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## EFFECTS OF MODULATED AND CONTINUOUS MICROWAVE IRRADIATION ON THE MORPHOLOGY AND CELL SURFACE NEGATIVE CHARGE OF 3T3 FIBROBLASTS

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### Abstract

Mouse embryo 3T3 cells were irradiated with 2450 MHz continuous and low frequency (16 Hz) square modulated waves of absorbed energy ranging from 0.0024 to 2.4 mW/g. The low frequency modulated microwave irradiation yielded more morphological cell changes than did the continuous microwave fields of the same intensity. The amount of free negative charges (cationized ferritin binding) on cell surfaces decreased following irradiation by modulated waves but remained unchanged under the effect of a continuous field of the same dose. Modulated waves of 0.024 mW/g dose increased the ruffling activity of the cells, and caused ultrastructural alteration in the cytoplasm. Similar effects were experienced by continuous waves at higher (0.24 and 2.4 mW/g) doses.

**Key Words:** Microwave irradiation, modulation, ultrastructure, morphology, 3T3 cells, negative charges, electron microscopy.

### Introduction

The biological effects of microwave irradiation have been investigated extensively (1, 2, 4, 8, 20, 25, 36, 38, 39, 49, 70, 71, 80, 97, 104) and data are available about its effect on membrane organization (10) as well as membrane functions. Thus, microwave irradiation is known to alter the cation permeability and transport of plasma membrane (26, 27, 47, 49) trans-membrane protein channels (24), membrane bound enzyme activity (1, 2, 12-15, 97), ligand-receptor interactions (44, 52, 67, 73, 76), signal transduction (15, 52), cell communication (29), and immunity (11, 21, 33, 46, 50, 70, 76, 79, 87, 89, 103). Microwave irradiation caused membrane shedding (46, 67) and altered the phagocytotic activity of macrophages (56).

The morphological changes of the plasma membrane and the cell organelles upon exposure to microwave fields were investigated on cells of the central nervous system (6-8, 42, 65, 66, 94), lens (104), blood barriers (4), lymphocytes (34), and in cell culture (18, 28, 86, 102). Data were published about cell shape alteration following microwave irradiations (18, 28, 86, 102). The mechanisms leading to the membrane injury following microwave irradiation depend on the dose and mode of irradiations (1, 2, 6, 8, 19, 28, 36, 70, 71, 97). Thus, it is well known that high intensity microwaves (higher than 10-15 mW/cm) exert direct and indirect thermal effects (18, 45, 70, 71, 79, 86). However, the biological response also contains a non-thermal component, which came into prominence as low doses were applied (below 10 mw/cm) (11, 21, 28, 102). Recently it was proposed that the membrane effects of continuous and modulated electromagnetic (microwave) irradiations might not be identical. Chang (16) found that the oscillating electric field (from a few kHz to 1 MHz, the peak amplitude of oscillating field 0.5 to 5 kV/cm) caused cell poration and cell fusion. Some changes of membrane functions (i.e., cation transport and membrane permeability, ligand binding, signal transduction, cell communication (6, 8, 11-15, 19, 21, 24, 26, 27, 29, 49, 52, 60, 67, 73, 76, 96, 103) occur upon weak, low frequency

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(below 100 Hz) modulated irradiation but continuous fields of the same intensity do not cause any effects on the cells. These changes in membrane function may be explained by a specific interaction between the weak low frequency modulated electromagnetic fields and the charged groups of membranes as well as the potential profile of the membrane (1, 2, 73). The electric potentials of the membrane play an essential role in the membrane organization and functions [i.e., protein conformation and enzyme activity, lipid composition, signal transmission, ion carriers and channels (22, 41, 59, 77, 78, 95)], some membrane effects of electromagnetic fields can be explained by that mechanism.

Since the difference in membrane effect between the low frequency modulated and continuous microwave fields are not clarified in all respects, we decided to investigate this problem by electron microscopy, we supposed that the charged groups of membranes may serve as primary targets of modulated microwave irradiation. Therefore, we studied the amount and distribution of fixed negative charges visualized by cationic ferritin (CF) binding (23) upon different kinds of microwave fields. Parallel changes exerted by modulated and continuous microwave fields on cell shape and ultrastructure in the low (0.0024 to 2.4 mW/g specific absorption rates (SAR) intensity range were investigated.

