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Establishing Peach Trees for Organic Production in Utah and the Intermountain West

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1 Establishing peach trees for organic production in Utah and the

2 Intermountain West

3

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14 *Additional key words. Organic stone-fruit establishment, tree growth, soil fertility.*

15

16 *Abstract.* Adequate weed control and nutrient supply are critical for successful establishment of

17 fruit trees. This is of particular concern in organic orchard establishment. In order to determine

18 the best approach for establishing peach trees (*Prunus persica* L.) organically in climates

19 characterized by hot dry summers and cold winters such as the North American Intermountain

20 West, seven organic and three integrated and conventional treatment combinations were

21 established in two first leaf orchards at the USU Kaysville Research Farm, Utah, in 2008 and

22 2009. Treatments consisted of different tree-row and alleyway mulch and fertilizer combinations.

23 Compost or conventional fertilizer (16-16-16 and urea) were applied at a baseline rate of 4.9, 9.6,

24 19 g and 114 g of available nitrogen (N) per 1st, 2nd, 3rd and 4th leaf tree respectively and
25 adjusted up or down on a plot basis based on tree growth. Compost was supplemented with a
26 feather meal 13-0-0 fertilizer starting in year three to avoid over application of phosphorus (P)
27 and potassium (K). Organic experiment tree growth was initially slowed by living and straw
28 mulches present in the tree-row. By 2011, 3rd leaf trees were largest in treatments with Birdsfoot
29 trefoil alleyways, despite considerable tree-row weed/living mulch pressure. In the integrated
30 experiment, trees were larger in the compost plus conventional herbicide compared to
31 conventional fertilizer and herbicide treatment. Paper mulch depressed tree growth in
32 combination with both compost and conventional N sources, but more so in combination with
33 compost and organic herbicide where weed control was moderate. Weed pressure not lack of N
34 was determined to limit organic tree growth in this study. A trefoil alleyway may alleviate the
35 need for intensive weed control when establishing organic peach orchards.

36

37

1 Introduction

38

39 The United States (US) market for organic produce continues to grow despite the recent
40 economic downturn (Dimitri and Oberholtzer, 2009; Slattery et al., 2011). Growth in tree fruits
41 and berries has been particularly strong with organic peach production increasing by 116 percent
42 between 2008 and 2011 (Perez and Plattner, 2013). Organic production in the US has largely
43 failed to keep pace, and meeting consumer demand continues to be a challenge (Dimitri and
44 Oberholtzer, 2009). Utah and the Intermountain Western US are traditional producers of high
45 quality tree fruit with high elevations, warm daytime temperatures and cool nights during the
46 summer, resulting in fruit that is exceptionally sweet and flavorful. Overall fruit production has

47 dwindled in recent years due to urbanization and changing markets, although the planted area of
48 tart cherries and peaches has remained stable (Ernst et al., 2012; Utah Fruit and Berry Survey,
49 2006). The arid climate of the Intermountain West with relatively low disease pressure confers
50 considerable advantages for organic production and growing urban centers provide access to
51 markets. Currently, certified organic tree fruit in Utah is limited to a few very small producers,
52 however. Challenges include a lack of local expertise, short growing seasons with cold winters
53 and shallow alkaline soils low in organic matter. Strengthening an organic tree fruit industry in
54 the region will require locally adapted best management strategies, something that is currently
55 lacking.

56
57 A major challenge to establishing new organic orchards is the transition process.
58 Successful organic production requires growers manage soil reserves of readily available
59 nutrients as most organic fertilizers mineralize slowly in the short-term. Building sufficient soil
60 nutrient reserves can take time, especially in soils with very low native organic matter and high
61 pH. Young fruit trees are particularly susceptible to competition from weeds which compete for
62 water and nutrients and often provide a refuge for pests (Skroch and Shribbs, 1986; Hoagland et
63 al., 2008, Tworkoski and Glenn, 2008). Bare soil or maintenance of an herbicide or tillage strip
64 is generally preferred during the orchard establishment phase in both organic and conventional
65 production (Welker and Glenn, 1991; Layne et al., 1994; Neilsen and Hogue, 2000; Tworkoski
66 and Glenn, 2008). Tillage along with applications of compost is a commonly used organic
67 orchard floor management system in the US (Hoagland et al., 2008). Adequate quantities of high
68 quality compost can be difficult and expensive to obtain, however, while frequent tillage has

69 been shown to disrupt surface roots and tree stability, and reduce soil quality over the long term
70 (Skroch and Shribbs, 1986; Hoagland et al., 2008).

71
72 An alternative or complement to compost and other expensive organic inputs is to grow
73 legumes in the orchard (Granatstein and Sánchez, 2009; Rowley et al., 2011). Legumes are
74 capable of supplying significant N to fruit trees. Subterranean clover is used in coastal orchard
75 regions in the US because of its low growth habit. In a California study, subterranean clover
76 grown in the tree-row was found as effective as high 90 kg N ha⁻¹ applications of compost +
77 native vegetation for establishment of young peach trees at only a fraction of the cost of compost
78 (Meyer et al., 2006). Many growers in Colorado and Utah plant orchards into established alfalfa
79 and manage weeds by mowing. However, this practice has not been formally evaluated and has
80 generally been discouraged in peach orchards due to the potential for problems with pests,
81 particularly cat-facing insects (Killian and Meyer, 1984).

82
83 Legumes can also strongly inhibit tree growth through competition (Skroch and Shribbs,
84 1986; Hoagland et al., 2008; TerAvest et al., 2011). An Italian study showed that subterranean
85 clover inhibited early growth of peach trees compared to a tillage control (Antonelli et al., 1997).
86 Merwin and Stiles (1994) showed a similar competition problem with crown vetch planted in the
87 tree- row of establishing apple trees. In tart cherry, Sánchez et al. (2003) showed that legumes
88 incorporated into tree-row cover crop mixes did not increase yield relative to mixes with fewer
89 or no legumes. Although fertigation + living mulches reduced yield discrepancies in this
90 Michigan study. Stasiak and Rom (1991) indicated that competition effects may be short lived in
91 establishing peach orchards, however. In addition, locating the legumes in the alleyway versus

92 the tree-row may be critical to reducing competition and optimizing benefits (Granatstein and
93 Sánchez, 2009; Mullinix and Granatstein, 2011).

