block cut into 10 pieces of ~600 g each, and each piece was vacuum packaged. Five pieces were stored at 6°C and 5 at 12°C. Cheese making was conducted in triplicate.

### **Microbial Enumerations**

At 0, 8, 16, and 23 wk, cheese samples (11 g) were collected from the interior of each cheese and homogenized in 99 ml of sterilized 2% sodium citrate (warmed to 45°C) using a Stomacher 400 Circulatory laboratory blender (Seward Laboratory Systems Inc., Bohemia, NY) set for 3 min at 230 rpm (Broadbent et al., 2013). Serial dilutions were prepared in 0.1% sterile peptone water. *Streptococcus thermophilus* starter was enumerated as described by Tabasco et al. (2007) using M17 agar (Becton Dickinson Inc., Sparks, MD) containing 1% lactose (Sigma-Aldrich Inc., St. Louis, MO) incubated aerobically at  $45^{\circ}$ C for 24 h. The method of Oberg et al. (2011) for enumerating NSLAB on de Man Rogosa, and Sharpe (**MRS**) (Becton Dickinson Inc., Sparks, MD) agar supplemented with 2  $\mu$ g/ml vancomycin (V) incubated anaerobically at 37<sup>o</sup>C for 48 h was used. Such relatively fast-growing NSLAB counts were designated as **NSLAB37** and does not include *Lb. wasatchii* as it does not grow quickly enough to be enumerated at 48 h. *Lactobacillus wasatchii* is resistant to vancomycin like most other NSLAB in cheese and grows very slowly at 37°C (see Chapter 3) and does not form colonies on MRS-V within 48 h (data not shown).

A "crossover time" for the time point when NSLAB numbers equaled and then surpassed starter numbers were determined. The mean log numbers from three reps were plotted against storage time and a trend line fitted to each set of data based on the highest R square obtained. The time (in weeks) when the lines intersect were considered the crossover time (Oberg et al., 2011). All plate counts were performed with spread plate method in duplicate.

In this experiment, the lowest dilution used for bacterial enumeration was  $10^{-2}$ . For calculating mean numbers and when making plots of microbial numbers, a value of 5  $\times$  10<sup>1</sup> cfu/g was used for samples with counts <10<sup>2</sup> cfu/g.

**Enumeration of** *Lb. wasatchii*. Nonstarter lactic acid bacteria were also enumerated on MRS-V agar supplemented with 1.5% ribose (**MRS-R-V**) after 48 h of anaerobic incubations at 23°C and these counts were designated as **NSLAB23**. After obtaining counts for NSLAB23 after 48 h incubation at 23°C on MRS-R-V media and marking all the colonies  $(-1.5 \text{ mm diameter})$ , the plates were incubated anaerobically at 23°C for an additional 72 h. By this time, *Lb. wasatchii* forms noticeable colonies (~1 mm diameter), which enables differential enumeration of this organism from other NSLAB23 colonies.

# **Relative Gas Measurements**

Gas production during storage of cheese was measured by the extent of loosening of the plastic bag around the cheese block (see Chapter 4). After pressing, similar sized (~600 g) blocks of cheese were inserted into plastic bags (QME355 3.5 mil; Vilutis and Co. Inc., Frankfurt, IL) and the bag vacuum-sealed ~5 cm distance from the cheese block.
Vacuum packaged cheese was then visually examined and on the side of the package that had just been sealed, a line was drawn along the plastic bag at the position where it was tightly pulled against the cheese (d 1 line). After 8, 16 and 23 wk, the cheeses were examined for gas production manifest by loosening of the package. If the plastic bag was no longer tightly pressed against the cheese, the plastic bag was pulled away from the cheese block (on the same side where it was initially marked) as much as possible. A line was then drawn on the plastic bag at the point at which the 2 layers of the bag were still held together by any residual vacuum inside the bag. The distance between that line and the d 1 line was then measured and used as relative measure of gas formation. The more gas produced, the further the plastic bag could be pulled away from the cheese block. When sufficient gas production had occurred inside the cheese pack so that there was no longer any residual vacuum (compared to atmospheric pressure), the cheese package could be pulled the full 5 cm from the cheese to the seal. The distance the pack could be pulled was calculated in relation to this maximum distance and expressed as relative gas production. All cheeses were tested for relative gas production prior to opening the packs and sampling the cheese for microbial analysis. Therefore for each treatment, 4 cheeses were tested at 8 wk, 3 at 16 wk, and 2 at 23 wk.

### **Chemical Analysis**

Proximate composition of the cheeses was determined after approximately 3 d. Moisture content was measured by weight loss using ~3.7 g of grated cheese in a microwave moisture analyzer (Model SMART System 5; CEM Corporation, Matthews, NC) using program CHEESELF. Fat content was measured by a modified Babcock

method (Richardson, 1985). Salt was measured by homogenizing grated cheese with distilled water for 4 min at 260 rpm in a Stomacher. The resulting slurry was filtered through a Whatman #1 filter paper, and the filtrate was analyzed for sodium chloride using a chloride analyzer (Model 926, Corning, Medfield, MA). Salt-in-moisture (**S/M**) content was calculated as salt/(moisture + salt) and expressed as a percentage.

#### **Sugar and Organic Acid Analysis**

All cheese samples were analyzed by an HPLC for lactose, galactose, lactic acid, and propionic acid at d 1 and after 16 wk of ripening as described by Phadungath (2011). About 5 g cheese was manually homogenized for 90 s with 10-mL of 0.013N sulfuric acid at 65**°**C then centrifuged at 7,000 g for 10 min. The samples were held at 4ÅãC for 20 min to solidify the fat layer and the supernatant was filtered then poured into a 0.5-mL Microcon (Millipore Corporation, Bedford, MA) centrifugal filter device with a molecular weight cut-off of 3,000 Da and micro-centrifuged at 14,000 x g for 20 min to remove soluble peptides. The filtrate was injected into the HPLC system containing a cation H+ microguard cartridge (Bio-Rad Laboratories, Hercules, CA) and Rezex ROAorganic acid H+ column (300 x 7 mm, 8 μm, Phenomenex) held at 65ÅãC. Separation was performed isocratically using 0.013 N sulfuric acid as the mobile phase with quantification of analytes based on the external standard method described by Upreti et al. (2006a).