## Materials and Methods

### Cell culture

Mouse embryo 3T3 cells were cultured in Eagle MEM medium supplemented with glutamine (4 mM final concentration), and 10% fetal calf serum. They were maintained at 37 °C in a humidified 5% CO<sub>2</sub>-95% air atmosphere. The cells were used in confluent monolayers.

### Microwave irradiation and dosimetry

The cell cultures on the glass petri dishes were irradiated with 2450 MHz continuous (CW) and 16 Hz square modulated waves (modulation depth 75%) at field intensities 0.798, 7.98, 79.8  $\mu\text{W}/\text{cm}^2$ , SAR were 0.0024, 0.0244, 0.24 and 2.4 mW/g; energy absorptions were 4.32, 43.2, 432 mJ/g and 4.32 J/g, the calculated electric field strength: 0.1168, 1.168, 11.68 and 116.8 mV/cm<sup>2</sup>. The exposure facility is shown in Fig. 1. The pattern of the power density in TE<sub>10</sub> mode has a sin<sup>2</sup> standing wave across the long transverse axis of the wave guide (broadwall):

$$P_{av} = P_{max} \int_0^b \int_{-a/2}^{+a/2} \sin^2(\pi x/a) dx dy \quad (1)$$

where  $P_{av}$  is the average power density given by the input power and the cross-section area of the waveguide,

**Figure 1.** Experimental setup for radiation and dosimetry. The microwave power generator was connected to a wave guide section by directional coupler (20 dB) and coax wave guide adapter. The cell culture was placed on a dielectric matching load at the center of the wave guide cross-section. The SAR was measured by a thermocouple using on-line computer evaluation (see text).

**Figure 2.** Electron micrograph of control 3T3 cells. Intact mitochondria (M), a few rough endoplasmic reticulum (RER), microfilaments (f) are seen. The cationic ferritin bound to plasma membrane in some clusters. The contact regions of membranes ( $\rightarrow$ ) labelled by ferritin particles heavily. Bars = 0.25  $\mu\text{m}$ .

**Figure 3.** Control 3T3 cells. G = Golgi complex, M = mitochondria, V = autophagic vacuole, L = lipid droplets, ( $\rightarrow$ ) = rough endoplasmic reticulum. Bar: A = 0.5  $\mu\text{m}$ , B = 0.2  $\mu\text{m}$ .

**Figure 4.** Binding of cationized ferritin to continuous microwave field treated (2.4 mW/g) cell. The amount and distribution of bounded cationized ferritin did not change (\*). Vacuolization of cytoplasm (V), increased number of Golgi vesicles (G), altered mitochondria (M) were evident. Bar = 0.25  $\mu\text{m}$ .

**Figure 5.** Binding of cationized ferritin to modulated microwave irradiated cell (0.024 mW/g). The amount of bound ferritin decreased markedly. N = nucleus, ( $\rightarrow$ ) = rough endoplasmic reticulum. Bar = 0.25  $\mu\text{m}$ .

**Figure 6.** Scanning electron micrograph of control 3T3 cells. Bar = 1  $\mu\text{m}$ .

$P_{max}$ , the maximum power density of the wave-guide area, and a and b are the size of the walls of wave guide. From the equation (1):

