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## The Utah Statesman, March 6, 2014

Utah State University

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# Meeting held for proposed tuition

► **By Eric Jungblut**  
copy editor

USU will see a rise in Tier II tuition, pending the approval of Tier I tuition from the Utah Legislature, announced USU President Stan Albrecht on Wednesday in the TSC Auditorium.

The overall increase in tuition would be \$131.81 for in-state students and \$424.40 for out-of-state students.

Tier I tuition is set by the state Legislature and is the same amount for every college in Utah, set by the state Board of Regents, Albrecht said. In 2001, the Legislature passed a law allowing colleges to set their own unique tuition to pay for programs, called Tier II tuition.

"It's variable from campus to campus," Albrecht said of Tier II tuition. "Each campus makes a case for whatever that number (of tuition dollars) is."

To set Tier II tuition, Albrecht said he has to go through a "truth in tuition" process, which involves discussion with student leaders, which was Feb. 25, and a public hearing, which was Wednesday's meeting in the auditorium.

According to a slideshow Albrecht presented, USU's Tier II needs can be divided into two areas: student initiatives and university initiatives.

Student initiatives involve raises in scholarship money for USU Student Association officers, the USU Spirit Squad and the editors of The Utah Statesman.

"Since 2006, tuition has raised 56 percent, and these scholarships have only raised 15 percent," said

► See **TUITION**, Page 2

# PoliSci student runs for office

► **By Lis Stewart**  
news editor

A USU senior announced his candidacy for Utah House of Representatives District 1 on Wednesday.

Oakley Nelson, a 25-year-old political science student from Elwood, Utah who graduates this May, is running for retiring Rep. Ronda Menlove's seat this year. Nelson is a Republican.

"I've always had a desire to be in public service," Nelson said in a phone interview. "I don't know if there's any source of why I'm doing what I'm doing. It's basically always been an inherent desire for me to be in a position where I can be in public service and render service."

Nelson serves on the Elwood Town Council and is legislative chairman for the Box Elder County Republican Party for House District 1.

A former intern of Menlove herself during the 2013 legislative session, Nelson kept busy throughout his school career with another internship at the state attorney general's office in the 2012 session and working for Gov. Gary Herbert that summer. He then



**NELSON**

oversaw Menlove's re-election campaign later that fall.

Herbert responded to Nelson's campaign announcement Wednesday.

"I am grateful for the service that Oakley Nelson rendered to the Governor's Office," Herbert said in a statement.

Nelson said he "dove into" learning about public service, because if students really understand what politics are and how they function, it pays off.

Twenty-five is the age minimum to run for the state house and senate. Nelson said he may be young, but that

► See **NELSON**, Page 2

# Summer sales: big risk, big reward



Meghann Nixon photo illustration

**SUMMER SALES HAS BECOME** a common summer job for students at USU. They often sell either cable, security systems or pest control. Some students find the job difficult while others come away with large payouts.

► **By Eric Jungblut**  
copy editor

When students are promised five-digit sums of money to travel to a different part of the country and go door-to-door to sell services like cable, pest control and home security systems during the summer, some jump at the opportunity.

But it's a hit-and-miss business.

"I only lasted about a month before they basically said, 'You're not doing very well to justify staying out here, so we're going to end up sending you home,' and it wasn't like they gave me a choice to stay," said Jared Barnes, a USU student majoring in special education. "I was still making enough that I could've probably survived, but it was still pretty rough."

Barnes was in Tyler, Texas, during the summer of 2011, selling for Pinnacle Security, a company specializing in home security alarm systems. Barnes said after he was told to go home, he had to live with his girlfriend for about a month before he found an apartment and a new job.

He said it was difficult because the managers who trained him prior to employment were elsewhere doing their own sales.

"They kind of expected you to just be on your own and go out and do it, so it was really tough," he said. "I was making a lot of mistakes, and there were times where you just get discouraged because you would walk and try to knock on as many doors as you could, but when it comes down to it, if you're getting a lot of 'No's,' you're going to get pretty discouraged."

He considered making a career out of sales because he had the potential to make big money, but decided against it.

"After that experience, it was

really tough for me to say, 'I'll go back to that eventually and do that,' because it was such a huge risk that I took," he said.

But Barnes' experience isn't necessarily typical — he encouraged others to try it for themselves to see how much they enjoy selling.

Mike Rees, who worked as a manager for Orem-based Vantage Marketing in 2013, said he has a high opinion of summer sales.

"If you can find a good team, a good area to go sell in, I think it's a great idea," he said. "It gives you just tons of skills and experiences that you'll really never get anywhere else."

Rees, a senior in exercise science and communication studies, sold pest control contracts with Vantage in the Washington, D.C., area for the last three summers. He said the tricky thing about summer sales is the steepness of the learning curve.

He said it's a different experience for those who think they can do well in sales after coming back from a mission for the Church of Jesus Christ of Latter-day Saints.

"It's just so different," Rees said. "A lot of people think they can just come off a mission where they've been knocking doors and they know how to get rejected. They know how to talk to people, they know how to be persistent with people, and they think 'Yeah, I can totally be a salesman,' but it's way different."

He said the skills needed to succeed in sales can only be learned in the "school of hard knocks" during the first couple months of the first summer.

But an LDS mission is not a prerequisite for success.

"I've seen people who haven't

► See **SALES**, Page 2

# Students vote on new food items for next year

► **By David Berg**  
staff writer

About 350 students participated in this year's annual Food Day at The Junction on Wednesday night.

The event featured representation from USU Dining Services and from various regional food brokers. Students had the opportunity to see what the campus is already offering and what could be offered in next school year's menu.

"This is a nice event for central campus students," said Lindsay Wiltshire, The Junction's customer service manager.

According to Wiltshire, the expected 350 students who participated was a normal number for dinner meal time. However, the event was unique because it allowed students to help choose food items that could be on next year's menu. The students voted on the food they enjoyed after leaving the event.

One of the most popular were tamales brought by the food broker Advantage Waypoint. The tamales came in three variations: pork, chicken, and fire-roasted poblano and cheese.

"If there were these tamales on campus, I'd eat them all the time," said Jaron Smith, a senior studying community health.

"It's like real Mexican food instead of Utah Mexican food," said Mallory Hunt, a freshman studying communication disorders.

According to Hunt, The Junction can become mundane when eating there for a whole school year. Events like this help change things up and keep it interesting.

"It's a fun idea to get variations on the food we have, to show how The Junction can improve," Hunt said.

The Food Day also featured other food



Meghann Nixon photos

**RIGHT: ABBIE LEWIS** gave away raspberry dijon melts, a new item for the Artist's Block Cafe. The cafe is located in the Fine Arts building.

**ABOVE: STUDENTS** sampled food and voted on their favorites after. Some of the popular choices will be implemented into dining options next year.

brokers. Curtis Harris, the regional manager for General Mills, attended the event to encourage students to vote for General Mills breakfast cereals.

"It's a crusade," Harris said. "Our hope is to get a brand cereal into the school."

Harris brought four cereals for students to try.

KeyImpact, another food brokerage, brought food items they hoped to introduce for fried food nights. They brought samples of spicy onion petals and white cheddar cheese curds. Several students enjoyed both options.

► See **FOOD**, Page 2





Nation & World

In brief

UN envoy leaves Crimea

The United Nations' special envoy to Crimea was forced to leave after he was threatened by pro-Russian gunmen and heckled by protesters Wednesday. Relations between Ukraine and Russia worsened recently when pro-Russian militants invaded Crimea. Envoy Robert Serry was sent by UN chief Ban Ki-moon to assess the situation. Serry ended up taking refuge in a cafe after being confronted by 10-15 gunmen outside Ukrainian naval headquarters in Crimea's capital Simferopol. He was warned he should "leave Crimea." People shouting pro-Russia chants briefly blocked his exit. Serry took a flight to Istanbul and is expected to head to Kiev.

