GOOD HYGIENE PRACTICES ARE IMPORTANT TO HELP PREVENT THE SPREAD OF THE CORONAVIRUS

DID YOU KNOW...

...what you can do to prevent spreading the coronavirus (COVID-19)?

- Wash your hands for at least 20 seconds.
- Cover your mouth and nose when coughing or sneezing.
- Avoid contact with other people.
- Clean all common contact surfaces.

REFERENCES: Centers for Disease Control; US Department of Agriculture; Purdue University Extension & Harvard Health. www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center

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