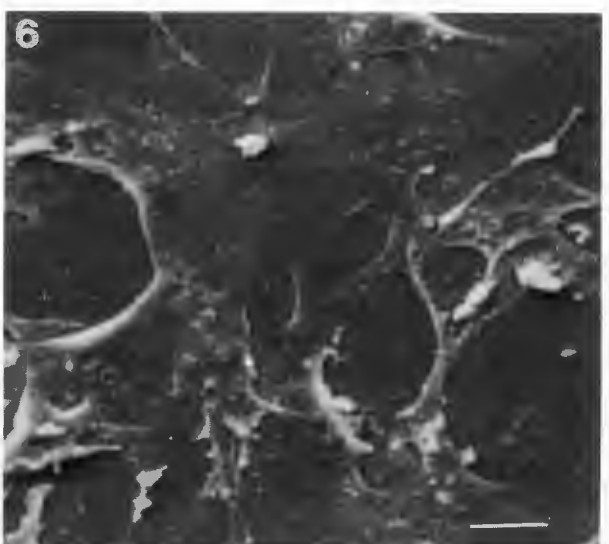
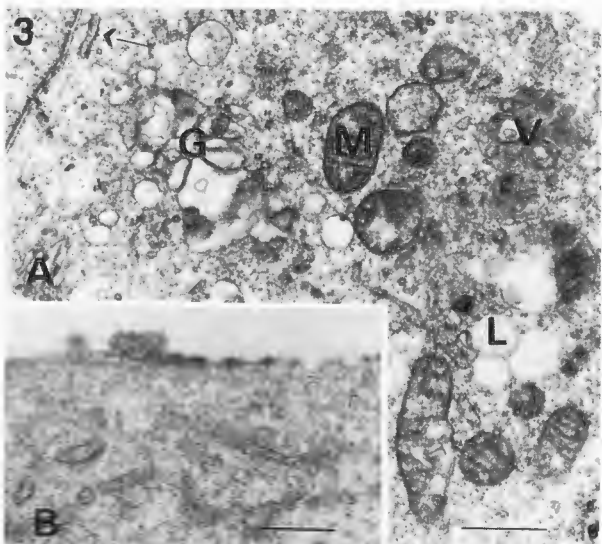
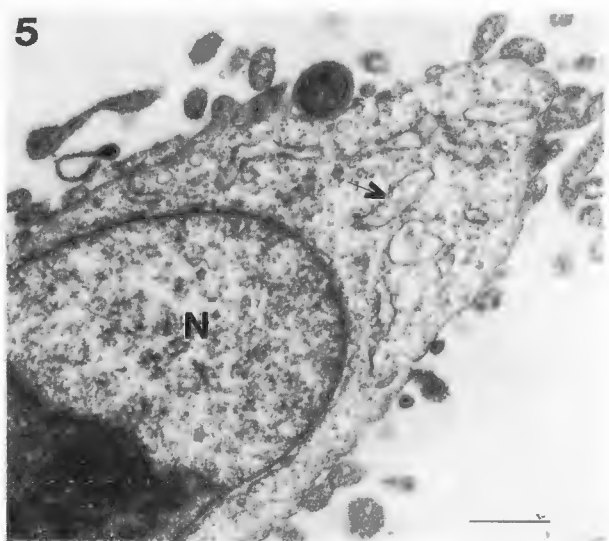
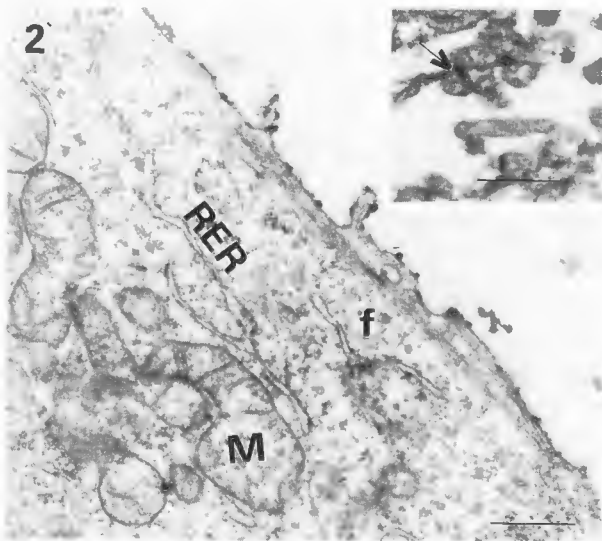
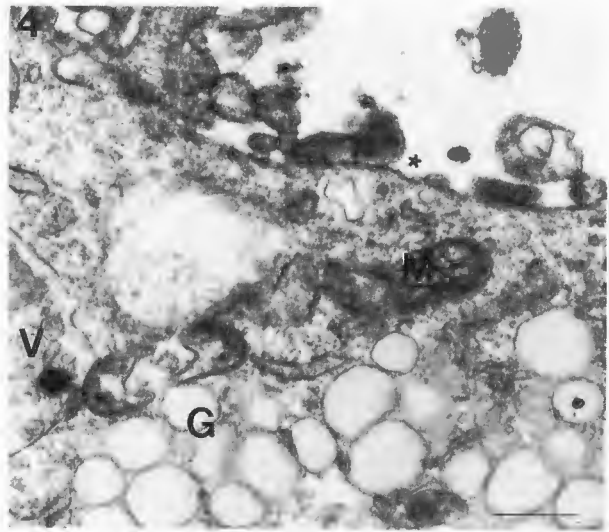
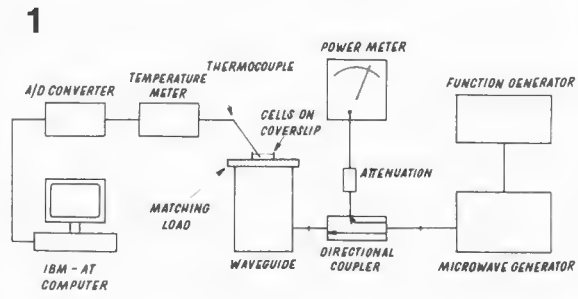
$$P_{max} = 2P_{av} \quad (2)$$

