Global eastward propagation signals associated with the 4-5-year ENSO cycle

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Abstract

Longitude-time evolution of sea surface temperature anomalies (SSTA) reveals a slow southeastward propagation from the western North Pacific (WNP) around 20°N to the Niño-3.4 region in the equatorial Central Pacific. The propagation is manifested as a narrow, southwest-northeast elongated SSTA band across the subtropical North Pacific, and the journey takes about 2-3 years. The propagating SSTA appears to be linked with the initiation and termination cycle of the El Niño–Southern Oscillation (ENSO). The anomalies of surface winds, sea level pressure, outgoing longwave radiation, and global velocity potential all exhibit a concurrent and distinct eastward propagation, one that appears to be circumglobal. These propagating SSTA and atmospheric circulations are coupled with the predominant 4-5 year frequency of the ENSO cycle. It is suggested that the previously found warming/cooling in the Indian Ocean induced by El Niño/La Niña, the progressive SSTA and wind anomalies across the Indian Ocean towards the WNP, as well as the predominant 4-5-year frequency of the North Pacific Oscillation collectively contribute to the reported multi-year propagation in SSTA. The findings implicate that monitoring the SSTA propagation from the WNP towards the tropical central Pacific could be useful in tracking the ENSO development.

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1. Introduction

Long-lead prediction of El Niño–Southern Oscillation (ENSO) relies critically upon the identification and tracking of “precursor patterns” in the sea surface temperature anomalies (SSTA) and winds that precede an ENSO event. *Penland and Sardeshmukh* [1995] have found an optimal SSTA structure across the North Pacific Ocean during the northern spring. Since then, three primary (but not exclusive) ENSO precursors have been identified in the Northern Hemisphere – these are outlined in Figure 1a from west to east: **(1)** the northern/tropical Indian Ocean (IndO) that features prominent surface wind and SSTA signals preceding an ENSO event as far back as 15 months [*Clarke and Van Gorder*, 2003; *Izumo et al.*, 2010]; **(2)** the analogous western North Pacific (WNP) pattern of SSTA located in the east of Taiwan and south of Japan that forms (with opposite signed SSTA) one year before a full-fledged ENSO event [*S-Y Wang et al.*, 2012; *S-Y Wang et al.*, 2013]; **(3)** the Pacific Meridional Mode (PMM) over the eastern half of the North Pacific [*Chang et al.*, 2007; *Chiang and Vimont*, 2004] in which the atmospheric variability during the preceding spring influences SSTA across the equatorial Pacific and then triggers ENSO; this is known as the Seasonal Footprinting Mechanism (SFM) [*Alexander et al.*, 2010; *Anderson*, 2003; *Vimont et al.*, 2001; *Vimont et al.*, 2003].

Another notable feature associated with ENSO development is the seasonally phase-locked propagation of wind and SSTA signals, which allows tracking of the progression of an ENSO event. The phase-locked propagating signal first appears in the eastern Indian Ocean in the middle of the year before an El Niño and then moves eastward, reaching the western Pacific during the beginning of the El Niño year and then amplifying in the central equatorial Pacific [*Gutzler and Harrison*, 1987; *Meehl*, 1987]; similar but opposite-signed propagating signals also appear during La Niña [*Clarke*, 2008]. Such propagation may connect the aforementioned three

ENSO precursors, as is illustrated by their seasonal cross-correlations with the wintertime (December-February; DJF) Niño-3.4 index in the following year (Figure 1b): Peak correlations occur for 6 seasons in IndO prior to an ENSO event, 4-5 seasons in WNP (sign reversed; explained later) and 3 seasons in PMM.

Most previous studies that focus on the propagating signature of the ENSO evolution stressed either the favorable wind and SSTA forcing up to one year in advance, or the emerging SST signals over the Indian/Atlantic Ocean after the ENSO decay. In this study, we present observational evidence with an empirical analysis that the propagation SSTA signal following the IndO → WNP → PMM route as noted in Figure 1 is prolonged, systematic and could be trackable. In particular, while the transition of opposite-sign SSTA from WNP to Niño-3.4 amounts to one year [S-Y Wang *et al.*, 2012; S-Y Wang *et al.*, 2013], we will show that the same-signed SSTA slowly propagates from WNP to Niño-3.4 over a duration of 2-3 years and appears to connect with the initiation of an ENSO event. Thus, tracking the persistent propagation of SSTA from WNP to Niño-3.4 could be useful in monitoring and potentially predicting ENSO at long lead-time.