### **Experimental Design**

The experiment was conducted as a randomized block with split-split plot design. The cheese was made on 2 separate occasions. Each pressed block was cut into  $\sim 600 \text{ g}$ 

pieces, individually vacuum packaged, and randomly assigned to be stored at either 6°C or 12°C for various time periods. Statistical analysis of the effect of adding different starter cultures, storage time, storage temperature and *Lb. wasatchii* addition was performed using PROC GLIMMIX in SAS (version 9.1; SAS Institute Inc., Cary, NC) and differences between means determined using Tukey least squares means. Significance was declared at *P<*0.05.

### **RESULTS AND DISCUSSION**

### **Initial Composition**

Significant differences were found in the initial composition of control and *Lb. wasatchii* added cheese (*P<*0.05). Higher moisture (41.5%) and lower S/M (4.1%) levels were observed in cheese made with added *Lb. wasatchii* (*P<*0.05) (Table 5.1). However, salt, pH, and fat levels were the same in both cheeses (*P>*0.05). This effect of adding the *Lb. wasatchii* was unexpected. In previous work (see Chapter 4) when Cheddar cheese was made in a similar manner using starter lactococci, adding *Lb. wasatchii* had no effect on cheese moisture content. The set-to-salt time for the cheese was slightly different with a longer time required (15 min more) when *Lb. wasatchii* was added. In a similar manner, making cheese with lactococcal starter containing added *Lb. wasatchii* took longer compared to making control cheese where no *Lb. wasatchii* was added (see Chapter 4).

Although S/M was lower in cheese with added *Lb. wasatchii*, it was still within S/M levels reported by Agarwal et al. (2011) for Cheddar cheese made in the Unites States. The moisture content of the cheeses being at or above the legal maximum for

Cheddar cheese was perhaps a result of the fast acidification rate (~195 min set-to-salt time) when using *St. thermophilus* as the starter culture rather than *Lactococcus.*

### **Starter Streptococci and NSLAB during ripening**

Starter *St. thermophilus* numbers in the cheese were influenced by storage time, temperature as well as *Lb. wasatchii* x time interaction (*P<*0.05) (Table 5.2). Differences in streptococci numbers based on addition of *Lb. wasatchii* only occurred during storage at 12 $^{\circ}$ C. At 6 $^{\circ}$ C starter numbers decreased  $\sim$ 1.5-log cfu/g after 23 wk for both cheeses (Figures 5.1, 5.2) but at 12°C there was a greater reductions in starter numbers (*P<*0.05) in cheese with added *Lb. wasatchii* (Figure 5.3). Similar results were also observed in the previous work with cheese made using lactococcal starters (see Chapter 4). The basis for this effect is unclear, since no antimicrobial encoding gene(s) were found in the genome of *Lb. wasatchii* (see Chapter 4)

Nonstarter lactic acid bacteria numbers increased from undetectable levels  $(\leq 10^2$ cfu/g) to  $10^8$  and  $\sim$   $10^7$  cfu/g for NSLAB23 and NSLAB37, respectively (Figures 5.1, 5.2). Within each replicate, levels and patterns of growth of NSLAB were similar, which was expected, as the salted curd from each replicate was divided into separate portions for ripening, so the cheeses would be expected to have the same starting microbial background population.

No significant differences existed in NSLAB (both NSLAB23 and NSLAB37) numbers observed in the cheese as a function of ripening temperature or addition of *Lb. wasatchii* (P>0.05). The absence of a temperature effect was unexpected, as prior studies often reported a higher NSLAB counts at elevated temperatures (Peterson and Marshall,

1990; Fox et al., 1998; see Chapter 4). Similar numbers of NSLAB at both temperatures in this study could be due to the availability of galactose as a readily available energy source. Facultative heterofermentative NSLAB such as *Lactobacillus curvatus*, predominant NSLAB found in Cheddar cheese (Broadbent et al., 2013), gain net two ATP via Embden-Meyerhof pathway per galactose or another hexose consumed (Axelsson, 2004). Thus, free galactose could provide sufficient energy for NSLAB to reach high final cell densities throughout ripening at both temperatures.

Similar to the previous work (see Chapter 4), NSLAB23 counts were significantly higher than NSLAB37 during ripening (*P<*0.05). The most likely explanation for this difference is that 37°C inhibits growth of some NSLAB just as we observed for *Lb. wasatchii*. Even though NSLAB counts were not influenced by temperature, there were differences in the crossover times between 12°C and 6°C as well as between cheese with and without added *Lb. wasatchii* (Figures 5.1, 5.2). Crossover occurred more quickly in cheese with added *Lb. wasatchii* (Figure 5.1) because the *St. thermophilus* numbers decreased more rapidly. Crossover between starter streptococci and NSLAB numbers occurred during the first 8 to 10 wk at 12°C in cheeses with added *Lb. wasatchii* and not till after 23 wk for the control cheese (Figure 5.2). When stored at 6°C, the NSLAB numbers never reached the same level as the starter because of the higher retention of viable starter streptococci numbers at 6°C.

### **Sugar and Organic Acids**

Sugar and organic acid profile of the cheeses were similar in both control and *Lb. wasatchii* added cheese at 6 and 12°C. Lactose content of the cheese was 0.2% at d 1 and similar levels were observed after 16 wk of ripening. Such persistence of lactose in Cheddar cheese during storage has been previously shown by Fox et al. (1998) who reported continued presence of lactose after 36 wk of ripening. This perhaps relates to impaired fermentation of lactose to lactic acid by starter lactic acid bacteria at higher S/M levels (Olson and Johnson, 1990).

A substantial amount (0.6 to 0.7%) of galactose was observed in cheese at d 1. Accumulation of galactose was not surprising because *St. thermophilus* does not utilize the galactose moiety of lactose (Tinson et al., 1982b; Hutkins and Morris, 1987; Mora et al., 2002; Vaillancourt et al., 2004). Adding *Lb. wasatchii* to cheese milk did not have an appreciative impact on initial galactose concentrations, likely because *Lb. wasatchii* utilizes galactose very slowly and itself is a slow-growing species (see Chapter 3). Galactose levels fell to 0.1 to 0.2% after 16 wk of storage in all cheeses likely due to the growth of *Lb. wasatchii* and other NSLAB.

