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Educational Policies Committee Program Proposal, Emma Eccles Jones College of Education and Human Services, January 20, 2017

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**Utah System of Higher Education
New Academic Program Proposal
Cover/Signature Page - Abbreviated Template**

Institution Submitting Request: Utah State University
 Proposed or Current Program Title: Yoga Studies Minor
 Sponsoring School, College, or Division: Emma Eccles Jones College of Education and Human Services
 Sponsoring Academic Department(s) or Unit(s): Kinesiology and Health Science
 Classification of Instructional Program Code¹ : 51.3602
 Min/Max Credit Hours Required of Full Program: 16 / 17
 Proposed Beginning Term²: Spring 2017
 Institutional Board of Trustees' Approval Date: 01/06/2017

<input type="checkbox"/> Certificate of Proficiency	<input type="checkbox"/> Entry-level CTE CP	<input type="checkbox"/> Mid-level CP
<input type="checkbox"/> Certificate of Completion		
<input checked="" type="checkbox"/> Minor		
<input type="checkbox"/> Graduate Certificate		
<input type="checkbox"/> K-12 Endorsement Program		
<input type="checkbox"/> NEW Emphasis for Regent-Approved Program		
<input type="checkbox"/> Out of Service Area Delivery Program		

Chief Academic Officer (or Designee) Signature:

I, the Chief Academic Officer or Designee, certify that all required institutional approvals have been obtained prior to submitting this request to the Office of the Commissioner.

Laurens H. Smith _____

Date: January 4, 2017

I understand that checking this box constitutes my legal signature.

¹ For CIP code classifications, please see <http://nces.ed.gov/ipeds/cipcode/Default.aspx?y=55>.

² "Proposed Beginning Term" refers to first term after Regent approval that students may declare this program.

**Utah System of Higher Education
Program Description - Abbreviated Template**

Section I: The Request

Utah State University requests approval to offer the following Minor: Yoga Studies Minor effective Spring 2017. This program was approved by the institutional Board of Trustees on **6 January 2017**.

Section II: Program Proposal/Needs Assessment

Program Description/Rationale

Present a brief program description. Describe the institutional procedures used to arrive at a decision to offer the program. Briefly indicate why such a program should be initiated. State how the institution and the USHE benefit by offering the proposed program. Provide evidence of student interest and demand that supports potential program enrollment.

Propose offering an academic minor in Yoga Studies. Yoga is one of the fastest growing activity programs in the United States. As of 2014 over 15 Million people participate in yoga, with in excess of \$15 Billion dollars spent on Yoga classes, equipment, outfits and institutes. As an example each semester there are over 500 students enrolled in Yoga activity courses in the for-credit Lifetime Activity program at Utah State University. A number of these students inquire of instructors how might they become a certified Yoga instructor. This minor will help fill the need for certified Yoga instructors throughout the state and region.

Labor Market Demand

Provide local, state, and/or national labor market data that speak to the need for this program. Occupational demand, wage, and number of annual openings information may be found at sources such as Utah DWS Occupation Information Data Viewer (jobs.utah.gov/jsp/wi/utalmis/gotoOccinfo.do) and the Occupation Outlook Handbook (www.bls.gov/oco).

Utah Dept. of Workforce Services 2014-2024 Employment Projections for
Fitness Trainers and Aerobics Instructors Occup. Code: 39-9031

Area Name	Current Employment	Projected Employment	Annual %Change	Total Annual Openings	Star Rating
Salt Lake Metro	1,684	2,040	2.1	70	3
St. George Metro	151	222	4.7	10	3
Ogden-Clear Metro	727	976	3.4	40	3
Cache	140	182	3	10	3
3,499	4,422	160	3		
United States	279,100	302,500	0.8	7,490	