2. Data

The following data were utilized: (1) the NOAA Extended Reconstructed SST (ERSST) Version 3b [Smith *et al.*, 2008] beginning in 1854, and (2) the NCEP/NCAR Global Reanalysis of tropospheric and surface data that begin in 1948 [Kalnay *et al.*, 1996], (3) the Niño-3.4 index provided by the Climate Prediction Center (<http://www.cpc.ncep.noaa.gov/data/indices/>) and the PMM index developed and provided by Chiang and Vimont [2004] (<http://sunrise.aos.wisc.edu/~dvimont/MModes/Data/>), and (4) Ocean temperature and current data were obtained from the

NCEP Global Ocean Data Assimilation System (GODAS) at the resolution of 0.333° latitude x 1.0° longitude with the vertical levels ranging from 5 m to 4479 m depth, starting January 1980 [Behringer *et al.*, 1998].

3. Results

a. The propagating signal

We constructed the longitude-time evolution of monthly SSTA from a 10° -latitude average along the route displayed in Figure 1a – i.e. across the northern Indian Ocean, the subtropical western North Pacific, and the equatorial Eastern Pacific (and then up north about 17.5°N till 30°W in connecting the North Atlantic; not shown) from 1854 through 2013, and this is shown in Figure 2. The SSTA displayed here were detrended and bandpass-filtered within 3-6 years based upon the predominant ENSO frequency (discussed later); non-filtered SSTA are shown in the supplementary Figure. For the filtering we used the Hamming-windowed (HW) bandpass method that was developed to preserve the edges of the filtered time series [Iacobucci and Noullez, 2005]. Beginning in 1870, a systematic propagating pattern of SSTA has emerged between 100°E and 160°W , linking warm (cold) water in the WNP to the development of El Niño (La Niña) in the central equatorial Pacific, for a duration of about 2-3 years. Prior to 1880, the weak and disorganized SSTA pattern is likely due to questionable data quality; while poor data coverage before World War II over the north Indian Ocean [Chowdary *et al.*, 2012] might also disturb signals in Figure 2.

Overall, Figure 2 shows that (a) the northern Indian Ocean warming/cooling connects to the WNP warming/cooling within a season or two, (b) the positive/negative SSTA then propagate at a much slower pace towards the central equatorial Pacific, then (c) merge into a new

phase of El Niño/La Niña after 2-3 years, and (d) the positive/negative SSTA moves into the tropical Atlantic after a season or two. To substantiate this slow SSTA propagation, black lines were subjectively added over positive SSTA strips between 120°E and 180°. Some recent El Niño events are apparently linked to the propagating SSTA signal, such as 1982/83, 1987/88, 1991/92, 1997/98 and 2009/10. The eastward movement of negative SSTA is similarly evident and appears to connect with La Niña events, such as 1984/85, 1988/89, 1998/99 and 2010/11. Exception does exist, however, such as the years leading up to the 1997/98 El Niño, i.e. the Indian Ocean warming was much weaker during 1995 in comparison to adjacent El Niño events. The 1997/98 El Niño, being the strongest on record, has been extensively studied and multiple factors have been suggested: e.g., westerly wind bursts [Vialard *et al.*, 2001] commonly associated with the Madden–Julian oscillation [Takayabu *et al.*, 1999] were an apparent cause in 1997, as well as other theories invoked to account for the irregularity of the ENSO cycle [McPhaden, 1999a].

Confusion of thought needs to be addressed here regarding the previously reported 1-year lag between WNP and ENSO and its distinction from the 2-3-year propagation as shown in Figure 2. The so-called WNP pattern defined by *S-Y Wang et al.* [2012] consists of an opposite-signed SSTA dipole located off southeastern Asia and in the western tropical Pacific, which is accompanied by equatorial winds that influence the level of oceanic Kelvin wave activity, which then precedes ENSO events. Though the WNP index can be constructed by using a Maximum Covariance Analysis between SSTA and surface wind anomalies over the western North Pacific region, it could also be simply produced by averaging de-trended SSTA over 122°-132°E to 18°-28°N centered at the upstream Kuroshio Current (Figure 1a purple box). Therefore, it is the negative (positive) SSTA in the WNP domain that leads warm (cold) ENSO by one year – hence

the sign-reversed correlation in Figure 1b. What is shown in Figure 2 indicates a much slower propagation of the same-sign SSTA from WNP to central equatorial Pacific, a previously undocumented feature that is examined herein.