Israeli navy seizes ship carrying missiles

Israeli naval commandos boarded a ship in the Red Sea off the coast of Sudan on Wednesday and seized the contents. The ship was carrying Iranian missiles that were said to be heading to Gaza. Hamas, the militant Palestinian Islamist movement that governs Gaza, denied any involvement with the missiles. Israeli officials have been vocally against the development of Iranian weapons. The seizure of the missiles also comes a day after an Israeli airstrike in northern Gaza killed two Palestinians. An Israeli spokesman said the strike was aimed at "terrorists preparing to launch rockets" at communities in southern Israel. There have been conflicting reports on whether the men were militants.

Los Angeles approves ban on E-cigarettes

The Los Angeles city council has voted to place a ban on the use of e-cigarettes in restaurants, bars, nightclubs and public spaces. The vote to ban them was unanimous. E-Cigarettes are battery powered alternatives to cigarettes that are filled with nicotine liquid and rely on vapor instead of smoke. They are viewed as healthier than regular cigarettes. The use of e-cigarettes has been controversial, with some politicians saying they are "re-normalising" smoking.

Five Sudanese soldiers killed in salary dispute

A Sudanese army spokesman said five soldiers have been killed in a shooting in the main military barracks in South Sudan's capital city of Juba. The dispute was over pay for soldiers. Mading Ngor, a Juba-based journalist, said soldiers involved in the dispute told him up to 100 people may have died in the clash.

► Compiled from staff and media reports

The policy of The Utah Statesman is to correct any error made as soon as possible. If you find something you would like clarified or find in error, please contact the editor at 797-1742, [statesman@aggiemail.usu.edu](mailto:statesman@aggiemail.usu.edu) or come in to TSC 311.

Legislators dish up treat

► By Madison Maners  
staff writer

Coolers full of dry ice and Aggie Ice Cream were rolled into the Utah State Capitol on Tuesday. The Government Relations Council, along with Big Blue, continued the long-standing tradition of Aggie Ice Cream Day at the state Legislature this week. In fact, those in the Student Involvement and Leadership office cannot remember a time when Aggie Ice Cream wasn't served at legislative sessions. "We give the human side of the legislation," said Andy Pierucci, a GRC member. "It's easy to get lost in the numbers and words on the paper, but when legislators see actual students who are affected by their decisions, it puts it in a different perspective." Pierucci said the GRC makes an important impact on officials in Salt Lake City. "It's nice when USU students can leave a lasting impression on the legislators who control a large part of the university's purse," Pierucci said. The morning included ice cream and a special introduction of Big Blue from the House Gallery by Rep. Edward H. Redd, R-Cache County. The afternoon brought lunch and a brief overview of how USU's legislative interests have progressed throughout the session with President Stan Albrecht and Neil Abercrombie, USU director of govern-

ment relations. Albrecht said the number one initiative for this legislative session has been faculty compensation. It has been four years since USU has seen a salary increase. Based on current debate, it is predicted there will be a 1.5 percent pay increase

Andy Pierucci  
GRC member

"We give the human side to legislation. It's easy to get lost in the numbers and words on the paper."

granted to USU faculty and staff. \$1.5 million in funding for the veterinary science program at the Logan campus was also lobbied for in addition to funds for new buildings at the Brigham City and Price campuses "We're feeling like we're in the right place," Albrecht said. "It's been an interesting session, but we have an enormous competitive advantage with our distance education. There is a Utah State face in every legislator's district." The public will be informed of the

legislature's decisions by midnight on March 13. The influence of Aggies is apparent in Salt Lake City. Several student interns and alumni can be found in the hallways of the Capitol on any given day. "The corridors are full of Aggies, in both Utah and D.C.," Abercrombie said. "They don't talk about being a Utah State graduate. They talk about being an Aggie." Ashton Bingham, GRC chair, said he feels the organization advocates for students to the best of their abilities. "We want Aggies to succeed. We want Aggies to be known, and we want funding from the state Legislature to fund their projects, passions and careers," Bingham said. Jashon Bishop, GRC lobby co-chair, said politics are more accessible and influential than many students may realize. "No matter what your major is, politics is going to affect you," Bishop said. "We'd be more than happy to have people come with us to the capitol to see just how accessible our government really is." The current legislative session ends on March 13. No further trips to the Capitol will be made this semester. For information about GRC and how to get involved, contact Casey Saxton at 307-723-1893 or at [casey.saxton@usu.edu](mailto:casey.saxton@usu.edu).

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Nelson

From Page 1

hasn't stopped politicians in the past from doing a good job. He used Abraham Lincoln, who was elected to the Illinois House of Representatives at age 25, as an example. Nelson said he plans to focus on three main issues: economic development and job growth, education and agriculture. Andy Pierucci, a USU political science student who is working on Nelson's campaign, said his candidate has experience fit for the Legislature and can represent the interests of his district and generation. "Our generation will be dealing with the effects of legislation passed today in this era, and why shouldn't there be voices for our generation making these decisions now?" he said.

Editor's note: Andy Pierucci is a columnist for the Utah Statesman.

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Tuition

From Page 1

USU/SA President Doug Fiefia. "To put it up to where we need to be, we've increased and also secured these funds through Tier II." The university initiatives involve a pay raise for USU faculty and funds for Student Services initiatives, as well as classroom technology im-

provements. "These are some priorities that we need to fund in some way," Albrecht said. Albrecht said on Feb. 25 to expect a 2 percent increase in tuition, which would lead to \$1.4 million for the Logan campus, \$650,000 for Regional Campuses and Distance Education and \$900,000 for the USU Eastern campus in new funding. — [ej.jungblut@gmail.com](mailto:ej.jungblut@gmail.com)  
Twitter: @JungblutEric



Ryan Costanzo photo  
USU PRESIDENT STAN ALBRECHT called a public hearing for Wednesday at 1:30 p.m. in the Taggart Student Center Auditorium. The hearing is mandated by law if an university president is proposing an increase in Tier II tuition.

Sales

From Page 1

served a mission who've just crushed it, done really well, and I've seen people who've served a mission who've done horrible," Rees said. A lot of what leads to success, Rees said, are good communication skills and good work ethic. "Everyone that I've seen consistently not do well either had really, really bad social skills, or they had really poor work ethic," he said. Bryan Hinkson, a USU student majoring in chemical engineering who sold pest control for the last two summers, said there is a certain personality that summer salesmen need. "If it's hard for you to talk to people, you're probably not going to succeed very well," Hinkson said. "You've got to become friends with whoever it is; if they think you're trying to sell them something or scam them in some way, it's not going to work out. If you're shifty and can't talk to people very well, it's going to be hard." Hinkson sold for ProGuard Pest Control in California in 2012 and Pointe Pest Control in Pennsylvania the next year.

Hinkson said he was single when he worked in California and married when he went to Pennsylvania. His wife, Tiffany Hinkson, worked tech for Pointe, doing the actual pest control in houses. Bryan Hinkson said he had a lot of fun when he worked sales and was single, but the job cuts into family time. "You're trading your time away from your friends and family, which is really hard," he said. "People who are married, unless their wives are going to be out there selling with them, I personally feel like it's not as good of an experience." Despite the drawbacks, summer sales positions have benefits. Rees said he has zero debt, all because of summer sales, and has saved enough to pay for things he wants to do in the future. "I'm looking at going to med school, so I think of myself already as being like \$200,000 in debt," he said. "I'm just saving all my money as much as I can and living poor during the school year, but it's nice because I've never had to worry about paying for school, I've never had to worry about paying for cars, tuition; when it comes up I just take care of it immediately, and I've got the money to take care of it."

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Food

From Page 1

Cody Pitcher, the area manager for Pepsi, also attended. The company won the USU contract over Coca-Cola last semester, and Pitcher wanted to give away free soda. He distributed Pepsi's four core drinks: Pepsi, Diet Pepsi, Mountain Dew and Diet Mountain Dew. "For us, tonight is about going back to the basics," Pitcher said. Representatives from different parts of USU Dining Services also attended the event. One of the student favorites was a booth run by Retail Dining. The group covers dining areas such as the Artist's Block Cafe, located in the Chase Fine Arts Center, and Emma's Nook, located in the Emma Eccles Jones Education Building.

Comment

What foods sold on campus are your favorite?

