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Dr. Merideth Thompson featured in The New York Times

September 14, 2018

Ever Wanted to Get Revenge? Try This Instead

Excerpt from The New York Times - While these inclinations of anger and revenge are understandable, that doesn't mean they'll do us any good. In reality, they're more likely to just make things worse. That feeling of motivation to "get even" can tether you to the past in a way that overshadows any potential positive outcome the motivation might bring, said Dr. Merideth Thompson, associate professor in the Department of Management at Utah State University's Jon M. Huntsman School of Business.

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