Selected Shade Perennials for the Wasatch Front

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Thanksgiving Point Office
Monkshood 
* Aconitum 

Height: 36-48 inches  
Bloom Season: June-August  
Flower Color(s): Lavender-pink, white-yellow, or white  
Exposure: Partial shade  
Use: Drought tolerant perennial border
Monkshood
Aconitum
Bishops Goutweed
*Aegopodium podagraria variegatum*

Height: 8-14 inches
Bloom Season: June-July
Flower Color(s): White
Exposure: Full sun, partial shade, or full shade
Bishops Goutweed
*Aegopodium podagraria variegatum*

Use: Groundcover
Very invasive
Grows in poor soil
Bishops Goutweed
Aegopodium podagraria
variegatum
Bugleweed

*Ajuga* spp.

Cultivars:

‘Alba’
‘Bronze Beauty’
‘Gaiety’

Height: 6-9 inches

Bloom Season: April-May

Flower Color(s): Blue or white
Bugleweed
*Ajuga spp.*

Exposure: Full sun, partial shade, or full shade

Use: Groundcover, edging, rock gardens, or beneath trees
Bugleweed
*Ajuga* spp.
Lady’s Mantle
*Alchemilla ‘Alpina’*

Height: 6 inches
Bloom Season: June-August
Flower Color(s): Buff
Exposure: Partial shade
Use: Edging and rock gardens
Lady’s Mantle
*Alchemilla* ‘Mollis’

Height: 12-18 inches
Bloom Season: June-August
Flower Color(s): Yellow
Exposure: Partial shade
Use: Cutting, edging, and borders
Lady’s Mantle
*Alchemilla* ‘Mollis’
Forget-Me-Not
*Anchusa myosotis*

Height: 6-8 inches
Bloom Season: May-June
Flower Color(s): Blue
Exposure: Full sun or partial shade
Use: Border and groupings
Forget-Me-Not

*Myosotis*
Windflower
Anemone blanda

Height: 3-15 inches
Bloom Season: Between April and June
Flower Color(s): Blue, pink, purple, red, or white
Exposure: Full sun or partial shade
Windflower
Anemone blanda

Use: Perennial border and rock gardens
Naturalized
Windflower
Anemone blanda
Japanese

*Anemone sylvestris*

Height: 12 inches
Bloom Season: May-June
Flower Color(s): White
Exposure: Partial shade
Use: Border or groundcover
Japanese

*Anemone sylvestris*
Columbine
Aquilegia hybrida

Cultivars:

‘McKana Giant’
‘Mrs.Scott Elliot’
‘Rose Queen’
‘Spring Song’

Height: 24-36 inches

Bloom Season: May-June
Columbine

Aquilegia hybrida

Flower Color(s): Blue, pink, purple, red, yellow, and white

Exposure: Full sun or partial shade

Use: Border and naturalized settings
Columbine
Aquilegia hybrida
Goatsbeard
*Aruncus*

Height: 48 to 72 inches
Bloom Season: June-July
Flower Color(s): Creamy white
Exposure: Partial shade
Use: Dried flowers, water side, and borders
Goatsbeard
Aruncus
Sweet Woodruff
*Asperula odorata*

Sometime called *Galium*

Height: 8 inches

Bloom Season: May-July

Flower Color(s): Pink, blue, and white
Sweet Woodruff
Asperula odorata

Exposure: Partial shade
Use: Groundcover and rock gardens
Sweet Woodruff
Asperula odorata
False Spirea

Astilbe x arendsii

Cultivars:

‘Deutschland’
‘Fanal’
‘Red Sentinel’

Height: 24-36 inches

Bloom Season: June-July
False Spirea

Astilbe x arendsii

Flower Color(s): Red, pink, and white

Exposure: Partial shade

Use: Border

White flowers require acidic soil
False Spirea
Astilbe x arendsii
English Daisy
*Bellis perennis*

Height: 4-6 inches
Bloom Season: April-June
Flower Color(s): White or pink
Exposure: Full sun to partial shade
Use: Edging and borders
English Daisy
*Bellis perennis*
Heartleaf Bergenia
*Bergenia cordifolia*

