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## Effects of Literacy Based Communication Intervention on Expressive Language of a Young Child

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EFFECTS OF LITERACY BASED COMMUNICATION INTERVENTION  
ON EXPRESSIVE LANGUAGE OF A YOUNG CHILD

by

Celeste C. Reynolds

Thesis submitted in partial fulfillment  
of the requirements of the degree

of

DEPARTMENT HONORS

in

Communicative Disorders and Deaf Education

Approved:

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Thesis/Project Advisor

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Department Honors Advisor

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Director of Honors Program

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## Introduction and Statement of Problem

A positive correlation has been demonstrated between improved expressive language skills and intervention using literacy related activities in the school-aged populations for both normally developing and developmentally delayed children. Norris (1991) found that children's literature provides meaningful contexts that are ideal for helping school aged children learn language in a manner that is interesting and does not artificially fragment language into subcomponents or splinter skills. Children can learn to recognize and use the abstract, complex, and subtle aspects of language in the context provided in written language. "The use of written language for intervention provides a context for integrating spoken and written language. It enables the language-disordered child to acquire much of the vocabulary and the complex grammatical and discourse structures that are normally acquired through reading" (Nagy, as cited in Norris, 1991, p. 79).

Other sources have documented the importance of intervention that includes literacy related activities for expressive language development in normally developing and developmentally delayed preschool children. Watson, Layton, Pierce, and Abraham (1994) argued that preschool children with language disorders may benefit from programs that include activities designed to promote emergent literacy. "Active participation in literacy experiences has been shown to improve comprehension and language development in children" (Morrow, as cited in Watson et al., 1994, p. 139). Traditional clinical intervention techniques can be supplemented with literacy activities with language-delayed children. Ratner, Parker, and Paige (1993) found these interactions create a more natural adult-child interaction and can provide a pragmatic framework for language intervention, because it replicates a natural context within which normal language learning occurs in childhood.

However, less information is available about the effect of literacy based activities on the expressive language of children younger than preschool with developmental delays. Saint-Laurent, Giasson, and Couture (1997) stated that research on emergent literacy in young children with developmental disabilities is just beginning. Many programs have been developed and implemented in preschool classrooms but, few programs have been used with younger

populations. This research indicated a need for the development and implementation of literacy based communication programs for children before they reach preschool. In a recent study of the literacy-related behaviors of young children (Galentine, 1996) stated that many children learn about literacy and something about the use of literacy artifacts and tools at least a year before they enter preschool. The findings suggest that adults should integrate literacy components in to the activities of young children whenever possible during intervention.

This study investigates the effect of a literacy based communication intervention consisting of artifacts, experiences, and supplemental activities on the expressive communication development of a child between the ages of three and four with developmental delays in expressive language.

## Review of Related Literature

### Literacy Based Communication Intervention

Recent research has demonstrated that intervention based on literacy and literacy related activities has been used with many aspects of language development. "Reading stories with children fosters vocabulary development, general language development, interest in reading, and success in reading in school." (Watson, as cited in Perua & DeBoer, 1995, p. 13). The results of a recent study that examined the frequency of book reading to preschoolers (Bus, van Ijzendoorn, & Pellegrini, 1995) supported the hypothesis that parent-preschooler reading is related to outcome measures such as language growth, emergent literacy and reading achievement. Machado (1985) explained that books can acquaint the child with new words, ideas, facts, and experiences. These are given in a different form than spoken conversation. In books, sentences are complete; in conversation they may not be. Stories and illustrations follow a logical sequence in books. Reading books aloud exposes children to grammatical forms of written language and displays literate discourse rules for them in ways that conversation typically does not. Barrentine (1996) stated that interactive read-alouds encourage children to verbally interact with text, peers, and teacher. This approach to reading aloud provides a means of engaging students as they construct meaning and explore the reading process.