Bureau of Labor Statistics: Quick Facts: Fitness Trainers and Instructors

2015 Median Pay \$36,160 per year

\$17.39 per hour

Typical Entry-Level Education High school diploma or equivalent

Work Experience in a Related Occupation None

On-the-job Training Short-term on-the-job training

Number of Jobs, 2014 279,100

Job Outlook, 2014-24 8% (As fast as average)

Employment Change, 2014-24 23,400

Consistency with Institutional Mission/Impact on Other USHE Institutions

Explain how the program is consistent with the institution's Regents-approved mission, roles, and goals. Institutional mission and roles may be found at higheredutah.org/policies/policyr312/. Indicate if the program will be delivered outside of designated service area; provide justification. Service areas are defined in higheredutah.org/policies/policyr315/.

Yoga instructors complements the mission of Utah State University as it continues it's extended service of providing certified instructors not only throughout the public schools but also in communities, city, county and state agencies providing yoga as a recreational activity. These types of programs enhances health and well-being plus quality of life in these communities.

Finances

What costs or savings are anticipated in implementing the proposed program? If new funds are required, indicate expected sources of funds. Describe any budgetary impact on other programs or units within the institution.

Each course will have a course fee of \$138.00/SCH with one exception (RELS 4010). This course fee will cover all costs associated with offering courses in this proposed minor. Course fees are the method of instructional costs for most of the courses in the Lifetime Activity Program within the KHS department. RELS 4010 will be offered by a HPER instructor covered by these course fee funds.

Section III: Curriculum

Program Curriculum

List all courses, including new courses, to be offered in the proposed program by prefix, number, title, and credit hours (or credit equivalences). Indicate new courses with an X in the appropriate columns. The total number of credit hours should reflect the number of credits required to receive the award. **For NEW Emphases, skip to emphases tables below.**

For variable credits, please enter the minimum value in the table below for credit hours. To explain variable credit in detail as well as any additional information, use the narrative box below.

		Course Number	NEW Course	Course Title	Credit Hours
General Education Courses (list specific courses if recommended for this program on Degree Map)					
					General Education Credit Hour Sub-Total
Required Courses					
+	-	PE 3010		Yoga Technique I	3
+	-	PE 3011		Introduction to Yoga Teacher Training	3
+	-	PE 3020		Yoga Teacher Methodology I	1
+	-	PE 3021		Yoga Teaching Methodology II	3
+	-	PE 3070		Yoga Anatomy	2
+	-	PE/RELS 4010		Yoga Theory	2
+	-				
+	-				
+	-				
+	-				
+	-				
					Required Course Credit Hour Sub-Total
					14
Elective Courses					
+	-	Select two from:			
+	-	RELS 3020		Intro to Hinduism	3
+	-	RELS 3820		Hindu Sacred Texts	3
+	-	PEP 2020		Introduction to Physical Therapy	2
+	-	PEP 3000		Dynamic Fitness	3
+	-	PEP 3100		Athletic Injuries	3
+	-	PEP 3250		Anatomical Kinesiology	3
+	-				
+	-				
+	-				
					Elective Credit Hour Sub-Total
					17
Core Curriculum Credit Hour Sub-Total					31

Program Curriculum Narrative

Describe any variable credits. You may also include additional curriculum information, as needed.

Students take 6 required courses for a total of 14 credits. They select one elective that may be either 2 or 3 credits for a total of 16-17 credits.

Degree Map

Degree maps pertain to undergraduate programs ONLY. Provide a degree map for proposed program. Degree Maps were approved by the State Board of Regents on July 17, 2014 as a degree completion measure. Degree maps or graduation plans are a suggested semester-by-semester class schedule that includes prefix, number, title, and semester hours. For more details see <http://higheredutah.org/pdf/agendas/201407/TAB%20A%202014-7-18.pdf> (Item #3).

Please cut-and-paste the degree map or manually enter the degree map in the table below

Fall Semester	Spring Semester
PE 3010	PE 3020
PE 3011	PE 3021
PE 3070	Elective
PE/RELS 4010	Elective