Noteworthy of the SST propagations in Figure 2 is the sign flip between the Indian Ocean and the eastern equatorial Pacific, halfway through an ENSO event. This feature reflects the marked correlation reversal between IndO and ENSO (Figure 1b) and echoes the remote impacts of ENSO on the Indian Ocean SSTA, known to occur at the El Niño developing summers [*Klein et al.*, 1999a; *Yang et al.*, 2007; *Yu et al.*, 2002]. *Xie et al.* [2009], among others, have suggested that both the tropical Indian Ocean SSTA and tropical tropospheric temperature increase in spring after El Niño of the previous winter, and the warming persists through the summer even after El Niño has dissipated. *Izumo et al.* [2010] found that a negative phase of the Indian Ocean SSTA provides an effective predictor of El Niño 14 months before its peak, and vice versa for La Niña. According to Figure 2, the remnant warm (cold) IndO appears during the mature phase of a warm (cold) ENSO event, and then persists for a year or two while propagating eastward. During the propagation (when positive SSTA is still located around 140°E), a cold ENSO event occurs in the eastern Pacific. This feature echoes the observations by *Du et al.* [2011] and *Xie et al.* [2009] that the termination of El Niño could help develop La Niña soon after. However, the propagation as shown in Figure 2 is not zonal, but rather tilts northward through the WNP region and then southward towards the central-eastern tropical Pacific. Consequently, a strictly zonal cross-section of SSTA, such as that along the equator plotted in *Xie et al.* [2009; their Fig. 5], could not depict the southeastward, trans-Western Pacific SSTA propagation. Furthermore, the connection between major El Niño/La Niña and the subsequent appearance of positive/negative SSTA in the tropical Atlantic has been noted by *Enfield and Mayer* [1997], who found that

Atlantic warming occurs 4-5 months after the mature phases of El Niño. On the other hand, *Rodríguez-Fonseca et al.* [2009] suggested that warm Atlantic SSTA (Atlantic Niño) could induce Pacific La Niña through the strengthening of Walker Circulation.

b. Robustness of the signal

To examine the significance of the propagating SSTA as shown in Figure 2, we conducted a spectral coherence analysis between the indices of winter mean WNP and Niño-3.4 (unfiltered data), using the multi-taper method (MTM) of [*Mann and Park*, 1996] for the period of 1958-2013 (chosen for increased observations after the International Geophysical Year). As shown in Figure 3a, a high degree of coherence between WNP and Niño-3.4 appears in the 4-5 year frequency band and it is significant at the 99% level; this 4.5 year spectral peak was the basis for the bandpass filtering of 3-6 years used for the longitude-time plots in Figure 2 and later analyses. The phase difference between WNP and Niño-3.4 is minus 60°, indicating that either the WNP leads the opposite-sign Niño-3.4 by about a year (as in *S-Y Wang et al.* [2012]) or the WNP leads the same-sign Niño-3.4 by about 3 years; i.e. a 300° phase shift over a 4.5 year cycle.

To delineate the SSTA coherence pattern, we plotted in Figure 3b the geographical distribution of the spectral coherence. This analysis proceeds along the following lines: first, the spectral coherence was computed between the DJF mean WNP and SSTA everywhere so that the spatial distribution of their coherence and phase could be constructed at each grid point. Since our focus was on the 4-5 year time scale, only the maximum coherence (amplitude) within that frequency band and its corresponding phase are displayed— i.e. vector length shows coherence amplitude and vector direction indicates phase difference. Significant coherence amplitudes were observed across the Western Pacific with an overall 1.5-year phase lag in the subtropics

(100°E-160°W) and a 3-year phase lag in the Niño-3.4 region, relative to WNP. Moderate coherence in the Indian Ocean reveals a 0.5-year lead to WNP. The combination of these phase differences of spectral coherence provides statistical evidence of the SSTA propagation within the significant 4-5 year frequency.

