The Food and Drug Administration (FDA) reports no transmissions of the COVID-19 virus by food or food packaging. However, if a person infected with the virus coughed or sneezed while shopping in the supermarket, the virus could spread.

**FOLLOW THESE PROCEDURES FOR CLEANING FRUITS AND VEGETABLES.**

For sturdy fruits and vegetables such as green beans, asparagus, cucumbers, and melons:

- **Rinse well under a high-pressure stream of water while rubbing them with your hands.**
- **Dry in a clean strainer if necessary.**

**REFERENCES:** Centers for Disease Control; US Department of Agriculture; Purdue University Extension & Harvard Health. [www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center](http://www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center)

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