[utahstatesman.com](http://utahstatesman.com)

"We are highlighting some of the areas and items that students might not know exist," said Jamie Bradford, assistant director for Retail Dining. Retail Dining brought pretzel bites from Emma's Nook, raspberry dijon melts from the Artist's Block Cafe, and smoothies from The Hub. Aggie Ice Cream attended the event and served grilled cheese sandwiches featuring cheese from the USU Dairy. A few students were disappointed they didn't bring ice cream. Triple Beam Bakery, which is located inside The Junction, brought several baked goods including bagel bites, cookies, cupcakes, cake balls and cheesecake. "It's good to show students what's on campus, a good way to experience them," Smith said.

— [david.berg@aggiemail.usu.edu](mailto:david.berg@aggiemail.usu.edu)

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# Natural Resources senator race reopened

The duty of the senator is to enhance the overall quality of academic life specifically in the College of Natural Resources, represent graduate and undergraduate students in the college, work to further any environmental or natural resource-related initiatives at USU, strive to spend a portion of weekly office hours contacting students in the Natural Resources building, serve as a member of the USU/SA Academic Senate, meet with the dean of the college, attend department head meetings, organize and chair a college council which at minimum holds bi-monthly meetings, train the new senator, and prepare a year-end report of the college council programs and issues.

**Scholarship: \$2,300/semester**  
**2013-14 Budget: \$2,078.88**

**Schedule for the natural resources senatorial race:**  
Primary opens 7 a.m. Monday, March 17  
Primary closes 3 p.m. Tuesday, March 18  
Announcement at 4 p.m. in Natural Resources atrium  
Final opens 7 a.m. Wednesday, March 19  
Final closes 3 p.m. Thursday, March 20  
Announcement at 4 p.m. in Natural Resources atrium



► **Devin Stein**

Class Rank: Junior  
Hometown: Mt. Sinai, NY  
Years at USU: 3  
Major: Environmental Studies  
Minor(s): Sociology

**Qualifications**

- 1. Active member of Student Council.
- 2. Vice-President of Delta Sigma Phi Fraternity.
- 3. Continual experience in several QCNR clubs and organizations, including the Organic Student Farm and the Recycling Center.
- 4. Extensive experience renewing/modifying legislation and bylaws, as well as performing judicial review.

**Goals**

- 1. Increase awareness and communications between QCNR clubs/organizations and the student body.
- 2. Improve student involvement, especially in leadership positions.
- 3. Increase presence of QCNR at Utah State.
- 4. Improve communications between QCNR students and administrative faculty.
- 5. Create materials and resources necessary to smoothen transition amongst future senators, and to raise the baseline level of standard performance.

**Campaign Platform**

The College of Natural Resources has the potential to become a leading college of this nation, but requires fundamental changes in our support for student involvement and participation.



► **Arthur Wallis**

Class Rank: Junior  
Hometown: Preston, ID  
Years at USU: 2.5  
Major: Conservation and Restoration Ecology

**Qualifications**

- 1. Member of the QCNR student council for the last 2 years
- 2. Assistant Director for USU's Spanish ambassador organization 2012-2013
- 3. QCNR representative for last semester's Blue Goes Green Grant Selection Committee

**Goals**

- 1. Recruit to QCNR small majors
- 2. Lobby/campaign/organize for a water-bottle filling station in our college similar to those currently found in the TSC.
- 3. Hold office hours in the QCNR building and get to know more than 80 percent of students by name.
- 4. Help first and second-year students feel included through involvement in clubs, seminars, student council, events and service projects.
- 5. Facilitate research opportunities for undergraduate students.

**Campaign Platform**

Be a hands-on senator who makes it easy for fellow students to 'let their voice be heard' and get involved with clubs, student government, and undergraduate research.



► **Tamara Watkins**

Class Rank: Junior  
Hometown: Alpine, Utah  
Years at USU: .5  
Major(s): Recreation Resource Management

**Qualifications**

- 1. Leadership experience in several Natural Resource student organizations
- 2. Wide variety of Natural Resource field experience, both as an employee and volunteer
- 3. Worked with many federal land agencies
- 4. Experience at two different universities

**Goals**

- 1. Help our college understand the role of senator, and how it can benefit them.
- 2. Connect students to summer field work opportunities.
- 3. Establish better communication and connectivity within the college and within departments.
- 4. Help our college be more visible to incoming freshman.
- 5. Facilitate better student-faculty working relations.

**Campaign Platform**

I am passionate about the field of Natural Resources and eager to serve the students of this college! My enthusiasm and experience is what our college needs.



► **Lacey Wilder**

Class Rank: Junior  
Hometown: Henderson, Nevada  
Years at USU: 3  
Twitter: @wilderlacey  
Major: Environmental studies

Emphasis: Planning and Analysis

**Qualifications**

- 1. Volunteered and participated in a bear DNA study
- 2. Passionate toward the Natural Resource College
- 3. Volunteered for STAB committee for three years
- 4. Active member of Kappa Delta Sorority and have held leadership roles

**Goals**

- 1. Partner with clubs and organizations, on and off campus, and other college's to increase awareness of natural resources.
- 2. Unify all departments of the college to bring cohesiveness.
- 3. Increase opportunities for students to get involved.
- 4. Continue having speakers and representatives available to students.

**Campaign Platform**

As being the senator I would promote awareness of the college to outside students, unify students inside the college, and continue the growth by promoting experiences to grow as students.

“I love being in debt.”

— said no one ever

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—Tyler Colbert

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## Business in a snap:

*Social media provides new method for marketing*

► **By Sarah Romero**  
staff writer

The photo-sharing app Snapchat has become wildly popular, mainly among two audiences: sexting enthusiasts and teens sharing “I-just-woke-up-with-ugly-hair” photos. But recently, the app has caught the attention of another group of people: businesses and political campaigners.

Founded by 23-year-old Evan Spiegel, Snapchat is an app that allows the user to send a photo or video to other Snapchat users for a designated amount of time. The viewer can see the “snap” for one to 10 seconds, depending on the sender’s settings, before it is hidden from them and permanently deleted.

But the future of Snapchat may be more than just a way to share photos between friends. Businesses and political campaigners are beginning to see Snapchat as a potential marketing tool, said Josh Light, CEO and co-founder of Politicl.

“I believe that companies in the future will use Snapchat to offer secret sales deals,” he said. “Restaurants will use it to offer secret menu items and we’ll also see it being used to build anticipation for new products.”

Light graduated from USU in 2010 and went on to form Politicl, a website meant to assess the “dig-

ital influence” a politician has in order to predict their campaign’s success. “Digital influence” includes Facebook, Twitter, Google searching trends and news stories, among other things, said Politicl investor and USU professor John D. Johnson.

According to Light, Snapchat will soon join these platforms as a campaigning tool.

“Snapchat should be used by candidates to make themselves more personal and real for their closest fans and volunteers,” Light said. “By taking pictures or videos of your moments that people don’t normally see, you’ll come off as more of a personal candidate.”

Some businesses are already using Snapchat as a marketing tool. Taco Bell used Snapchat to introduce its “Beefy Crunch Burrito.” It tweeted for people to add Taco Bell on Snapchat, and the next day it sent the “secret announcement” of its new product to all of its followers.

The frozen yogurt company 16 Handles used Snapchat to give away coupons. Everyone who Snapchatted a picture of themselves eating the frozen yogurt

► See **SNAPCHAT**, Page 5

## ‘Why did they ever get rid of ... ?’ March edition

We’re but a couple days removed from the “ABC’s One Saturday Morning” hallowed Holy Grail of school year intermissions that is spring break. It’s hard to believe we got here as fast as we did, and that leaves several of us feeling very unprepared for the festive week ahead.

Well fear no more, casual acquaintances, for this weekly humor columnist has the perfect tool in his back pocket to get you in full gear for your lazy week: enhanced nostalgia. Let us build ourselves for our time off by basking in the remembrance of little victories gone by with this monthly installment of “Why did they ever get rid of ...”

**Why did they ever get rid of saying “not” after things?** — Seriously, though. Talk about the simplest possible way to enhance communicative antithesis. No more working to structure contrary sentences for, dear master; you had it down in one simple word. It was the perfect avenue to seek mockery where it seemed there was only room for agreement. You can hear it in your mind now: “Sure, mom, cauliflower would be the perfect side dish for our Salisbury steaks ... not.” It strengthened relationships while perfectly setting generalized emotional agendas — the three-lettered voice of the voiceless — unless you happen to like cauliflower.