Slaughter (1993) discussed the importance of the shared book approach. All components of language - listening, speaking, reading, and writing - are important when building a program of instruction in emergent literacy. The shared book approach can help develop ability in each of the components of language. "The shared book experience involves considerable oral participation. Children respond to questions about the story, predict upcoming words and phrases, guess at what might happen next, retell or reenact the story in their own words, and participate in choral reading of the story. All of these related activities allow the children's' speaking abilities to mature."(p. 9). Adults can help children master a wide variety of skills in the shared book experience by developing activities that are based on the initial read-aloud sessions.

A language arts approach to reading views reading as one part of the communication process. The language arts are interrelated - not separate, isolated skills. The teacher is responsible for showing the child the relationship between the various areas of language arts. In other words, the goal is to help the child to understand that communication is a total picture in which speaking, listening, written symbols, and the reading of those symbols are closely connected (Machado 1985). Reading books aloud exposes children to grammatical forms of written language and displays literate discourse rules for them in ways that conversation typically does not. Barrentine (1996) stated that interactive read-alouds encourage children to verbally interact with text, peers, and teacher. This approach to reading aloud provides a means of engaging students as they construct meaning and explore the reading process.

According to van Kleeck (1990) four general conclusions can be drawn regarding the role of the preschool years in literacy development:

First, almost from birth, children gradually begin learning a great deal about print, even though they may not learn how to actually decode print until they are formally taught to do so in school. Second, children's knowledge of print stems from learning about both reading and writing, both of which develop simultaneously and are closely related processes. Third, children learn about print by encountering it in meaningful, real-life social interaction where it is used to get real things done. Fourth, while some very general stages can be noted in early literacy development, ages at which children pass through these stages vary markedly (p. 41).

The role of literacy development is further explained by van Kleeck, children use a great deal of variability in the strategies in dealing with print because the development of reading is an extremely complex process. Facilitating children's knowledge of what print is, how it works, and why it is used is only a first step in introducing children to literacy.

Stictland and Morrow (1989) cited the following information from a joint statement of concerns about present practices in prefirst grade reading instruction and recommendations for improvement prepared by the Early Childhood and Literacy Development Committee of the

International Reading Association. For optimal learning, teachers should involve children actively in many meaningful, functional language experiences, including speaking, listening, writing and reading. Build instruction on what the child already knows about oral language, reading and writing. Focus on meaningful experiences and meaningful language rather than on isolated skill development. Provide reading experiences as an integrated part of the communication process, which includes speaking, listening and writing, as well as art, math and music. Encourage children's first attempts at writing, without concern for the proper formation of letters or correct conventional spelling. Use reading materials that are familiar or predictable, such as well known stories, as they provide children with a sense of control and confidence in their ability to learn. Encourage children to be active participant in the learning process rather than passive recipients, by using activities that allow for experimentation with talking, listening, writing and reading.

#### Expressive Language Development: Expressive Vocabulary

There are several ways to enrich the vocabulary of young children. Schwartz (1988) stated that providing direct experiences is the most significant way. Children need many and varied firsthand experiences - seeing, touching, tasting, smelling, and hearing - and they need to have language attached to those experiences. In the years from three to eight, children make rapid advances in vocabulary development when their environments are stimulating, as long as they have many opportunities to test and practice these new words against their actual referents. Books, films tapes, pictures, and models should be used to supplement the direct, firsthand experiences. Experiences with print and nonprint media can help children extend and retain what they have learned on a more concrete level.

Books can be used to supplement a child's everyday experiences. Machado (1985) stated that emphasis needs to be placed on the importance of abundant play opportunities as a valuable aid in contributing to child language acquisition. Although picture book experiences can't substitute for the child's real life experiences, interactions, and discoveries it can help make life's happenings understandable. "Reading material that is enjoyable and meaningful provides many opportunities for repeating and reinforcing the child's reading vocabulary. And meaningful context may be

especially important for learning function words, since they have virtually no lexical meaning in themselves." (Schwartz, 1988, p. 118).

#### Expressive Communication Development: Emergent Literacy

The term emergent literacy can be used to refer to the knowledge children gain about print before they learn how to read. "Emergent literacy refers to the first signs of abilities and knowledge with regard to written language, the period between birth and the time when children conventionally read and write" (Sulzby & Teale, as cited in Saint-Laurnet et al., 1997). Emergent literacy is a language learning perspective that emphasizes gradual and natural emergence of literacy competence. Children begin to learn about literacy at the same time and in much the same way they learn about spoken language: through active participation in everyday language and literacy events (Watkins & Brunce, 1996).