Initial lactic acid levels observed  $(-1\%)$  in the current study was lower than previously reported by McSweeney and Fox (2004) and McMahon et al. (2014) who found 1.4 to 1.5% lactic acid in the cheese at d 1. Perhaps this was because of the relatively fast make time and the cheeses were not very acid with initial pH in the range ~5.2 to 5.3. Lactic acid levels increased up to 1.7% after 16 wk in control and *Lb. wasatchii* added cheese at both temperatures. This corresponds with similar NSLAB

numbers achieved in cheese stored at 6 or 12<sup>o</sup>C (P>0.05) that perhaps further relates to substantial reductions in free galactose content of cheese. The higher lactic acid levels could also be attributed to having lower S/M in the current study as production of lactic acid is influenced by S/M as reported by (Upreti et al., 2006b).

Propionic acid also increased during ripening in control and *Lb. wasatchii* added cheeses as previously shown (McMahon et al., 2014). Levels of propionic acid were up to 0.2% (from 0.02% at d 1) after 16 wk of ripening when NSLAB counts reached  $\geq 10^6$ cfu/g. Nonstarter lactic acid bacteria activity has been reported to increase propionic acid concentration in cheese during storage (St-Gelais et al., 1991; Bouzas et al., 1993; McMahon et al., 2014). *Lactobacillus curvatus,* which is the predominant NSLAB found in our cheese (Broadbent et al., 2013), has the metabolic capability to produce propionic acid (unpublished data).

**Growth of** *Lb. wasatchii.* No adventitious *Lb. wasatchii* was detected in the control cheese during ripening at either 6 or 12°C which as previously shown (see Chapter 4) does not mean it was not present just that it was not with 1.5 log of the NSLAB counts. This makes it difficult to relate sporadic late gas blowing in Cheddar cheese when it may only be present in low numbers on most occasions.

Growth of deliberately added *Lb. wasatchii* is shown in Figure 5.3. Temperature had a significant effect on the increase in numbers during ripening (*P<*0.05). Higher counts were observed at the elevated ripening temperature of 12°C compared to 6°C with the greatest increase in cell numbers occurring during the first 8 wk at both temperatures. This corresponds with the rapid reduction in the numbers of *St. thermophilus* in cheese with added *Lb. wasatchii* at 12°C (Figure 5.3).

We have previously shown that *Lb. wasatchii* is capable of growing on carbohydrates released during lysis of other bacteria, and can reach high cell densities  $(OD<sub>600</sub>$  of 2.49) when it is grown on carbohydrate-restricted MRS broth containing lactococcal cell lysate (see Chapter 4). In addition, since there is a clear pattern in the trend lines for growth of *Lb. wasatchii* and decrease in the numbers of starter streptococci (Figure 5.3), we postulate that free galactose remaining from lactose fermentation by *St. thermophilus* and ribose released via its subsequent lysis enables co-utilization of both sugars by *Lb. wasatchii* in manner that maximizes its rate and extent of growth (see Chapter 3). Slower growth of *Lb. wasatchii* during the first 8 wk of ripening at 6°C supports our hypothesis because starter streptococci counts never fell below  $10^9$  cfu/g during this period.

#### **Relative Gas and Splits in Cheese**

A large amount of gas was produced in cheese with added *Lb. wasatchii* and ripened at 12°C. All effects and interactions were significant at *P≤*0.01 (Table 5.2). At 6°C, even cheese with added *Lb. wasatchii* showed no sign of gas formation during 23 wk of storage. An association between elevated ripening temperatures and gassy defect in cheese has been reported previously (Elliott et al., 1981; Laleye et al., 1987). Elliott et al. (1981) reported that gas formation was observed during storage at  $10^{\circ}$ C but not at 4.5<sup>o</sup>C and within 6 mo in cheese inoculated with a slow-growing gas forming bacterium that may be similar to *Lb. wasatchii*. Nonetheless, the observation that *Lb. wasatchii* did not

promote gassy defect at 6°C is different than our recent work in cheese made with *Lc. lactis* (see Chapter 4). Results from the latter study suggest *Lb. wasatchii* might derive hexose sugars for gas from lysed starter culture cells. Our current work using *St. thermophilus* confirms this, in that as stated above when the cheese was ripened at 12°C there was a rapid drop in *St. thermophilus* numbers from an initial  $10^9$  cfu/g to  $10^6$  cfu/g at 8 wk (Figure 1). In comparison, the *St. thermophilus* numbers stayed much higher when the cheese was stored at 6<sup>o</sup>C and were still at  $\sim 10^7$  cfu/g at the end of 23 wk storage (Figure 5.1).

Corresponding differences in *Lb. wasatchii* numbers were observed with the cheese stored at 12°C having one log higher *Lb. wasatchii* counts than cheese stored at 6°C (Figure 5.3). At 12°C, faster lysis of *St. thermophilus* starter culture cells and increased numbers of *Lb. wasatchii* were similar to results found with cheese made with starter lactococci (see Chapter 4). Previous studies have shown that the growth of *Lb. wasatchii* is higher in the presence of cell lysate material since it uses the released carbohydrates, such as ribose and glycosylated proteins, for energy to support metabolism and growth (see Chapter 4).

While most of growth of *Lb. wasatchii* and the die off of starter bacteria occurred during the first 8 wk of storage, blowing of packs was not observed until after this time (and only at the elevated ripening temperature) (Figure 5.4). This may be a result of needing to have most of the available ribose (from lysing starter bacteria) consumed before any extensive production of  $CO<sub>2</sub>$  occurs, or it may be related to the solubility of  $CO<sub>2</sub>$  in cheese and the need for the cheese water phase to become saturated in  $CO<sub>2</sub>$  before

any loosening of the pack is observed (see Chapter 4). We recently reported that galactose utilization by *Lb. wasatchii* is considerably slower when there is no ribose present in the medium (see Chapter 3). As Axelsson (2004) reported, fermentation of a hexose such as galactose as an energy source is needed for  $CO<sub>2</sub>$  production in OHF lactic acid bacteria. In the presence of both ribose and galactose, however, *Lb. wasatchii* can rapidly utilize ribose to generate ATP for the cell, and the biochemical pathways are available to simultaneously utilize galactose to provide peptidoglycan precursors for cell wall synthesis and cell growth. Then, when supply of ribose is exhausted, the cell switches to fermentation of galactose for energy and gas production is observed. This has been noticed when *Lb. wasatchii* is grown in MRS broth at pH 5.2 (see Chapter 4) and the similar effect observed in our previous experiment with the highest gas production occurring in the cheese to which both ribose and galactose had been added. Even though the most rapid growth of *Lb. wasatchii* occurs during the first 8 weeks of ripening, observations of later blowing usually occurred after this time (see Chapter 4).