**Why did they ever get rid of Moon Shoes?** — Trampolines for your feet. I feel like there is no possible argument here.



Remember how badly you begged every adult to buy a trampoline for you backyard? Well, now the world of your backyard and your feet are the conglomerate of every cool parent, totally fine with overlooking the obvious safety risk of a giant elastic pad that both set itself at about a thousand degrees on a sunny day and shot small children several feet in the air. Don’t lie to me; if there were Moon Shoes for adults, you’d be at a grown up Keds right now.

**Why did they ever get rid of “Nick News with Linda Ellerbee?”** — ... not. Sorry, I just needed a good reason to use that. “Nick News” sucked. We all knew it. It was almost as bad as “MTV News,” except nothing in this known universe is worse than that droning Kurt Loder talking about the “meteoric rise of Sugar Ray.”

**Why did they ever get rid of Fruitopia?** — All of our local

► See **MARCH**, Page 5

## Mustache March Madness: growing for a good cause

► **By Hillary Newton**  
staff writer

Although March Madness is one of America’s favorite times of the year, NCAA basketball is not the only thing the month is known for. Mustache March is an experimental charity that encourages men to grow a mustache throughout the month.

With the motto of “Just grow it,” Mustache March asks those growing facial hair to donate money to a charity and create a cultural movement. Based in Milwaukee, the organization collects proceeds that will be donated to the Midwest Athletes Against Childhood Cancer fund.

The organization’s website, www.mustachemarch.com, is complete with a manifesto, events, news, photo gallery and rules. Pledges began growing facial hair March 1, but by March 15, they must leave only an “island of hair” on their upper lip. Failure to obey the specified rules leads to disqualification and a fine of \$20 paid by the pledge to the charity.

According to the website, growing a mustache this March will automatically make someone a winner, unlike NCAA’s March Madness, where only

one team will ultimately come out on top.

Similar to March is the month of November, when “Movember” takes place. The Movember Foundation began in 2004 and has since expanded to more than 20 countries. The organization has raised more than \$147 million to raise awareness, bring support and start conversations within communities about prostate and testicular cancer, as well as physical and mental health issues.

Addressing men’s health issues has become increasingly important. Amber Blackburn, a junior majoring in health education and promotion, said while the month’s event is fun, there should be a greater push toward awareness for men’s health issues.

“I don’t think it would hurt to emphasize on the health part, but it’s good for fun as well,” Blackburn said. “If I were a boy, I would definitely participate.”

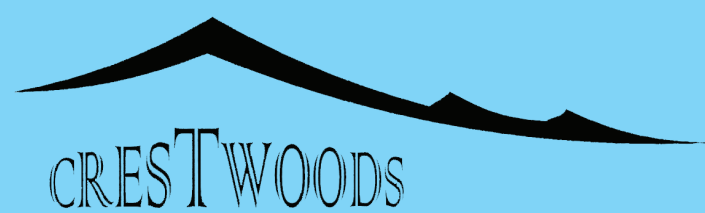
Organizations around the country are promoting this event with competitions. According to the blog “Stars and Stripes,” the U.S. Air Force has even made a push for participation.

► See **MUSTACHE**, Page 5



Meghann Nixon photo

**STUDENT ANTHONY TJ PRATT** sports a mustache on the Aggie Shuttle.



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# Clash of the bacons: pork vs. turkey



Ryan Costanzo photo

**BACON IS NORMALLY MADE FROM PORK**, but alternatives can be made from poultry in an attempt to make the food less fattening.

## Snapchat

From Page 4

received a coupon ranging from 16 percent to 100 percent off their next purchase; the coupon came as a “snap.” The 10-second time limit meant the customer couldn’t open the snap until he or she was ready to buy his or her yogurt.

“The reason it was so genius is the customer had no idea what their discount was going to be until they had already made the decision to buy the yogurt and were in front of the register,” Light said. “On top of that,

16 Handles received a plethora of images from their customers that they could use in their marketing campaigns, and they got a massive amount of press as well.”

Carrisa Dominy, marketing manager for USU’s Campus Store, said she hadn’t considered using Snapchat as a marketing tool until recently.

“I’ve never thought about it before because it seems like a personal thing, but marketing should be personal,” she said. “There definitely is potential with it. It’s just something that’s new, which is totally fine.”

Dominy said the Campus Store might have sales exclusively for Snapchat users.

“We’d advertise, ‘Snapchat us and we’ll Snapchat you back a percentage off, but

don’t open it until you get to the register,” she said.

Dominy said the Campus Store could send advertisements via Snapchat, which would be different from the usual display signs they put up around campus. She said the time limit placed on snaps would help guarantee student’s full attention.

“That’s kind of where technology is going,” she said. “You don’t have 30 seconds of people’s time necessarily.”

Rachel Lankford, social media specialist for the Campus Store, said they would need to be careful not to overuse the app if they used it as a marketing strategy.

“It’s always good to try out new tactics, but it could be used as a disadvantage,” she said.

## Research manager explains how they differ

► **By Marlie Kohles**  
staff writer

Turkey bacon might not be as healthy as people think.

“Turkey bacon is an imitation,” said Dick Whittier, USU’s meat lab research manager. “There is no part in a turkey that can be made into bacon.”

Whittier oversees research conducted on products grown and made in Utah.

“We do very little poultry research here because we do not produce it here,” Whittier said of turkey bacon.

He said turkey bacon is mechanically made by taking turkey thigh meat and using machines to structure it to look like bacon.

“It’s like a hot dog; a ton of different meats put together,” he said.

It turns out turkey bacon may even contain some chicken, Whittier said.

Whittier said in terms of health, the best thing to do is “read the labels.”

Jerrad Legako, a scientist and professor in the nutrition, dietetics, and food science department, said reading labels is important.

Whittier and Legako said there are some differences between the two bacons. There is more sodium in turkey bacon than regular bacon, and there are differences in fat content.

Fat in regular bacon is pure fat, while fat in turkey bacon is partly meat that has been mechanically separated from the bone and put in with the fat to hold everything together, Whittier said.

Whittier quoted Mark Twain and said there are two things people shouldn’t see being made: legislation and sausage.

Legako said there are other factors which contribute to one’s personal meat preference.

“I like the texture in traditional bacon,” Legako said.

However, not everyone likes bacon. Austin Derbique, a freshman majoring in computer engineering, is one of them.

“I don’t eat bacon,” Debrique said. “Just seeing it in its own fat is kind of disgusting.”

Others, like Bryson Burns, a freshman majoring in computer engineering, are not deterred by fat content.

“I am a big fan of thick, greasy, normal pig bacon,” Burns said. “Add a little bit of maple syrup to it, and it’s a meal fit for a king. The taste of that is reason enough for it to be my favorite breakfast food, no matter what time of day it is.”

— kohles.marlie@gmail.com

## Mustache

From Page 4

USAF Chief of Staff Gen. Mark A. Welsh spoke on Feb. 20 to the Air Force Association’s Air Warfare Symposium and challenged airmen to a competition.

“Now, I don’t know, but I don’t think we’ve had an all-in Mustache March, so I’m putting the smackdown on you guys: Air Force-wide, Mustache March, MAJCOM competitions,” Welsh said.

On campus, the USU Air Force ROTC program will also be participating. Cadet Jeremy Wald, a junior majoring in mechanical engineering, said he’s enthusiastic about the Air

Force’s involvement in the contest.

“The Mustache March competition is good,” Wald said. “It helps to bring us together, to remember our history, but also to have some fun. That’s one of the things that’s really neat about the Air Force: We work really hard, but we play hard, too.”

However, not all of the competitions this March are for charity.

Another website, [www.marchmoustachemadness.com](http://www.marchmoustachemadness.com), is solely dedicated to showing off this facial hair phenomenon. People can submit photos and view other mustache designs from around the world. There are many other sites which give tips for the growing of facial hair, create awareness of health issues

**Marcus Haslam**

“It’s over far too quickly. ... The benefits of a nose neighbor are too substantial to only enjoy for a month or two out of the year.”

and give information about competitions to grow the best mustache.