c. Oceanic features

A 4-5-year oscillation shared by the WNP and Niño-3.4 indices echoes the known low-frequency mode (3-7 years) of the ENSO cycle partly due to the slow oceanic dynamic adjustment of equatorial heat content [Bejarano and Jin, 2008; White *et al.*, 2003]. To examine the association of this heat content adjustment with the WNP, we computed the lagged regressions for the northern winter 20°C isotherm depth (D20) and the 5-80 m averaged currents with the WNP index for six lags from 2 years before to 3 years after the WNP (Y-2 to Y+3) (note: here the WNP index was reversed in sign). The results are plotted in Figure 4a with bandpass filtered data. A steady eastward propagation of D20 anomalies was observed in the tropics moving from the western edge of the Pacific Ocean to the eastern basin. The upper-layer currents alternate between predominantly easterly to westerly flows, exhibiting basin-wide easterly (westerly) currents one year before (after) the El Niño condition. This slow alternations of D20 and currents reflect the recharge oscillator theory concerning thermocline and zonal advection feedbacks within the equatorial Pacific [Jin and An, 1999], which cause a delayed response on SSTA [White *et al.*, 2003]. Similarly, Figure 4b shows the vertical sections of potential temperature anomalies and zonal-vertical currents across 5°N regressed with WNP. From Y-2 to Y+2, warm upper-level water is observed to migrate from the northern Indian Ocean towards the eastern Pacific, and then connects with the tropical Atlantic (though wind

forcing; explained later). Also noteworthy is the appearance of subsurface warm water in the western tropical Pacific (Y-1), two years prior to El-Niño (Y+1), or one year before the WNP (Y+0). Analyzing the 1997/98 El Niño, *McPhaden* [1999b] has also observed a prolonged propagation of D20 and zonal currents (his *Fig. 2*).

To examine further, Figure 4c shows the vertical sections of potential temperature and meridional currents at 130°E, across the WNP region. There is an equatorward propagation of cold water beginning at about 20°N from Y-1 to Y+1. During Y+0, surface convergence and downwelling around 20°N indicate the WNP's association with cold air advection acting to cool the surface water. This cooling effect of downwelling is in contrast with the upwelling cooling that is most common in the tropics (as is the case from Y+0 to Y+2 around 10°N). *S-Y Wang et al.* [2012] have shown that surface winds associated with the anomalous East Asian anticyclone could feedback onto the negative SSTA in the WNP by producing cold air advection over the Kuroshio Current and further cooling the SSTs. Because the WNP domain is situated in the strong east-west SST gradients (Figure 1a), it is sensitive to temperature advection effects associated with the winter monsoon there. Likewise, a cyclonic anomaly (i.e. weaker winter monsoon) may result in warm air advection towards the East Asian coastal seas and consequently enhance positive SSTA (as in warm WNP cases).

d. Atmospheric coupling

Following the longitudinal-time diagrams of SSTA in Figure 2, we next computed the OLR anomalies to examine the response in tropical convection. The OLR propagation pattern, as shown in Figure 5a, is synchronized with the SSTA propagation but exhibits a phase shift: i.e. negative (positive) OLR trails positive (negative) SSTA until 160°W. Over the Indian Ocean,

increased (decreased) convective activity occurs 6 months after the emergence of warm (cool) SSTA. This feature reflects the previous observations [Klein *et al.*, 1999a; Meyers *et al.*, 2007; Xie *et al.*, 2002] that the Indian Ocean basin warming (cooling) could be induced by El Niño (La Niña) through atmospheric forcing via the modulation of heat flux (i.e. “tropical atmospheric bridge”), that is, eastern Pacific warming suppress convection in the Indian Ocean initially, causing the SST to warm and, subsequently, enhance convection in the Indian Ocean when El Niño starts to decay. Here, an additional feature not revealed before is the concurrence of OLR anomalies over the northern Indian Ocean and North Atlantic (0°-60°E); in fact, in some cases the OLR anomalies propagate from the Atlantic into the Indian Ocean for a duration of 3-6 months. This OLR feature suggests certain atmospheric processes that help link the Pacific SSTA to the Atlantic SSTA. Indeed, Figure 5b shows that the 200-hPa velocity potential (χ) anomalies also propagate eastward with respect to SSTA and OLR. The propagation of upper-level divergence (convergence) corresponds well with enhanced (suppressed) convection. The χ propagation also trails SSTA until it reaches 160°W, at which point the χ circulation would be largely influenced by (or coupled with) the El Niño/La Niña events.