We postulate that lack of enough gas production to loosen packs at  $6^{\circ}$ C is probably a combination of having one log less *Lb. wasatchii* than at 12°C, and having an increased solubility of carbon dioxide (CRC, 2009). Having slightly higher moisture of 41.5% in these cheeses compared to 37% when the cheese made using starter lactococci (see Chapter 4) is another factor that higher  $CO<sub>2</sub>$  would be needed to saturate out the water portion of the cheese before it releases and loosens the package. Having no gas production in control cheese at  $12^{\circ}$ C is different than what was observed in cheese made with starter lactococci (loose packs after 16 wk). This corresponds with that adventitious

*Lb. wasatchii* numbers never reaching detectable levels (within 1.5 log of NSLAB) even after 23 wk of ripening in control cheese in the current study.

Having higher moisture levels in the current study allowed us to show the occurrence of the defect more explicitly in that irregular shaped void and round eyes were observed in gassy cheese (Figure 5.5). Such defective Cheddar cheese would not be suitable for sale in supermarkets, leading to consumer rejection and avoidance of purchase. As well, cutting losses of up to 50% for defective cheese is a major economic concern for cheese manufacturers (Golnazarian, 2001).

In large scale dairy processing, wild type *St. thermophilus* are found in pasteurized cheese milk (Hup and Stadhouders, 1979; Bouman et al., 1982; Martley and Crow, 1993). As Martley and Michel (2001) reported, if *St. thermophilus* is present in pasteurized milk at levels sufficient to increase the acid production rate during Cheddar cheesemaking without the cheesemaker's knowledge, the natural response to slow the acid production rate would be to increase the cook temperature or to reduce the amount of starter lactococci (i.e. mesophilic) being used in later vats. However, both approaches would unknowingly increase the growth and acid production by *St. thermophilus* over that of starter lactococci (Michel and Martley, 2001). Thus, galactose accumulation would be enhanced under such conditions and if an OHF NSLAB such as *Lb. wasatchii* is present as part of the resident NSLAB population, the sugar can stimulate the growth of such OHF NSLAB and lead to problems with gassy defect. Deliberate use of *St. thermophilus* starter culture obviously brings similar risks, and this should be

acknowledged in attempts to shorten the made time for Cheddar cheese, or shorten the ripening time by using elevated temperatures.

### **CONCLUSIONS**

This study explored consequences of having an obligatory heterofermentative bacteria as part of the background nonstarter microflora of Cheddar cheese on late blowing when the starter culture contains *St. thermophilus* and when the cheese is ripened at elevated temperatures. We deliberately inoculated milk with *Lb. wasatchii*, a slowgrowing OHF species, and made cheese using a *St. thermophilus* culture and studied gas formation during ripening at regular and elevated ripening temperatures. *Lactobacillus wasatchii* was able to grow (~3 log) during storage and produced gas after 8 wk of ripening at elevated temperature. However, no gassiness was observed in the cheese containing added *Lb. wasatchii* at 6°C, either because of having 1-log lower counts of *Lb. wasatchii* in the cheese during ripening or the higher solubility of  $CO<sub>2</sub>$  at colder temperature. Also, control cheese did not exhibit any sign of gas formation after 23 wk of ripening at either temperature. Utilization of *St. thermophilus* as a starter for Cheddar cheese or presence of *Lb. wasatchii* or similar organism as a NSLAB should be taken into consideration, especially if a manufacturer is using higher than normal ripening temperatures. We conclude that *Lb. wasatchii* is a contributor to late blowing in Cheddar cheese, and that this property is enhanced when the cheese is made using *St. thermophilus* starter culture.

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**Table 5.1.** Mean (±SE) composition of cheese (at d 3) made using *Streptococcus thermophilus* with (LBW+) or without *Lactobacillus wasatchii* (Control) added at 10<sup>4</sup> cfu/ml in milk.

	<b>Control</b>	$LBW^+$
<b>Moisture</b>	$38.8^{\rm a}$ (0.26)	$41.5^b(0.16)$
<b>Salt</b>	$1.93^{\rm a}$ (0.08)	$1.78a$ (0.03)
S/M <sup>1</sup>	$4.73a$ (0.18)	$4.11^b(0.08)$
pH	$5.27^{\mathrm{a}}$ (0.003)	$5.31^{\text{a}}(0.01)$
Fat $\overline{1}$	$30.7^{\mathrm{a}}$ (0.17)	$30.5^{\mathrm{a}}(0.00)$

 $1$ Salt-in-moisture

a,bMeans same letter within each row are not significantly different from each other.  $(α=0.05)$ .

**Source of Variation DF Starter**  $(Pr > F)$ **Gas (Pr > F)** LBW 1 0.3256 0.0146 Temperature 1 0.0239 0.0012 LBW x Temperature 1 0.0383 0.0012 Time 3 <.0001 <.0001 LBW x Time 3 0.5184 <.0001 Temperature x Time 3 0.0964 <.0001 LBW x Temperature x Time  $3 \times 0.05 \times 0.001$ 

**Table 5.2.** The effect of *Lactobacillus wasatchii* inoculation (LBW), temperature, time and their interactions on the numbers of *Streptococcus thermophilus* (Starter) and relative gas formation in Cheddar cheese.



**Figure 5.1.** Changes in mean numbers of *Streptococcus thermophilus* (○), nonstarter lactic acid bacteria enumerated at 23°C (□, dashed line) or nonstarter lactic acid bacteria enumerated at 37°C (■) in cheese containing *Lactobacillus wasatchii* stored at 12°C (A) or 6°C (B). Bars=SE (n=3).



**Figure 5.2.** Changes in mean numbers of *Streptococcus thermophilus* (○), nonstarter lactic acid bacteria enumerated at 23°C (□, dashed line) or nonstarter lactic acid bacteria enumerated at 37°C (■) in control cheese stored at 12°C (A) or 6°C (B). Bars=SE (n=3).



**Figure 5.3.** Changes in the mean numbers of *Lactobacillus wasatchii* (squares) and *Streptococcus thermophilus* (circles) in cheese ripened at 12°C (open symbols and dashed lines) or 6°C (solid symbols and lines). Bars=SE (n=3).