Many students around campus with facial hair and mus-

taches could be even more popular than beards. Marcus Haslam, a junior majoring in graphic design, sports a mustache year round.

“I think Mustache March is a good starting point, but it’s over far too quickly,” Haslam said. “The benefits of a nose neighbor are too substantial to only enjoy for a month or two out of the year.”

Haslam encourages all to continue the madness for longer than just the 31 days in March.

“Grow your mo’ this month, but don’t shave it off come April 1,” Haslam said.

“Instead, join me in the mustache millennium, and we will change the world one ‘stache at a time.”

— hinewton13@gmail.com

## March

From Page 4

rec center gymnasiums had one, and though none of us ever got one because of the whole who’s-mom-was-ever-going-to-splurge-three-quarters-for-anything-Melon-Blast-flavored mentality, we always lived in hope that we could indulge from the elixir that existed in what was easily the coolest beverage bottle this side of dnL. Remember dnL? Tell me you remember dnL. We can only sit and wonder now.

**Why did they ever get rid of season premiere countdown specials?** — Welcome to TGIF’s ace in the hole. Need a means to promote the next installment of “Teen Angel?” Simply follow the formula of 1.) blocking a two-hour segment before a 23-minute episode, 2.) sitting the whole cast next to a pool, 3.) booking ‘N Sync to perform and Natalie Imbruglia just in case and 4.) booking tons of Chester Cheetah commercials. It worked. Every time. Nowadays, we simply settle for episodic marathons, and I’m sure none of them have even thought to book Imbruglia, heck, or even M2M. Rookies.

Feeling spry and vibrant yet? If so, you are now set as can be for spring break. It’s all you’ll need after you actually take that trip to Europe you’ve gabbed about since last fall, because you totally followed through on that ... not.

— Steve Schwartzman is a senior finishing a degree in communication studies. With eight years of column writing and improvisational comedy under his belt, he lives to make you laugh. Send thoughts to [steve.schwartzman@aggiemail.usu.edu](mailto:steve.schwartzman@aggiemail.usu.edu) or hit him up on Twitter @SESchwartzman.



### WEEKLY RANKINGS

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WEBER STATE

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Dr. Thomas graduated from Utah State University in Biology with both Departmental Honors and University Honors. While there, she earned the research designation of Barry M. Goldwater scholar. She graduated from the University of Utah School of Medicine where she continued research and was a member of the Center of Excellence in Women’s Health. She received residency training at West Virginia University in General Surgery and Idaho State University in Family Medicine.

Dr. Thomas and her husband are natives of Cache Valley, where he has built his legal practice. They enjoy gardening, canning, and cooking together. Dr. Thomas is the author of “Cookbook of Tasty Delights” which is currently in its second edition.

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## BASKETBALL

# Mapping the competition

## Teams gear up for Mountain West Conference Tournament

► **By Jeff Dahdah**  
assistant sports editor

*Editor's note: Records up-dated as of games played through March 4.*



## MEN'S

### Men's tournament not necessarily a two-horse race

At first glance, the Mountain West Men's Basketball Tournament appears to be a two-team race. San Diego State and New Mexico are both 14-2 in conference and nationally ranked. However, nothing in March is that easy.

The No.10 Aztecs and No. 25 Lobos are the favorites going in to Las Vegas next week. San Diego State averages the least points against in the conference. They are averaging 60.4 points against in Mountain West play. Their full court press and stout defense is one of the reasons they are a nationally respected team.

However, San Diego State's lack of size has been their downfall. This was a large reason why the Aztecs lost to New Mexico on Feb. 22. In that game, 6-foot-9, 250-pound senior forward Cameron Bairstow scored 26 points for the Lobos. Bairstow is the leading scorer in the Mountain West, averaging 20.3 points per game. Senior guard and defending Mountain West Player of the Year Kendall Williams averages 16.9 points per game. The Lobos also feature a 7-foot senior center in Alex Kirk, who averages 13.8 points per game and creates matchup problems on both sides of the court.

Despite how heavily favored those two teams are,

this is March, and this is a deep conference.

UNLV gets to play the whole tournament on their home court in the Thomas & Mack Center. The Rebels, though talented, have been inconsistent this season. If the team that beat New Mexico in the Pit shows up, they may take the tournament. However, if the team that lost by 20 at home to UC Santa Barbara shows up, they may be ousted first round.

Boise State has the experience, featuring a starting five of all juniors and seniors. The Broncos have the rebounding — leading the conference in rebounding margin in Mountain West play — to make a run at the title.

Don't leave out Nevada. The Wolf Pack was 7-2 in conference before a five-game skid. Keep Wyoming in mind, which leads the conference in field goal percentage.

Colorado State can make a run; they did go to the NCAA Tournament and win a game in it last season.

Fresno State can score with anybody, with the Bulldogs averaging 71.8 points per game against in-conference opponents.

Of course, USU could catch fire from behind the arc; they lead the conference in 3-point percentage with .405.

## WOMEN'S

### Fresno State looks to repeat as tournament champions

Fresno State came into the Mountain West Women's Basketball Tournament last season as the No. 2 seed and beat No. 1-seed San Diego State in the championship game. This season, the Bulldogs will likely go in as the No. 2 seed again, looking to take down No. 1-seed Colorado State; that is, if the rest of the conference doesn't get in the way.

CSU is leading the conference for a reason. They are the best defensive team in the conference, allowing just 61 points per game. They are 14-3 in conference, and all three of their conference losses have come on the road, including a loss to the Bulldogs in Fresno.

Fresno State is also riding a four-game winning streak and have won five of their last six games, which included a win over Nevada, their main competition for the No. 2 seed, and a loss in Fort Collins to CSU.

Nevada can't be forgotten in the mix of Mountain West championship contenders. They are currently tied for No. 2 with Fresno State, and they are No. 3 in the conference in field goal percentage against with .386. They lead the conference in rebounds per game with 44.2.

San Diego State, last year's regular season cham-

pion, could cause trouble for the favorites by way of rebounding. They lead the conference in rebounding margin with a positive 7.7 span. The Aztecs will look to ride that and the stellar play of Cierra Warren, who is averaging 15.6 points per game, back to the conference title game.

Boise State will come in to the tournament as the likely No. 4-seed with a chance to sneak past into the tournament. They took Fresno State to overtime just more than a week ago.

Wyoming features the No. 3 scorer in the conference with junior Kayla Woodward, who averages 17.4 points per game. The Cowgirls also defeated CSU on Feb. 22 by 16 points.

USU may have a deceiving record and seed; they will go into the tournament as the No. 8 seed with an 8-10 record. However, they lead the conference in scoring with 77.9 points per game, blocked shots with 4.1 per game and steals with 9.9 per game. There is also Aggie senior Jennifer Schlott, who set the conference record in scoring this season.

As with any Mountain West Tournament, UNLV can't be left out of the contenders list. The event is being held in the Thomas & Mack Center, the Rebel's home stadium.



# Glance

## Aggie Schedules

**Men's Basketball**

**MARCH 12-15**  
 USU vs. MWC  
 Thomas and Mack Center,  
 Las Vegas, Nev.

**Women's Basketball**

**MARCH 10-15**  
 USU vs. USCB Tournament  
 Santa Barbara, Calif.

**Softball**

**MARCH 13-15**  
 USU at MWC  
 Thomas and Mack Center,  
 Las Vegas, Nev.

**Track and Field**

**MARCH 14-15**  
 USU at NCAA Indoor Championships  
 Albuquerque, N.M.

# Briefs

Statesman Sports

## USU golf coach named PGA teacher of year

Utah State men's head golf coach Dean Johansen was named the 2013 Utah Section Teacher of the Year by the Professional Golfers' Association of America on Wednesday.

Johansen — a USU alumnus — is in his 14th season as the men's golf coach at Utah State University and in his 16th year with the program as he also spent two years as an assistant.

During Utah State's 2012-13 season, Johansen coached the Aggies to nine top 10 finishes in its 11 competitions.

During Utah State's fall portion of its 2013-14 season, Johansen coached a pair of Aggie golfers to back-to-back tournament wins.