Height: 12-15 inches
Bloom Season: April-May
Flower Color(s): Pink or white
Exposure: Full sun to partial shade
Use: Rock gardens, stream banks, pools, and perennial borders
Evergreen
Heartleaf Bergenia
Bergenia cordifolia
Campanula

*Campanula carpatica*

Another common name is Carpathian Harebell

Height: 6-12 inches

Bloom Season: June-August

Flower Color(s): Blue-lilac, white, or purple

Exposure: Full sun to partial shade

Use: Borders and rock gardens
Campanula

Campanula carpatica
Campanula

Campanula glomerata

Other common names are Danesblood and Clustered Bellflower

Height: 12-18 inches

Bloom Season: June-August

Flower Color(s): White, blue, or purple
Campanula
*Campanula glomerata*

Exposure: Full sun to partial shade

Use: Borders, bedding between shrubs, and for cut flowers

Somewhat invasive
Campanula

Campanula glomerata
Canterbury Bells
Campanula medium

One cultivar is ‘Cup and Saucer’
Height: 24-48 inches
Bloom Season: June-August
Flower Color(s): White, pink, blue, or mauve
Canterbury Bells
*Campanula medium*

**Exposure:** Full sun or partial shade

**Use:** Border, balconies, and isolated clumps
Canterbury Bells
*Campanula medium*
Campanula
*Campanula persicifolia*

Another common name is Peach Leaf
Height: 24-36 inches
Bloom Season: June-August
Flower Color(s): White or blue
Exposure: Full sun to partial shade
Use: Borders
Campanula
Campanula persicifolia
Plumbago
*Ceratostigma plumbaginoides*

Another common name is Leadwort

Height: 8-10 inches

Bloom Season: July - September

Flower Color(s): Dark blue
Plumbago
*Ceratostigma plumbaginoides*

Exposure: Partial shade
Use: Rock gardens and groundcovers
Plumbago

Ceratostigma plumbaginoides
Bugbane
*Cimicifuga cordifolia*

Height: 36-48 inches
Bloom Season: August-September
Flower Color(s): Ivory-white
Exposure: Full sun to partial shade
Use: Wildflowers, borders, and massing
Bugbane

*Cimicifuga cordifolia*
Lily-of-the Valley
*Convallaria majalis*

Cultivars:

‘Flora Plena’
‘Rosea’
‘Striata’

Height: 6-12 inches

Bloom Season: May
Lily-of-the Valley
Convallaria majalis

Flower Color(s): White
Exposure: Full sun, partial shade, or full shade
Very invasive
Fragrant
Lily-of-the Valley
Convallaria majalis
Lily-of-the Valley
*Convallaria majalis*

Cultivars:

‘Flora Plena’
‘Rosea’
‘Striata’

Height: 6-12 inches

Bloom Season: May
Corydalis
*Corydalis flexuosa*

Height: 8-12 inches
Bloom Season: May-October
Flower Color(s): Blue
Exposure: Full or partial shade
Use: Edgings and walls
Corydalis

*Corydalis flexuosa*
Corydalis
*Corydalis lutea*

Height: 8-12 inches
Bloom Season: May-September
Flower Color(s): Yellow
Exposure: Full shade or partial sun
Use: Border and walls
Corydalis
Corydalis lutea
Bleeding Heart

*Dicentra spectabilis*

Height: 24-36 inches
Bloom Season: May-June
Flower Color(s): Red and white
Exposure: Partial shade
Use: Cut flowers, and shaded borders
Bleeding Heart

*Dicentra spectabilis*
Leopardbane

*Doronicum caucasicum*

Height: 24 inches
Bloom Season: April-May
Flower Color(s): Yellow
Exposure: Full sun to partial shade
Use: Perennial borders and cut flowers
Leopardbane
Doronicum caucasicum
Barrenwort

*Epimedium*

Height: 8-12 inches

Bloom Season: April-May

Flower Color(s): Red, pink, yellow, or white

Exposure: Partial shade or full shade

Use: Border and woodlands
Barrenwort
*Epimedium*
Festuca

*Festuca ovina glauca*

Height: 6-10 inches

Is an ornamental grass

Exposure: Full sun to partial shade

Use: Edging, banks, and groundcover
Festuca

Festuca ovina glauca
Cranesbill
*Geranium* spp.

