

Gender Differences in Workplace Jealousy

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What is Workplace Jealousy?


- ▶ Jealousy in general is evoked when an outside party threatens an ongoing relationship.
- ▶ Workplace Jealousy, therefore, is when a third party threatens a relationship in the workplace, whether with a supervisor or a co-worker.

Why Care about Workplace Jealousy?

- ▶ Jealousy is an important component in serious conflicts such as crimes of passion, and in smaller conflicts such as teenage drama.
- ▶ Although studies are limited, workplace jealousy must also be a key component in workplace conflicts.
- ▶ This proposed study would contribute to filling this glaring hole in modern social psychology research.

Background- Gender Differences in Negative Emotions

- ▶ While women may feel negative emotions more often and strongly, men may be more likely to act on the negative feelings (Bianchin & Angrilli, 2010; Maffei et al., 2015; Verona et al., 2007).
- ▶ Romantic jealousy studies have found that the majority of both sexes describe themselves as “jealous”, but they also find that men experience more drastic reactions to lower levels of stress (Guclu et al., 2017).
- ▶ In a peer jealousy study, results showed that high-school students were envied more for their social and financial success than any other aspect of their lives (Mass & Gagne, 2002).

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- Hypothesis: Although women may experience higher levels of jealousy, it is expected that men will show their jealousy more aggressively than women.

Study Design

- ▶ Three-Week Intervention:
 - ▶ Two Groups:
 - ▶ Tuesdays and Thursdays
 - ▶ Wednesdays and Fridays
- ▶ Six 3-hour study sessions total:
- ▶ Week One: Baseline Week (2 study sessions)
 - ▶ Session 1: “Password” Card Game + Office Task
 - ▶ Session 2: Office Task + Progress Check/Interview
- ▶ Week Two: Non-Jealousy Condition (2 study sessions)
 - ▶ Session 3: “Password” Card Game + Office Task
 - ▶ Session 4: Office Task + Progress Check/Interview
- ▶ Week Three: Jealousy Condition (2 study sessions).
 - ▶ Session 5: “Password” Card Game + Office Task
 - ▶ Session 6: Office Task + Debriefing Interview.

Another Word For Home

A Type of Constructed Building

HOUSE

A Building Where Someone Lives

A Reality TV Medical Doctor

References

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