**Figure 5.4.** Relative gas formation in Cheddar cheese made using *Streptococcus thermophilus* inoculated with *Lactobacillus wasatchii* added at 10<sup>4</sup> cfu/ml of milk. Bars= SE (n=3).

a-c Means same letters are not significantly different from each other. ( $\alpha$ =0.05).



**Figure 5.5.** Textural differences after 16 wk of ripening at 12°C in (A) control cheese or (B) cheese containing inoculated *Lactobacillus wasatchii* added at 10<sup>4</sup> cfu/ml of milk.

### **CHAPTER 6**

# **GENERAL SUMMARY AND CONCLUSIONS**

This study sought to determine whether a recently isolated slow-growing obligatory heterofermentative nonstarter lactic acid bacterium, *Lactobacillus wasatchii* sp. nov., could be implicated in late gassy defect in Cheddar cheese. The study involved 3 interrelated investigations discussed in Chapter 3 through Chapter 5.

Investigation 1 explored the growth characteristics and gas formation of *Lb. wasatchii* in ribose and galactose, its NaCl and pH tolerance, and its thermotolerance. The results of this investigation demonstrated that;

- 1. *Lb. wasatchii* grew more readily on ribose compared to galactose as indicated by higher maximum specific growth rates (P<0.05) and higher final cell densities (P<0.05). Gas production was only observed in the presence of galactose (with or without ribose) that corresponds with the OHF lifestyle of *Lb. wasatchii*.
- 2. *Lb. wasatchii* can co-utilize galactose with ribose. Cells grown on carbohydrate restricted MRS broth containing 0.25% ribose and 0.25% galactose exhibited identical  $\mu_{\text{max}}$  and final cell densities compared with cells grown on 0.5% ribose.
- 3. *Lb. wasatchii* tolerated at least 5% NaCl and cheese pH of 5.2 as indicated by similar  $\mu_{\text{max}}$  and final cell densities achieved with control (no NaCl at pH 5.2) or 6.5). *Lb. wasatchii* survived HTST lab pasteurization with ~4.5-log

reduction whereas no colonies were detected following LTLT treatment  $\langle 10^{1} \rangle$ cfu/ml).

*Lactobacillus wasatchii* is able to grow under cheese-like stress conditions of high salt and low pH. It can also survive HTST pasteurization typical of industry scale dairy processing. It appears that *Lb. wasatchii* is well suited to grow in aging Cheddar cheese and maximizes its growth by co-utilizing ribose and galactose, which are the potential sugars in cheese. Due to being an OHF, *Lb. wasatchii* produces CO<sub>2</sub> only in the presence of a hexose such as galactose, thus it can be implicated in late gas formation of Cheddar cheese.

Investigation 2 explored the growth of *Lb. wasatchii* in Cheddar cheese supplemented with ribose and/or galactose to promote gas formation at regular or accelerated ripening temperatures. Compared to control cheese, *Lb. wasatchii* reached higher cell counts (above  $10^8$  cfu/g) in cheese supplemented with ribose plus galactose at elevated temperature. On the other hand, cell counts were significantly lower in cheese supplemented with only galactose  $(10^7 \text{ cfu/g})$  were comparable to cell counts of control cheese (P>0.05). The greatest gas production in the cheese was observed in the presence of deliberately inoculated *Lb. wasatchii* at both temperatures with earlier and higher levels achieved at  $12^{\circ}C$  (P<0.05). The fastest gas production occurred in the cheese supplemented with ribose plus galactose  $(P<0.05)$  while cheese supplemented with either no sugar (control), or ribose, or galactose only, had significantly lower gas formation after 8 wk at 12°C. However, all the cheeses made with added *Lb. wasatchii* had the same amount of gas production during the rest of ripening at 12°C.

Although, no gas formation was observed in cheese without deliberately inoculated *Lb. wasatchii* at 6°C, some replicates exhibited gassiness after 16 wk at 12°C that adventitious *Lb. wasatchii* numbers exceeded the detectable limit (within ~1.5 log below NSLAB). We speculate that *Lb. wasatchii* is likely part of the resident microbiota in the USU dairy plant and contaminates cheese as opportunity provides.

*Lactobacillus wasatchii* is able to grow and produce gas in Cheddar cheese even without added ribose and galactose. This suggests that *Lb. wasatchii* is able to derive energy from the autolyzed starter culture as demonstrated in this experiment in which *Lb. wasatchii* cells reached an  $OD_{600}$  of 2.39 (higher than with 1% ribose) when grown on lactococcal starter cell lysate.

The presence of slow-growing OHF NSLAB was unsuspected in previous efforts that attempted to identify the cause of late gas production in aged cheese. This investigation further implicates *Lb. wasatchii* in late gas blowing problem in Cheddar cheese. The effect is more pronounced at elevated temperature which is common practice for cheese manufacturers to accelerate ripening.

Investigation 3 explored the consequences of making Cheddar cheese using only *Streptococcus thermophilus* with or without inoculated *Lb. wasatchii* during ripening at 6 or 12°C. Cheesemakers often use starter cultures containing *St. thermophilus* in order to accelerate the cheese making process. The downside of using *St. thermophilus* is galactose accumulation in cheese due to the inability of this bacterium to utilize galactose moiety of lactose. We hypothesized that accumulated galactose would be a substrate for

*Lb. wasatchii* to grow and produce CO<sub>2</sub> due to being an OHF NSLAB, resulting in late gassy defect in cheese.

In cheese containing added *Lb. wasatchii,* growth was observed at both ripening temperatures with  $\sim$ 1-log higher counts of *Lb. wasatchii* at 12 $\rm{°C}$  ( $\sim$ 10<sup>8</sup> cfu/g), however, gas formation was only observed at 12°C. On the other hand, in control cheeses *Lb. wasatchii* counts did not reach the detectable limit (within ~1.5-log of fast growing NSLAB) with no sign of gas formation observed at either temperature. Galactose accumulation was 0.6% at day 1 and 0.1% at wk 16 at in all cheeses ripened at both temperatures.

Using *St. thermophilus* in cheesemaking results in galactose accumulation, which *Lb. wasatchii* can utilize for growth with CO<sub>2</sub> released as a fermentation by product resulting in gassy Cheddar cheese. The presence of *Lb. wasatchii* is likely to be particularly problematic in cheesemaking involving utilizing *St. thermophilus* starter or containing adventitious *St. thermophilus*.

