

Utah State University

DigitalCommons@USU

The Utah Statesman

Students

10-15-2019

The Utah Statesman, October 15, 2019

Utah State University

Follow this and additional works at: <https://digitalcommons.usu.edu/newspapers>

Recommended Citation

Utah State University, "The Utah Statesman, October 15, 2019" (2019). *The Utah Statesman*. 745.
<https://digitalcommons.usu.edu/newspapers/745>

This Book is brought to you for free and open access by the Students at DigitalCommons@USU. It has been accepted for inclusion in The Utah Statesman by an authorized administrator of DigitalCommons@USU. For more information, please contact digitalcommons@usu.edu.



SPORTS | Double down

USU women's soccer doubles win total from last season.

see PAGE 8

STUDENT LIFE | Not mad online

Online self-help guide intends to help Utah State students manage their mental health.

see PAGE 4

NEWS | Same old AWHC?

Not this year. Cache Valley's premier agritourism destination changes up their attractions.

see PAGE 2

PAST THE POINT OF MADNESS

Utah State men's and women's basketball puts on a show for fans at Aggie Madness



Sophomore forward Justin Bean attempts a dunk during a dunk contest at Aggie Madness on Thursday at the Wayne Estes Center.

PHOTO ILLUSTRATION BY **Iain Laurence**

By **Jason Walker**

SPORTS SENIOR WRITER

From the moment Utah State walked off the court in Columbus, OH, dejected following a 78-61 loss to Washington in the first round of the NCAA Tournament, everyone looked forward to the 2019-20 season with great anticipation.

On Thursday, the players and fans all got their first taste of Aggie basketball in months — albeit with a watered-down look — with the annual Aggie Madness event in the Estes Center.

Both the men's team and women's team participated in a short intra-team scrimmage along with a few contests, headlined by the 3-point shootout which included players from both men's and women's teams, and the dunk contest. Lindsey Jensen-Baker won the battle of the sexes by defeating Brock Miller in the finale of the 3-point contest while freshman Sean Bairstow staved off incoming JC transfer Kuba Karwowski for the title of Aggie dunk champion.

The excitement over the season became apparent before the event tipped off at 8:30 in the evening. The bleachers in the Estes Center were filled to the bursting point with fans still filing in to watch the men and women play ball.

"I thought the promotion and marketing did a great job," women's head coach Jerry Finkbeiner said. "It was like popcorn. It really went well, it went smooth. Great college-age fan base here tonight."

"To see it packed like it was tonight, standing room only on the sides. It means a lot to everybody in our program," men's

see "Madness" PAGE 9

Upgraded crosswalk has mixed reviews

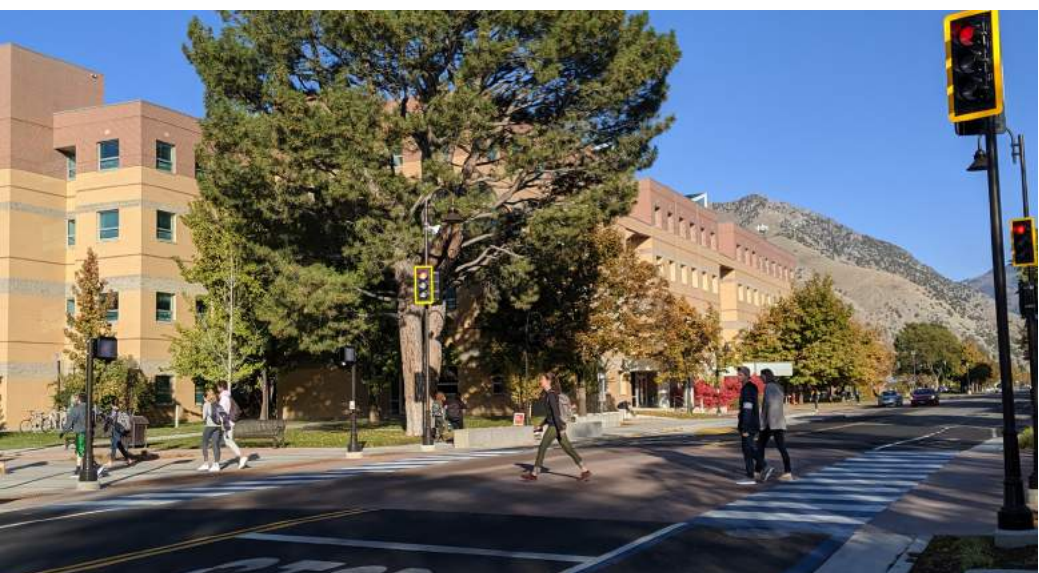


PHOTO BY **Tim Olsen**

Construction of new crosswalks and jaywalk-deterrents was completed over the summer to improve on-campus safety and traffic, but the improvements haven't been viewed as such by everyone.

By **Taylor Cripe**

NEWS STAFF WRITER

Utah State University's upgraded intersection on Aggie Boulevard has students and administrators divided on whether the crosswalk has been effective.

Campus facilities and the USU Police Department said jaywalking, timeliness and safety have been improved by the upgrade, but several students claim the opposite.

"We are very happy with the additions to the crosswalk, and it seems to be working well," USU Police Department Captain Kent Harris said.

In previous years, the crosswalk, which runs on one side from the USU Credit Union to the Health, Physical Education and Recreation (HPER) building, was just a walkway for

students to cross 700 North from one side of campus to the other. Now, this area is a fully functioning intersection equipped with traffic lights and prompters that tell pedestrians when to cross the street.

"I do think it serves a purpose, but it's frustrating that they took out another crosswalk by the parking structure for the upgrade," said USU senior Kaylyn Patenaude. "Plus, it doesn't really help with jaywalking."

Sam Walker, a USU junior, agreed with Patenaude. "It doesn't seem like people really pay attention to the crosswalk," Walker said. As Walker is speaking, several students walk across the intersection, despite the Accessible Pedestrian Signal blaring a "no crossing" warning to pedestrians.

Harris does not share the students' opinions.

"Before the upgrade, we would actually get more jaywalking complaints," Harris said. "In fact, we think that taking out the other crosswalk by the parking structure has forced students to use the intersection and be mindful of their surroundings."

However, Walker, Patenaude and Jenni (another junior at USU) all agree that the removal of the crosswalk that went from the HPER has been inconvenient.

"It's more time consuming to have to walk all the way up to the USU Credit Union and wait for the light," Jenni said. "It gets too busy, but I guess in theory it's OK."

Harris said although there have been no complaints,

see "Crosswalks" PAGE 3

It takes a village

Tiffany Lanning on living a normal life with Borderline Personality Disorder



PHOTO COURTESY OF **Tiffany Lanning**

Tiffany Lanning has become an advocate of mental health through her experiences and college studies, also choosing to minor in mental health awareness and advocacy.

By **Kortni Wells**

STUDENT LIFE STAFF WRITER

Tiffany Lanning's day-to-day schedule looks like that of an average college student at first glance.

Her 40-hour work week is split between her sewing business, working as a certified nursing assistant at a memory care facility and instructing swing dancing at the Cache Valley Fun Park. Her 14-credit school hours are spent studying health education and promotion with an emphasis in health science.

But on the inside, Lanning faces additional challenges in the form of borderline personality disorder, or BPD.

Lanning is one of four million people who suffers from BPD, which equals out to about 1.6% of the population.

According to a healthline.com article, people with BPD "have a fear of abandonment, struggle to maintain healthy relationships, have very intense emotions, act impulsively, and may even experience paranoia and dissociation."

BPD has taken over Lanning's idea of what a normal life looks like, or what she thought

it looked like. It also affects the way people feel and think about themselves and others.

The voice in Lanning's head whispers negative thoughts. Suicidal ideation and the desire to self-harm come and go.

Lanning tried to find solace and healing through her parents, who thought she was only "sick for the attention," which left Lanning in a search of a new support system.

"My family doesn't really like it, but in that situation, your family doesn't have to be your biggest support system," Lanning said.

The question she asks herself daily is not only if she will survive another day, but how.

"I have to stay alive for David," she whispers into the mirror. "I promised I would stay alive for David."

When David Lanning, Tiffany Lanning's younger brother and only sibling, left on his mission for The Church of Jesus Christ of Latter-day Saints over a year ago, he made Tiffany promise him one thing: that he would see her again when he returned home.

He has become her reason to keep living.



