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Celebrate Disability Awareness Month

Center for Persons With Disabilities

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CELEBRATE DISABILITY AWARENESS MONTH

March 11, 2010 by cpehrson

Each March Utah joins other states to celebrate Disability Awareness Month. This year’s theme is “Help Individuals with Developmental Disabilities Climb to New Heights.”

You can heighten your awareness of disabilities by learning about the resources in your community. The Utah Parent Center provides information about resources, local activities, and trainings available to people with disabilities and their families in Utah.

The internet is another great way to learn about disabilities and the services that are available to people with disabilities. The CPD website is a great source for disability information; local, state, and national.

Volunteering for an organization that serves people with disabilities is also a good way to understand more about people who have disabilities. The CPD has a variety of volunteer opportunities that will help you meet people with disabilities.

The Utah Developmental Disabilities Council encourages us to be a “Part of the celebration, be a part of the solution.”