## Aggiette, Cheer tryouts to be held in April

The Utah State Spirit squad will be holding tryouts April 3-5 to determine members of the 2014-15 squad.

Aggiette tryouts will take place in the Dee Glen Smith Spectrum all three days, while cheer tryouts will run April 4-5.

Optional stunt clinics will be held the final week of March and the first week of April in the Stan Laub Training Center and team members will be determined at the conclusion of tryouts.

**► Compiled from media reports**

The policy of The Utah Statesman is to correct any error made as soon as possible. If you find something you would like clarified or find in error, please contact the editor at 797-1742, [statesman@aggiemail.usu.edu](mailto:statesman@aggiemail.usu.edu) or come in to TSC 311.

# MEN'S BASKETBALL

# Successful senior night

► **By Jeffrey Dahdah**  
 assistant sports editor

The USU men's basketball team sent its seniors out in style on Wednesday in the Dee Glen Smith Spectrum with a 65-54 win over Wyoming. The win gave the Aggies their seventh conference win of the season and their second straight win heading into the conference tournament, which begins Wednesday in Las Vegas.

"I think it's huge," said senior guard Spencer Butterfield about the two-game win streak to end the regular season. "We've got a lot of confidence as a team right now. We're playing really well together, and I think it will carry over into the Mountain West Tournament."

For the first time this season, the starting five for the Aggies were the five seniors. Tenale Roland, Preston Medlin, Butterfield, Sean Harris and Jarred Shaw each played the first 8:42 of the game. It was Harris' first career start for the Aggies, and he would have four points in that span.

The Aggies shot just 28.6 from the 3-point line, but with 11:40 left to play in

the game a Roland 3-pointer rolled in to give the Aggies a one-point lead. The Aggies would not trail again.

"We didn't shoot the ball particularly well from three, but we made some big ones," said USU head coach Stew Morrill. "We hit timely threes, and that certainly helped."

Shaw, Butterfield, Kyle Davis and Roland all scored in double digits, and Shaw led all Aggie scorers with 14 points.

USU out-rebounded Wyoming by a margin of 20, with Shaw and Davis combining for 24 rebounds.

"That's huge," Morrill said. "We always emphasize pounding the boards. In a close game, that always helps."

The Aggies finish their regular season 7-11 in conference and 17-13 overall on the season. Meanwhile, Wyoming finishes season on a four-game losing streak and is winless without star player Larry Nance Jr.

USU will meet either Colorado State or Wyoming in the first round of the conference tournament.

### Spencer Butterfield USU basketball

"We've got a lot of confidence as a team right now. We're playing really well together."

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Samantha Behl photo

**SENIOR GUARD PRESTON MEDLIN** elevates for two of his seven points in USU's win over Wyoming on Wednesday at the Dee Glen Smith Spectrum. The Aggies had their five seniors combine for 47 of the team's 65 total points.

# Why I chose Las Vegas over Mexico

Few sensations compare to walking into the electric atmosphere of a gym 30 minutes before tipoff.

The smell of popcorn and sweat permeates the air, familiar to all those who grew up watching basketball games at their local high school. For those who once played the sport, walking into a gym is like entering a church. There's an excited tension that fills the entire arena, descending on each hopeful fan as they prepare for the show to begin.

USU students have felt it a few times this year — USU volleyball taking an invincible Colorado State team to five sets; The sight of Aggie fans outnumbering BYU students 4-to-1 in the Energy Solutions Arena; the raucous white-out crowd at the San Diego State game.

There is no substitute for what happened to the crowd of 10,000 when Spencer

Butterfield hit that last-second 3-pointer to force overtime against the then-No. 7 Aztecs.

It is the pursuit of that sort of awesome moment that keeps me from being one of the many students travelling abroad this spring break. With the annual week-long reprieve from school so nearly upon us, students are finalizing flight plans, booking cruises and preparing in to make the most of their trips to various exotic destinations.

I'm packing for the men's and women's Mountain West basketball tournaments in Las Vegas.

Now, I don't exactly consider Vegas to be an exotic locale — I don't drink, and I'm too broke to enjoy casinos or strip clubs, so the appeal of "Sin City" is considerably diminished for me.

In all honesty, I was set on

## ► Logan Jones



going to Mexico for spring break. For about six hours on Saturday, I thought I would be sailing out of Los Angeles on a cruise ship next week. I even called my editor and told him my big plans and that I wouldn't be accompanying the Statesman staff to Vegas to cover the tournament.

My editor didn't directly try to talk me out of it,

but he did give me some bullet-point reasons why I should stick with my Vegas plans. The first few points were things like "work experience," and "prior commitment," and "a long bus ride with the cheer squad." But the last point was the one that stuck with me — it was simply, "basketball."

Basketball. That was the tipping point. As much as I desire to travel, to see new places and do new things, there is nothing I would regret more than leaving on a cruise for four days and missing the chance to see our men's and women's basketball teams compete in Vegas.

Now, maybe neither team won't go far. Maybe the games will be blowouts. Maybe we have a ways to go before we can be competitive in the Mountain West. Maybe.

But I expect USU to surprise teams. I expect the Aggies to compete and to play better than their records, because both our teams are, in fact, better than their records. The Mountain West tournament may just end up being a fun experience with my co-workers on the Statesman staff, but it could also be something special for our school.

Great basketball will be played, and I wouldn't miss smelling that salty popcorn air in Las Vegas for the world. Mexico can wait, I'm spending my spring break courtside.

— Logan Jones is a sophomore studying journalism. When he isn't watching basketball in Las Vegas, he's updating his blog at [mindgrenades.blogspot.com](http://mindgrenades.blogspot.com). Contact him at [logantjones@aggiemail.usu.edu](mailto:logantjones@aggiemail.usu.edu) or tweet @Logantj.



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State your case:

Which USU team is more likely to win the Mountain West Tournament, the men or women?

► By Logan Jones  
staff writer

► By Calvin Makelky  
staff writer

NEW CHALLENGERNEW CHALLENGER

If you've watched the USU women at all this season, you know they're much better than their record shows and that Jennifer Schlott has the Aggies playing their best ball of the season.

Schlott is currently the No. 4 scorer in the nation, averaging 26.1 points per game, and is a match-up nightmare for both of USU's potential first round opponents.

The Aggies will face either New Mexico or SJSU on Monday. Schlott burned New Mexico for 30 points in a road victory earlier in the season and beat them in the Spectrum on a late drive to keep the Lobos winless against the Aggies this year.

USU also deconstructed SJSU on both ends of the floor in its most dominant win of the season Saturday. The Aggies led by as many as 31 points.

USU can certainly expect to move past the first round of the tournament to seek revenge against a Colorado State team that couldn't miss in the Spectrum in their last meeting. Combine the momentum from the past two weeks of excellent play with a better gameplan, USU could potentially upset the top-ranked Rams.

If there's one thing I've learned watching USU play this season, it's to never bet against Schlott and her teammates when they believe that they can win.

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A first glance at conference records would suggest the women's basketball team has a better shot at winning the Mountain West Tournament, but a tournament is all about matchups.

The men's team will likely face Colorado State in the first round, a team USU has beaten both times. The second round game, then, would probably be against a tough San Diego State team, but it's a team USU took to overtime and has confidence against.

If USU can pull the upset there, it gets a bit easier with a semifinal game against the No. 4 or No. 5 seed. That would be against either Boise State, Nevada or a Nance-less Wyoming, all teams that USU has beaten except Wyoming.

Three straight wins would send the Aggies to the championship game, most likely against New Mexico or UNLV. Both teams have swept USU, but the Aggies played New Mexico extremely tough in the Pit and had a halftime lead against UNLV at home.

The women, on the other hand, face a giant road block. Assuming they win their first game like they should, they would have to play No. 1-seed CSU in the second round, a team that beat them by 25 points in their last meeting.

Even if they did pull the upset, they rely so heavily on Jennifer Schlott that an off night from her dooms their hopes. The men, however, have three potent offensive weapons any given night in Spencer Butterfield, Preston Medlin and Jarred Shaw.