To summarize these propagating features, we computed the one-point lagged regression for SSTA, surface winds, and sea level pressure (SLP) with the WNP index. The sign of WNP was reversed here to portray El Niño development in the following year, and the regressed variables were bandpass filtered following Figure 2. The time lags involved are 3 years prior to (Y-3) and 3 years after (Y+3) the WNP; i.e. Y+0 represents the WNP situation and Y+1 represents the El Niño conditions. Figure 6a shows the longitude-time progressions of SSTA and surface zonal wind (U_s) across 10-20°N over the western Pacific (the domain is shown in the top map); Figure 6b shows the progressions across EQ-10°N over the eastern Pacific. The

eastward propagation of both SSTA and U_s are evident between 100°E and 180° , with westerly winds leading colder SST (easterlies leading warmer SST) by about a half year while pushing warm water towards the eastern Pacific; this feature is well-known and reflects the wind-evaporation-SST feedback. Figure 6c shows the progression of surface meridional wind (V_s), which also depicts a clear, concurrent propagation with SSTA. The cooling effect of the northerly winds on the ocean surface is evident. This cooling effect echoes the finding of *S-Y Wang et al.* [2012] that stronger-than-normal East Asian winter monsoons act to cool SST in the WNP region (*ref.*, Figure 4c). Beginning in $Y+0$, the cooled water off the East Asian coast then propagates towards central equatorial Pacific and, as Figure 6b shows, later merges into a La Niña. Next, we show the regression pattern of SLP in Figures 6d and 6e, which reveals a robust propagation with low-pressure anomalies leading negative SSTA up to the central Pacific, prior to the development of an El Niño. Of note, the propagation of SLP anomalies from the northern Indian Ocean to the Eastern Pacific takes three years between $Y-2$ and $Y+1$. While SLP appears to force the SSTA from $Y-1$ to $Y+0$ (i.e. low pressure with negative SSTA), the mature phase of ENSO in the eastern Pacific at $Y+1$ reverses the SLP response (i.e. low pressure with positive SSTA), though the SLP anomaly continues to migrate eastward across the Atlantic (not shown).

e. A global feature?

To delineate the horizontal patterns with respect to the WNP-ENSO evolution, we plotted in Figure 7a the SLP and surface wind anomalies regressed with the (sign-reversed) WNP index. A global eastward propagation of SLP and associated wind anomalies is readily visible within the subtropical zone (between about 30°N and 30°S). In the higher latitudes, however, there is not a discernable propagation across the globe, as the SLP anomalies are largely constrained

within the northern ocean basins. Yet, there appears to be an apparent “half-rotation” manifested in the pressure anomalies over the North Pacific, i.e. SLP cell moving from the tropical Western Pacific (Y-1) towards central-Eastern Pacific (Y+0) and then up north to the central North Pacific (Y+1), and dissipates later (Y+2). At Y+0, the high-pressure anomalies in Siberia and East Asia indicate the enhanced winter monsoon. Figure 7b shows the same regression maps with SSTA and surface winds, depicting the propagating band of warm water from South/East Asia towards central-Eastern Pacific associated with the southern lobe of the low-pressure anomalies; this SSTA band is indicated by dashed yellow lines. The positive SSTA regenerates after about 4 years along the South/East Asia coasts.

The evolution of the SLP and SST patterns may resemble the transition from the so-called West Pacific (WP) teleconnection pattern first defined by *Walker and Bliss* [1932] and the North Pacific Oscillation (NPO) defined by *Rogers* [1981] in Y+0, to ENSO in Y+1, to the Pacific North America (PNA) pattern as defined by *Wallace and Gutzler* [1981] in Y+2. The NPO is known to significantly impact the SSTA in the central North Pacific, forcing springtime SSTA to excite a surface wind response that extends deep into the tropical Pacific, triggering the onset of ENSO [*Vimont et al.*, 2003]. On the other hand, the transition from ENSO to PNA seems counterintuitive, since ENSO and PNA are known to coexist. However, recent studies [*Dickey et al.*, 2003; *W-R Huang et al.*, 2012; *Lin et al.*, 2002] have indicated that the tropical-polar region linkage and the poleward transport of energy/momentum originated from ENSO forcing can generate PNA-like response a year after ENSO and eventually influences the artic region. Moreover, as was pointed out in *Linkin and Nigam* [2008], the WP and NPO were defined differently and, upon further examination of their patterns, it appears that the WP resembles more strongly with the Y-1 situation as shown in Figure 7a, while the NPO coincides

better with the Y+0 situation. Therefore, there might be a WP→NPO transition that is reflected in the evolution from Y-1 to Y+0. Nevertheless, both WP and NPO produce a “triband anomaly structure” in SSTA that creates surface heat flux anomalies linked with SLP variability in the centered North Pacific [Cayan, 1992]; this triband SSTA resemble the Y+0 situation and the PMM paradigm in which the relaxed trade winds can lead to equatorial warming in SST to trigger the onset of El Niño [Chang *et al.*, 2007].

