

Measuring Stress-Induced Hormone Levels in Dusky Grouse

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Stephanie Landry

Dusky Grouse

Found in mountain forests throughout the western US and Canada



Liron Gertsman via Macaulay Library

Female



David Brown via Macaulay Library

Male

Dusky Grouse and Stress



Alex Sliwa Photography

Predators



Ad Konings via Macaulay Library

Reproduction



Joshua Covill via Macaulay Library

**Environmental
Variables**

Corticosterone

What is it?

How is it relevant
to dusky grouse?

Why is it
important?



Invasive vs. Non-Invasive Sampling



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Invasive

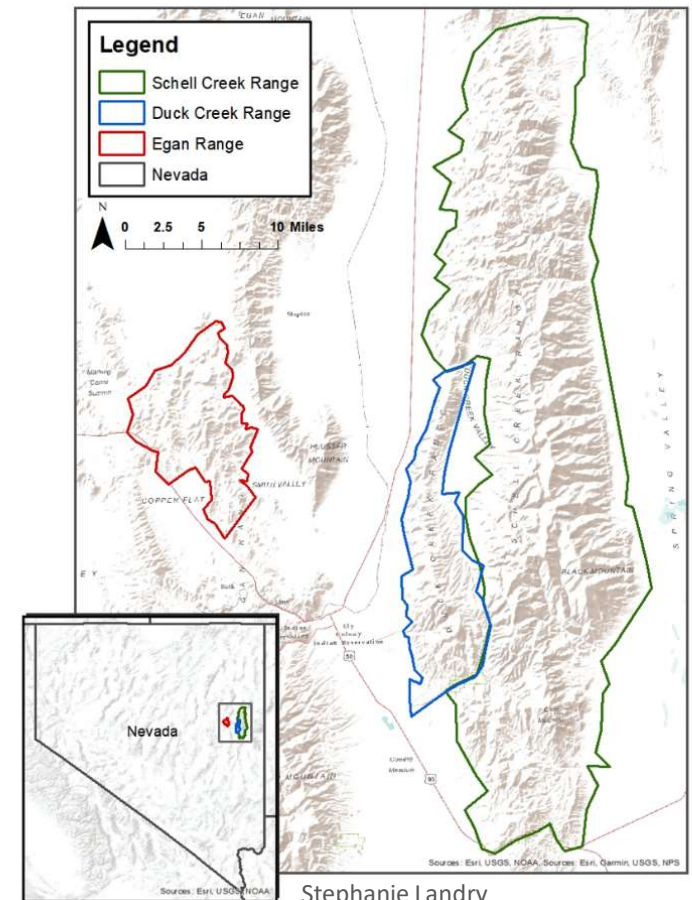
- Blood samples
- Risk of animal mortality
- Difficult and stressful
- Fast hormone level fluctuation
- Possible biased results

Non-Invasive

- Fecal/hair/feather samples
- Capture not always needed
- Hormone levels over a longer period
- Sampling method should not bias hormone levels

Study Area

- White Pine County, Nevada
- The Great Basin Ecosystem
- Stressors and human activity



Study Goals

- Quantify dusky grouse baseline corticosterone levels
- Comparing corticosterone levels across:
 - Sexes
 - Age classes
 - Reproductive stages



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Lab Work

- **Sample collection**
- **Preparing** samples for analysis
- **Extracting** corticosterone
 - **Phosphate methanol extraction** (fecal samples)
 - Grinding prep followed by **ethanol extraction** (feather samples)
- **Measuring** corticosterone
 - **ELISA Corticosterone Assay Kits**
 - Validating the assay for our samples
 - Post-validation running all samples



Results

What do we expect?



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Questions?