Visit **usustatesman.com** to read more of this story

STILL UPSET

AWHC adds multiple features amidst agritourism growth

Artist’s Block Cafe closes its doors

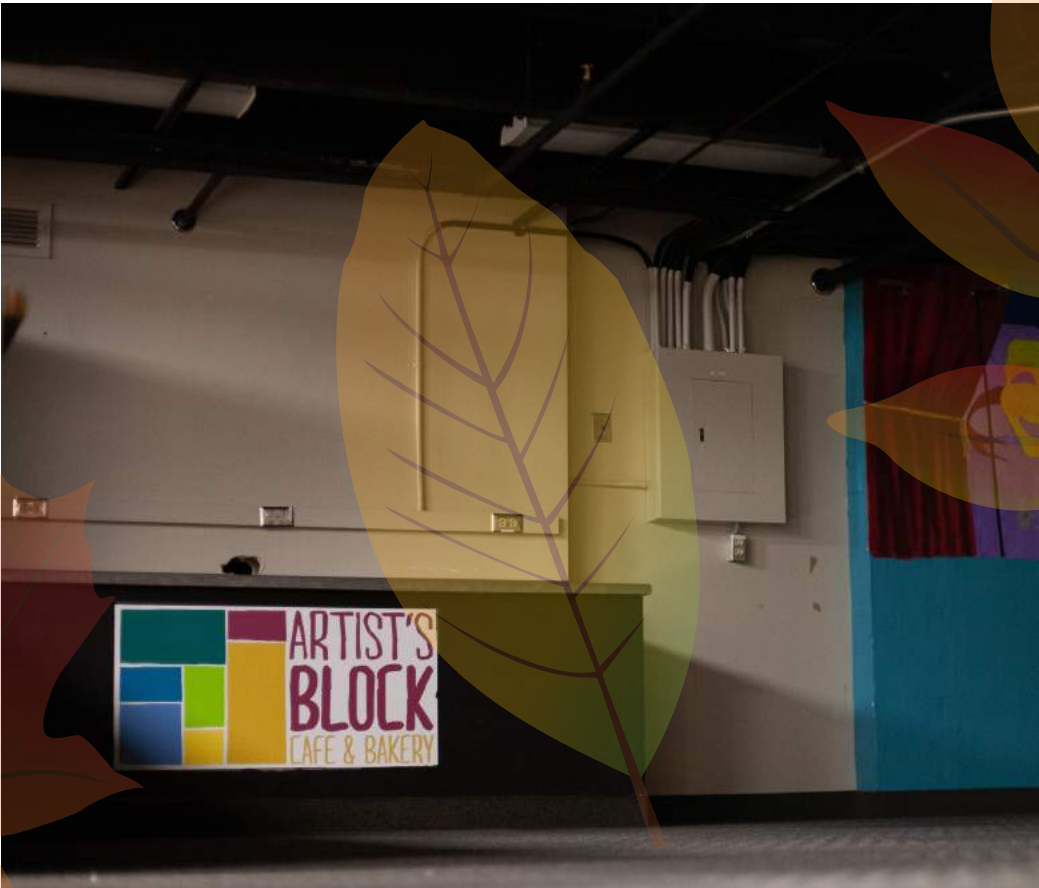


PHOTO BY Hailey Larson
The Artist's Block Cafe in the Chase Fine Arts Center has closed its doors forever.

By Karcin Harris
NEWS STAFF WRITER

Utah State University’s Dining Services and Caine College of the Arts are planning on some new food opportunities and changes after Artist’s Block Cafe closed during the summer.

Alan Andersen, the Dining Services executive director, said despite trying everything from being open for events and staying open later, Artist’s Block Cafe just wasn’t making enough money.

“When it came down to Artist’s Block, that was a decision between the Business and Finance department and the former dean of the Caine College of the Arts,” Andersen said. “We were losing money pretty seriously in that location and they decided there was better use of that space than a cafe. We were told to shut ‘er down.”

Andersen said there are plans for more food opportunities in the Fine Arts Cluster.

“We’re looking at opportunities to expand Noni’s a little bit,” he said. “We’ll put a cold case in Noni’s. We’re also looking at opportunities in that location to bring our food trailer there three days a week for lunchtime.

Andersen said an honor system cold case could be put in the hallway with sushi, sandwiches and a camera to monitor payments.

USU’s director of production services Lynn Thomas said the university might use the space where Artist’s Block Cafe was for an academic advising center.

“That seems like something that would enhance each CCA student’s educational outcome so we are in the process of establishing what the cost for it might be,” Thomas said. “However, there is not yet a definitive decision on how

we will use that space.”

Andersen was excited about the potential advising center, saying “It’ll still serve the students in a different way than food. It’s positive in the end.”

Many students were upset about the cafe being closed. Oakley Gurr, an art major at USU, said the art students felt like their “art home got a major part taken out.”

“I am still upset about it,” Gurr said. “The only other place close is the museum which is more expensive, besides the soup and bread, and closes at 3 p.m. The Artist Block was a great place to get out of the studio for a few minutes.”

Gurr said the closing of the cafe has affected her daily life.

“I don’t have time to walk 10 minutes to the library or quad,” Gurr said. “I don’t want to speed walk across campus to have time to eat a little something, so I’ve had to meal prep and buy a large lunch box to keep myself going.”

Emma Jean, a theatre education major, said the cafe was homey, comfortable and her “favorite place in the whole world to hang out.”

“It was really disappointing to see it go,” Jean said. “I think for a college that requires its students to stay and practice so much, it’s kind of ridiculous that there isn’t a place for us to eat or just sit and do homework. It was so nice to have a place with a variety of options. The only other place nearby has only a few items.”

Neither of the CCA students were happy about the plans to turn the space into offices.

— karcinrose@gmail.com

By Riata Cummings
NEWS STAFF WRITER

As agricultural tourism is gaining popularity, the American West Heritage Center is bringing new activities to its fall festivities.

New food vendors, life-sized board games and a straw fort are among the features the American West Heritage Center, in Wellsville, is offering this year.

According to Technavio, a research company focused on emerging market trends, the global agritourism market will grow by almost \$54.63 billion from 2019 to 2023.

“Agritourism is a growing agricultural enterprise that plays a significant role in Utah’s economy,” said Kerry Rood, a USU Extension veterinarian spearheading research into Utah’s agritourism.

According to the employees of the AWHC, the growing popularity of agritourism is due to people becoming more interested in rural life and food production.

“People are coming from all over because they want to see where things come from,” said Wendy King, a manager for AWHC. “It connects us to our past, to who we are.”

“They are looking for educational and fun things to do,” said Chris Shults, the large group

coordinator at AWHC. “Whether it’s people brand new to farms or people refreshing their memory, they come and love it.”

Taking advantage of the trend, AWHC expanded on its entertainment. Employees built an extra-large game of battleship, a game of Connect 4 as tall as a man, an expansive 9 Square set and a pirate ship made of straw.

The new activities can be enjoyed along with the corn maze, which opened on Sept. 24, and will remain open until Oct 30. The farm is open Monday to Thursday from 4 to 10 p.m., Friday from 3 to 11 p.m. and Saturday from 10 a.m. to 11 p.m.

AWHC will be hosting a Fall Harvest Festival on Oct. 18 and 19, from 10 a.m. to 5 p.m. Activities will include pony and train rides, cider pressing, candle making, corn shelling, the corn maze, hay activities and a haunted hollow. Pricing information can be found on the AWHC website, <https://www.awhc.org>.

“We have been in the agritourism business since 1976,” said Analise Christensen, an event planner at AWHC. “We plan to keep doing it just as long into the future, if not longer. People come to learn and be entertained, and we do a great job.”

— riatajean@gmail.com



FILE PHOTO
The American West Heritage Center is expanding its fall festivities to better accomodate a growth in the agritourism market.

KNOWPEACE

SEXUAL ASSAULT is never your fault, yet the fear, pain and hurt is real. Whether it happened last week or as a child, it is possible to heal from the trauma. CAPSA offers FREE and confidential clinical therapy to assist as you heal and find your peace.

(435)753-2500
capsa.org

CLINICAL THERAPY

capsa
ABUSE ENDS HERE.

USU volunteers aim to solve food-waste crisis

Students who distribute food leftovers do so four times a week



PHOTO BY Matt Halton

The Campus Kitchen officially opened last year and works with USU Dining Services and Catering to reduce food waste on campus. The club takes the food to their kitchen, located in the The Hub, and creates balanced meals for students to pick up at Student Nutrition Access Center.

By Naomi Ward
NEWS STAFF WRITER

Kara Bachman mounts her bicycle when the sun is still low in the sky and the air is crisp and cool. Hooked up to the back of the bike is a large rolling cart. Her transportation setup isn't always ideal – in the winter, she'll have to bundle up and ride through the snow and slush. But to her, the work isn't just worth it. It's necessary.

Bachman is the food waste intern at Utah State University. She oversees several projects – the gleaning team that picks and distributes leftover produce around the valley, the Farmer's Market that operates on campus on Wednesday afternoons, and the Food Recovery Network that picks up leftover food to bring it back to the school's food pantry. That's what the bike is for.

Volunteers take the cart out four times a week, every week of the year.

"We ride despite the weather," she said. "Rain, snow, blizzard."

During a stop at the Junction cafeteria, she stacks plastic bins filled with bread, bagels, desserts and packaged sandwiches and salads before fastening them to the cart with bungee cords. Once the food is secure, she heads across campus back to the student center where the Student Nutrition and Access Center is located. Most of the recovered food ends up there.

But following food on campus and where it travels, from where it's first grown or cooked until it's finally eaten, isn't as simple as point A to point B. More realistically, there are many more points in between, and several different programs work together to recover leftover food from several different sources until most of it eventually finds its way to a food pantry. Mapped out, food recovery at USU almost looks like a choose-your-own-adventure story.