The sample holder plates were placed on the central area of the broadwall of the wave guide and by measuring continuously the average input microwave power of microwaves the power density was calculated. The specific absorption rate (SAR) was measured in the culture plates by a thermocouple using the equation [2]:

$$\text{SAR} = 4.186 c dT/dt \quad (3)$$

where dT is the temperature rise during the short period of dt time interval, and c the specific heat of the irradiated sample. The dT was measured by a thermocouple microprobe (d=0.018 mm, Cole-Parmer J-8606-70 implant probe) connected to an on-line computer controlled measuring system [93]). In the dosimetry

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measurement the thermal level of irradiation was applied, using 10 W input power. However the irradiation during the experiment remained below the thermal power reached density and SAR level. The attenuation in the sample is exponential:

$$P_{in} = P_0 e^{-2\alpha x} \quad (4)$$

where  $P_{in}$  is the power in the sample,  $P_0$  the power on the surface (on the layer of cells),  $\alpha$  the attenuation coefficient,  $x$  the depth in the sample. The measurement point of the SAR by thermocouple is 0.02 mm distance from the surface layer of the cell culture and  $P_{in}$  at this point:

$$P_{in}(0.02\text{mm}) = 0.9655 P_0 \quad (5)$$

and the measured SAR in the solution is as follows:

$$\text{SAR}_{\text{cell}} = 1.017 \text{ SAR}_m \quad (6)$$

where  $\text{SAR}_m$  is the measured absorbed power, the  $\text{SAR}_{\text{cell}}$  is the SAR at the cell layer surface and  $\alpha = 0.876$  Neper/m. From the equation (6), the error of the SAR is negligible because of the distance of the measurement point of the SAR from the thermocouple and the irradiated cell layer. The internal electric field strength was calculated by the equation:

$$\text{SAR} = \sigma/2pE_i^2 = \omega \epsilon_0 \epsilon''/2pE_i^2 \quad (7)$$

where  $E_i$  is the internal electric field in the solution,  $\sigma$  the conductivity of the solution ( $\sigma = 2.79$  mho/m [25]),  $\epsilon''$  the loss factor,  $\omega = 2\pi f$ ,  $f$  is the frequency in hertz and  $p$  the mass density in  $\text{kg/m}^3$ .

#### Cytochemistry

Negatively charged sites were visualized by cationic ferritin binding (23). Prior to ferritin binding, the cells were fixed for 30 minutes in 0.1 M phosphate buffered 0.025% glutaraldehyde (pH 7.3).

