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## METABOLIC CAPABILITIES OF LATILACTOBACILLUS CURVATUS AND

## THE POTENTIAL USE AS AN ADJUNCT CULTURE FOR FOOD

## SAFETY AND QUALITY CONTROL IN YOGURT

by

R. Chase Wahlstrom

A thesis proposal submitted in partial fulfillment of the requirements for the degree

of

## MASTER OF SCIENCE

in

Nutrition and Food Sciences

Approved:

Taylor Oberg, Ph.D. Major Professor Prateek Sharma, Ph.D. Committee Member

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UTAH STATE UNIVERSITY Logan, Utah

2024

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## ABSTRACT

## Metabolic Capabilities of Latilactobacillus curvatus and the Potential Use as an Adjunct

## Culture for Food Safety and Quality Control in Yogurt

by

R. Chase Wahlstrom, Master of Science

Utah State University, 2024

Major Professor: Dr. Taylor S. Oberg Department: Nutrition, Dietetics and Food Sciences

Given the ever-increasing demand for clean-label products, understanding and optimizing biopreservation using lactic acid bacteria is paramount in the food and dairy industries. *Latilactobacillus curvatus* is a promising candidate as a bioprotective adjunct culture in dairy fermentations. Genomic analysis of a dairy isolate, WSU-1, identified the presence of the propane-diol utilization pathway, which can produce 3-hydroxypropionate with reuterin as an intermediate or propionate, depending on the substrate. Initial GC-MS analysis of fermentate from a controlled fermentation showed the production of 3-hydroxypropionate and propionate. A colorimetric assay for reuterin determination indicated a concentration of 1 mM after 24 hours.

An in vitro method was developed to test the antifungal capabilities of WSU-1 under three conditions: standard MRS (de Man, Rogosa, and Sharpe) agar, carbohydraterestricted (CR) MRS with 200 mM glycerol, and CR-MRS with 200 mM 1,2propanediol, using a modified overlay method in 24-well plates. A 5-point visual grading scale qualitatively demonstrated varying antifungal activity against all eight yeast and nine mold strains.

This capability was further tested in situ in a yogurt system. Three 50-gallon yogurt vats were produced in triplicate, containing either the addition of WSU-1 or WSU-1 with 200 mM glycerol. A control vat was made without the adjunct or glycerol. Yogurt was packaged into 8-ounce cups and inoculated in triplicate with a single mold or yeast strain at an inoculation rate of 10^3 CFU/g. Uninoculated cups were kept as controls. Samples were held at 8 °C for four weeks.

Standard plate counts analyzed Yeast growth weekly, showing no statistically significant inhibition in any yeast strain (Tukey HSD post hoc analysis with adjusted p-values < 0.05). Mold growth was visually analyzed using a 5-point visual classification scale, with subsequent analysis using a Kruskal-Wallis test with Dunn post-hoc analysis and Bonferroni corrections. Results showed limited inhibition in treatment yogurts compared to controls across replicates and time points.

These results indicate that while WSU-1 exhibited antifungal activity in a controlled in vitro study, these effects were not substantiated to the same extent in the yogurt system, highlighting the need for further validation in real-life food systems.

(178 pages)

## PUBLIC ABSTRACT

# Metabolic Capabilities of *Latilactobacillus curvatus* and the Potential Use as an Adjunct Culture for Food Safety and Quality Control in Yogurt

#### R. Chase Wahlstrom

In the quest for healthier and more natural food products, using beneficial lactic acid bacteria to preserve food, known as biopreservation, is becoming increasingly important. This research focused on a strain of beneficial bacteria called *Latilactobacillus curvatus* and its ability to inhibit fungal growth both in lab settings and in a yogurt system. This has the potential to enhance the safety and quality of dairy products.

We studied a specific strain of this bacteria, named WSU-1, found in dairy. Through detailed analysis, we discovered that this strain could produce substances that may help protect food from harmful microbes. In laboratory tests, we found that WSU-1 can produce compounds like 3-hydroxypropionate and reuterin, known for their antimicrobial properties.

We conducted experiments in the lab and in a yogurt production setting to test the bacteria's effectiveness in actual food conditions. In the lab, WSU-1 successfully inhibited the growth of various harmful yeast and mold strains. However, when we tested it in yogurt, the results were mixed. While WSU-1 showed some ability to prevent mold and yeast growth in controlled conditions, this effect was not as strong in the yogurt tests.

Our findings suggest that while WSU-1 has potential as a natural preservative, more research is needed to understand how it can be effectively used in food products. This work is a step toward developing safer, more natural ways to keep our food fresh and free from harmful microbes.

## DEDICATION

To my fantastic wife, Nikki, for your constant support; you are amazing.

#### ACKNOWLEDGMENTS

First and foremost, I would like to thank my parents for their unending support throughout this research and the entirety of my education. I am immensely grateful to my wonderful wife, Nikki, for her moral support and invaluable advice while navigating grad school; you are the best. I also wish to thank the entire BUILD Dairy organization for their support throughout this project, as well as during my undergraduate research and education. I can confidently say that I would not be here today without their support. Lastly, I would like to thank my committee, especially my advisor, Taylor Oberg, for all your assistance and mentorship throughout this project.

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## LIST OF ABBREVIATIONS

- 1,3-PDO = 1,3-propanediol
- 3-HP = 3-hydroxypropionate
- 3-HPA = 3-hydroxypropionaldehyde
- BCP = Bromocresol purple
- BPW = Buffered peptone water
- CR-MRS = Carbohydrate-restricted MRS
- GRAS = Generally recognized as safe
- LAB = Lactic acid bacteria
- ME = Malt Extract
- MRS = De Man–Rogosa–Sharpe
- NSLAB = Non-starter lactic acid bacteria
- PBS = Phosphate-buffered saline
- RAST = Rapid Annotation using Subsystem Technology
- SLAB = Starter lactic acid bacteria
- Tm = Primer melting temperature

#### INTRODUCTION

Bio-preservation is currently one of the most compelling topics in the food and dairy industry. In response to consumer demand for cleaner labels—featuring fewer ingredients and more natural components—food industries are compelled to explore natural methods of food preservation that uphold food quality and shelf-life standards. Bio-preservation harnesses the potential of organisms such as lactic acid bacteria (LAB), leveraging their unique metabolic capabilities to suppress spoilage organisms, thereby reducing reliance on artificial preservatives.

Among these organisms, *Latilactobacillus curvatus* strain WSU-1 emerges as a promising candidate for bioprotective applications, particularly in dairy products like yogurt. The distinctive metabolic and physiological traits of *Lat. curvatus* WSU-1 enable it to inhibit various microbes through the production of antimicrobial compounds, such as reuterin, alongside other competitive advantages. Unraveling the full scope of its metabolic capabilities and assessing its efficacy as a protective adjunct culture against mold and yeast spoilage holds significant implications for the food and dairy industries.

By delving into the mechanisms by which *Lat. curvatus* WSU-1 preserves yogurt, we aim to expand our understanding of biopreservation and contribute to the development of safer, more natural food preservation techniques that align with consumer preferences and industry standards.

## HYPOTHESIS AND OBJECTIVES

## **Hypotheses:**

- 1. *Lat. curvatus* strain WSU-1 can produce the antimicrobial compound reuterin in bulk fermentation and inhibit an array of dairy spoilage fungi, including yeasts and molds, in an in vitro system.
- 2. *Lat. curvatus* can produce reuterin in situ in a yogurt fermentation and inhibit an array of dairy spoilage yeasts and molds in a yogurt system.

## **Objectives:**

- 1. The metabolic capabilities of *Lat. curvatus* will be analyzed in model bulk fermentations and tested in vitro for antifungal properties.
- 2. *Lat. curvatus* will be tested in situ in a yogurt system, and its antifungal capabilities will be examined over a typical shelf life against an array of common dairy spoilage fungi.
- 3. Yogurt produced with and without *Lat. curvatus* adjunct will be subject to consumer testing to determine if there is a significant difference between the yogurts.

#### LITERATURE REVIEW

#### **Bio-preservatives and their importance**

One of the leading causes of product loss and one of the biggest health concerns in the food industry is contamination, be it from mold, yeast, or bacteria. Dairy products have been found to be very susceptible to fungal spoilage (Suriyarachchi and Fleet, 1981; Kure et al., 2004; Ledenbach and Marshall, 2009). Thus, effectively identifying sources of contamination and developing inhibitory products against these organisms has been a prominent topic in the dairy industry for many years.

Post-pasteurization contamination has been identified as the primary concern of mold contamination, either through the air or improperly cleaned processing and packing equipment because these organisms have not been found to survive pasteurization (Beletsiotis et al., 2011). Regardless of the source, inhibiting the growth of these organisms below the required threshold is essential to prevent significant waste in the dairy industry.

Yogurt is a fermented dairy product with a low pH and high nutritional content. Because of its low pH, several acid-tolerant molds and yeasts have been identified as the primary sources of contamination. Belonging to the phyla Ascomycota and Zygomycota and specifically, from the genera *Aspergillus spp. Penicillium spp., Fusarium spp.*, and *Alternaria spp.* among molds and *Candida spp., Mucor spp.*, and *Rhizopus spp.* Among the yeasts (Beletsiotis et al., 2011). The spoilage effects of yeast in yogurt have been covered extensively in the literature (Suriyarachchi and Fleet, 1981; Fleet and Mian, 1987; Fleet, 1990). Although accounting for many spoilage issues, yeasts do not present a substantial health risk, as noted by Fleet. However, there are several potentially dangerous bacteria, such as E. coli and Listeria, that could be present in dairy products (Ryser et al., 1985; Hicks and Lund, 1991; Arocha et al., 1992). In addition, mycotoxins, resulting from mold growth, are a concern when it comes to fungal contamination because of their danger to public health as well as the dairy economy (Filtenborg et al., 1996; Dalié et al., 2010; Becker-Algeri et al., 2016).

Previous attempts to mitigate spoilage by unwanted microbes have led to the development and use of many different artificial preservatives, such as benzoates and sorbates, and antimicrobials like natamycin (Fleet and Mian, 1987; Brul and Coote, 1999; Paul Ross et al., 2002; Mroueh et al., 2008). However, shorter ingredient labels and a reduction in the use of synthetic chemicals are becoming essential to satisfy consumer demand for clean-label products across the food industry (Mills et al., 2011).

This poses the challenge of maintaining control of spoilage and pathogenic organisms without compromising quality and maintaining a clean label. Bio-preservation through antimicrobial production in lactic acid bacteria (LAB) has emerged as a frontrunner for clean-label food preservation in the dairy industry (Crowley et al., 2013a; Makki et al., 2020).

#### LAB as bio-preservative cultures

The use of LAB as a food preservation method spans centuries and is generally recognized as safe (GRAS) by the USDA and FDA. This group of bacteria produces a highly diverse array of fermentation products such as flavor compounds, organic acids, proteases, low molecular weight antimicrobial compounds, and bacteriocins (Klaenhammer, 1988; Muriana and Luchansky, 1993). However, the production of antimicrobial compounds is not the only mechanism for inhibition in LAB, and often, these compounds are found below MIC when analyzed alone.

The diverse physiological capabilities and biochemistry permit LAB to outgrow and outcompete many other organisms, and this has recently been found to be one of the most essential factors permitting LAB to outcompete and inhibit other contaminate organisms. One of these mechanisms is manganese scavenging (Siedler et al., 2019, 2020; Shi and Maktabdar, 2022), where the presence of an mntH gene has displayed a distinct phylogenetic pattern within the *Lactobacillus* genus (Hohle and O'Brian, 2009; Siedler et al., 2020; van Gijtenbeek et al., 2021). Both antimicrobial compound production and competitive exclusion culminate in making LAB bio-preservatives an additional tool in food preservation hurdle technology (Rouse et al.; Singh and Shalini, 2016).

LAB efficacy as a preservative has been shown against many organisms, including pathogenic bacteria (Castellano et al., 2008; Mobarak et al., 2015) and mold and yeast spoilage (Gerez et al., 2013; Leyva Salas et al., 2017; Salas et al., 2018). Additionally, the use of LAB as a bioprotective agent has been demonstrated in many fields throughout the food industry, including dairy (Sedaghat et al., 2016), meats (Castellano et al., 2008, 2010), fruits (Crowley et al., 2013b), cereals (Russo et al., 2017) among others.

The efficiency of different commercial protective cultures in dairy products, such as cottage cheese, queso fresco, Greek yogurt, and others, against common yeasts and molds has been studied. It was found that commercial bio-preservative cultures vary substantially in their ability to inhibit molds and yeasts in different dairy matrices (Buehler et al., 2018; Makki et al., 2020, 2021). Studies analyzing various LAB in a yogurt system have shown high variation in fungal susceptibility between LAB species (Delavenne et al., 2013). In addition, there have been studies investigating the inhibitory effects of protective cultures against pathogenic bacteria typically found in dairy, such as *E. coli* 0157:H7 and *Listeria monocytogenes* (Al-Nabulsi et al., 2021; van Gijtenbeek et al., 2021).

## Latilactobacillus curvatus potential as a bio-preservative

*Latilactobacillus curvatus* is a facultative heterofermentative lactic acid bacterium that has garnered a lot of interest as both a candidate probiotic as well as a bioprotective agent in various food products (Chen et al., 2020; Heidari et al., 2022) and has been isolated from a diverse array of food products. Most commonly associated with aged meats and meat packing (Hammes et al., 1990; Hammes and Hertel, 1998; Castellano et al., 2010), *Lat. curvatus* has also been isolated out of dairy (Kask et al., 2003), sourdough bread (Michel et al., 2016), and honey (Bulgasem et al., 2018), as well as many

fermented vegetables such as pickles, sauerkraut, and kimchi (Vogelxy et al., 1993; Jung et al., 2011; Nakano et al., 2016).

Recently, *Lat. curvatus* has been identified as a member of the NSLAB (nonstarter lactic acid bacteria) population found in many aged hard and semi-hard cheeses and is the most common NSLAB found in North American cheeses (Broadbent et al., 2003; Oberg et al., 2022). In previous research, several strains of *Lat. curvatus* were isolated from aged cheddar cheese, and next-generation whole genome sequencing was performed (Broadbent et al., 2014). After analyzing the genomes, several interesting potential metabolic pathways were identified.

One interesting pathway has the potential to produce propionic acid from lactate, or 1-2 propanediol, a potential antimicrobial, and another pathway has the potential to metabolize glycerol and produce reuterin (Terán et al., 2018), a potent antimicrobial that has been shown to be effective against common pathogenic organisms found in dairy products (Talarico and Dobrogosz, 1989; El-Ziney and Debevere, 1998).

## Lat. curvatus antimicrobial capabilities

#### Reuterin

Reuterin is defined as a dynamic system composed of 3-hydroxypropionaldehyde (3-HPA), its hydrate form, its dimer, and, as of 2016, acrolein (Engels et al., 2016), which is a result of spontaneous dehydration of 3-HPA in aqueous solutions (Vollenweider and Lacroix, 2004; Engels et al., 2016). The biological formation of reuterin as well as 3-hydroxypropionic acid has been well documented in bacterial genera

*Clostridia, Klebsiella, Citrobacter*, as well as *Lactobacilli*, an important member of the lactic acid bacteria (Talarico et al., 1988; Dishisha et al., 2014).

The synthesis of reuterin has been identified as an intermediate product of the PDU pathway, a glycerol fermentation pathway in which glycerol is converted into 3hydroxypropionic acid (3-HP) and 1,3-propandiol (1,3PD) catalyzed by a B12-dependent glycerol dehydratase, with 3-HPA serving as an intermediate (Fig. 1) (Dishisha et al., 2014; Gopi et al., 2015).



**Figure 1.** Fermentation mechanism of glycerol to its two end products 3-HP and 1,3PD by means of the intermediate 3-HPA catalyzed by a B-12 dependent dehydrogenase (Dishisha et al., 2014).

The antimicrobial mechanism of reuterin induces oxidative stress through modification of thiol groups in proteins and small molecules, depleting glutathione and modifying functional enzymes (Schaefer et al., 2010; Vollenweider et al., 2010; Engels et al., 2016). Reuterin is effective at inhibiting a broad range of Gram-positive and Gram-negative bacteria, bacterial spores, fungi, and protozoa, including food-borne pathogens, such as *E. coli* 0157:H7 studied in White brined cheeses (Ávila et al., 2014; Al-Nabulsi et al., 2021) as well as *L. monocytogenes* and *S. aureus* in milk and cottage cheese (El-Ziney and Debevere, 1998; Arqués et al., 2004). However, it was noted that Gram-positive bacteria were more resistant (Ortiz-Rivera et al., 2017).

Research has been conducted to determine the minimum inhibitory activity (MIC) and minimum fungicidal activity (MFC) of reuterin against a panel of abundant common fungi related to food contamination and spoilage. The study also tested the antifungal activity of purified reuterin in yogurt, where concentrations above 1.38 mM inhibited the visual growth of fungi but also resulted in a yellowish color to the yogurt (Vimont et al., 2019).

Additional literature has found that the fermentation of glycerol to reuterin can cause shifts in the L\* a\* b\* color spectrum (Gómez-Torres et al., 2014); they observed that cheese made with *Lim. reuteri* in the presence of 100mM glycerol caused positive change on the a\* scale, resulting in a pink-reddish color. Additionally, (Ortiz-Rivera et al., 2017) noted that a fermented milk product without reuterin displayed higher L\* values than a fermented milk product with reuterin. Still, fermented milk products with reuterin tended to show higher a\* and b\* values than their reuterin-free counterparts, which signifies a shift from light greenish tones to yellowish-orange tones. However,

they concluded that the presence of reuterin did not cause relevant changes in the quality parameters of the fermented milk product, including pH, acidity, soluble solids, color, and rheological aspects (Ortiz-Rivera et al., 2017).

#### Propionic acid

Propionic acid is a ubiquitous fatty acid present in many processed foods and animal feedstocks. It is a natural intermediate and metabolite in many biological processes. Designated as generally regarded as safe (GRAS) by the US Food and Drug Administration, propionic acid has shown little toxicity in humans (Gad, 2014). In addition, it has been shown to have a strong inhibitory effect on many molds and yeasts typically found as spoilage organisms in lactic acid fermented foods by inducing fungal cell death through mitochondria-mediated apoptosis (Moon, 1983; Yun and Lee, 2016).

A mechanism to produce propionate from 1-2PD has been found in other bacteria such as *Lim. reuteri* encoded within the *pdu* operon, as shown in (Figure 2) (Rolf et al., 1998). Like the formation of reuterin, the metabolism of 1-2PD to propanol and propionate is catalyzed by a cobalamin-dependent diol dehydratase (EC 4.2.1.28). 1,2-PD utilization occurs, with disproportionation to propionate and propanol. Cobalamin is also synthesized (Sriramulu et al., 2008).

Resting cells of *Lim. reuteri* induced in the presence of 1,2PD have shown significant capabilities to convert aqueous glycerol to 1,3PD, 3HPA, and a compound proposed to be 3-hydroxypropionic acid (Amin et al., 2013). Helping to illustrate the potential of the pathway to produce propionate but also be a key in the formation of reuterin.



**Figure 2.** Mechanism for the metabolism of 1-2PD to propionate through PDU operon (Rolf et al., 1998).

## **Summary**

The literature demonstrates the critical need for effective bio-preservatives in the dairy industry to combat contamination and spoilage caused by molds, yeasts, and bacteria. Traditional preservatives are becoming less favorable due to consumer demand for clean-label products, leading to increased interest in natural preservation methods such as the use of lactic acid bacteria (LAB).

LAB, including *Latilactobacillus curvatus*, have shown promising antifungal and antimicrobial properties through mechanisms such as competitive exclusion, manganese

scavenging, and the production of bioactive compounds like reuterin and propionic acid. While in vitro studies have highlighted the potential of LAB in controlling spoilage organisms, in-situ applications, particularly in complex food matrices like yogurt, present additional challenges and variables.

This study's comprehensive exploration of *Lat. curvatus* WSU-1 aims to bridge the gap between in vitro efficacy and practical in-situ application. By understanding the genomic, biochemical, and antifungal properties of *Lat. curvatus*, this research seeks to evaluate its potential as a bio-preservative in dairy products. The findings will contribute to the broader knowledge of bio-preservation and support the development of effective natural preservation strategies in the food industry.

#### **METHODS**

#### **Objective 1: In vitro analysis of** *Lat. curvatus*

Culture preparation and enumeration

This study utilized nine mold and eight yeast strains for both the in vitro and in situ analyses against *Latilactobacillus curvatus* strain WSU-1. All strains are listed in Table 1 and will be referred to by their label designation. All fungal strains were obtained from the Food Safety Laboratory isolate collection at Cornell University. These isolates are the same strains previously analyzed against commercial protective cultures in cottage cheese and queso fresco (Makki et al., 2020, 2021). Previously isolated samples of *Lat. curvatus* strain WSU-1 were revived from freezer samples from the Oberg lab at Utah State University.

To ensure a consistent inoculum rate of *Lat. curvatus* in all trials of this study, *Lat. curvatus* was grown overnight and diluted to an optical density value of 1 measured at 600nm ( $OD_{600}$ ). This culture was serially diluted and plated on MRS agar in triplicate, incubated anaerobically for 48 hours, and counted. This was repeated in triplicate. All subsequent analyses in this study using *Lat. curvatus* were done using a culture at  $OD_{600}$ 1 to ensure consistent inoculum concentrations.

To differentiate *Lat. curvatus* from the starter lactic acid bacteria (SLAB) used in yogurt production, the vancomycin resistance of *Lat. curvatus* was tested by plating an  $OD_{600}$  1 culture on MRS + 50ug/mL vancomycin plates and standard MRS plates.

