

Be kind to dentists, they have fillings too

Ryan Gallegos



Figure 1: Check in desk and waiting room at ABC Pediatric

Dentistry

ABC Pediatric Dentistry

The office at ABC pediatric dentistry is bright, colorful, and has a very open concept. It is a place designed for children. The first thing patients notice when they walk in are the building blocks and toys. They can also see the giant glass windows that allow them to look into the north cleaning bay. The purpose of this is to lead by example. They can see other children getting their teeth cleaned, so they feel more comfortable letting us clean their teeth. Each colored chair has a TV placed above it and the children get to choose from one of four different Disney movies for the day. Our main job is to use behavior management techniques to help children feel comfortable while getting their teeth cleaned. This will create positive memories and make future cleanings and procedures easier.

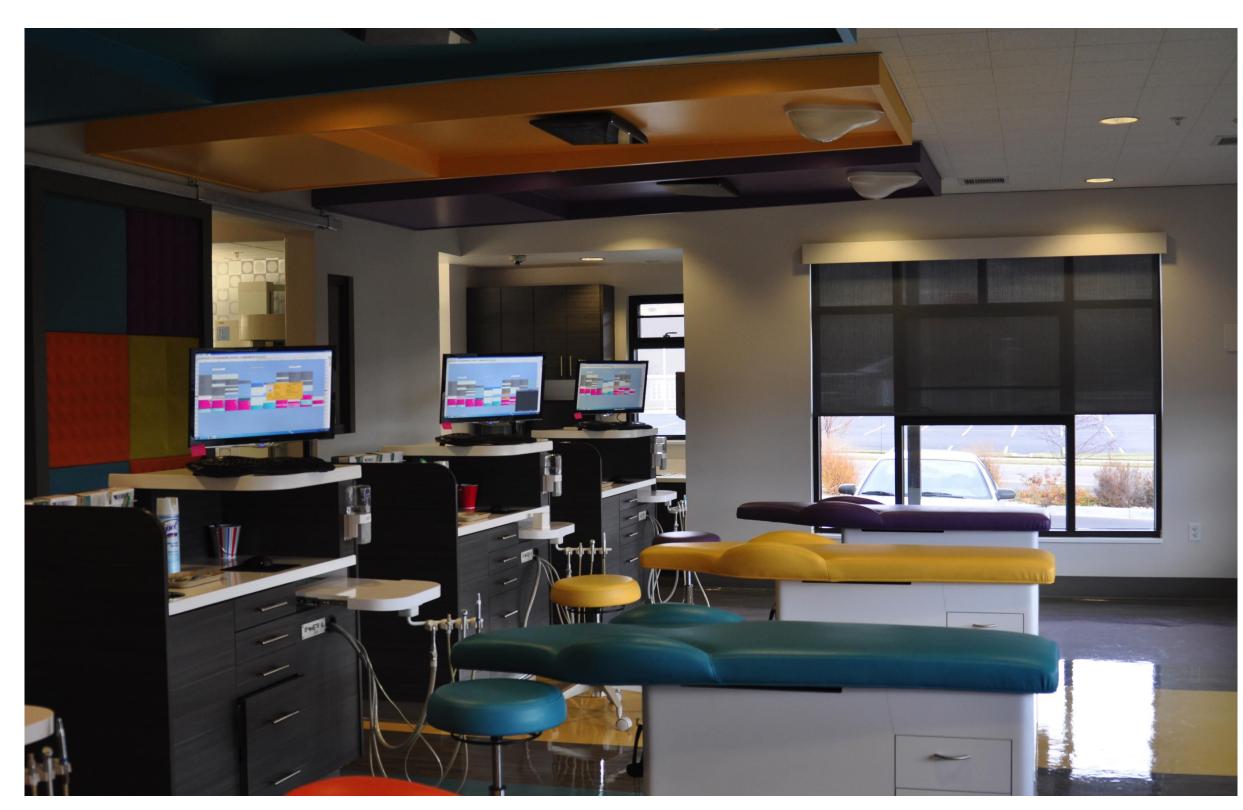


Figure 2: The Cleaning Benches in the South Bay of the office.

Internship Responsibilities

At ABC Pediatric Dentistry they have an **extensive dental assistant training program**. You start at level 0 and work your way up to a trainer.

Level $0 \rightarrow 1 \rightarrow 2 \rightarrow 3 \rightarrow$ trainer.

Below is a list procedures that we assist the dentist with.

- Level 0: Clean teeth, take radiographs, assist dentists with oral exams, verbal pass-offs (take home varnish), infection control
- Level 1: Local antiseptic, one-surface anterior/posterior fillings, extractions, placing sealants, taking impressions and cast pour-ups
- Level 2 (my current level): Seat space maintainer, stainless steel crowns, therapeutic pulpotomy, and 2,3,4-surface anterior/posterior fillings
- Level 3: Sedation procedures (GA), crowns, endodontics, and strip crowns
- Trainer: Train new assistants the steps for above procedures

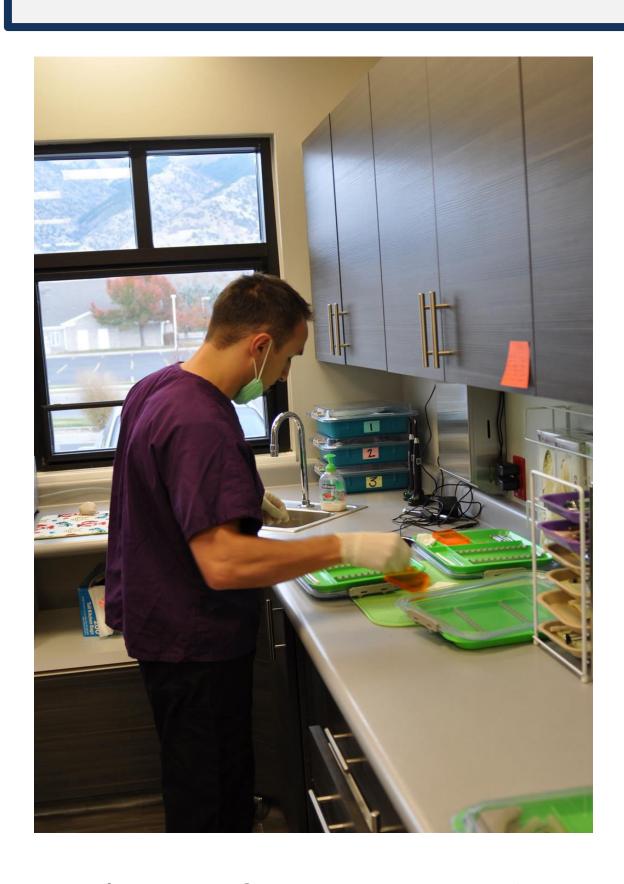




Figure 3: Me preparing restoration trays (left) and cleaning trays ready for use (right).



Figure 4: Instrument sterilization room



Figure 5: TV's above benches (left) and radiograph room (right).



How to build a well established practice

- Patient's needs are always first! A practice cannot survive without them.
- Teamwork mentality among assistants and dentists.
- Maintain Flow always be willing to help out another assistant with their duties, this will ensure that we see as many patients as possible.
- Pass-offs require that assistants know every step of the procedures at hand before they can move onto the next set of procedures.
- **Improvement** no system is perfect. It is important that everyone can adapt to different situations.



Dr. Stanton Allen DDS



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