94
95 There is also considerable interest in mulch, made from various organic and inorganic
96 materials, for weed control in organic orchards (Granatstein and Mullinix, 2008; Tworkoski and
97 Glenn, 2008; Cline et al., 2011; TerAvest et al., 2011). Hoagland et al. (2008) demonstrated good
98 weed control with wood chip mulch, although tree nutritional problems were observed and soil
99 quality was somewhat impaired. Use of woven fabric mulch was used successfully in sweet
100 cherry establishment (Nunez-Elisea et al., 2005) although Neilsen and Hogue (1992) showed
101 dramatic reductions in soil and leaf K in apple. Yield was highest in tart cherry systems receiving
102 supplemental grass legume mulch combined with glyphosate as needed (Sanchez, 2003). And
103 paper mulch significantly increased growth of apple (Hogue et al., 2010). Straw is effective for
104 weed control during raspberry establishment (Bushway et al., 2008) and may sufficiently cool
105 soil temperatures in the early spring to prevent premature bud break (Walsh et al. 1996; Wang et
106 al. 2015), an increasing problem in a changing climate. Mulches may also hold additional
107 benefits in terms of conserving soil moisture (Walsh et al. 1996; Wang et al. 2015). Increased
108 rodent activity is of potential concern, however (Sullivan et al. 1998).

109
110 The goal of this study was to evaluate orchard floor management practices for
111 establishing organic peach trees in environments characterized by hot dry summers, cold winters
112 and shallow alkaline soils such as the Intermountain Western US. Two orchards were established
113 in 2008 at the USU Kaysville Research Farm, Utah. A certified organic orchard was planted to
114 test the effects of living and straw mulches as weed management strategies in the tree-row in

115 combination with grass or legumes grown in the alleyway. These treatments were compared to
116 common organic methods of maintaining weed free tree-rows, tillage and fabric mulch, with
117 grass alleyways. A second orchard was established to investigate the interaction between nutrient
118 availability from organic fertilizers and weed competition.

119

120

2 Materials and Methods

121

122 2.1 Site history, experimental design and management.

123 Two peach orchards (*Prunus persica* L.) were established in neighboring fields at the USU
124 Horticulture Research Station in Kaysville, UT (41° 1'16.73"N, 111°55'43.37"W, 1336 m
125 elevation). The fields were fallow prior to 2005 and were then planted to a succession of summer
126 and winter cover crops to facilitate weed control. The soil type was a Kidman fine sandy loam.
127 In April 2008, the two sites were clear cultivated and the orchards planted. The organic
128 experiment was planted in twelve rows of 30 trees with 2.44 m in-row and 4.88 m between-row
129 spacing, in a randomized complete block design with four blocks. The integrated experiment was
130 planted in twelve rows of 25 trees with the same spacing and design described above. The
131 blocking factor represented cultivar ('Starfire' and 'Coralstar' on 'Lovell' rootstock) and
132 location within each orchard. Cultivars were planted in alternating blocks of three rows each
133 resulting in plots of 3 x 5 trees in size with six (organic) or five (integrated) treatments per block.
134 The three central trees in each 15 tree plot were designated as data trees; the surrounding trees
135 served as guard trees to protect the data trees from edge effects. This layout resulted in two guard
136 rows between data rows and two guard trees between data trees in a row.

137

138 Treatments were established in each experimental orchard in June of 2008. Organic
139 experiment: straw mulch with a grass alleyway (**StGr**), straw mulch and a Birdsfoot trefoil
140 (*Lotus corniculatus*) alleyway (**StTr**), living mulch (low-growing shallow rooted allysum,
141 *Lobularia maritima*) with grass alleyway (**LmGr**), living mulch and legume alleyway (**LmTr**),
142 woven plastic mulch (5oz. Dewitt, Sikeston, MI) with a grass alleyway (**WfGr**) and tillage with
143 grass alleyway (**TiGr**). Treatments assigned to the integrated experiment were: conventional
144 fertilizer plus herbicide (**CfH**), compost as organic fertilizer plus herbicide (**OfH**), conventional
145 fertilizer with paper mulch and reduced herbicide (**CfM**) and compost with paper mulch and
146 organic herbicide (**OfM**). All alleyways in the integrated experiment were planted to grass.
147 Treatments **StGr**, **StTr**, **LmGr**, and **LmTr** were managed according to the sandwich system
148 (Hoagland et al., 2008) with a narrow 0.3 m tilled strip maintained between the tree-row and
149 alleyway using a tractor mounted rototiller. In the organic experiment a significant number of
150 data trees failed to grow above the graft during the first season so all data-row trees were
151 replanted in April 2009.

152

153 Chicken manure compost was applied to all treatments in the organic experiment and
154 treatment **OfH** and **OfM** in the integrated experiment in 2008, and compost made of steer
155 manure, steer stomach contents upon slaughter and wood chips was applied in 2009-2011.
156 Compost was applied around the drip line of the tree within the tree-row in tillage, weed fabric,
157 herbicide and paper mulch treatments, and to the tillage strips in the straw and living mulch
158 treatments. Compost had a total N content of 1.89, 1.46, 2.25, and 2.10 % and a C:N ratio of 7:1,
159 13:1, 12:1 and 10.9 in 2008-2011 respectively (Table 1). Application rates in the organic
160 experiment were calculated to supply 17, 24, 32 and 51 g total N from 2008 to 2011 respectively,

161 assuming available N of 20 % in 2008 and 2009, 30 % in 2010 and 25 % in 2011. Application
162 rates in the integrated orchard were higher (17, 48, 63 and 51g N from 2008 to 2011
163 respectively) due to the fact that the trees were one year older. Individual compost rates were
164 adjusted up or down on a plot basis relative to the base rate based on tree growth (Table 2). Due
165 to rapidly rising soil P, the baseline rate of compost was limited to 2.26 kg per tree in 2011 and
166 the additional N provided through the application of an organically approved feather meal
167 product (NatureSafe 13-0-0, Irving, TX) in late May. Conventionally fertilized trees (**CfH** and
168 **CfM**) received 4.8, 9.6, 19.2g and 19.2g N in the form of 16-16-16, from 2008-2011 and an extra
169 95 g N in the form of urea (46-0-0) in 2011. Elemental sulfur (S) was applied to the soil at a rate
170 of 90 g per tree in early December 2010 due to low soil and leaf test S values. Tissue tests also
171 revealed trace element deficiencies so foliar applications of trace elements were applied equally
172 to all treatments as needed starting in 2009. An organic approved pest management program for
173 the control for peach twig borer, greater peach tree borer (pheromone-based mating disruption
174 and a microbial insecticide) and coryneum blight (copper) was instigated across both orchards in
175 2008. Horticultural oil for peach aphid control was applied in 2010 and 2011.