There are six major components of emergent literacy "these are (a) print awareness, (b) concepts of book print, (c) story sense, (d) phonological awareness, (e) the matching of speech to print, and (f) control of reading and writing." (Lipson and Wixson, as cited in Watson et al., 1994 p. 138). The following statements about emergent literacy summarize several concepts that appear frequently in published literature. Learning to read and write begins very early in life. Reading and writing develop concurrently and interrelatedly in young children. Literacy develops from real life situations in which reading and writing are used to get things done. Children learn literacy through active engagement.



### Purpose and Objectives

The general purpose of the study was to determine the effect of literacy combined with literacy related activities on the expressive language of a developmentally delayed child, between the ages of three and four years of age. The findings of this single case study will be used to determine dependent and independent variables for a multiple case study.

The specific objectives of this study were:

1. To develop and implement a literacy based communication intervention program.
2. To observe the behaviors of the child and summarize behaviors of expressive language development in expressive vocabulary and emergent literacy over time.

## Methods and Procedures

### Development of a Literacy-based Language Intervention Program

#### Predictable Children's Book for Language Intervention

A children's book with a predictable format was selected for the intervention program. McClure (1985) stated that children's literature that is written in a predictable format can be an important resource for teaching reading to learning disabled children. These books are written in rhythmical, repetitive pattern, making it easy for children to begin predicting what will be on the page. Morrow (1989) stated that predictable books are excellent for emergent readers in shared book experiences as well as independently. They allow the child's first experience with reading to be enjoyable, and successful with minimal effort and can success encourage the child to continue efforts at reading.

The book, *Quick as a Cricket* written by Audrey Wood and illustrated by Don Wood was selected. A phrase is repeated throughout the story with slight wording changes as the story progresses. Activities for each session were planned around this book and the book was read by the clinician during each session. Morrow (1989) stated that besides offering the pleasure of familiarity, a repeated story helps develop concepts about words, print and books.

#### Literacy Based Activities for Communication Intervention

The activities that were selected for this intervention program were music, art, dramatic play, and games and movement. At least one activity from each of these categories was planned for each of the sessions.

#### Music activities.

Kolb (1996) stated that the spontaneous disposition children have toward rhythm and melody makes music an ideal tool for assisting them with the interwoven facets of language: listening, speaking, reading, and, writing. Music and song in early reading program have great value. A wide variety of music and singing activities combined with reading instruction can foster beginning reading success. Specifically, they can facilitate the development of book concepts, sight vocabulary, reading comprehension, and fluency. Slaughter (1993) stated that the shared

book experience is very compatible and easily integrated with music. The music activities developed for this intervention program were based on rhyming children's songs with wording changes to incorporate concepts and vocabulary from the selected children's book.

#### Art activities.

Predictable stories can spark many responses in the form of art projects. Children can use this medium to create three-dimensional objects and characters - or more elaborate recreations of entire scenes - from the stories they hear or read (Slaughter, 1993). The art activities developed for this intervention program included materials such as construction paper, crayons, markers, chalk and drawing easel, molding clay, glue, scissors, and stencils. The activities included drawing a picture and telling a story about it, cutting out and gluing letters, coloring pictures of characters from the selected book, and molding small replicas of characters from the book out of clay.

#### Dramatic play activities.

Dramatic play is using props and assuming roles to reenact the events depicted in the story. The dramatic play activities developed for this intervention program included acting like the animals in the book. The characters were acted with games like roaring like a lion, hiding like a clam, and marching like a rhino.

#### Games and movement activities.

The game and movement activities developed for this intervention program included a lion hunt with flashlights to capture pictures and puppets of the characters of the book hidden in the therapy room. Another activity was fishing in a pool with fishing rod for characters from the book.