Statesman's Odds

Our odds for each team to win the Mountain West Tournament

Team	Men's	Women's
New Mexico	3-1	17-1
San Diego St.	4-1	10-1
UNLV	7-1	10-1
Boise State	10-1	8-1
Wyoming	24-1	13-1
Nevada	14-1	4-1
Fresno State	18-1	4-1
Colorado St.	24-1	2.5-1
Utah State	19-1	12-1
Air Force	22-1	50-1
San Jose St.	40-1	16-1

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## Freedom of speech does not require absolute agreement

In 2003, bluegrass band Dixie Chicks was coming off one of its most successful years in the music industry. The Chicks' critically-acclaimed album "Home" debuted at No. 1 on the Billboard Top Country Album charts — staying there for 12 consecutive weeks — and secured the top position on the Billboard Top 200 Albums charts during its release on Aug. 27, 2002.

That album — filled with hits like "Longtime Gone," protest song "Travelin' Soldier" and a beautiful cover of Fleetwood Mac's "Landslide" — went on to win four Grammy Awards on Feb. 23, 2003, including the award for Best Country Album. The band was on top of the world, and their success showed no sign of stopping.

But all that changed later that year at the Shepherd's Bush Empire theater in London, England, on March 10. Singer Natalie Maines expressed her thoughts on the Iraq War and President George W. Bush's hunt for alleged weapons of mass destruction.

"Just so you know, we're on the good side with y'all," Maines said. "We do not want this war, this violence, and we're ashamed that the president of the United States is from Texas."

This would effectively turn into career suicide for the Dixie Chicks. Within the following days, the band's albums would be removed from radio play across the country. Their single "Landslide" fell from No. 10 to No. 43 within a week's time on the Billboard Hot 100 chart and disappeared from the chart completely within two weeks.

I was working at my hometown AM radio station at the time. My boss ordered me to throw away any Dixie Chicks albums we had. While all of this seemed insane to my 16-year-old mind, I accepted these consequences must be a part of the freedom of speech provided in the First Amendment to the United States Constitution. You can say whatever you want as long as you can accept whatever the cost might be.

It's been 11 years since Maines and the Chicks fell off the charts overnight. To me, these wom-



**Paul Christiansen**

**The Book of Paul**

en stood firm and kept to their beliefs and showed the country and the world that Americans shouldn't be afraid to speak their mind, no matter the result. But was it all in vain?

This year I've seen conservative America — the same demographic of people who ostracized the Dixie Chicks — come to the defense of celebrities engaging in their right to free speech. In December, "Duck Dynasty" mogul Phil Robertson found himself suspended from the A&E Network airwaves after a slurry of anti-homosexual and bigoted racial comments came out in an interview with GQ magazine. Political pundits and notorious Tina Fey impersonator Sarah Palin took to her Facebook and Twitter accounts to defend Robertson.

"Free speech is an endangered species," Palin wrote alongside a photo of herself posing with the show's cast. "Those 'intolerant' hatin' and taking on the Duck Dynasty patriarch for voicing his personal opinion are taking on all of us."

OK, maybe free speech in opposition to homosexuality is somehow less controversial than free speech against foreign war and the leader of the U.S. Or maybe the public has shifted so extremely in the past decade. Let's look at another example.

Recently the "Motor City Madman" Ted Nugent, constant gun-nut and sometimes musician, has been making the political rounds in support of Greg Abbott, winner of the Texas gubernatorial primary elections. This is fresh off derogatory comments Nugent made concerning President Barack Obama.

"I have obviously failed to galvanize and prod, if not shame enough Americans to be ever-vigilant not to let a Chicago communist-raised, communist-educated, communist-nurtured subhuman mongrel like the ACORN community organizer gangster Barack Hussein Obama to weasel his way into the top office of authority in the United States of America," he said.

But rather than condemn these historically-tasteless remarks — "subhuman mongrel" was a term used by the Nazis to describe the Jews, a group they sought to wipe out because they were deemed inferior — Palin has chosen to celebrate Nugent's madness, throwing her support behind Abbot and saying, "If he is good enough for Ted Nugent, he is good enough for me."

The public ignores — and has for several years — the fact that Nugent has made comments that could be thought as threatening to Democrat Party leaders, including public statements where he tells Obama and Hillary Clinton, former secretary of state, to "suck on my machine gun."

I urge you, my fellow Aggies, to be savvy in your media consumption. Try to remember this country's recent history when it comes to freedom of speech. If you're like me, you're asking yourselves why the playing field isn't more level. But more importantly, you should be asking yourselves why we allow Ted Nugent to still be relevant.

— Paul is the former features editor of The Utah Statesman and is a senior majoring in print journalism. Send any comments to [paul.r.christiansen@aggiemail.usu.edu](mailto:paul.r.christiansen@aggiemail.usu.edu).

### The Deep End • Tyson Cole



Cole 02019 TYSON COLE THEDEEPEND-COMIC.BLOSSPOT.COM



## Clinical depression: the shadow in our normal lives

Tom stumbled into work 15 minutes late. His hair was messy and parted to the side. His work uniform was wrinkled and in need of washing. Tom had worked at the local bookstore for the past three years as he finished his degree in English. The income wasn't much, but it was enough to support his wife and two kids.

Near the end of his shift, Tom was methodically stacking books. Rob, a co-worker, approached Tom and started talking.

"Yo, Tom," Rob said. "You read the new release of the week? Man, it's good."

Tom just kept stacking books as if Rob hadn't said anything. After several awkward seconds, Tom said his shift was over and hurried home without saying another word.

Tom made it home and walked through the door to be greeted by his wife Ashley and their infant child Rebecca. As Tom walked through the door, Ashley handed off Rebecca and left while yelling back, "I'll be home in an hour." Tom took Rebecca in his hands and waved goodbye to his wife.

Ashley rushed through the door an hour later and called out to Tom.

"Tom, where are you? I'm home," she said.

Tom didn't answer Ashley's call. Ashley ran up the stairs to find their daughter Rebecca lying in her crib alone and crying. Ashley's heart began racing as she called out to Tom again. She frantically ran through their house until she found Tom lying on their bedroom floor, unconscious with a bottle of pills in his hand. Luckily, Ashley arrived home in time to save her husband by getting him immediate medical help. Others suffering from depression are not always as lucky.

Depression is a constant shadow in people's lives and can grow and dissipate with the transition of the sun. At times the sun casts a larger shadow, and at other times, the sun hangs overhead and the shadow shrinks. With a willingness to work hard, Tom's shadow became like a shadow at



**Ty Aller**

**The mind matters**

**Ty Aller**  
“Being open and honest with your thoughts and feelings if you are down can address your personal psychology and help prevent from an overload of emotions.”

noon — virtually nonexistent.

Preventing this shadow from growing is one of the most effective tools when treating depression. There are four areas that can help in recognizing and aid in preventing depression: biology, psychology, socialness and spirituality. Increasing awareness and sensitivity in each of these areas can help shrink the depression shadow.

Depression can be biological in nature and influence your sleep cycles, eating habits, sexual activity and your energy toward activities you generally enjoy. Feelings of helplessness, guilt, or loss of concentration at school, work or while at home can also be attributed to depression. A sudden lack of interest or participation in social events or talking with friends can also be attributed to depression. These symptoms can be lessened using the same four areas of biology, psychology, socialness and spirituality.

Taking care of yourself biologically can include exercising, eating healthy and having regular doctor visits. Being open and honest with your thoughts and feelings if you are down can

address your personal psychology and help prevent from an overload of emotions. Balancing your work and social life can help you to keep energy to manage life's stressors. Lastly, being connected to nature or participating in religious practices may buffer effects of depression.