Following anaerobic incubation at 37°C for 48 hours, plates were counted and analyzed to see if there was any difference. This test was also conducted with the starter cultures *Streptococcus thermophilus* and *Lactobacillus delbrueckii* subsp. *bulgaricus* to determine if *Lat. curvatus* could be quantified in a co-culture while inhibiting the predominant SLAB found in yogurt production.

Enumeration and standardization of yeast strains used for inoculation in all phases of this study were prepared by diluting overnight cultures grown in Malt Extract (ME) Broth (Becton Dickinson, Franklin Lakes, NJ) to OD<sub>600</sub> 1; the cultures were then serially diluted using 1:10 dilutions in Buffered Peptone Water (BPW) (Becton Dickinson, Franklin Lakes, NJ), plated on ME agar, and incubated at 25°C for 48 hours. Plates were counted, and the concentration was determined based on the dilution factor. The results are the average of triplicate plating. Additionally, counts were compared to those using a Neubauer-improved counting chamber.

The preparation of mold spore inoculum for all trials in this project was adapted from the protocol outlined in (Makki et al., 2021). The nine mold strains were grown on MEA for two weeks. Plates were then flooded with 25 mL of Phosphate Buffered Solution containing 0.1% Tween 80, and the surface was gently scraped using a sterile plate spreader to release spores from the mycelium. The solution was filtered through 4 layers of cheesecloth to remove residual mycelium from the spore solution. The resulting solution was enumerated using a Neubauer-improved counting chamber. The resulting solution was divided into 1mL aliquots for each solution made to limit them to a single freeze-thaw cycle.

Label <sup>1</sup>	Strain <sup>2</sup>	Туре	ID <sup>3</sup>	Isolate Source
Y1	Pichia fermentans	Yeast	B90001	Raw Milk
¥3	Clavispora lusitaniae	Yeast	B90007	Raw Milk
Y4	Debaryomyces hansenii	Yeast	B90013	Cheese
¥5	Debaryomyces prosopidis	Yeast	B90028	Cheese
Y6	Candida zeylanoides	Yeast	B90031	Cheese
Y8	Rhodotorula mucilaginosa	Yeast	E20331	Dairy Processing Environment
¥9	Meyerozyma guilliermondii	Yeast	E20377	Yogurt
Y10	Torulaspora delbrueckii	Yeast	E20442	Yogurt
<b>M1</b>	Penicillium commune	Mold	B90026	Cheese
M3	Penicillium citrinum	Mold	E20297	Yogurt
<b>M4</b>	Penicillium decumbens	Mold	E20320	Dairy Processing Environment
M5	Aspergillus cibarius	Mold	E20323	Dairy Processing Environment
M6	Penicillium roqueforti	Mold	E20329	Dairy Processing Environment
<b>M7</b>	Penicillium chrysogenum	Mold	E20332	Dairy Processing Environment
<b>M8</b>	Phoma dimorpha	Mold	E20369	Yogurt
M9	Mucor racemosus	Mold	E20368	Yogurt
M10	Trichoderma amazonicum	Mold	E20387	Yogurt

Table 1. Mold and Yeast Reference

1. Abbreviated labels used in both in vitro and in situ studies.

2. All strains received from Food Safety Laboratory isolate collection at Cornell by Dr. Samuel Alcaine (Cornell University, Ithaca, NY).

3. ID refers to identification in the Food Microbe tracker database (www.food microbetracker.com

#### DNA sequencing and culture identification

Five isolates of *Lat. curvatus* strain WSU-1 were revived from freezer stocks. Each isolate was grown in MRS broth media and incubated at 37°C for 48 hours, then streaked for isolation on MRS agar plates. The plates were grown in an anaerobic chamber with BD GasPak (Becton Dickinson, Franklin Lakes, NJ) for 48 hours at 37°C. Individual colonies for each strain were then inoculated into MRS broth and grown for 48 hours at 37°C, which were then used for 16S rRNA DNA extraction.

DNA extraction was performed using the MasterPure Gram Positive DNA Purification Kit (Biosearch Technologies, Hoddesdon, United Kingdom), with the addition of mutanolysin (Sigma-Aldrich, St. Louis, MO). DNA purity and concentration were determined by spectroscopy using a NanoDrop One (ThermoScientific, Waltham, MA) and fluorometry using a Quibit 4 fluorometer (ThermoScientific).

Amplification of DNA through PCR was conducted using Invitrogen Platinum Hot Start PCR 2X Master Mix (ThermoScientific). Each strain was amplified using three different primer sets (Eurofins, Luxemburg), as detailed in Table 2. The PCR was run for 40 cycles in a thermocycler. Confirmation and quantification of amplification were conducted using a DNA 7500 bioanalyzer (Agilent, Santa Clara, CA). Following confirmation of amplification, purity based on amplicon size, and quantification of DNA, excess oligos and primers were removed using a SpinPrep PCR cleanup kit (Millipore Corp., Burlington, MA).

Purified PCR products for all strains were sent to the USU Center for Integrated Biosystems for DNA sequencing using an ABI PRISM 3730 DNA Analyzer. Resulting sequences were analyzed and trimmed using 4Peaks software (4Peaks, RRID:

SCR\_000015), and identity was determined using NCBI BLAST (Altschul et al., 1990).

## Yeast & Mold

Identity Confirmation of all fungal strains was confirmed through 18S rRNA sequencing. Mold strains were grown on ME agar plates and incubated for two weeks at 25°C. Yeast strains were inoculated into ME broth, incubated at 25°C for 48 hours, then streaked for isolation on ME agar, incubated for 48 hours at 25°C, and reinoculated into ME broth for another 48 hours. The Fungi/Yeast Genomic DNA Isolation Kit (Norgen, Thorold, ON, Canada) extracted DNA for both yeast and mold.

DNA amplification by PCR was conducted using Invitrogen Platinum Hot Start PCR 2X Master Mix, with 18S rRNA primers (ITS1-F and ITS4-R), as detailed in Table 2. The PCR reaction was carried out in a thermocycler with an annealing temperature (Tm) of 52.7°C and run for 35 cycles. Identity was confirmed as previously outlined for *Lat. curvatus*.
Seq. Name	Seq 5' to 3'	Tm
27F	AGAGTTTGATCMTGGCTCAG	59.4
1492R	ACGGYTACCTTGTTACGACTT	59.6
16SUNIF	TTTGATCCTGGCTCAGGAC	60.2
16SUNIR	TGGTTGGATACCGTCACTAC	60.4
CurvatusF	ACTCTCATTGAATTAGGACGT	56.7
CurvatusR	CCCGTGTTGGTACTATTTAAT	56.7
ITS1-F	CTTGGTCATTTAGAGGAAGTAA	57.1
ITS4-R	TCCTCCGCTTATTGATATGC	58.4

Table 2. Table of the primer sequences used in 16S and 18S rRNA sequencing.

Genomic analysis

Previously, *Lat. curvatus* strain WSU-1 underwent whole genome sequencing and was uploaded to the Rapid Annotation using Subsystem Technology (RAST) prokaryotic genome annotation service (Aziz et al., 2008). The *Lat. curvatus* WSU-1 genome was analyzed using RAST to identify potential antimicrobial-producing genes.

BCP carbohydrate analysis

In addition to 16S rRNA sequencing, a carbohydrate metabolism profile of *Lat. curvatus* WSU-1 was conducted to confirm identity compared to previous API carbohydrate fermentation panel results on known WSU-1 isolates (unpublished data). Based on this data, the strains should be lactose and citrate negative and positive for galactose, glucose, and ribose, with no gas production. The isolate with the lowest galactose utilization was selected for future trials.

The test was run on five different WSU-1 isolates using bromocresol purple (BCP) broth (Sigma Aldrich) containing one of 5 carbon sources: 1% lactose, 1% galactose, 1% glucose, 1% ribose, and 0.2% citric acid, Durham tubes were added to each tube to detect gas production. Tubes were analyzed based on color change from purple to yellow and cell growth with a 5-point visual classification scale:

(-) no growth and no color change,

(+-) light purple color,

(+) very light yellow/grey color,

(++) yellow color,

(+++) strong yellow color and pellet present.

Gas production, if present, will be indicated with (\*).

#### Lat. curvatus metabolic analysis

Glycerol fermentation analysis

Batch fermentations were conducted using a Sartorius bioreactor to determine the functionality of the *pdu* operon in *Lat. curvatus* WSU-1 and quantify its products. The fermentations involved growing *Lat. curvatus* WSU-1 in carbohydrate-restricted MRS (CR-MRS) media supplemented with coenzyme B12 (Sigma-Aldrich) at a concentration of 2 mg/L, with either 200 mM glycerol or no glycerol. *Lat. curvatus* was inoculated at a rate of 1% from an overnight culture standardized by spectrophotometry to an OD<sub>600</sub> of 1. Additionally, a negative control of sterile CR-MRS was also included for all subsequent assays. The fermentations were run for  $24 \pm 2$  hours.

To analyze the metabolic products of *Lat. curvatus* WSU-1 fermentation of glycerol under various conditions, a cell-free supernatant had to be created for all fermentation conditions tested. Following fermentation, 50 mL of the culture was centrifuged at 10,000 x g for 10 minutes. The resulting supernatant was then transferred and sterilized by filtering it through a 0.20 m filter. The cell-free supernatant was stored at -20 °C until use in subsequent assays. This process was repeated three times.

# Variable carbohydrate fermentation

Adapting the protocol from (Lüthi-Peng et al., 2002a), *Lat. curvatus* fermentation of 200 mM glycerol in the presence of either 20 mM glucose, galactose, or ribose and 2 mg/L B12 was conducted in 100 mL medicine bottles. 0.2 µm filter sterilized carbohydrate stock solutions of 20% were made and added to CR-MRS post-autoclave as indicated. An overnight culture of *Lat curvatus* was standardized to an OD<sub>600</sub> of 1, pelleted at 1500 x g for 10 minutes, rinsed with BPW to remove residual carbohydrates, resuspended in CR-MRS, and inoculated at 1%. Bottles were sealed with a rubber septum, and the headspace was purged with nitrogen gas to ensure anaerobic conditions. Bottles were incubated at 37 °C for 48 hours, with samples being collected aseptically using a sterile needle through the septum cleaned with 70% isopropyl alcohol. Cell-free supernatant was prepared as previously specified. Reuterin concentration was determined by colorimetric method at 24 and 48 hours for all samples.

Two-step fermentation

To determine the quantity of reuterin produced by glycerol fermentation alone, a modified version of the two-step fermentation outlined in (Doleyres Beck S Vollenweider C Lacroix, 2005) was used. An overnight culture of *Lat. curvatus* standardized to an OD<sub>600</sub> of 1 was inoculated into 1 liter of MRS containing 20 mM glycerol and 0.2 mg/L B12 and incubated for 18 hours in a bioreactor. After incubation, the culture was pelleted at 1,500 x g for 10 minutes, washed with PBS buffer, pelleted again, resuspended in PBS, and inoculated into DI water containing 200 mM glycerol, 2 mg/mL B12. This was incubated at 37 °C for 18 hours. Samples were taken at 2hr, 4hr, and 18hr, with the supernatant prepared as previously outlined and tested for reuterin production using the colorimetric method described below.

#### Detection and quantification of reuterin and PDU pathway

Previously prepared cell-free supernatants were analyzed for reuterin production as well as metabolic end products of the PDU pathway. Gas chromatography-mass spectrometry (GC-MS) was employed to detect the presence of 1,3-propanediol (1,3-PD) and 3-hydroxypropionaldehyde (3-HP) to verify the functionality of the pathway. The intermediate, reuterin, was quantified using a modified colorimetric method initially proposed by (Circle et al., 1945) and adapted by (Lüthi-Peng et al., 2002b; Doleyres Beck S Vollenweider C Lacroix, 2005).

To a 1.5 mL cuvette, 330µL of sample or standard was mixed with 75µL of 0.1 M tryptophan suspended in 0.05 N HCl, 150 µl EtOH, and 945µL of concentrated fuming HCl. The cuvettes were covered and incubated for 50 minutes at 40 °C. Immediately following incubation, samples were read at 560nm. Results were compared to a standard

curve constructed with concentrations ranging from 1.5 to 15  $\mu$ g/mL of acrolein (2propenal), setting the limit of quantification (LOQ) at 1.5  $\mu$ g/mL.

The standard curve was generated using a purified acrolein standard (Restek, Bellefonte, PA), prepared, and analyzed in the same manner as the samples. This standardization ensured accuracy and consistency in quantifying reuterin across all samples.

# Antifungal Challenge of Lat. curvatus

In addition to genomic and biochemical analysis of *Lat. curvatus* metabolic capabilities, the primary interest in this study was to understand the antifungal effects of *Lat. curvatus* WSU-1. To achieve this, two different assays were developed: one tested the antifungal effects of the cell-free supernatant of *Lat. curvatus* fermentations, and the other tested its antifungal capabilities when grown in co-culture with various mold and yeast species.

## Yeast inhibition 96 well plate

In this trial, all eight yeast strains were tested against four different concentrations (0.0%, 0.1%, 1.0%, and 10.0%) of WSU-1 supernatant containing reuterin and supernatant fermented without glycerol (thus not containing reuterin). This trial was conducted in a 96-well plate with a total volume of 300  $\mu$ L in each well. Each well contained 267  $\mu$ L of malt extract (ME) broth, 30  $\mu$ L of the appropriate supernatant dilution, and 3  $\mu$ L of yeast culture standardized to an OD<sub>600</sub> of 1, resulting in a 1.0% inoculation. The plates were incubated for 48 hours at 25°C, and OD<sub>600</sub> readings were taken at 6, 24, and 48 hours.

24 well overlay method

The inhibitory effects of *Lat. curvatus* WSU-1 were tested against eight yeast and nine mold strains utilizing a modified overlay method in 24-well plates adapted from the literature (Delavenne et al., 2013; Cheong et al., 2014; Inglin et al., 2015). This assay is a development of a high-throughput method for analyzing the in vitro antifungal efficacy of candidate biopreservative bacteria under various growth conditions.

Each mold and yeast strain was tested individually employing a soft agar overlay onto agar containing *Lat. curvatus* WSU-1 grown under three different conditions. Rows separated each growth condition in the 24-well plate, where each column separated the 17 different fungi or controls. The three conditions were MRS agar, CR-MRS agar + 200 mM glycerol + 2 mg/L B12, and CR-MRS agar + 200 mM 1-2 propanediol + 2 mg/L B12.

Plates were prepared aseptically in a biosafety cabinet by filling each well with  $600 \ \mu$ L of the specified media, allowing them to cool and solidify. Each well was spotted with 10  $\mu$ L of overnight standardized 1 OD<sub>600</sub> *Lat. curvatus* WSU-1 culture. The first row in each plate contained standard MRS and was spotted with sterile MRS broth, serving as a positive control for fungal growth. Spots were allowed to dry, and plates were covered with a lid treated with 0.05% Triton 100X in 20% ethanol to limit condensation on the plate lid and prevent cross-contamination between wells (Brewster, 2003). Plates were grown in an anaerobic chamber and incubated at 37°C for 48 hr.

Following incubation, a fungal overlay was conducted using ME soft agar (0.7% agar), which was boiled and distributed into 1.5 mL microcentrifuge tubes. Tubes were autoclaved and tempered to 40  $^{\circ}$ C on a heat block. One at a time, each tube was

inoculated with either 50  $\mu$ L of a 6 log<sub>10</sub> spores/mL solution for mold or 50  $\mu$ L 1 OD<sub>600</sub> overnight yeast. Tubes were vortexed to ensure homogenization of the fungi, and 200  $\mu$ L of the solution was overlaid onto each of the wells in the column for final concentrations of 4 log<sub>10</sub> yeast or spores/mL. Plates were incubated at 25°C for 96 hours. Following incubation, plates were photographed under controlled identical lighting and distance, then qualitatively assessed for the level of inhibition using a 5-point visual classification scale. Results were reported as follows: (-) No Inhibition, (+\*) Slight fading/color change, (+) Fading of growth/slight ring, (++\*) Ring of inhibition present, (++) Complete visual inhibition/no growth.

# Objective 2: in-situ analysis of Lat. curvatus WSU-1 in yogurt a system

### Experimental Design

The experiment employed a factorial split-plot design to investigate the effects of treatments on the outgrowth of fungi in yogurt batches over time.

Factors

Main factor: Treatments - Control, Treatment 1, Treatment 2 (3 levels)

Sub-factor: Fungi species - 17 different species (factors nested within the primary

treatment factor)

Temporal factor: Time points – 5-time points (factors nested within the primary treatment factor and sub-factor)

Design structure

Each treatment level (Control, Treatment 1, Treatment 2) represents a whole plot. The 17 different fungi species were randomly assigned to sub-plots within each plot. Each subplot corresponded to a cup of yogurt inoculated with a single fungal species. Measurements of outgrowth were taken at five predetermined time points. Replication: The entire experiment was replicated three times (three biological replicates), resulting in nine yogurt batches.

# **Yogurt Production**

Yogurt was produced using newly acquired yogurt equipment at the Gary H. Richardson Dairy Products Laboratory (DPL) at Utah State University. For each of the three trials, three 50-gallon batches of yogurt were produced using whole-fat milk sourced from the George B. Caine Dairy in Logan, Utah. The milk was standardized with 4.5% non-fat dry milk and 0.8% stabilizer and made using a commercial starter culture blend (YFL-702, Chr. Hansen, Hørsholm, Denmark). Each batch was made with one of three treatments: a control yogurt with only starter cultures (C), yogurt made with the adjunct *Lat. curvatus* WSU-1 (5 log<sub>10</sub> CFU/mL) (W), and yogurt made with the adjunct plus 200 mM glycerol (WG).

The mixture was HTST pasteurized and homogenized before being pumped into the fermentation vessel. Once in the vessel, the mixture was heated to 185°F, held for 30 minutes, cooled to 109°F, and inoculated with the starter cultures and *Lat. curvatus* WSU-1 if indicated. The contents were mixed and allowed to ferment until a pH of 4.6 was reached, at which point glycerol was added (approximately 4 hours post-inoculation) if indicated, as proposed by (Ortiz-Rivera et al., 2017). The yogurt was mixed, run through a smoothing valve, and packaged into 200 g cups. All yogurt batches and subsequent mold and yeast inhibition tests were performed in triplicate. Each make sheet can be found in Appendix A.

For each yogurt treatment, cups were inoculated in triplicate with one of the prestandardized molds or yeasts at a rate of approximately 2 log<sub>10</sub> spores/yeast per gram or kept as a negative control. Samples were stored between 8-10 °C for four weeks to simulate standard yogurt shelf life under moderate abuse conditions. Mold and yeast growth was analyzed every week.

## Preparation of WSU-1 Inoculum

For each trial, *Lat. curvatus* WSU-1 was grown in bulk fermentation using a bioreactor. It was cultured in a simulated dairy medium for 20 hours at 37 °C with pH control set at 5.5 using 14% ammonium hydroxide (NH4OH). The fermentation vessel was inoculated at a rate of 1% with an overnight WSU-1 culture, diluted to an OD<sub>600</sub> value of 1. Following overnight fermentation, the concentration reached approximately 8 log<sub>10</sub> CFU/mL. To achieve a total inoculation rate of 5 log<sub>10</sub> CFU/mL, 50 gallons (approximately 189 liters) of yogurt was inoculated with 189 mL of the culture.

# Yogurt Sampling and Analysis

## WSU-1 Concentration over time

*Lat. curvatus* WSU-1 concentration in control yogurt (not inoculated with fungi) was analyzed weekly by plate count. For each of the three yogurt treatments, 11 g was weighed into a 99 mL bottle of Butterfield's Buffer (3M Flip-Top dilution bottle, St Paul, MN). The bottle was shaken to homogenize the sample, and 10-fold dilutions were performed in 9 mL sterile blanks of BPW. Then, 10 µL samples of the appropriate dilution were plated on MRS agar containing 50 µg/mL vancomycin (ThermoScientific) to inhibit the growth of the starter cultures. Control yogurt without *Lat. curvatus* was plated as a negative control to ensure no other NSLAB were present in the yogurt at concentrations that would obscure results. Plates were incubated anaerobically at 37 °C for 48 hours and counted.

ANOVA was conducted to test the differences in *Lat. curvatus* WSU-1 concentrations in treatment yogurts over time. Plate counts were  $log_{10}$  transformed, and ANOVA was run at each time point with all replicates, with a significance level set at  $\alpha = 0.05$ .

## Yeast Analysis

Yeast samples were enumerated at the time of inoculation, day 5, and weekly for four weeks, totaling five time points. The analysis involved performing standard plate counts for the three cups of inoculated yogurt from each of the three treatments for all eight yeasts. Briefly, yogurt cups were mixed aseptically with a sterile spoon to obtain a representative sample and avoid contamination. As with *Lat. curvatus* WSU-1 sampling, 11 g was weighed into a 99 mL bottle of Butterfield's Buffer, the bottle was shaken to homogenize the sample, 10-fold dilutions were performed in 9 mL tubes of sterile BPW, and 100 µL was plated onto ME agar, incubated at 25 °C for 48 hours, and counted. Uninoculated control yogurt was also plated to control for contaminant yeast.

ANOVA was conducted to analyze the main effects of treatment over time. Yeast plate count results were  $log_{10}$  transformed, and a separate ANOVA was run for each yeast strain at each time point. The significance level was set at  $\alpha = 0.05$ . If significant differences were found, Tukey's HSD post-hoc test was used to determine significant differences between treatment groups. For these studies, a biological difference was defined as having both a significant difference (P < 0.05) and a difference of at least 1 log CFU/g.