**APPENDICES**

# **APPENDIX A. STATISTICS FOR CHAPTER 3**

**Maximum Specific Growth Rates (µmax) when grown on Ribose** 

### **and Galactose**



**R-Square Coeff Var Root MSE umax Mean** 0.983824 10.16865 0.001780 0.017500

**Source DF Type I SS Mean Square F Value Pr > F treatment** 29 0.00577800 0.00019924 62.92 <.0001





**Means with the same letter are not significantly different. Tukey Grouping Mean N treatment** A 0.038500 2 123 A A 0.037500 2 1023





```
Means with the same letter are
   not significantly different.
Tukey Grouping Mean N treatment
           J
           J 0.004500 2 712
           JJ 0.003000 2 912
```
### **Final OD<sup>640</sup> when grown on ribose and galactose**



**R-Square Coeff Var Root MSE FinalOD Mean**

0.999169 2.506990 0.016845 0.671917

**Source DF Type I SS Mean Square F Value Pr > F treatment** 29 10.23429208 0.35290662 1243.72 <.0001

**Source DF Type III SS Mean Square F Value Pr > F treatment** 29 10.23429208 0.35290662 1243.72 <.0001

```
Means with the same letter
   are not significantly different.
Tukey Grouping Mean N treatment
      A 1.44000 2 412
      A
B A 1.42000 2 1012
```






# **µmax during growth in various concentrations of NaCl**









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**Final OD<sup>600</sup> when grown on various concentrations of NaCl**

Source	DF	Sum of Squares	Mean Square	Value	$F$ Pr $>F$
Model	11		0.01249722 0.00113611		7.87 < .0001
Error	24	0.00346667 0.00014444			
Corrected Total	35	0.01596389			

**R-Square Coeff Var Root MSE FinalODsalt Mean**

0.782843 0.603355 0.012019 1.991944

**Source DF Type I SS Mean Square F Value Pr > F treatment** 11 0.01249722 0.00113611 7.87 <.0001

**Source DF Type III SS Mean Square F Value Pr > F treatment** 11 0.01249722 0.00113611 7.87 <.0001





# **APPENDIX B. STATISTICS FOR CHAPTER 4**

### **Initial Cheese Composition**

#### **Moisture**



<sup>1</sup>Culture=with or without added Lb. wasatchii

<sup>2</sup>Cheese=No sugar, ribose, galactose or ribose plus galactose treatments



### **Salt**





**Type III Tests of Fixed Effects Effect Num DF Den DF F Value Pr > F Culture\*Cheese** 3 12 1.05 0.4063

#### **Salt-in-Moisture**





**pH**







**Fat**





**Starter Lactococci**









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**Nonstarter Lactic Acid Bacteria at 23°C (NSLAB23)**









```
T Grouping for Temp*Time
    Least Squares Means
       (Alpha=0.05)
  LS-means with the same
letter are not significantly
        different.
Temp Time Estimate
                        D
12 0.1 1.6991 D
```
**Nonstarter Lactic Acid Bacteria at 37°C (NSLAB37)**









**T Grouping for Temp\*Time Least Squares Means (Alpha=0.05)**

**LS-means with the same letter are not significantly different.**





# **Relative Gas**  $\sim$













**T Grouping for Cheese Least Squares Means (Alpha=0.05)**

**LS-means with the same letter are not significantly different.**

```
Cheese Estimate
Rib_Gal -2.5897 A
                A
Gal -2.8701 B AB
Rib -2.9248 B
```

```
T Grouping for Cheese
Least Squares Means (Alpha=0.05)
    LS-means with the same
 letter are not significantly
        different.
Cheese Estimate
                     B
Cont -3.1142 B
 T Grouping for Culture*Cheese
Least Squares Means (Alpha=0.05)
    LS-means with the same
 letter are not significantly
        different.
Culture Cheese Estimate
w Rib_Gal -1.6226 A
w Gal -2.2328 B
                        B
w Rib -2.3673 B
                        B
w Cont -2.4984 B
wo Rib -3.4823 C
                        \mathcal{C}wo Gal -3.5075 C
                        C
wo Rib_Gal -3.5567 C
                        C
```
**wo Cont** -3.7301 C

## **Sugar and Organic Acids**

## **Lactose**





```
T Grouping for Time
Least Squares Means
   (Alpha=0.05)
LS-means with the
 same letter are
not significantly
    different.
Time Estimate
1 0.4187 A
16 0.3642 B
```
### **Galactose**







155



### **Acetic Acid**







**T Grouping for Temp\*Time Least Squares Means (Alpha=0.05) LS-means with the same letter are not significantly different. Temp Time Estimate 12 16** 0.02199 A

**6 16** 0.008165 B

**12 1** 0.002987 B

**6 1** 0.000705 B

B

B

**Lactic Acid**









**Propionic Acid**







## **T Grouping for Temp\*Time Least Squares Means (Alpha=0.05)**

**LS-means with the same letter are not significantly different.**







**T Grouping for Time Least Squares Means (Alpha=0.05)**

**LS-means with the same letter are not significantly different.**

**Time Estimate 1** 0.1315 A

**16** 0.08187 B





**T Grouping for Time Least Squares Means (Alpha=0.05) LS-means with the**

**same letter are not significantly different.**

**Time Estimate**

**1** 0.001470 A

**16** 0.001130 B







```
Tukey-Kramer Grouping
for Time Least Squares
 Means (Alpha=0.05)
  LS-means with the
  same letter are
  not significantly
     different.
Time Estimate
16 0.01993 A
1 0.002312 B
```
### **Pyruvic Acid**









```
T Grouping for Time
Least Squares Means
   (Alpha=0.05)
LS-means with the
 same letter are
not significantly
    different.
Time Estimate
16 0.01370 A
               A
1 0.01217 A
```
**Uric Acid**








**Initial Cheese Composition**

**Moisture**

**Type III Tests of Fixed Effects Effect Num DF Den DF F Value Pr > F Culture** 1 2 118.53 0.0083



```
T Grouping for Culture
 Least Squares Means
    (Alpha=0.05)
  LS-means with the
   same letter are
  not significantly
     different.
Culture Estimate
w 41.5267 A
wo 38.7600 B
```
#### **Salt**



```
T Grouping for Culture
 Least Squares Means
    (Alpha=0.05)
  LS-means with the
   same letter are
  not significantly
     different.
Culture Estimate
wo 1.9267 A
                  A
w 1.7813 A
```
**Salt-in-Moisture**

```
Type III Tests of Fixed Effects
Effect Num DF Den DF F Value Pr > F
Culture 1 2 23.93 0.0393
```


