Purity Culture And Its Effects On Women

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Faith Beasterfield // Utah State University

Purity what?

- Stemmed from the 1980s
 - Current movement. Idea has been around longer
- Started from Evangelical circles
 - Spread to secular culture
- Objective: keep teens and young adults abstinent before marriage

Research Method

- Mix of both academic and contemporary sources
- Primary and secondary
 - Emphasis on personal accounts from women within the movement

How Has Purity Culture Affected Women?

Effects on Men v. Women

• Men

- Pressure to lose virginity
- Taught to see women as temptations
- It is their "nature"

• Women

- Expectation to be chaste
 - Labels like "slut"
- Expectation to account for men's actions
 - Robert Aaron Long





(Carpenter 2001) (Wagner 2021)

Effects on Women of Color

- The Virgin Mary
 - Often depicted as white
 - Perfect pure women is white



• Asian women hypersexualized



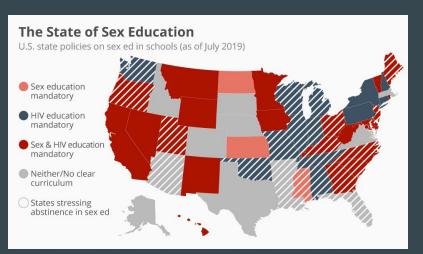


(Ngue 2021)

Sex Ed

- 30 states require sex ed in public schools
 - Only 22 require accurate information
- Many teach abstinence-only education
 - Shown not to be effective
- Example of purity culture influence

(State policies on Sex Education 2020) (Columbia University 2017)



Effects on Women's Self Esteem

- Not limited to religious circles
- Women are not "eligible" for marriage if their not virgins
- Media
 - Boys depicted as "players"
 - Girls depicted as "sluts" or "easy"
- Victim blaming
 - Victims ashamed of being "used" by aggressors

(Valenti 2009) (Gish 2018)

Conclusion

- Purity culture as a way to control women's sexuality
- Unintentional promotion of violence toward women
- Leads society to shame women
 - Women shame themselves
- Teaches women that their value is tied to their body

Thank You

For more information,

Contact Fbeast165@gmail.com

Or follow QR code for full essay.



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