

Childhood Emotional and Verbal Abuse Influence on Future Adult Relationships

What are the long lasting effects on the victims behavior and psyche?



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Introduction

Abuse is a societal issue all around the globe, especially emotional and verbal abuse whereas it has the least amount of awareness and no clear definition. In consideration of children who's development is so placid, how does emotional and verbal abuse receive during childhood affect how they interact and function in society in the future?

- The goal of my research was to show that the behavioral and psychological traumas experienced in childhood are long lasting into childhood.



Methods

I deeply researched and looked into multiple studies conducted on the basis of childhood abuse. I also used information analyzed by professional therapist. Provided below a source that I found the most helpful;

Coates, E. E., Dinger, T., Donovan, M., & Phares, V. (2013, April 29). *Adult Psychological Distress and Self-Worth Following Child Verbal Abuse*. Retrieved February 25, 2022, from <https://www.lanodonline.com/dist.lib.usu.edu/doi/full/10.1080/10926771.2013.775981>

Results

- Can cause extreme cases of PTSD
- Depression
- Trust issues
- Anxiety disorders
- Low self-esteem
- Insecure attachment styles
- Obsessive-compulsive disorders
- Paranoia
- Narcissistic behaviors
- Poor social functioning

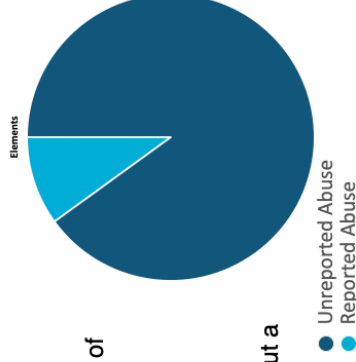
Disability Perspective

National data from 2015 shows the victims of child abuse with a disability consist of 14.1% of all victims of childhood abuse.

Results

Children with a diagnosed disability are three times more likely to be victims of abuse that children without a diagnosis.

Stats on received abuse on children with and without a diagnosed Disability



Conclusion

My research has shown that emotional and verbal abuse received during childhood causes PTSD that last all throughout adulthood. My results show the victims symptoms that are likely to develop but they fail to apply them within a relationship.

Applications

Victims tends to be more withdrawn, having a hard time building a deep connection with their partner, which can be due to trust issues and insecure attachment styles. It is also concluded that victims are more likely to be drawn to abusive relationships in the future. They are also more likely to become the abuser themselves, having learned their behavior and aggressive disposition from their abuser.