The propagation patterns depicted so far were largely based on regression analyses with the WNP index. To validate the propagation features, we adopted an unfiltered, composite approach by defining four phases of the 4-5-year ENSO cycle based upon the Niño-3.4 index. Both the raw and filtered time series of Niño-3.4 are shown in Figure 8a. The four phases comprise the uptrend (Phase 1; midpoint between warm and cold), extreme warm (Phase 2), downtrend (Phase 3; midpoint between cold and warm) and extreme cold (Phase 4) phases of the 4-5 year ENSO cycle (the years corresponding to each phase are indicated in Figure 8a). A composite was then constructed using the non-filtered 850-hPa velocity potential anomalies (χ) during DJF based on these four phases. The result is shown in Figure 8b and repeated with phases 1-2 to demonstrate a complete cycle. A striking eastward propagation of the χ circulation stands out as it crosses the globe; this feature corresponds the tropical SLP propagation depicted in Figure 7. The overall χ circulation consists of a combined zonal wave-1-2 structure with a predominant wave-1 loading, and is tropically confined. In Phase 3, the convergence overlaps with positive SSTA along the coasts of South and East Asia, off the equator, while the divergence over the midlatitude Pacific coincides with divergent winds south of the Gulf of Alaska [similar to that shown in Figure 7 (Y+2)]. The χ propagation is more systematic and extensive than the SSTA, of which the propagation is more limited within 100°E-160°W (cf.

Figure 6). These patterns were mirrored in the 200-hPa χ composites (not shown) suggesting an upper-tropospheric response to the SSTA (and OLR) propagation. One other feature also stands out: The convergence/divergence center tends to strengthen while moving across the Indian Ocean and weaken when moving into the Atlantic Ocean, but it subsequently extends over to the northern Indian Ocean, resetting the propagation cycle.

In addition to observed data, we show in Figure 9 an analysis of the 150-year long Community Climate System Model (CCSM4) simulations of SSTA derived from one member of the historical single-forcing (natural-only) experiments of the CMIP5 [Taylor *et al.*, 2011]. Following the SSTA x-t diagram as shown in Figure 2, each column represents 50 years of monthly data. The eastward propagation of simulated SSTA is readily visible west of the Dateline, though in the simulation, the propagating SSTA do not always connect with an ENSO event. Also noteworthy is the predominant frequency of 4-6 years revealed from these alternating SSTA patterns. This result is encouraging because (1) it demonstrates that the reported SSTA propagation does exist in a fully coupled environment, and (2) further examination of the physical mechanism is possible given the realistic model simulation. Future work will include sensitivity test of SST in various ocean basins and the role of air-sea coupling.

4. Summary and Discussions

What is the fundamental mechanism that causes the observed long-term propagation of the oceanic and tropospheric circulations embedded in the 4-5 year ENSO cycle? Based upon the empirical analyses presented, we summarize below some plausible explanations for the IndO → WNP → PMM (ENSO) route of the SSTA propagation as noted in Figure 1:

