The Food and Drug Administration (FDA) reports no transmissions of the COVID-19 virus by food or food packaging. However, if a person infected with the virus coughed or sneezed while shopping in the supermarket, the virus could spread.

**FOLLOW THESE PROCEDURES FOR CLEANING FRUITS AND VEGETABLES.**

**Lettuce and other leafy green vegetables:**
- Fill a large bowl with water and submerge the vegetables.
- Soak them well to release debris and remove any residue.
- Transfer to a strainer and rinse with cold water using a sprayer if you have one.

**Root vegetables:**
- Clean with a vegetable brush under cold running water.

**REFERENCES:** Centers for Disease Control; US Department of Agriculture; Purdue University Extension & Harvard Health. [www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center](http://www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center)