176

177 Fresh straw was added at a rate of ~4 kg per tree to the straw treatments (**StGr** and **StTr**)
178 in March 2008 and 2009. This rate was reduced to 2 kg per tree in 2010 and 2011. The straw
179 applied was either wheat (*Triticum aestivum*) or barley (*Hordeum vulgare*). Spray-on paper
180 mulch (Nature's Own organic hydro-seeding mulch, Hamilton Manufacturing Inc. Twin Falls,
181 ID) was mixed with water and applied with a hydro-seeder to treatments **CfM** and **OfM** in
182 March. The fabric mulch (**WfGr**) was rolled back each fall to prevent rodent damage to tree
183 trunks and replaced each March after fertilizers were applied. The alyssum planted in the living

184 mulch plots (**LmGr** and **LmTr**) failed to re-establish following the winter of 2008, most
185 probably due to a late frost that killed the emerging seedlings. It was reseeded in 2009 and 2010,
186 however, stands in those years were poor due to increasing perennial weed pressure, and in 2011
187 the living mulch treatment was allowed to generate spontaneously from weeds already present.
188 The alleyways were mowed approximately monthly and in the trefoil treatments (**StTr** and
189 **LmTr**) the clippings were blown into the tree-row and allowed to remain on the surface. Living
190 mulches and weeds in tree-rows were mowed as needed approximately monthly. The tillage
191 treatment (**TiGr**) was maintained by hand using a stirrup hoe approximately once per month.
192 Glyphosate herbicide was applied twice per year to the conventional and compost herbicide
193 treatments (**CfH** and **OfH**) and once per year to the paper mulch treatment (**CfM**) at rate of 1.5%
194 in spray volumes of 234 to 281 L ha⁻¹. A single application of a clove oil organic herbicide
195 (Matran, Ecosmart Technologies Inc, Ames, IA) was applied to the organic treatment with paper
196 mulch (**OfM**) according to label recommendations in 2009 and 2010. Acetic acid (Weed Pharm)
197 was applied to this treatment two times at a rate of 280 L ha⁻¹ in 2011. Each plot was irrigated
198 independently using micro sprinklers. We previously found that orchard water use differed by
199 the species of orchard floor vegetation (Rowley et al. 2011). For this study, irrigation needs
200 were determined for each plot. Irrigation volumes to be applied were calculated based on soil
201 volumetric water content, measured each week per plot prior to irrigation, using a capacitance
202 probe (Diviner 2000, Sentek Technologies, Stepney, Australia). Hence soil moisture was
203 returned to field capacity each week to reflect actual water use by treatment.

204

205 *2.2 Tree growth, nutrition and soil fertility.*

206 Trunk cross sectional area was calculated each winter using trunk diameters measured with a
207 forestry tape measure 30 cm above ground level, and canopy diameter, shoot elongation and
208 pruning weights determined each spring. Tree nutritional status was determined by analyzing a
209 random sample of the 3rd fully expanded leaves in late July or early August. Leaf samples were
210 rinsed in ddH₂O and dried at 70° C for 72 hours, ground to < 0.2µm with a UDY mill (UDY
211 corp, Fort Collings, CO). The leaf samples were analyzed for total N, P, K, Ca, Mg and trace
212 elements at the USU Analytical Lab (Logan, UT) in 2010 and Albion Laboratories (Clearfield,
213 UT) in 2011.

214

215 Soil nitrate (NO₃⁻) and ammonium (NH₄⁺) were determined during the growing season at
216 monthly intervals from May through August. Six random soil samples per plot were collected
217 from the tree-row (0-30 cm) with a 1.6 cm probe, combined, passed through a 2-mm sieve,
218 extracted immediately in 1M KCl and measured on a QuickChem Lachat (Lachat Instruments,
219 Loveland, CO) using the sulfanilamide and phenate methods according to manufacturer's
220 instructions. Soil pH, electrical conductivity (EC) and macro and micro elements were measured
221 yearly on air-dried soils in June according to Gavlak et al. (2003). Organic carbon (C) and
222 nitrogen (N) were measured by dry combustion with PrimacsSNC total C and N analyzers
223 (Skalara, Inc, Buford, GA) on finely ground (<0.2 µm) soil samples collected as above from 0-10
224 cm depth. Inorganic C was found present in trace quantities only in the top 10 cm so total C was
225 assumed to equal organic C.

226 *2.3 Statistical analyses.*

227 Tree growth, nutrient status and soil fertility in response to treatment were analyzed using an
228 incomplete randomized block design with two factors in PROC GLIMMIX in the SAS System

229 for Windows (SAS Institute, Cary, NC). In the organic experiment, the factors were alleyway
230 and tree-row with time as repeated measures. Main effects were compared to weed-free control
231 treatments using contrast statements. In the integrated experiment, the two factors were fertilizer
232 type and method of weed control. When a significant tree-row x alleyway interaction was
233 detected all treatments within each experiment were analyzed as a one-way design with repeated
234 measures. In all cases experimental factors and time were modelled as fixed effects while block
235 was modelled as a random effect.

236

237 **3 Results and Discussion**

238 *3.1 Tree Growth.*

239 Weed fabric and tillage treatments initially increased tree trunk cross sectional area relative to
240 the living mulch treatments in the organic orchard (Figure 1). However, by 2011 trees grown
241 with trefoil alleyways (**LmTr** and **StTr**) were as large as the weed free control treatments (**TiGr**
242 and **WfTr**) while trees grown with grass alleyways (**LmGr** and **StGr**) were significantly smaller.
243 This suggests that trees grown with trefoil in the alleyway were able to access more resources
244 (nutrients and water) than trees grown with a grass alleyway despite considerable weed pressure
245 in the tree-row (Table 3). In addition to N supplied by the compost and feather meal, trefoil
246 biomass blown into the tree-row generated an additional 0.1 kg / tree or 73 kg total N ha⁻¹ (Table
247 2). This more than doubled the total N applied to the trefoil treatments per year which could
248 possibly account for the additional tree growth. However, the amount of this surface deposited N
249 available for tree uptake is unclear (Ferreira et al., 2015). And increased tree growth could also
250 be associated with increased tree root growth and improved access to soil resources (Parker and
251 Mayer, 1996). Straw mulch helped to suppress weeds, and this was reflected in a modest increase

252 in tree trunk cross sectional area (Figure 1, Table 3), overall however, tree growth was
253 dominated by legume alleyway effects.