Height: 6-24 inches
Bloom Season: May-September
Flower Color(s): Blue, purple, or red
Exposure: Full sun or partial shade
Use: Perennial border and rock gardens
Cranesbill
Geranium spp.
Lenten Rose  
*Helleborus*

Height: 12-18 inches  
Bloom Season: January-February  
Flower Color(s): White, red, and green  
Exposure: Full shade  
Soil needs to be moist
Lenten Rose
*Helleborus*
Daylily

*Hemerocallis* spp.

Height: 24-48 inches

Bloom Season: in Spring, Summer and Fall

Flowers Color(s): Many

Exposure: Full sun or partial shade

Use: Border and foundation plants
Daylily
*Hemerocallis* spp.
Coral Bells
*Heuchera sanguinea*

Another common name is Alum Root

Cultivars:

- ‘Bressingham Hybrids’
- ‘Chartreuse’
- ‘Chatterbox’
- ‘June Bride’
- ‘Matin Bells’
- ‘Pluie de Feu’
Coral Bells

*Heuchera sanguinea*

Cultivars cont.

‘White Cloud’

Height: 12-30 inches

Bloom Season: May-July

Flower Color(s): Red, pink, or white

Exposure: Full sun or partial shade

Use: Rock gardens and borders
Coral Bells
Heuchera sanguinea
Plantain-Lily

*Hosta* spp.

Height: 12-24 inches

Bloom Season: July-September

Flower Color(s): White, lavender, or lilac

Exposure: Partial or full shade

Use: Borders, rock gardens, and masses
Plantain-Lily
Hosta spp.
Aaron’s Beard

*Hypericum calycinum*

Height: 6-18 inches

Bloom Season: June-September

Flower Color(s): Yellow

Exposure: Full sun to partial shade

Use: Shady slopes, banks, flowerbeds, borders, groundcovers, and rock gardens
Aaron’s Beard

*Hypericum calycinum*
Iris

Height: 20-30 inches

Bloom Season: Between May and June

Flower Color(s): Black, green white edged, or purple-yellow

Exposure: Full to partial sun

Use: Cut flowers
Iris

Iris
Spotted Dead Nettle
*Lamium maculatum*

Height: 12 inches

Bloom Season: April-September

Flower Color(s): Purple-red or white-yellow
Spotted Dead Nettle
*Lamium maculatum*

Exposure: Partial or full shade

Use: Shaded perennial borders, rock gardens, and summer filler
Spotted Dead Nettle
Lamium maculatum
Gayfeather

*Liatris* spp.

Height: 18-60 inches
Bloom Season: July-October
Flower Color(s): White, purple, or pink
Exposure: Full sun or partial shade
Use: Cutting, drying, and borders
Gayfeather
*Liatris* spp.
Ligularia

Height: 48-72 inches
Bloom Season: June-July
Flower Color(s): Yellow
Exposure: Partial shade
Use: Moist borders and water side
Ligularia

Ligularia
Lily

*Lilium*

Many cultivars

Height: Many

Bloom Season: June-August or June-July
Lily
*Lilium*

Flower Color(s): Many
Exposure: Full sun or partial shade
Use: Cut flowers
Lily
Lilium
Lupine
*Lupinus polyphyllus*

Height: 30-60 inches
Bloom Season: May-July
Flower Color(s): Blue, purple, reddish-purple, and yellow
Exposure: Full sun or partial shade
Use: Cut flowers and borders
Lupine

*Lupinus polyphyllus*
Creeping Jennie
*Lysimachia nummularia*

Other common names are Moneywort and Creeping Charlie

Height: 6-8 inches

Bloom Season: June-November

Flower Color(s): Yellow
Creeping Jennie
*Lysimachia nummularia*

Exposure: Full sun or partial shade

Use: Shaded slopes and banks, walls, hanging baskets, bog gardens, and submerged aquarium plants
Creeping Jennie
*Lysimachia nummularia*
Gooseneck Loosestrife
*Lysimachia clethroides*

