

The Food and Drug Administration (FDA) reports no transmissions of the COVID-19 virus by food or food packaging. However, if a person infected with the virus coughed or sneezed while shopping in the supermarket, the virus could spread.

FOLLOW THESE PROCEDURES FOR CLEANING FRUITS AND VEGETABLES.



Lettuce and other leafy green vegetables:



Fill a large bowl with water and submerge the vegetables.



Soak them well to release debris and remove any residue.



Transfer to a strainer and rinse with cold water using a sprayer if you have one.

Root vegetables:



Clean with a vegetable brush under cold running water.