But one thing is simple: Little by little, small bits of food waste add up to create a mountain of a problem. And little by little, so does the work of volunteers trying to solve that problem.

The solution is made up of the culmination of hundreds of tiny, moving parts.

That's something SNAC director Erin Baldwin wants people to know: "It's crazy to see how

much work people put into this. It's not just one person. It's a ton of volunteers."

To follow the journey of food from beginning to end, start at production. The natural place to start at USU is Dining Services.

It takes a lot of food to feed a campus of over 16,000 students, and a lot of food leads to a lot of leftovers. Noni's Cafe supervisor Zoe Hall has worked for dining for a little over two years. She said she watches how much food she orders so they're not overstocked on Fridays — food recovery volunteers don't pick up food from the cafés on Friday because it's less likely to stay good through Tuesday, when the pantry opens again.

But before she was a supervisor, she said she didn't realize how much food waste could depend on who's in charge.

"At the last café I worked at, we tossed everything in the pastry case at the end of the day," she said. "Sometimes I would put them in a garbage bag and leave it in the common area of my dorm so people could take them."

Dining Services director Alan Andersen said Hall's old supervisor was not doing their job correctly, because working with food recovery to send leftovers to SNAC is written into dining policies and procedures. Food going to the garbage isn't only a waste of food, but a waste of money.

"We look at pre-consumer and post-consumer waste," Andersen said. "When we're preparing produce, like cutting up the cantaloupes, we save the trimmed parts and those are picked up to be composted. And a lot of our meat scraps end up going to the zoo to feed the animals there."

Most of the things not sold in a day are picked up via bicycle by volunteers like Bachman.

Dining also works with various environmental classes to do waste audits, weighing the garbage and calculating how many ounces are thrown away per person. Classes typically follow the initial audit with a campaign to increase awareness of food waste.

While dining is the main source of food on campus, not everything in SNAC comes from it. Some produce is donated from the student organic farm, a project started by students and faculty in 2008 for agriculture students to gain hands-on

experience in organic farming. Their produce is also sold at the student farmer's market Bachman oversees.

And this year, Bachman started a new program called the gleaning team. Each weekend, team members go out to trees or gardens that community members can register online and pick leftover produce. Some of it goes back to the owner, some of it goes to the Cache Valley Food Bank, and some of it goes to SNAC.

The gleaning team has picked more than 10,000 pounds of produce since August.

"I'm amazed by the community response," Bachman said. "I hope we can continue to do it every year."

That's one of the hardest parts about service programs run completely by volunteers – if public enthusiasm dies down, so could the whole operation. Service Center vice president Emma Brain said one of the big struggles in service programs is recruiting and retaining volunteers.

"We rely a lot on testimony and word of mouth, and making sure people's first experience is a positive one," she said. "If you want to make service appeal to people, you need to build that sense of community that I think everybody wants. That's really the purpose of service."

Brain recently proposed a budgetary change to the Utah State University Student Association, which agreed to grant SNAC \$1000 per semester.

Most food donations are meats, grains and other foods that are easy to store and prepare in large quantities. But the point of SNAC isn't solely to keep students fed, but to help them be healthy, and a balanced diet requires fruits and vegetables, which aren't easily acquired once the harvest season is over.

"With that \$1000 boost, we can outsource a little more," Brain said. "Now we can look into partnering with businesses like Lee's to get bulk products at flat rates and have produce through the winter."

After all the food has been picked or loaded up onto the cart, some of it goes directly to SNAC and some goes to Campus Kitchen.

Campus Kitchen is a national program, though it was only brought to USU last year. Volunteers

repurpose leftover food from dining and catering and make them into new meals to give away at SNAC. They share a kitchen with dining services in the Hub, using it later in the day when the rush is over.

"Catering always has leftovers because it's embarrassing to run out of food at an event," Croxall said. "They freeze them and our volunteers pick it up so we can cook and repackage them into new meals. For example, if we get meat and rice, we can cook it with some vegetables and make a stir fry."

Brhianna Malcolm, the engagement coordinator in the Sustainability Office, offered a slightly different approach to catering.

She said when the sustainability office holds an event with refreshments, it aims to run out of food so there are no leftovers at the end. After all, environmental impact is minimized when less food is produced in the first place.

"There needs to be a cultural shift," she said. "It doesn't need to be this embarrassing, horrible thing when food runs out at an event."

"Nationally, 40 percent of produce ends up in a landfill when it could be used to feed people or compost. That shocking amount of food that goes in the trash bothers me. It's alarming."

Malcolm shows that, on the one hand, producing less food to avoid excess from the get-go would be most sustainable. But, on the other hand, the excess food being gathered is being used to solve a problem other than food waste – food insecurity.

"I know that we're fulfilling a community need. I know students are hungry," Croxall said. "That's why I do it, because I need to."

Mirelle DeSpain, a volunteer at SNAC, said when the pantry opens its doors, the line to get in backs up all the way down the hallway of the student center. She's not exaggerating. The pantry is open for two hours a day Tuesday through Friday and is currently getting around 80 people coming through each day.

The directors don't know exactly why, but the amount of people coming to SNAC is about double what it was last year. Baldwin pulled up the numbers: In September of 2018, SNAC got 613 visits from 328 people. In September of this year, they got 1,274 visits from 673 people.

"It's been a huge increase and we don't know the exact cause for it," Baldwin said. "It's possible that more people know about it, and maybe it's being advertised as just free food. But we need to remember that SNAC is free food for people in need."


Still, the numbers coming in are high enough that almost all the food going in is being taken and used. Baldwin said she just received an email reporting that this September, almost no bread or produce that went into SNAC was wasted. The pantry is currently trying to utilize space for more food storage.

"I want to have an impact," Baldwin said. "I want to help the people around me."

Bachman is driven by the same motivation to help people, even when the impact she's making doesn't feel so big.

"The food might feed someone for just a day," she said. "It's helpful, but it's kind of like a Band-Aid."

Still, she gets up in the morning and ventures out into the cold on her bike. It makes all the difference.

 @naomiyokoward
— naomiyokoward@aggiemail.usu.edu

"Crosswalks" FROM PAGE 1

police also haven't implemented extra presence to monitor the situation. However, Harris is still satisfied with the system.

"I went out there personally one day to watch the interval between times," Harris said. "Cars were definitely yielding to pedestrians."

Harris said the one drawback is that there have been complaints about people stopping their vehicles in red zones and getting in the way of cyclists.

There has been no new data concerning the crosswalk, according to Harris. Without accidents or complaints, there is not much data for the USU Police Department to use.

Senior Sierra Brinkerhoff said the intersection

has helped her as a driver. "Before the intersection, I used to drive down 700 North and forget that there was even a walkway for humans to cross the street," Brinkerhoff said. "Also, I used to see kids walk right out in front of the buses. Now it seems like they obey the traffic lights."

Even though students like Walker asserted the upgraded crosswalk "slowed things down a bit," Jim Huppi, a landscape architect for USU's Facilities Planning, Design and Construction said the new system has actually increased timeliness for both people and busses.

"This really has helped students get to class quicker," Huppi said. "Before the crosswalk was upgraded, busses with students would get backed up."

Huppi also said the previous walkway put the

Cache Valley Transit District and Aggie Shuttle busses behind schedule for at least 10 minutes, as students would continue to cross without having to yield to cars.

"Overall, this has increased safety and efficiency," Huppi said.

Huppi said the new upgrades are phase one in the USU Transportation Master Plan. Phase two in the master plan will begin in the next few years, with possible roundabouts being added, according to Huppi.

"You will see the streets changed to some extent," Huppi said. "There are great needs for roundabouts at certain places."

taylorcripe@gmail.com
@cripe_taylor



PHOTO BY Tim Olsen

The new improvements to Aggie Boulevard are intended to limit the number of jaywalkers and protect both pedestrians and automobiles.

Research group releases online mental health program



GRAPHIC BY Savy Knapp

By William Bultez
STUDENT LIFE STAFF WRITER

A new online self-help guide is intended to provide Utah State University students with another option for mental health care.

The program, called the ACT Guide, was released in September and is based upon a form of treatment called acceptance and commitment therapy, or ACT.

The guide was developed by the Utah State University ACT Research Group.

To Michael Levin, the co-director of the research group, ACT means “learning how to open up to difficult thoughts and feelings in a self-compassionate way and how to identify what really matters to you.”

Levin is also a professor of psychology at USU and the main developer for the ACT Guide, which was a culmination of more than a decade of his research on ACT.

“It teaches a set of core psychological skills we find helpful for improving quality of life and addressing a wide range of different mental health issues,” Levin said.

The ACT Guide is available online from the Sorensen Center for Clinical Excellence and the USU ACT Research Group at <https://scce.usu.edu/services/act-guide/>.

Currently, there is a \$10 access fee that pays for licensing fees and having a graduate student to maintain the program so the guide can continue to be available online.

Once registered, users have unlimited access to the guide for 6 months, including 12 sessions that walk the user through key ACT skills.

The guide uses a combination of interactive multi-select options and open-ended questions to tailor the experience to the individual. This allows the user to focus on issues that matter to them and set personalized goals.

“The great thing about ACT is that it kind of has something for everyone in it,” said Carter Davis, a graduate student who worked on developing the ACT Guide with Levin.