Height: 24-36 inches
Bloom Season: June-August
Flower Color(s): White
Exposure: Partial to full shade
Use: Perennial borders
Gooseneck Loosestrife
*Lysimachia clethroides*
Obedient Plant
*Physostegia virginiana*

Height: 24-36 inches
Bloom Season: July-September
Flower Color(s): Rose-purple or white
Obedient Plant

*Physostegia virginiana*

Exposure: Full sun or partial shade

Use: Cut flowers, back of borders, and informal wild flower gardens
Obedient Plant

*Physostegia virginiana*
Chinese Bellflower
*Platycodon grandiflorum*

Other common names Balloon flower and Japanese Bellflower

Height: 24 inches

Bloom Season: July-September
Chinese Bellflower
*Platycodon grandiflorum*

Flower Color(s): Blue, pink, or white
Exposure: Full sun or partial shade
Use: Cutting, rock gardens, and borders
Chinese Bellflower
*Platycodon grandiflorum*
Primrose

*Primula x polyantha*

Height: 6-12 inches
Bloom Season: April-June
Flower Color(s): Many
Exposure: Partial shade
Use: Shaded perennial borders and streams
Primrose

*Primula x polyantha*
Bethlehem Sage

*Pulmonaria*

Many cultivars
Height: 8-12 inches
Bloom Season: April-May
Bethlehem Sage

*Pulmonaria*

Flower Color(s): Many
Exposure: Partial to full shade
Good foliage all season
Bethlehem Sage
*Pulmonaria*
Soapwort
*Saponaria ocymoides*

Height: 6-8 inches
Bloom Season: June
Flower Color(s): Pink
Exposure: Full sun
Use: Rock gardens
Pest free
Soapwort
*Saponaria ocymoides*
Saxifraga
*Saxifraga* spp.

Height: 3-18 inches

Bloom Season: June-August

Flower Color(s): Yellow, white, red, pink, or purple

Exposure: Full partial shade

Use: Rock gardens, borders, edging, and potted plants
Saxifraga
Saxifraga spp.
Solidaster
Solidaster

Height: 24-30 inches
Bloom Season: July-October
Flower Color(s): Yellow-pale cream
Exposure: Full sun to partial shade
Use: Moist borders and meadows
Solidaster
Solidaster
Betonica

*Stachys byzantina*

Another common name is Lamb’s Ear

Height: 6-12 inches

Bloom Season: July-October
Betonica

*Stachys byzantina*

Flower Color(s): Pink
Exposure: Full sun or partial shade
Use: Moist borders and meadows
Betonica

Stachys byzantina
Meadow Rue

*Thalictrum*

Height: 4-60 inches

Bloom Season: Between April and September

Flower Color(s): Rose, white, mauve, lilac, yellow, reddish lilac, yellow-green, or bluish white

Exposure: Full sun to partial shade

Use: Cut flowers and wildflowers
Meadow Rue
*Thalictrum*
Toad Lily
*Tricyrtus*

Height: 24-36 inches
Bloom Season: September-October
Flower Color(s): White with purple spots
Exposure: Partial shade
Use: Moist woodlands
Toad Lily
Tricyrtus
Virginia Spiderwort
*Tradescantia virginiana*

Height: 18-24 inches
Bloom Season: June-September
Flower Color(s): White, pink, or red
Exposure: Full sun to partial shade
Use: Borders and foundations
Virginia Spiderwort
Tradescantia virginiana
Vinca
Vinca minor

Height: 6-8 inches
Bloom Season: March-May
Flower Color(s): Blue-purple or white-magenta
Exposure: Partial to full shade
Use: Groundcover in flowerbeds, rockeries, or shrubberies
Myrtle
Vinca major

Height: 12-15 inches
Bloom Season: March-May
Flower Color(s): Blue
Exposure: Full shade
Use: Groundcover in flowerbeds, rockeries or shrubberies
Myrtle
Vinca major