#### Facilitation Procedures for Communication Intervention

Scaffolding, steps taken by the adult to facilitate the child's comprehension of the story, should be present in interactive book reading. The following scaffolding was noted during observations of parent-child interactions during interactive book reading (Dore, as cited in Snow, 1983) expansions that focus on content, extensions that add new information, questions that clarify, and answers to the child's questions were noted during observations of parent-child

interactions. The following procedures were used throughout the sessions of the intervention program preparatory sets, directed listening and thinking, wait time, cloze procedures, extensions, questioning, and parent extensions.

#### Preparatory sets.

During preparatory set activities the clinician asked about prior knowledge about the topic that would be discussed in the book and introduced new vocabulary. Norris (1991) defined a preparatory set as statements that help the child activate appropriate concepts or expectations. These are used to link new information to previously stated ideas and are provided before the child reads or listens to the story.

#### Directed listening/thinking.

Morrow (1989) explained that the basic framework for directed listening - thinking activities are first, preparation for listening with questions and discussion before reading the book, then reading the story and finally discussion after reading the book.

#### Wait time.

This procedure allows time for the child to comment or ask questions about the story or the activity that he is participating in. Wait time provides an opportunity to follow the child's lead and talk about topics that are of interest to him.

#### Cloze procedures.

Schwartz (1988) defined cloze procedures as a principle that requires the child to fill in, by use of contextual clues, words that have been deleted at regular intervals from a selected passage. This procedure is used to help the clinician determine if the child understands the concepts that are discussed in the book.

#### Extensions.

Extensions add clarification to unfamiliar words or concepts. Norris (1991) explained that extensions help a child understand language by adding clarification or function to elements of syntax, morphology, or discourse structure that may not be fully understood.

#### Questioning.

Questions are a natural part of communicating and are used to obtain information or to facilitate active problem solving. The types of questions used in scaffolding should be intended to extend thinking rather than to test for comprehension or factual recall (Norris, 1991) "Questions that promote prediction, role assumption, generalization, formulation of examples or exceptions, classification, justification, solutions, and inferencing can be used to facilitate language learning." (Blank, as cited in Norris, 1991, p. 75).

#### Parent extensions.

The influence of the home environment as the site for children's earliest language learning has long been recognized as significant. A study done by Cariney and Munsie (1995) supported the claim that parent participation programs have the potential to lead to significant gains in student ability to use literacy for a ranges of purposes. For this intervention program a story extension book was sent home with the parent to read with her child.

#### Implementation of a Literacy-based Communication Intervention Program

The subject that participated in this study was a three year old male. Testing done at a speech and hearing clinic prior to this study indicated that he was delayed for his age in expressive language.

Over a five week period the subject attended eight sessions each lasting for thirty minutes. The sessions took place in an individual treatment room with a two-way mirror. These sessions were audio and video taped.

The clinician offered or prompted the child toward participation in the planned activities and then allowed the subject choose what he wanted to do with the materials. Machado (1985) suggested that adults offering initial experience with books should respect that a toddler may become disinterested and move on quickly to investigating other aspects of the environment.

Data collection consisted of informal assessment and parent questionnaires. Informal assessment was used because according to Morrow (1989) the best way to evaluate a child's knowledge about print and the skills required in recognizing and using it is to conduct frequent

individual observation, collect work samples, and personal interviews. The two parent questionnaires were completed before and after the intervention program. Expressive vocabulary was measured using Rescorla Vocabulary Checklist with additional target vocabulary added to the checklist (see appendix). Each intelligible word that the subject said during the sessions, both spontaneous and elicited was recorded. Emergent literacy was measured using an Emergent Literacy Checklist adapted from Roskos and Neuman (1994) and Galentine (1996). A literacy album was also used to measure emergent literacy.

## Results

### Expressive Vocabulary

The expressive vocabulary checklist completed before intervention indicated that the child had said 284 of the 369 words on the checklist. The same checklist completed after intervention indicated that the child had said 329 of the 369 words on the checklist. See Figure 1. A record kept by the clinician of the elicited and spontaneous words that the client said during the sessions indicated that he said 7 words during the sessions that he did not know before intervention.

