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## Pregnancy Cravings

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Eden Adams  
Logan, Utah  
October 2018

## **“Pregnancy Cravings”**

### **Folk Belief**

#### **Informant:**

Eden Adams is a missionary for The Church of Jesus Christ of Latter-Day Saints who is currently serving a mission in the Adriatic South Mission. She is from Centerfield, UT. In 2017, she graduated from Gunnison Valley High School. She loves her dog Hearty Boy and considers him a part of the family. When she returns in the summer of 2019, she hopes to go to SUU and pursue a degree in Neonatal Nursing. She also happens to be my best friend.

#### **Context:**

This interview happened via email. At the time I was corresponding with her, Eden was in Vlore, Albania. I had asked her if there were any wives’ tales or folklore that she had heard in her time on her mission. She wrote me back with this pregnancy wives’ tale. She explained that this wives’ tale would be used if a baby had a mark. If the mark is commented on, the mother will explain that her husband did not fulfill her craving while she was pregnant and so the baby was born with a mark. Eden came to learn this tale because she was asking others about folklore for me to do my project. P-days are the days missionaries have to write/email home.

#### **Text:**

“If the wife who is pregnant has a craving and you don’t give her her craving, the baby will be born with a mark.”

#### **Texture:**

Her emails have a lot of grammatical and spelling errors throughout the conversation, so I assume she was typing fast because she was in a hurry. The entire email was also very short, about two paragraphs. This is normal for Eden because she is a missionary and her time to email friends and family on P-day is very limited due to all of the planning, organizing, meeting, contacting, and tracting that they have to do. It is rare to get a grammatically correct email from her that is long. Partly, I believe the errors are because she uses English to write to family and friends on her P-day, but otherwise speaks and reads Albanian. It was a very informal tone because we are best friends, so there was no need to add in pleasantries and fluff to make each other comfortable.

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Utah State University  
ENGL 2210: Introduction to Folklore  
Dr. Lynne McNeill  
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