One of his roles was taking all the content they had from the years of research and making it easy to use in the guide.

“Wherever you’re coming from,” Davis said, “it can feel like it’s helpful to you and your situation.”

“I think the ACT Guide is one of the more complete and full and tested online interventions that I’ve seen,” Michael P.

Twohig, USU psychology professor, said.

Twohig is also Levin’s fellow co-director of the ACT Research Group and collaborator on the ACT Guide. Twohig and Levin began their work together seven years ago when Levin first came to USU and began the ACT Research Group in 2017.

“We need to find ways to provide these services to the massive number of people who need it,” Twohig said. “And the idea of doing a one-on-one is not going to work. And it’s shown here on campus just how complicated it is to keep up with every person if you’re going to see them one-on-one.”

“There’s a lot of students looking for support,” Levin said. “Our counseling centers do a fantastic job, but for a variety of reasons there are students who are in need of additional support that I think online can offer.”

However, Levin does not think online therapy is better than face-to-face therapy or should replace it altogether.

“I feel really strongly that if people are able to and willing to, I think that going to meet with a mental health professional and receiving therapy is still the best option,” Levin said. “And I always encourage people to do that, particularly if they’re in noticeable distress.”

According to the ACT Research Group, the online aspect of the new guide is not only about providing more options to students. There are several other advantages to online therapy, including reaching out to students who are too busy to schedule an appointment with a therapist or who are uncomfortable with face-to-face meetings.

“Unfortunately, there’s still a stigma associated with mental health and getting mental health services,” said Gretchen Peacock, the executive director of the Sorenson Legacy Foundation Center for Clinical Excellence, or SCCE. “So the ACT Guide may be a way around that, too.”

Levin said Peacock was instrumental in supporting the ACT Guide and getting it out to the public.

“Both Mike Levin and Mike Twohig are very productive researchers who are really well known within their field and particularly in the ACT field,” Peacock said. “People like that — that have good ideas that are based in research and have ideas about how to transport those into the real-world environment — that’s who we want to support.”

The ACT Research Group collaborated with Peacock in the SCCE and — with monetary support from the dean’s office

and the College of Education — prepared the guide for public release.

“That’s what I’m really excited for,” Levin said about the release. “I’ve been studying this for so long, finding it’s helpful.”

But, he said, there is a gap in the field of psychology where programs found to be useful are not being released to the public for a variety of reasons, like cost.

To avoid these huge startup and maintenance costs, the ACT Research Group went through an existing platform called Qualtrics. Going through this platform also avoids high access fees for users. Levin hopes one day the ACT Guide can be completely free to use.

“College mental health is so important and we really need low-cost additional resources like this,” Levin said.

The ACT Guide was created with college students in mind but addresses a wide range of mental health issues that can apply to any adult. This wide appeal has extended the ACT Guide’s reach beyond Logan, Utah and even the United States. In nearly a month of public availability, the research group has seen registrations from all over the world, particularly in Europe and Australia.

“We care a lot about Utah, but then also, it’s really good to have that outside,” Peacock said.

Levin said the program, at its core, is for anyone looking to improve their mental health or just want “ways to expand their ability to do the things that really matter to them.”

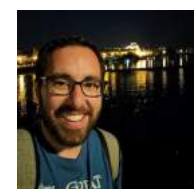
“I think we all could use some help and some guidance,” said Davis. “One thing ACT focuses on as a treatment is your personal values and sort of choosing directions in your life based on what matters to you.”

—william.bultez@aggiemail.usu.edu
@willistheginger



FILE GRAPHIC

TWEETS of the WEEK



@ShaunAnderso22

“Do one thing a day that scares you.”
- me to me when I use the Family Life building’s bathroom



@claire_wever

it officially is “no i’m not crying, it’s just 18° outside and my eyes are watering” season on campus!!



@MerrillCazier

When you’re the only USU account not posting a picture of Logan Canyon, there’s something wrong. Here you go, Aggies. Enjoy the pretty fall colors -- that snow will be here before we know it!



@tarren_jessop

Show me the Scotsman who doesn’t love the thistle!
Show me the Englishman who doesn’t love the rose!
Show me a Widstoe building on USU’s campus...
That isn’t constantly being evacuated due to chemical dangers!



@GageCarling

Me: “ It’s fall! All the pretty colors on the quad wow! I love USU!”
Me two weeks later:



@seanwall1313

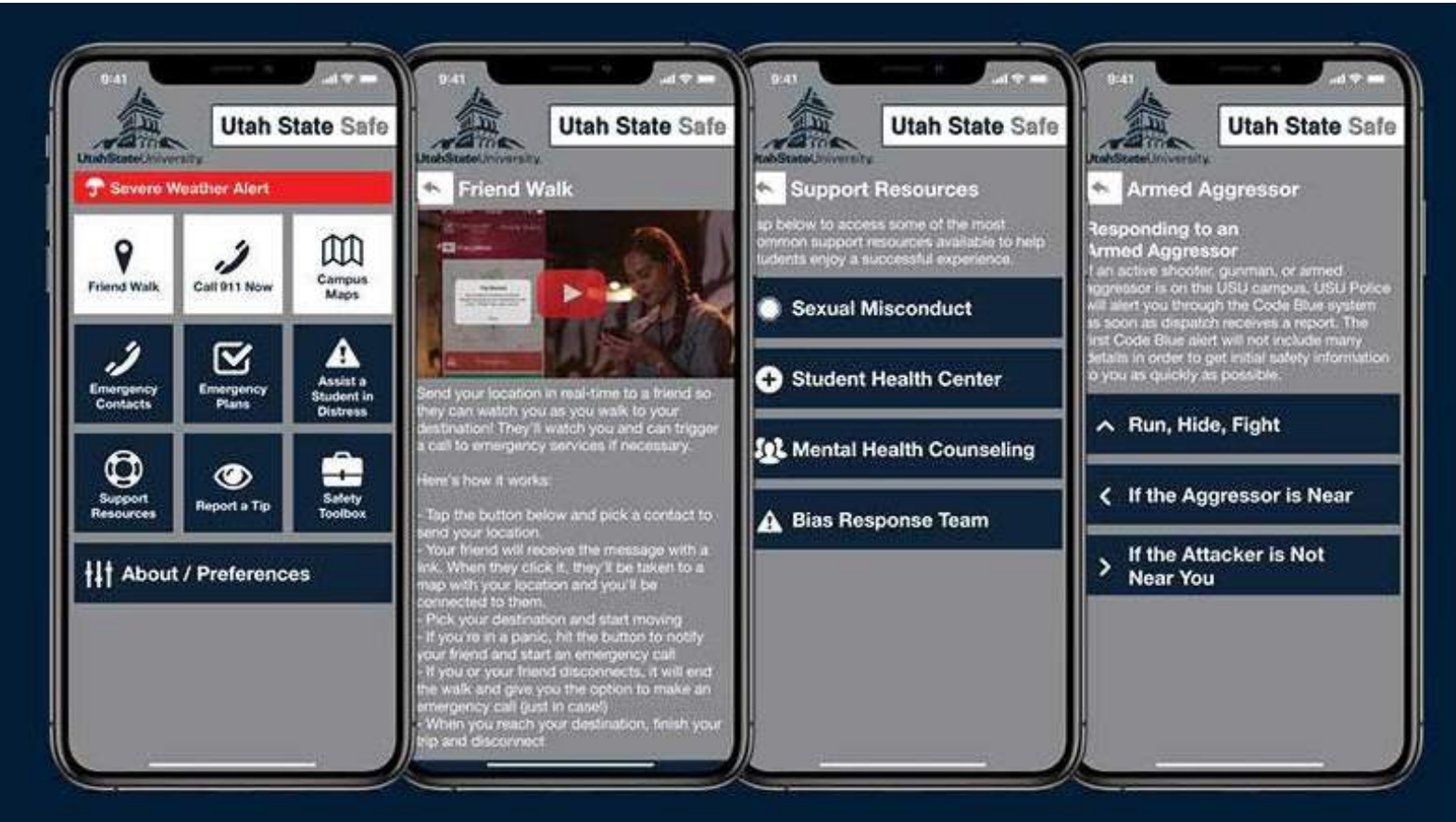
This meal planning stuff is easy
Breakfast: student debt
Lunch: student debt
Dinner: the pool of tears collected on the cover of my textbook



@mollo_mccoy

I’ve missed Logan a lot these last 5 1/2 months but when it was snowing up there and a nice 86 in St. George today I missed it a little less

Utah State Safe app propelled by on-campus organizations



GRAPHIC COURTESY OF Amanda DeRito

By William Bultez
STUDENT LIFE STAFF WRITER

A new app being promoted this month at Utah State University was one of the largest collaborative projects by student government leaders on the Logan campus.

Multiple organizations and many individuals came together to work on the Utah State Safe app, including the Utah State University Student Association Executive Council, Utah State President Noelle Cockett, the USU Police Department, USU Emergency Management and University Marketing and Communication.

Utah State Safe is an app that integrates with campus safety and security systems and provides several features to help protect USU students.