## Mold Analysis

Mold-inoculated yogurt cups were visually analyzed to detect and characterize mold growth. Every week for five weeks, samples were photographed in a sterile biosafety cabinet under controlled lighting conditions at a consistent distance. After obtaining all the pictures from all three replicate trials, the photos were grouped by mold species and week. Blinding of treatment was performed by a separate researcher who randomized each group of photos. Pictures from each group were rated using an adapted 5-level categorization compared to an uninoculated control from the same time point, as proposed by (Makki et al., 2021). All pictures were re-randomized and reanalyzed for replicate observations. Results were analyzed using a Kruskal-Wallis test with Dunn post hoc comparison and Bonferroni corrections.

Mold	Scale	Description
M1&M3	1	Same as control
	2	Matte spot present, no elevated filamentous outgrowth present
	3	Spot of uncolored filamentous outgrowth present
	4	Fully colored filamentous growth spot
	5	Full colored filamentous outgrowth covering majority of surface,
		with distinct color change in the remainder of yogurt
M4	1	Same as control
	2	Slight yellowing of yogurt surface, still glossy
	3	Slight yellowing, with notable surface gelation and possible slight
		cracking
	4	Yellowing with gelation and possible cracking
	5	Pronounced dark yellowing with pronounced gelling and surface
M5	1	Change Some as control
IVIS	1	Transitioning color change, with possible light syneresis
	23	Small matte spot with vellowing around
	3 4	Pronounced uncolored filamentous outgrowth from spot
	т 5	Full colored outgrowth of spot covering majority of surface
M6	1	Same as control
1110	2	Transitioning to matte appearance of middle spot
	3	Small lightly colored spot
	4	Light colored spot and matte appearance covering majority of
		surface
	5	Complete colored outgrowth covering complete surface
M7&M8	1	Same as control
	2	Slight color change to surface with slight syneresis
	3	Slight color change and syneresis with small spot present
	4	Larger pronounced spot with uncolored filamentous growth
	5	Large colored filamentous spot
<b>M9</b>	1	Same as control
	2	Transitioning surface color and texture
	3	Yellowed surface mostly transitioned to matte surface
	4	Fully matte yellowed surface with slight surface texture
	_	change/wrinkling
	5	Yellow and brown surface, surface wrinkling and filamentous
		growth
M10	1	Same as control
	2	Slight change in surface color and texture, very small cracks
	2	Visible
	5	Nore pronounced color change with surface transitioning to matte
	4	Nore pronounced surface cracking
	5	Fully matte colored surface with filamentous growth around edges

**Table 3.** Visual classification scale for all nine mold strains used in the study. A visual representation of this table can be found in the appendix B (Figure A1 10)

#### Ancillary Yogurt Analyses

At Weeks 0, 1, 2, 3, and 4, 150-mL yogurt samples were taken and frozen at -20 °C in 50 mL conical tubes to be later tested for changes in carbohydrates, reuterin concentration, and B12 concentration. Samples were taken for all replicates and tested simultaneously following the final yogurt make.

#### Sugar Analysis

Changes in residual lactose and galactose between Weeks 1 and 4 were assessed on all three replicates of all three treatments. The analysis was performed using a Carrez clarification kit coupled with a lactose/galactose detection kit, both obtained from Megazyme (Megazyme, Bray, Ireland).

To clarify the yogurt samples for lactose determination, 1 g of yogurt was added to a 100 mL volumetric flask, and 60 mL of water was added. The flask was placed in a 50 °C water bath for 15 minutes, stirring occasionally. Following incubation, 600  $\mu$ L of Carrez solution 1 was added, and the solution was vortexed for 1 minute. Then, 600  $\mu$ L of Carrez solution 2 was added and remixed. Finally, 10 mL of 100 mM NaOH was added, and the solution was brought to a total volume of 100 mL with nano-pure water. The solution was filtered through a 5  $\mu$ m filter to remove precipitate, discarding the first few mL of filtrate.

The resulting filtered solution was then used for lactose/galactose determination following the Megazyme procedure A (Standard Assay Procedure). The resulting solutions were measured spectrophotometrically at OD<sub>340</sub>, and concentrations were determined based on the calculations provided by Megazyme.

Results were analyzed using ANOVA comparing the sugar concentrations of all treatments at the two determined time points.

# **Reuterin Quantification**

Reuterin quantification was performed on yogurt samples as previously specified, with a few alterations. Yogurt was treated following a modified protocol for lactose determination using Carrez clarification to reduce the sample's dilution (Yang et al., 2021). To prepare the sample, 5 g of yogurt was mixed with 5 mL of 50% ethanol and vortexed well. Then, 120  $\mu$ L of Carrez solution 1 was added and vortexed for 1 minute, followed by 120  $\mu$ L of Carrez solution 2 and another 1-minute vortex. The sample was centrifuged at 1,900 RCF and filtered through a 5  $\mu$ m filter. Following this, samples were run as previously specified in the in vitro analysis and compared to a 1.5-15  $\mu$ g/mL 2-propenal standard curve created in Carrez-treated and filtered control yogurt.

## B12 Quantification

Samples from all three replicates of all three treatments were sent externally for coenzyme B12 quantification (Merieux NutriSciences, Silliker Inc., Crete, IL). The AOAC method 960.46 was followed for the quantification of B12.

#### **Objective 3: Sensory Evaluation**

Difference Testing, Triangle tests

All three yogurts were prepared approximately two weeks before the sensory tests. Two triangle tests were presented individually to 64 panelists, each testing one of the two treatments against the control. All samples were presented in a random and balanced manner and assigned a unique 3-digit number, as shown in the worksheet (Appendix C) generated using the SIMs 2000 software (Sensory Computer Systems LLC, NJ). Panelists filled out the score sheet on a computer in the testing booth with instructions on performing the test (Appendix C). Tests were administered using SIMs 2000 software.

Results were tabulated, and the number of correct answers was compared to a Triangle Test of Similarity: Critical Number of Correct Answers table using a predetermined significance value of 0.05 to determine significance. The software's statistical package performed this comparison automatically. The null hypothesis of no difference was rejected if the number of correctly identified different samples exceeded the critical number given in the table.

The first test compared yogurt made with *Lat. curvatus* adjunct (treatment A) against control yogurt. Trays contained either two control samples and one treatment A yogurt or two treatment A yogurts and one control. The second test followed the same pattern but with yogurt made with *Lat. curvatus* adjunct and 200 mM glycerol. The trays were prepared following the worksheet, aligning the samples in order from left to right, including water and unsalted crackers to cleanse the palate. The test was given to a total of 64 panelists.

#### Colorimetry

Yogurt from this study was analyzed using a Hunter colorimeter, looking at the L\* a\* and b\* CIELAB color scale to determine any detectable differences in color between treatments. Yogurt from all three treatments was measured in a consistent location under consistent lighting. Approximately 80g of yogurt was weighed into a petri dish so that it was flush against the lid to remove all air bubbles and read through the lid. Interference caused by the lid of the petri dish was accounted for and subtracted from the readings by blanking the colorimeter through the Petri dish lid. Readings were taken at one week and four weeks.

Color differences were quantified using the Delta E ( $\Delta$ E) value, a standard metric for measuring the distance between two colors in a three-dimensional color space. The calculation of  $\Delta$ E values involves the following steps:

Color Measurement: The color of each yogurt sample was measured using a colorimeter. The colorimeter provides readings in the CIELAB color space, which is a color-opponent space with dimensions L\* (lightness), a\* (green to red), and b\* (blue to yellow).

Reference and Sample Values: For each treatment, we identified a reference color from the control yogurt (L1\*, a1\*, b1\*) and compared it to the color of one of two treatments independently (L2\*, a2\*, b2\*). This was performed twice, once for each treatment, and yielded two  $\Delta E$  values.

Delta E Calculation: The  $\Delta E$  value was calculated using the following formula, which represents the Euclidean distance between two points in the CIELAB color space:

$$\Delta E = \sqrt{(L2 * -L1 *)^2 + (a2 * -a1 *)^2 + (b2 * -b1 *)^2}$$

This formula accounts for the differences in lightness ( $\Delta L^*$ ), red/green value ( $\Delta a^*$ ), and yellow/blue value ( $\Delta b^*$ ).

Interpretation of Delta E Values: The resulting  $\Delta E$  values indicate the perceptible difference between the colors of the reference and treated samples. A higher  $\Delta E$  value corresponds to a more noticeable color difference, while a lower  $\Delta E$  value suggests that the colors are more similar (Karma, 2020). Generally,  $\Delta E$  values can be interpreted as follows:

 $\Delta E < 1$ : Not perceptible by the human eye.

 $1 \le \Delta E < 2$ : Perceptible through close observation.

 $2 \le \Delta E < 10$ : Perceptible at a glance.

 $\Delta E \ge 10$ : Large color difference.

Using  $\Delta E$  values, we could objectively quantify the color differences between various yogurt samples subjected to the treatments, thereby assessing the impact of each treatment on the visual quality of the yogurt.

# **Statistical Analysis**

All statistical analyses, apart from the triangle test, were performed using R-studio (Version 2023.12.1+402). The significance level for all analyses was set at alpha = 0.05. The triangle test was analyzed using the SIMS2000 software to calculate significance based on a triangle table.

# **RESULTS AND DISCUSSION**

# Culture Preparation, Identification, and Standardization

# DNA sequencing

The identity of all *Latilactobacillus curvatus* WSU-1 isolates and fungal strains used in this project was confirmed by 18S or 16S rRNA sequencing. Table 4 presents the results of the rRNA sequencing with the percent identity match provided by NCBI BLAST. All species had >95% sequence identity except for *Aspergillus cibarius*, which had 86.36%: these results and the analysis of growth morphologies allowed for the confident confirmation of the strains used. Complete sequences of each culture can be found in Appendix D.

Label	Presumed Strain	18S/16S rRNA BLAST results	ID %
Y1	Pichia fermentans	Pichia fermentans	98.97
Y3	Clavispora lusitaniae	Clavispora lusitaniae	98.96
Y4	Debaryomyces hansenii	Debaryomyces hansenii	99.37
Y5	Debaryomyces prosopidis	Debaryomyces species	98.82
Y6	Candida zeylanoides	Candida zeylanoides	96.72
Y8	Rhodotorula mucilaginosa	Rhodotorula mucilaginosa	100
Y9	Meyerozyma guilliermondii	Meyerozyma guilliermondii	99.50
Y10	Torulaspora delbrueckii	Torulaspora delbrueckii	99.87
M1	Penicillium commune	Penicillium commune	100
M3	Penicillium citrinum	Penicillium citrinum	100
M4	Penicillium decumbens	Penicillium decumbens	99.31
M5	Aspergillus cibarius	Aspergillus cibarius	86.36
M6	Penicillium roqueforti	Penicillium roqueforti	99.65
M7	Penicillium chrysogenum	Penicillium chrysogenum	95.64
M8	Phoma dimorpha	Phoma species	98.89
M9	Mucor racemosus	Mucor racemosus	99.51
M10	Trichoderma amazonicum	Trichoderma amazonicum	99.33
5-14	Latilactobacillus curvatus	Latilactobacillus curvatus	100
6-11	Latilactobacillus curvatus	Latilactobacillus curvatus	99.8
9-22	Latilactobacillus curvatus	Latilactobacillus curvatus	100
PacSeq1	Latilactobacillus curvatus	Latilactobacillus curvatus	100

**Table 4.** Fungal and bacterial DNA confirmation results for all strains used in the study. All strains, except for *Latilactobacillus curvatus*, were sequenced with 18S rRNA. NCBI BLAST results are shown with percent identity.

# Carbohydrate fermentation panel

In addition to 16S rRNA sequencing, the BCP carbohydrate fermentation panel run on all five *Lat. curvatus* WSU-1 isolates matched carbohydrate fermentation results from previous research, further validating that these were indeed *Lat. curvatus* WSU-1 strains (unpublished data). Of particular interest in this panel was the confirmation that all isolates were lactose-negative, distinguishing WSU-1 from other *Lat. curvatus* strains. Additionally, none of the isolates produced gas across all carbohydrates tested (Table 5).

The five isolates of strain WSU-1 exhibited variations in the rate and efficacy of carbohydrate fermentation. All strains effectively fermented glucose and ribose within 72 hours, with some notably fermenting within 18 hours, as indicated by the change in color (Table 5). The strain designated as 5-14 was selected for use in subsequent studies due to its perceived slower fermentation of ribose and glucose and decreased efficiency in fermenting galactose. This was particularly relevant for the yogurt trial, aiming to optimize glycerol fermentation in yogurt while limiting the fermentation of other carbohydrates, primarily galactose, which is present due to the metabolic profile of the starter *Streptococcus thermophilus*.

**Table 5.** BCP results for *Lat. curvatus* WSU-1 isolates grown with five different carbohydrates and observed at two time points (18 and 72 hours). Five different WSU-1 isolates were tested, as shown on the y-axis. Results are presented on a 5-point scale; (-) no growth and no color change, (+-) Light purple color, (+) very light yellow/grey color, (++) Yellow color, (+++) Strong yellow color and pellet present)

18hr	1%	1%	1%	1%	0.2%	Control
	Lactose	Glucose	Galactose	Ribose	<b>Citric Acid</b>	
9_22	-	++	+	+++	-	-
5_14	-	+-	+-	+	-	-
Pac Seq 1	-	+	+-	++	-	-
Pac Seq 2	-	+	+-	+++	-	-
6_11	-	+	+-	++	-	-
72hr	1%	1%	1%	1%	0.2%	Control
72hr	1% Lactose	1% Glucose	1% Galactose	1% Ribose	0.2% Citric Acid	Control
72hr 9_22	1% Lactose -	1% Glucose +++	1% Galactose ++	1% Ribose +++	0.2% Citric Acid	Control -
72hr 9_22 5_14	1% <u>Lactose</u> - -	1% Glucose +++ +++	1% Galactose ++ +-	1% Ribose +++ +++	0.2% Citric Acid - -	Control - -
72hr 9_22 5_14 Pac Seq 1	1% <u>Lactose</u> - - -	1% Glucose +++ +++ +++	1% Galactose ++ +- +	1% Ribose +++ +++ +++	0.2% Citric Acid - - -	Control - - -
72hr 9_22 5_14 Pac Seq 1 Pac Seq 2	1% <u>Lactose</u> - - -	1% Glucose +++ +++ +++ +++	1% Galactose ++ +- + +	1% <u>Ribose</u> +++ +++ +++ +++	0.2% <u>Citric Acid</u> - - - -	Control

#### Genomic Analysis Results

In analyzing the *Lat. curvatus* WSU-1 genome, several systems and genes were targeted, focusing primarily on the presence or absence of *pdu* operon genes, manganese transport genes, and B12 synthesis genes. Thus, this was not a complete comprehensive evaluation of the entire genome.

# Manganese Transport and Regulation Genes

Table 6 lists the genes identified in the *Lat. curvatus* WSU-1 genome related to manganese transport and regulation. Multiple genes encoding manganese transport proteins (MntH/MntABC) and Mn-dependent transcriptional regulators (MntR) were

found. These genes suggest a robust system for manganese sequestration, which has been shown to be a very effective antifungal mechanism in some LAB. Although the genes are present, their functionality and expression were not tested, and the levels of manganese present were not measured. However, the potential implications of their presence are further analyzed later. Primarily of interest, however, were the MntH proteins, which are driven by a proton gradient. These proteins are importers that work mainly at low pH, like that found in yogurt, due to the high proton concentration outside the cell. MntABC proteins are ATP-driven and function primarily at neutral pH, which is of less interest in this study.

**Table 6.** Genes identified in the *Latilactobacillus curvatus* WSU-1 genome related to manganese and cobalamin import.

Gene ID	Function
LBCU_0388	Manganese transport protein MntH
LBCU_0389	Manganese transport protein MntH
LBCU_0435	Manganese transport protein MntH
LBCU_0558	Mn-dependent transcriptional regulator MntR
LBCU_1379	Manganese transport protein MntH
LBCU_1893	Manganese transport protein MntH
LBCU_1894	Mn-dependent transcriptional regulator MntR
LBCU_1040	Manganese ABC transporter, ATP-binding protein SitB
LBCU_1041	Manganese ABC transporter, inner membrane permease protein
	SitD
LBCU_1042	Manganese ABC transporter, periplasmic-binding protein SitA
LBCU_0744	Substrate-specific component CbrT of predicted cobalamin ECF
	transporter
LBCU_0745	Duplicated ATPase component CbrU of energizing module of
	predicted cobalamin ECF transporter
LBCU_0746	Transmembrane component CbrV of energizing module of predicted
	cobalamin ECF transporter

Propanediol Utilization Genes

The complete complex of essential *pdu* genes related to propanediol utilization (PDU) were identified, as shown in Table 7. As previously discussed, these genes are crucial in the catabolism of glycerol into the intermediate reuterin and the end products 3-HP and 1,3-PD. Although all the required genes in the *pdu* operon were found, this does not confirm the functionality of the pathway, which was further analyzed in the following metabolic analysis section.

Gene ID	Pdu	Function
	Protein	
LBCU_0751	PduV	Propanediol utilization protein PduV
LBCU_0752	PduU	Propanediol utilization polyhedral body protein PduU
LBCU_0753	PduW	Acetate/propionate family kinase (EC 2.7.2.1)
LBCU_0754	PduQ	Putative iron-containing NADPH-dependent propanol
		dehydrogenase
LBCU_0755	PduP	CoA-acylating propionaldehyde dehydrogenase
LBCU_0756	PduO	Cob(I)alamin adenosyltransferase PduO (EC 2.5.1.17)
LBCU_0757	PduO	Cob(I)alamin adenosyltransferase PduO (EC 2.5.1.17)
LBCU_0758	PduP	Ethanolamine utilization protein EutN/carboxysome structural protein Ccml
LBCU_0760	PduL	Phosphate Proanoyltransferase PduL
LBCU_0762	PduK	Propanediol utilization polyhedral body protein PduK
LBCU_0763	PduG	Propanediol dehydratase reactivation factor small subunit
LBCU_0764	PduH	Propanediol dehydratase reactivation factor large subunit
LBCU_0765	PduE	Propanediol dehydratase small subunit (EC 4.2.1.28)
LBCU_0766	PduD	Propanediol dehydratase medium subunit (EC 4.2.1.28)
LBCU_0767	PduC	Propanediol dehydratase large subunit (EC 4.2.1.28)
LBCU_0768	PduB	Propanediol utilization polyhedral body protein PduB
LBCU_0769	PduJ	Propanediol utilization polyhedral body protein PduJ
LBCU_0770	PduS	Oxidoreductase
LBCU_0771	PduU	Propanediol utilization polyhedral body protein PduU
LBCU_1910	PduO	Cob(I)alamin adenosyltransferase PduO (EC 2.5.1.17)

**Table 7.** Genes identified in the *Latilactobacillus curvatus* WSU-1 genome related to the *pdu* operon.

# **B12** Synthesis Genes

Because of the importance of B12 in the initial conversion of glycerol to reuterin, a comparative genomic analysis was conducted to determine the presence of B12 synthesis genes in Lat. curvatus WSU-1 compared to Limosilactobacillus reuteri, a strain with confirmed B12 synthesis capabilities. As shown in Table 8, B12 synthesis genes were absent in Lat. curvatus WSU-1, whereas they were found in Lim. reuteri. The absence of these genes in Lat. curvatus WSU-1 could substantially impact its efficacy in glycerol fermentation, which will be discussed further in later sections.

		Genes Pre	esent?
Subsystem	Role	Lat.	Lim.
		curvatus	reuteri
Cobalamin	Adenosylcobinamide kinase (EC 2.7.1.156)	no	yes
synthesis			
Cobalamin	Adenosylcobinamide-phosphate	no	yes
synthesis	guanylyltransferase (EC 2.7.7.62)		
Cobalamin	Adenosylcobinamide-phosphate synthase (EC	no	yes
synthesis	6.3.1.10)		
Cobalamin	Cobalamin synthase (EC 2.7.8.26)	no	yes
synthesis			
Cobalamin	Cobalt-precorrin-6x reductase (EC 1.3.1.54)	no	yes
synthesis			
Cobalamin	Cobyric acid synthase (EC 6.3.5.10)	no	yes
synthesis			
Cobalamin	L-threonine 3-O-phosphate decarboxylase (EC	no	yes
synthesis	4.1.1.81)		
Cobalamin	Nicotinate-nucleotidedimethylbenzimidazole	no	yes
synthesis	phosphoribosyltransferase (EC 2.4.2.21)		
Cobalamin	Sirohydrochlorin cobaltochelatase CbiK (EC	no	yes
svnthesis	4.99.1.3)		

Table 8. Function-based genome comparison of Latilactobacillus curvatus WSU-1 and Limosilactobacillus reuteri, analyzing the presence of cobalamin synthesis genes.

Latilactobacillus curvatus WSU-1

Consistent values of 8  $\log_{10}$  CFU/g were obtained when standardizing *Lat. curvatus* WSU-1. Plating WSU-1 on MRS agar plates supplemented with 50 µg/mL vancomycin had no significant effect on its growth (p-value > 0.05, paired t-test) (Table 9). However, the yogurt starters *Streptococcus thermophilus* and *Lactobacillus delbrueckii* subsp. *bulgaricus* were significantly inhibited up to the highest concentration tested at 9  $\log_{10}$  CFU/g (p-value <0.0001) (Table 8). Thus, this method effectively selected WSU-1 in co-culture with *S. thermophilus* and *L. bulgaricus* starters and was later used to enumerate WSU-1 in yogurt.

**Table 9.** *Latilactobacillus curvatus* WSU-1 growth on standard MRS compared to MRS containing 50 µg/mL vancomycin compared to yogurt starters *Streptococcus thermophilus* and *Lactobacillus delbrueckii* subsp. *bulgaricus*; Results shown as counts in log10 CFU/mL.

Media Type	WSU-1	<i>S. thermophilus, L. bulgaricus</i> blend <sup>a</sup>
MRS	8.8	9
MRS + 50ug/mLVancomvcin	8.7	< 2 <sup>b</sup>

Results are shown as the average of 3 replicates.

