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CPD Legacy Story: Heidi Hill

Center for Persons With Disabilities

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Our next CPD Legacy Story was written by Heidi Hill. She is 46 years old and attends the Bear River Activity and Skill Center (BRASC), a program at the Center for Persons with Disabilities at USU.

BRASC is a day program designed to support adults with disabilities by training and maintaining the skills necessary for their greatest independence and encouraging their inclusion into the community.

By Heidi Sue Hill

My name is Heidi Sue Hill. I like coming to BRASC to see my best buds. I have been coming to BRASC for many years.

When I get to BRASC by bus I get unloaded. I stow my lunch and drink in the fridge until lunchtime. After I do this I have juice and on Tuesdays and Thursdays I watch "The Price is Right". On Mondays and Wednesdays, and after "The Price is Right" on Tuesdays and Thursdays, I type documents on the computer. My favorite things to write about are rescues, Nancy Drew, and my family.

After the computer I have lunch. After lunch we have group activities which include music/story time, watching movies, food fun where we learn to cook, bowling, rocking out to Nick and friends, and making crafts.

I enjoy writing computer documents, checking my electronic mail, facebook, and watching rescues and Scooby Doo.

BRASC is important to me because I get to learn a lot of different things!