(1) IndO → WNP

Previous studies [Barnett, 1983; Hendon, 2003] have suggested that the seasonal phase-locking mechanism of wind anomalies and SSTA over the eastern Indian Ocean and Indonesia is linked with the phase-locking of equatorial Pacific wind anomalies [Clarke *et al.*, 1998], and this could produce a propagating appearance of the SSTA [Meehl, 1987]. After El Niño matures, an Indian Ocean warming would likely develop and persist into the next summer [Klein *et al.*, 1999b; Xie *et al.*, 2009] while warming near the Philippines and the associated anticyclonic circulation can last until that summer [B Wang *et al.*, 2000]; these processes have been illustrated in Huang *et al.* [2010] and Chowdary *et al.* [2011]. Moreover, Tourre and White [1997] also found signals of eastward propagating zonal wind stresses and SSTA across the Indian Ocean within the 4-5 year frequency; from there, the signals continue to migrate into the Western Pacific and then merge with ENSO signals along the maritime western boundaries. Although such propagation might be explained by the displacement of the Walker circulation associated with the ENSO evolution [Neelin *et al.*, 1998], the propagating signals in the atmosphere are not confined to the equator and do not resemble any known equatorial waves of the ocean. Furthermore, as one reviewer pointed out, atmospheric Kelvin wave-induced Ekman divergence mechanism [Chowdary *et al.*, 2011; Xie *et al.*, 2010] can link the WNP anticyclone (subtropical gyre) and Indian Ocean SST warming – i.e. during summer following the peak phase of El Niño, surface wind anomalies over the southwestern flank of the WNP anticyclone oppose the mean winds and cause warming in the WNP region.

(2) WNP → PMM (ENSO)

Attribution for the slow (2-3 year) propagation of SSTA across the subtropical North Pacific is difficult with only the use of observational data. One pathway that might establish the

SSTA's and surface wind's coupling with the 4-5 year ENSO cycle is the speculated WP → NPO evolution. The WP influences the Asian coastal waters and is known to affect the winter monsoon, and the resultant SSTA can be reinforced by the strengthened East Asian winter monsoon during the WNP a year later. Though the WNP is related to the larger-scale NPO (i.e. as part of the NPO's western feature), its influence on ENSO takes place through initiating and sustaining the anomalies of oceanic Kelvin waves in the tropics [S-Y Wang *et al.*, 2012]; this is different from the seasonal footprinting mechanism acting on the subtropical Eastern Pacific. Because the NPO features a predominant 4-5 year frequency [L Wang *et al.*, 2007], coincident with the leading frequency of WNP and its spectral coherence with Niño-3.4, it is possible that the broad North Pacific pressure variability evolves around the WP→NPO→ENSO→PNA sequence and this regulates the lower (interannual) frequency of the ENSO cycle. Theoretical and modeling studies also suggested that the 4-5-year frequency of ENSO is generated through atmospheric processes and air-sea interactions [Clarke, 2008]. Bottom line, currently there is not a widely accepted theory for the eastward propagation of SSTA from the WNP leading up to ENSO initiation, and none for the pan-global eastward propagation at the 4-5-year frequency. Further investigation is needed.

(3) *Role of the Indian Ocean Basin*

The interannual equatorial zonal wind stress across both the Indian Ocean and the equatorial Pacific are known to be important to sustaining the ENSO cycle. For instance, Yu *et al.* [2002] have emphasized the impact of the Indian Ocean SSTA and wind processes on sustaining the ENSO cycle. These observations and the predominant 4-5 year frequency are suggestive of a hemispheric-scale atmospheric variability (at least over the Indian and Pacific Oceans) that acts to “regulate” the ENSO cycle. Whether or not the observed eastward

371 migration revealed from the ocean heat content adjustment is triggered by such atmospheric
372 forcing, or is it that the slow-changing ocean heat content modulates the atmospheric
373 variability (like the NPO), remains. There is also a possibility that the ocean heat content
374 migration as shown in Figure 4 could feedback and produce the seemingly propagation of
375 SSTA and atmospheric winds.

376 To fully understand the physical processes and uncover the mechanisms of the reported
377 global-scale propagation will require comprehensive modeling experiments. Doing so is beyond
378 the scope of this study, yet our preliminary testing using the CMIP5-class models (as
379 exemplified in Figure 9) did suggest that some models are capable of simulating the 4-5-year
380 frequency of ENSO and associated propagation patterns in both SSTA and SLP. Further
381 sensitivity experiments using those models will be the next task. Presently, the results from this
382 study do imply that proper monitoring of the eastward migration of SSTA and the WNP pattern
383 could help establish long-lead prediction of ENSO.

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Figure Captions

Figure 1. (a) Domains of ENSO precursors outlined for the Indian Ocean mode (IndO), the Western North Pacific mode (WNP; sign reversed), the Pacific Meridional Mode (PMM) and the Niño-3.4 region. The dark strip that runs across these three domains indicate the section from which the longitude-time evolution in Figure 2 was constructed. (b) Cross-correlations of the DJF Niño-3.4 index with the 3-month mean IndO (blue), WNP (purple; sign reversed), and PMM (red) over the preceding two years. Shaded area indicates the 99% confidence interval.

