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CPD LEGACY STORY: DILLON LUNDAHL & TOP SPORTS

July 19, 2012 by cpehson

This CPD Legacy Story was written by Erica Lundahl, the mother of three sons - Dillon, Ryder, and Hunter. Erica and her family participate in the TOP Sports activities throughout the year.

![Image of Dillon Lundahl]  

My son, Dillon, uses a walker. But thanks to the TOP Sports program, that doesn't stop him from playing the same team sports his brothers and friends play!

The TOP Sports program gives kids who aren't able to play in regular sports activities because of a disability, a chance to play using modified equipment. TOP Sports makes sure that children with disabilities can participate in all of the sports and fun activities that other kids do, just by making a few adaptations. Not only do they have modified equipment, but they have lots of volunteers who come to assist the children who need help to play.

Dillon loves being involved with other kids in walkers, wheelchairs, etc. like him! He loves bowling, baseball, and especially basketball! Our whole family enjoys going and cheering him on. He calls his grandpa and tells his friends when he has games and invites them all to come and watch him.

![Image of the Lundahl family]  

TOP Sports doesn't just benefit Dillon; his two brothers get the chance to volunteer and help the other kids who come to play. This is a great way for them to learn how to serve others and to think about others before themselves.

The TOP Sports program is a partnership made up of Logan and Smithfield City Parks and Recreation programs, the Center for Persons with Disabilities, and parents of children and youth with disabilities. Emily Larsen, another mother, and myself are running the TOP Sports program right now. We coordinate all the activities and the CPD helps us with the volunteers.

Right now, we do baseball/T-ball, basketball, soccer, bowling and swimming. We would like to start an art program; and are looking for USU students who would be willing to volunteer their time and show the kids different projects to do.

TOP Sports is a part of our family's recreation all year round. It is great to be Dillon's own cheering squad and watch him have so much fun!