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10-25-2017

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### Recommended Citation

Lori Caldwell, Elizabeth Vargis, Charles Harding, and JR Dennison, "Characterizing the Effects of Radiation on Muscle Cells," 33rd Annual Meeting of the American Society for Gravitational and Space Research, Seattle, WA, October 25-28, 2017.

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# American Society for Gravitational and Space Research



33<sup>rd</sup> Annual Meeting American Society for Gravitational and Space Research  
October 25-28, 2017  
Seattle, WA

## Characterizing the Effects of Radiation on Muscle Cells

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**Introduction:** One of the primary concerns for those spending time in low gravity and high radiation environments is muscle atrophy. A major cause of muscular atrophy is oxidative stress which is amplified by increased levels of ionizing radiation during spaceflight. Additionally, high levels of radiation can damage DNA, increasing the risk of cancer. Utah State University's Space Environment Test Facility was used to irradiate C2C12 myoblasts and human vascular endothelial cells with a beta-radiation dosage mimicking that on the International Space Station and a 3-year deep space mission.

**Methods:** Undifferentiated cells were placed in USU's Space Environment Test Facility and exposed to radiation levels between 2 Gy and 50 Gy to model the radiation dosage seen on a deep space mission. Immediately after exposure, cells were analyzed for viability and morphology damage. Another set of cells was cultured concurrently for seven days following radiation exposure prior to viability testing.

**Results and:** Cell viability decreased substantially with increased accumulated radiation dose. Following a seven-day recovery period, irradiated cell viability increased. The cell morphology of irradiated cell samples was different from the control sample in that they did not differentiate within the recovery period or after 20 days of culture. Relatively high viability for high dose radiation treatment is likely due to the undifferentiated state of the cells within the test chamber.

### Discussion

Cells exposed to high dosage radiation have decreased viability immediately following and after a seven-day recovery period. Future studies include irradiation of differentiated cardiac and skeletal muscle cells in modified well plates and attached to micro carrier beads in a rotary cell culture system to simulate microgravity effects. Ongoing studies investigate the effects of radiation on differentiated cell monolayers as well as differentiated cell clusters subjected to microgravity through a rotary culture system.

**Acknowledgements:** This research was funded in part by the Utah NASA Space Grant Consortium and the US Nuclear Regulatory Commission.