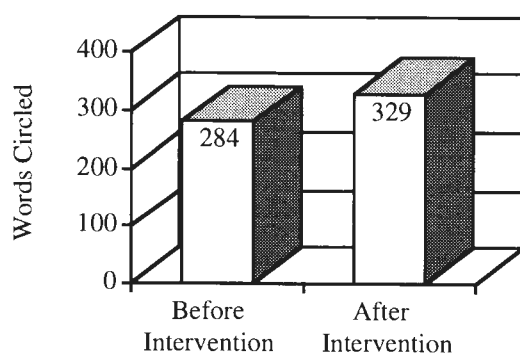


Figure 1. Expressive vocabulary checklist completed before and after intervention by the subject's parent.

### Emergent Literacy

The emergent literacy questionnaire completed before intervention indicated that the child demonstrated 2 of the behaviors not at all, 4 of the behaviors sometimes, and 15 of the behaviors often. The emergent literacy questionnaire completed after intervention indicated that the child demonstrated 1 of the behaviors not at all, 4 of the behaviors sometimes, and 16 of the behaviors often. See Figure 2.

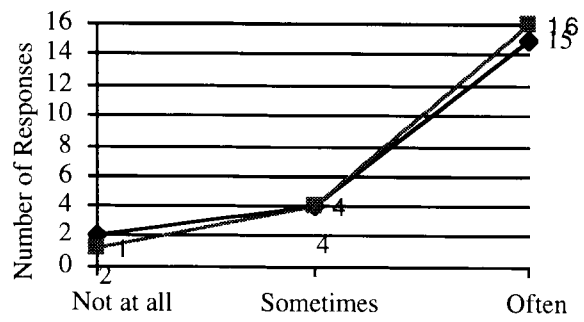


Figure 2. Emerging literacy questionnaire completed before and after intervention by the subject's parent.



## Discussion

The data collected demonstrate improved expressive language in the areas of expressive vocabulary and emergent literacy. However, the data collection methods and procedures may not have been reliable enough that any conclusions should be drawn about the effectiveness of this intervention approach. The two methods of collecting data, parent report and clinician report may be biased and an additional objective measure is needed to ensure that the data collected is reflective of the behaviors being measured.

Possible research implementation problems include limited time period for the intervention, individualization to subject's needs instead of structured research design, and reliability of parent report. Factors such as fatigue and illness of the subject influenced the data collected from one session to another

Further research would be helpful in this area to determine if literacy and literacy based communication intervention can increase the expressive language development of young children with developmental delays.

