Debra G. Proctor, M.S., Wasatch County Extension Agent

You will need:

4-ply worsted weight yarn (3 oz. for largest size, 2 oz. for other sizes)
Knitting needles size 8 or size needed for gauge
Gauge 9 sts = 2”
Sizes:  Medium to large-women's sizes 7 & over
   Small-women’s 5 and 6
   Children’s 4 to 6 years

The number of stitches and measurements are given for the largest size with the two smaller sizes following in parentheses.

Cast on 42 (36, 30) sts.
Work in garter stitch (knit every row) until piece measures 4 1/2” (3 1/2", 2 3/4") long.
Bind off 6 (6, 4) sts at beginning of the next two rows. (This makes the cuff)

Work in ribbing of K1, P1, until ribbed part measures 4 1/2" (3 1/2", 2 3/4"). (Toe)

Cut yarn, leaving about 18”. Thread yarn into tapestry needle and run needle and yarn through the loops on the knitting needle. Pull up tightly and fasten securely, then fold and sew up edges of ribbed section. Sew up heel end. Trim with a pompom.

Utah State University is committed to providing an environment free from harassment and other forms of illegal discrimination based on race, color, religion, sex, national origin, age (40 and older), disability, and veteran’s status. USU’s policy also prohibits discrimination on the basis of sexual orientation in employment and academic related practices and decisions.

Utah State University employees and students cannot—because of race, color, religion, sex, national origin, age, disability, or veteran’s status—refuse to hire; discharge; promote; demote; terminate; discriminate in compensation; or discriminate regarding terms, privileges, or conditions of employment, against any person otherwise qualified. Employees and students also cannot discriminate in the classroom, residence halls, or in on/off campus, USU-sponsored events and activities.

This publication is issued in furtherance of Cooperative Extension work. Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jack M. Payne, Vice President and Director, Cooperative Extension Service, Utah State University.