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You will need:

Scraps of 3 colors of worsted weight yarn
Knitting needles size 8 or size needed for gauge
Gauge 8 sts = 2”

Cast on 11 sts.

Row 1: K5, P1, K5
Row 2: K11

Repeat rows 1 and 2 until piece measures 3” long. Bind off and sew bound off and cast on edge together. Fold in half, outside edges together. Make the second piece the same except 5” long and of second color. Make the third piece the same except 7” long and of a third color. Weave in all ends. Fit each piece inside the next larger circle. A thimble can be inserted in the center.

*Simple alternative: Knit every row. Finish same as above