6-3-2011

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HEIDI'S NEWS: FROM GARDENING TO AGGIE ICE CREAM

June 3, 2011 by cpehrson

Heidi Hill is our newest guest blogger. Heidi is a participant at the Developmental Skills Laboratory (DSL), an adult day program of the CPD. Heidi loves to type and each month will be sharing the fun activities that are going on at DSL.

May News:

One day my friends (at DSL) and I went to the theater to see a movie titled African Cats. And in this movie the sound crew who worked behind the scenes made those animals seem almost life-like.

Up here at the work site (DSL) all of my friends each made a card for their mothers for Mother’s Day. We made colorful cards with a circular space for our pictures.

Another time, all of us went to a picnic at Willow Park. After our picnic was through, all of us reboarded the bus and van to drop off the staff members up at the work site, but the participants stayed on board to head home.

We also planted one raised garden bed outdoors (at DSL) with strawberries and flowers. By the way, we didn’t forget to water the plants. We checked to see if the soil was moist enough or not. Then after we were done garden planting, all of us went back inside the building to get cleaned up from doing that raised gardening chore outside. We remembered to water each flower once they were in the ground. We enjoyed gardening on the side-walk!

Casey, Drake, Danny, and Reed went from the work site to get Aggie ice cream for everyone. Then we each had our individual ice cream bowl with a spoon. It was cold, but other than that it tasted good!

My friends and I had a spa day. I was the lucky duck because I got a foot massage and boy it really, really, REALLY felt good! I even told Mom about this when I reached home by bus safely. Mom should have been up there to get her foot massaged.

Every one made a friendship bracelet. They used individual beads for them. Then, when it was time to head home that day, we each wore our bracelets home to show our moms when we got there. We really, really had a wonderful time making those bracelets. Our moms should have been up here to see us make these.

May was a wonderful month in 2011!