Amanda DeRito, director of crisis communications and issues management, was part of an emergency committee put together last year to improve the university's Code Blue campus alert system. Jaren Hunsaker, last year's student body president, came to the committee with the idea of having a mobile safety app for USU.

DeRito continues her work with the emer-

gency committee and works with USU Public Safety to enhance their communications and manage the app.

"All of Student Involvement is participating in this, which I think is awesome," said Dexton Lake, the student body vice president.

Lake and Sami Ahmed, the student body president, are leading the campaign together.

"Noelle Cockett came to our Executive Council and asked me if I would create awareness about the app among students," said Ahmed.

From there, Ahmed and the Executive Council embarked on a campaign to push students

to download Utah State Safe. Currently, the council is partnered with campus police to set up several locations with police officers this week and next to hand out flyers and answer questions about the app.

USUSA also hopes to get a discount at the USU Campus Store for students who downloaded the app.

The main event surrounding the campaign, "Download for Donuts," will take place Oct. 30 and 31. At the event, students will get a free doughnut from tables set up around Logan campus when they download the app.

"The app can be a critical resource for student and campus safety," Ahmed said.

The app has a feature that lets students instantly share their location with campus police, making speech or dialing 911 unnecessary for difficult situations. Along with this feature, students can contact campus police to walk with them when feeling unsafe at any time of day.

"Right now the campus police are not visible and most students don't know where to find them," Ahmed continued. "The hope is now students don't have to look for the campus police's physical location. It will be as easy as pulling out their phone."

Through the app, students can share their location with friends so they know where the student is and if he or she arrives home safely.

"I think these will drastically improve safety at USU," Lake said. "This app shows how seriously USU is taking their students' safety and I think that adds incredible value to this university."

—william.bultez@aggiemail.usu.edu
@willistheginger

Six Flags' 30 Hour Coffin Challenge



GRAPHIC BY Savy Knapp

By Sydney Dahle
STUDENT LIFE STAFF WRITER

In preparation for the spooky October season, Six Flags theme parks around the country are holding their annual "Coffin Challenge," which has participants spend thirty hours inside a 2' x 7' coffin located in the theme park. Contestants must be over the age of 18 to register and in 2018, over 4,000 applied to the New Jersey location alone.

The rules are as follows:
— Depending on the location, contestants are allowed either a 13-minute bathroom

break every three hours or a six minute break every hour.

— Meals must be eaten inside the coffin.

— Leaving the coffin outside of designated bathroom breaks for any reason results in disqualification.

Participants are also subjected to games, which, according to a spokesperson for Six Flags, include "live critters, pungent food items and trivia." Some parks have even included a loop of annoying songs this year so participants have no chance at sleep.

The winner receives a grand

prize of \$600, gold season passes for a year and an Ultimate Fright Fest pass which includes all the haunted houses that usually cost extra.

In addition, some parks have introduced the "Couple Coffin Challenge" which raises the stakes or makes it better, depending on how much participants enjoy their personal space. Some locations holding this challenge include Six Flags America in Maryland, Six Flags Adventure in New Jersey, and Six Flags Magic Mountain in California.

The prize is still \$600, but the couple will be expected to split it.

Challenges are even more intense for this challenge including couples being placed in coffins full of live worms and being asked to eat live bugs.

Think you have what it takes to spend 30 hours in a coffin? Those interested can apply for the 2020 challenge at www.sixflags.com.

—sydney.dahle@gmail.com
@dillydahle

KOCH

SCHOLARS

PROGRAM

The Koch Scholars Program (KSP) is a semester-long paid reading group designed to engage undergraduate students in meaningful discussions. Participants will receive \$1,000.

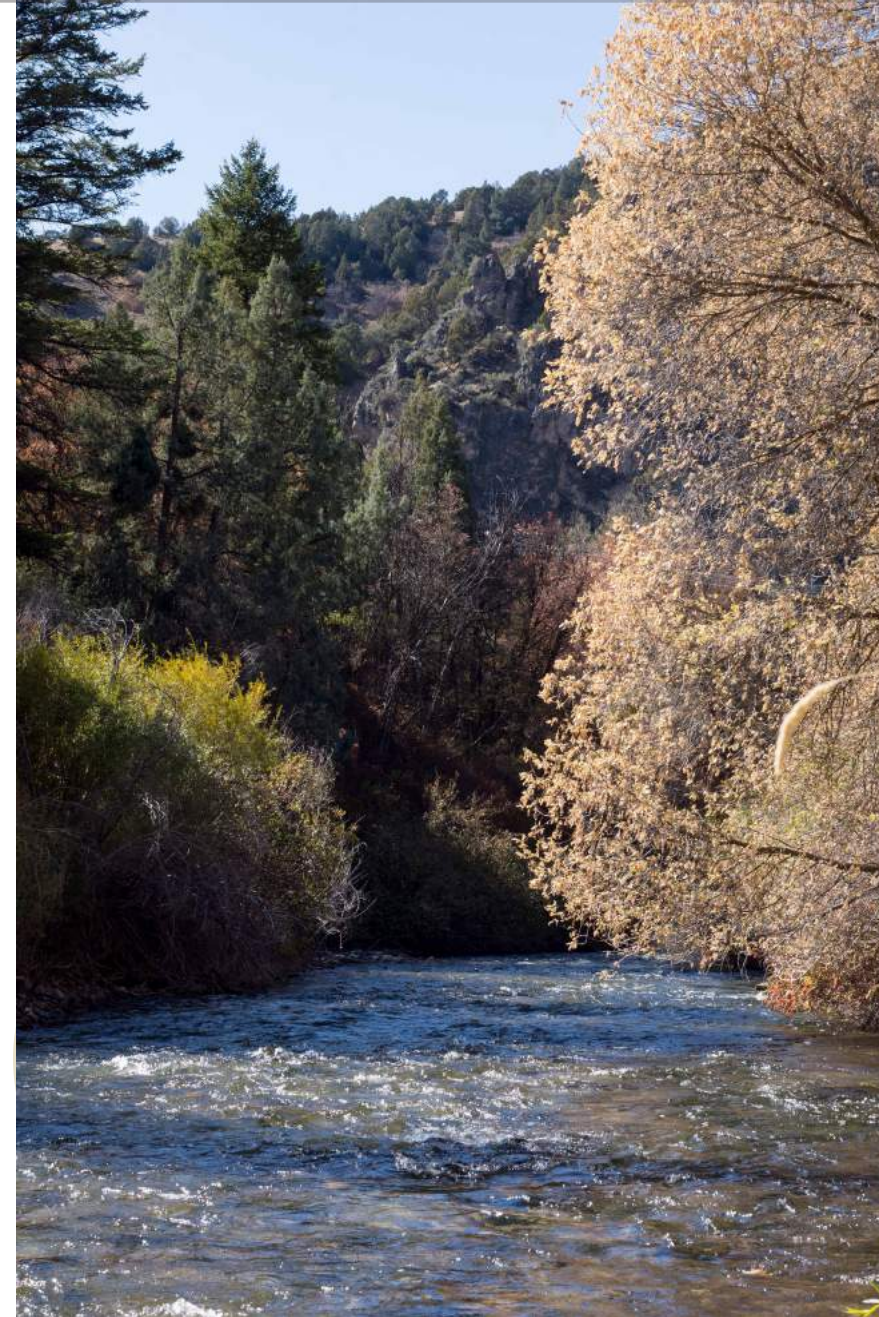
- Meetings are held on Tuesdays at 5:00 pm; dinner is provided
- Participants are given 15 books
- Students join discussions online and in person
- Students of any academic background are welcome to apply

