The Food and Drug Administration (FDA) reports no transmissions of the COVID-19 virus by food or food packaging. However, if a person infected with the virus coughed or sneezed while shopping in the supermarket, the virus could spread.

FOLLOW THESE PROCEDURES FOR CLEANING FRUITS AND VEGETABLES.

For tender fruits and vegetables such as tomatoes, ripe stone fruits, mushrooms, and berries:

- **Rinse under a constant stream of cold water, but at low pressure, ensuring that they are thoroughly rinsed while avoiding bruising.**

- **Spread on a clean kitchen towel or paper towels to dry.**

- **When eating peeled fruits such as bananas and oranges, remember to wash your hands after peeling and before touching.**

- **As an additional precautionary measure, it is recommended that immunocompromised consumers eat pre-packaged or cooked fruits and vegetables.**