**T Grouping for Culture Least Squares Means (Alpha=0.05) LS-means with the same letter are not significantly different. Culture Estimate wo** 4.7349 A **w** 4.1136 B

**Type III Tests of Fixed Effects Effect Num DF Den DF F Value Pr > F Culture** 1 2 9.31 0.0927





**Fat**

**Type III Tests of Fixed Effects Effect Num DF Den DF F Value Pr > F Culture** 1 2 1.00 0.4226



```
T Grouping for Culture
 Least Squares Means
    (Alpha=0.05)
  LS-means with the
   same letter are
  not significantly
     different.
Culture Estimate
wo 30.6667 A
                  A
w 30.5000 A
```
**Starter St. thermophilus**









**T Grouping for Time Least Squares Means (Alpha=0.05)**

**LS-means with the same letter are not significantly different.**

**Time Estimate 0.1** 9.3933 A

**8** 8.0121 B

**T Grouping for Time Least Squares Means (Alpha=0.05) LS-means with the**

**same letter are not significantly different.**





**T Grouping for Temp Least Squares Means (Alpha=0.05) LS-means with the same letter are not significantly different. Temp Estimate 6** 8.1909 A **12** 7.1548 B

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**Nonstarter lactic acid bacteria at 23°C (NSLAB23)**





**T Grouping for Time Least Squares Means (Alpha=0.05)**

**LS-means with the same letter are not significantly different.**



**Nonstarter lactic acid bacteria at 37°C (NSLAB37)**





# **NSLAB23 versus NSLAB37**







**Tukey-Kramer Grouping for Time\*Bacteria Least Squares Means (Alpha=0.05)**

**LS-means with the same letter are not significantly different.**





# **Relative Gas**





**T Grouping for Culture\*Temp\*Time Least Squares Means (Alpha=0.05) LS-means with the same letter are not significantly different. Culture Temp Time Estimate w 12 23** 100.00 A A **w 12 16** 90.6667 A **w 12 8** 40.2500 B



**T Grouping for Culture\*Temp\*Time Least Squares Means (Alpha=0.05) LS-means with the same letter are not significantly different. Culture Temp Time Estimate** C **wo 12 23** -737E-15 C

# **CURRICULUM VITAE**

# **Fatih Ortakci** Dept. of Nutrition, Dietetics, and Food Sciences Utah State University Logan, UT, 84322-8700 Phone: (435) 713-5370 E-mail: fatih.ortakci@usu.edu

### **EDUCATION**

**Ph.D.**, **Food Science** April, 2015

Utah State University GPA 4.00

- Thesis: "Contribution of a Novel Obligatory Heterofermentative Nonstarter *Lactobacillus* Species to Late Gassy Defect in Cheddar Cheese"
- Advisor: Dr. Donald J. McMahon
- Co-advisor: Dr. Jeffery R. Broadbent



- Thesis: "Improving the Health Benefits of Probiotic Bacteria by Microencapsulation"
- Advisor: Dr. Selahattin Sert



Ataturk University GPA 3.57

# **RESEARCH INTERESTS**

Dairy Microbiology Probiotics Genetics of Lactic Acid Bacteria Dairy Processing and Technology Microencapsulation

### **PROFESSIONAL PRACTICE**

# **R&D and Technical Services Intern** August-October, 2014

Saputo Inc., Green Bay, WI, USA

- Hands on experience in industrial scale manufacturing processes of a variety of cheeses such as; Mozzarella, Ricotta, Parmesan, Blue cheese, Cheddar cheese, Feta cheese, Gorgonzola, Monterey Jack, Pepper Jack, Romano, and Asiago.
- Assisted to the Tech Services Coordinator on developing a new culture media for cheese starter bacteria

### **Quality Control Manager August-December, 2008 August-December, 2008**

Dogan Organic Dairy Products Inc., Gumushane, TR

- Responsible for the assurance of the microbiological quality of organic milks in the milking station of the farm.
- No milk spoilage had occurred during the working period.

# **AWARDS and HONORS**

- 'Graduate Student Researcher of the Year 2014' in the College of Agriculture and Applied Sciences at Utah State University.
- 'Graduate Student Researcher of the Year 2014' in the Department of Nutrition and Food Sciences at Utah State University.
- Nominated for the 'Utah State University Graduate Student Researcher of the Year 2015' award.
- 'Best Poster Presentation Award' in the Institute of Food Technologists Bonneville Section Poster Competition. Salt Lake City, Utah, USA. April, 2014.
- John Seymour Memorial Scholarship for 2014-2015 Academic Year by Utah State University, College of Agriculture and Applied Sciences (USU-CAAS).
- John Seymour Memorial Scholarship for 2013-2014 Academic Year by USU-CAAS.
- Dr. Niranjan R. Gandhi and Mrs. Josephine N. Gandhi Graduate Scholarship for 2012- 2013 Academic Year by USU-CAAS.
- Dr. Niranjan R. Gandhi and Mrs. Josephine N. Gandhi Graduate Scholarship for 2011- 2012 Academic Year by USU-CAAS.
- Scholarship from the Council of Turkish Higher Education (YOK) for conducting research in the USA. March-June, 2010.

# **EXTRACURRICULAR ACTIVITY**



# **WORKSHOPS**



#### **SERVICE**



### **COMPUTER SKILLS**



### **PUBLICATIONS AND MANUSCRIPTS IN SCI/SCI EXPANDED JOURNALS**

- 1. F. Ortakci, J. R. Broadbent<sup>\*</sup>, C. J. Oberg, D. J. McMahon<sup>\*</sup>. 2014. Growth and gas production of a novel obligatory heterofermentative cheddar cheese nonstarter lactobacilli species on ribose and galactose (Accepted for publication in JDS on 02/08/2015.)
- **2. F. Ortakci,** J. R. Broadbent, W. R. McManus and D. J. McMahon\* . 2012. Survival of Microencapsulated Probiotic *Lactobacillus paracasei* LBC-1e during manufacture of Mozzarella cheese and simulated gastric digestion. J. Dairy Sci. 95 (11): 6274-6281 (**Sixteen citations**).
- **3. F. Ortakci\*** and S. Sert. 2012. Stability of free and encapsulated *Lactobacillus acidophilus* ATCC 4356 in yogurt and in an artificial human gastric digestion system. J. Dairy Sci. 95 (12): 6918-6925 (**Seven citations)**.
- **4.** F. Ertugay, M. Baslar**\*** , and **F. Ortakci.** 2013**.** Effect of Pulsed Electric Field (PEF) treatment on polyphenol oxidase, total phenolic compounds and microbial growth of apple juice. Tur J. Agric and For. Vol. 37:772-780.