Apply online before November 1st

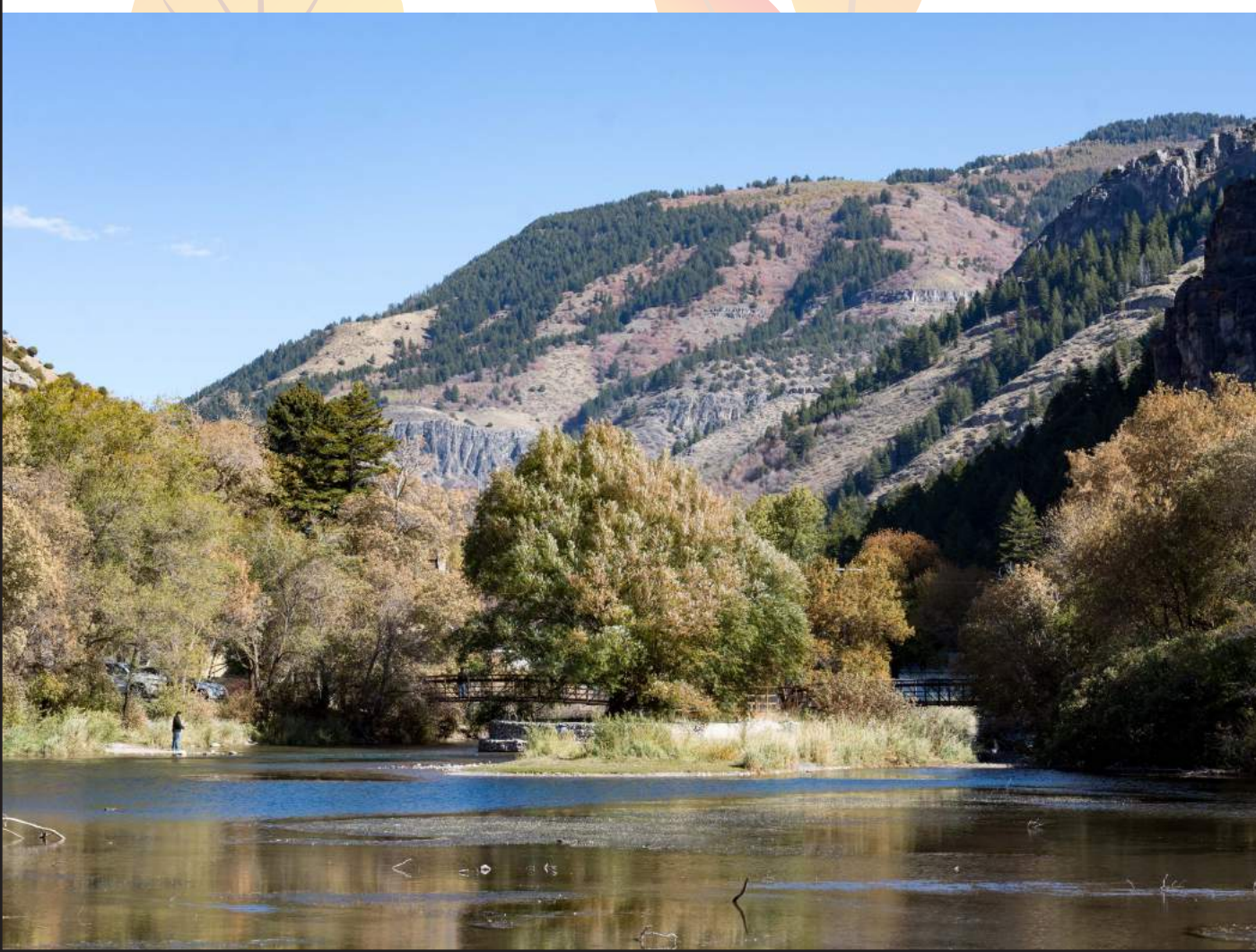
Find out more at www.growthopportunity.org/student/koch-scholars



The Center for
Growth and Opportunity
at Utah State University



PHOTOS BY:
Iain Laurence
Maggie Lea
Hailey Larson



S

SPORTS

Ending the drought

USU women's soccer doubles win total from previous season

By Sydney Kidd
SPORTS STAFF WRITER

For the second match in a row, a foul call led to the deciding goal against the Utah State University women's soccer team.

The foul was called in the 29th minute of Friday's match and led to a free kick for New Mexico's Gwen Maly who shot the ball around Utah State's wall formation and into the net. After this, the Aggies struggled to maintain possession for the rest of the first half.

"We were not happy with their mental response after that second goal," head coach Heather Cairns said. "We were too slow on the ball and we were not getting in the supporting positions."

While Utah State played much better in the second half, all the scoring was isolated to the first.

An early goal by New Mexico in the seventh minute was followed by one in the 19th minute by the Aggies' junior midfielder Kami Warner. Warner received the ball off of a cross from junior midfielder Ashley Cardozo. Seeing an opportunity, Warner booted the ball into the top left corner to equalize.

"I hit it and I was like, 'Oh, this is going in for sure,'" Warner said. "It felt great."

Utah State created many more scoring opportunities in the second half. But only Warner's

19th minute shot found the back of the net. The rest of the shots popped off the crossbar or got saved by the Lobo's keeper.

"You could tell we had a lot more energy and created a lot more chances for ourselves," Warner said, "and we just couldn't finish."

In total, the Aggies had 9 shots, all on goal. New Mexico logged 17 total shots with 11 on goal.

The 2-1 loss marked the Aggies' first home defeat and first back-to-back loss of the 2019 season.

"It just didn't go in our favor," Warner said. "And that hurts but that's just how soccer is sometimes."

Regardless of the loss, this season has been exponentially better for the Aggies when compared to last year.

With five matches left in the season, the team has already won twice the amount of games it did all last year. According to Cairns, the Aggies' goal to be more attack-minded has factored into this.

"We are creating a lot more chances, we're defending less," Cairns said. "It's just kind of putting that final piece together in the attacking third a little bit sharper."

In 14 matches, Utah State has also beaten its total number of goals last season. The team currently sits at 16 goals, last year the Aggies only managed to net 15.



PHOTO BY Samuel Woubshet
Junior midfielder Ashley Cardozo takes a corner kick during Utah State's 1-0 loss to San Diego State Sunday afternoon. Cardozo had an assist in Friday's game, pushing her total to seven, which is second in the Mountain West conference.

"Last season was a dry year," Cairns said. "You know, we were a desert last season with that. So I've been happy."

Not only has the team improved in scoring, but it also hasn't had to rely on just one player to do it. As mentioned in a previous article, the Aggies have had twelve players log goals this season. Allowing them to be the most di-

verse scoring team in the conference.

"I think it's really just everybody focusing on 'hey I can win the moment I can win that special moment,'" Cairns said.

According to Cairns, the lack of an "alpha-scorer" may also have something to do with the formations Utah State sets up. The team rotates about 12 players into the six attacking positions on the field.

"At some point, all of them have gotten on the board for us," Cairns said. "We don't have any deadweight up there."

Deadweight is also hard to find among the freshmen class. Of the 12 players to score this season, four have been freshmen.

Freshman forward Sid Barlow has become quite an offensive force for the Aggies. Barlow has started every match this season, logged 25 total shots and is currently tied for most goals on the team. She's done all of this after tearing her ACL just over a year ago.

"I think Sid's been fantastic," Cairns said. "She obviously has been a real big influence on us, we're super stoked."

Freshman goalkeeper Diera Walton has also been a key player for Utah State, logging 61 saves in the 13 games she's played.

While these stats are promising, they may not be enough. So far, Utah State has only logged one Mountain West win this year and sits second to last in conference standings.

The team still has to face top-ranked Boise State and second place Colorado State in upcoming matches. The Aggies will need to keep a "game-by-game" mentality as they work to overcome what appears to be an uphill battle for the remainder of the season.



PHOTO BY Samuel Woubshet
Junior midfielder Kami Warner dribbles around a defender in Sunday's game against San Diego State. Warner scored the Aggies' lone goal from the weekend in a 2-1 loss to New Mexico.

Email: sydneychapman096@gmail.com
@SydChap

ATHLETICS HOME EVENTS

VOLLEYBALL

VS WYOMING

10.17.19 - 7PM
WAYNE ESTES CENTER
T-SHIRTS FOR FIRST 100 FANS

VOLLEYBALL

VS COLORADO STATE

10.19.19 - 1PM
WAYNE ESTES CENTER
CANCER AWARENESS T-SHIRTS FOR FIRST 100 FANS

FOOTBALL

VS NEVADA

10.19.19 - 8:15PM
MAVERIK STADIUM
TACKLE CANCER GAME

#AGGIESALLTHEWAY

USU hockey narrowly loses home opener

By Scott Froehlich
SENIOR SPORTS EDITOR

After a successful start to the preseason, which included a victory against BYU and a 2-2 record during the Icebreaker Tournament in North Dakota, the Utah State University Aggies hockey team returned to Logan to face the University of Providence Argonauts for its first home game of the 2019-20 season.

Despite kicking off conference play with a 10-0 loss to the University of Mary, the Aggies were determined to bounce back for the hometown fans. First-year head coach Todd Renae reflected on the exhibition matches and how the experiences will play into the regular season.

“We’re trying to grow together. I’m obviously a young coach as well, so that might play into it,” he said. “It sucks that the trip ended the way it did but at the same time you take away a lot of positives from everything.”

In the first period, the players came off the bench with a quick, back-and-forth pace that saw both teams play aggressively early on. USU’s physicality would pay off, as forward Shea Bryant put one past the Argos’ goaltender at the 15:39 mark to take an early 1-0 lead. After the goal, things got scrappy and each team traded penalties. When it was their turn to head to the “sin bin” the Aggies committed a penalty at 13:37 and Providence converted only five seconds into the power play to tie the game at one.

USU was not without its own chances with the extra man advantage, getting a 5-on-3 power play minutes following the Argos’ goal. However, strong defense by Providence and Aggie shots missing the net contributed to the visitors escaping the two-man disadvantage. From there, the Aggies took control of the flow of the game by not letting the Argos establish any significant offensive zone time. Aggie goalie Pritchard made key saves toward the end of the second, practically killing a late penalty single-handedly. His stellar play was dashed, though, when Providence scored the go-ahead goal with 13 seconds remaining.

The second period saw an aggressive fore-check by the Aggies, matched only by Providence’s speed and pressure whenever they got the puck in USU’s zone. Despite its efforts, the



Utah State hockey forward Dalton L'Allier lines up for the Aggies in the team's 4-3 loss to Providence on Saturday night. Utah State plays BYU in Provo, Utah on Oct. 19, then heads to Montana for a three-day road trip over Oct. 24-26.

team was unable to take advantage of what offensive zone time it had and struggled to put passes together. This caused the Aggies to turn the puck over and Providence took advantage by stifling USU at every corner defensively. Then, an exchange of penalties by both teams opened the game up, leading to an Aggie goal scored by Sean Johnston, to tie the game at two.