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## Appendix

## Expressive Vocabulary Checklist

<b>FOOD</b>	<b>ANIMALS</b>	<b>ACTIONS</b>	slither	money	<b>BODY PARTS</b>	shut
apple	ant	bath	sniff	paper	arm	shy
banana	basset	bother	spatter	pen	belly	slow
bread	bear	breakfast	splash	pencil	bottom	small
butter	beaver	bring	startle	penny	chin	stinky
cake	bee	bump	sting	pocketbook	ear	strong
candy	beetle	buzz	stop	tissue	elbow	tame
cereal	bird	catch	swat	toothbrush	eye	that
cheese	bug	clap	swim	umbrella	face	this tired
coffee	bunny	close	take	watch	finger	tough
cookie	cat chicken	come	throw		foot	up
crackers	chimp	cough	tickle	<b>PEOPLE</b>	hair	weak
drink	clam	cut	topple	aunt	hand	wet
egg	cow	dance	walk	baby	knee	white
food	cricket	dinner	want	boy	leg	wild
grapes	dog	dive	wash	daddy	mouth	yellow
gum	duck	doodoo	wake	doctor	neck	yucky
hamburger	elephant	eat	wobble	girl	nose	
hot dog	fish	feed		grandma	teeth	<b>OTHERS</b>
ice cream	fox	finish	<b>HOUSEHOLD</b>	grandpa	thumb	A, B, C, etc
juice	frog	fix	bathtub	lady	toe	away
meat	horse	flip	bed	man	tummy	booboo
milk	kitten	flop	blanket	mommy		byebye
orange	lamb	flutter	bottle	own name	<b>MODIFIERS</b>	curse words
pizza	lark	fly	bowl	pet name	allgone	here
pretzel	lion	frighten	chair	uncle	allright	hi, hello
soda	lizard	get	clock	Ernie, etc.	bad	in
soup	monkey	give	crib		big	me
spaghetti	moth	go	cup	<b>CLOTHES</b>	black	meow
tea	mouse	have	door	belt	blue	my
toast	ox	help	floor	boots	brave	myself
water	pig	hit	fork	boat	broken	nightnight
	poodle	hop	glass	diaper	busy	no
<b>TOYS</b>	puppy	jump	knife	dress	clean	off
ball	rhino	kick	light	gloves	cold	on
balloon	salamander	kiss	mirror	hat	dark	out
blocks	shark	knock	pillow	jacket	dirty	please
book	shrimp	look	plate	mitten	down	Sesame St.
bubble	snail	love	potty	pajamas	gentle	Scuse me
crayons	snake	lunch	radio	pants	good	shut up
doll	tiger	make	room	shirt	happy	thank you
present	toad	nap	sink	shoes	heavy	there
slide	turkey	outside	soap	slippers	hot	under
swing	turtle	pattycake	sofa	sneakers	hungry	welcome
teddy bear	whale	peekaboo	spoon	socks	large	what
		peepee	stairs	sweater	lazy	where
<b>OUTDOORS</b>	<b>PLACES</b>	push	table		little	why
flower	church	read	telephone	<b>VEHICLES</b>	loud	woofwoof
house	home	ride	towel	bike	mean	yes
moon	hospital	run	trash	boat	mine	you
rain	library	scurry	TV	bus	more	yummy
sidewalk	McDonalds	see	window	car	nice	1, 2, 3, etc.
snow	park	show		motorbike	open	
star	school	sing	<b>PERSONAL</b>	plane	pretty	
street	store	sit	brush	stroller	quick	
sun	zoo	slap	comb	train	quiet	
tree		sleep	glasses	trolley	red	
		slip	key	truck	sad	

### Emergent Literacy Questionnaire

	Not at all	Sometimes	Often
1. Holds or manipulates writing tools.			
2. Likes to draw.			
3. Pretends to write.			
4. Makes circles when drawing or writing.			
5. Makes lines when drawing or writing.			
6. Will ask for something to write with.			
7. Will ask for something to write on.			
8. Points to pictures in books.			
9. Points to print in books.			
10. Recognizes own name in print.			
11. Writes own name.			
12. Understands that print is read left to right.			
13. Understands that print is read top to bottom.			
14. Associates meaning with print.			
15. Correctly positions a book to read.			
16. Indicates when it is time to turn the page.			
17. Assists in turning the pages.			
18. Talks about pages while looking at a book.			
19. Uses pictures to 'read' a book.			
20. Expresses interest in stories.			
21. Asks to have stories read.			

## Book

Quick as a Cricket by Audrey Wood

1. I'm as **quick** as a **cricket**.
2. I'm as **slow** as a **snail**.
3. I'm as **tall** as an **ant**.
4. I'm as **large** as a **whale**.
5. I'm as **sad** as a **basset**.
6. I'm as **happy** as a **lark**.
7. I'm as **nice** as a **bunny**.
8. I'm as **mean** as a **shark**.
9. I'm as **cold** as a **toad**.
10. I'm as **hot** as a **fox**.
11. I'm as **weak** as a **kitten**.
12. I'm as **strong** as an **ox**.
13. I'm as **loud** as a **lion**.
14. I'm as **quiet** as a **clam**.
15. I'm as **tough** as a **rhino**.
16. I'm as **gentle** as a **lamb**.
17. I'm as **brave** as a **tiger**.
18. I'm as **shy** as a **shrimp**.
19. I'm as **tame** as a **poodle**.
20. I'm as **wild** as a **chimp**.
21. I'm as **lazy** as a **lizard**.
22. I'm as **busy** as a **bee**.
23. Put it all together,
24. And you've got me!