<sup>a</sup> Plating of each replicate occurred from the same bag to show the difference in the plating method.

<sup>b</sup> Starter plated on vancomycin plate were significantly inhibited p-value<0.0001

## Yeast

Comparing standard plate counts and enumeration with a hemocytometer,

standard viable plate counts consistently showed lower numbers than the hemocytometer

for most yeast strains (Table 10). This suggests that plate counts more accurately represent yeast viability than the hemocytometer, especially with extended growth periods. This pattern was consistent over three replicates. Consequently, values from plate counts were used for inoculating samples in both in vitro analyses and the in situ yogurt trial. The in situ yogurt trial also used the plate count method to quantify yeast growth over time.

Spore aliquots for all nine mold strains were successfully prepared and enumerated (Table 11). These results are an average of 5 replicates. These solutions were subdivided into 1 mL aliquots and used for all in vitro and in-situ analyses.

Yeast	ID	Plate Count	Hemocytometer count
P. fermentans	Y1	6.8	7.4
C. lusitaniae	Y3	7.0	7.2
D. hansenii	Y4	6.4	7.2
D. prosopidis	Y5	6.3	7.1
C. zeylanoides	Y6	6.6	7.0
R. mucilaginosa	Y8	6.6	7.0
M. guillermondii	Y9	6.8	7.4
T. delbrueckii	Y10	6.9	7.0

**Table 10.** Standardization of yeast cultures at  $OD_{600} = 1$  on Potato dextrose agar as well as with a hemocytometer. All results are an average of five replicates and expressed as  $log_{10}$  CFU/mL.

Mold	ID	Hemocytometer		
WICH	ID	Spore count		
P. commune	M1	7.7		
P. citrinum	M3	8.0		
P. decumbens	M4	7.3		
A. cibarius	M5	6.1		
P. roqueforti	M6	7.8		
P. chrysogenum	M7	8.5		
Ph. dimorpha	M8	6.6		
M. racemosus	M9	7.2		
T. amazonicum	M10	8.3		

**Table 11.** Standardization of Mold spore solutions enumerated using a hemocytometer. Results are an average of five replicates and expressed as log<sub>10</sub> spores/mL.

## Metabolic Analysis of Lat. curvatus

## GC-MS analysis of bulk fermentation

GC-MS analysis of bulk fermentation confirmed the functionality of the *pdu* operon in *Lat. curvatus* WSU-1. Only the cultures containing glycerol and B12 produced substantial amounts of the end products 3-HP and 1,3-PD (Figures 3 and 4). This indicates that the *pdu* operon is functional; however, the lack of end products in the glycerol-only supernatant further supports previous findings that *Lat. curvatus* WSU-1 cannot synthesize B12 and must instead utilize exogenous B12 already present in the system.



**Figure 3.** 1,3-Propanediol GCMS results. Cell-free supernatant of *Lat. curvatus* WSU-1 grown under four different conditions: CR-MRS supplemented with either 200 mM glycerol + 0.2 mg/L B12, 0.2 mg/L B12 only, 200 mM glycerol only, or nothing as a negative control.



**Figure 4.** 3-Hydroxypropionic acid GCMS results. Cell-free supernatant of *Lat. curvatus* WSU-1 grown under four different conditions: CR-MRS supplemented with either 200 mM glycerol + 0.2 mg/L B12, 0.2 mg/L B12 only, 200 mM glycerol only, or nothing as a negative control.

The quantification of reuterin under various fermentation conditions and time points is presented in Table 12. These results indicate significant variations in reuterin production depending on the substrate used and the duration of fermentation. The quantification was performed using a standard curve of acrolein, shown in Figure 5, which had an R-squared value of 0.9995, indicating a high level of accuracy in the measurement.

The highest concentration of reuterin was observed in the Glycerol + B12 condition at 24 hours, with a concentration of 45.8  $\mu$ g/mL (0.816 mM). However, this concentration decreased substantially by the 48-hour mark to 23.8  $\mu$ g/mL (0.42 mM). This notable reduction suggests that reuterin is further metabolized to the end products 3-HP and 1,3-PD. In a culture with no competing organisms, the export of reuterin extracellularly is not as necessary, leading to its conversion to these end products. This finding correlates with the GC-MS data, which showed the highest concentration of end products after 48 hours of fermentation (Figures 3-4).

The "No Glycerol" and "Glycerol + B12 Two-step" conditions produced negligible amounts of reuterin, with concentrations below the LOQ of 1.5  $\mu$ g/mL. Interestingly, the tested conditions showed that the two-step fermentation process did not enhance reuterin synthesis. Other studies using this protocol on the bacterium *Lim*. *reuteri* showed pronounced conversion of glycerol in the two-step fermentation, where glycerol was the sole substrate (Lüthi-Peng et al., 2002b; Doleyres Beck S Vollenweider C Lacroix, 2005). This indicates that *Lat. curvatus* WSU-1 may not be as efficient at metabolizing glycerol when present as the sole substrate.

Fermentations with the addition of ribose or galactose at 10% of the concentration of glycerol produced varying levels of reuterin. Ribose-containing fermentations yielded lower levels of reuterin, with concentrations of 7.1  $\mu$ g/mL (0.126 mM) at 24 hours and 7.0  $\mu$ g/mL (0.125 mM) at 48 hours. The minimal change between the 24-hour and 48-hour time points suggests that reuterin production from ribose quickly reaches a plateau, with little additional production or degradation over the extended fermentation period. In contrast, fermentations with galactose resulted in reuterin concentrations of 9.9  $\mu$ g/mL (0.177 mM) at 24 hours and 11.4  $\mu$ g/mL (0.203 mM) at 48 hours. The slight increase in reuterin production over time indicates a continued or delayed synthesis of reuterin in the presence of galactose.

Overall, glycerol, in combination with vitamin B12, proved to be the most effective substrate for reuterin synthesis. However, even under optimal conditions, the production rate was substantially lower than that reported in previous research with *Lim. reuteri* (*Doleyres Beck et al., 2005; Ortiz-Rivera et al., 2017*). Additionally, glycerol fermentations supplemented with ribose or galactose produced substantially lower levels of reuterin. This suggests that the presence of other sugars may interfere with reuterin production, contradicting previous studies that found an increase in production in *Lim. reuteri* (Lüthi-Peng et al., 2002). These results indicate that, although functional, the *pdu* operon in *Lat. curvatus* may still be incomplete or less effective compared to bacteria with functional B12 synthesis genes.



Figure 5. Standard curve of acrolein (1.5-15 $\mu$ g/mL) for the quantification of reuterin measured at OD<sub>560</sub>.

**Table 12.** Quantification of reuterin in bulk fermentations: Results were quantified by comparing the OD560 values of the solution to the acrolein standard curve, accounting for dilution as needed. Substrate concentrations are as follows: glycerol (200mM), ribose (20mM), Galactose (20mM), and B12 ( $0.2\mu g/mL$ ) mM concentrations calculated based on the molecular weight of acrolein.

Sample	µg/mL	mМ
Glycerol + B12 24hr	45.8	0.816
Glycerol + B12 48hr	23.8	0.42
No Glycerol	<1.5	0
Glycerol + B12 Two step	<1.5	0
Glycerol + B12 + Ribose 24hr	7.1	0.126
Glycerol + B12 + Ribose 48hr	7	0.125
Glycerol + B12 + Galactose 24hr	9.9	0.177
Glycerol + B12 + Galactose 48hr	11.4	0.203

#### In vitro Antifungal Analyses

#### 96-well plate assay

From the 96-well plate analysis of the eight yeast strains, we examined the impact of metabolites produced by *Lat. curvatus* WSU-1 fermentation under two conditions on yeast growth. Our findings revealed that the extent of inhibition varied among yeast strains, treatments, and treatment concentrations. Despite these variations, several noticeable trends were identified, providing insights into the metabolic interactions between WSU-1 and the yeast strains.

Across the strains, glycerol supernatant generally affected growth in a concentrationdependent manner, often inhibiting growth compared to the negative control. However, the degree of inhibition and the specific concentrations that yielded the most significant effects varied among the strains (Figures 6-13).

 Strains Y3, Y4, and Y5: Demonstrated apparent inhibitory effects from glycerol supernatant at one or more concentrations when compared to the negative control. In contrast, other strains exhibited minimal to no inhibition, particularly when considering the final growth measurement at 140 hours.

The growth patterns under the no glycerol supernatant treatment varied as well. Still, it was observed that the no glycerol supernatant often resulted in similar or greater inhibition compared to the glycerol-containing supernatant. Initially, it was hypothesized that glycerol supernatant would exhibit higher levels of inhibition due to the presence of reuterin. This unexpected finding suggests that WSU-1 may produce higher levels of other unknown inhibitory compounds in the absence of glycerol.



**Figure 6.** Growth of *Pichia fermentans* (Y1) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).



**Figure 7.** Growth of *Clavispora lusitaniae* (Y3) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).



**Figure 8.** Growth of *Debaryomyces hansenii* (Y4) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).



**Figure 9.** Growth of *Debaryomyces prosipidis* (Y5) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).


**Figure 10.** Growth of *Candida zeylanoides* (Y6) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).



**Figure 11.** Growth of *Rhodotorula mucilaginosa* (Y8) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).



**Figure 12.** Growth of *Meyerozyma guilliermondii* (Y9) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).



**Figure 13.** Growth of *Torulaspora delbrueckii* (Y10) in a 96-well plate using malt extract broth, subjected to four concentrations (0%, 0.5%, 1.0%, and 10%) of WSU-1 cell-free supernatant grown in CR-MRS. The supernatant was prepared either with glycerol (200 mM) and B12 (2 mg/L) or without any added substrate. Absorbance values at OD<sub>600</sub> were measured at time points 0, 17, 24, 39, 48, and 140 hours. Data points represent the mean of three replicates, with error bars indicating the standard error of the mean (SEM).

# 24-well plate assay

The antifungal efficacy of *Latilactobacillus curvatus* WSU-1 was evaluated using a modified overlay method in 24-well plates, facilitating a high-throughput assessment of its bio-preservative potential under various growth conditions. This method tested the effects of WSU-1 grown in different media against eight yeast and nine mold strains.

Mold Inhibition Trials

Figure 14 and Table 13 detail the results from the mold inhibition trials conducted under three conditions:

- MRS + WSU-1: This condition showed the highest level of inhibition among the three treatments, completely inhibiting 6 of the 9 molds, substantially inhibiting *Penicillium commune*, with only *Penicillium roqueforti* and *Penicillium decumbens* showing minimal to no inhibition.
- CR-MRS + WSU-1 + Glycerol: Displayed a general decrease in inhibition compared to the standard MRS + WSU-1, though it still completely inhibited 3 strains. The remaining strains showed limited to no inhibition.
- 3. CR-MRS + WSU-1 + 1-2PD: Similar to the glycerol condition, this medium exhibited reduced inhibition compared to MRS + WSU-1.

Yeast Inhibition Trials

Figure 15 and Table 14 provide insights into the yeast inhibition trials. WSU-1's efficacy against yeast under the same three conditions revealed more varied results than with the molds, showing generally lower levels of inhibition:

- 1. MRS + WSU-1: This treatment inhibited the broadest range of yeast strains, although it did not completely inhibit any yeast strain.
- CR-MRS + WSU-1 + Glycerol: While this treatment inhibited fewer yeast strains, the extent of inhibition was more profound, with three strains being completely inhibited and one exhibiting a pronounced ring of inhibition.
- CR-MRS + WSU-1 + 1-2PD: Showed the lowest inhibitory effects, with most strains experiencing little to no inhibition. Slight rings of inhibition were noted in *Pichia fermentans* and *Torulaspora delbrueckii*.

These findings indicate that the antifungal capabilities of *Lat. curvatus* WSU-1 can be influenced by the composition of the growth medium. The standard MRS medium supported the highest level of mold inhibition. In contrast, yeast inhibition was more varied, with standard MRS affecting the broadest range of strains, although glycerol enhanced MRS proved most potent against the few strains it did affect.

The level of inhibition of the mold with standard MRS was relatively unexpected and was contrary to what was initially hypothesized. One potential reason why *Lat. curvatus* WSU-1 was more effective on standard MRS could be because it appeared to be able to reach a higher biomass. This larger biomass could prove more effective in producing alternative antifungal compounds or, with the higher biomass, it could be more likely to sequester a higher amount of manganese, rendering it unavailable for fungal growth.



**Figure 14.** Inhibition trial of nine mold species in a 24-well plate, using a modified soft agar overlay method against *Latilactobacillus curvatus* WSU-1 grown under three different conditions: standard MRS, CR-MRS with 200 mM glycerol, or CR-MRS with 200 mM 1,2-propanediol. The top row represents a negative control of MRS with no WSU-1 culture. All mold strains were inoculated in malt extract soft agar at a concentration of 5 log<sub>10</sub> spores/mL, and plates were incubated for 96 hours at 25°C. The image shows one of three replicates, all with comparable growth results.

**Table 13.** Results of 24-well plate mold inhibition trial. All results shown were run in triplicate. Results reported as follows: (-) No Inhibition, (+\*) Slight fading/color change, (+) Fading of growth/slight ring, (++\*) Ring of inhibition present, (++) complete visual inhibition/no growth.

Mold 96 hr.	MRS	MRS +	CRMRS + WSU-1	CRMRS + WSU-
	Control	WSU-1	+ Glycerol	1 + 1-2PD
P. commune	-	++*	+*	+*
P. citrinum	-	++	+*	+*
P. decumbens	-	+*	+*	+*
A. cibarius	-	++	++	++
P. roqueforti	-	-	+*	+*
P. chrysogenum	-	++	-	-
Ph. dimorpha	-	++	-	-
M. racemosus	-	++	++	++
T. amazonicum	-	++	++	++
Negative control	-	-	-	-



**Figure 15.** Inhibition trial of 8 yeast species in a 24-well plate, using a modified soft agar overlay method against *Latilactobacillus curvatus* WSU-1 grown under three different conditions: standard MRS, CR-MRS with 200 mM glycerol, or CR-MRS with 200 mM 1,2-propanediol. The top row represents a negative control of MRS with no WSU-1 culture. All yeast strains were inoculated in malt extract soft agar at a concentration of 5 log<sub>10</sub> CFU/mL, and plates were incubated for 96 hours at 25°C. The image shows one of three replicates, all with comparable growth results.

**Table 14.** Results of 24-well plate yeast inhibition trial. All results shown were run in triplicate. Results reported as follows: (-) No Inhibition, (+\*) Slight fading/color change, (+) Fading of growth/slight ring, (++\*) Ring of inhibition present, (++) complete visual inhibition/no growth.

Yeast 96 hr.	MRS	MRS +	CRMRS + WSU-1	CRMRS + WSU-
	Control	WSU-1	+ Glycerol	1 + 1-2PD
P. fermentans	-	-	++*	+
C. lusitaniae	-	+*	-	+*
D. hansenii	-	+	-	+*
D. prosopidis	-	++*	++	+*
C. zeylanoides	-	+*	-	+*
R. mucilaginosa	-	++*	++	-
M. guillermondii	-	+*	-	+
T. delbrueckii	-	+*	+	++*
Negative Control	++	++	++	++

The assessment of *Latilactobacillus curvatus* WSU-1's characteristics and antifungal efficacy provided significant insights relevant to its application as a biopreservative. The metabolic analysis revealed WSU-1's unique carbohydrate fermentation profile, particularly its ability to ferment glucose and ribose efficiently while being lactose-negative and non-gas producing. These metabolic traits are particularly advantageous in settings where the fermentation of specific sugars needs to be controlled or minimized, such as in yogurt production.

The antifungal activity assays further illustrated the bio-preservative capabilities of WSU-1, showing variable but promising results across different media conditions. The modified overlay method confirmed that the antifungal properties of WSU-1 could be modulated by the growth medium, with the standard MRS medium supporting the highest level of mold inhibition. This suggests that the antifungal metabolites generated by WSU-1 are influenced by the culture's metabolic state, which can be tailored by altering growth substrates.

However, the results also indicated that while WSU-1 can effectively inhibit several molds, its impact on yeasts was less consistent, with some strains showing resistance to the antifungal effects. This variability underscores the complexity of microbial interactions.

Building on these findings, the next objective focuses on applying WSU-1 in yogurt production to evaluate its practical efficacy and impact on product quality, particularly in the presence of competing microorganisms.

## **In-situ Yogurt Trial**

## WSU-1 concentration in yogurt over time

As depicted in Figure 16, the concentration of *Lat. curvatus* WSU-1 in yogurt supplemented with glycerol was consistently higher than that in the control group without glycerol across weeks 2, 3, and 4. This statistically significant trend suggests that glycerol supports and actively enhances the proliferation of WSU-1.

The consistently higher counts of WSU-1 in the glycerol-enriched yogurt indicate that WSU-1 likely utilizes glycerol as a substrate, corroborating findings from previous in vitro studies. However, the precise quantity of glycerol fermented by WSU-1 during these trials remains undetermined. Examination of the intermediate reuterin in glycerol fermentation is discussed in the ancillary yogurt test section.



**Figure 16.** Plate counts of *Latilactobacillus curvatus* strain WSU-1 in yogurt inoculated with 5 log<sub>10</sub> CFU/g WSU-1 (**W**) and yogurt inoculated with 5 log<sub>10</sub> CFU/g WSU-1 supplemented with 200 mM glycerol (**WG**). Plate counts were conducted at four time points (5, 12, 19, and 26 days) on MRS agar supplemented with 50 µg/mL vancomycin, and the plates were incubated anaerobically at 37°C for 48 hours. Results represent the mean of nine total replicates, comprising three technical replicates for each of the three biological replicates at each time point. Error bars indicate the standard error of the mean (SEM). Significance markers: \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001.

# Yeast yogurt trial

The yeast growth over time in three different yogurt treatments was evaluated and is depicted in Figure 17. Some significant differences were found in yeast growth between treatments; however, there was no discernible trend. Some strains showed lower counts in the treatment compared to the control, while others showed the control with lower counts than the treatments. Although significant differences were detected, they were less than a log difference, and all counts were above 7 log10 CFU/g, well above the detectable limit of 5 log10 CFU/g, which has been determined as the limit at which consumers can detect flavor and textural differences (Makki et al., 2021). This suggests that there was no substantial inhibition of any yeast strains in either treatment.

Significant differences in these results likely reflect a well-designed experiment with very low variation between replicates rather than a pronounced inhibition of yeast growth. Therefore, the inhibitory results observed in the in vitro analysis could not be replicated.



**Figure 17.** Comparison of yeast enumerations in three yogurt treatments over time. The line graphs depict the logarithmic count of yeast (CFU/g) over time for treatments: **C** (Control), **W** (inoculated with 5 log<sub>10</sub> CFU/g WSU-1), and **WG** (inoculated with 5 log<sub>10</sub> CFU/g WSU-1) supplemented with 200 mM glycerol). The eight yeast strains tested are **Y1** (*Pichia fermentans*), **Y3** (*Clavispora zeylanoides*), **Y4** (*Debaryomyces hansenii*), **Y5** (*Debaryomyces prosipidis*), **Y6** (*Candida zeylanoides*), **Y8** (*Rhodotorula mucilaginosa*), **Y9** (*Meyerozyma guilliermondii*), **Y10** (*Torulaspora delbrueckii*). Measurements were taken at multiple time points (Day 0, Day 5, Day 12, Day 19, Day 26). Values represent the mean of three replicates, with error bars depicting the standard error of the mean (SEM). Significance markers result from pairwise comparisons: \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001.

# Mold yogurt trial

Figure 18 depicts the level of mold outgrowth across the three yogurt treatments. These results are based on the average visual classification rating of mold outgrowth across nine replicates of each yogurt treatment. The Kruskal-Wallis test detected significant differences in mold growth. A compilation of all mold images can be found in Appendix B.

Like the yeast results, although significant differences were present in a few strains, they were not indicative of substantial inhibition, as all strains still showed pronounced visible outgrowth. Overall, the treatments appeared to work better on some mold species compared to yeast. For instance, M3 (*Penicillium citrinum*) and M10 (*Trichoderma amazonicum*) exhibited the largest amount of inhibition across the treatments, with treatments holding mold growth close to the detectable limit. However, like with the yeast, none of the mold strains were completely inhibited below detectable limits, and notable significant differences were only present in a select few.

Therefore, it is concluded that the inhibitory results observed in the in vitro analyses for both mold and yeast could not be substantiated or replicated in the in situ yogurt trial.



**Figure 18.** Statistical analysis of the visual classification of mold outgrowth in three yogurt treatments. The bar graphs show the average classification scores for treatments: **C** (Control), **W** (inoculated with 5 log<sub>10</sub> CFU/g WSU-1), and **WG** (inoculated with 5 log<sub>10</sub> CFU/g WSU-1 supplemented with 200 mM glycerol), over a period of five weeks. The nine mold species tested are **M1** (*Penicillium commune*) **M3** (*Penicillium citrinum*) **M4** (*Penicillium decumbens*) **M5** (*Aspergillus cibarius*) **M6** (*Penicillium roqueforti*) **M7** (*Penicillium chrysogenum*) **M8** (*Phoma dimorpha*) **M9** (*Mucor racemosus*) **M10** (*Trichoderma amazonicum*). Values represent the mean of three replicates, with error bars depicting the standard error of the mean (SEM). Significance markers as shown as a result of the Kruskal-wallis test with Dunn post hoc analysis: \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001.

# Reuterin

The concentration of reuterin in all replicates of both treatments was below the LOQ of  $1.5 \mu g/mL$  (Table 15) when quantified using a standard curve with an R-squared of 0.9969 (Figure 19). As previously discussed, these findings contrast with the higher reuterin production observed in bulk fermentations with glycerol and B12. As discussed below, several potential factors could contribute to this discrepancy, such as the carbohydrate and B12 concentration in the yogurt.

