

Table 1 BodyView professional software equations tested

Equation	Body Sites Measured
3-site Jackson and Pollock	Thigh, Chest, Waist
7-site Jackson and Pollock	Chest, Scapula, Axilla, Tricep, Waist, Hip, Thigh
3-site Pollock	Chest, Scapula, Tricep
1-point bicep	Bicep
2-site Sloan	Thigh, Scapula
4-site NHCA	Chest, Scapula, Axilla, Waist
4-site Forsyth-Sinning	Waist, Tricep, Scapula, Axilla
4-site Durnin & Wormersley	Bicep, Scapula, Tricep, Hip
9-site Parrillo	Chest, Tricep, Bicep, Scapula, Lower Back, Hip, Waist, Thigh, Calf