This research was conducted to bring an awareness to those effected by cyberbullying and for others to help receive tips and advice on how to further prevent it in the future. This is important to understand, because we are losing so many lives every day due to bullying. The sooner we help others find a way to stop it, the more lives we can save.

**ABSTRACT**

My goal through my research project is to bring awareness to the public of cyberbullying and to show people how to stop it from spreading more in their community and globally. I am going to do this by using my graphic design background to create an informational research poster. Cyberbullying can happen to everyone and with the advancement of technology, it’s much harder to get ahold of it now. Kids who are being bullied at school are also being cyberbullied outside of school and that makes it harder for them to escape from all the negativity, eventually leading them to anxiety, depression, and sometimes even suicidal problems to have to face with lifelong effects. I believe that no one should have to deal with those kind of things, especially from peers that you meet in a place that is supposed to be a safe space, such as school.

Cyberbullying rates have increased drastically since studies from 2008 and they have continued to grow every year. Some statistics I gathered about it from https://americanspcc.org/bullying/cyberbullying/ states that, “June 2014: Nationwide, 14.8% of students report being cyberbullied, including being bullied.” This is through various forms of social media. Middle school and High school are hard enough. There are various tips, advice, statistics, and effects of cyberbullying I would like to showcase through a graphic design exploration research poster to demonstrate what parents and peers can do to be aware and help stop it early before it’s too late. My ultimate goal with this research project is to be able to at least influence one parent, student, friend, and or bully to be able to open their eyes and mind more to the effects of cyberbullying and what they can do to be a friend and help prevent it.

**CONCLUSION**

My hope is that this information will stick with individuals of all ages and not just teenagers. Cyberbullying can effect all ages and is becoming more of an issue with the advancement of electronic devices. Be aware and conscious of those around us. Be a friend and help others to stop bullying and stand up for what we believe in.

Effects of Cyberbullying:
1/5 kids report being bullied and those kids are 250% more likely to commit suicide than those kids who aren’t bullied. (National Center for Education Statistics and Bureau of Justice Statistics) indicates that, nationwide, about 21% of students ages 12-18 experienced bullying.

In 2010-2011, the School Crime Supplement reported 9% of children in grades 6-12 are cyberbullied, but those using technology is much higher.

Tips to help stop Cyberbullying:
When adults respond quickly and consistently to bullying behavior they send the message that it is not acceptable. Research shows this can stop bullying behavior over time.

Be aware of changes in behavior of those around you. For example: becoming withdrawn, less use of electronic devices, etc.

Be supportive and someone to talk to for victims.

For more help and information go to: stopbullying.gov
CYBER-BULLYING

stopbullying.gov