254

255 Trials in New Zealand, Utah and Portugal showed orchard-grown legumes have the
256 potential to generate 80-194 kg total N ha⁻¹ (Goh et al., 1995; Rowley et al., 2011; Ferreira et al.,
257 2015). Legumes have also been shown to strongly inhibit tree growth through competition,
258 however (Skroch and Shribbs, 1986; Merwin and Stiles, 1994; Antonelli et al., 1997; Hoagland
259 et al., 2008; TerAvest et al., 2011). Effects of ground cover competition is known to be species
260 specific, with alfalfa less competitive with peach than many grasses (Parker et al., 1993; Parker
261 and Meyer, 1996). The reasons are unclear, but could relate to root morphology, specifically the
262 tap-rooted structure of alfalfa and other legumes such as Birdsfoot trefoil. Black et al., (2010)
263 showed that root growth of tart cherry in orchards managed with a grass alleyway was primarily
264 constrained to the area below the herbicide strip, confirming the need for weed control in
265 orchards managed with grass alleyways. Locating legumes in the alleyway versus the tree-row,
266 as in this study, may be critical to reducing competition in the alleyway, hence optimizing the
267 benefits of orchard-grown legumes and reducing tree susceptibility to weed pressure (Granatstein
268 and Sánchez, 2009; Mullinix and Granatstein, 2011).

269

270 In the integrated experiment, there were initially few differences between treatments in
271 tree trunk cross sectional area (Figure 2). By 2011, however, tree trunk cross sectional area in the
272 **OfM** treatment was lowest. No difference in trunk cross sectional area between the **OfH**
273 treatment and the conventional treatment suggests that reduced tree growth in the **OfM** treatment
274 was caused by inadequate weed control rather than lack of N (Table 4). There were no

275 differences between the **CfM** treatment and the conventional control indicating that paper mulch
276 was not immobilizing N, at least with conventional fertilizer. Conventional trees in the integrated
277 experiment transitioned to organic management beginning in 2011, quickly became chlorotic and
278 stunted compared to other conventionally managed trees (data not shown). This illustrates the
279 challenges associated with transitioning mature trees to organic production on soils that are
280 naturally low in organic matter with poor nutrient reserves.

281

282 *3.2 Soil Properties.*

283 Soil properties in the tree-row responded positively to compost additions, cover crops, and
284 organic mulches in both experiments. Similar results have been demonstrated in response to
285 orchard ground cover and mulch in a range of climates and soil types (Sanchez et al., 2003;
286 Hoagland et al., 2008; Tworowski and Glenn, 2008; Ramos et al., 2011; TerAvest et al., 2011). In
287 the organic experiment in Utah, total organic soil C significantly increased in the top 10 cm in
288 the trefoil treatment two years after establishment, while increased total organic N was seen in
289 response to trefoil by the third year (Figure 3 and 4). Weed fabric also appeared to improve soil
290 C but only in one year out of four. While both straw and living mulch increased soil C and N
291 compared to tillage and weed fabric, there were no differences between straw and living mulch.
292 Compost consistently increased soil total C and N compared to conventional fertilizer beginning
293 from orchard establishment (Figure 5). Significant effects of paper mulch on total C were not
294 apparent until year three, however, with no differences measured in total N (data not shown).

295

296 Available N (NO_3^- and NH_4^+) in the tree-row varied considerably between treatments and
297 year, although trefoil increased soil NO_3^- in three out of four years (data not shown). These

298 findings are in contrast to Ferreira et al. (2015), who found no increase in soil N as a result of
299 surface deposited legume residue. Compost increased soil NO_3^- relative to conventional fertilizer
300 in 2009 with the opposite effect in 2011. In general soil NO_3^- levels were low (below 15 mg kg^{-1})
301 suggesting a tight coupling between N mineralization and tree uptake in the tree-row. Nutrient
302 status in the alleyway was not measured in this study.

303

304 Available soil P and K increased dramatically (2-3x baseline levels) within one year of
305 compost application (Figures 6 and 7) well above the recommended levels of 10-30 and 75-400
306 mg kg^{-1} for P and K respectively (Cardon et al., 2008). For this reason, compost rates were
307 reduced in 2011 with supplemental N supplied through additions of feather meal. Elevated soil P
308 is associated with inhibition of trace element uptake as well as surface water eutrophication
309 (Marschner, 1995; Alloway, 2009). Elevated soil K can compete with Ca and Mg uptake and
310 reduce fruit quality, particularly in apple (Marschner, 1995; Mercelle, 1995). This reflects the
311 challenge of relying on compost alone for soil fertility, even if adequate quantities are cheaply
312 available. Once compost applications were reduced to meet projected orchard P as opposed to N
313 needs, soil available P and K returned to more acceptable levels. Alleyway treatment effects on
314 soil P were non-significant, and tree-row effects highly variable by year, although there was a
315 tendency for straw mulch to increase soil available P. Both straw and trefoil had a tendency to
316 increase soil available K, although again, year to year variability was high thus making
317 interpretation difficult.

318

319 Other soil macro and micro elements were highly variable by year with few clear
320 treatment patterns emerging. Living mulch increased soil Ca and Mg relative to straw mulch in

321 two out of four years while trefoil increased available soil Mn. In the integrated experiment,
322 compost increased soil Ca, Mg, Na, and S in 2009 and 2010, and Cu and Zn in 2010. When
323 compost rates were reduced in 2011, differences largely disappeared, however (data not shown).
324 Soil pH at this site remained at 8.0 throughout with no treatment effects noted in any of the
325 treatments in either orchard.

326

327 *3.3 Tree leaf nutrients.*

328 Tree leaf nutrients also varied chiefly by year as opposed to treatment. In the organic experiment
329 there were no treatment effects on tree leaf N. Legumes have been associated with excessive late
330 season N uptake which can contribute to winter bud kill and fruit quality problems (Tworkoski
331 and Glenn, 2008). This was not observed in our study, perhaps because of low native soil organic
332 matter. Growers in Utah frequently apply N in the fall to increase tree growth in the spring due to
333 low native soil reserves. Leaf P was significantly greater in grass and weed fabric treatments
334 compared to trefoil, with tillage intermediate. Trefoil treatments had greater leaf K than grass
335 and weed fabric in 2010 and greater leaf K than tillage and weed fabric in 2011. In the
336 integrated experiment, paper mulch reduced tree leaf N in 2009, although not to deficiency levels,
337 and conventional fertilizer increased tree leaf N over compost in 2011. Compost increased tree
338 leaf P in all years, K in 2009 and 2010 and Zn in 2011. Paper mulch increased tree leaf P in 2011
339 but there were no other treatment effects on tree leaf nutrients (data not shown). The tendency
340 for both compost and mulch to increase leaf K was also documented by Marsh et al. (1996) in
341 organic apple. Although Toselli et al. (2012) and de Melo et al. (2016) found no effect of
342 compost on the nutrient content of peach leaves despite increased yields.