Figure 2. Longitude-time section of bandpassed SSTA since 1854 across the 10°-latitudinal belt indicated in Figure 1a. The SSTA were detrended and filtered by a 3-6 year HW bandpass. Black lines between 120°E-180° were subjectively added to illustrate the eastward propagation of SSTA; dashed lines represent weak cases and thick solid lines represent strong ones.

Figure 3. (a) MTM spectral coherence analysis between the DJF-mean WNP and Niño-3.4 indices (1958-2012) showing the coherence amplitude (orange line) and phase difference (blue broken line). Shaded area indicates the 99% confidence interval. The significant frequency of 4-5 years is highlighted. (b) Maximum coherence amplitudes (vector length) and corresponding phases (vector direction) between WNP and SSTA within the 4-5 year frequency band. Coherence amplitudes above the 90% confidence interval are shown in dark red (thin); 95% in red; 99% in golden. The phase direction is explained at the top right corner.

Figure 4. For the DJF season, (a) lagged regressions of bandpassed 20°C isotherm depth (D20) and averaged currents at the 5-80 m depth (vectors) with the sign-reversed, standardized WNP index for six lags, from Y-2 to Y+3, with Y+1 representing the El Nino conditions. (b) and (c) Similar with (a) except for the vertical sections of potential temperature and ocean currents across 5°N and 130°E, respectively. The WNP index was standardized between -1 and 1 and so, the regression coefficients of each variable retain their native unit. The analysis period is 1981-2013; significance levels are not shown to simplify the illustration.

Figure 5. Same as Figure 2 after 1974 (which was repeated in the left column for ease of comparison) except for (a) OLR and (b) 200-hPa velocity potential (χ) anomalies across the 10°-latitudinal band as outlined in Figure 1a. All variables were detrended and filtered with 3-6 years. Black lines between 120°E-180° were subjectively added in accordance with the SSTA propagation, and were repeated onto OLR and χ at the same position as reference. White dashed lines indicate major Indian Ocean warming events.

Figure 6. Longitude-time sections of regressed SSTA (shading) and surface zonal winds (Us; contours) with the sign-reversed, standardized WNP index across (a) 15°N over the Indian Ocean-western Pacific and (b) 5°N over the eastern Pacific. (c) Same as (a) but for meridional surface winds (Vs; contours). (d) and (e) Same as (a)-(b) but overlaid with SLP (contours). The situation at Y+1 reflects El Niño; Y+0 reflects negative WNP. All the variables were detrended and filtered by a 3-6 year HW bandpass and averaged within the 15° latitudinal band, which is highlighted in the map atop each panel. The analysis period is 1958-2013.

Figure 7. Horizontal maps of surface winds (vectors) overlaid with (a) SLP and (b) SSTA (shadings) regressed with the sign-reversed, standardized WNP index for six lags from Y-2 to Y+3. The situation at Y+1 reflects El Niño; Y+0 reflects negative WNP. Significance tests are not shown, but in general |SLP| greater than 0.6 and wind speed larger than 1.0 are significant at the 95% confidence level. The analysis period is 1948-2013.

Figure 8. (a) Monthly unfiltered (gray dashed line) and 3-6-year bandpass-filtered (black thick line) Niño-3.4 index overlaid with individual phases of the ENSO cycle (color dots). Note: the scale for the filtered index is half of that of the raw index. (b) Composite anomalies of the 850-hPa velocity potential during DJF superimposed with the divergent wind vectors (unfiltered, with the zonal mean removed). The contour interval is $1.5 \times 10^5 \text{ m}^2 \text{ s}^{-1}$. Areas above zero are shaded in gray; colored values are significant at the 95% confidence interval per *t*-test.

Figure 9. x-t diagrams of SSTA from the CCSM4 natural-forcing simulations (one member) following Figure 2, with each column showing 50 years of data. The range of model years is indicated in y-axis and the global range is indicated in x-axis. Unit is °C. (Note the propagation between 60°E-180 in each column.)

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Supplemental Figure. Same as Figure 2 (left and center) and Figure 5 (right) but for the unfiltered, detrended monthly SSTA derived from ERSST (left) and HadSST (center), and the unfiltered, detrended monthly OLR (right). Note the eastward propagation signal revealed between 100°E-160°W in all panels as indicated by the black lines.