#### Sugar

No significant difference in lactose and galactose concentrations was found between treatments or the time points analyzed (Figures 20 and 21). Although there appeared to be an increase in galactose concentration, it was not significant. This was interesting because there was a drop in pH from 0 to 4 weeks, which would suggest sugar fermentation (Table 15). The presence of galactose in yogurt could help explain the lack of reuterin production, as the presence of galactose reduced reuterin concentration in the in vitro analysis. However, this is unlikely as there was no significant drop in either carbohydrate tested.

# B12

B12 synthesis is a process known only to prokaryotes, particularly lactic acid bacteria, such as *Limosilactobacillus reuteri*. It is a highly complex process controlled by several different gene clusters and is a field of active study. *Lat. curvatus*, as previously shown, lacks the ability to synthesize coenzyme B12, which could account for the lack of reuterin production in yogurt and the diminished production in vitro. B12 concentrations in the yogurt were substantially lower than those used in the in vitro studies, ranging between 0.18-0.2  $\mu$ g/100g compared to 200  $\mu$ g/100g used in the in vitro studies. This lower concentration could be a leading factor in the lack of reuterin production in yogurt compared to in vitro analyses, thus decreasing its anti-fungal capabilities.

**Table 15.** Ancillary tests of yogurt treatments over time. The table presents the measurements of lactose (g/L), galactose (g/L), B12 ( $\mu$ g/100g), reuterin ( $\mu$ g/mL), and pH for different yogurt treatments at two time points (Time 0 and Week 4). The treatments include Control, WSU-1, and WSU-1 supplemented with 200mM glycerol. Values for B12 are provided at Time 0 for each treatment, and reuterin levels are indicated as being below the limit of quantification (<1.5  $\mu$ g/mL) across all samples.

Yogurt Treatment	Lactose g/L	Galactose g/L	B12 ug/100g	Reuterin g/mL	рН
Control Time 0	51.71	7.65	0.19	<1.5	4.61
Control Week 4	51.31	8.30	-	<1.5	4.38
WSU-1 Time 0	52.70	7.65	0.2	<1.5	4.61
WSU-1 Week 4	52.12	8.69	-	<1.5	4.38
WSU-1 +Glycerol Time 0	51.60	7.32	0.18	<1.5	4.62
WSU-1 + Glycerol Week 4	50.22	7.71	-	<1.5	4.40



**Figure 19.** Acrolein standard curve  $(1.5-15 \ \mu g/mL)$  for the quantification of reuterin in yogurt using a colorimetric assay. The standard curve was constructed by measuring the absorbance at 560 nm (OD560) of acrolein at different concentrations.



**Figure 20.** Galactose concentration in yogurt treatments over time. Galactose concentration (g/L) was quantified for each treatment: C (Control), W (inoculated with 5 log10 CFU/g WSU-1), and WG (inoculated with 5 log10 CFU/g WSU-1 supplemented with 200 mM glycerol) at time 0 and after 4 weeks. Results are presented as the mean of three replicates for each treatment, with error bars representing the standard error of the mean (SEM). No significant difference was found between treatments or time points as tested by ANOVA.



**Figure 21.** Lactose concentration in yogurt treatments over time. Lactose concentration (g/L) was quantified for each treatment: C (Control), W (inoculated with 5 log10 CFU/g WSU-1), and WG (inoculated with 5 log10 CFU/g WSU-1 supplemented with 200 mM glycerol) at time 0 and after 4 weeks. Results are presented as the mean of three replicates for each treatment, with error bars representing the standard error of the mean (SEM). No significant difference was found between treatments or time points as tested by ANOVA.

## Difference Tests

Both triangle tests concluded that the WSU-1 and WSU-1 + glycerol yogurts were

significantly different from the control yogurt, with p-values of 0.0087 and <0.0001,

respectively, as shown in Table 16. Comments from panelists, found in Appendix C,

commonly cited variations in sweetness, acidity, and texture as reasons for the perceived

differences.

**Table 16.** Triangle test results of the three yogurt treatments. Control yogurt was compared to yogurt inoculated with 5 log10 CFU/g WSU-1, and control yogurt to yogurt inoculated with 5 log10 CFU/g WSU-1 supplemented with 200 mM glycerol. Results were collected and statistical analyses were conducted using SIMS2000 software. Results are considered significant if P < 0.05.

Test	WSU-1 Vs.	WSU-1 Glycerol Vs.
	Control	Control
<b>Total Number of Responses:</b>	64	64
Correct:	31	46
Incorrect:	33	18
Probability of a Correct	33%	33%
Guess:		
P-Value when testing for a	0.0087	< 0.0001
difference:		
P-Value when testing for	0.4503	0.9999
similarity:		

#### Colorimetry

LAB color scale measurements for each yogurt treatment at weeks 1 and 4 showed no noticeable differences. Table 17 presents the L\*, a\*, and b\* values for each

yogurt at each time point, showing only slight variations. Delta E values for the control yogurt compared to WSU-1 yogurt and the WSU-1 + glycerol yogurts were calculated and are shown in Table 18. Each of the 4 Delta E values, ranging from 0.102-0.189, is far below the threshold value of 1, which is the point at which the human eye can begin to detect minute color differences. Therefore, it can be concluded that neither treatment had any substantial impact on the color of the yogurt.

**Table 17.** LAB color values for yogurt treatments taken at 1 and 4 weeks post production. The table shows the L\*, a\*, and b\* values for three treatments (**C** (Control), **W** (inoculated with 5 log10 CFU/g WSU-1), and **WG** (inoculated with 5 log10 CFU/g WSU-1) at Week 1 and Week 4. Results represent the mean of nine total replicates, comprising three technical replicates for each of three biological replicates at each time point.

		$L^*$		a*	b*		
	Week 1	Week 4	Week 1	Week 4	Week 1	Week 4	
С	91.79	91.59	-2.82	-2.76	8.68	8.67	
$\mathbf{W}$	91.69	91.59	-2.84	-2.70	8.58	8.45	
WG	91.55	91.33	-2.90	-2.84	8.66	8.71	

**Table 18.** Delta E values comparing LAB color differences between three yogurt treatments (**C** (Control), **W** (inoculated with 5 log10 CFU/g WSU-1), and **WG** (inoculated with 5 log10 CFU/g WSU-1 supplemented with 200 mM glycerol)) at Week 1 and Week 4. treatments. The table presents the calculated delta E values for comparisons between W and C, and WG and C at Week 1 and Week 4.

Comparison	DeltaE
W vs C at Week 1	0.1023
W vs C at Week 4	0.1666
WG vs C at Week 1	0.1806
WG vs C at Week 4	0.1889

#### CONCLUSION

The antifungal capabilities of *Latilactobacillus curvatus* strain WSU-1 were analyzed comprehensively throughout this research. Through genomic, biochemical, and in vitro methods, antifungal mechanisms present in WSU-1 were identified, and their functionality was confirmed. However, the promising in vitro results were not substantiated when WSU-1 was grown and challenged in situ in yogurt. This discrepancy highlights the complexity of food systems compared to controlled in vitro systems and underscores the necessity of practical in-situ trials when analyzing potential LAB for use as bio-preservative agents.

Despite the limited success in replicating the in vitro inhibitory effects in yogurt, WSU-1's unique metabolic capabilities and ability to thrive in dairy environments suggest that it still holds potential for use in the dairy industry. Its ability to produce reuterin and other antimicrobial compounds, given the right conditions, could be leveraged in specific applications where these conditions can be optimized. Moreover, the research emphasizes the critical role of manganese scavenging and competitive exclusion, which remain a valuable antifungal strategy although not fully explored in the yogurt trials.

Further research could explore optimizing WSU-1's growth conditions and possibly enhancing its antifungal properties through genetic or metabolic manipulation. Additionally, WSU-1 might be more effective in combination with other LAB strains or preservatives, creating a synergistic effect that enhances its bio-preservative potential.

Previous research on *Lat. curvatus* and similar bacteria suggests that it could also be used as a bio-preservative protecting against spoilage and pathogenic bacteria, either through mechanisms discussed here or potentially additional mechanisms, such as the production of bacteriocins. Additionally, it has been suggested that *Lat. curvatus* could show promise in human health as a potential probiotic (Chen et al., 2020). Pairing both bio-preservative functionality as well as potential probiotic benefits could be very beneficial to the dairy industry.

In conclusion, while WSU-1 showed limited effectiveness as a stand-alone biopreservative in yogurt, its unique properties and potential applications warrant further investigation. This research contributes to the broader understanding of LAB as biopreservatives and accentuates the importance of conducting thorough in-situ trials to complement in vitro findings.

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APPENDICES

# Appendix A: Yogurt make sheets for all treatments

Plain V	Vhole	Milk	Yogu	ırt				Ital	State
Manufacture Date:	11/1	8123					i.	JNIV	ERSITY
steurization:		180 F,	16 Sec		1				
Starter Cultures Used:		YF-L	.702		1			5	DC
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	рН		pri st	p= 17.67	y.
Target:	860	3.65	3.1	0.83	6.65	1			Cichart Hassanake
Actual:		4.03	3.42	0 85		1			1. Inclusion dist
Process Step:	Time	Line:	Min to Next	Temp.	In (F)		pH	Ingredi	ent Added and Process Details
	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.		
Fill 300 gallon	Previous			40					
THE LOOK	Gay					-	-	12.04 lbs.	lbs. stabilizer (1.4% of milk)
								38,70 lbs.	lbs. NFDM (4.5% of total milk)
Add stabilizer and NFDM	Previous day			40					Add slowly to the mixing tank wit agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.
Pastuerization	6:30		30	183					Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat
Heat mix	7:00	6.93	75	75 (;	711	6	654		Heat mix to 185 to denature whe protiens. Hold for 30 minutes. Agitators on.
Hold at 185°F	8:15	8:00	30	185	184 7				Hold for 30 minutes with agitation.
Cool down mix	8:45	8:20	30	185	C: 184-2				Cool mix down to 109°F with agitation.
Add starter	8:50	8:53	5	109 <sup>C</sup>	107 6		6.41	80.0 g	Add <b>YFL-702</b> (80g /100 gal). Th whole bag of culture chould be defrosted in a bucket of cold wate before adding. BMpb. #7, 256 259
Stir	8:55	8.53	30	109 <sub>(J</sub>	107.7	1			Stir for 10 minutes then turn
	9:25	9 23	30	109 1	110.0		6.40		Hold at 109°F for 1 hour with
	9:55	4 53	30	109 1	110.0		6.32		Friend aft strammer value @ 10
	10:25	10:23	30	109 7	109 7		6-11		Turn off straman valve at 1 hour
Hold at 109°F	10:55	10:43	30	1097	109.5		5.40		or modellon.
	11:25	11 23	30	109 T	109.7	-	5.21		Diena habet
	12:25	12:22	30	109	110.2		4.91	-	Drain jacket at 3 hours of
	12:55	12:65	30	109	110 7	47	4 05		incubation. ptt 50
		1:23			169.6		4.71		



Figure A.1. Trial 1 Control yogurt make
Plain W	hole	MIIK	Yogu	rt				Ital	State
Manufacture Date:	11/21	123					U	NIV	ERSITY
steurization:		180 F,	16 Sec			105	Gellow	in Mil	1. mg tauk 12-65 5000 11
Starter Cultures Used:	YF-L702	+ WSU	•1				5	5	UNER 40.65 AFT
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	pН				50 gallon ORing 6 g
Target:	860	3.65	3.1	0.83	6.65				
Actual:						1			
Process Step:	Time	Line:	Min to Next Step	Temp.	In (F)	P	н	Ingredi	ent Added and Process Details
	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.		
Fill 300 gallon	Previous			40			Go theme ?	urait.	
1110 39110	Guy			1			6.01	12.04 lbs.	lbs. stabilizer (1.4% of milk)
							M-35	38.70 lbs.	Ibs. NFDM (4.5% of total milk)
Add stabilizer and NFDM	Previous day			40					Add slowly to the mixing tank will agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.
Pastuerization	6:30		0:30	183					Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat
Heat mix	7:00	7.07	1:15	75	\$34		6.69		Heat mix to 185 to denature whe protiens. Hold for 30 minutes. Agitators on.
Hold at 185°F	8:15	8:01	0:30	185	185.7		645	e	Hold for 30 minutes with agitation.
Cool down mix	8:45	6:3)	0:30	185	184.5				Cool mix down to 109°F with agitation.
Add starter	9:15	8:57	0:00	109	107 2		6.45	80.0 g සිං 14-ე	Add YFL-702 (80g /100 gal). Th whole bag of culture chould be defrosted in a bucket of cold wate before adding. Sector # 3% 2561
	100							160 141	WSV-1
Stir	9:15	8:57	0:30	109	107 2				Stir for 10 minutes then turn agitators off.
	9:45	9.27	0:30	109 T	110.1		6,35		Hold at 109°F for 1 hour with straman valve heating the jacket.
	10:15	9.57	0:30	109 c	107.4		6.20		10
	10:45	10:27	0:30	109 1	110.3		590		Turn off straman valve at 1 hour of incubation. ID to the there off
Hold at 109°F	11:15	1957	0:30	109	10.3		5.30		
	11:45	11:24	0:30	109	111.1	-	4.99	-	Juster Prained
	12:15	12:27	0:30	109	11.4		4.76		Drain jacket at 3-hours of
	13:15	12:52	0:30	109	110.9	4.6	4.65		THE PARTY OF THE P
		1: 27		1200-221	In to	1.000	4 63		

10 0



Figure A.2. Trial 1 WSU-1 yogurt

Plain V	Vhole	Milk	Yoa	Irt	1				Ctata
Manufacture Date:	11/34	123			1			JNIV	ERSITY
steurization:		180 F,	16 Sec		]				
Starter Cultures Used:	YF-L702	+650	+ + 2	iycero)	1			-	DIC
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	рН			ľ	PH Slare 96.97.
Target:	, 860	3.65	3.1	0.83	6.65	1			
Actual:	HSE					1			
Process Step:	Time	Line:	Min to Next Step	Temp.	In (F)		н	Ingredi	ent Added and Process Details
E.H. 200	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.		
mix tank	day			40					
							600	12.04 lbs.	lbs. stabilizer (1.4% of milk)
							16.12	38.70 lbs.	lbs. NFDM (4.5% of total milk)
Add stabilizer and NFDM	Previous day			40					Add slowly to the mixing tank with agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.
Pastuerization	6:30		0:30	183					Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat
Heat mix	7:00	7 00	1:15	75	71.0		6.54		Heat mix to 185 to denature when protiens. Hold for 30 minutes. Agitators on.
Hold at 185°F	8:15	7:53	0:30	185	185.9				Hold for 30 minutes with agitation.
Cool down mix	8:45	8:23	0:30	185	1825				Cool mix down to 109°F with agitation.
Add starter	9:15	8:46	0:00	109	167		84.5	80.0 g	Add YFL-702 (80g /100 gal). The whole bag of culture chould be defrosted in a bucket of cold water before adding. Exect # 26, 261
				0				189 mL	WSU-1
Stir	9:15	8 46	0:30	109	107.0		6.39		Stir for 10 minutes then turn agitators off.
	9:45	700	0:30	109	(19)		6.36		Hold at 109°F for 1 hour with
	10:15	9.46	0:30	109	189.6	-	6.15		straman valve heating the jacket.
-	10:45	10:16	0:30	109	104.3		5,90		Turn off straman valve at 1 hour
Hold at 109°F	11:15	10:46	0:30	109	108.9		6.34		se incubicion.
	11:45	1:16	0:30	109	109.9		5.04		Jutiet drucked
	12:15	11.46	0:30	109	129.7	-	4.47		
	12:45	16.16	0:30	109	109.3	4.6	4.72		Drain Jacket at pH 5.0
	10.10	1114	0.30	109	178 2	4.0	1.09		
	ı	1:30			105,1		4,56	ę.	



Figure A.3. Trial 1 WSU-1 + glycerol yogurt make

Plain V	Vhole	Milk	Yogu	ırt			1		State
Manufacture Date:	1-9-3	24					l	JNIV	ERSITY
Pasteurization:		180 F,	16 Sec		1.1	-1.01	921	1	
Starter Cultures Used:	YF-L702	+ 35639	U-1		- P1-1	51000		5	PIC
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	pH				
Target:	430	3.65	3.1	0.83	6.65	1			
Actual:						]			
Process Step:		Line:	Min to Next Step	Temp	. In (F)	P	н	Ingredi	ent Added and Process Details
FIII 200	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.		
Fill 300 gallon	Previous			40	_				
THIS SUILS	uay					-	-	12.04 lbs.	lbs. stabilizer (1.4% of milk)
								38.70 lbs.	lbs, NFDM (4.5% of total milk)
Add stabilizer and NFDM	Previous day			40					Add slowly to the mixing tank with agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.
Pastuerization	6:30		0:30	183	2				Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat
Heat mix	7:00	7:00	1:15	75	74.0				Heat mix to 185 to denature whey protiens. Hold for 30 minutes. Agitators on. Stremmer @ 220'F
Hold at 185°F	8:15	7:59	0:30	185	1851				Hold for 30 minutes with agitation. Stomar @ 20* F
Cool down mix	8:45	3:30	0:30	185	185.1				Cool mix down to 109°F with agitation.
Add starter	9:15	ଟ ବର	0:00	109	109.6		6.47	40.09 -80.09	Add YFL-702 (869 /100 gal). The whole bag of culture chould be defrosted in a bucket of cold water before adding. [91 mL WSU-]
Stir	9:15	8:58	0:30	109	109.6				Stir for 10 minutes then turn
	9:45	9.08	0:30	109	104.7		639	- April Martin Sala	Hold at 109°F for 1 hour with straman valve heating the jacket.
	10:15	9:58	0:30	109	109.8		6,29		Stramon velve formed off
Hold at 109°F	10:45	10:28	0:30	109	109.6		6:10		Turn off straman valve at 1 hour of incubation.
	11:15	10:58	0:30	109	109.3		5.61		
	11:45	11:48	0:30	109	1049	-	5.19		here dates
	12:15	12:10	0:30	109	100	-	4099		Drain jacket at pH 5.0
	13:15	11.55	0:30	109	0.001	4.6	LI TO		israin Jacket at pri 5.0
		1: 28	0.00	100	110 2	1.110	4 41		
		1.57					11/1		
		7			110		461		
		1.1.			lan r		1. Cr		

Break the mix and add	13:45	2:12	1:20	65	415		4.65	Connect chill water lines to the jacket and cool the mix down to 65°F with agitation.
glycerine								Add-glycerine_
Pump yogurt through the smoothing valve	15:05		0:30	40-65		4.6	4 <i>5</i> 7	Before pumping over, close the smoothing valve all the way and open a quarter turn. Open bottom valve of the incubation tank and turn on pump to 50 hz. Pump into the mixing tank.
Hold in tank overnight	15:35			40				This step can be bypassed if doing the entire make in one day. Turn off agitator.
Flavor the mix	- 2		0:30	40-65				If adding flavor it can be added to the mix and mixed with agitators
Package	10:00		1:20	40-65			4.61	Open bottom mixing tank valve and turn on pump to send yogurt to packaging hopper. Adjust the pump speed to ensure the hopper does not overfill.
Storage	11:20			40		4.6		Place yogurt in the fridge for storage until use. Yogurt should have about a 3 week shelf life.





Figure A.4. Trial 2 WSU-1 yogurt make

Plain W	hole	Milk	Yogu	Irt	]		Ital	State
Manufacture Date:	$-1/\sqrt{1}$	1/27				i	JNIV	ERSITY
Pasteurization:		180 F,	16 Sec			YFLE	ROZ Bate	h # 3717561
Starter Cultures Used:	YF-L702	+ 650	- t tgi	ycurol	509.	-(	5	EXP 1.12.2025
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	pH	stt sin	pe : 98 27	L.
Target:	430	3.65	3.1	0.83	6.65	]		
Actual:								
Process Step:	Time	Line:	Min to Next Step	Temp	In (F)	(F) pH Ingredies		ent Added and Process Details
	Tar.	Act.	Tar.	Tar.	Act.	Tar. Act.		
Fill 300 gallon	Previous			40				
THA CONK	Udy	-					12.04 lbs.	lbs. stabilizer (1.4% of milk)
							38.70 lbs.	lbs. NFDM (4.5% of total milk)
Add stabilizer and NFDM	Previous day			40				Add slowly to the mixing tank with agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.
Pastuerization	6:30	6:30	0:30	183				Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat
Heat mix	7:00	892	1:15	75	82.6			Heat mix to 185 to denature whey protiens. Hold for 30 minutes. Agitators on. Strumen @ 225F
Hold at 185°F	8:15	7:47	0:30	185	184.9			Hold for 30 minutes with
Cool down mix	8:45	8:17	0:30	185	184.2			Cool mix down to 109°F with agitation.
Add starter	9:15	8:40	0:00	109	111-3	6.40	40.03 <del>100.0</del> 9 41.03	Add <b>YFL-702</b> (80g /100 gal). The whole bag of culture chould be defrosted in a bucket of cold water before adding.
								189-1450-1
Stir	9:15	8:40	0:30	109				Stir for 10 minutes then turn agitators off.
	9:45	9 10	0:30	109	110.3	6.38		Hold at 109°F for 1 hour with straman valve heating the jacket
	10:15	9:40	0:30	109	104.6	6.27		and the product
Hold at 10005	10:45	(0:(0	0:30	109	109.5	6.04		Turn off straman valve at 1 hour of incubation. 9:40
Hold at 109°F	11:15	10:40	0:30	109	5.901	5.57		
	11:45	11:10	0:30	109	109.S	6.15		
	12:15	4:40	0:30	109	109.8	4.92		Jacket drainel
	12:45	12:10	0:30	109	19.7	4.97	-	Drain jacket at pH 5.0
	13:15	12:40	0:30	109	1100	4.6 4.66		
		1:10			110.2	4.60	10	

Break the mix and add	13:45	1:40	1:20	65	4.54	8.48 KG-	Connect chill water lines to the jacket and cool the mix down to 65°F with agitation.
gijeenne		-				2.	Add glycerine.
Pump yogurt through the smoothing valve	15:05	2:30	0:30	40-65	4.6		Before pumping over, close the smoothing valve all the way and open a quarter turn. Open bottom valve of the incubation tank and turn on pump to 50 hz. Pump into the mixing tank.
Hold in tank overnight	15:35		-	40			This step can be bypassed if doing the entire make in one day. Turn off agitator.
Flavor the mix	•		0:30	40-65			If adding flavor it can be added to the mix and mixed with agitators
Package	10:00		1:20	40-65	4.59		Open bottom mixing tank valve and turn on pump to send yogurt to packaging hopper. Adjust the pump speed to ensure the hopper does not overfill.
Storage	11:20		2	40	4.6		Place yogurt in the fridge for storage until use. Yogurt should have about a 3 week shelf life.





