Alfalfa Stem Nematode (ASN) is a nearly microscopic round worm that enters the alfalfa plant and lives in the stems and leaves, usually above ground. Under ideal conditions (wet weather in late winter or early spring, at 59-70°F), ASN can complete its life cycle from egg to reproducing adult in 19-23 days. A single ASN female, after mating with a male, can produce 200-500 eggs during its reproductive life. ASN can parasitize and persist on a number of host plant species, but can only reproduce in alfalfa and sainfoin. ASN can undergo anhydrobiosis, a state of drying to near death, and persist in plant debris, on seeds, or in dry soil for a very long time.

Alfalfa stem nematode, Ditylenchus dipsaci, belongs to a diverse species of nematode often referred to as stem and bulb nematodes. Within this species are a number of races or strains of the nematode. Alfalfa Stem Nematode is one that attacks and reproduces only on alfalfa (Medicago sativa) and sainfoin (Onobrychis viciifolia) plants. The ASN occurs in all regions of alfalfa production worldwide and can dramatically reduce plant stand and forage yields. Several nematodes are known to parasitize alfalfa; however, ASN is the most serious nematode causing damage in alfalfa production.

ASN is increasingly a concern to alfalfa producers in all regions of Utah; however, noticeable losses have occurred in Millard, Cache, and Box Elder counties. Symptoms are easily recognized in the early spring during cool wet weather. Damage is most often seen in flood-irrigated fields with increased damage observed near the headwater ends of infected fields. Newly established alfalfa on ASN infested ground often declines rapidly with poor seedling stand, increased weed pressure, and poor forage yield. Alfalfa production with moderate to severe ASN pressure (Fig. 1) rapidly becomes unprofitable within a year or two after planting.

**Introduction**

Infected plants tend to be stunted with very small "mouse eared" leaves. Infected stems have shortened internodes and swollen nodes (Fig. 2). Under the right climatic conditions, infected plants can appear yellow (Fig. 3) or even white in color (often called white flagging). This symptom is readily observed at green-up in the early spring or just after the first cutting. However, chlorotic flagging may be an indicator of other problems and alone does not indicate the presence of the ASN. Crinkled leaves are often observed on infected plants, with crinkling occurring between veins, not crossing them. Infected stems are brittle and tend to break off from the crown. Crowns of infected plants are not firm and may even appear spongy in consistency. Infected areas of the field are about 2-3 weeks slower to green-up in the spring compared to noninfected areas and appear to have winter killed. Although plants persist with moderate ASN pressure, eventually, with increasing ASN populations, they will die and plant stands will become patchy with blank spaces. Stand decline will increase weed pressure.

**What You Should Know**

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**Symptoms**

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Disease Cycle

All species of plant parasitic nematodes have a hollow stylet that is used to puncture the plant’s cells so that they can feed on the plant cellular contents. ASN also has this trait (Fig. 4), but it is among a small number of nematode species that can live and complete its life cycle, most often, above ground free of soil contact. ASN progresses through several life stages beginning with the egg. Within the egg, the nematode develops and goes through its first molt. After egg-hatch, the nematode goes through two additional molts to become a pre-adult or infective juvenile. At this stage the nematode can withstand extremes of freezing and drying for long periods by persisting in or on the surface of hay or plant debris and/or seed (Figs. 5 and 6), or in the crowns of plants when survival conditions are adverse. When there is sufficient moisture and favorable temperatures, the infective juveniles become active, enter the plant by colonizing seedlings as they germinate or by swimming up on the surface and entering through the plant’s stomates. The nematodes are small enough to move within the plant’s internal open spaces between cells. The nematodes secrete enzymes and plant-affecting hormones as they feed that stunt and swell plant tissues. Within the host plant, the nematodes molt a fourth time to become male and female adults. After mating, females can lay 200-500 eggs during their life. A complete life cycle, from egg to egg-laying adult, is 19-23 days at 59-70°F air temperature. Nematodes escape to the soil when living conditions within the plant become adverse when heavily infected plants can no longer support the nematode’s growing population, or when plants are dying. Pre-adult juveniles can survive in/on plant debris or seed under dry conditions for years (Figs. 5 and 6).

To verify that ASN is causing the symptoms in alfalfa, stems and leaves of symptomatic plants can be sampled and checked for the nematodes. Your local county Extension educator may be able to do this for you as they often can provide diagnoses quickly and accurately with the aid of a microscope. If confirmation is desired, then the sample may be sent to the diagnostic laboratory. To do this collect stems with leaves from several plants exhibiting symptoms of infection. Plant tissues should be sealed in a plastic bag and sent to the: Utah Plant Pest Diagnostic Lab, Department of Biology, 5305 Old Main Hill, Logan UT 84322-5349. Care should be taken not to expose the bag to excessive heat or cold so that the specimen and nematodes remain alive until the sample is received.

General instructions for sample collection and shipment can be found at: http://utahpests.usu.edu/uppdl/htm/forms and directing your browser to the diagnostic laboratory sample submission information.
Prevention

Prevent nematode reintroduction into a clean field by taking these precautions: cut new clean fields first, be sure the topsoil is dry, do not cut the alfalfa when the top 2-3 inches of soil surface is wet, as nematodes will exit the plants and return to the soil once they sense the plant is dying; clean equipment before moving from one field to another; avoid using tail water from a known ASN contaminated field; avoid the temptation to plant “brown bag” seed with claims of pedigree purity and resistance to ASN; avoid the use of manure from cattle operations, where infected hay is used as feed, to spread on rotation crops or new alfalfa plantings as a fertilizer. These recommended “ounces of prevention” are potentially worth tons of forage.

References