343

344 Leaf tissue S, Ca, and Mn frequently tested low in all treatments in this study (Mills and
345 Jones, 1996) and so all trees were amended with foliar applications of Ca and trace elements.
346 Low leaf tissue S was resolved after soil applications of S in 2010. In 2010 and 2011, leaf tissue
347 P tested above normal, although this fell back to within normal levels after compost was reduced
348 (data not shown). Low leaf tissue Ca is attributed to competition with K as well as dry and sandy
349 soil conditions, all of which were present at this site. Low leaf tissue Mn can be explained by low
350 soil availability at high soil pH. Trefoil increased the availability of soil Mn in this study and
351 compost increased the availability of soil Zn in 2011, although this was not reflected in increased
352 tree leaf Mn or Zn. Hashemimajd and Jamaati-e-Somarin (2011) showed use of compost
353 increased the availability and tree leaf status of Zn and Fe in peach grown on calcareous soil.
354 And Sorrenti et al. (2012) showed similar findings in pear. Peck et al. (2006) found organic apple
355 grown on calcareous soil deficient in Zn, however. Further monitoring is needed to determine
356 whether long-term changes in soil nutrient availability translates into improved peach tree
357 nutritional status in calcareous soils.

358 This study design was unusual in that each treatment was treated as a discrete system
359 with respect to N and water inputs. The goal was to manage each system optimally by decreasing
360 fertilizer N inputs in treatments receiving legume N inputs and increasing N inputs when tree
361 growth was reduced (Table 2). Similarly, irrigation was targeted based on soil water drawdown
362 in each plot, ensuring water was applied optimally to each treatment. In spite of treatment
363 specific N and water management, we were unable to overcome the negative effects of weed
364 competition in treatments with a grass alleyway. Despite reduced external N inputs, trees with a
365 trefoil alleyway were largest even with significant living mulch/weed pressure in the tree-row.

366 Research is ongoing to determine the extent to which external N sources can be reduced further
367 in treatments with a trefoil alleyway.

368

369 **4 Conclusions**

370 Improved methods for transition to organic production are needed to assist growers in meeting
371 the increasing demand for organic fruit. Trunk cross sectional area of newly planted peach trees
372 was initially reduced when established with living mulch as opposed to active weed management
373 in the tree-row. By the third leaf, however, trees planted with trefoil alleyways were significantly
374 larger than trees planted with grass alleyways, with no difference between trees managed with
375 tillage or weed fabric. Trunk cross sectional area in trees grown with legume alleyways was also
376 equivalent to trees of similar age managed conventionally. This suggests that trees with trefoil
377 alleyways were able to access more resources than trees with grass alleyways, despite
378 considerable weed pressure in the tree-row and reduced external inputs. Conversely, trees
379 established with grass alleyways were shown to be highly dependent on weed management in the
380 tree-row, with no difference found between trees managed with organic fertilizers and herbicide
381 and those managed conventionally. Total tree growth as indexed by trunk cross sectional area
382 was reduced substantially when paper mulch with organic vs. conventional herbicide was used,
383 allowing for the buildup of weeds over time. Increased N inputs did not overcome this
384 competition effect. Surface deposited legume mulch and compost positively affected soil C and
385 N status. Compost when used alone to meet tree N needs, increased soil P and K levels to
386 unacceptable levels which necessitated the replacement of some compost applied N with feather
387 meal. Greater tree growth in legume treatments may be associated with greater soil N although
388 the potential for reduced tree root competition with trefoil vs. grass in the alleyways deserves

389 further study. More research is also needed to replicate these results in a range of soil types and
390 climates. In the meantime, these findings strongly suggest that growing legumes such as
391 Birdsfoot trefoil in the alleyways could be a successful approach to establishing organic peach
392 orchards with the potential to significantly improve soil health and reduce costs associated with
393 intensive weed control and expensive external inputs.

394

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548 **Table 1.** Compost characteristics from 2008 to 2011.

Compost characteristic	Chicken manure 2008	Steer manure 2009	Steer manure 2010	Steer manure 2011
Total N%	1.89	1.46	2.25	2.10
C:N Ratio	7:1	13:1	12:1	10.9
P %	-	0.15	0.44	1.00
K %	-	0.53	1.35	1.79

549

550

551 **Table 2.** Average nitrogen inputs for compost, feather meal, and alley way biomass amendments
 552 for six different orchard floor treatments: living mulch tree-row with grass (LmGr) and trefoil
 553 (LmTr) alley way, straw mulch tree-row with grass (StGr) and trefoil (StTr) alley way, tillage
 554 tree-row with grass alleyway (TiGr) and weed fabric with grass alley way (WfGr). Different
 555 letters indicate significant differences at $p \leq 0.05$.

Orchard floor treatment	Compost applied per tree (kg DW)	Compost total N per tree (kg)	Feather meal total N per tree (kg)	Biomass total N per tree (kg)	total average N inputs per tree (kg)
2008					
LmGr	0.91	0.017	-	-	0.017
LmTr	0.91	0.017	-	-	0.017
StGr	0.91	0.017	-	-	0.017
StTr	0.91	0.017	-	-	0.017
TiGr	0.91	0.017	-	-	0.017
WfGr	0.91	0.017	-	-	0.017
2009					
LmGr	1.67	0.024	-	-	0.024
LmTr	1.67	0.024	-	-	0.024
StGr	1.67	0.024	-	-	0.024
StTr	1.67	0.024	-	-	0.024
TiGr	1.67	0.024	-	-	0.024
WfGr	1.67	0.024	-	-	0.024
2010					
LmGr	2.55	0.055	-	-	0.055
LmTr	2.54	0.055	-	-	0.055
StGr	2.45	0.057	-	-	0.057
StTr	2.46	0.057	-	-	0.057
TiGr	2.17	0.049	-	-	0.049
WfGr	1.67	0.037	-	-	0.037
2011					
LmGr	2.28	0.051	0.077a	0	0.129 b
LmTr	2.28	0.051	0.066b	0.104	0.318 a
StGr	2.28	0.051	0.069ab	0	0.119 b
StTr	2.28	0.051	0.064b	0.108	0.333 a
TiGr	2.28	0.051	0.045c	0	0.096 c
WfGr	2.28	0.051	0.050c	0	0.101 c

556 Note: trefoil biomass was mown and blown into the treerow from 2009 on, however residue
 557 quantity was only collected in 2011.

558

Table 3. The effectiveness of tree-row organic weed management strategies (n = 4), evaluated based on weed density (plants/m²) and a visual evaluation of bare ground (% cover) in 2010 in the organic experiment. Densities were determined from two 0.25 m² quadrants in each plot. Percent bare ground was visually estimated between the three center data trees.