#### Transmission and scanning electron microscopy

The cells were fixed *in situ* in a glass petri dish for 1 hour in 0.1 M phosphate buffered 2.5% glutaraldehyde (pH 7.3), at 4 °C, postfixated in 1%  $\text{OsO}_4$ , dehydrated with alcohol or acetone, and embedded in Durcupan AC (Fluka). Ultrathin sections were cut with glass or diamond knives on an LKB ultramicrotome. The sections were examined by Tesla BS-500 and JEOL 100CX transmission electron microscopes. For scanning electron microscopy, the samples were dehydrated and dried in a Sorvall critical point drying apparatus and coated with gold. Specimens were viewed and photographed using a JEOL 50A scanning electron microscope

**Figure 7.** Micromorphology of 3T3 cells after modulated microwave irradiation (0.024 mW/g). The cells have some cytoplasmic projections or exhibit spindle shaped forms. Bar = 1  $\mu\text{m}$ .

**Figure 8.** Scanning electron micrograph of continuous microwave irradiated (0.024 mW/g) cells. The cell shape and micromorphology similar to the control. Bar = 0.5  $\mu\text{m}$ .

**Figure 9.** 3T3 cells after higher intensity (2.4 mW/g) continuous microwave irradiation. Some attached cells however, exhibit a few ruffled cells with cytoplasmic projections. Bar = 0.5  $\mu\text{m}$ .

**Figure 10.** Part of the cytoplasm of microwave treated cell (modulated, 0.024 mW/g). The nucleus (N) are invaginated. The cell has some autophagic vacuoles ( $\rightarrow$ ) and altered mitochondria. Bar = 0.3  $\mu\text{m}$ .

**Figure 11.** Invaginated nucleus (N) after continuous microwave irradiation (2.4 mW/g). Cationized ferritin binding did not change upon microwave field ( $\rightarrow$ ). Bar = 0.3  $\mu\text{m}$ .

**Figure 12.** Part of a cytoplasm of modulated microwave treated cell (0.024 mW/g). Altered mitochondria (M) and dilated endoplasmic reticulum ( $\rightarrow$ ). The endoplasmic reticulum cisternae contained amorphous material. Bar = 0.2  $\mu\text{m}$ .

operating at an accelerating voltage of 20 kV, and a tilt angle of 45°.