Figure A.5. Trial 2 WSU-1 + glycerol yogurt make

Plain W	Vhole	Milk	Yogu	ırt	
Manufacture Date:	1/11	124			
Pasteurization:		180 F,	16 Sec		
Starter Cultures Used:	YF-L702	Batc 3	77561		
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	pH
Target:	860	3.65	3.1	0.83	6.65
Actual:					

Process Step:	Time	Line:	Min to Next Step	Temp	o. In (F)		рН	Ingredi	ent Added and Process Details
	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.		
Fill 300 gallon mix tank	Previous day			40					
								12.04 lbs.	lbs. stabilizer (1.4% of milk)
								38.70 lbs.	lbs. NFDM (4.5% of total milk)
Add stabilizer and NFDM	Previous day			40					Add slowly to the mixing tank with agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.
Pastuerization	6:30		0:30	183					Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat
Heat mix	7:00	7.00	1:15	75	72.1		661		Heat mix to 185 to denature whey protiens. Hold for 30 minutes. Agitators on. Strawtor @ 2051 P
Hold at 185°F	8:15	8:08	0:30	185	185.0				Hold for 30 minutes with agitation. Stramon @ 2057
Cool down mix	8:45	8:38	0:30	185	185.8				Cool mix down to 109°F with agitation.
Add starter	9:15	8:58	0:00	109	109.9			80.0 g 97.	Add <b>YFL-702</b> (80g /100 gal). The whole bag of culture chould be defrosted in a bucket of cold water before adding.
	Sec. 1								
Stir	9:15	8:58	0:30	109	109.9		6.44		Stir for 10 minutes then turn agitators off.
ų.	9:45	9:28	0:30	109	110.8		6.40	E	Hold at 109°F for 1 hour with straman valve heating the jacket.
	10:15	9:58	0:30	109	110.9		6.32		
Hold at 109°F	10:45	(0:28	0:30	109	(10.3		6.05		Turn off straman valve at 1 hour of incubation.
	11:15	10:58	0:30	109	110.0		5.48		
	11:45	11:28	0:30	109	110.4	-	5.09		Jacket drind
	12:15	11:58	0:30	109	110.9		487		
	12:45	12:28	0:30	109	40.2		4.79		Drain jacket at pH 5.0
	13:15	16.58	0:30	109	1111.]	4.6	4.66		
		1:28			110.3		4.60		
		1:50			110.5		4.50	. 1	break_

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TH STOR 96.0%



Break the mix and add glycerine	13:45	1:50	1:20	65	455	Connect chill water lines to the jacket and cool the mix down to 65°F with agitation.
Pump yogurt through the smoothing valve	15:05	2:43	0:30	40-65	4.6	Add gycerne. Before pumping over, close the smoothing valve all the way and open a quarter turn. Open bottom valve of the incubation tank and turn on pump to 50 hz. Pump into the mixing tank.
Hold in tank overnight	15:35		÷	40		This step can be bypassed if doing the entire make in one day. Turn off agitator.
Flavor the mix			0:30	40-65		If adding flavor it can be added to the mix and mixed with agitators
Package	10:00		1:20	40-65	4.64	Open bottom mixing tank valve and turn on pump to send yogurt to packaging hopper. Adjust the pump speed to ensure the hopper does not overfill.
Storage	11:20		×.	40	4.6	Place yogurt in the fridge for storage until use. Yogurt should have about a 3 week shelf life.





Figure A.6. Trial 2 Control yogurt

Manufacture Date:	anufacture Date: 2-13-24										
Pasteurization:		180 F. 16 Sec									
Starter Cultures Used:	Starter ultures Used: YF-L702 Batch # 3561										
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	рН						
Target:	860	3.65	3.1	0.83	6.65						
Actual:		4.24	3.43	0.81	6.58						

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PH slipe 97.6%

Process Step:	Time	Line:	Min to Next Step	Temp	. In (F)		н	Ingredient Added and Process Details	
	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.	1000	in the course of the second
Fill 300 gallon mix tank	Previous day			40					
								12.04 lbs.	Ibs. stabilizer (1.4% of milk)
								38.70 lbs.	Ibs. NFDM (4.5% of total milk)
Add stabilizer and NFDM	Previous day			40					Add slowly to the mixing tank with agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.
Pastuerization	6:30		0:30	183					Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat
Heat mix	7:00	7:00	1:15	75			C.B		Heat mix to 185 to denature whey protiens. Hold for 30 minutes. Agitators on.
Hold at 185°F	8:15	8:16	0:30	185	185.2				Hold for 30 minutes with agitation.
Cool down mix	8:45	8:46	0:30	185	186.1				Cool mix down to 109°F with agitation.
Add starter	9:15	9:06	0:00	109	109.8		6.46	80.0 g දීල0	Add YFL-702 (80g /100 gal). The whole bag of culture chould be defrosted in a bucket of cold water before adding.
Stir	9:15	9.16	0:30	109	-	-	-		Stir for 10 minutes then turn
	9:45	9 34	0:30	109	111.0		6.95		Hold at 109°F for 1 hour with straman valve heating the jacket.
	10:15	10:06	0:30	109	110.9		6-29		Strongen off 10:12
U-14 -1 1000F	10:45	10:36	0:30	109	110.7		Cuthi	6.09	Turn off straman valve at 1 hour of incubation.
Hold at 109°F	11:15	11:06	0:30	109	110.8		5,56		
	11:45	11:26	0:30	109	10.2		5.17		
	12:15	12:06	0:30	109	110.g		4.97		
	12:45	E:36	0:30	109	111-5		4.83	1	Drain jacket at pH 5.0
	13:15	1:06	0:30	109	110.8	4.6	14.72		
		1:36			110,7		4.58	8	

Break the mix and add	13:45	2:13	1:20	65		458	Connect chill water lines to the jacket and cool the mix down to 65°F with agitation.
3.700.000	-				1		Add glycerine.
Pump yogurt through the smoothing valve	15:05	3:17	0:30	40-65	64.8	4.6 11.61	Before pumping over, close the smoothing valve all the way and open a quarter turn. Open bottom valve of the incubation tank and turn on pump to 50 hz. Pump into the mixing tank.
Hold in tank overnight	15:35		÷	40		4.60	This step can be bypassed if doing the entire make in one day. Turn off agitator.
Flavor the mix	•		0:30	40-65			If adding flavor it can be added to the mix and mixed with agitators
Package	10:00		1:20	40-65			Open bottom mixing tank valve and turn on pump to send yogurt to packaging hopper. Adjust the pump speed to ensure the hopper does not overfill.
Storage	11:20			40		4.6	Place yogurt in the fridge for storage until use. Yogurt should have about a 3 week shelf life.
7							
9.73							
6.25	1						
6		1					
¥ 5.75		1	-		-		
5.5	-	-		-			
5.25		-	1				
. 75	-		-	-			





Plain Whole Milk Yogurt Manufacture Date: 2-14-24 Pasteurization: 180 F, 16 Sec								Ital	State	
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					14-1	sch 2	71756	)		
Starter Cultures Used:	YF-L702	-11,30	i tyiyc	eva	6.			-	P.Co	
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	pH	ŕ	PHSIO	pe 98.0	<u>97.</u>	
Target:	430	3.65	3.1	0.83	6.65					
Actual:										
Process Step:	Time Line:		Min to Next Step	Temp. In (F)		pН		Ingredient Added and Process Details		
- VELE-DE-L	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.			
Fill 300 gallon	Previous			40						
Thix (drik	day					<u> </u>		6.02 lbs.	lbs. stabilizer (1.4% of milk)	
Add stabilizer and NFDM	Previous day			40				19.35 lbs.	Ibs. NFDM (4.5% of total milk) Add slowly to the mixing tank with agitator at 45.0. Increase speed of agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit	
Pastuerization	6:30		0:30	183					Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat	
Heat mix	7:00	7:01	1:15	75	84.55		6.05		Heat mix to 185 to denature whey protiens. Hold for 30 minutes. Agitators on.	
Hold at 185°F	8:15	757	0:30	185	185.3				Hold for 30 minutes with agitation.	
Cool down mix	8:45	8:27	0:30	185	186.3				Cool mix down to 109°F with agitation.	
Add starter	9:15	8:47	0:00	109	1045		6,42	40.0 g	Add YFL-702 (80g /100 gal). The whole bag of culture chould be defrosted in a bucket of cold water before adding.	
Chie	0.15	0.07	0.20	100	-	-			Stir for 10 minutes then turn	
50	9:13	0.71	0.50	109	1	-	1		agitators off. Hold at 109°E for 1 hour with	
	9:45	4:1+	0:30	109	110.0		6.39		straman valve heating the jacket.	
	10:15	9:47	0:30	109	104.8		6028		Turn off straman valve at 1 hour	
Hold at 109°F	11/15	10 117	0.30	100	104.7	-	5.47		of incubation.	
	11:45	DIF	0:30	109	109.3	-	6.10			
	12:15	14:47	0:30	109	109.9		4.90		white Dramed	
	12:45	1217	0:30	109	110.2		4.80		Drain jacket at pH 5.0	
	13:15	12:47	0:30	109	110.2	4.6	U.S.			

\* Volve on the bottom w accidentiley glanck durin

Break the mix and add glycerine	13:45	1:34	1:20	65		4.58		Connect chill water lines to the jacket and cool the mix down to 65°F with agitation.
							5.99 19	Add glycerine.
Pump yogurt through the smoothing valve	15:05	2:15	0:30	40-65	60	4.6		Before pumping over, close the smoothing valve all the way and open a quarter turn. Open bottom valve of the incubation tank and turn on pump to 50 hz. Pump into the mixing tank.
Hold in tank overnight	15:35			40				This step can be bypassed if doing the entire make in one day. Turn off agitator.
Flavor the mix			0:30	40-65				If adding flavor it can be added to the mix and mixed with agitators
Package	10:00		1:20	40-65		4,63		Open bottom mixing tank valve and turn on pump to send yogurt to packaging hopper. Adjust the pump speed to ensure the hopper does not overfill.
Storage	11:20			40		4.6		Place yogurt in the fridge for storage until use. Yogurt should have about a 3 week shelf life.





**Figure A.8.** Trial 3 WSU-1 + glycerol yogurt

Plain Whole Milk Yogurt					1			It all	Ctate			
Manufacture Date: 3/13/24					]		l	INIV	ERSITY			
Pasteurization:	180 F, 16 Sec				1				and the second sec			
Starter Cultures Used: YF-L702 HUSU -1					1	MAC						
Milk Info.	lbs. of Milk	% Fat	% Prot.	P/F	рН		OUS	lope as	5.67			
Target:	430	3.65	3.1	0.83	6.65	1	L,					
Actual:						1						
Process Step:	Time Line:		Min to Next Step	Temp. In (F)		pH		Ingredient Added and Process Details				
	Tar.	Act.	Tar.	Tar.	Act.	Tar.	Act.					
Fill 300 gallon mix tank	Previous			40								
	501			-				6.02 lbs.	lbs. stabilizer (1.4% of milk)			
Add stabilizer and NFDM	Previous day			40				19.35 lbs.	lbs. NFDM (4.5% of total milk)			
									Add slowly to the mixing tank wit agitator at 45.0. Increase speed o agitator to 60.0 to ensure all powders are mixed in. Reduce agitator speed to 10.0 and let sit overnight.			
Pastuerization	6:30		0:30	183					Pastuerize mix at 183°F for 15 seconds throuht the HTST and pump into yogurt vat			
Heat mix	7:00	7:07	1:15	75	73.7		6.59		Heat mix to 185 to denature when protiens. Hold for 30 minutes. Agitators on.			
Hold at 185°F	8:15	3:53	0:30	185	185.9				Hold for 30 minutes with agitation.			
Cool down mix	8:45	9:22	0:30	185	104.1				Cool mix down to 109°F with agitation.			
Add starter	9:15	9:40	0:00	109	1104		6.39	40.0 g (jo-e2	Add <b>YFL-702</b> (80g /100 gal). The whole bag of culture chould be defrosted in a bucket of cold water before adding.			
									104 pre cost a custor			
Stir	9:15	9:40	0:30	109					Stir for 10 minutes then turn agitators off.			
Hold at 109°F	9:45	10:40	0:30	109	108.4		6.39		Hold at 109°F for 1 hour with straman valve heating the jacket.			
	10:15	18:40	0:30	109	109-1	1	6.26		-			
	10:45	11:10	0:30	109	108.9		5.96		of incubation.			
	11:15	11:40	0:30	109	109.0		5.53	-				
	11:45	12:10	0:30	109	104.1		5-09					
	12:15	12:40	0:30	109	104.3	-	4.97		Pupin indust at pld 5.0			
	12:45	1:10	0:30	109	104.2	4.6	4.74		brain jacket at pri 5.0			



Figure A.9. Trial 3 WSU-1 yogurt



Figure B.1. Mold visual classification ranking reference



**Figure B.2.** First biological replicate of images of yogurt cups inoculated with *Penicillium commune.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.3.** First biological replicate of images of yogurt cups inoculated with *Penicillium citrinum.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.4.** First biological replicate of images of yogurt cups inoculated with *Penicillium decumbens.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.5.** First biological replicate of images of yogurt cups inoculated with *Aspergillus cibarius.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.6.** First biological replicate of images of yogurt cups inoculated with *Penicillium roqueforti.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.7.** First biological replicate of images of yogurt cups inoculated with *Penicillium chrysogenum.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows C = Control, W = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 WG = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 WG = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.8.** First biological replicate of images of yogurt cups inoculated with *Phoma dimorpha*. Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **MG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **1** and 200mM glycerol.



**Figure B.9.** First biological replicate of images of yogurt cups inoculated with *Mucor racemosus.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **MG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **1** and 200mM glycerol.



**Figure B.10.** First biological replicate of images of yogurt cups inoculated with *Trichoderma amazonicum*. Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CFU/g Lat. curvatus* WSU-1 **WG** = yogurt with *Log<sub>10</sub> CF* 



**Figure B.11.** Second biological replicate of images of yogurt cups inoculated with *Penicillium commune.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.12.** Second biological replicate of images of yogurt cups inoculated with *Penicillium citrinum.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.13.** Second biological replicate of images of yogurt cups inoculated with *Penicillium decumbens.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.14.** Second biological replicate of images of yogurt cups inoculated with *Aspergillus cibarius.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.15.** Second biological replicate of images of yogurt cups inoculated with *Penicillium roqueforti.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.16.** Second biological replicate of images of yogurt cups inoculated with *Penicillium chrysogenum.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows C = Control, W = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 WG = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 WG = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.17.** Second biological replicate of images of yogurt cups inoculated with *Phoma dimorpha*. Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.18.** Second biological replicate of images of yogurt cups inoculated with *Mucor* racemosus. Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **1** and 200mM glycerol.



**Figure B.19.** Second biological replicate of images of yogurt cups inoculated with *Trichoderma amazonicum*. Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with MG = yog



**Figure B.20.** Third biological replicate of images of yogurt cups inoculated with *Penicillium commune.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.


**Figure B.21.** Third biological replicate of images of yogurt cups inoculated with *Penicillium citrinum.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.22.** Third biological replicate of images of yogurt cups inoculated with *Penicillium decumbens.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.23.** Third biological replicate of images of yogurt cups inoculated with *Aspergillus cibarius.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.24.** Third biological replicate of images of yogurt cups inoculated with *Penicillium roqueforti.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.25.** Third biological replicate of images of yogurt cups inoculated with *Penicillium chrysogenum.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows C = Control, W = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 WG = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 WG = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 and 200mM glycerol.



**Figure B.26.** Third biological replicate of images of yogurt cups inoculated with *Phoma dimorpha*. Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with  $Log_{10}$  CFU/g *Lat. curvatus* WSU-1 **1** and 200mM glycerol.



**Figure B.27.** Third biological replicate of images of yogurt cups inoculated with *Mucor racemosus.* Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **MG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **1** and 200mM glycerol.



**Figure B.28.** Second biological replicate of images of yogurt cups inoculated with *Trichoderma amazonicum*. Cups are organized by treatment and shown over 5 weeks (W1-W5) which were conducted and shown triplicate. Treatments are as follows **C** = Control, **W** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with Log<sub>10</sub> CFU/g *Lat. curvatus* WSU-1 **WG** = yogurt with MG = yog

## Appendix C: Sensory analysis supplementary information

SIMS TEST ROTATION PLAN: By Ballot # / Sample Set						
SIMS Definition C	ode: YOGURTCW					
SIMS Definition Desc	cription: 2-2024 Chase Yogu	t Triangle Tests				
Sample 1: Control	•					
Sample 2: Treatm	ent					
Rep: 1						
Ballot#	PanelistID	Panelist Name	San	nple Order (S	iample#/Sample	Code)
1	000000001	Resp # 1		1-413	2-273	1-619
2	000000002	Resp # 2		2-498	1-314	2-638
3	000000003	Resp # 3		1-952	2-192	2-819
4	000000004	Resp # 4		2-725	1-812	1-123
5	000000005	Resp # 5		1-891	1-946	2-458
6	000000006	Resp # 6		2-196	2-649	1-841
7	000000007	Resp # 7		1-298	2-495	1-971
8	000000008	Resp # 8		2-789	1-395	2-957
9	000000009	Resp # 9		1-417	2-753	2-853
10	000000010	Resp # 10		2-597	1-486	1-926
11	000000011	Resp # 11		1-528	1-481	2-281
12	000000012	Resp # 12		2-829	2-712	1-651
13	000000013	Resp # 13		1-764	2-814	1-567
14	000000014	Resp # 14		2-497	1-374	2-154
15	000000015	Resp # 15		1-928	2-245	2-316
16	000000016	Resp # 16		2-962	1-617	1-156
17	000000017	Resp # 17		1-746	1-972	2-189
18	000000018	Resp # 18		2-139	2-879	1-681
19	000000019	Resp # 19		1-792	2-281	1-613
20	000000020	Resp # 20		2-348	1-462	2-859
21	000000021	Resp # 21		1-495	2-248	2-124
22	000000022	Resp # 22		2-483	1-542	1-852
23	000000023	Resp # 23		1-536	1-428	2-769
24	000000024	Resp # 24		2-573	2-681	1-385
25	000000025	Resp # 25		1-324	2-912	1-532
26	000000026	Resp # 26		2-356	1-189	2-796
27	000000027	Resp # 27		1-543	2-632	2-795
28	000000028	Resp # 28		2-1/6	1-438	1-594
29	000000029	Resp # 29		1-418	1-253	2-967
30	000000030	кеsp # 30		2-245	2-674	1-/21
31	000000031	Kesp # 31		1-215	2-739	1-829
32	000000032	кеsp # 32		2-246	1-182	2-435
33	000000033	кеsp # 33		1-18/	2-286	2-642
34	000000034	кеsp # 34		2-841	1-498	1-263
35	000000035	кеsp # 35		1-627	1-823	2-457
36	000000036	Kesp # 36		2-179	2-214	1-718

SIMS TEST ROTATION PLAN: By Ballot # / Sample Set						
SIMS Definition C	ode: YOGURTCW					
37	000000037	Resp # 37		1-916	2-536	1-417
38	000000038	Resp # 38		2-725	1-962	2-876
39	000000039	Resp # 39		1-619	2-529	2-942
40	000000040	Resp # 40		2-852	1-582	1-736
41	000000041	Resp # 41		1-982	1-529	2-267
42	000000042	Resp # 42		2-712	2-274	1-463
43	000000043	Resp # 43		1-329	2-942	1-259
44	000000044	Resp # 44		2-835	1-369	2-413
45	000000045	Resp # 45		1-823	2-548	2-734
46	000000046	Resp # 46		2-579	1-895	1-346
47	000000047	Resp # 47		1-157	1-473	2-895
48	000000048	Resp # 48		2-653	2-458	1-926
49	000000049	Resp # 49		1-138	2-581	1-356
50	000000050	Resp # 50		2-245	1-952	2-782
51	000000051	Resp # 51		1-614	2-426	2-294
52	000000052	Resp # 52		2-145	1-713	1-314
53	000000053	Resp # 53		1-937	1-612	2-831
54	000000054	Resp # 54		2-195	2-921	1-325
55	000000055	Resp # 55		1-581	2-687	1-876
56	000000056	Resp # 56		2-425	1-583	2-351
57	000000057	Resp # 57		1-837	2-594	2-368
58	000000058	Resp # 58		2-852	1-217	1-125
59	000000059	Resp # 59		1-849	1-386	2-761
60	000000060	Resp # 60		2-492	2-765	1-146
61	000000061	Resp # 61		1-142	2-653	1-295
62	000000062	Resp # 62		2-678	1-918	2-817
63	000000063	Resp # 63		1-263	2-317	2-814
64	000000064	Resp # 64		2-721	1-837	1-917
65	000000065	Resp # 65		1-182	1-715	2-926
66	000000066	Resp # 66		2-673	2-561	1-356
67	000000067	Resp # 67		1-629	2-491	1-873
68	000000068	Resp # 68		2-728	1-498	2-541
69	000000069	Resp # 69		1-694	2-237	2-179
70	000000070	Resp # 70		2-698	1-586	1-723
Rep: 2						
Ballot#	PanelistID	Panelist Name		Sample Order (S	Sample#/Sample	Code)
1	000000001	Resp # 1		1-982	1-561	2-831
2	000000002	Resp # 2		2-814	2-967	1-139
3	000000003	Resp # 3		1-416	2-739	1-246
4	000000004	Resp # 4		2-921	1-692	2-527
5	000000005	Resp # 5		1-157	2-698	2-356
6	000000006	Resp # 6		2-458	1-953	1-735