At the start of the third, the Aggies had the task of killing a penalty that carried over from a double minor committed by Bryant at the end of the 2nd period. Once both teams were back at full-strength it appeared both teams were playing loose, perhaps too loose, with each turning the puck over and neither sustaining any offensive pressure. Then, at the 14:47 mark, Johnston netted his second goal of the game to put USU on top 3-2.

Unfortunately, the Aggies were not able to weather the barrage of shots Providence would put forth and gave up a goal at the 4:16 mark to tie the score at three a piece. Then, 90 seconds

later, USU coughed up the puck during a sloppy neutral zone transition and Providence took advantage of the resulting breakaway to put them up 4-3 with just under three minutes left in the game. The goal proved to be the dagger in USU’s heart, however, with the team unable to regain enough momentum to tie the game up and send the game to overtime.

Despite the loss, Renae sang the team’s praises and remarked on the significance of his first game behind the USU bench as head coach.

“You can’t ask for a better hockey game, from both teams. It was a fantastic hockey game. [In] the crowd, everyone’s pumped up [and] guys that have never played in front of a crowd like that before were pumped up,” he said. “I felt like we kind of took the second period off a little bit, but then came right back in the third and dominated up until the last four minutes.”

The team is still a work in progress, and one area they want to focus on is being able to play with an advantage. “One of the things we’re trying to focus on a lot this year is never letting

up. Once you get somebody down, you can’t let them have one sniff on offense,” Renae said.

Renae remarked on his first game back behind the Aggies home bench, as coach instead of player: “It was fantastic. I had goosebumps when the boys went out for warmups, just hearing that roar... it was deafening. It’s a very unique atmosphere, especially in the ACHA (American Collegiate Hockey Association). There’s nothing to really describe it; it’s just amazing.”

The Aggies go on the road next week, facing off against BYU in Provo on Oct. 19. Looking ahead to the game, Renae wants the team to focus on playing a 60-minute game. “Playing a full 60, staying disciplined, that’s key. This team’s going to dominate, [they’re] just waiting for something to click. Something to click in their heads and this team is going to start rolling. I have a lot of confidence in these guys.”

Email: swfroehlich@gmail.com

“Madness” FROM PAGE 1

head coach Craig Smith said. “It means a lot to the women’s team as well. It’s a sign that the season’s almost here.”

The men’s team will host their season debut on Nov. 5 against Montana State, six days after an exhibition contest with The College of Idaho on Oct. 30. The women’s season starts on Nov. 7 when the Aggies host Portland, five days after their exhibition with Arizona Christian on Nov. 2.

Fans were not the only excited party on the night of Aggie Madness. Smith noted how much the young men under his tutelage look forward to the event where they can show off their skills to patrons without the pressure a regular game brings.

“You can almost always mark it down, one of our worst practices of the year is the day of (Aggie Madness),” Smith said. “Because they just can’t wait to go dunk and play the NBA All-Star game and that’s part of the deal.”

Smith’s comparison of the men’s scrimmage

to the NBA All-Star game was spot-on. Hardly a lick of defense could be found but dunks, alley-oops, 3-pointers and isolation shots were plentiful the entire eight minutes of play.

Finkbeiner’s squad had a slightly more competitive scrimmage, though still very light in nature. The women have already played full-speed games this year with a trip to Mexico under their belts. That trip helped ease the USU women through the early part of a tough transition, as the team looks to replace five starters and rotation players lost to transfers

and graduation.

Overall, the event showed just how much anticipation there is for the imminent dawn of a great season of Aggie hoops. Finkbeiner said the words on the lips of every fan, student, booster, player, coach and administrator since April.

“We’re looking forward to this season.”

@thejwalk67



Freshman guard Sean Bairstow celebrates his dunk in Thursday dunk contest held at Utah State basketball's annual Aggie Madness. Bairstow won the contest after beating junior center Kuba Karwowski in the final.

UTAH STATE ATHLETICS WEEK IN REVIEW	
TEAM	TOP PERFORMERS
Women’s Volleyball <i>3-0 loss at UNLV</i> <i>3-2 win at New Mexico</i>	Junior opposite hitter Bailey Downing 11 kills Freshman outside hitter Hailey Cuff 18 kills
Men’s Cross Country <i>Team title, 1/3 in hosted tournament</i>	Freshman Megan Terry finished first overall with a time of 18:38.0
Women’s Cross Country <i>Team title, 1/3 in hosted tournament</i>	Senior Sam Clausnitzer placed second overall in the 7-kilometer run with a time of 21:27.3
Women’s soccer <i>2-1 loss vs New Mexico</i> <i>1-0 loss vs San Diego State</i>	Junior midfielder Ashley Cardozo 1 assist Junior midfielder Kami Warner 1 goal



This image released by Warner Bros. Pictures shows Joaquin Phoenix in a scene from the film "Joker."

PHOTO BY Niko Tavernise/Warner Bros. Pictures via AP

"Joker": Could a Fiction Become Reality?

What The New "Joker" Movie Teaches Us About Crime Prevention

By Kristian Fors
OPINION COLUMNIST

"Can you imagine an animal reacting to the gift of fear the way some people do, with annoyance and disdain instead of attention? No animal in the wild, suddenly overcome with fear, would spend any of its mental energy thinking "It's probably nothing."- Gavin De Becker, The Gift of Fear

The new Joker movie, directed by Todd Phillips, turns the traditional superhero movie on its head, featuring the iconic Batman super villain, Joker, as its protagonist. This allows the film to dive into the psychological depths and horrors of violence. While exploring the motivations behind violent crime, the Joker movie is a perfect illustration that while the reasons for violent behavior are often complex, it does not mean that violence cannot be predicted.

Gavin De Becker, security specialist, argues in his book "The Gift of Fear" that the human brain is wired to have an intuitive sense for predicting violent behavior. Nearly all violent behavior can be predicted, and if it can be predicted, it can be prevented. In a conference about preventing school shootings, De Becker shared a story from his adolescence. He and some other boys from his school used to bully one of their classmates. The kid wouldn't fight or talk back; he would just take it. This went on for six months until the boy started acting differently. He still wouldn't fight back, but he would grin when the kids messed with him. That was the day De Becker intuitively knew he needed to stop; something had changed. The other boys were not so smart. One day during gym class, the lead bully was doing sit-ups in the

corner and De Becker was searching for the bench press bar. While continuing his search, Da Becker noticed something in his peripheral vision. The boy who they had picked on was standing above the bully with the bar in his hands, smashing the bully's face with the bar and disfiguring him for life.

The earlier smile was a venture from precedent and was an indicator of the violence to come. Violence that could have been predicted.

The Joker presents a similar narrative. Arthur Fleck is a down-trodden, erratic individual who displays signs of mental illness and destructive nihilistic ideology throughout the film. Numerous instances are depicted where individuals are exposed to clear red-flags and indicators of violence about him and choose to do nothing. Once he's caught bringing a gun to work, and his coworkers choose to remain actionless. Multiple scenes show him stalking and harassing people on the bus. Over and over again, the joker openly displays pre-incident indicators, but no one does anything.

The idea that people snap with no cause or warning signs is nearly always a myth.

The movie also delivers the poignant message that some crimes are often symptoms of societal issues. The Joker is a disenfranchised individual, a reject economically and socially. We should seek to tear evil out by the root and to cure the problems that inspire large amounts of criminal behavior. Illicit

actions are ultimately just choices by individuals, and they need to be held accountable for that, but that does not mean that we should not

“

The "Joker" movie is a perfect illustration that while the reasons for violent behavior are often complex, it does not mean that violence cannot be predicted.

”

seek to alleviate the circumstances which cultivate criminal action through social, urban and political reform.

"Joker" is a humbling reminder

that oftentimes, while the choice to commit violent acts ultimately is determined by the perpetrator, we too as citizens are complicit in

sume that wolf is probably in a bad mood; the rabbit runs. We need to stop ignoring the vital mechanisms of fear and threat detection which nature has given us, and, by doing so, we can prevent violent crimes in the future.

Kristian Fors is a student at Utah State University majoring in Economics and Philosophy and is an opinion columnist for the Utah Statesman. He is from La Cañada Flintridge, California. He can be reached at krfors@gmail.com.

If you have a contrary opinion to the one found in this article, please write a brief letter to the editor and email it to opinion@usustatesman.com. For specific guidelines about letters to the editor, please refer to the Utah Statesman's website.