## Results

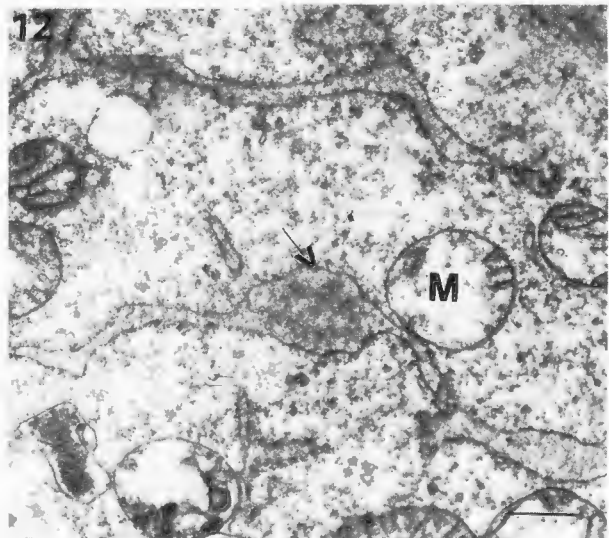
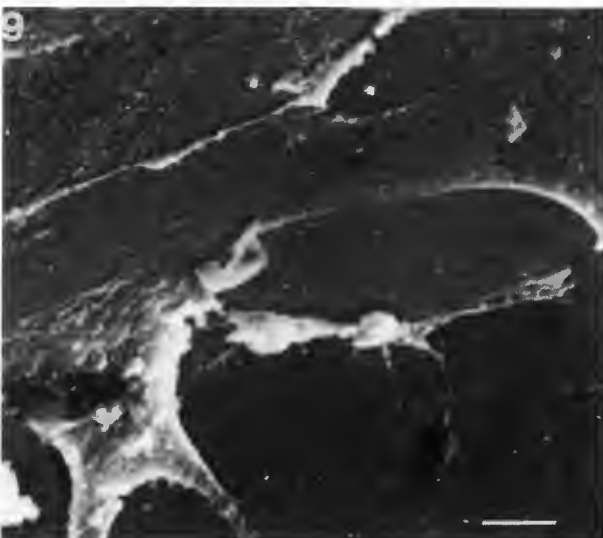
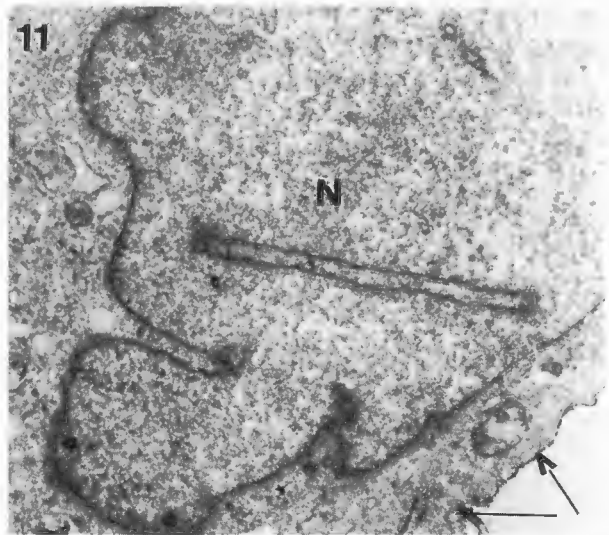
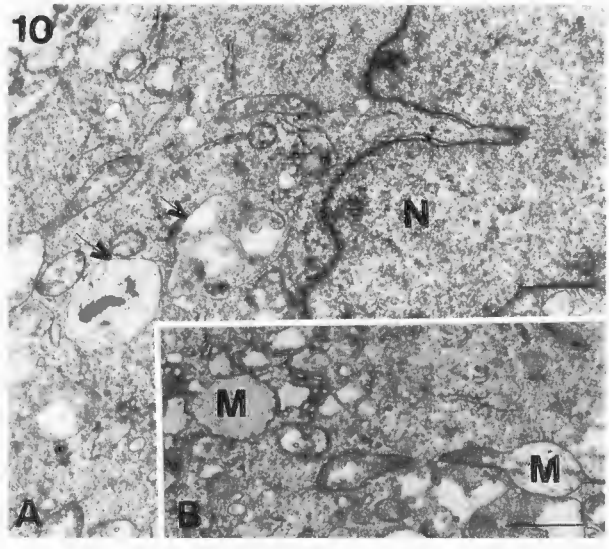
### Binding of cationized ferritin

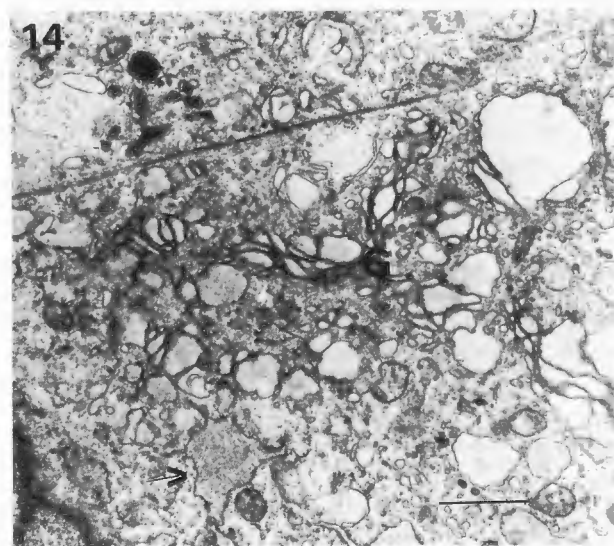
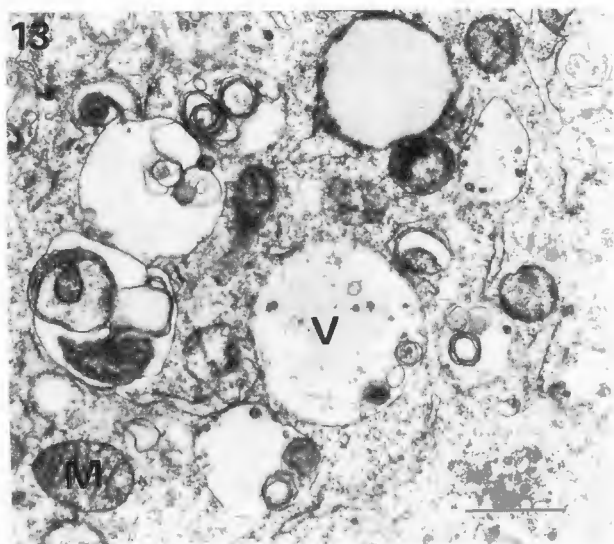
The cationized ferritin (CF) particles were mainly bound in the patches to the apical surface of the control cells (Figs. 2, 3). Binding of CF on the surface of villi and at sites of cell contact areas also was observed (Fig. 2 insert). The continuous microwave irradiation did not cause any changes in CF binding capacity of the plasma membrane at the used dose range (Fig. 4, also see Fig. 11). However, following low frequency modulated microwave irradiation (0.024 mW/g) the capacity of the cells to bind CF markedly decreased (Fig. 5)