SIMS TEST ROTATION PLAN: By Ballot # / Sample Set					
SIMS Definition C	Code: YOGURTCW				
7	00000007	Resn # 7	1-531	1-758	2-621
8	000000000	Resn # 8	2-263	2-564	1-472
9	000000009	Resp # 9	1-935	2.304	1-516
10	000000000	Resp # 10	2-183	1-638	2-268
10	000000011	Resp # 10	1-361	2-142	2-698
12	000000011	Resp # 12	2-946	1-457	1-362
12	000000012	Resp # 12	1-683	1-182	2_310
10	000000013	Resp # 14	2-542	2-058	1-725
15	000000014	Resp # 15	1-174	2 330	1-728
15	000000015	Resp # 16	2_/105	1-263	2-812
10	000000010	Resp # 17	1-627	2-235	2-012
17	000000017	Resp # 18	2-425	1-742	1-317
10	000000018	Resp # 19	1-//38	1-516	2-396
20	000000013	Resp # 20	2-502	2-715	1-618
20	000000020	Resp # 20	1-87/	2-715	1-574
21	000000021	Resp # 22	2-976	1-317	2-697
22	000000022	Resp # 22	1-964	2-197	2-057
23	000000023	Resp # 23	2-169	1-807	1-742
25	000000024	Resp # 25	1-854	1-143	2-784
25	000000025	Resp # 26	2-851	2_012	1-641
20	000000020	Resp # 27	1-894	2-512	1-347
27	000000027	Resp # 28	2-391	1-743	2-965
20	000000020	Resp # 20	1-574	2_685	2 505
30	000000025	Resp # 20	2_071	1-547	1-837
30	000000030	Resp # 31	1-375	1-958	2-485
31	0000000032	Resp # 32	2-396	2_637	1_793
32	000000032	Resp # 32	1-497	2-037	1-735
34	000000033	Resp # 34	2-179	1-529	2-684
35	0000000035	Resp # 35	1-254	2-145	2.5/9
36	000000035	Resp # 36	2-465	1-658	1-975
30	000000030	Resp # 37	1-768	1-038	2-364
38	0000000038	Resp # 38	2-419	2-627	1-284
30	000000039	Resp # 30	1-742	2.027	1_/159
40	0000000033	Resp # 40	2-987	1-176	2-473
40	000000040	Resp # 40	1-731	2-315	2-473
41	000000041	Resp # 42	2-502	1-91/	1-652
42	000000042	Resp # 42	1-192	1-914	2-793
45	000000043	Resp # 43	2-536	2-253	1-697
44	000000044	Posp # 45	1 295	2-255	1 022
45	000000045	Resn # 46	2-702	1-497	2-6/2
40	000000040	Resn # 47	1-6/1	2_71Q	2-043
47	000000047	Rosn # 48	2-324	1-716	1_230
40	00000048	Resn # 49	1_/07	1-025	2-255
50	000000049	Resn # 50	2_/QQ	2-632	1-576
50	000000050	Resn # 51	1_072	2 000	1-56/
52	000000051	Resn # 52	2-673	1-254	2-561
52	000000002	11C3P # 32	2 0/ 5	1 2 3 4	2 301

SIMS TEST ROTATION PLAN: By Ballot # / Sample Set					
SIMS Definition	Code: YOGURTCW				
53	000000053	Resp # 53	1-514	2-136	2-468
54	000000054	Resp # 54	2-632	1-296	1-764
55	000000055	Resp # 55	1-258	1-417	2-951
56	000000056	Resp # 56	2-894	2-165	1-253
57	000000057	Resp # 57	1-274	2-648	1-965
58	000000058	Resp # 58	2-679	1-548	2-752
59	000000059	Resp # 59	1-417	2-591	2-216
60	000000060	Resp # 60	2-913	1-687	1-579
61	000000061	Resp # 61	1-425	1-374	2-943
62	000000062	Resp # 62	2-283	2-594	1-485
63	000000063	Resp # 63	1-792	2-412	1-124
64	000000064	Resp # 64	2-192	1-397	2-694
65	000000065	Resp # 65	1-352	2-893	2-612
66	000000066	Resp # 66	2-819	1-197	1-263
67	000000067	Resp # 67	1-568	1-765	2-948
68	000000068	Resp # 68	2-836	2-926	1-258
69	000000069	Resp # 69	1-492	2-527	1-982
70	000000070	Resp # 70	2-476	1-812	2-194

#### Figure C.1. Worksheet of randomized and balanced design for triangle tests

Thank you for participating in this yogurt sensory test. Please read all of the instructions before moving on:

- 1) You will be asked to complete TWO different sensory tests evaluating yogurt and you will receive TWO different trays.
- 2) Please confirm the numbers on the sample cups match the ones on the screen and taste the samples from left to right.
- 3) You will be asked to select which sample is different, if you can't tell which is different you MUST guess.
- 4) Please take a bite of cracker and rinse with water between each sample.
- 5) Once you are done please lift the door, push the tray through, and receive your second tray and repeat the previous instructions.
- 6) If you have any questions you may ask the attendant at the door.

You are ready, please click on the hand to begin

Taste each sample from left to right, taking a bite of the cracker and sip of water between each sample.

Two of the samples are the same, one is different.

Please choose the sample that is different. If you are unsure you must guess.

୦ <b>1</b> 11	° 222	ି 333	
Please type a	ny comments.		

•• •	
^	5
	Popup
~	Keypad

Figure C.2. Questionnaire for triangle tests

Ballot	Result	Comment - Comment
0000000001	Incorrect	
000000002	Correct	
000000003	Correct	this one was slightly runnier and a little sweeter than the other two
0000000004	Correct	527 and 921 tasted a little sweeter than 692
		Lam pratty confident 157 was different. The other two samples were a lot more sweet
000000005	Correct	157 was almost avanybalming when I first tasted it but the others were not
	<b>C 1</b>	157 was annost overwheiming when hinst tasted it but the others were not.
000000000	Correct	
000000007	Correct	The flavor in 621 is less intense than the other two.
000000008	Correct	472 was more sour than either the other two samples. It has a smoother look too, 263 and 564 look frothy as well
000000009	Correct	291 was noticably thinner than the rest but tastes about the same but there is something different.
000000010	Correct	I think that, in addition to tasting a lil` different, 638 was a little more viscous (my spoon slid in less easily)
000000011	Correct	361 tatses the best, less sweet, no off flavor
000000012	Correct	Sample was slightly sweeter
0000000012	Corroct	Sumple was signal sweeten
0000000013	Contect	
000000014	Correct	542 and 958 had an interesting twang to it. and once again the consistency of 725 was slightly thicker
000000015	Correct	all three had a similiar taste, but 487 had a slightly different appearance, it was less smooth than the other two.
r		I think 495 is different because to me it tastes sweeter. Also, the dairy flavor is a lot milder.
000000016	Incorrect	The other too taste very strong of dairy, while the 495 has a calming dairy taste. It also seems to be thinner in my
		mouth than the other two.
		627 - similar as the first test vogurts
000000017	Incorrect	235 - similar to the 6272 not sure yet
00000001/	mediect	200 similar to the 027 Find sure yet
	<u> </u>	STO - Onin this test is close, but I would say this one becastle its sweetery Maybe
000000018	Correct	
000000019	Corroct	felt this was easier to say which one is different
00000019	conect	the appearance also looks different
000000020	Correct	2 samples were more sweeter than the 3rd one.
000000021	Correct	tasted a little more sour also looked different
000000000000000000000000000000000000000	Corroct	
0000000022	Conect	te ne se debener le Prote de Altre e Maria e
000000023	Incorrect	texture thinner,. a little brighter flavor
000000024	Incorrect	
000000025	Correct	784 tastes sweeter and less acidic
000000026	Incorrect	
000000027	Correct	
000000028	Correct	
0000000020	Correct	
000000029	Correct	
0000000030	Correct	
000000031	Correct	485 is runnier and more bubbley. I do like the flavor more though. PAPI LIKEY!
000000032	Incorrect	
000000033	Correct	the one is not as thick and has less of an aftertaste
000000034	Correct	529 is definitely sweeter and feels lighter than the others
000000035	Correct	Smoother I think
0000000035	Corroct	Shoodici, Fallink.
0000000038	conect	
000000037	Incorrect	
000000038	Incorrect	
000000039	Correct	
000000040	Correct	This one feels like it has a different taste.
000000041	Correct	
000000042	Correct	
0000000042	Correct	The different courses a second sector courses and leave sector show the set
0000000043	Correct	nne unrerent sample seemen to taste sweeter ann less taft than the others.
000000044	correct	bey not as sweet, more plain, gifferent condictency when looking at and tasting
000000045	Incorrect	
000000046	Incorrect	Sample 798 tastes a bit sweeter
000000047	Correct	
000000048	Correct	I think 324 has a bit of different texture.
000000049	Correct	this one tastes better than the last different one
0000000000	Incorrect	
000000050	ncorrect	
000000051	Correct	
000000052	Correct	it seemed to be a different consistency than the other two
000000053	Incorrect	I think 468 had a slight vanilla taste to it
		With the previous samples, when
000000054	Incorrect	I tasted it. I mainly thought it tasted like normal vogurt, but for some reason the last sample made my mouth feel
		different.
00000000000	<b>C1</b>	
000000055	correct	
000000056	Incorrect	A little sweeter than the other 2
000000057	Correct	648 is sweeter.
000000058	Incorrect	I could tell the sample that was different from the texture, consistency, and look as well as taste
000000059	Correct	
000000060	Incorrect	
000000061	Correct	
000000000000000000000000000000000000000	Conect	
000000062	incorrect	
000000063	Correct	
0000000000	Corroct	

Figure C.3. Control vs. WSU-1 + glycerol yogurt sensory results and comments

Ballot	Result	Comment - Comment
000000001	Correct	
0000000000	Connect	
000000002	Conect	
000000003	Correct	this one seemed a bit thicker, and tasted a bit cheesier than the others.
0000000004	Incorrect	
000000005	Correct	Part of the reason I chose 458 as the one that was different was that it looked slightly different. It had some bubbles and lumps that the others did not have.
000000006	Correct	
000000007	Incorrect	298 has a stronger flavor.
000000008	Incorrect	957 I believe was more sour than the other two samples
000000009	Correct	They are all quite similar. The different one had a more pungent aftertaste which reminded me of aged cheese. The other two were clean like fresh milk.
0000000010	Incorrect	
000000011	Incorrect	481 may have been slightly thicker. 281 seems more foamy, flavor is the same
000000012	Incorrect	This one was slightly sweeter than the other two
000000012	Correct	This one was signaly sweeter than the ballet two
000000013	Connect	A third 274 had a third a consistence and a Balthan manager.
000000014	Correct	I unink 3/4 had a unicker consistency and a lighter pungency.
000000015	Correct	928 had a much stronger sour taste than the other two
000000016	Incorrect	The other two samples kind of burn in the back of my throat. The 617 is a milder taste. It also seems to be thicker in my mouth than the other two.
r		746 - too tart and sour
000000017	Incorrect	972 - less tart but still too much
		189 - same as 972
000000018	Correct	
000000019	Correct	It was hard to choose which one is different, they taste very similar
000000020	Correct	Not easy to to know which one is different from the 2 others.
000000021	Correct	has like a bitter milkier taste
000000022	Incorrect	
000000022	Incorrect	A little mem text
000000023	Incorrect	
000000024	Incorrect	
000000025	Correct	
000000026	Incorrect	
000000027	Incorrect	
000000028	Incorrect	
000000029	Correct	
000000030	Incorrect	
000000031	Incorrect	appeaerance is runnier, flavor is more subtle, and not quite as acidic
000000032	Incorrect	
000000033	Incorrect	less of an aftertaste
000000034	Incorrect	They're all yery similar. I feel like 263 is a little sweeter.
000000035	Correct	They read they summary recent that the other operations
000000035	Incorrect	
0000000030	Compat	
000000037	Correct	
000000038	Correct	
000000039	Incorrect	
000000040	Correct	I feel like this sample was more sour? It also looks visually different to me.
000000041	Incorrect	
000000042	Incorrect	
000000043	Incorrect	I`m not a culinary expert, so I don`t know the correct way to describe, but the different sample almost tastet butterier in a way.
000000044	Correct	
000000045	Correct	
000000046	Incorrect	samples were verv similar in test
000000047	Correct	all are smooth and creamy
000000048	Incorrect	All three samples tasted very similar but 458 might have had a slightly different taste
000000040	Incorrect	na comments
000000049	Correct	
0000000050	Correct	Inorgan
000000051	correct	
000000052	Incorrect	I reel like /13 is not as tar as the other two
000000053	Correct	I think 831 is smoother in taste. Less salty maybe?
000000054	Correct	
000000055	Incorrect	
000000056	Incorrect	Taste is not good
000000057	Correct	837 has a more tangy taste.
000000058	Correct	I believe that I could tell the difference in the texture and look of the samples also in the taste
000000059	Incorrect	
000000060	Correct	
000000061	Incorrect	
000000062	Incorrect	
000000002	Correct	
000000064	Correct	
000000004	conect	

Figure C.4. Control vs. WSU-1 yogurt sensory results and comments

### **Appendix D: Genomic information**

### WSU-1 Isolates 16S rRNA sequencing results in FASTA format

5-14, 27F primer

Trim length 757bp, Trimmed at 30 quality threshold, average quality 50.9 BLAST result: *Latilactobacillus curvatus* 99.6%

>27F\_5-14\_trim

5-14, 1492R primer (reverse compliment)

Trim length 739bp, Trimmed at 30 quality threshold, average quality 53.3 Blast result: *Latilactobacillus curvatus* 100%

>1492R\_5-14\_trim\_reverse

WSU-1 6-11, 27F primer

Trim length 571bp, Trimmed at 30 quality threshold, average quality 49.8 BLAST: *Latilactobacillus curvatus* 99.12%

>27F\_6-11\_trim

WSU-1 6-11, 1492R primer (reverse compliment)

Trim length 599bp, trimmed at 30 threshold, quality average 46.6 BLAST: *Latilactobacillus curvatus* 99.83%

>1492R\_6-11\_trim\_reverse

WSU-1 Pac\_seq1, 27F primer

Trim length 718bp, Trim threshold 30, quality average 50.2 BLAST: *Latilactobacillus curvatus* 99.86%

>27F\_Pac\_seq1\_trim

WSU-1 Pac\_seq1, 1492R primer (reverse compliment) Trim length 777bp, Trim threshold 30, quality average 49.9

### BLAST: Latilactobacillus curvatus 100%

>1492R\_Pac\_seq1\_trim\_reverse

WSU-1, 9-22, 27F primer

Trim length 757, Trim threshold 30, quality 50.9 BLAST: *Latilactobacillus curvatus* 99.87%

>27F\_9-22\_trim

WSU-1, 9-22, 1492R primer (reverse compliment)

Trim length 772, Trim threshold 30, quality 52.1 BLAST: *Latilactobacillus curvatus* 100%

>1492R\_9-22\_trim\_reverse

GAAATGCGTAGATATATGGAAGAACACCAGTGGCGAAGGCGGCTGTCTGGTCTGTAACTGACGCT GAGGCTCGAAAGCATGGGTAGCAAACAGGATTAGATACCCTGGTAGTCCATGCCGTAAACGATGA GTGCTAGGTGTTGGAGGGTTTCCGCCCTTCAGTGCCGCAGCTAACGCATTAAGCACTCCGCCTGG GGAGTACGACCGCAAGGTTGAAACTCAAAGGAATTGACGGGGGGCCCGCACAAGCGGTGGAGC ATGTGGTTTAATTCGAAGCAACGCGAAGAACCTTACCAGGTCTTGACATCCTTTGACCACTCTAGA GATAGAGCTTTCCCTTCGGGGACAAAGTGACAGGTGGTGCATGGTTGTCGTCAGCTCGTGTCGTG AGATGTTGGGTTAAGTCCCGCAACGAGCGCAACCCTTATTACTAGTTGCCAGCATTTAGTTGGGCA CTCTAGTGAGACTGCCGGTGACAAACCGGAGGAGGAAGGTGGGGACGACGACGTCAAATCATCATGCCCC 

# Fungal Isolates 18S rRNA sequencing results in FASTA format

M1

Trim length 573bp, Trimmed at 30 quality threshold, average quality 40 BLAST result: *Penicillium commune* 100%

>ITS1-F-M1

M3

Trim length 552bp, Trimmed at 30 quality threshold, average quality 41.4 BLAST result: *Penicillium citrinum* 100%

### >ITS1-F-M3

M4

Trim length 582bp, Trimmed at 30 quality threshold, average quality 40.2

BLAST result: Penicillium decumbens 99.31%

>ITS1-F-M4

CGTAGGTGACCTGCGGAAGGATCATTACCGAGTGAGGGCCCTCTGGGTCCAACCTCCCACCCGTG TCTATTGTACCTTGTTGCTTCGGCGGGCCCGCCGCAAGGCCGCCGGGGGGCTTCTGCCCCGGG CCCGCGCCCGCCGAAGACACCATTGAACGCTGTCTGAAGATTGCAGTCTGAGCAATTAGCTAAAT AAGTTAAAACTTTCAACAACGGATCTCTTGGTTCCGGCATCGATGAAGAACGCAGCGAAATGCGA TACGTAATGTGAATTGCAGAATTCAGTGAATCATCGAGTCTTTGAACGCACATTGCGCCCCCTGGT ATTCCGGGGGGCATGCCTGTCCGAGCGTCATTGCTGCCCTTAAGCACGGCTTATGTGTTGGGCCT CCGTCCTTCCGTCGGGGGGGCCGGGCCCGAAAGGCAGCGGCGCGCCGCGCGCCCGGGTCCTCGAGC GTATGGGGCTTCGTCACCCGCTCTGTAGGTCCGGCCGGCGCCTGCCGAACACATCAATCTTTTTC CAGGTTGACCTCGGATCAGGTAGGGATACCCGCTGAACTTAAGCATATCAAAAGGCAGGAGGA

#### M5

Trim length 523bp, Trimmed at 30 quality threshold, average quality 31.1 BLAST result: *Aspergillus cibarius* 86.36%

#### >ITS1-F-M5

### M6

Trim length 576bp, Trimmed at 30 quality threshold, average quality 44.4

BLAST result: *Penicillium roqueforti* 99.65%

### >ITS1-F-M6

#### Μ7

Trim length 373bp, Trimmed at 30 quality threshold, average quality 38.8 BLAST result: *Penicillium chrysogenum* 94.64%

### >ITS1-F-M7

Trim length 539bp, Trimmed at 30 quality threshold, average quality 42.6 BLAST result: *Phoma* subspecies 98.89 %

### >ITS1-F-M8

CGTAGGTGACCTGCGGAGGATCATTACCTAGAGTTGTAGGCTTTGCCTGCTATCTCTTACCCATGTC TTTTGAGTACCTTCGTTTCCTCGGCGGGTTCGCCCGCCGATTGGACAATTTAAACCATTTGCAGTT GCAATCAGCGTCTGAAAAAACTTAATAGTTACAACTTTCAACAACGGATCTCTTGGTTCTGGCATC GATGAAGAACGCAGCGAAATGCGATAAGTAGTGTGAATTGCAGAATTCAGTGAATCATCGAATCT TTGAACGCACATTGCGCCCCTTGGTATTCCATGGGGCATGCCTGTTCGAGCGTCATTTGTACCTTC AAGCTCTGCTTGGTGTTGGGTGTTTGTCTCGCCTCTGCGCGTAGACTCGCCTCAAAACAATTGGC AGCCGGCGTATTGATTTCGGAGCGCAGTACATCTCGCGCTTTGCATTCAGAACGACGACGTCCAA AAGTACATTTTTACACTCTTGACCTCGGATCAGGTAGGGATACCCGCTGAACTTAAGCATATCAATA AGGCGGAAGAA

#### M9

Trim length 630bp, Trimmed at 30 quality threshold, average quality 49.4 BLAST result: *Mucor racemosus* 99.51%

#### >ITS1-F-M9

#### M10

Trim length 601bp, Trimmed at 30 quality threshold, average quality 45.6 BLAST result: *Trichoderma amazonicum* 99.33%

#### >ITS1-F-M10

Y1

Trim length 444bp, Trimmed at 30 quality threshold, average quality 39.8

BLAST result: Pichia fermentans 98.97%

### >ITS1-F-Y1

### Y3

Trim length 384bp, Trimmed at 30 quality threshold, average quality 38.8 BLAST result: *Clavispora lusitaniae* 98.96%

### >ITS1-F-Y3

### Y4

Trim length 634bp, Trimmed at 30 quality threshold, average quality 42.2

BLAST result: *Debaryomyces hansenii* 99.37%

### >ITS1-F-Y4

### Y5

Trim length 425bp, Trimmed at 30 quality threshold, average quality 39.4 BLAST result: *Debaryomyces* 98.82 %

