Cucumbers

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Refrigerator Pickles

1-part water
2-parts vinegar (apple cider is my favorite)
Fresh dill
2-Tablespoons of sugar
1-teaspoon salt
1-teaspoon pepper

Cucumbers, sliced or cut into wedges

Combine all ingredients in a medium bowl with a lid. Add the cucumbers. Refrigerate at least 1 hour, but will keep in the fridge for quite a long time. Enjoy!
On the Farm News

Article by: Alanna Nafziger

The weather grows colder and even colder still, the cucumbers, squash, and pumpkins are all feeling the effects many of their leaves shriveled and dark. I am feeling it too; with only one more week of pick-up the season is almost done. We have started taking plants out and slowly disassembling the farm. Taking things down and pulling plants out makes me think of their beginnings, how long it took to find a proper way to trellis or how may months something has been in the ground providing for us. It is a time of reflection, looking back on the successes and failures of the season, preparing for winter, which will be here faster than we expect I am sure. It is also a great tie of harvest and today marks the first day of potato harvest as well as the first winter squash and the pumpkins are lying big and orange in the field. It’s almost time to starting drinking warm cider and crunching around in leaves. Stay cozy!

Meet your Farmers

Name: Mary Louise Whitfield
Major: Interdisciplinary Studies- Nutrition and Health Education
Hometown: Texarkana, Texas
Role on the Farm: Food Literacy Intern

Why did you choose to spend your summer on the farm?
I have always loved being outside during the summer and the Student Organic Farm was a good opportunity to be outside and learn about vegetables. Sunshine and vegetables, you can’t go wrong with that!

What is your favorite vegetable and why?
My favorite vegetable is Brussels sprouts, although kale is a close second. I’m a pretty picky eater, but I never pass up my veggies.

What form of transportation best describes your personality?
The most ideal mode of transportation for me would be a 1993 Nissan Sentra with a “I heart yoga” bumper sticker. I call her Sexy Sentra 😊 We have been together for 8 years now.

If you could be a superhero, what would be your super power and how would you use it to better the farm?
I would be a huge frog that would go around eating all those grasshoppers. I hate grasshoppers.

For more information about the USU Student Organic Farm or CSA shares visit: www.usu.edu/organicfarm

More Cucumbers!?
Article by Amanda Spackman

Sorry Guys…I know you must be tired of cucumbers at this point, but I just had to share a few more ideas for using up your cucumbers. I love trying new foods. It is one of my favorite activities to pick an ethnic restaurant and taste a new and unexpected food. Trying from other parts of the is a great way to get yourself out of a food rut, and also a great way to use up your summer’s bounty in a totally unexpected way. I have two Ideas for you of ethnic foods involving cucumbers! The first is Greek Tzatziki sauce. This is a very traditional yogurt and cucumber based dip, usually seasoned with dill, and sometimes garlic and lemon juice. The second ethnic food to try is Thai cucumber relish. I discovered this dish at the Thai restaurant in Logan, The Kamin and it is wonderful! It usually accompanies the dish chicken satay, which are basically just a thai version of chicken kabobs. This relish though would also taste good paired with just about anything. I wish I had more room to give you both recipes, but links to the recipes will have to do. Enjoy!