### Micromorphological and fine structural alterations

The control 3T3 cells exhibited a flat typical polygonal form (Fig. 6). Rounded or elongated cells represented only 3-5 per cent of the total cell population. The modulated microwave treatments from 0.024 mW/g increased the amount of altered cells to 50-60%. The cells showed increased ruffling activity, cell edges elevated from the substrate, and the cells exhibited long cytoplasmic extensions (Fig. 7). Continuous microwave fields did not cause any changes in cell shape and micro-

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**Figure 13.** 3T3 cell after modulated microwave treatment (0.24 mW/g). There are some autophagic vacuoles (V) in the cytoplasm. M = mitochondria. Bar = 0.3  $\mu\text{m}$ .

**Figure 14.** Dilated and vacuolized Golgi complex (G) after continuous microwave irradiation (2.4 mW/g) Dilated endoplasmic reticulum ( $\rightarrow$ ). Bar = 0.3  $\mu\text{m}$ .

morphology when applied in 0.024 and 0.24 mW/g intensities (Fig. 8). However 2.4 mW/g intensity caused a elevated ruffling activity (Fig. 9).

In addition to cell shape alterations, the modulated microwave fields elicited changes in the ultrastructure of the cytoplasm which were already produced at 0.024

mW/g. On the other hand, marked structural changes of the cells after continuous wave exposure, were only found at 0.24 and 2.4 mW/g SAR. In spite of differences in the sensitivity of cells to the two modes of irradiation, the changes in structure of cell organelles elicited by the effective doses of either modulated or continuous wave were similar. We observed dilation of the cisternae of rough endoplasmic reticulum (Figs. 12, 14) and Golgi elements (Figs. 4, 14). The number of lysosome-like bodies and autophagic vacuoles increased (Figs. 4, 10, 12, 13). Disruption of mitochondrial internal membranes and appearance of electrolucent vacuoles containing myelinated figures and amorphous material of unidentifiable origin (Figs. 4, 10, 12) was observed. The nuclei of the cells showed deep indentations (Figs. 10, 11).

### Discussion

The two main findings of our studies are that microwave irradiation may damage 3T3 cells and that these cells are more sensitive to modulated microwave fields than to continuous microwave irradiation. One of the effects of microwave irradiation was the disappearance of CF binding sites from the cell membrane. The negative surface potential plays an essential role on the membrane organization and functions (22, 33, 59, 78, 96). Physical agents including ionizing radiations (43, 82-84) heat treatment (75), ultrasonic insonications (3, 40) are all known to decrease the amount of negative charges on the cell surface. Redistribution of some membrane proteins (acetylcholine-, ricin-, Concanavale-A- and *Phaseolus vulgaris* lectin receptors, intramembrane particles) was observed in various cells subjected to weak external electric fields (19, 64, 90, 98).