### >ITS1-F-Y5

CGTAGGTGACCTGCGGAAGGACATTACAGTATTCTTTTTGCCAGCGCTTAATTGCGCGGCGAAAA AACCTTACACAGAGTGTTTTTTGTTATTACAAGAACTTTTGCTTTGGTCTGGACTAGAAATAGTTTG

### Y6

Trim length 606bp, Trimmed at 30 quality threshold, average quality 46.4 BLAST result: *Candida zeylanoides* 96.72%

### >ITS1-F-Y6

Y8

Trim length 562bp, Trimmed at 30 quality threshold, average quality 45.4 BLAST result: *Rhodotorula mucilaginosa* 100%

### >ITS1-F-Y8

Y9

Trim length 598bp, Trimmed at 30 quality threshold, average quality 41.4

BLAST result: Meyerozyma guilliermondii 99.50%

### >ITS1-F-Y9

TTCCGTAGGTGACCTGCGGAAGGACATTACAGTATTCTTTTGCCAGCGCTTAACTGCGCGGCGAA AAACCTTACACACAGTGTCTTTTTGATACAGAACTCTTGCTTTGGTTTGGCCTAGAGATAGGTTGG GCCAGAGGTTTAACAAAACACAATTTAATTATTTTTTACAGTTAGTCAAATTTTGAATTAATCTTCAA AACTTTCAACAACGGATCTCTTGGTTCTCGCATCGATGAAGAACGCAGCGAAATGCGATAAGTAAT ATGAATTGCAGATTTTCGTGAATCATCGAATCTTTGAACGCACATTGCGCCCTCTGGTATTCCAGAG GGCATGCCTGTTTGAGCGTCATTTCTCTCTCAAACCCCCGGGTTTGGTATTGAGTGATACTCTTAGT CGGACTAGGCGTTTGCTTGAAAAGTATTGGCATGGGTAGTACTGGATAGTGCTGTCGACCTCTCA ATGTATTAGGTTTATCCAACTCGTTGAATGGTGTGGCGGGGATATTTCTGGTATTGTTGGCCCGGCCT TACAACAACCAAACAAGTTTGACCTCAAATCAGGTAGGAATACCCGCTGAACTTAAGCATATCATA AG

Y10

Trim length bp, Trimmed at 30 quality threshold, average quality 43.8 BLAST result: *Torulaspora delbrueckii* 99.87 %

>ITS1-F-Y10

### **Appendix E: R Code**

### WSU-1 ANOVA Code

# Read data from the CSV file
your\_data <- read.csv()</pre>

# Convert factors to appropriate types
your\_data\$Treatment <- as.factor(your\_data\$Treatment)
your\_data\$Replication <- as.factor(your\_data\$Replication)
your\_data\$Week <- as.factor(your\_data\$Week)</pre>

# Load necessary libraries
library(tidyverse)

```
# Create a function to run ANOVA and Tukey HSD for a specific week
run_anova_tukey <- function(week_data, week_number) {
    anova_results <- aov(Yeast.Count ~ Treatment + Replication, data = week_data)</pre>
```

```
print(paste("ANOVA for Week", week_number, ":"))
print(summary(anova_results))
```

```
# Tukey HSD post-hoc test
tukey_results <- TukeyHSD(anova_results)
print("Tukey HSD post-hoc:")
print(tukey_results)
```

```
# Boxplot for visualization
boxplot(Count ~ Treatment, data = week_data, main = paste("WSU-1", week_number),
col = "lightblue")
}
```

```
# Run one-way ANOVA for each week
for (week in unique(your_data$Week)) {
   subset_data <- subset(your_data, Week == week)</pre>
```

```
# Call the function for each week
run_anova_tukey(subset_data, week)
}
```

### WSU-1 Line Graph Code

# Load necessary libraries
library(ggplot2)

```
# Specify the name of your dataset
your_data <- WSU_1_Count # Replace WSU-10 with the name of your dataset
# Create a function to compute mean and standard error
compute_mean_se <- function(data) {
 mean_value <- mean(data)</pre>
 se_value <- sd(data) / sqrt(length(data))</pre>
 return(c(mean = mean_value, se = se_value))
}
# Calculate mean and standard error for each Treatment and Day combination
mean_se_data <- aggregate(Count ~ Treatment + Day, data = your_data, FUN =
compute mean se)
# Extract mean and standard error values
mean se data$mean <- mean se data$Count[, "mean"]
mean_se_data$se <- mean_se_data$Count[, "se"]</pre>
# Define the name of the dataset
dataset_name <- "WSU-1_Count" # Change this to the name of your dataset
# Create line plot with error bars
p <- ggplot(mean_se_data, aes(x = Day, y = mean, group = Treatment)) +
 geom line(linewidth = 0.3,
       color = "black") +
 geom point(aes(shape = Treatment),
       size = 2,
       color = "black") +
 ylim(0,8) +
 geom errorbar(aes(ymin = mean - se, ymax = mean + se), width = 0.6) +
```

```
geon_errorbat(aes(ynnn = mean - se, ynnax = mean + se), width = 0.6) +
labs(title = paste("WSU-1 Count Over Time"),
    x = "Day",
    y = expression(Log[10] * "(CFU/g)")
) +
theme(axis.text.y = element_text(color = "black", size = 15, face = "bold"),
    axis.text.x = element_text(color = "black", size = 15, face = "bold"),
    axis.title.x = element_text(size = 15, face = "bold", color = "black"),
    axis.title.y = element_text(size = 15, face = "bold", color = "black"),
    axis.title.y = element_text(size = 15, face = "bold", color = "black"),
    panel.background = element_blank(),
    legend.key = element_line(),
    legend.text = element_text(size = 15, face = "bold"),
    legend.title = element_text(size = 15, face = "bold"),
    plot.title = element_text(size = 15, face = "bold"),
    plot.title = element_text(hjust = 0.5, size = 18, face = "bold"),) +
scale_x_continuous(breaks = c(5, 12, 19, 26))
```

# Print the plot
print(p)

#### **Yogurt Trial Yeast ANOVA Code**

#load in data to a variable
your\_data <- Y1\_Trial\_1</pre>

#convert columns to factor type
your\_data\$Treatment <- as.factor(your\_data\$Treatment)
your\_data\$Replication <- as.factor(your\_data\$Replication)
your\_data\$Week <- as.factor(your\_data\$Week)</pre>

#create empty dataframes to add anova and tukey hsd values to anova\_results\_table <- data.frame(Week=factor(), anova\_p\_value=numeric()) tukey\_results\_table <- data.frame(Week=factor(), comparison=factor(), tukey\_p\_value=numeric()) tukey\_results\_table\_replication <- data.frame(Week=factor(), comparison=factor(), tukey\_p\_value=numeric())

# Create a function to run ANOVA and Tukey HSD for a specific week
run\_anova\_tukey <- function(week\_data, week\_number) {
 anova\_results <- aov(Yeast\_Count ~ Treatment + Replication, data = week\_data)</pre>

#print(paste("ANOVA for Week", week\_number, ":"))
#print(summary(anova\_results))
capture\_a <- summary(anova\_results)
capture.output(capture\_a, file = paste(week\_number, "\_anovaresults.txt", sep=""))
#this retrieves just the p-value from anova
anova\_p\_value <- summary(anova\_results)[[1]]\$`Pr(>F)`[1]
#this populates the data frame with the p-values and week number
anova\_results\_table <<- rbind(anova\_results\_table, data.frame(Week = week\_number, anova\_p\_value = anova\_p\_value))</pre>

# Tukey HSD post-hoc test tukey\_results <- TukeyHSD(anova\_results) #print("Tukey HSD post-hoc:") #print(tukey\_results) treatment\_results <- data.frame(tukey\_results\$Treatment) p\_adj\_values <- treatment\_results[, "p.adj"] comparison\_levels <- rownames(treatment\_results) tukey\_df <- data.frame(comparison = comparison\_levels, p.adj = p\_adj\_values)</pre>

```
tukey df$Week <- week number
 tukey_results_table <<- rbind(tukey_results_table, tukey_df)</pre>
 replicate_results <- data.frame(tukey_results$Replication)
 p_adj_values_replication <- replicate_results[, "p.adj"]
 comparison_levels_replicates <- rownames(replicate_results)
 tukey_df_replicates <- data.frame(comparison = comparison_levels_replicates, p.adj =
p_adj_values_replication)
 tukey_df_replicates$Week <- week_number
 tukey_results_table_replication <<- rbind(tukey_results_table_replication,
tukey df replicates)
 # Boxplot for visualization
 boxplot(Yeast Count ~ Treatment, data = week data, main = paste("Y1 Week",
week_number), col = "lightblue")
}
# Run one-way ANOVA for each week
for (week in unique(your data$Week)) {
 subset_data <- subset(your_data, Week == week)</pre>
 # Call the function for each week
 run anova tukey(subset data, week)
}
#write results to csv
write.csv(anova results table, "anova results.csv", row.names = FALSE)
write.csv(tukey_results_table, "tukey_results.csv", row.names = FALSE)
write.csv(tukey results table replication, "tukey results replicates.csv", row.names =
FALSE)
```

### **Yogurt Trial Yeast Combined Line Graph Code**

```
# Load necessary libraries
library(ggplot2)
library(dplyr)
# List of datasets
datasets <- list(Y1 = Y1, Y3 = Y3, Y4 = Y4, Y5 = Y5, Y6 = Y6, Y8 = Y8, Y9 = Y9, Y10
= Y10)
# Create a function to compute mean and standard error
compute_mean_se <- function(data) {
    mean_value <- mean(data)
    se_value <- sd(data) / sqrt(length(data))
    return(c(mean = mean_value, se = se_value))
}
```

```
# Process each dataset and combine them into a single dataframe
combined_data <- do.call(rbind, lapply(names(datasets), function(name) {
 data <- datasets[[name]]</pre>
 mean_se_data <- aggregate(Yeast_Count ~ Treatment + Day, data = data, FUN =
compute_mean_se)
 mean_se_data$mean <- mean_se_data$Yeast_Count[, "mean"]</pre>
 mean_se_data$se <- mean_se_data$Yeast_Count[, "se"]</pre>
 mean se data$Dataset <- name
 return(mean se data)
}))
# Convert Dataset to a factor with the desired order
combined_data$Dataset <- factor(combined_data$Dataset, levels = c("Y1", "Y3", "Y4",
"Y5", "Y6", "Y8", "Y9", "Y10"))
# Create line plot with error bars and faceting
p \le gplot(combined data, aes(x = Day, y = mean, group = Treatment)) +
 geom_line(linewidth = 0.3, color = "black") +
 geom point(aes(shape = Treatment), size = 2, color = "black") +
 ylim(0,8) +
 geom_errorbar(aes(ymin = mean - se, ymax = mean + se), width = 0.6) +
 labs(x = "Day", y = expression(Log[10] * "(CFU/g)")) +
 theme(axis.text.y = element_text(color = "black", size = 12, face = "bold"),
    axis.text.x = element_text(color = "black", size = 12, face = "bold"),
    axis.title.x = element text(size = 15, face = "bold"),
    axis.title.y = element_text(size = 15, face = "bold"),
    panel.background = element blank(),
    axis.line = element_line(),
    legend.kev = element blank().
    legend.text = element text(size = 12, face = "bold"),
    legend.title = element_text(size = 15, face = "bold"),
    legend.position = c(1, 0),
    legend.justification = c("right", "bottom"),
    legend.margin = margin(1, 1, 1, 1),
    legend.background = element blank(),
    legend.box.background = element_rect(color = "black"),
    plot.title = element text(hjust = 0.5, size = 18, face = "bold"),
    strip.text = element_text(size = 12, face = "bold", color = "black")) +
 scale x continuous(breaks = c(0, 5, 12, 19, 26)) +
 facet_wrap(~ Dataset, ncol = 3) #Adjust the number of columns as needed
# Print the plot
print(p)
```

#### Mold Krukal Wallis, Dunn Post Hoc Code

# Load necessary libraries library(tidyr) library(FSA) library(dplyr) # Read the CSV file data <- M10 dataset\_name <- "M10" # Set the dataset name week number <- 5 # Set the week number # Convert Treatment types to factors data\$Treatment <- as.factor(data\$Treatment)</pre> # Filter out the week of interest WeekData <- subset(data, Week == week number) # Kruskal-Wallis test kruskal\_result <- kruskal.test(Score ~ Treatment, data = WeekData)</pre> # Print Kruskal-Wallis test results print(kruskal result) # Save Kruskal-Wallis test results to a file sink(paste0(dataset\_name, "\_Week\_", week\_number, "\_kruskal\_wallis\_results.txt")) print(kruskal result) sink() # If the Kruskal-Wallis test is significant, perform Dunn's test if (kruskal result\$p.value < 0.05) { dunn\_result <- dunnTest(Score ~ Treatment, data = WeekData, method = "bonferroni") # Print Dunn's test results print(dunn result) # Save Dunn's test results to a file write.table(dunn\_result\$res, file = paste0(dataset\_name, "\_Week\_", week\_number, "\_dunn\_test\_results.txt"), sep = "\t", row.names = FALSE) } else { print("Kruskal-Wallis test is not significant, no post-hoc test performed.") # Save message to a file sink(paste0(dataset\_name, "\_Week\_", week\_number, "\_dunn\_test\_results.txt")) cat("Kruskal-Wallis test is not significant, no post-hoc test performed.") sink() }

### Mold Combined Bar Graph Code

```
# Load necessary libraries
library(ggplot2)
library(dplyr)
```

```
# Assuming your dataset names and file names for each dataset
dataset_names <- c("M1", "M3", "M4", "M5", "M6", "M7", "M8", "M9", "M10")
file names <- c("M1", "M3", "M4", "M5", "M6", "M7", "M8", "M9", "M10")
# Function to compute mean and standard error
compute mean se <- function(data) {
 mean_value <- mean(data)</pre>
 se value <- sd(data) / sqrt(length(data))
 return(c(mean = mean value, se = se value))
}
# List to store aggregated dataframes
aggregated data <- list()
# Process each dataset
for (i in seq_along(dataset_names)) {
 # Load dataset
 data <- get(file names[i])
 # Aggregate data to compute mean and standard error
 aggregated <- data %>%
  group_by(Treatment, Week) %>%
  summarise(Score mean = mean(Score),
        Score_se = sd(Score) / sqrt(n())) %>%
  mutate(Dataset = dataset_names[i])
 # Store aggregated dataframe
 aggregated_data[[i]] <- aggregated
}
```

```
# Combine all aggregated datasets into one dataframe
combined_data <- bind_rows(aggregated_data)</pre>
```

```
# Ensure Dataset factor levels are in the desired order
combined_data$Dataset <- factor(combined_data$Dataset, levels = dataset_names)</pre>
```

```
# Create bar plot with error bars and faceting
p <- ggplot(combined_data, aes(x = as.factor(Week), y = Score_mean, fill = Treatment))
+</pre>
```

```
geom_bar(stat = "identity", position = "dodge", width = 0.8) +
geom_errorbar(aes(ymin = Score_mean - Score_se, ymax = Score_mean + Score_se),
        position = position_dodge(width = 0.8), width = 0.25) +
labs(x = "Week", y = "Average Score") +
scale_fill_manual(values = c('gray25', 'gray50', 'gray75')) +
theme_classic() + (
theme(axis.text.x = element_text(size = 12, face = "bold", color = "Black"),
   axis.text.y = element_text(size = 12, face = "bold", color = "Black"),
   axis.title.x = element_text(size = 15, face = "bold", color = "Black"),
   axis.title.y = element text(size = 15, face = "bold", color = "Black"),
   legend.position = "bottom", # Place legend at the bottom
   legend.title = element_blank(),# Remove legend title
   legend.box.background = element rect(color = "black", linewidth = 1),
   strip.text = element_text(size = 12, face = "bold", color = "Black"),
   strip.background = element blank()) +
facet wrap(~ Dataset, ncol = 3) # Adjust the number of columns as needed
```

# Print the plot
print(p)

### Yogurt Sugar analysis code

# Assuming the data frame is already loaded as Yogurt\_Galactose

# Convert ID and Week to factors (if not already)
Yogurt\_Galactose\$ID <- as.factor(Yogurt\_Galactose\$ID)
Yogurt\_Galactose\$Week <- as.factor(Yogurt\_Galactose\$Week)</pre>

# Perform ANOVA
anova\_result <- aov(Concentration ~ ID + Week, data = Yogurt\_Galactose)</pre>

# Display the ANOVA result summary anova\_summary <- summary(anova\_result) print(anova\_summary)

anova\_table <- anova\_summary[[1]]
# Extract the p-value
p\_value <- anova\_summary[[1]][["Pr(>F)"]][1]
write.csv(anova\_table, "ANOVA\_table.csv", row.names = FALSE)
# Perform Tukey's HSD test

tukey\_result <- TukeyHSD(anova\_result)
print(tukey\_result)</pre>

# Extract and format Tukey HSD results
tukey\_df <- as.data.frame(tukey\_result[[1]])</pre>

```
# Extract comparisons and format as data frame
comparisons <- data.frame(comparison = rownames(tukey_df))
tukey_df <- cbind(comparisons, tukey_df)
# Save Tukey HSD results to CSV file
write.csv(tukey_df, "TukeyHSD_table.csv", row.names = FALSE)
# Load necessary libraries
library(ggplot2)
library(dplyr)
# Calculate means and confidence intervals
summary_stats <- Yogurt_Galactose %>%
 group_by(ID, Week) %>%
 summarise(
  Mean = mean(Concentration),
  SD = sd(Concentration),
  N = n(),
  SE = SD / sqrt(N),
  CI95 = qt(0.975, N-1) * SE
 )
# Create the bar graph with error bars and custom colors
bar plot <- ggplot(summary stats, aes(x = interaction(ID, Week), y = Mean, fill =
Week)) +
 geom_bar(stat = "identity", position = position_dodge(), color = "black") +
 geom errorbar(aes(ymin = Mean - CI95, ymax = Mean + CI95),
         width = 0.2, position = position_dodge(0.9)) +
 labs(title = "Yogurt Galactose Concentration",
    x = "Sample ID and Week",
    y = "Galactose (g/L)",
    fill = "Week") +
 scale_fill_manual(values = c('gray50', 'gray25')) + # Apply custom colors
 theme minimal() + (
 theme(axis.text.x = element text(angle = 45, hjust = 1, face = 'bold', size = 12),
    plot.title = element_text(hjust = 0.5, face = 'bold', size = 15),
    panel.background = element blank(),
    panel.grid = element_blank(),
    axis.title.x = element text(size = 15),
    axis.title.y = element_text(size = 15),
    axis.text.y = element_text(face = 'bold', size = 12),
    legend.text = element\_text(size = 12),
    legend.title = element\_text(size = 15),
    plot.background = element_rect(fill = "white")) +
 scale_y_continuous(breaks = c(0, 10, 20, 30, 40, 50))
```

print(bar\_plot)

ggsave("bar\_plot.png", plot = bar\_plot, width = 5, height = 6)

### Delta E Code

# Load necessary library
library(farver)

```
# Define the LAB values for each treatment and time point
data <- data.frame(
    Treatment = c("C", "W", "WG"),
    L1 = c(91.79, 91.69, 91.55),
    L4 = c(91.59, 91.59, 91.33),
     a1 = c(-2.82, -2.84, -2.90),
     a4 = c(-2.76, -2.70, -2.84),
     b1 = c(8.68, 8.58, 8.66),
    b4 = c(8.67, 8.45, 8.71)
)
# Function to calculate delta E
calculate_deltaE <- function(L1, a1, b1, L2, a2, b2) {
     lab1 \leq matrix(c(L1, a1, b1), ncol = 3)
    lab2 <- matrix(c(L2, a2, b2), ncol = 3)
     deltaE < - farver::compare colour(from = lab1, to = lab2, from space = "lab", method = - lab2, from space = - la
"CIE2000")
    return(deltaE)
}
```

```
# Calculate delta E for W compared with C at Week 1 and Week 4
deltaE_W_C_1 <- calculate_deltaE(data$L1[2], data$a1[2], data$b1[2], data$L1[1],
data$a1[1], data$b1[1])
deltaE_W_C_4 <- calculate_deltaE(data$L4[2], data$a4[2], data$b4[2], data$L4[1],
data$a4[1], data$b4[1])
```

```
# Calculate delta E for WG compared with C at Week 1 and Week 4
deltaE_WG_C_1 <- calculate_deltaE(data$L1[3], data$a1[3], data$b1[3], data$L1[1],
data$a1[1], data$b1[1])
deltaE_WG_C_4 <- calculate_deltaE(data$L4[3], data$a4[3], data$b4[3], data$L4[1],
data$a4[1], data$b4[1])</pre>
```

# Combine the results into a data frame
results <- data.frame(
 Comparison = c("W vs C at Week 1", "W vs C at Week 4", "WG vs C at Week 1", "WG
vs C at Week 4"),</pre>

 $DeltaE = c(deltaE_W_C_1, deltaE_W_C_4, deltaE_WG_C_1, deltaE_WG_C_4)$ 

# Export the results to a CSV file
write.csv(results, "deltaE\_results.csv", row.names = FALSE)

# Print results

cat("Delta E for W compared with C at Week 1:", deltaE\_W\_C\_1, "\n") cat("Delta E for W compared with C at Week 4:", deltaE\_W\_C\_4, "\n") cat("Delta E for WG compared with C at Week 1:", deltaE\_WG\_C\_1, "\n") cat("Delta E for WG compared with C at Week 4:", deltaE\_WG\_C\_4, "\n")

# Confirmation message
cat("Results have been exported to 'deltaE\_results.csv'\n")