Treatment		Weed densities (no./m ²)			Bare ground (%)	
Tree-row	Alleyway	4-May	27-Jul	29-Aug	29-Jun	27-Jul
Straw	Grass	20.5 d	37.5 c	29.5 b	52.7 b	42.3 b
Straw	Legume	56.5 bc	72.5 b	72.5 a	32.1 c	22.3 c
Alyssum	Grass	78.0 ab	119.0 a	41.0 b	18.4 c	13.3 c
Alyssum	Legume	46.5 cd	86.0 b	25.5 b	25.3 c	12.2 c
Tillage	Grass	92.5 a	8.0 d	85.5 a	62.0 b	96.2 a
Weed fabric	Grass	-	-	-	97.2 a	92.8 a
<u>Analysis of variance</u>				<i>(P)</i>		
Block		0.47	0.49	0.28	0.70	0.74
Treatment		<0.0001	<0.0001	<0.0001	<0.0001	<0.0001
Factorial						
Tree-row		0.03	0.0001	0.08	0.010	0.010
Alley		0.84	0.90	0.16	0.34	0.14
Tree-row x alley		0.002	0.0003	0.0053	0.08	0.18

559

Table 4. The effect of conventional and organic tree-row management (n = 4) on weed control during the 2010 growing season, as evaluated by weed density and a visual evaluation of bare ground in the integrated experiment. Weed density was determined from two 0.25 m² quadrants in each plot. Percent bare ground was visually estimated between the three center data trees.

Treatment		Weed density (no./m ²)				Bare ground (%)	
Weed management	Fertility	4-May	29-Jun	27-Jul	29-Aug	29-Jun	27-Jul
Bare-ground	NPK	56.5 a	29.0 bc	22.0 b	9.0 bc	89.6 a	95.1 a
Bare-ground	Compost	66.5 a	82.5 a	20.0 b	15.5 b	89.9 a	93.9 a
Paper mulch	NPK	6.0 b	5.0 c	8.0 c	7.0 c	88.5 a	95.3 a
Paper mulch	Compost	9.5 b	34.0 b	39.0 a	30.5 a	76.8 b	78.9 b
<u>Analysis of variance</u>		(P)					
Block		0.15	0.23	0.08	0.69	0.57	0.55
Treatment		<0.0001	0.0004	<0.0001	<0.0001	0.0074	<0.0001
Factorial weed management		<0.0001	0.003	0.58	0.02	0.02	0.001
Fertility		0.33	0.0008	0.003	<0.0001	0.048	0.0003
Weed x fertility		0.64	0.27	0.001	0.004	0.04	0.0009

560

561

562 Figure Captions:

563

564 Figure 1: Trunk cross sectional area over time (n = 4) for organic peach trees established in 2009
565 under different orchard floor management systems: straw mulch grass alleyway (StGr), straw
566 mulch trefoil alleyway (StTr), living mulch grass alleyway (LmGr), living mulch trefoil alleyway
567 (LmTr), tilled tree-row grass alleyway (TiGr) and weed fabric tree-row grass alleyway (WfGr).
568 Different letters indicate significant differences among treatments within a year at the level of p
569 < 0.05.

570 Figure 2: Trunk cross sectional area over time (n = 4) for peach trees established in 2008 under
571 different integrated orchard floor management systems: organic fertilizer conventional herbicide
572 (OFH), conventional fertilizer conventional herbicide (CFH), conventional fertilizer
573 conventional herbicide to start transition to organic in 2011 (CFHT), organic fertilizer paper
574 mulch (OFM), conventional fertilizer paper mulch (CFM). Different letters indicate significant
575 differences at the level of p < 0.05.

576 Figure 3: Total organic soil carbon (0-10cm depth) in the organic experiment for alleyway main
577 effect over time (n = 4) contrasted with organic weed free standards tillage and weed fabric.
578 Different letters indicate significant differences at the level of p < 0.05.

579 Figure 4: Total soil nitrogen (0-10cm depth) in the organic experiment for alleyway main effect
580 over time (n = 4) contrasted with organic weed free standards tillage and weed fabric. Different
581 letters indicate significant differences at the level of p < 0.05.

582 Figure 5: Main effect of fertilizer and interaction of weed control method with time in the
583 integrated experiment on soil organic carbon (n = 4). Different letters indicate significant
584 differences at the level of p < 0.05.

585 Figure 6: Available (Olsen) soil phosphorus for tree-row main effect over time (n = 4) in the
586 organic experiment contrasted with organic weed free standards tillage and weed fabric.
587 Different letters indicate significant differences at the level of p < 0.05.

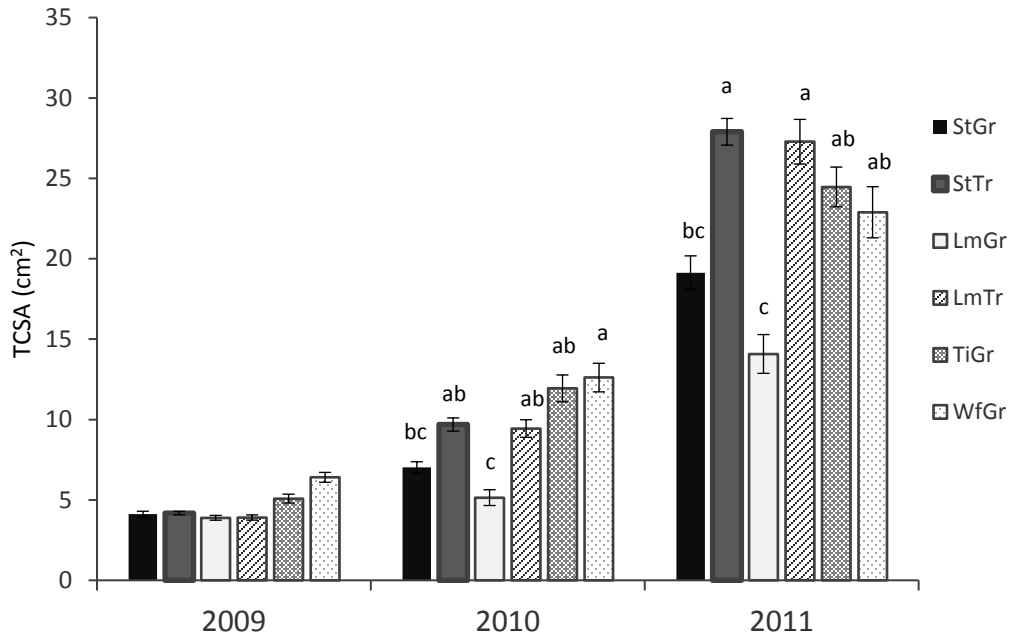
588 Figure 7: Available (Olsen) soil potassium for tree-row and alleyway main effect over time (n =
589 4) in the organic experiment contrasted with organic weed free standards tillage and weed fabric.
590 Different letters indicate significant differences at the level of p < 0.05.