### **Manuscripts submitted or in preparation for submission**

- **5.** C. J. Oberg**\*** , M. D. Culumber, T. S. Oberg, **F. Ortakci**, J. R. Broadbent, and D. J. McMahon. 2015. *Lactobacillus wasatchii* sp. nov. a novel species associated with late gas production in Cheddar cheese (Submitted to Int. J. Systematic and Evolutionary Microbiology on 02/03/2015).
- **6. F. Ortakci**, J. R. Broadbent, C. J. Oberg, D. J. McMahon\* . 2015. Late blowing of Cheddar cheese induced by accelerated ripening and ribose and galactose supplementation in presence of obligatory heterofermentative nonstarter lactobacilli species (Submitted to J. Dairy Science on 02/13/2015).
- **7. F. Ortakci,** J. R. Broadbent**\*** , C. J. Oberg, D. J. McMahon\* . 2015. Growth and gas formation by a novel obligatory heterofermetative nonstarter lactobacilli species to late gas formation in Cheddar cheese manufactured using *S. thermophilus* starter (Submitted to J. Dairy Science on 03/11/2015).

**8.** D. J. McMahon, **F. Ortakci**, L. Montierth, M. Culumber, J. R. Broadbent, and C. J. Oberg. 2015. A survey of slow growing nonstarter lactic acid bacteria in Cheddar cheese (Manuscript in preparation).

### **PUBLICATION IN REFEREED JOURNALS**

**F. Ortakci,** M. Gurses**\*** , S. Sert. 2010. Microbiological Quality of Turkish Safranbolu Delight. Journal of Agricultural Faculty of Ataturk University, 41: (2), 145-147.

### **ORAL PRESENTATIONS IN INTERNATIONAL CONFERENCES**

- **1. F. Ortakci\*** , J. R. Broadbent, C. J. Oberg, D. J. McMahon. 2015. Late blowing of Cheddar cheese induced by accelerated ripening and ribose and galactose supplementation in presence of a novel obligatory heterofermentative nonstarter lactobacilli species. (ADSA-AMPA-ASAS-CSAS-WSASAS Joint Annual Meeting, Orlando, FL, Accepted).
- **2. F. Ortakci\* ,** J. R. Broadbent, C. J. Oberg, D. J. McMahon. 2015. Growth and gas formation by a novel obligatory heterofermetative nonstarter lactobacilli species in Cheddar cheese manufactured using *S. thermophilus* starter (ADSA-AMPA-ASAS-CSAS-WSASAS Joint Annual Meeting, Orlando, FL, Accepted).
- **3. F. Ortakci.** 2013**.** Gas Forming Bacteria in Cheese. Global Cheese Technology Forum. Reno, NV (**Invited Speaker**).
- **4. F. Ortakci \* ,** J. R. Broadbent, W. R. McManus and D. J. McMahon. 2012. Survival of microencapsulated probiotic *Lactobacillus paracasei* LBC-1e during manufacture of mozzarella cheese and simulated gastric digestion. ADSA-AMPA-ASAS-CSAS-WSASAS Joint Annual Meeting, July 15-19, Phoenix, Arizona.

# **POSTER PRESENTATIONS IN INTERNATIONAL CONFERENCES**

- **1.** J. R. Broadbent**\*** , C. J. Oberg, M. D. Culumber, T. S. Oberg, **F. Ortakci**, and D. J. McMahon. Characterization of *Lactobacillus wasatchii* WDC04, a novel species associated with late gas production in cheddar cheese. 11<sup>th</sup> International Symposium on Lactic Acid Bacteria. August 31-September 4, 2014. Netherlands.
- **2. F. Ortakci\*** , C. J. Oberg, J. R. Broadbent, D. J. McMahon. 2014. The salt, pH, and thermotolerance of a novel nonstarter lactic acid bacterium that might be associated with slit defect in ripened Cheddar cheese. ADSA-AMPA-ASAS-CSAS-WSASAS Joint Annual Meeting, Kansas City, Missouri, July 20-24**.**
- **3.** C. J. Oberg**\*** , M. D. Culumber, T. S. Oberg, **F. Ortakci**, J. R. Broadbent, and D. J. McMahon. 2013. Genomic Analysis of *Lactobacillus* WDC04, A Novel Species Associated With Late Gas Production In Cheese**.** ADSA-AMPA-ASAS-CSAS-WSASAS Joint Annual Meeting, July 8-12, Indianapolis, IN, USA.
- **4. F. Ortakci\*** , C. J. Oberg, J. R. Broadbent, T. S Oberg, D. J. McMahon. 2013. Gas formation and growth characteristics of an oligotrophic *lactobacillus* species isolated from cheddar cheese. ADSA-AMPA-ASAS-CSAS-WSASAS Joint Annual Meeting, July 8-12, 2013, Indianapolis, IN, USA.
- **5. F. Ortakci\*** , S. Sert., 2012. Viability of free and encapsulated *Lactobacillus acidophilus* ATCC 4356 in Yogurt and Artificial Human Gastric Digestion System**.** ADSA-AMPA-ASAS-CSAS-WSASAS Joint Annual Meeting, July 15-19, 2012, Phoenix, AZ, USA.
- **6. F. Ortakci\* ,** and S. Sert, 2010. Main components used for microencapsulation of probiotics.1st International Congress on Food Technology. November 3-6. Belek/Antalya Turkey.
- **7.** H. Yildiz, A. Kavaz, **F. Ortakci** and S. Sert, 2010. A Traditional Food Product: Tarhana. Traditional Foods from Adriatic to Caucasus. 15-17 April Tekirdag/Turkey.
- **8. F. Ortakci\*** , B. Cetin, and S. Sert. 2009. The use of microencapsulated probiotic bacteria in several foods. 6<sup>th</sup> Food Engineering Congress, Antalya/Turkey.

# **OTHER CONFERENCES**

- IDF Cheese Ripening & Technology Symposium. 21-24 May, 2012. Madison, WI, USA.
- $\bullet$  10<sup>th</sup> Food Congress. May 21-23, 2008. Erzurum/Turkey.