PHOTO BY Niko Tavernise/Warner Bros. Pictures via AP

Very Easy

	3					4	9	
7				3		6		
			4	9	1	3		
		7		8	6	9		4
	6		9	2	7		1	
2		9	5	4		7		
		6	8	1	9			
		3		6				5
9	8					7		

© Puzzles provided by sudokusolver.com

SOLUTION FOR : 10/08/2019

Hard

7	9	1	6	5	8	4	3	2
4	6	8	2	7	3	5	9	1
5	2	3	4	9	1	7	8	6
2	1	6	8	3	5	9	4	7
8	7	5	9	2	4	1	6	3
9	3	4	7	1	6	8	2	5
1	8	2	5	6	9	3	7	4
6	5	9	3	4	7	2	1	8
3	4	7	1	8	2	6	5	9

TO PLAY: Complete the grid so that every row, column and every 3x3 box contains the digits 1 to 9. There is no guessing or math involved, just use logic to solve.

Create and solve your Sudoku puzzles for FREE.

Play Sudoku and win prizes at: **PRIZESUDOKU.COM**

The Sudoku Source of "The Utah Statesman".

CLASSIFIED ADS

Automotive

DONATE YOUR CAR TO UNITED BREAST CANCER FOUNDATION! Your donation helps education, prevention & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION 1-855-507-2691

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-855-408-2196

Building Materials

METAL ROOF/WALL Panels, Pre-engineered Metal Buildings. Mill prices for sheeting coil are at a 4 year low. You get the savings. 17 Colors prime material, cut to your exact length. CO Building Systems 1-800-CO-BLDGS

Health & Nutrition

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 877-691-4639

Miscellaneous

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$19.95/month. Call Today for \$100 Gift Card! Best Value & Technology. FREE Installation. Call 1-866-360-6959 (some restrictions apply)

INVENTORS - FREE INFORMATION PACKAGE Have your product idea developed affordably by the Research & Development pros and presented to manufacturers. Call 1-877-649-5574 for a Free Idea Starter Guide. Submit your idea for a free consultation. Get NFL Sunday Ticket FREE w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels PLUS Thousands of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Call 1-833-599-6474 or satellitedealnow.com/utah

Frontier Communications Internet Bundles. Serious Speed! Serious Value! Broadband Max - \$19.99/mo or Broadband Ultra - \$67.97/mo.

Both Include FREE Wi Fi Router. CALL For Details! - 1-866-307-4705

HughesNet Satellite Internet - 25mbps starting at \$49.99/mo! Get More Data FREE Off-Peak Data. FAST download speeds. WiFi built in! FREE Standard Installation for lease customers! Limited Time, Call 1-844-294-9882

DIRECTV NOW. No Satellite Needed. \$40/month. 65 Channels. Stream Breaking News, Live Events, Sports & On Demand Titles. No Annual Contract. No Commitment. CALL 1-877-927-4411

Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-877-838-9074 or visit www.walkintubquote.com/utah

Earthlink High Speed Internet. As Low As \$14.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-844-240-1769

Put on your TV Ears and hear TV with unmatched clarity. TV Ears Original were originally \$129.95 - NOW WITH THIS SPECIAL OFFER are only \$59.95 with code MCB59! Call 1-866-233-2402

Two great new offers from AT&T Wireless! Ask how to get the Next Generation Samsung Galaxy S10e FREE. FREE iPhone with AT&Ts Buy one, Give One. While supplies last! CALL 1-866-717-7052 or www.freephonesnow.com//utah

Personals

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 844-400-8738

SERVICES OFFERED

Paper Polisher Term paper? Thesis? Professional Editor, 20+ years experience Let me turn your draft into the document you meant it to be. Rates negotiable. Email PaperPolisher@yahoo.com

ANNOUNCEMENTS

Paper Polisher Term paper? Thesis? Professional Editor, 20+ years experience Let me turn your draft into the document you meant it to be. Rates negotiable. PaperPolisher@yahoo.com Email PaperPolisher@yahoo.com

CONNECT WITH US



@UTAHSTATESMAN



and also visit utahstatesman.com for more stories, images and videos.

MISSION STATEMENT

Connect members of the Aggie community and provide a voice for all through impactful, relevant and diverse multimedia coverage.



UtahStateUniversity STUDENT MEDIA

Student-run newspaper for Utah State University since 1902. Reporting online 24/7. Printed each Tuesday of the school year.

THE BOARD

Daniel Hansen
managing editor
editor@usustatesman.com
435-797-1742

Alison Berg
news manager
news@usustatesman.com

Dalton Renshaw
sports manager
sports@usustatesman.com

Shelby Smith
student life manager
life@usustatesman.com

Daedan Olander
opinion manager
opinion@usustatesman.com

Savannah Knapp
design manager
design@usustatesman.com

Chantelle McCall
photo manager
photo@usustatesman.com

Klaus VanZanten
video manager
video@usustatesman.com

HAVE A STORY TIP OR IDEA?
CONTACT OUR NEWSROOM:
435-797-1775 OR EMAIL:
EDITOR@USUSTATESMAN.COM



COMIC BY Steve Weller



@UtahStatesman



@UtahStatesman

get your aggie on

UTAHSTATESMAN.COM



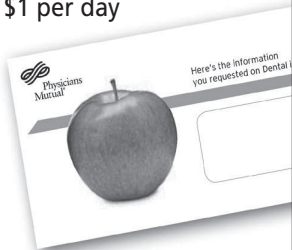
Dental Insurance

Call for dental coverage today to help save money on big dental bills.

This is real dental insurance from Physicians Mutual Insurance Company that helps pay for over 350 procedures – cleanings, fillings, crowns, even dentures.

- **No annual maximum**, no deductible
- See any dentist you want – including your own
- Over 50? Coverage as low as \$1 per day

Call now to get this **FREE** Information Kit
1-888-919-4729
dental50plus.com/utah



*Individual Plan. Coverage not available in all states. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, NY, call 1-800-969-4781 or respond for similar offer. Certificate C250A (ID: C250E; PA: C250Q); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN) 6197

AW19-1034

CALENDAR		 35 65 L H TUESDAY		 43 69 L H WEDNESDAY		 33 64 L H THURSDAY		 32 54 L H FRIDAY		 30 54 L H SATURDAY		 10 FORECAST	
TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		MONDAY			
10/15		10/16		10/17		10/18		10/19		10/21			
IOGP Pizza & Politics - Shawn Teigan 4:00 pm David B. Haight Center Logan, UT		Chili Bowl Sale 9:00 am TSC Patio Logan, UT		North Logan Pumpkin Walk 9:00 am - 10:00 pm Elk Ridge Park 1050 East 2500 North North Logan, UT		North Logan Pumpkin Walk 9:00 am - 10:00 pm Elk Ridge Park 1050 East 2500 North North Logan, UT		North Logan Pumpkin Walk 9:00 am - 10:00 pm Elk Ridge Park 1050 East 2500 North North Logan, UT		North Logan Pumpkin Walk 9:00 am - 10:00 pm Elk Ridge Park 1050 East 2500 North North Logan, UT			
Pi Sigma Alpha Political Trivia Contest 5:30 pm Old Main Room 225 Logan, UT		Resume Workshop 12:30 pm Huntsman Hall Room 270 Logan, UT		Votes for Women Walkabout with Star Coulbrooke 5:30 pm Garff Wayside Garden 100 South Main Logan, Utah		Fall Harvest Festival 10:00 am - 5:00 pm \$8.00 American West Heritage Center 4025 South Hwy 89-91 Wellsville, UT		Fall Harvest Festival 10:00 am - 5:00 pm \$8.00 American West Heritage Center 4025 South Hwy 89-91 Wellsville, UT		Public Forum During USUSA Academic Senate Meeting 4:00 pm TSC 322 Logan, UT			
United States Air Force Academy Band: Rockies Clarinet Quartet 7:30 pm Russell / Wanlass Performance Hall Logan, UT		Aggie Heroes 7:00 pm TSC Ballroom Logan, UT		WhySlam Poetry Event 8:00 pm \$3 / \$6 WhySound Venue 30 Federal Avenue Logan, UT		Drusky / Brother. / MMend / Nora Barlow 7:30 pm \$8 WhySound Venue 30 Federal Avenue Logan, UT		EDM Dance Party 8:00 pm \$10 WhySound Venue 30 Federal Avenue Logan, UT					
		Octoburrrrrr: An Otis Julius Tour Date 7:30 pm \$8 WhySound Venue 30 Federal Avenue Logan, UT		College Night Dance Party 9:00 pm \$5 The Cache Venue 119 South Main Street Logan, UT									

ADD YOUR EVENT AT [USUSTATESMAN.COM/EVENTS](https://usustatesman.com/events)
Deadline for calendar submissions is Sunday at midnight.

FALL ON THE FARM



AMERICAN WEST
HERITAGE CENTER
Experience it!



DATE NIGHT COMBO PASS

BUY ONE GET ONE 1/2 OFF!

Corn Maze & Haunted Hollow
WEEKENDS IN OCTOBER
Bring your ID and a date
REGULAR PRICE \$12



(435) 245-6050 ★ awhc.org

ALSO... FALL HARVEST FESTIVAL

Help us bring in the harvest.
Enjoy historic activities that include
Cider Pressing ★ Steam Threshing
& Hay Rides

OCT 18-19
\$8 Kids ★ \$9 Adults
10 a.m.-5 p.m.

Admission includes the **Corn Maze**,
fall activities and discounts to
our famous **Haunted Hollow** open
weekends from 7:30 p.m.-10:30 p.m.