The electric pulses or modulated magnetic and electrical fields caused changes of transmembrane potential, induced effects to ion transport, reversible or irreversible poration of the membrane, electrofusion, and electrotransfection (17, 19, 30, 35, 37, 51, 53-55, 60, 61-63, 68, 73, 74, 91, 95, 105). For example, the electric pulses caused an increase of negative charges on the cell wall in yeast cells (95). Sinusoidal modulated electric and magnetic fields may exert different effects on the cell surface of *Physarum polycephalum*. The exposure to an electric field increases the negative charge on cell surface while the magnetic-field decreased the hydrophobic character of the surface, as shown by aqueous partition chromatography (54). Microwave electromagnetic radiation caused a higher electrophoretic mobility of erythrocytes 30 min after exposures at SARs greater than 10 W/kg (37). Low frequency modulated electromagnetic fields (below 100 Hz) may disturb the cell membranes with mechanisms of transductive coupling

(1, 2). Our experimental results may be explained by a structural rearrangement of the plasma membrane, which caused orientation changes of negatively charged molecules because these may be "sinking" into the membrane material. The changes in cell shape and micromorphology similar to these observed in this study, were observed in cells after ionizing radiation (81, 82, 84, 85), laser treatments (100), ultrasonic insonication (48), heat treatments (5, 101), and application of steady state or pulsed electric fields (9, 16, 31, 32, 57, 58, 64, 88, 99). It was shown recently that the long term treatments with electromagnetic fields (72) or with Helium-Neon lasers (69) can transform fibroblasts. Limited data are available on the morphological effect of microwave irradiation after high doses of continuous waves (18, 28, 34, 86, 87). The increased ruffling activity of the cells observed in our experiments may be related to the decrease of the amount of negatively charged surface sites. This assumption is based on our earlier observations (84) showing that blocking of the negatively charged surface sites results in a rapid increase of ruffling activity of human primary fibroblasts. The correlation between the low frequency microwave field induced change of membrane potential and the decrease of the cell's negative surface charge together with changes of cell shape under the influence of microwave irradiation remains to be elucidated.

As reported earlier, a short exposure of low intensity microwave at 10 mW/cm (SAR = 0.2418 W/kg) caused marked changes in fine structure of Chang liver cells (28). We found similar ultrastructural changes following irradiation by continuous waves in the same intensity range; however, the modulated microwave fields were more effective, as shown in the present paper. The mechanism by which the low intensity microwave field damages the cells is not known. According to Webber *et al.* (102), the observed fine structural alterations are not due to heat effects. Liburdy and Vanek (47) think that reactive oxygen species are involved in the mechanism of membrane damage during exposure of the cells to microwave irradiation. It is known that free hydroxy radicals can also cause membrane damage (92). Taken together our observations, and the above mentioned data of the literature strongly suggest that the cell membranes are targets of microwave irradiation.

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## Discussion with Reviewers

**J.R. Trevithick:** Have any acoustic measurements been performed to show whether thermoelastic transduction produces pressure waves in the sample in the modulated mode?

**Authors:** The acoustic measurement have not been performed. The 16 Hz square wave modulation with 50 % filling coefficient and low level intensity was not able to cause thermoelastic pressure wave propagation in the sample. This pressure wave acoustic propagation exists in the short microwaves pulses (i.e., radar pulse with the  $\mu$ s range) with high power of pulses [Lin JC, Su J-L, Wang Y (1988) Microwave-induced thermoelastic pressure wave propagation in the cat brain. *Bioelectromagnetics* **9**, 141-147].

**J.R. Trevithick:** Do the changes observed seem similar to those found when cells are exposed to ultrasound or sound waves at similar repetition rate?

**Authors:** Yes, preliminary experiments have been performed with similar changes of cell surfaces negative charges at low frequency pulsed ultrasound.

**H.P. Rodemann:** Is there any information available from the experiments done so far whether 3T3 fibroblast cultured on collagenized glass petri dishes react differently, e.g., in ultrastructural changes etc., in response to microwave irradiation than cells seeded on pure glass petri dishes?

**Authors:** It is known that the various extracellular matrix components (i.e., collagen, fibronectin, proteoglycans) can modulate some functions of fibroblasts and at the same time can cause altered responsiveness of cells for some environmental factors. We did not investigate these problems upon microwave irradiation.

**H.P. Rodemann:** Does the clonogenic activity of the cells irradiated with 16 Hz square modulated waves decrease as compared to controls?

**Authors:** We have not investigated the clonogenic activity of the cells irradiated with 16 Hz square modulated waves.

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