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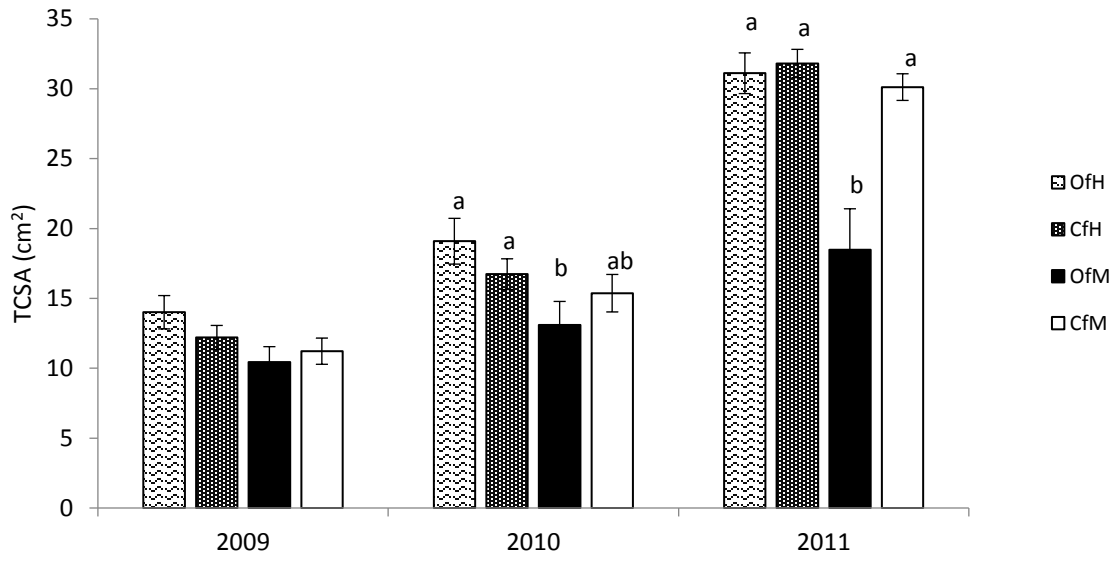
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596 Figure 1.

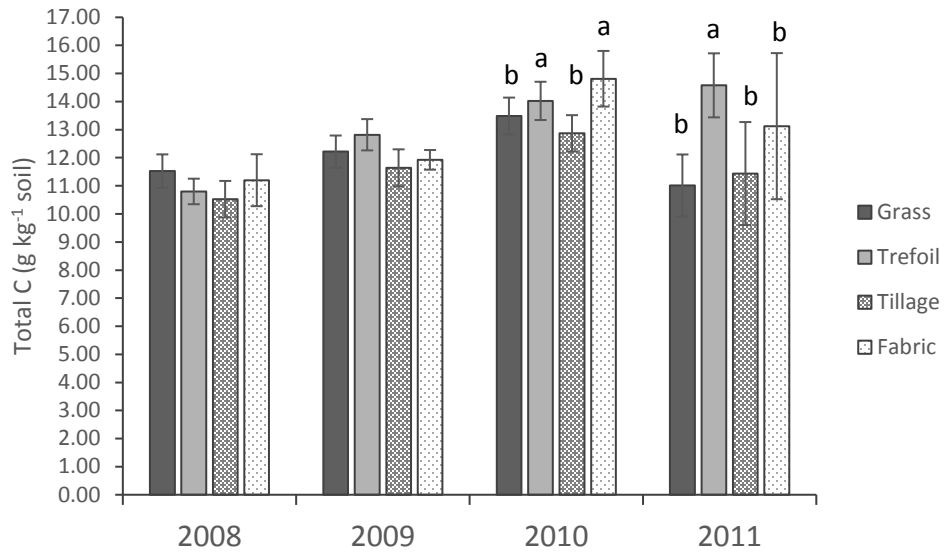
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600 Figure 2.

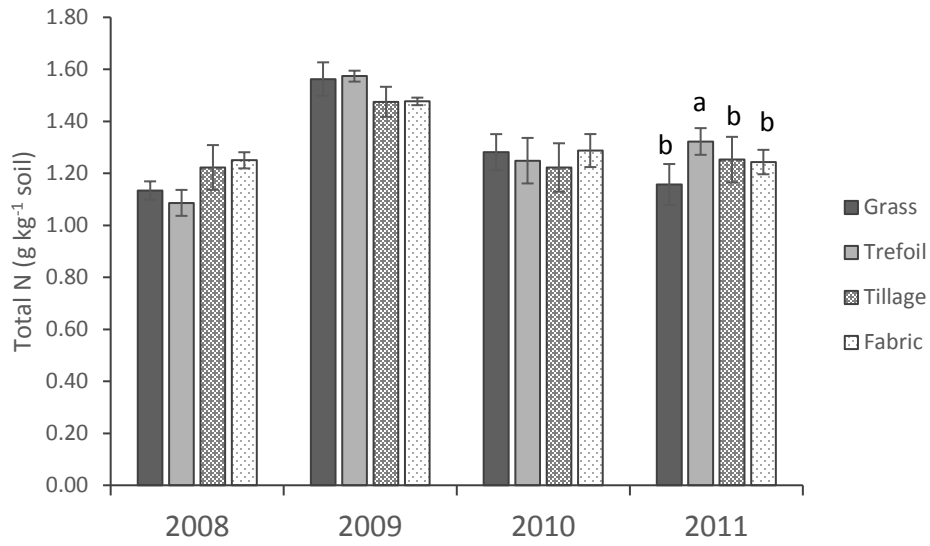
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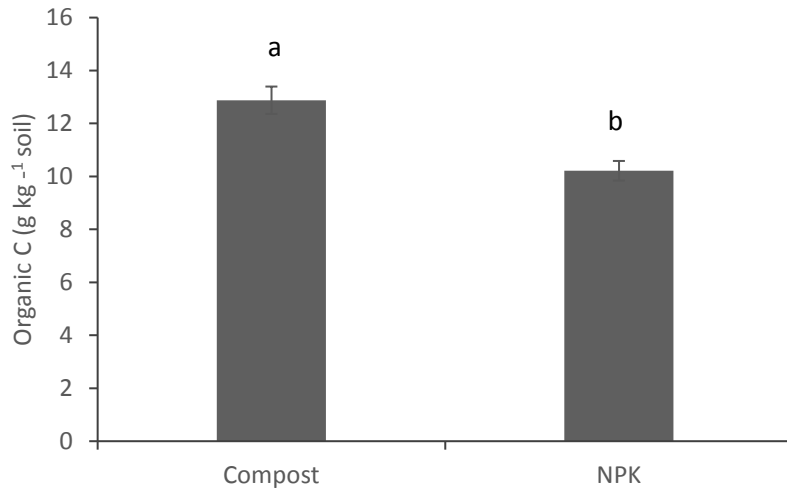
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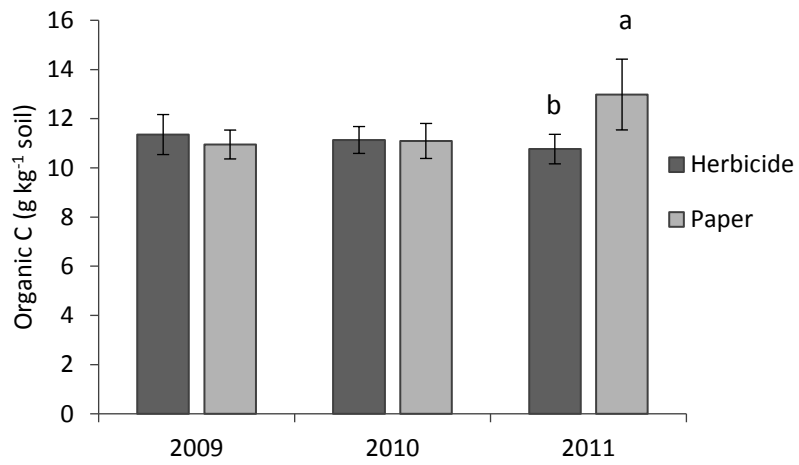
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606 Figure 4