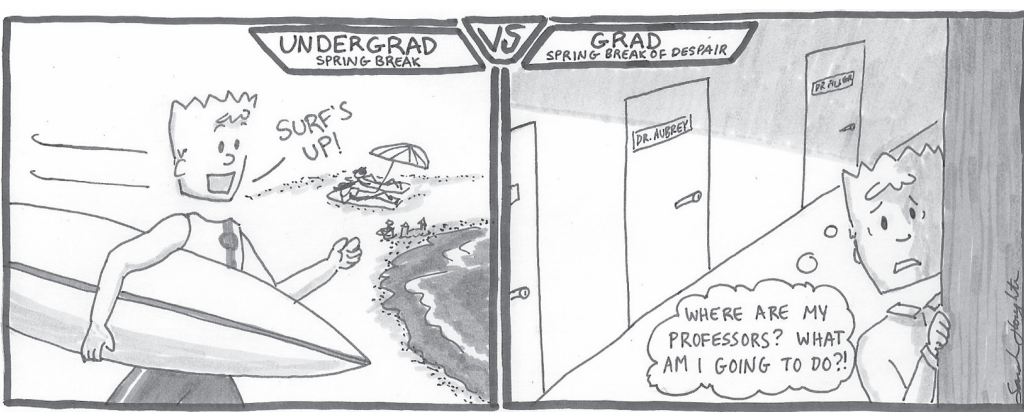
Depression does not have to be your identity. If you or someone you know is struggling, there are resources on campus to help. The Family Life Center at 435-797-7224 and the Counseling and Psychological Services Center at 435-797-1012 can provide students with therapeutic help. Please call if you or someone you care about is struggling.

— Ty Aller is a master's student in the marriage and family therapy program at USU. If you have topics relating to mental health that you want covered, send him your suggestions via email: [Ty.Aller@aggiemail.usu.edu](mailto:Ty.Aller@aggiemail.usu.edu).

### Wonders and Blunders • [melissamw89@gmail.com](mailto:melissamw89@gmail.com)



### All But Dead • [abdcomics.com](http://abdcomics.com)



### Letters to the editor

- All letters may be shortened, edited or rejected for reasons of good taste, redundancy or volume of similar letters.

- No anonymous letters will be published. Writers must sign all letters and include a phone number or email address as well as a student identification

number (none of which is published). Letters will not be printed without this verification.

- Letters can be hand delivered or mailed to The Statesman in the TSC, Room 311, or can be emailed to: [statesmaneditor@aggiemail.usu.edu](mailto:statesmaneditor@aggiemail.usu.edu).

### The page

Opinions on this page (columns, letters) unless otherwise identified are **not** from Utah Statesman staff, but from a wide variety of members of the campus community who have strong opinions, just like you. This is an open forum. Want to write something? Contact: [statesmaneditor@aggiemail.usu.edu](mailto:statesmaneditor@aggiemail.usu.edu).

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**51/36**  
 Thursday  
 Rain



**47/32**  
 Friday  
 Mostly cloudy



**53/35**  
 Saturday  
 Clear



**57/42**  
 Sunday  
 Overcast



**54/41**  
 Monday  
 Mostly cloudy

## March 6

- Spring Book Sale, all day, Merrill-Cazier Library
- Building a Better Brain: exercises to make every brain smarter, 10-11 a.m., TSC
- Thoughts-feelings-behavior, 3-4 p.m., TSC 310B
- "Half the Sky" film screening, 4:30 p.m., TSC Auditorium
- Wassermann 2014: Daniil Trifonov and Sergei Babayan, 7:30 p.m., Performance Hall

## March 7

- Last day to withdraw from classes (W on transcript), last day to change to P/D+/D/F Option
- Nobel Laureate Dr. Lars Peter Hansen lecture, 11:30 a.m., Performance Hall
- Spring Book Sale, Merrill-Cazier Library
- 2014 USU Founders Day, 6:30-9 p.m., TSC Ballroom
- Poker Night Fundraiser, 7-11 p.m., 765 N. 800 East

## March 8

- Spring break begins, classes resume Monday, March 17
- Weekend for Willow, 9 a.m. to 2 p.m., come help restore Willow Park Zoo.

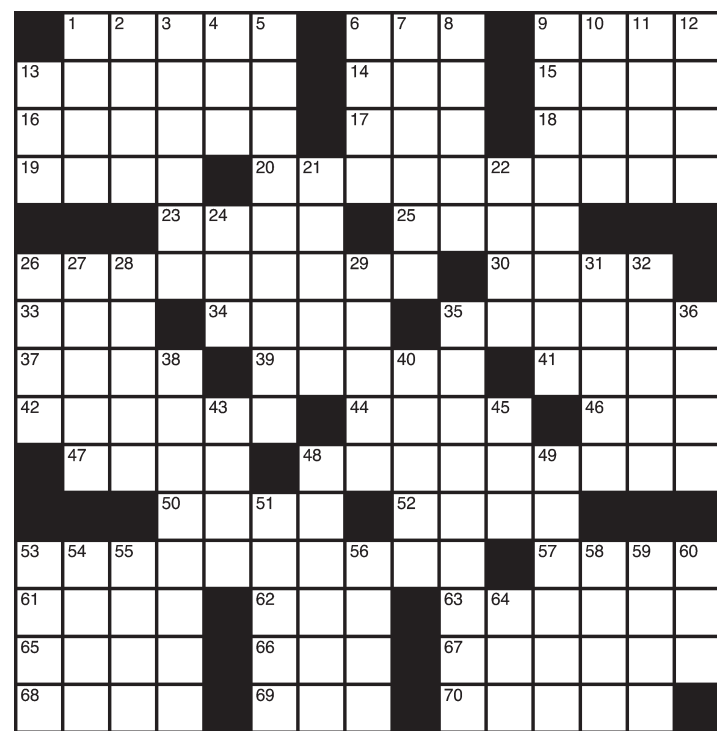
**www.utahstatesman.com**

## Get Caught Reading Win a \$50 gift card



**Brock Damjanovich**, a freshman majoring in journalism and communication, was caught reading the police blotter in the news section. "I think it's interesting and insightful to see the things students do and get punished for."

- |  |                                      |
|--|--------------------------------------|
| <b>Across</b>  | <b>Down</b>                          |
| 1 McCarthy's dummy friend  | 1 Area below Greenwich Village       |
| 6 Baltic, e.g.   | 2 Sleigh ride song                   |
| 9 Cougar   | 3 As a whole                         |
| 13 Canadian dollar coin nickname                                       | 4 Kid                                |
| 14 "I threw away my golf shoes when I got a hole in one" e.g.          | 5 Making pronouncements              |
| 15 Computer operating system   | 6 A writer may work on it            |
| 16 "Blackadder" network  | 7 Trick-taking card game             |
| 17 Hosp. heart exam  | 8 Prefix meaning "English"           |
| 18 Medicinal dose  | 9 Portable shelters                  |
| 19 Cutie pie   | 10 Curriculum part                   |
| 20 Impressionist whom Mel Blanc labeled "The Man of a Thousand Voices" | 11 Grain grinder                     |
| 23 Baltic feeder   | 12 Rod in a hot rod                  |
| 25 "... a ___ / By any other name ..."                                 | 13 Letters on some Brit. letterheads |
| 26 Head honcho   | 21 Dancer Castle peak                |
| 30 Tolkien's talking trees   | 22 Oracle's opening                  |
| 33 Equal: Pref.  | 24 UPS competitor                    |
| 34 "The Mod Squad" cop   | 26 Lettuce variety                   |
|  | 27 Imam's faith                      |
|  | 28 Fondue choice                     |
|  | 29 Knucklehead                       |
|  | 31 "Three Coins ..." fountain        |
|  | 32 Resolute about                    |



- |                                  |   |   |
|----------------------------------|---|---|
| 35 Reserve soldier               | 49 Enter quickly                                    | 54 "Rubāiyāt" poet                        |
| 36 Minor dent                    | 51 Character in "Donald's Nephews" (1938 cartoon)   | 55 Enjoy                                  |
| 38 Put a bad present to good use | 53 5'7" Spud who won the 1986 NBA Slam Dunk contest | 56 Bouquet                                |
| 40 Like daisies                  |   | 58 Top-of-the-line                        |
| 43 Lillian of the silver screen  |   | 59 Visit with a guide                     |
| 45 Musical key abbr.             |   | 60 Money mgrs.?                           |
| 48 Smart-looking                 |   | 64 Texter's "I didn't need to know that!" |

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Sale Starts Friday March 7, 2014. Sale Ends Saturday March 29, 2014. Some Exclusions Do Apply. Some Deals Will Extend. Typos Do Occur and Are Subject To Correction. Thanks.