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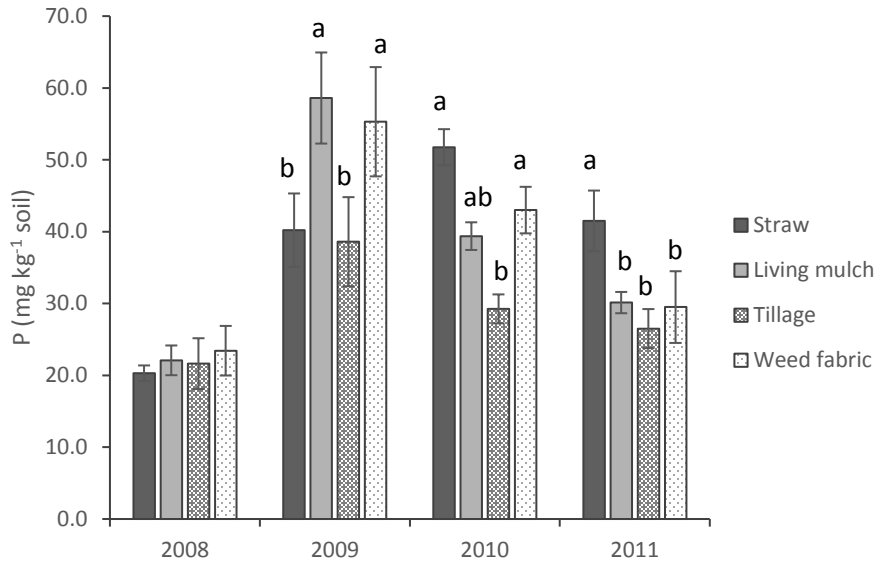
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610 Figure 5.

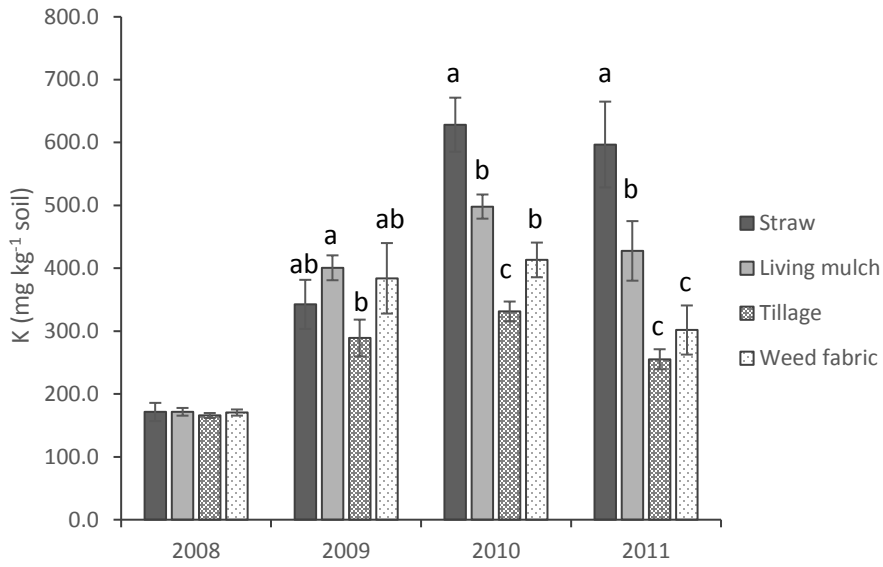
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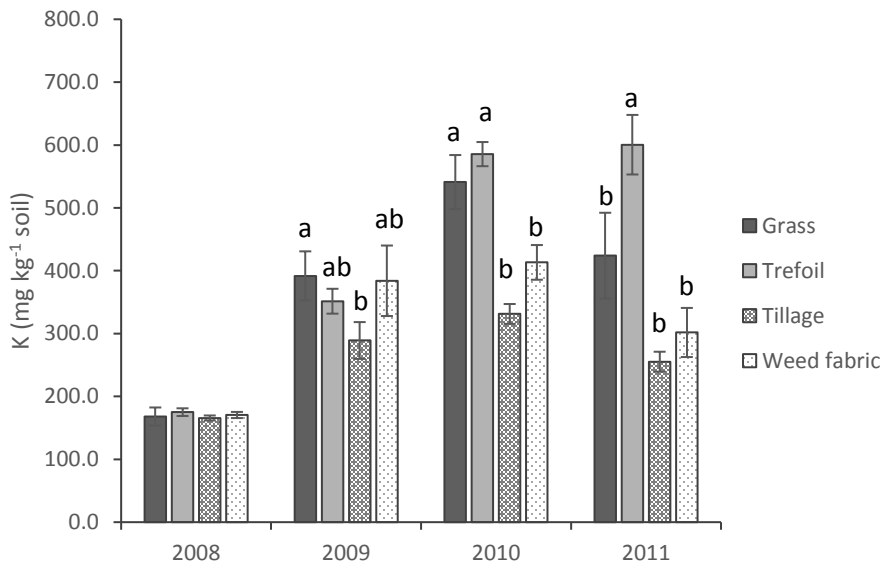
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613 Figure 6.

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617 Figure 7.

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